

All starting points are from the corner of S Brook St and Warnock St.

1 – Mile loop

Brook >Floyd	.10
Left on Floyd > Cardinal Blvd	.36
Left on Cardinal Blvd > S 1 st St	.57
Left on 1 st > Corner of Education Building	.64
Left onto the street next to the Education building > Brook	.71
Right on Brook > continue through campus > Warnock	.99

2 – Mile Loop

Brook > S Floyd St	0.11
Left on Floyd > Cardinal Blvd	0.38
Left on CB > S 2 nd St	0.71
Left on 2 nd > E Cardinal Blvd (Eastern Pkwy)	1.19
Left on E CB > Hahn St	1.60
Right on Hahn > Floyd	1.72
Right on Floyd > Warnock	1.89
Left on Warnock > Brook	2.0

3 – Mile Loop

Brook > S Floyd St	0.11
Right on Floyd > Central Ave	0.91
Right on Central Ave > S 2 nd St	1.25
Right on 2 nd St > Cardinal Blvd	2.38
Right on Cardinal Blvd > Floyd St	2.72
Right on Floyd St > Warnock	2.99
Right on Warnock > Brook	3.09

4 – Mile Loop

Brook > S Floyd St	0.11
Right on Floyd > Central Ave	0.91
Right on Central Ave > S 3 rd St	1.29
Left on 3 rd St > Merge onto Southern Pkwy	1.59
Southern Pkwy > W Lansing Ave	2.16
Left on Lansing > 3 rd St	2.25
Left on 3 rd St > Southern Pkwy	2.81
Right on Southern Pkwy/3 rd St > E Cardinal Blvd (Eastern Pkwy)	3.72
Right on Cardinal Blvd > Down ramp to S Brook St.	3.98
Brook St > Warnock	4.09

5 – Mile Loop

Brook > Floyd	.11
Left on Floyd > Hill	.82
Right on Hill > Preston	.96
Right on Preston > Eastern Pkwy	1.86
Right on EP > Hahn St	2.52
Left on Hahn > Floyd	2.64
Left on Floyd > Central Ave	3.25
Right on Central Ave > 3 rd	3.63
Right on 3 rd > EP	4.24
Right on EP > Hahn	4.65
Right on Hahn > Floyd	4.76
Right on Floyd > Warnock	4.93
Left on Warnock > Brook	5.03

Walker/Runner acknowledges full understanding of those risks set for the duration of the program and knowingly agrees to accept full responsibility for the walker/runner's own exposures to such risks and to waive full responsibility and liability on behalf of Get Healthy Now.