

The Women's Center News

Summer 2012 Check out the Women's Center at: <http://www.louisville.edu/womenscenter> Volume 19, Issue 4

College Women's Leadership Conference

The University of Louisville hosted a Statewide College Women's Leadership Conference—Creating Synergy in Kentucky on May 31-June 2. Keynote speaker, Charla Young, President & CEO of Power to Change Communications opened the conference with a motivational talk on "Power to Change."



Pictured on the outside of the Chao Auditorium (Ekstrom Library) is Young (on right) with Ashley Wimsett, a student intern in the UofL Women's Center and past president of the Women 4 Women student group.

The conference was organized and sponsored by the UofL Women 4 Women student group, UofL Women's Center, and the Office of Civic Engagement Leadership and Service; the presenting sponsor was Companies Wood. There were several local sponsors as well.

Additional keynote speakers included former Kentucky State Auditor Crit Luallen;

Marta Maria Miranda, CEO of the Louisville Center for Women

& Families and Phoebe Wood, a principal in Companies Wood, a consulting firm specializing in early stage companies and investments. Conference speakers offered inspiration for the next generation of women leaders.

Check out the UofL Women's Center web site, <http://www.louisville.edu/womenscenter> and the College Women Leadership page on Facebook for additional photos.



Left: One of the promotional signs created by the Women 4 Women student group for the conference. Right: Attendees interacting and networking at the conference.

Title IX is 40

Title IX turned 40 years old this past month.

Title IX turns forty. Many people are unaware of the legislative activity brought about by this law. It's up to us, the beneficiaries of this landmark law, to help educate the public about Title IX, about forty years of success stories as well as the challenges that remain.

To assist you in getting the message out, the National Coalition for Women and Girls in Education, which the American Association of University Women (AAUW) chairs has just published a brand-new report, Title IX at 40.

To review a copy of this report go to: <http://www.ncwge.org/PDF/TitleIXat40.pdf>



SAVE THE DATE: Tuesday, July 10, 2012 UofL Women's Center Fundraiser

11 a.m.-10 p.m. Tumbleweed at the Waterfront, 1201 River Road

Invite your co-workers, family and friends to Tumbleweed on the Riverfront for a July 10 fundraiser to support the UofL Women's Center programs and initiatives. Make your reservation in advance. Ten percent of your bill will be donated to the Women's Center. Have fun, network and at the same time support the Center. Download your coupon from the following link and bring it with you on the date of the fundraiser.

<https://louisville.edu/womenscenter/about-us/support-the-womens-center/fundraiser-7-10.12.html>

For additional information, email Phyllis M. Webb at phyllis.webb@louisville.edu, or call the UofL Women's Center, 852-8976.

Message from the Interim Director



Valerie M. Casey

Dear Friends of the Women's Center,

This academic year has flown by with one exciting project after another at the Women's Center. We have a great staff and a growing number of volunteers and supporters who work tirelessly to provide excellent programs and services for women so it is great to have an opportunity to share some of our activities with you. This spring, we dedicated considerable time to planning the Kentucky Women's Book Festival, the Transformation Tea for Women of Color and Their Allies, and the College Women's Leadership Conference, and we worked to support other women's organizations that are doing so much for women in the community!

We traveled to Frankfort, Ky., to visit with Eleanor Jordan, Executive Director of the Kentucky Commission on Women, and attend the Kentucky Women Remembered Exhibit where honorees were Willa Beatrice Brown, a woman pilot and trainer of over 2,000 black pilots including the legendary "Tuskegee Airmen;" former Kentucky auditor Crit Luallen; and Joan Riehm, one of the driving forces behind Benchmark 2000 and co-founder of the Leadership Kentucky program..

We met with community leaders from the American Association of University Women, Greater Louisville Outstanding Women, Alliance for Girls, and the Kentucky Foundation on Women; we chatted with U.S Rep. John Yarmuth at the Dialogue on Issues Relating to Women and Children forum he hosted

at the Ali Center in Louisville, and we eagerly waited to hear the results of Women 4 Women Benchmark II, The Study of Louisville Women and Girls 2012 at the press conference in May. We answered a call from the Kentucky Commission on Women and collected (in conjunction with UofL Libraries and the Early Learning campus) over 500 books for West Liberty School after a tornado ripped through Kentucky in March. Clearly the staff has been very busy working in the interest of women.

