Suicide Prevention Grant Awarded to UofL

In September 2014, a campus-wide group of concerned faculty, staff, and students came together under the direction of Student Affairs staff members Geri Morgan (Dean of Students office), Sarah Deitz (formerly of Campus Housing and now with Human Resources), and Bryan Shelangoski (Campus Housing) to coordinate efforts toward the submission of a suicide prevention grant. In July 2015, University of Louisville was notified that we are one of 22 recipients nationwide of the Garrett Lee Smith Campus Suicide Prevention Grant through the Substance Abuse and Mental Health Services Administration (SAMHSA). The $297,499 three-year award will allow UofL to implement Cards SPEAK (Suicide Prevention, Education, Awareness, and Knowledge), a new initiative by departments across all three UofL campuses that directly addresses the critical need to develop a comprehensive suicide prevention education program. Through coordination of campus efforts, Cards SPEAK will (1) deliver training and awareness campaigns to students and faculty/staff with data collection in order to evaluate effectiveness; (2) focus on creating campus-specific suicide prevention trainings to the at-risk populations of LGBT students and military and veteran students; (3) promote families' understanding of and response to their students’ signs of distress; and (4) enhance campus and community partnerships in the effort of responding to students’ mental health needs; and (5) develop a sustainable infrastructure to support coordinated campus-wide efforts that emphasize students’ strong mental health.

The project will supplement the established efforts of our Campus Health Service’s participation in the National College Depression Partnership (NCDP), which emphasizes the benchmarking of healthcare quality through ongoing measurement of outcomes with validated depression severity measures. The goals and objectives of the Cards SPEAK project focus on primarily utilizing the evidence-based Kognito training modules with students and faculty/staff but also building upon training which already exists through campus or community providers, including QPR, Mental Health First Aid, and the Koru Mindfulness model. The goal is to educate at minimum 2,000 campus community members annually.

A program manager will be hired and will work under the direction of the Dean of Students office in conjunction with Campus Health Services, the Counseling Center, and Campus Housing among other campus and community offices. Stay tuned for more information regarding this important student mental health initiative. For more information, contact Geri Morgan, Student Care Manager, at 852-5787 or geri.morgan@louisville.edu.
TRIO Grant Funded for Additional Five Years

The University of Louisville’s TRIO Student Support Services grant was refunded for an additional five years. The 1.1 million dollar grant provides assistance to low-income, first-generation college students and students with disabilities. The program’s mission is to increase retention and graduation rates by offering academic, financial, and personal support. The grant was written by Nadine Petty in collaboration with Kathy Pendleton and former REACH Director, Cathy Leist who contributed a page of information of the services to be provided to TRIO students by REACH. The TRIO Student Support Services grant earned 101 out of a possible 106 points available to be awarded. The new grant took effect on September 1, 2015 and continues through August 31, 2020.

The 2010–2015 grant cycle consisted of goals of 75% fall-fall persistence, 80% academic good standing rate, and a 55% 6-year graduation rate. These goals were met via intrusive advising, workshops and seminars based on academic and personal enrichment, and student advocacy. Services for the upcoming grant cycle will remain the same as the current cycle with the addition of a newly defined focus on recruiting and serving students who are veterans. This service will be provided in part through collaboration with the Office of Military and Veteran Services.

New grant services also will focus on “difference education,” i.e. workshops and seminars will be facilitated by successful students whose social and demographic backgrounds are similar to those of TRIO SSS students. These successful students will discuss how their “differences” influence their college experiences and the strategies they use to combat challenges brought on by said “differences.”

Congratulations to Nadine and her staff Jeremy Johnson, Keeley Copridge, and Brenda Powell for the great job they did last year meeting their student goals; that played a large part in the grant being refunded.

Dr. Tyler Receives Minority Access Role Model Award

September 25-27, Dr. Aesha Tyler was in Baltimore, Maryland to receive the prestigious Minority Access Role Model Award. The presentation occurred at the National Role Models Award Gala. Role Model Awards are not competitive since the Awardees are not selected at the expense of others who must lose nor are the awards presented for self-adulation. The aim is to identify inspirational Role Models in various categories to inspire others to emulate them, and thereby increase the pool of scholars and professionals who will find cures for illnesses or solve technological problems or address social disparities in society. Dr. Mordean Taylor-Archer nominated Dr. Tyler for the award. Congratulations Dr. Tyler!

