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Upcoming SEC and ACC Career Meeting

The SEC and the ACC are coming to UofL! No, not for a game, for career services. This summer, the Career Development Center will host all of the SEC and ACC career services directors on campus for their annual summer professional development meeting. This distinguished group of career professionals will spend two days in July at the UClub sharing current trends and best practices in career services. An effort will be made to create innovative ideas on how to improve career services for students and alumni, how to further



integrate the work of career services into the campus culture, and how to attract and sell employers on the potential of new grads. Tradition for the group says that the host school will include local top employers in the meeting to present and share ideas from their perspective. This year they will spend time with representatives from UPS, GE, Ford and Humana.

Housing Program Wins National Award

The Cardinal Chapter of the National Residence Hall Honorary (NRHH) met one of their big goals for the year when they won a National Award for

an Of the Month (OTM) submitted in March. OTMs are submitted monthly by members of the campus community as a way to recognize the outstanding work being done both in and out of the Residence Halls.

OTMs are voted on each month by members of NRHH, and are then submitted for Regional and National recognition.

The winner of the fourth National OTM in UofL history was Jenny Falcone's submission for "Residential Community of the Month: 7th Heaven of Unitas Tower." In

Jenny's submission, she highlighted the outstanding work and activities done by the residents of the seventh floor of the tower. These activities included snow day workouts in the lobby, painting a floor mural together, study sessions, and numerous other activities that have led

the residents of the floor to become true friends creating genuine, lasting college memories together. Congratulations to Jenny Falcone, the seventh floor of Unitas Tower, NRHH, and the university on this spectacular achievement!



Thank You to Staff for Working Snow Days

Now that spring is finally here and we have survived a brutal winter, we want to acknowledge those Student Affairs staff members who worked on days when the university was closed due to snow and ice. Their hard work and dedication helped keep the Student Activities and Student Recreation Centers open and functioning so that students had access to food service and activities while the campus was closed. Therefore, we would like to thank the following staff members for their efforts: Albert Burton, David Shaw, Kenny Quisenberry, Tim Moore, Dale Ramsay, David Hatfield, Debby Woodall, John Smith, Justin Peterson, David Rice, Ryan Ramsay, Tad Porter, Joe Gamsky, Frank Nuxoll, and Greg Johnson.



Woodall, John Smith, Justin Peterson, David Rice, Ryan Ramsay, Tad Porter, Joe Gamsky, Frank Nuxoll, and Greg Johnson.

Dr. Mardis Published in Professional Development Journal

Dr. Michael Mardis, Dean of Students, co-authored an article with Dana J. Sullivan, Eli Karam, Amy Cappicce, and Christian Gamm titled "Student Care Teams in Higher Education: A Role for Social Work Faculty." The article was published in the April 2014



issue of The International Journal of Continuing Social Work Education. The journal is a refereed journal concerned with publishing scholarly and relevant articles on continuing education, development, and training in the field of social welfare.

The article focused on the role social work faculty can play in bringing their expertise to Student Care Teams, partnering with their student affairs



colleagues to develop ways to be proactive in reducing the likelihood of incidents on their campus, and responding to threatening situations. The article highlights the benefits of student affairs practitioners and scholars working together to create a model team design to help guide those with the difficult responsibilities of leading the team.

Dr. Kathy Pendleton Receives Award

Dr. Kathy Pendleton received the award for 2014 Outstanding Graduate Alumnus of Eastern Illinois University from Dr. Mahyar Isadi, Dean of the Lumpkin College of Business and Applied Sciences.



DRC Hosts Second Annual iCount Event

The Disability Resource Center celebrated the second annual iCOUNT event at the Red Barn on April 9. Attendees gathered to discuss disability awareness and learn about some landmarks in the history of the disability movement. A highlight of the event was the opportunity for participants to consider and display their various "identities" in our photo booth and have their photo tweeted by @UofLDRC.



Intramural Sports Clubs on the Rise

The opening of the Student Recreation Center has provided the Intramurals' sports club program with a significant boost in both the number of clubs and participation. The new center afforded the opportunity to provide something previously not available: a permanent venue the clubs could call "home."

