



# Summer 2012 YOGA Classes

**Classes Open for Students, Faculty and Staff**

- All levels of experience are welcome at all classes
- All equipment provided

**Location:** Health Promotion Activity Room

Student Services Annex, between SAC and Houchens Bldg.

**Cost:** \$45/summer session Intramural Group Fitness fee

Pay in SAC Intramural Office E102

## Yoga Class Summer 2012 Schedule May 14<sup>th</sup> – August 2<sup>nd</sup>

Monday	Tuesday	Wednesday	Thursday
4 - 5 pm Susan S	4 - 5 pm Susan W	4 - 5 pm Susan S	4 - 5 pm Susan W
5:15 – 6:15 pm Susan S		5:15 – 6:15 pm Matt	

- Classes Start: Monday May 14<sup>th</sup>
- Classes End: Thurs August 3<sup>rd</sup>
- No Classes on Memorial Day Monday May 28<sup>th</sup> and Wed July 4<sup>th</sup>

Provided by Collaboration between...

**Student Health Promotion: 852-1914**

**Get Healthy Now: 852-7755**

**Intramural & Recreational Sports: 852-6707**



University of Louisville  
Campus Health Services

**HEALTH  
PROMOTION**



**Check our websites for more health-promoting options!**

[louisville.edu/healthpromotion](http://louisville.edu/healthpromotion)

[louisville.edu/hr/gethealthynow](http://louisville.edu/hr/gethealthynow)

[louisville.edu/intramurals/wellness](http://louisville.edu/intramurals/wellness)