2015 Engage Lead Serve Board Retreat

The ELSB recently held their annual summer planning retreat to develop their goals for the year and build their team. Through various experiential learning opportunities, like low ropes, they got to know each other really well and got ready to have another highly productive year.

The Engage Lead Serve Board was established at UofL in May 2010 and is an arm of the Student Government Association responsible for planning and promoting community engagement opportunities for students. Their mission is to enhance the education of students by providing structured experiential and developmental opportunities that encourage community engagement, model good leadership, and allow active service. They offer opportunities for students to engage in service weekly, monthly, once a semester, and once a year. ELSB is the top campus service organization at UofL. Find out more about them and how students can get involved at http://www.uoflelsb.org.

UofL Counseling Center Moved

The Counseling Center has relocated to Cardinal Station! This move provides several enhancements to help in better serving our students. A new conference/group therapy room, new assessment space, a gender-neutral restroom, and a private waiting room are just a few of the things students can look forward to in the new space. Students will also benefit, again, from having Campus Health/Psychiatric Services and Counseling located in the same building, as well as Cardinal Station’s free parking.
and convenient location along the 94 Shuttle route. The new address is 215 Central Avenue, Suite 201 (2nd floor), and the phone number is staying the same—852-6585. The Counseling Center’s Director, Dr. Aesha L. Tyler, and the entire Center staff are grateful for the support of former Provost Dr. Shirley Willhnganz, Interim Provost Dr. Neville Pinto, and Vice Provost for Student Affairs, Dr. Michael Mardis. They are also thankful for the countless members of the Division of Student Affairs who have provided support and encouragement, and are all looking forward to this positive transition.

**Cards Career Navigator 2.0**

The Cards Career Navigator program, the Career Development Center’s effort to assist in first years’ career planning and exploration, has had a makeover. New for this year, the Career Development Center (CDC) is working in collaboration with Arts and Sciences Academic Advising to host workshops geared for the purpose of students identifying intended majors at the University of Louisville and career options of interest to them. The partnership with A&S Academic Advising has made it possible for the Cards Career Navigator workshop to be a required assignment for the students enrolled in a section of Gen 101.

**Cardinal Game Night Fun**

Approximately 150 students attended the first-ever Cardinal Game Night that was held on Tuesday, September 1 in the Student Recreation Center. The night featured a wide variety of walk-up games and contests including the tire flip and Farmer’s Walk from strong man and Crossfit games. There was also an indoor putting course running through the building courtesy of our friends from the Student Activities Board. Participants were able to test their skills at the hockey hot shot, clear the goal soccer shootout, quarterback challenge, 2 person hoops hotshot challenge, long drive and closest to the pin golf challenges, and a whiffle ball home run derby. In addition, our popular “Max Night” challenges were going on in the weight room that night with bench press and deadlift max-outs. Hopefully some students were helped with their tuition by rolling dice. 50 Students had a chance to win $5,000 if they spelled out C-A-R-D-S! The cool thing about the night was that there was no registration needed for any of these events. Students could just walk up and try them out. The night was designed to be unique and give students a fun, carnival type of atmosphere and 500 Insomnia Cookies were given out! A big shout-out to John Smith, friends in Housing, and the SAB for their help with the event!

**Family Weekend Sold Out!**

Family Weekend participation continues its popularity and growth with more than 1,000 family tickets sold for the Family Weekend football game and more than 400 family members hosted at the pre-game tailgate event! Family Weekend is a Cardinal tradition designed for the entire family that includes various campus events, a pregame meal and tailgating party, cheering on the Cardinal football team, and a Sunday brunch to close out the weekend of festivities. To learn more about the fun event and exciting atmosphere of the 2015 Cardinal Family Weekend details visit: https://louisville.edu/student/familyweekend

**You’ve Got This**

The Career Development Center (CDC) is launching a new visual campaign complete with a new tag line designed to leave students feeling empowered for success: “You’ve got this.” Career planning can often be one of those items that induce stress, anxiety and a lack of confidence about the future. This visual campaign is intentional, as we want students to know that with our help, they’ve “got this!” The CDC would like to thank the Office of Communications and Marketing and Brandy Warren for their guidance in creating and identifying the new campaign.

