



U^{OF} WOMEN'S CENTER NEWSLETTER

**SPRING 2024:
JANUARY 10TH, 2024**

**A PLACE WHERE ALL ARE WELCOMED TO ENGAGE IN ACHIEVING
GENDER-EQUITY & SOCIAL JUSTICE.**

ADVOCACY

EDUCATION

EMPOWERMENT

ACTION

Stay up to date on upcoming events and opportunities during the school year, but as always, for the most up-to-date information, visit our [website](#) and follow us on [Instagram](#).

SNAPSHOT: REIMAGINING HEALTH & COMMUNITY WELLNESS



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A publication of the University of Louisville Women's Center.

**U^{OF} WOMEN'S
CENTER**

**OUR FUTURE IS INTERSECTIONAL:
RE-IMAGINING LEADERSHIP DEVELOPMENT**

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 [FACEBOOK.COM/UOFLWOMENCENTER](https://www.facebook.com/uoflwomencenter)

 [@UOFLWOMENCENTER](https://www.instagram.com/uoflwomencenter)

 SPOTIFY

 FLICKR



WELCOME FROM THE DIRECTOR

Happy New Year!

I hope this message finds you rested, reflective and resilient in this new year. This season is my favorite time of the year because many people around the world are contemplating their life's choices, building action plans and hopes for the future. I am doing the same in the face of a seemingly dire moment for gender inequities; yet simultaneously, a time of incredible movement building and radical joy. Some questions I ask myself as I create my new year's resolutions framed in intersectional feminism are the following:

- 1. THE POWER OF FEELINGS**
How do I feel right now? What aspects in my life feel good, and why? What does not, and why? How should I nurture myself as an imperfect person?
- 2. CAPACITY**
What are my passions as an individual? How can I best support others with my skills and talents, especially the most vulnerable members in my community? How can I leverage my positionality, privilege, and power to support collective efforts for gender equity? How can I make the biggest impact to advance equality?
- 3. BOUNDARIES**
What are my non-negotiables and boundaries for myself in collective work? What is my "No" as I engage in emerging strategies for justice?
- 4. WORK-LIFE INTEGRATION**
What activities bring great pleasure in my personal and professional life that can be integrated in movement work for gender equity?
- 5. COMMUNITY**
Last but not least, who are "my people" - my community of care that affirms me with loving kindness, grace and accountability?

The answers to this personal inquiry about self care connect to the power of self reflection to shift behaviors, and perspectives. Reflection is important in our work here at the Women's Center as we share new programming and student success efforts for this spring semester with UofL students, staff, faculty and community members. Reflection fosters empathy, innovation and deeper understanding about long standing social issues and can lead to forward-thinking approaches for gender equity. Here is our list of spring events. We invite you to join as we celebrate women and femme leaders in our community.

In solidarity,

Dr. Jabani Bennett (She/They)



UPCOMING

with the Women's Center

JANUARY 2024

HUMAN TRAFFICKING AWARENESS & PREVENTION MONTH JANUARY

#WOMENCENTERWEDNESDAY TABLING

JANUARY 10TH

11am-1pm, Student Activities Center Marketplace Table

FEMINIST SPACE

JANUARY 24TH

5-7pm, Cultural & Equity Center Multipurpose Room

Play games and hang out in an inclusive environment. Pizza will be provided.

SPRING 2024 EVENTS

WE HAVE A LOT OF EXCITING EVENTS PLANNED!

Save the Date!

- Feminist Space - January 24th
- Healthy Relationships Roundtable - February 6th 5:30-7:30pm
- Kentucky Women's Book Festival - March 2nd
- Women's Empowerment Luncheon - March 27th 11am-1pm
- Human Trafficking & Climate Injustice Conference - April 11th
- And more!

Email womenctr@louisville.edu if interested in joining a programming committee.

WOMEN'S CENTER SCHOLARSHIP APPLICATIONS NOW OPEN!

