# APA Style Handout from the University Writing Center

The American Psychological Association (APA) publishes a citation style used primarily in Behavioral and Social Science disciplines for documenting sources in a text.

## Why do we cite?

* To give credit to others for their ideas, words, and images
* To lend credibility to our arguments
* To connect our ideas to other writers’ ideas in our field
* To provide readers with sources that they can use for their own projects

## When do we cite?

* When we quote other writers’ words
* When we paraphrase (i.e., using our own words to explain someone else’s ideas)
* When we use another writers’ tables, graphs, or images

## What do I do if the information I need is not contained in this packet?

* Work with a Writing Center consultant
* Check the *APA Handbook,* 7th Edition
* Visit the *Purdue OWL* website

## Where in the paper do I put my citations?

* You need to cite your sources both inside of your text, called in-text citation, and in a References page located at the end of your paper. This handout overviews in-text citation, reference entries, and the References page.

## In-text Citation

APA provides two options for citing cite sources in text: narrative style and parenthetical style. Both require the author name(s) and date. In the following table, the first column is a guideline, the second column provides an example of following the guideline using the narrative style, and the third column provides an example of following the guideline using parenthetical style.

|  |  |  |
| --- | --- | --- |
| **Guideline** | **Narrative example** | **Parenthetical example** |
| **One or two authors:** Include the author or authors name(s) and the year of the publication. | Oswal (2015) recommends building access into online course design at the beginning of the process. | Online course designers should start the development process with access in mind (Oswal, 2015). |
| **Three or more authors**: Use the last name of the first author, follow with “et al.” and the year. | Brizee et al. (2009) remind educational website developers that users are the ultimate authority in assessing the effectiveness of a learning object, tool, or lesson. | Users, in this case students, are the ultimate authority in assessing the effectiveness of an online object, tool, or lesson (Brizee et al., 2009). |
| **Organization as author:** Write out the organization’s full name the first time it is used and include the acronym. Use the acronym for any subsequent uses of the source. | The Association of Departments of English (ADE, 2011) found that the four most common required courses for MA in English degrees nationally are research methods, literary theory, American literature, and British literature. | The four most common required courses for the MA in English degree nationally are research methods, literary theory, American literature, and British literature (Association of Departments of English [ADE], 2011). |
| **No author listed:** Use the title, or shortened title, of the work in place of author name. Note that using sources with no author can raise credibility issues. | Websites such as “#Alt-academy” (2011) have started discussions about alternative career paths for graduate students in humanities. | A starting place to discuss alternatives to tenure-track employment is literature about “alternate academic” careers (e.g. “#Alt-academy,” 2011). |
| **Citing information found in another source**: Include the source you have, preceded by “as cited in.” Whenever possible, you should find the original source and cite it directly. | Wright’s report (as cited in Bragdon, 2013) emphasized the importance of increased hydration in the prevention of obesity. | Increasing hydration is important in preventing obesity (Wright, as cited in Bragdon, 2013). |
| **Direct quotation or paraphrase:** Follow the appropriate guidelines above and indicate the location in the text, often a page number, where the words are located. | According to Doe (2011), one of the paradoxes of democracy is that “individual freedom is possible when there is discipline regulated by the society” (p. 23). | Mentorship is not only an individual’s responsibility because “ethical mentorship requires ongoing institutional and interpersonal efforts” (CCCC, 2019, para. 2). |

## Reference Entries

Below you will find a category of reference, followed by the general template, followed by examples.

### Periodicals (journals, magazines, newspapers, newsletters, and blogs)

Author, A. A. (year or date). Title of article. *Title of periodical, volume number* (issue number),   
 page numbers. https://doi.org/xx or https:/xx

McCauley, S. M., & Christiansen, M. H. (2019). Language learning as language use: A cross-

linguistic model of child language development. *Psychological Review, 126* (1), 1-51.

https://doi.org/10.1037/rev0000126

Goldman, C. (2018, November 28). The complicated calibration of love, especially in

adoption. *Chicago Tribune*.

Bustillos, M. (2013, March 19). On video games and storytelling: An interview with

Tom Bissell. *The New Yorker*. https://www.newyorker.com/books/page-turner/

on-video-games-and-story-telling-an-interview-with-tom-bissell

### Books and Reference Works (authored books, edited books, anthologies, religious and classical works)

Author, A. A. (year). *Title of book*. Publisher name. https://doi.org/xx or https:/xx

Brown, L. S. (2018). *Feminist therapy* (2nd ed.). American Psychological Association. https://doi.org/10.1037/0000092-000

Aristotle. (1994). *Poetics* (S. H. Butcher, Trans.). The Internet Classics Archive. http://

classics.mit.edu/Aristotle/poetics.html (Original work published ca. 350 B.C.E.)

### Edited Book Chapters and Entries in Reference Works

Author, A. A. (year). Title of chapter. In E.E. Editor (Ed.), *Title of book* (pages).

Publisher Name. https://doi.org/xx or https:/xx

Weinstock, R., Leong, G. B. & Silva, J. A. (2003). Defining forensic psychiatry: Roles and responsibilities. In R. Rosner (Ed.), *Principles and practice of forensic*

*psychiatry* (2nd ed., pp. 7-13). CRC Press.

### Webpages and Websites

Author A. A. (date). *Title of work*. Site name. https:/xx or Retrieved date, from https:/xx

U.S. Census Bureau (n. d.) *U.S. and world population clock.* U.S. Department of Commerce.   
 Retrieved July 3, 2019, from https://www.census.gov/popclock/

World Health Organization. (2018, March). *Questions and answers on immunization and*

*vaccine safety.* https://www.who.int/features/qa/84/en

Note: When the author and site name are the same, omit site name.

## References Page

Here are the basic guidelines for compiling and formatting your reference entries into a References page. The final page of this handout is an example of a correctly formatted references page.

1. Each source cited in-text must appear on the references page(s).
2. Start on a new page and include the page number.
3. If you are writing a professional paper for publication and using a running head, include it.
4. Title the page “References,” formatted bold and centered.
5. Alphabetize entries.
6. Double-space all text.

**References**

Aristotle. (1994). *Poetics* (S. H. Butcher, Trans.). The Internet Classics Archive. <http://classics.mit.edu/Aristotle/poetics.html> (Original work published ca. 350 B.C.E.)

Brown, L. S. (2018). *Feminist therapy* (2nd ed.). American Psychological Association. <https://doi.org/10.1037/0000092-000>

Bustillos, M. (2013, March 19). On video games and storytelling: An interview with Tom Bissell. *The New Yorker.* <https://www.newyorker.com/books/page-turner/on-video-games-and-story-telling-an-interview-with-tom-bissell>

Goldman, C. (2018, November 28). The complicated calibration of love, especially in adoption. *Chicago Tribune.*

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Weinstock, R., Leong, G. B. & Silva, J. A. (2003). Defining forensic psychiatry: Roles and responsibilities. In R. Rosner (Ed.), *Principles and practice of forensic psychiatry* (2nd ed., pp. 7-13). CRC Press.

World Health Organization. (2018, March). *Questions and answers on immunization and vaccine safety*. <https://www.who.int/features/qa/84/en/>