**Move-in 2015 has Record Number of Volunteers**

Move-in was an anxious but exciting experience not only for Campus Housing but the university community as a whole. Through collaborative efforts with campus and
community partners we ensured a successful move-in. Volunteer support is critical to the program and this year marked a milestone number with 216 volunteers officially registering. Various initiatives both new and modified were implemented by increasing our move-in carts for the Louisville and UTA communities, enhancing our drive-thru service, providing water tumblers to all residents to decrease the use of bottled water, and increasing student staff within the halls to support the removal of recyclables. Partnerships are imperative and key support this year was received from Parent Program, UPS, Parking Services, Chick-fil-A, Insomnia Cookies, Louisville Water, ULPD, WDRB-TV Station, Office of Communication and Marketing, Physical Plant, and the Division of Student Affairs. Special thanks to staff and students who helped with this event!

SOUL Community Service Event Serves 28 Agencies

Painting, composting, gardening, organizing food donations, arranging chew toys for animals, interacting with kids, and organizing emergency kits for homeless LGBT youth in conjunction with the Lost n’ Found Youth Service Project (hosted by the LGBT center) are a few projects that kept hundreds of students busy on Saturday, August 22, as part of UofL’s annual Welcome Week service event entitled: SOUL (Student Outreach Uniting Louisville). SOUL is the university’s largest community service day of the year and provided help to 28 Louisville-area nonprofit organizations. The program began with keynote speaker Brian Buford, the Assistant Provost for Diversity and Director of the LGBT Center at UofL. Afterwards students, faculty and staff departed on buses to the service sites. Some of the largest groups of volunteers went to Kentucky Refugee Ministries, Louisville Nature Center, and St. Joe’s Picnic for the Kids. Brittany Barnes was responsible for this year’s SOUL event. Kudos Brittany!

Bid Day

This year, 331 women were matched in the Sorority Rush. All Panhellenic sororities met their rush member goals. The new average chapter size is now 140.

Coffee and Juice with the Dean

This event was part of Welcome Week and Dr. Mardis was available to meet new students.
Record Numbers Participate in RSO and Involvement Fairs

On Tuesday and Wednesday, August 25 and 26, the Welcome Back RSO Fair and the Involvement Fair succeeded in another year of record numbers in participation and attendance. Co-sponsored by the Student Activities Board (SAB) and the Dean of Students Office, the Recognized Student Organization (RSO) Fair boasted over 130 student organizations and university departments participating in the fair. The student groups spoke to over 1,200 students, hoping to get these students involved and connected to the many opportunities the RSOs have to offer. On Tuesday, the SAB was hard at work on the grills, serving up a spread of hot dogs, hamburgers and veggie burgers to over 900 hungry students. Wednesday the students were greeted by happy smiles from the Student Affairs staff as they served them spaghetti, breadsticks and salad. The weather was wonderful and the cooperation from the students was tremendous. We couldn’t have asked for a better kick-off to the 2015 fall semester.

Involvement Fair

SRC Opens ½ Hour Earlier

The hours of operation are expanding in the SRC. The center has begun opening at 6:00 a.m. rather than 6:30 a.m. With the new housing complexes going in all around the SRC, hopefully more of the expanding population will have a better chance to get in an early workout. Faculty and staff will have the opportunity to do the same thing before their day starts.

Meet Your New PDC Co-Chairs

Your new Co-Chairs for the Professional Development Committee are Mackenzie Adriance and Susie Cucura. They would like for you to join the committee if you are interested—even if you can’t attend meetings or just want to help with one event. They also encourage you to submit ideas for events and learning opportunities. Who would you like to see speak at a PDC event? Just email Mackenzie at mackenzie.adriance@louisville.edu or Susie at susie.cucura@louisville.edu with any questions or interests.

David Horrar Presents at Regional Conference

On June 29, David Horrar had the opportunity to co-present at the HigherEdWeb Alabama conference with Rachel Carden, a web developer for Student Affairs at the University of Alabama. Their topic was, “How to cultivate your own campus web community.” Conference attendees were from 9 states and 20 institutions. Presentation slides are available in the Staff area of the UofL Student Affairs website: http://louisville.edu/studentaffairs/staff/professional-activities/staff-presentations/#horrar