The sports club program provides opportunities for students of all different skill and dedication levels to participate in their chosen sport. With 21 currently active clubs and several more coming in the near future, there is a wide variety of different sports for all members of the university community.

The clubs range from competitive to instructional and continue to achieve at consistently high levels. For example:

- In its second year of existence, the Baseball Club posted an 8-7 record including two



impressive wins against Ohio State (which was nationally ranked and about to enter postseason play).

- The Men's Rugby Club counted among its successes victories over Western Kentucky and Kentucky, the latter allowing them to retain the Henry Clay Cup.
- Next fall will feature a match at Notre Dame coincide with the football team's trip to South Bend in November.
- Ice Hockey completed a full 36-game schedule, including wins over Kentucky, Cincinnati, and Xavier.
- The Tae Kwon Do club held its bi-yearly promotional testing, and now counts 10 black belts amongst its highly decorated array of instructors.
- The Fencing Club can trace its roots back over 60 years.
- The Badminton Club has been meeting on Friday nights since the mid-1970s.



This is truly an exciting time for the sports club program. With new additions to this year's roster, and several more potential clubs expressing interest for the near future, Intramural Sports and Recreation is looking to provide competitive and instructional opportunities for

more students than ever before. If you know of any students looking for a club, or even interested in starting a new group, please contact David Rice at 852-6707.

SRC Summer Operations, Fitness Training and Classes

The Intramural Sports Department is looking forward to the first summer in their state-of-the-art facility! Since the opening of the Student Recreation Center (SRC) in October of last year, they have experienced a steep rise in facility use—both in the number and variety of patrons. The SRC will be operating under a slightly shortened schedule for the summer. However, due to the vast influx of patrons using the facility, summer hours will be longer than in years past! Since the summer is



not the traditional "peak" time for fitness facility use, it may be the best time for someone who has been considering starting a workout program to make the plunge.

Summer Hours in the SRC:

Mon–Thur	6:30a –10:00p
Fri	6:30a –10:00p
Sat	11:00a –5:00p
Sun	1:00p –7:00p

CLOSED: Friday, July 4 (Independence Day)

Personal Fitness Training

The Intramural & Recreational Sports Department will begin offering personal training services this summer for students, faculty, staff and alumni members of the SRC (Student Recreation Center) and eventually the HSC (Health

Sciences Campus). Several fitness staff members are preparing for their personal training certification including instruction by the National Exercise Trainers Association (NETA). NETA's Personal Trainer Certification is accredited by NCCA—the "gold standard" in the fitness industry. Our nationally certified personal trainers will be committed to providing a comprehensive exercise program tailored to meet the individual needs and fitness goals of each client.



The department will offer one-on-one and small group (2-3 people) training. One-on-one training rates are as follows: 3 sessions for \$60, 5 sessions for \$95, and 10 sessions for \$190. Small group rates are charged individually (all parties must pay separately) and are as follows: 3 sessions for \$36/person, 5 sessions for \$60/person and 10 sessions for \$120/person. The



personal training package will include a free consultation as well as pre and post-assessment. All sessions will be one hour in length. Packages will be valid for one year from the

date of purchase. For more information, contact Debby Woodall or Joe Gamsky at 852-6707.

Summer Group Fitness Classes

Summer group fitness classes began the week of May 12 at the Student Recreation Center (SRC) and on the Health Sciences Campus (HSC). Classes are free for students at both locations. Faculty and staff must be members at the SRC to

Vibrations

gain access to the free (no additional charge) classes there. Faculty and staff taking classes at the HSC must pay a \$30 registration fee for the summer session. Class times and formats vary at each location and are posted on the Intramural & Recreational Sports website at: <http://louisville.edu/intramurals/fitness>.

The class schedule is much lighter in the summer than the fall and spring since there are not as many students on campus, and faculty and staff exercise more outside as the weather permits. Check the website often as the schedule may change due to class schedules, vacationing instructors, and class attendance. Watch for a variety of new classes this fall. Currently the SRC is discussing opportunities with students certified in Belly Dancing, Barre fitness and Boot Camp. Feel free to contact the Intramural & Recreational Sports Department if there is a class format or time you would like to see offered and they will try to accommodate your request. They welcome and value your feedback for the program. Please contact the Intramural & Recreational Sports Department at 852-6707 for additional information or with comments.

