Our Campus Dietitian, Executive Chef, and the UofL Dining team work hard to make sure there are healthy, nutrient-dense options available for every lifestyle. If you have questions or concerns, please reach out to us.

This brochure serves as a guide to help identify some of the nutrient dense vegan and vegetarian options that make a balanced meal. Not all vegan and vegetarian options are listed (such as fries or yogurts available at some locations). Some locations- Wendy's and Panda Express- do not provide enough options to pair and create a balanced, nutrient dense meal, but still have vegan and vegetarian options available. Menu items are subject to change.

ABOUT THIS GUIDE

The MARKETPLACE
Student Activities Center - 1st Floor

VEGAN & VEGETARIAN OPTIONS

Vegan/Vegetarian options available in most rotations. Ask the cook about the current vegan and vegetarian options.

DAILY MENU
Visit louisville.edu/dining for daily menus.

THE VILLE GRILL

VEGAN & VEGETARIAN OPTIONS

CHECK OUT OUR FRESH MADE-TO-ORDER VEGAN STATION, HEIRLOOM.

The Ville Grill is your one stop shop for a variety of options that fit your needs and preferences. A variety of legumes, nuts, seeds, and spreads are offered at the salad bar to complement entrees and sides with protein. Check out rotating vegan protein options at each station. Ask a Manager or Chef about which dressing options are Vegan.

DAILY MENU
Visit louisville.edu/dining for daily menus.

FOR MORE INFO & COMPLETE MENUS, VISIT:
LOUISVILLE.EDU/DINING

CONNECT WITH US!
@uofldining
**Legend**

- Meal Swipe Combo
- Vegetarian
- Vegan

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**EIFFEL PIZZA**
Student Activities Center - 1st Floor
- Vegetarian Pizza
- Cheese Pizza

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**CHICK FIL A**
Student Activities Center - 1st Floor
- Buttered Biscuit
- Egg Biscuit
- Side Salad
- Yogurt Parfait

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**LEGEND**

This guide was created by our Registered Dietitian and is meant to be a quick, easy way to find the vegan & vegetarian options at our dining locations. If you need additional assistance, please contact our Registered Dietitian at: bit.ly/ULdietitian_booking

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**STARBUCKS**
S.A.C. East, Ekstrom Library, H.S.C. Campus Bookstore
- Chickpea Protein Box
- Whole Grain Oatmeal
- Blueberry Scone

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**PANDA EXPRESS**
Student Activities Center - 1st Floor
- Vegetable Spring Rolls*
- Fried Rice
- Cream Cheese Rangoon
- Steamed White Rice
- Super Greens
- Fortune Cookie
- Eggplant Tofu

*Teriyaki, Sweet & Sour, Chili Sauce, Hot Mustard Sauce, Plum Sauce and Soy Sauce are vegan.

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**SCHEDULE YOUR APPOINTMENT**

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**DUTHIE DASH | GRAB & GO**
Duthie Center for Engineering

**LOUIE’S CORNER | GRAB & GO**
Student Activities Center - 1st Floor

**P.O.D. | GRAB & GO**
Academic Building, Davidson Hall, University Tower Apts.

**SUBWAY**
Davidson Hall
- Veggie Patty
- Veggie Delight Salad

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**EINSTEIN BROS. BAGELS**
Bingham Humanities Building
- Fruit Cup
- Avocado Toast
- Veggie Cup
- Yogurt Parfait
- Caesar Salad

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**LUEBERRY**
Student Recreation Center
- All Bowls
- Nutella Toast
- Veggie Wrap
- Parmesan Dip
- Pesto
- Green Goddess Dressing

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**WENDY’S**
Student Activities Center - 1st Floor
- Cold Brew or Hot Coffee
- Plain Baked Potato
- Seasonal Fruit
- Fries
- Seasoned Potatoes

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**PANDA EXPRESS**
Student Activities Center - 1st Floor
- Vegetable Spring Rolls*
- Fried Rice
- Cream Cheese Rangoon
- Steamed White Rice
- Super Greens
- Fortune Cookie
- Eggplant Tofu

*Teriyaki, Sweet & Sour, Chili Sauce, Hot Mustard Sauce, Plum Sauce and Soy Sauce are vegan.

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**ZEN SUSHI**
The Marketplace
- Vegetable Maki
- Milk Bubble Tea

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**SUBWAY**
Davidson Hall
- Veggie Patty
- Veggie Delight Salad

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**Pro Tip:** Ketchup, mustard, barbecue, polynesian, sweet and spicy sriracha, balsamic vinaigrette, chili lime vinaigrette, and light Italian dressing are vegan.

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**Plain, cinnamon raisin, and everything bagels are vegan.**

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**Non-dairy beverages (Oat Milk, Soy Milk, Almond Milk, and Coconut Milk), Espresso, Americano, and Coffee are vegan.**

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**Avocado spread and Justin’s Hazelnut Butter/Classic Almond Butter are vegan.**

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**Plain, cinnamon raisin, and everything bagels are vegan.**

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**Italian, Spinach Wrap, Tomato Wrap, Flatbread, and Multigrain are vegan.**

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**Italian Herb & Cheese is vegetarian.**

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**Any item with “basic sauce” contain chicken fat and chicken broth.**

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**Sweet & sour sauce, barbecue sauce, and ketchup are vegan.**

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