The First Two Weeks

by students Jacob Holtgrewe and Mitchel Johnson

The initial impression for both of us was that the room looked like a normal residential living space in Louisville Hall. After living in the room for the first two weeks of school, it is easy to see there is something different and unique about the living space. We have all the amenities of any student living on campus, but it is presented
in a different way. A major difference we felt very soon was the bamboo flooring. Bamboo is a very renewable material because the plant grows very rapidly. As you walk across the floor, the bamboo clacks and makes itself known. Next we notice the ceiling fan helps circulate the air in the room instead of the traditional method of air conditioning. At first we were skeptical on the ability of the fan to keep the room cool, but it proved to be very effective these past two weeks. Another key feature of the Green Room is the clay wall, which is more effective as insulation and is easily repaired. This form of insulation is better for the environment than the commonly used foam insulation, which is one way the room promotes sustainability. A big bonus of the Green Room is having our own bathroom, with a low flow toilet and shower head. These two low flow items help reduce the amount of water used during everyday life. Our favorite feature of the Green Room is the skylight; it lets in plenty of natural lighting which means during the day we never have to turn on the lights. The natural lighting is perfect when we are focusing on our academics. The most important part of the Green Room, however, is the plaque on door stating the history of the room. It drives the message of sustainability home and reminds us of the philosophy of the Green Room that we plan to spread across the campus at UofL.

SRC Summer Camp

The SRC was home to eight different camps and tournaments, bringing over 2,500 students to campus over the summer. The folks in Intramurals always enjoy these because the vast majority of them are bringing middle school and high school age students to the facility and campus for a very fun occasion. That gives Intramurals the platform to make a great impression on them and hopefully plant the seed in the back of their minds that “this would be a good place for me” when it’s time to make a college decision.

The Complex is No More

The former complex, where Center, Wellness and West Halls were, has begun a million dollar makeover into a new complex, University Pointe, which will house 500 students. Here is a peek at the progress of the new complex.

Did You Know?

The University has launched a new safety program. CardSafe is a program to help protect all members of our campus community. By utilizing these programs and using some common sense, you can greatly reduce your odds of becoming a victim on or near any of our three campuses. CardSafe encompasses the L Trail, CardGuard phone app, UofL Alerts, Campus Escort, Cardinal Safety app, Green Dot, Campus Shuttle and more. You can learn about all of these safety tools by visiting http://louisville.edu/cardsafety

Keep it Simple!

When designing posters, flyers or any print materials, keep in mind that the busier and/or more “wordy” it is, the less likely it is to be read. The key is to make the message as simple and clear as possible. Stick to no more than two type fonts (plus their bold and italic faces as needed). Be consistent with your font usage; make all of the headlines the same font, all of the body text the same and so forth. The simpler it is to read and absorb the information, the better. Too many graphic elements can also clutter the piece, so try to keep all of the graphics the same style so they look planned and not thrown together. The same goes for color. The more consistent the color scheme is throughout the piece the more professional it will look. These are all general guidelines for good design, but there are always exceptions to the rules. Just remember that simplicity is the key to good design.

In the Spotlight

Kathy Meyer is a program coordinator for Student Leadership and Service. She serves as advisor to the Engage Lead Serve Board, Freshmen LEAD, and Task Force Freshmen. In addition, she assists with coordinating Alternative Service Break trips. Kathy is a graduate of UofL twice over. She earned her undergraduate degree in Communication in 1997 and her graduate degree in Educational Administration in 2007.
and her Masters of Education in College Student Personnel in 2004. Prior to earning her graduate degree, she worked at UofL in Ekstrom Library’s Information Literacy Program and the Speed School’s Kentucky Pollution Prevention Center. Then she spent 8 years at Indiana University Southeast as an academic advisor 1 ½ years and 6 ½ years as new student orientation coordinator. But she’s a Cardinal through and through!

Her advice to new Student Affairs professionals is “give serious consideration to positions that might not naturally seem appealing to you, rather they offer opportunities for you to build skills and stretch yourself in areas that are more challenging for you.” Kathy’s first job out of graduate school was an academic advisor position. She had hoped for a position in student activities or orientation, so academic advising seemed less than appealing to her at first. “I was completely wrong! I learned so much from that experience. I feel blessed to have had the opportunity to serve as an academic advisor, because it gave me a better appreciation for the admission process and retention of our students” claims Kathy. When she’s not working, Kathy is typically hanging out with her family. She’s been married to her husband, Larry, for 13 years. They have two children, Gabe (9) and Kelsey (7). “We love spending time together with our dog, Rosie.” Her hobbies have changed considerably since parenthood. In addition to reading for pleasure, she enjoys going to her children’s sporting events and hosting family gatherings. She also enjoys attending UofL sporting events. “Go CARDS!”