DEADLINE: MARCH 1ST BY 5PM

Learn more & apply: louisville.edu/womenscenter



DR. ANN T. ALLEN SCHOLARSHIP

THE DR. ANN T. ALLEN SCHOLARSHIP IS FOR CURRENT UNIVERSITY OF LOUISVILLE UNDERGRADUATE STUDENTS AND THE ANNUAL AMOUNT TO BE AWARDED IS APPROXIMATELY \$1,000 TO STUDENTS WHO MEET THE FOLLOWING CRITERIA. (\$500 PER SEMESTER)

WOMEN'S CLUB OF THE UNIVERSITY OF LOUISVILLE SCHOLARSHIP

THIS WOMEN'S CLUB OF THE UNIVERSITY OF LOUISVILLE SCHOLARSHIP FOR THE FALL 2024 IS IN THE AMOUNT OF \$24,000 AND IS FOR UNDERGRADUATE STUDENTS. THE AMOUNT WILL BE DISTRIBUTED EQUALLY BETWEEN FOUR (4) RECIPIENTS AND AWARDED \$3,000 PER SEMESTER, PER STUDENT.

GET INVOLVED



American Association of University Women

FIND US ON SOCIAL MEDIA!
[FACEBOOK](#) | [INSTAGRAM](#)

Upcoming General Body Meetings
Jan 18th 5:30-6:30pm
February 1st 5:30-6:30pm

[GET CONNECTED](#)



Student-Parent Association

FIND US ON SOCIAL MEDIA!
[FACEBOOK](#) | [INSTAGRAM](#)

[GET CONNECTED](#)



UNA USA
UNA Women
University of Louisville Chapter

United Nations Association – Women

FIND US ON SOCIAL MEDIA!
[FACEBOOK](#) | [INSTAGRAM](#)

Upcoming General Body Meetings
Jan 16th 5:30-6:30pm HUM 101
January 30 5:30-6:30pm HUM 101

[GET CONNECTED](#)



Women 4 Women Student Board

FIND US ON SOCIAL MEDIA!
[FACEBOOK](#) | [INSTAGRAM](#)

[GET CONNECTED](#)

Student Women Veteran Support Group

Upcoming Programs
Femme Power: Student-Veterans Roundtable
February 20th 11:30am-2pm

CONTACT:
PHYLLIS.WEBB@LOUISVILLE.EDU

Feminist Social Justice Leadership LLC

CONTACT:
JAMIECA.JONES@LOUISVILLE.EDU

Be a leader!

LEADERSHIP POSITIONS AVAILABLE

American Association of University Women at UofL

- Secretary
- Programming Chairs (Not an elected position)

Women 4 Women Student Board

- Executive Board Positions
- Programming Chairs (Not an elected position)

United Nations Association-Women

- Event Coordinator Chair (Not an elected position)
- Event Coordinator Committee Member

Women's Center Programming Committees

- Human Trafficking & Climate Injustice Conference
- Kentucky Women's Book Festival
- Women's Center Empowerment Luncheon

EMAIL:
WOMENCTR@LOUISVILLE.EDU



Student Group Shout-Out

HIJABI STUDENT UNION (HSU)

CONNECT WITH US!
[ENGAGE](#) | [INSTAGRAM: @UOFL.HSU](#)

Upcoming Events

- Hijab & Akhlaq Jan 18
5:30 – 7:00pm HUM 205
- World Hijab Day Feb 1
12-5pm, Cultural & Equity Center

HSU was created with the intention of shedding light on what it means to be a woman wearing the hijab & how to interact with Muslim women. We believe in fostering a diverse and inclusive community for both Muslim and non-Muslim women by organizing social, service, and spiritual events. Our ultimate goal is to empower and build a community for students who identify as Muslim women.

[NOMINATE A GROUP](#)

CAMPUS PARTNERS



INCLUSIVE EXCELLENCE AND BELONGING OPPORTUNITIES AT THE UNIVERSITY OF LOUISVILLE

[LEARN MORE](#)

Get engaged with the Cultural & Equity Center offices & their programs!

- @uoflculturalcenter
- @lgbtcenteruofl
- @uofllatinx
- @uofl_mai

COUNSELING CENTER AFTER-HOURS CRISIS LINE

Counseling Center phone is now answered 24/7; the after-hours crisis line is the same number (502-852-6585) and is available evenings, holidays and weekends to all enrolled students, faculty and staff; faculty and staff can utilize the line for consultation.

