APA Title Page Handout from the University Writing Center

The title page contains five parts:

1. “Running head.”

The phrase “Running head” is only included on the first page. Insert the running head into the header of the document; align left. Number the title page “1,” aligned right.

1. Your header

After the “Running head,” include an abbreviated title in all capital letters along with a page number. The APA manual states that the abbreviated header should be the first 50 characters of your title. If you have a short title, then select the first 2 or 3 words of your full title for your header.

1. The title of your essay
2. Your name
3. Your class name/number or your institution

See the next page for an example title page.

Mice Attack in Small Groups: Differentiated Aggression in the Common Mouse Population

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