

NEWSLETTER

A PLACE WHERE ALL ARE WELCOMED TO ENGAGE IN ACHIEVING **GENDER-EQUITY & SOCIAL JUSTICE.**

ADVOCACY

EDUCATION

EMPOWERMENT

ACTION

Stay up to date on upcoming events and opportunities during the school year, but as always, for the most up-to-date information, visit our website and follow us on Instagram.

SNAPSHOT: REIMAGINING **FAITH & SPIRTUALITY**









DEADLINE: MARCH 1ST

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A publication of the UofL Women's Center.

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SPOTIFY



• FLICKR



WELCOME FROM THE DIRECTOR

Hello!

We are so delighted to welcome you on our journey into our 30th year as a center for empowerment and belonging for women, femmes, and gender-expansive people. Through our community engagement, coaching, leadership development and cultural programming, we aim to support success for students, faculty, and staff at the University of Louisville. This year, we hope you can participate in our diverse programming events in our "Future is Intersectional" series – such as annual awards events, celebrations for student-parents and our Kentucky Women's Book Festival. Together we can co-create an affirming environment committed to bridging our differences for gender equity.

Our goals are to elevate an intersectional feminist and antiracist framework to celebrate the contributions of female-identifying people on and off campus. By working together through strategic planning and intentional collaborations, we are dedicated to building a sustainable space for resource-sharing at the Women Center – a site on campus for fun, community, and lifelong learning!

Join us as we integrate liberatory joy-making experiences, data-driven practices, and innovation to learn, discover, connect, and work for community impact and student success. You truly have supporters here at UofL Women's Center, our city and global community who are invested in your growth and development for gender equality.

If you are interested in the following requests for community partnerships and more – complete our request form and you will hear from our team.

- Speaker Request
- Tabling
- Partner with the Women's Center
- Program Sponsor Request
- Interview with Women's Center
- Tour the Cultural & Equity Center
- Share Resources & Information with the Women's Center

LEARN MORE



UPCOMINGwith the Women's Center

WINTER WONDERLAND SUPPORTING STUDENT-PARENTS CHILDREN

DECEMBER 5TH

12-5pm, Cultural & Equity Center Multipurpose Room

The Women Center and Student Parent Association Angel Tree/Winter Wonderland gets underway in November. If you would like to pick a child or children for this event to provide gifts or toys, please do so the week of November 13 through November 20.

WOMEN'S CENTER SCHOLARSHIP APPLICATIONS NOW OPEN! DEADLINE: MARCH 1ST

The University of Louisville Women's Center has several scholarships to financially help students attend college and ultimately graduate. <u>Learn more and apply...</u>

SPRING 2024 EVENTS WE HAVE A LOT OF EXCITING EVENTS PLANNED!

Save the Date!

- Feminist Space January
- Healthy Relationships Roundtable February 6th 5:30-7:30pm
- · Kentucky Women's Book Festival March 2nd
- Women's Empowerment Luncheon March 27th 11am-1pm
- Human Trafficking Awareness Conference April 11th
- and more!

Email womenctr@louisville.edu if interested in joining a programming committee.



COMMUNITY PEARL OF KY SPOTLIGHT

An inclusive leader in the field of health equity committed to wellness and health for women and families.

Learn more about our Community Pearls

DR. BRANDY KELLY **PRYOR** (SHE/HER)

Assistant Professor University of Louisville School of Public Health and Information Sciences, Founder of BKP Strategies



STUDENT SPOTLIGHT

I'm a Senior. A.S. Social & Behavioral Science. Undergraduate in Disability Studies and Advocacy with a minor in Global Public Health.

"I want to create and foster a network of community and support for student-parents."

I am single mom to the coolest kid. I have a mobility disability and have the cutest mobility aid that has zebra stripes on it. Um, I am a foodie and have a patio garden. Music is my jam and I play the guitar, ukulele, piano, and vocals. I love watching movies, playing with my kiddo and going on adventures with him. I work in the department of Student Affairs where I create podcast content.



CISHELLA DURLING

She/Her/Hers Student-Parent Association, President

COMMUNITY SPOTLIGHT



Women of Color Reproductive Justice Collective

SisterSong is a Southern based, national membership organization; our purpose is to build an effective network of individuals and organizations to improve institutional policies and systems that impact the reproductive lives of marginalized communities.

They recently opened a location here in Louisville, KY!



GET INVOLVED



American Association of University Women

FIND US ON SOCIAL MEDIA!
FACEBOOK | INSTAGRAM

GET CONNECTED



Student-Parent Association

FIND US ON SOCIAL MEDIA!
FACEBOOK I INSTAGRAM

GET CONNECTED



United Nations Association - Women

FIND US ON SOCIAL MEDIA!

FACEBOOK I INSTAGRAM

GET CONNECTED



Women 4 Women Student Board

FIND US ON SOCIAL MEDIA!

FACEBOOK I INSTAGRAM

Student Women Veteran Support Group

Feminist Social Justice Leadership LLC

GET CONNECTED

CONTACT: PHYLLIS.WEBB@LOUISVILLE.EDU CONTACT: JAMIECA.JONES@LOUISVILLE.EDU

"The Student-Parent Association is an embodiment of everything I love about UofL. I have found, community, purpose, and friendship. Being a student-parent means that I am sometimes on a different path than "traditional" students and I am happy to be a part of a group that is helping other student-parents feel important and included." - Carley Williamson, Former Student-Parent Association President

Be a leader!