Now open

After-hours
crisis line

#BEWELLUOFL
@UOFLCOUNSELINGCENTER



HUMAN TRAFFICKING AWARENESS MONTH

January is National Human Trafficking Awareness & Prevention Month

Every year since 2010, the President has dedicated the month to raise awareness about human trafficking and to educate the public about how to identify and prevent this crime. It culminates in the annual observation of National Freedom Day on February 1, 2024.

[Learn more...](#)

Photo: Women's Center Annual Human Trafficking Awareness Conference

MARTIN LUTHER KING JR.

DAY OF SERVICE

Join ELSB for our annual MLK Day of Service event where we will be celebrating the legacy of Dr. Martin Luther King Jr. through service!

MON. JAN 15, 2024

**10:00AM-1:30PM
IN SAC MPR**

"Everyone has the potential to be great because Anybody can serve." - Martin Luther King Jr.



MLK DAY OF SERVICE

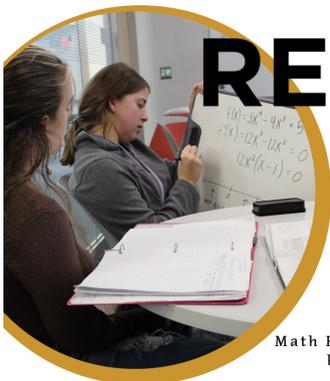
ELSB's MLK Day of Service event is an opportunity for participants to intentionally serve the Louisville community to honor Dr. Martin Luther King, Jr.'s legacy. Sign-in before 10am, pick a service site, and volunteer. It's that easy! Volunteers are encouraged to wear clothing appropriate for service and winter, so closed toed-shoes, long sleeves, and something that you're not afraid to potentially get dirty.

[LEARN MORE & RSVP](#)

MILITARY EXHIBIT OF BLACK WOMEN VETERANS AND WOMEN OF COLOR

Monday February 12 through Friday, February 23. (Lobby area of CEC)

This table exhibit will consist of pictures/portraits of women veterans and their families. Photos will consist of both Black women and men as well as other women of color and their families.). Will include current military. If you have photos, "5 x 7" and/or "8 x 11", you would like to have on display, please drop off to Phyllis M. Webb in the CEC Building before Feb. 7th. You can reach out by email, phyllis.webb@louisville.edu or 852-7715.



REACH

WANT TO GIVE 'EM YOUR 'A' GAME? REACH CAN HELP!

Math Resource Center (BAB 241) begins tutoring January 8

All other tutoring begins January 16

REACH TUTORING

Get a head start on getting support this semester with a REACH Tutor! The Math Resource Center is also open beginning January 8th. All other tutoring will begin Tuesday, January 16.

Visit our website for courses, times, and locations!



reach.louisville.edu

[GET A REACH TUTOR](#)

[SUBMIT AN EVENT!](#)

COMMUNITY PEARL OF KY SPOTLIGHT



An inclusive leader for gender equity. She is committed to advocating for survivors of intimate partner violence and human trafficking.



GRETCHEN HUNT
(SHE/HER)

Executive Administrator, Louisville Metro Office for Women

Learn more about our Community Pearls!



STUDENT SPOTLIGHT

Double major in Criminal Justice & Sociology. Minor in Arabic

"I just wanted to express my gratitude towards the Culture & Equity Center. I truly believe that without their support, I wouldn't have come this far. The wonderful staff members at the Culture & Equity Center have been such a great source of support to me and have always believed in me. Their encouragement has meant the world to me and I am deeply grateful for all that they have done."

AYA ALNAMROUTI

*She/Her/Hers
Hijabi Student Union, President
Junior*

As President of the Hijabi Student Union, I'm thrilled to be a part of such a meaningful project and am excited to make a positive impact in the world.

NOMINATE A STUDENT, FACULTY, STAFF AND/OR COMMUNITY MEMBER/ORGANIZATION!

COMMUNITY SPOTLIGHT



People Against the Trafficking of Humans Coalition of Kentucky is a non-profit in Kentucky.