New Video Presentations



Campus Life Orientation Video



TRiO Information Video

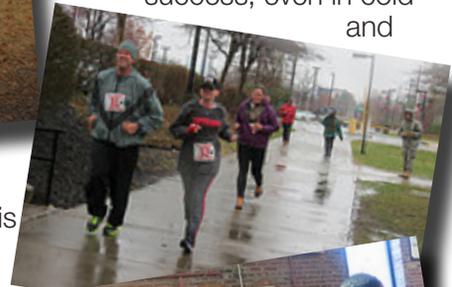
Campus Health Services Info Video



Annual Cardinal Camo Run



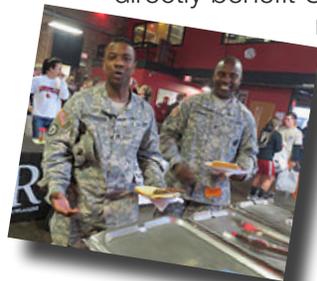
The 1st annual Cardinal Camo Run event was a great success, even in cold and



rainy race conditions. This is a family event consisting of an on campus run/walk and family activities. The Cardinal Camo Run celebrates military and veteran students and their families. All donations



directly benefit University of Louisville military and veteran



students as they pursue their education through the Veteran Services Fund.

<https://www.flickr.com/photos/studentaffairs/sets/72157643405972004/#>

DRC Hosts Spring Cookout

The Disability Resource Center hosted its spring semester cookout on April 2. Many thanks to George Howe for providing the grills and delicious burgers, hotdogs, corn and potatoes.



Numerous side dishes rounded out the menu enjoyed by DRC staff and students, Student Affairs staff, and numerous faculty and campus allies.

Parent and Student Housing Guide

The 2014 Parent and Student Housing Guide is now available on line. This year we combined the Parent Guide and the Student Housing Guide. The Parent Guide includes information on campus resources, Cardinal traditions, and Student Life. Hard copies of the Parent and Student Housing Guide were mailed to all incoming freshman households before the start of Freshman Orientation and will be available this fall on Move-In Day and during Welcome Week. The guide can also be accessed online at <http://louisville.edu/studentaffairs/families>



Parents Association Parent/Family Orientation Photo Booth

Freshman Orientation 2014 has begun. This year, the Parents Association will debut a new engagement opportunity for families that attend orientation. We will offer a parent/student photo booth to allow families to get a high quality photo that captures the exciting first step in their students' UofL college career. We will upload these photos to a Flickr site for families to access and share them on the UofL Parents Association Facebook page as well. Eventually families will be able to look back at this photo and cherish the moment when it all began at UofL. See more pictures at <https://flic.kr/s/aHsjXPemx1>.



Legacy Brick Installation

A total of 154 legacy bricks have been installed in the west plaza near the Student Activities Center. The West Plaza Legacy Brick program continues to be an excellent way for the UofL community



(alumni, families, staff, and fans) to leave a lasting personal legacy on the UofL campus. To be a part of the lasting

program and etch your legacy in stone, visit: www.bit.ly/Legacybrick.

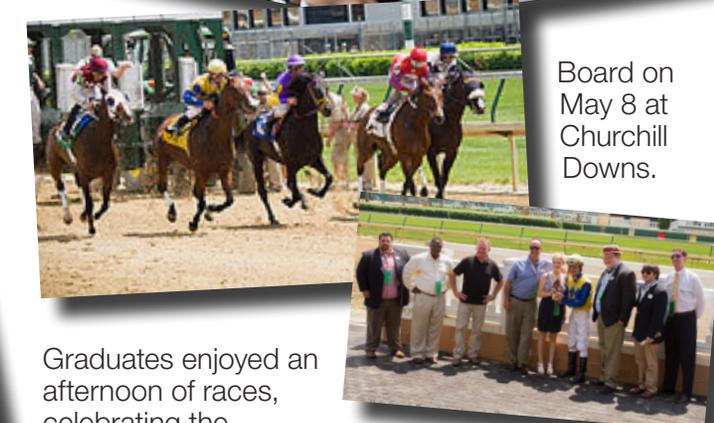
Student Awards



View more photos at <https://flic.kr/s/aHsjXuSwAQ>.