RSO Spotlight

The Giving Tree is a volunteer service group that works to spread cheer during the holiday season. Members of The Giving Tree team up with the staff of non-profit organization Family Scholar House and set up an evergreen tree in the Student Activity Center room W310. They then take gift requests from children at Family Scholar House who wouldn’t receive holiday gifts otherwise and place them on tags which are put on the tree. Students, faculty, and friends of UofL are encouraged to sign out a tag, purchase the gift, and return it under the tree. Join them in brightening a child’s holiday season this year and sign out a tag!! Like them on Facebook for updates!! https://www.facebook.com/UofLGivingTree

SAC Facilities Staff Moved

Dave Shaw, Albert Burton and Kenny Quisenberry have moved their offices to the 1st floor on the west side of the SAC, beside the escalators, in the former Intramural offices. David Horrar will also move to the area.

New Location for Cardinal Corner Game Room

The old intramurals space in the Student Activities Center has been renovated into a game room. The Cardinal Corner Game Room was formerly located on the 3rd floor of the SAC. This past week all the equipment was relocated to the East Wing first floor. This facilities space is available for all students. The Cardinal Corner is home to pool tables, ping pong, and a lounge area. The old Cardinal Corner Game Room has been converted into a nice meeting space.

Students Receive Bridge Builders Scholarships

The Bridge Builders Scholarship was established, by the Todd Schmeideler (former SGA president) family, to encourage and reward the development of student leaders that demonstrate a commitment to “caring more about others than they care about themselves.” Two recipients are selected from the applicant pool once a year to receive a one-time, $1,000 scholarship. Recipients must show exceptional character and leadership abilities as well as proven academic skills. They must also demonstrate servant leadership by giving of their lives to serving others. Students eligible for the scholarship must live on campus as a first-year student, have
participated in the Freshmen LEAD Program, maintain a 2.5 or better cumulative GPA, and be enrolled as a full-time student. This year the winners are Raymond White and Troy Sterling. Both of these individuals are excellent examples of the many students that serve our campus community through their leadership and service.

Welcome New Staff

Jessica Gernert
Jessica started at the University of Louisville in the Dean of Students Office on July 27, 2015 as the Student Conduct Coordinator/Title IX Investigator. Jessica received her bachelor’s degree from Western Kentucky University and master’s degree from the University of Kentucky. Jessica has twelve years of higher education professional experience, having worked at Transylvania University and Eastern Kentucky University (EKU). During her time at EKU, she worked in both Campus Recreation, and since 2012, in the Office of Student Rights and Responsibilities as the Judicial Hearing Officer. In her time with the latter, she adjudicated violations of the Student Code of Conduct; coordinated all Student Judicial Committee hearings; coordinated Student Disciplinary Council hearings; trained the student Housing staff, students, faculty and staff on the conduct process; provided education and outreach services; and served on a number of committees. In her role as Student Conduct Coordinator/Title IX Investigator, Jessica will and has already begun to hear conduct cases, use Maxient to input incident reports and ULPD police reports, assist with students in distress while serving on the Student Care Team, and coordinates Bornwasser Emergency Fund requests. We are excited to have Jessica join the Dean of Students Office staff and look forward to working with her!

Alexis Becker
Alexis is the new Program Coordinator for Reservation and Conference Services for the Student Activities Center in the Office of Student Involvement. Alexis has a strong background in event management and comes to us from the Kentucky Science Center where she served as Group Sales and Rental Manager. Alexis received her bachelor’s degree from Georgia Southern University where she majored in public relations with an emphasis on event management. Alexis will be responsible for managing all space reservations for the SAC, Red Barn, and surrounding grounds. She will serve as a primary contact for student organizations, campus departments and off campus groups wishing to use areas in the SAC.

Rosie Shannon
Rosie started here at the UofL on April 6 and serves as an Assistant Director at the Career Development Center serving the School of Arts and Sciences (Humanities and Natural Sciences) and the School of Music. Prior to UofL she worked for 12 years at Indiana University Southeast where she worked in the Career Development Center as an Internship Coordinator for 8 years and a Career Counselor for a little over 1 year. Rosie has been an adjunct faculty member teaching Career Planning courses, and recently completed the National Career Development Association’s Career Development Facilitator (CDF) Training certification. She lives in Indiana (an avid Hoosier Fan) with her husband Steve and twin daughters, Audrey and Claire. She enjoys running, volunteering at church and watching sports.