Our Transformation Tea for Women of Color and Their Allies provides an opportunity for networking at the University and was a huge success. Georgette Moore, Program Coordinator for both the Commission on the Status of Women and Commission on Diversity and Racial Equality, received the UnSung Shero Award. Congratulations to Georgette and thank you to the members of the planning committee for the warm and welcoming program.

With a sponsorship from the Commission on the Status of Women (COSW), I attended Focus Louisville. This program introduces attendees to local leaders, issues and resources in the community and provides opportunities for community leadership. This was an enlightening experience which allowed me to meet community leaders and kindle a long-held desire to support my community. I am grateful to the COSW for the experience.

At the April American Association of University Women State Conference in Berea, Ky., our student intern Ashley Wimsett and I spoke about the Women's Center and encouraged members to support our statewide College Women's

Leadership Conference. The conference was held May 31 – June 2 and was fantastic with 20 speakers, including Phoebe Wood, Crit Luallen, Charla Young, Marta Miranda, and students from eight colleges from around Kentucky. Attendees raved about the conference and we look forward to planning it again. Visit <http://www.facebook.com/CollegeWomensLeadershipConference> for details and additional pictures.

The third Saturday in May the Women's Center co-hosted the Kentucky Women's Book Festival and if you are a writer or just like to read, do not miss this event next year. This is an amazing opportunity to get the inside information directly from writers on any topic and if you're a fan, you have direct access to the authors for information and personalized autographed copies of their books. This year Spalding University President Tori Murden McClure was the opening Keynote Speaker and as usual gave a wonderful talk and engaged the audience. Find the complete list at <http://louisville.edu/womenscenter/kwbf>. Thank you to Robin Harris, Phyllis Webb and all the members of the planning committee for this incredible program.

In a future article, I will share some insights gained from attending the Southeastern Regional Women's Center Conference in Tuscaloosa, Alabama. It was an amazing meeting and I learned so much from networking with other administrators who have a passion for women's issues. Thank you again to the staff of the Women's Center and to all of our valued volunteers, students and sponsors who make these programs possible.

Best regards,
Valerie

COMING SOON!

Check out the exciting, new interactive format for the UofL Women's Center Newsletter beginning with the Fall 2012 edition!

The Women's Center will also be launching a new online student newsletter which will be available in the fall and spring.

The 6th Annual Kentucky Women's Book Festival: Kentucky Writers and Readers Come Together

by Robin R. Harris, Law Library

"Sometimes I would rather stick needles in my eyes than talk about rowing."

So began Tori Murden McClure's inspiring keynote address at the 6th Annual Kentucky Women's Book Festival on May 19 in the Ekstrom Library's Chao Auditorium.



Tori Murden McClure

While most people in the audience may have expected a rousing tale of adventure on the high seas from the current president of Spalding University, she steered her talk away from the one-woman rowing voyages across the Atlantic that made her an international celebrity. She focused instead on the more spiritual side of life, and on how to make a difference in the world. With a small model of her rowboat, *The American Pearl*, gracing the podium, she spoke about a wide range of topics, from her recent viewing of the film *"Miss Representation,"* coupled with her insights about how far women still have to go to achieve equality, to her friendship with world-renowned theologian Karen

Armstrong. After her talk, McClure answered questions and then signed copies of her book, *"A Pearl in the Storm: How I Found My Heart in the Middle of the Ocean."* It was the perfect start to a wonderful day of learning and sharing.



Mary Ann Taylor-Hall

This year's festival featured several writers with a current or past connection to UofL, including McClure who graduated from the Brandeis School of Law in 1995. Current English Department faculty members Glynis Ridley (award-winning non-fiction author of *"The Discovery of Jeanne Baret: A Biography of the First*

Woman to Circumnavigate the Globe") and poet Kiki Petrosino (*"Fort Red Border"*) presented during the morning; afternoon speakers included Julie Wade, Lambda Literary Award winner,

who earned her Ph.D. in Humanities in May 2012; Nancy Jensen, author of the late 2011 and highly-acclaimed novel *"The Sisters,"* who studied with Dr. Sena Jeter Naslund at UofL; and Kentucky Poet Laureate Maureen Morehead, another of Dr. Naslund's former creative writing students.