Mission: Educating, informing, and empowering ourselves and others in understanding human trafficking and promoting and advocating social justice efforts toward its end.

 www.pathcoalitionofky.org/



ADVOCACY IN ACTION

NEW SEMESTER. NEW KENTUCKY LEGISLATIVE SESSION.



Campbell Clark (She/Her) Class of 2027
United Nations Association - Women Advocacy Chair

Tuesday, January 2nd, 2024 marked the first day of the Kentucky General Assembly. Here are some important bills that were submitted:

- **SB 71**
 - Establishes a “state child and maternal fatality review team” composed of representatives of public health, social services, law enforcement, prosecution, coroners, health-care providers, and other agencies or professions deemed appropriate by the commissioner of the Department for Public Health.
 - The maternal mortality rate in Kentucky is **23.5%**.
- **SB 63**
 - Requires state-sponsored insurance, whether that be through Medicaid or employment insurance from state employees like public school teachers, to cover the cost for an annual pap smear.
- **Menstrual Equity Bills**
 - **HB 64**
 - Exclude menstrual products from sales tax and would take effect this August if passed.
 - **HB 148**
 - Requires each public school that includes any of grades six through 12 to provide free menstrual discharge collection devices to students.
 - Requires each local board of education to adopt policies for the distribution of free menstrual discharge collection devices.
 - Exempt from sales and use tax the sale or purchase of menstrual discharge collection devices.

It is important to reach out to your senators and representatives let them know what the public wants. You can find out who represents you and how to contact them [here](#).



FAFSA

CHANGES FOR 2024-2025

FAFSA is open so don't forget to complete yours! There have been some changes so check out the Financial Aid's website for more information and how to complete it.

[LEARN MORE](#)



Period History from December

What year did the first tampon debut?

A. 1931 B. 1936 C. 1891 D. 1899

1931 - Dr. Earle Haas patents first modern tampon

1934 - Gertrude Tenderich bought the patent and started Tampax, a female-led, female-focused company to produce, market, and sell tampons.



DID YOU KNOW?

Serving all feminist, social change artists in Kentucky.

The mission of the Kentucky Foundation for Women is to promote positive social change by supporting varied feminist expression in the arts. When women and girls advance, so does Kentucky.

Our vision is a transformed society where all people are free to embrace their full potential, where artmaking and creativity are central to individual and community lives, and where the diversity and complexity of our stories are valued and celebrated.

[Learn more...](#)



Kentucky
Foundation for Women

RESOURCES



**Menstrual
Freedom
Coalition**

Menstrual Freedom
Coalition

[FIND OUT MORE](#)

Family-Friendly/Student-
Parents

[FIND OUT MORE](#)

Women's Center
Scholarships & Awards

[FIND OUT MORE](#)

Louisville Metro Office for Women
Organizations Serving Women & Girls

[FIND OUT MORE](#)

**National Human
Trafficking Hotline**



1-888-373-7888



233733

200+ Languages

Additional Resources on Human
Trafficking Prevention:

- [Polaris Project](#)
- [National Human Trafficking Hotline](#)
- [U.S. Department of State](#)
- [U.S. Department of Justice](#)
- [Love 146](#)

We are here to support you!

Women's Center Staff offers 1-on-1 Coaching for all students.

- *Student Leadership*
- *Academic*
- *Financial*
- *Campus Involvement*
- *Personal Matters*
- *Get connected to campus & community resources*

Schedule an appointment or
stop by during our drop-in
hours!



**GET A WOMEN'S
CENTER COACH!**

[LEARN MORE](#)

CONTACT US!



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(She/They)
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Phyllis Webb, M.A.Ed
Program Coordinator & Women's
Center Coach
(She/Her)
Email: pmwebb01@louisville.edu
Contact me if you're a student-parent!



Jamieca Jones, MSSW, M.A.
Program Coordinator & Women's Center
Coach
(She/Her)
Email: jajone19@louisville.edu
Contact me if you're interested in leadership!

CULTURAL & EQUITY CENTER
120. E. BRANDEIS AVE.
HOURS:
MONDAY - FRIDAY 9AM-5PM