Seniors Day at the Downs

Almost 700 graduates joined family and friends for "Graduate Day at the Downs" hosted by Student Affairs, the Alumni Association, Student Government Association and the Student Activities



Board on May 8 at Churchill Downs.

Graduates enjoyed an afternoon of races, celebrating the achievement of graduation from the University of Louisville. View more photos at <https://flic.kr/s/aHsjXVxTxo>.



Two ways you can help Student Affairs!

Vibrations

Crawfish Boil



View more photos at <https://flic.kr/s/aHsjXhMBu4>.

Sigma Chi 80's Week



View more photos at <https://flic.kr/s/aHsjUUrCcV>

Dr. Cuyjet Retires

Retirement receptions were held at the recent ACPA and NASPA



conferences where old friends and



colleagues came together to wish Dr. Cuyjet well in his upcoming retirement. View more photos at <https://flic.kr/s/aHsjWcJiRT>. Watch the video at <http://youtu.be/ChsBZdjuVK0> (NASPA) or <http://youtu.be/PxqAtvzU72Y> (ACPA).

Buzzard Rock String Band Album Debut at the Red Barn

The Red Barn and the RBAA (Red Barn Alumni Association) hosted the "Nobody Special" CD Release Party of the Buzzard Rock String Band on Sunday, April 27. The CD "Nobody Special" was



recorded in 2012 by the Buzzard Rock String Band at the recording studio located in the home

Vibrations



of Vince Gill in Franklin, TN. Vince Gill is included on this CD. The Buzzard



Rock String Band was formed in 1977. Harry Bickel and Harry Sparks are two of the members of the Buzzard Rock String Band

who have been friends of Vince Gill dating back to 1973 when Vince Gill joined the Bluegrass Alliance in Louisville. Delayed by traffic on I-65 for hours, Vince was unable to join in the party.

However, the party was very successful and was attended by 100 loyal fans of this band. We sold \$500 worth of CD's and placed \$200 into 5 scholarship and program endowments related to the RBAA to benefit UofL students. A good time was had by all.



It should be noted that Harry Sparks was instrumental in saving and renovating the Red Barn in 1978 along with the late David Lee who were the Assistant Director

and Director of Facilities

Management respectively (now Planning Design and Construction) at UofL. It was quite fitting for

the Red Barn and the RBAA to host this special event because both Harry Bickel and Harry Sparks have totally supported the Red Barn almost from the time it was established in 1969.



2014 International Service Learning Trips

ISLP Trinidad & Tobago Trip



View more photos at <https://flic.kr/s/aHsjX7rk3X>.

ISLP Botswana Trip



View more photos at <https://flic.kr/s/aHsjYosWSe>.

ISLP Croatia Trip



View more photos at <https://flic.kr/s/aHsjYzZGfE>.

Susie to the Rescue

Do you have pictures that don't turn out right on the web? Maybe you need a little help with graphic design? Well, Susie Cucura is here to help you. Here are some of the things she can help with: web graphics, branding, graphic design, brochures, bookmarks, posters, yard signs, banners, photo resizing for web use, printing, and anything related to publications and marketing. If you have something with which you would like Susie's help, just send her an email: susie.cucura@louisville.edu.



Summer Academy 2014



Mark your calendars for July 10 as the Carni'Ville' will be coming to town! The Professional Development Committee is hard at work planning another terrific Summer Academy for Student Affairs staff to enjoy. As always we will have engaging and motivating

speakers, free massages, awesome food, and a return of team trivia! The PDC looks forward to seeing you at the Carni'Ville'!