After a warm introduction by Kentucky Foundation for Women executive director Judi Jennings, Mary Ann Taylor-Hall, award-winning author of *"Come and Go, Molly Snow"* and *"At the Breakers,"* delivered the luncheon address, *"A Very Odd Way to Spend a Life."*

Other highlights of the day included the session *"I Want to Write a Book: The Benefits and Challenges of Self-Publishing"* by Sara Havens, LEO Weekly columnist and author of *"The Bar Belle";* archivist Sharon Receveur's talk, *"Bookmaking—A Thoughtful Process;"* and memoirist Deanna O'Daniel's workshop, *"Marketing Your Work or Book."*

Readers and writers gathered on Saturday, May 19, at Ekstrom Library for the 6th Annual Kentucky Women's Book Festival at the University of Louisville. Author presentations and workshops, book sales and signings, and a keynote luncheon gave participants a chance to connect over their favorite pastime: reading and talking about books.



Summer Heat: Take Precautions

Summer heat can be dangerous—even deadly—if you don't take the proper precautions. According to *Extreme Heat: A Prevention Guide to Promote Your Health and Public Safety*, a publication of the Centers for Disease Control, heat exposure resulted in more than 8,000 deaths inside the United States between 1979 and 2003. With such a startling statistic, it's easy to see why it's so important to be aware of the risks associated with heat and to know how to stay safe in summer weather. Find out how to properly prepare for and protect yourself and your loved ones from soaring temperatures.

Check out the following publications and articles to learn more about basic summer heat safety tips, such as staying inside in an air-conditioned building if possible and drinking plenty of water and fluids; additional tips for elderly

persons and recognizing heat-related problems such as heat cramps, heat exhaustion and heat stroke.

- http://www.bt.cdc.gov/diasters/extremeheat/heat_guide.asp
- http://www.safety.lovetoknow.com/summer_safety_issues
- http://www.fcs.tamu.edu/health/child_health/heat/heat_exhaustion_heat_stress.php
- http://www.safety.lovetoknow.com/summer_safety_for_animals
- <http://www.cdc.gov/nceh/extremeheat/seniors.html>
- <http://www.bt.cdc.gov/diasters/extremeheat/elderlyheat.asp>
- <http://www.nws.noaa.gov/os/heat/index.shtml>

Source: http://www.safety.lovetoknow.com/summer_heat_safety_tips

A Peek Inside Medical School Admissions: Pamela Osborne, Director

by Brenda D. Gunn, Women's Center Advisory Board Member



Pamela Osborne

Recruitment. Applications. Interviews. Meetings. Supervision. Management. Training. These are just a few of the requirements in Pamela "Pam" Osborne's daily activities as director of medical school admissions. All, however, have one goal: to recruit and retain the best and brightest in the University of Louisville's medical school.

Osborne and her staff must be knowledgeable of a myriad of information that deals with the admissions process. For example, inquiring minds want to know the policy on letters of recommendation. At UofL, each applicant is required to submit a pre-med advisory committee report. If the undergrad college or university does not have a pre-med committee, UofL requires three academic letters of recommendation. These letters must be on college letterhead and, specifically, should be from two science professors and one non-science professor. Others may ask about the latest acceptable MCAT scores. Answer: Only MCAT scores from the past two years are accepted. Queries also include questions about transcripts and early deadlines.

Osborne oversees the day-to-day operations of the office with a staff of four, under the medical direction of

Dr. Stephen Wheeler. (Current students and alumni also play a pivotal role in the recruitment process as does alumni. She can count on students to be peer advisors and offer genuine perspectives about the medical school.) On an annual basis, more than 3,000 applications are reviewed for one of the coveted openings in the medical school program. Of that number, at least 155 will be placed. In addition to locally and the state of Kentucky, Osborne said they also recruit nationally. The next class will be placed in August with graduation in 2016.

In the 155 candidates will be few women and people of color. As for women in the past 10 years, she said "female admissions are down" but she cannot say with certainty that it is a trend. In the current class the female students range at about 35%. The reasons are many, including women having more options from which to choose a career, some want to be stay-at-home mothers, the cost is prohibitive, and a few are not very competitive academically. Then there also may be very real concerns about malpractice insurance and the high cost of medical care, in general.

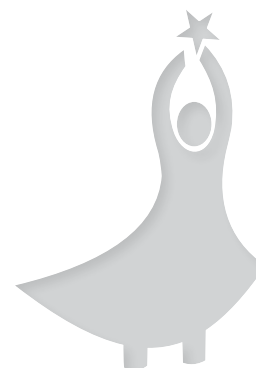
The Medical School Admissions Office administers a medical development program. G.E.M.S. (Guaranteed Entrance to Medical School) is open to Kentucky high school seniors. Those who graduate in the top 5% of their class, have a minimum of a 3.75 GPA, and who score at least 30 on the ACT or 1340 on the SAT receive preference in the G.E.M.S. admissions process.

