

Polenta Pizza

Pizza on the go – these make a great movie snack, can be used for extra energy while studying, or can be made into a mini-meal!

Ingredients:

Polenta Log

Pizza or Marinara Sauce

Shredded Cheese

Favorite Healthy Pizza Toppings (ex: grilled chicken, mushrooms, black olives, spinach, onions, diced red peppers, etc.)

Instructions:

Cut the polenta into ½ inch sized rounds. Top each round with approximately 1 teaspoon of sauce. Sprinkle 2 teaspoons of cheese on each round. Add other toppings for a more complete meal or just for taste. Warm in a microwave until cheese is melted. Enjoy!