Meet the New RSA Eboard

Samantha Stephenson
President



Zach Dugan
Vice President

Marissa Doerger
Director of Campus Outreach



Maria Kues
National Communication Coordinator

Elizabeth Spenlau
National Residence Hall Honorary President



Lauren Greenwell
Director of Promotions

Jon Stinson
Director of Finance



Meet the New Staff in the Counseling Center

Geetanjali Gulati
Licensed Clinical Psychologist



Geeta received a Master's degree in Psychology from the University of Delhi, while living in her native country of India. Geeta then came to the United States to complete her doctoral work in Clinical Psychology. She received her Doctoral Degree from Spalding University in 2000 and has since been working at Seven Counties Services in various capacities including crisis intervention counselor, therapist, and supervisor for doctoral psychology students. Geeta specializes in working with substance abuse, brain injury, personality disorders, and Post Traumatic Stress Disorder. She uses a combination of Motivational Interviewing and Cognitive Behavioral Therapy in her work. She speaks Hindi, Punjabi, and Urdu in addition to English.

Christopher Dresing
Clerk Senior, Counseling Center



Christopher joined the Counseling Center family in March. Prior to coming to UofL, Christopher was an HIV Prevention Specialist and Prevention Case Manager working within the community and with

newly diagnosed HIV Positive individuals. His passion is deeply rooted in giving people the knowledge and tools to help them create a better wellbeing for themselves. He is

currently pursuing a degree path in Psychology with hopes of one day working with organizations that have the ability to better the lives of many while never losing sight of the impact that can be made by helping one individual at a time.

Person of Interest

Colleen Gettys is the Program Coordinator for students with ADHD and Learning Disabilities at the Disability Resource Center (DRC). She primarily works with students to determine what sorts of accommodations they need to have access to their courses, and helps put those accommodations in place. She works with others within the university community to make the university a more inclusive place through awareness and universal design. In

addition, Colleen is active within the state professional association, KY AHEAD, and is currently finishing up her year as President of the organization.

The College Student Personnel program brought Colleen to UofL in fall 2009. During her first year in the program she was a Graduate Peer Counselor in the Student Financial Aid Office. The summer before her second year she did an internship at the DRC, and followed that up by transitioning to the graduate assistantship in the DRC during her second year of the program. Within a couple months of taking on that role, her current position opened up, and she successfully applied for it. "I've been learning and growing within this position for the past 3 and a half years,"

Colleen states.

Originally from Northern Kentucky (Erlanger), Colleen graduated with a bachelors degree in Psychology from Northern Kentucky University. As an undergraduate, she was a teaching assistant for an honors seminar class and then served as a peer academic advisor for underclassmen honors students. It is through those experiences that Colleen developed an interest in working in student affairs.

"My primary aspiration dovetails with my professional aspiration—to do some good in the world," Colleen says, "I have found that there is ample opportunity to do good and make a difference right here at UofL." She hopes to continue to grow and develop as a student affairs practitioner at UofL and recently took part in the Provost's Staff Leadership Academy. Her secondary, more personal aspiration is to see as much of the world as possible. She enjoys travel, and is looking forward to visiting San Francisco for the first time this summer.

Colleen enjoys home improvement, and recently renovated her kitchen. She also plays on a trivia team at restaurants across Louisville two nights per week. "I'm the weak link on the team, but when we all put our heads together, we're quite good." A proud "dog-mom," Colleen got her first dog, Pepper, a border collie/dachshund/mutt, about a year ago. Colleen enjoys just hanging out with her. Pepper enjoys running with her "mom" as she bikes twice a day.

new and fresh ideas to make it interesting."

Colleen Gettys, Disability Resource Center
"High five to Colleen for successfully completing the inaugural Provost's Staff Leadership Academy!!!"



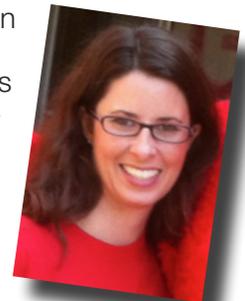
Courtney Tipton, Housing and Residence Life

"Courtney has been an amazing teammate to have within Housing and Residence life this semester. She has done a phenomenal job in building upon our new employee orientation manual and has rocked the development of the acuho-i summer intern cohort. I am thankful to have her as a colleague and these lasting impacts!"