The overall application process involves pre-med requirements, taking the MCAT, completing the AMCAS application, the application timeline, interviews and financial aid--a huge order for a small staff to maintain on a daily basis for 3,000+ students annually. However, Osborne is proud of the current process as a whole saying it "is down to a fine art, but is tweaked every year to see what can be done better." An achievable future goal is to increase the diversity of students. She would like to see more Latinos and African-American women and men, for

example. To do so, she truly believes global engagement is required at an early age to improve the education and quality of individuals wishing to add "M.D." behind their name. Engaging students earlier, she says, when the desire is there, will allow young people to actually see a career in medicine as an achievable goal.

Osborne is a single parent and a grandmother. In her spare time she enjoys gardening, reading, word games, and spending time with her family, which includes her elderly mother and six surviving siblings. In addition to her very important role in medical school admissions at UofL, she also is co-chair of the UofL Signature Partnership Residents Advisory Committee. In the community she is a Board member of the Park DuValle Property Owners Association and the Parkland Neighborhood Improvement Association (PNIA), a member of the Greeter Ministry at 1st Gethsemane Baptist Church, and vice chair of the 42nd Legislative District. In five years she hopes to be an official member of the UofL retirees where she will continue to work in the community and also on personal ambitions. She advises we will even see her name in print one day as Pamela D. Osborne, author.

Osborne is a staunch advocate for women and equal women's rights. In closing, her message for women is clear. "Be vigilant. You don't need to be a zealot or feminist. But be vigilant about the treatment of women, and how we see ourselves as women, not devaluing ourselves, falling into negative habits. Find your worth in the world. Maintain gains and reach bigger goals. Be vigilant."



The Nichols Award

The Dr. M. Celeste Nichols Award is named in honor of M. Celeste Nichols (1951-1996), the first African American to receive a Ph.D. from the University of Louisville's Department of English. She graduated in 1992 with a Doctor of Philosophy in Rhetoric and Composition. The award is for UofL graduate students and supports their academic and professional enrichment beyond normal graduate program expenses. Last year, the University of Louisville Women's Center recognized three graduate and professional students for the award at the annual Elizabeth Cady Stanton Luncheon. All graduated this past May.

Amanda Denton Hobbs, Justice Administration discusses a paper she presented along with Dr. Cheri Dawson-Edwards at the Criminal Justice meeting this past March in New York City; Kavita S. Patel, Medicine, participated in The Capitol Hill Fellowship Program in Washington, D.C., this past February and Margaret "Meg" Hancock, Educational Leadership & Development, discusses her findings in the career development of women in intercollegiate athletic administration during research at various universities in January & February.

Check the UofL Women's Center web site, <http://www.louisville.edu/womenscenter> for an updated Nichols application and on how UofL graduate students can apply for the award. More information will also be available in the fall 2012 issue of the Women Center News.



Nichols Award Helps Student Attend Criminal Justice Meeting

by Amanda Denton Hobbs

As a recipient of the 2011 Dr. M. Celeste Nichols Award, I traveled to the American Criminal Justice Sciences' 49th annual meeting held in New York City in March, 2012. Dr. Cherie Dawson-Edwards and I presented a paper entitled "Immigration in the Bluegrass: Hispanic-Latino Attitudes, Knowledge, and Fear of Law Enforcement."

Over the course of the fall 2011 semester, Dr. Dawson-Edwards and I conducted an analysis of survey data collected from individuals who immigrated to the United States. These surveys were designed and conducted by a local Hispanic-Latino coalition and were forwarded to us for analysis.

Most notably, we found that the ways in which participants are identified and selected is the most important aspect of studying immigrant populations. The coalition's involvement in the collection of survey data provided unique and valuable access to an under-researched population. A majority of respondents indicated that they had at least "some" fear that civilians or law enforcement officers would question their immigration status. This held true even for those individuals legally residing in the United States.

Interestingly, though, 80 percent of the respondents who identified as "undocumented" stated that they would still seek assistance from the government if they needed it. This is important because it indicates that undocumented individuals are willing to accept help from the criminal justice system, even if they are concerned that they may be questioned about their residency status. Future research should focus on gaining additional insight into the experience of the immigrant population, perhaps through the use of qualitative research methods.