LEADERSHIP POSITIONS AVAILABLE

<u>American Association of University Women at UofL</u>

Programming Chairs (Not an elected position)

<u>Women 4 Women Student Board</u>

Programming Chairs (Not an elected position)

Women's Center Programming Committees

- Human Trafficking Awareness Conference
- Kentucky Women's Book Festival
- Women's Center Empowerment Luncheon

EMAIL: WOMENCTR@LOUISVILLE.EDU

Student Group Shout-Out

AMIAH SHANNON
PUBLIC RELATIONS CHAIR FOR
UNITED NATIONS ASSOCIATION - WOMEN

For your hard work with being the creative mind behind UNA-Women's social media and marketing. You are doing an awesome job!

CAMPUS PARTNERS



INCLUSIVE EXCELLENCE AND BELONGING OPPORTUNITIES AT THE UNIVERSITY OF LOUISVILLE

LEARN MORE

COUNSELING CENTER AFTER-HOURS CRISIS LINE

Counseling Center phone is now answered 24/7; the after-hours crisis line is the same number (502-852-6585) and is available evenings, holidays and weekends to all enrolled students, faculty and staff; faculty and staff can utilize the line for consultation.





NATIVE AMERICAN HERITAGE MONTH

November was National Native American Heritage Month: Celebrating Tribal Sovereignty and Identity

National Native American Heritage Month is celebrated each year in November. It is a time to celebrate the traditions, languages and stories of Native American, Alaska Native, Native Hawaiian, and affiliated Island communities and ensure their rich histories and contributions continue to thrive with each passing generation.

GET WITH THE FLOW!

PERIOD.



Learn how you can get with the flow & resources!

LEARN MORE

TAMPON TAX BACK

If you're buying from any of the participating brands in the 21 states still taxing products (talking to you Kentucky), (August, Cora, DIVA, Here We Flo, The Honey Pot, LOLA, Saalt, Rael), they will reimburse you for any tampon tax you pay. Go to Tampontaxback.com to learn more.



Nadya Okamoto (Period & August Founder), Yanghee Paik (Rael Founder), and Beatrice Dixon (Honey Pot Founder) via Today



Watch Today News Clip





GET A WOMEN'S CENTER COACH!

Women's Center Staff offers 1-on-1 Coaching for all students.

- Student Leadership
- Academic
- Financial
- Campus Involvement
- Personal Matters
- Get connected to campus & community resources

Schedule an appointment or stop by during our drop-in hours!



LOOKING BACK













LOOKING BACK













THIS IS OUR JAMES

• "Cheers" by Seventeen

Jamieca Jones, Women's Center Program Coordinator

• "Energy" by Beyoncé

Abby Maxey-Rezmer, United Nations Association - Women President

• "Tell Me" by The Hics

Dr. Jabani Bennett, Women's Center Director

• "Die for You" by the Weeknd

Avery Huff, Student-Parent Association Treasurer

• "Startastic" by Waterbear

Maddi Cash, American Association of University Women President

DID YOU KNOW?

"Motorcycle Queen of Miami," Bessie Stringfield

In the 1930s and 1940s, African American Bessie Stringfield, the first Black woman to take a solo motorcycle trip across America traveled around the country eight times and visited all of the lower 48 states, across the U.S. flipping a coin on a map to determine her destination. A dangerous task during this time not only as a woman, but as a black woman during the times of Jim Crow.

- · She owned 27 Harleys during her lifetime.
- During World War II, Bessie worked for the army as a civilian motorcycle dispatch rider. The only woman in her unit.



<u>earn more about Bessie Stringfield.</u>

RESOURCES



Menstrual Freedom Coalition

THE MENSTRUAL FREEDOM COALITION (MFC) IS A COALITION OF CAMPUS AND COMMUNITY PARTNERS, WHO HAVE COME TOGETHER AS A YEARLONG COHORT DEDICATED TO CHALLENGING PERIOD STIGMA AND DISMANTLING BARRIERS. MFC PROMOTES MENSTRUAL EQUITY THROUGH RESOURCE-SHARING, EDUCATIONAL WORKSHOPS AND COMMUNITY BUILDING TO EMPOWER INDIVIDUALS WHO MENSTRUATE TO LIVE THEIR LIVES TO THE FULLEST. PERIOD.

LEARN MORE



Period History

What year did the first tampon debut?

A. 1931 B. 1936 C. 1891 D. 1899

Family-Friendly/Student-Parents

FIND OUT MORE

Women's Center Scholarships & Awards

FIND OUT MORE

CONTACT US!



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Program Coordinator & Women's
Center Coach
(She/Her)
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Contact me if you're a student-parent!



Jamieca Jones, MSSW, M.A.
Program Coordinator & Women's Center
Coach
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Email: jajone19@louisville.edu
Contact me if you're interested in leadership!

CULTURAL & EQUITY CENTER
120. E. BRANDEIS AVE.
HOURS:
MONDAY - FRIDAY 9AM-5PM

THE OFFICE WILL BE CLOSED DECEMBER 15TH FOR STAFF PROFESSIONAL DEVELOPMENT.

WINTER BREAK - CLOSED DECEMBER 18 - JANUARY 2