Dr. Katie Partin, First Year Initiatives

"Katie went above and beyond in helping the Student Awards program. She took several hours to edit a long script used for the annual program. It is a tedious and detail oriented job and she really helped us out in getting ready for this big event. Thanks a bunch, Katie!"



High Fives

Karen Zody, Intramural Sports

"Karen puts in a lot of work to make the Classified Staff retreat happen every year. She comes with



Submit your High Five recommendations here:
<https://louisville.edu/studentaffairs/staff/department/staff/staffmain/form/student-affairs-high-five/>

Did You Know?

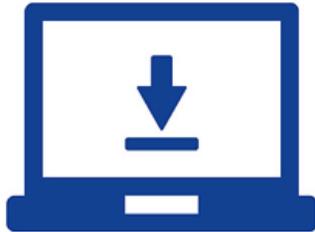
Student Affairs has an account with Survey Monkey that includes unlimited surveys and questions, access to templates, surveys and

survey results are printable in a PDF version, and numerous customizable features. You can use this service by contacting the Vice President's office at 852-6933.



Run Your Updates!

If you are using your computer and get an update notification from a program that you know you have installed such as Java, Adobe Flash or Reader it is a really good idea to perform the update. These notices will generally pop-up or flash within the system tray on the bottom right of the screen. In the same vein, when your computer tells you that it needs to restart in order to finish the update process you really do want to let that go ahead and not put it off. All of this is being done to improve the security of the software that you have installed, protecting your data and all of the data that you have access to at the University. If you are unsure about the legitimacy of a particular update, please contact either David Horrar (852-2938) or Jacqueline Smith (854-3733) before click on anything.

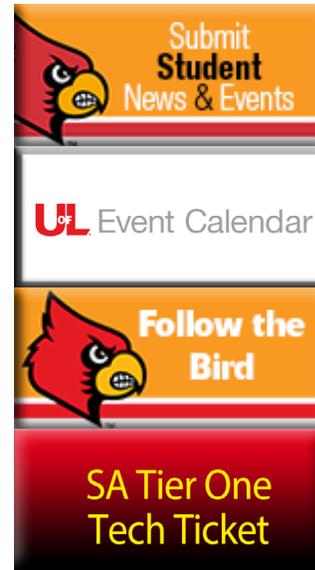


Reference Corner

Here are are four websites to keep handy. Click on the buttons here and then bookmark them on your web browser.

When you have events you want students to attend, be sure to submit them to be placed in the Student News, Student News and Events weekly email, Digital TVs and UofL Event Calendar. Just click on the appropriate button on the right and follow the directions.

The Follow the Bird button will take you to the Student News and Events Facebook page. Feel free to "like" our page.



Mark Your Calendar

- | | |
|---------|---|
| 7/10 | Summer Academy |
| 7/11 | Red Barn Concert |
| 7/14-18 | Don Gehring Academy |
| 8/14 | Submission deadline for first student email (<i>which goes out on 8/16</i>) |
| 8/20 | Move-in Day |
| 8/25 | First day of fall classes |



Special Thanks

The following people helped produce this issue of Vibrations by gathering information, writing, taking photographs, proofreading, submitting articles and/or submitting photos. Special thanks go to: Pam Curtis, Sarah Deitz, Tom Fougrousse, Colleen Gettys, Dr. Glenn Gittings, Shirley Hardy, Ashley Hazen, David Horrar, Dr. Tom Jackson, Jr., Jeremy Johnson, Dr. Michael Mardis, Michelle Massey, Laura Mercer, Frank Mianzo, Tim Moore, Julie Onnembo, Cathy Patus, Dr. Kathy Pendleton, LeeAnn Riffle, John Smith, Shannon Staten, JT Stinnett, Rebekah Tillotson, Beverly Wolford and all of those who helped produce this issue of Vibrations for your contributions to this newsletter.

The Student Affairs Vibrations newsletter is edited by Susie Cucura, Student Affairs Publications and Marketing Coordinator, susie.cucura@louisville.edu.



The University of Louisville is an equal opportunity institution.