In addition to presenting a paper at a national conference, the Nichols Award allowed me the opportunity to attend the presentations of colleagues and instructors, as well as leaders in the field of criminal justice. The support of the University of Louisville Women's Center allowed me to expand and diversify my academic and professional experience.

Discovering the Athlete, Leader and Woman Within

by Meg Hancock

Three short semesters into my college career it was evident that my academic record did not reflect my intellectual abilities; and, after two seasons, my basketball career was effectively over due to a near catastrophic knee injury. I had lost sense of who I was and who I wanted to be—a scholar, a leader, a woman of influence.

Grasping for something familiar, I enrolled in a course called "The American Woman in Sport." During the first session, the lights in the auditorium dimmed and the class was introduced to the Title IX documentary, "A Hero for Daisy." Though I had been a competitive athlete for nearly 15 years, I knew very little about my female predecessors. Awestruck and curious, I discovered that I was the descendant of an ancestry I never knew existed. Thus began a quest to understand my own lineage and identity—as an athlete, a leader, and a woman. More vital still was my drive to create an educational and scholarly environment where young women and men could begin to carry out their own quests for purpose and meaning.

I began my journey to pursue a Ph.D. in Educational Leadership and Organizational Development with an emphasis in Sport Administration at the University of Louisville. I have spent the last three years studying gender and organizational development in college athletics. More specifically, my dissertation explored the career development of women in intercollegiate athletic administration.

As the recipient of the Dr. M. Celeste Nichols Professional Development award, I had the opportunity to travel and meet many of the most outstanding strategists and decision-makers in NCAA Division I intercollegiate athletics. Through interviews, I began to understand the experiences of female administrators in a male-dominated profession. Their descriptions reflected a passion for working with student-athletes, as well as a concern for their future and the future of Division I college athletics. The women in this study described acts of discrimination by men...

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Discovering the Athlete, Leader and Woman Within

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and women. They also described a healthy tension between honoring the work of pioneer women in college athletics while also attempting to untangle and move forward in an industry with a long history of gender inequity.

Despite the challenges experienced by the women in this study, participants continually discussed the importance of relationships built through networks and professional development opportunities. They identified men and women as integral to their personal and professional development. I use the knowledge gained from my study not only to further scholarly research on women intercollegiate athletics and other male-dominated fields, but also to educate the students in my classroom. The lessons gained from my study may help students understand barriers and challenges they may face as sport managers. It may also provide insight into potential career paths and strategies for career development. Finally, it is my hope that the knowledge gained from this study will help future sport managers design organizations that will be equitable and aid in the personal and professional development of staff and administration.



The UofL Women's Center is currently located in the lower level of the Administrative Annex Building, #15 on the Belknap campus map.

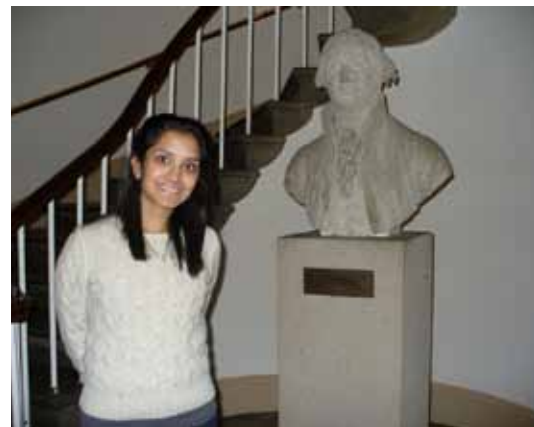
Capitol Hill Fellowship Program

by Kavita S. Patel

After completing four years of medical school, I have learned a great deal about the management of health-related issues. However, I was never exposed to the political influences of legislation on medicine. Knowing the science of medicine is no longer sufficient in patient management. The Capitol Hill Fellowship Program allowed me to understand political influences affecting healthcare in our country. I worked on several projects in Congressman Joseph Crowley's office. These ranged from sitting on several House of Representatives meetings to discuss various aspects of the Affordable Care Act, to meeting with constituents from Congressman Crowley's district in New York. In addition, I prepared information for hospital staff in Congressman Crowley's district who were interested in expanding free clinics in the Bronx.

The Ways and Means Committee within the House holds most of its jurisdiction over revenue. Over time, it has expanded its responsibilities to include social services such as Medicare, Social Security, and other such programs. Congressman Crowley sits on this committee; therefore, I attended several hearings during my Fellowship. One of the debated topics was the appeal of the Independent Payment Advisory Board (IPAB). IPAB

was first mentioned in the Affordable Care Act and is an independent committee of professionals who make decisions on Medicare without the ability for Congress to overrule them. It was very interesting to prepare for the IPAB meetings from the liberal perspective and observe how they create their foundation for discussion but also anticipate opposing remarks from the conservative side.



Kavita S. Patel

While in Washington, I took particular interest in writing editorial pieces on important issues. For example, medical schools are increasing the number of students they accept for incoming classes. However, the government is not increasing the number of residency jobs; thus increasing the supply of jobless, well-qualified students. This issue has made a large impact on medical students, with many taking this into consideration when choosing their specialty. Having first-hand exposure to this issue and working in the Congressman's office, I was able to communicate these struggles with policy makers and constituents from New York.

Since my Fellowship, I have gained immense respect for our country's legislative process. There are several factors influencing a physician's practice of medicine, and I plan to play an active role in the politics of medicine during my future career as a doctor. From prescription drug abuse in Kentucky to childhood obesity, there is a continuing need for modifying policies. As a rising doctor, I intend to do my best in shaping these policies to ensure the best quality of healthcare is delivered to my patients. I would not have been able to have such a unique opportunity without the Dr. M. Celeste Nichols Award, and thank the University of Louisville Women's Center for selecting me as a recipient.

2012 Softball Wrap up

by Lori Korte, Sports Information Director for the Softball Team

The University of Louisville softball team has etched a spot in the school record books as one of the most memorable in school history. While the storybook ending eluded the Cardinals, their accomplishments will serve as a springboard for much more success in the future of the program.

When they embarked on the 2012 campaign, the Cardinals' identity was uncertain at best—they were picked to finish fourth in the preseason BIG EAST Conference coaches poll and were tied for 24th in the ESPN.com National Fastpitch Coaches Association preseason rankings. The season brought many highlights, including winning the BIG EAST regular season and tournament titles en route to a 55-5 overall record. In addition to the team's milestones, several individuals were honored during the season. Tori Collins was named National Player of the Week, a school record nine players earned all-BIG EAST honors, and Sandy Pearsall, Carol Bruggeman and Courtney Scott were named league Coaching Staff of the Year. The Cardinals made their ninth straight NCAA appearance and earned the No. 15 seed in the NCAA tournament while being selected as a host site for the third time in four years.



While the accomplishments on the field were impressive, the obstacles faced and overcome and the realization of teamwork both on and off the field made the season even more special. Among the 18 student-athletes on the team were three players who were coming off of season-ending or limiting injuries in 2011, including one who was attempting to compete in her first full season after three ACL surgeries in as many years. Another player lost her father just months earlier in a tragic accident. Add to the mix three other key players injured during the season and you would find a team that rallied around each other as they worked toward their common goal. From locker room dance parties to celebrating a BIG EAST Championship in Times Square—this season was one for the books.

Alzheimer's, Women and Caregiving

by Ellen Kershaw, VP for Public Policy, Alzheimer's Association, Greater Kentucky & Southern Indiana Chapter



Photo courtesy of Alzheimer's Association

In 2010, former First Lady of California Maria Shriver issued "The Shriver Report: A Women's Nation Takes on Alzheimer's." It was a study on the impact of the disease on women. She includes her own experience witnessing Alzheimer's first-hand with her father, Sargent Shriver, national survey results and expert and personal essays.

Here are some eye-opening findings from the report:

- 10 million American women either have Alzheimer's disease or are caring for someone with the disease.
- Two-thirds of persons with Alzheimer's disease are women. This is mainly due to the fact that women on average live longer than men.
- 60% of Alzheimer's caregivers are women.
- Half of women caring for someone with Alzheimer's are providing more than 40 hours a week of care. A third of women caregivers care for their loved one 24/7.
- One-third of female caregivers are part of the "sandwich generation," with children or grandchildren under the age of 18 living in their homes. Among that generation, women were much more likely than men to say Alzheimer's caregiving demands are more challenging than raising children.

Urgency of Alzheimer's and New National Plan

The Alzheimer's Association projects that today's 5.4 million Americans with Alzheimer's will triple by 2050 if nothing is done to change the trajectory of this disease. There are 264,658 unpaid Alzheimer's caregivers in Kentucky and over 15 million nationwide. Alzheimer's is the only one of the top 10 causes of death in America that remains without a way to prevent, cure or even slow its progression.

Given these facts and the financial and emotional costs to individuals, families and our health and care systems, family and professional advocates called for a national response. As a result, Congress unanimously passed the National Alzheimer's Project Act; and in May 2012 the U.S. Department of Health and Human Services (HHS) issued the first-ever comprehensive strategic plan to address Alzheimer's in the U.S. Chief among its recommendations is to prevent and effectively treat Alzheimer's by 2025. The plan also calls for a public awareness campaign about the disease, provider education and outreach, and increased support for Alzheimer's caregivers. Now advocates are asking for implementation of the plan's recommendations and the necessary resources in the federal budget.

Alzheimer's Caregiver Resources

- The Alzheimer's Association offers an online Caregiver Center featuring comprehensive information on early-, late- and middle-stage caregiving and other topics: www.alz.org/care.
- HHS provides accessible federal, state and local information for those facing Alzheimer's through this government site: www.alzheimers.gov.
- For those who wish to speak by telephone, call the Alzheimer's Association toll-free 24/7 Helpline at 800-272-3900. Individuals can receive reliable information and support about people with memory loss, caregivers, health care professionals and the public.
- As researchers seek answers to Alzheimer's, it is important to learn about the disease and care options, reach out to support friends, family and colleagues, get involved and make a difference.
- Shriver Report, <http://www.alz.org/shriverreport/index.html>
- Alzheimer's Association website with support group listings, family education calendar and advocacy information: www.alz.org/kyin

Annual Transformation Tea Provides Invaluable Information and Networking Opportunity

by Phyllis M. Webb, UofL Women's Center

The University of Louisville held its annual Transformation Tea this past April in Bigelow Hall of the Miller Information Technology Building. The theme of the event, designed as a networking opportunity for UofL women of color and their allies, was "Mentoring Schemes for Today's Woman: What are Some Benefits?"

Panelists included Brenda G. Hart, Speed Scientific School; Prafula Sheth, Ed.D., Office of the Provost; and Mary Elizabeth Miles, Human Resources Department. Each woman spoke from their own perspective on the mentoring process and the importance of mentoring and giving back to students, staff and faculty.

A special memorial was included this year. Staff member and minister Jamesetta Ferguson called the names of women employees who passed since the last tea in an "In Memory" segment of the program.

In addition to networking and the panel discussion, Georgette Moore received the 2012 Unsung Shero Award. It recognizes a UofL woman of color who has made a significant impact in the lives of women either in the Louisville Metro community or at UofL. Moore is coordinator for both the Commission on Diversity

and Racial Equality (CODRE) and the Commission on the Status of Women (COSW), groups charged with advising the UofL president and provost on diversity and gender equity issues. She also volunteers at the Summerfield Nursing Home.

Others recognized with certificates of appreciation included Relita Williams, Custodial Services, and Chandra Stroud, Pan-African Studies Department.

Contributing sponsors were the UofL Commission on Diversity & Racial Equality, the Commission on the Status of Women and the UofL Women's Center. A Transformation Tea committee prepared colorful gift bags filled with goodies for those in attendance, and a number of door prizes were given, courtesy of various donors.

The 2012 Transformation Tea committee members included Sharron Abernathy, Information Technology; Nancy Baker, School of Law; Seleila Renee Booker, College of Education & Human Development; Kathryn F. Doaty, Human Resources Department; Karen E. Johnson, Information Technology and Georgette L. Moore, Commissions Office.

Phyllis Webb will serve as chair of the 2012-2013 Transformation Tea Committee.



Jean Edwards, UofL Nursing student, asks a question of the panelists.



UofL staff member Inna Elkin is delighted after winning a door prize at the Tea.



Georgette Moore, 2012 Unsung Shero Award winner.

The Women's Center News

A publication of the Women's Center at the University of Louisville Editorial Board: Valerie Casey, Brenda D. Gunn, Robin R. Harris, Prafula P. Sheth, and Phyllis Webb. The Women's Center News is a free, quarterly newsletter.

It is available online at www.louisville.edu/womenscenter. To receive a hard copy of the newsletter or to sign up for email announcements, write to: Women's Center, University of Louisville, Louisville, KY 40292; 502-852-8976; or send an email to: womenctr@louisville.edu.

The University of Louisville is an equal opportunity institution. This publication was prepared by the University of Louisville.