Olivia Feldkamp
Olivia is the Coordinator for Student Rights and Responsibilities in Housing. She is originally from Louisville and recently graduated from the College Student Personnel Program at the University of Louisville. During this program, she worked as a Graduate Assistant in the Career Development Center. She enjoys volleyball and has two dogs.

Ashley Hopkins
Ashley is serving as the new Program Coordinator for TRIO Student Support Services in Davidson Hall. Most recently, she served as Teacher/Counselor for TRIO Student Support Services under the External Affairs department and Instructor in the Social Sciences department at Glenville State College in West Virginia. She began her TRIO career as an Academic Advisor for Ohio University’s Upward Bound program, housed in the College of Education’s Student Affairs department. Ashley is also earning an Ed.D. in Comparative and International Educational Leadership from Ohio University. She holds a M.Ed. in Cultural Studies also from Ohio University and a B.A. from The Ohio State University. She has previously held teaching and administration positions in K12 schools in Columbus, OH and rural southeastern Ohio.

Erica LaMarche
Erica is the Student Development Specialist for
Laura Mercer

While Laura is not “new” staff, she has a new role as Director of the International Service Learning Program. She has demonstrated her strong commitment to the ISL Program and her superior competence for international travel and all its complexities. Laura will maintain the excellence achieved by this nationally recognized program while developing even stronger relationships amongst all the stakeholders involved. Additionally, we are fortunate to have Laura and ISLP join the Office of Student Involvement team. The ISLP staff will be located in the SAC W310 suite beginning October 1.

Mary Elise Schlich

Mary Elise is the new Department Assistant in the intramural area. She was an undergraduate supervisor for Intramural Sports and took on the new role this year when she started graduate school. Her undergraduate degree was in Justice Administration. She is pursuing a masters’ degree in Sport Administration. She is a member of Pi Beta Phi and is a certified Kentucky high school basketball official. This year marks her 6th year on staff. She has gone from her starting position as a sports official and has progressed from that to a supervisor, facility staff person and now Department Assistant. She graduated from Louisville Sacred Heart Academy.

Kate Bergel

Kate is a Graduate Hall Director. She has just graduated with a Bachelor of Arts in psychology from Oakland University and is very excited to begin the College Student Personnel program. Throughout her time at Oakland University, Kate held many different positions within the Housing Department; including RHA National Communications Coordinator, Human Resources intern and Resident Assistant. Kate is a passionate leader and is looking forward to a career in student affairs! In her spare time, Kate loves horseback riding as well as cuddling up to watch Netflix with a nice cup of tea.

Destin Trochesset

Destin will be graduating from Texas Tech University with a BA in Psychology and a minor in American Sign Language. He currently works as a Senior Community Advisor of an apartment style residence hall. Destin has also completed two ACUHO-I internships. He has been accepted into the Masters of Arts in Higher Education Administration program and will be starting in the fall. Destin comes from a large family and enjoys forming bonds with everyone he meets. He enjoys cooking, spending time with others, and being active both outdoors and at the gym.
Aaron Schultz
Aaron is a Graduate Hall Director. Aaron, now entering the first year of his Joint Master of Public Administration/Master of Urban Planning Degree Program, earned his Bachelor of Arts in Political Science with a minor in Philosophy from the University of Louisville. Aaron is a native of Southgate, Kentucky, and has previously worked with Housing and Residence Life for three years—two as a Resident Assistant in Miller Hall and Threlkeld Hall, and this past year as a Senior Resident Assistant for Miller Hall. Aaron, who enjoys coffee, playing soccer, and exercising in his free time, is excited to have the opportunity to serve residents in his new role.

Makayla Moore
Makayla has been selected as the new Graduate Hall Director of Threlkeld Hall for the 2015–2016 academic school year and is eager to work with her new housing and residence life team! She received her Bachelor’s of Arts degree in Communication from the University of Louisville in December of 2014. Makayla is entering into her first year as a graduate student in the College of Education and Human Development. She will be pursuing a Masters of Education in Counseling and Personnel Services, with a concentration in College Student Personnel.

Stephanie Passow
Stephanie is the Graduate Assistant for Residence Education. She graduated from UofL with her Bachelors of Science in Psychology in May and is pursuing her Master’s in Business Administration this fall. Stephanie has been a part of Housing and Residence Life for the past two years as a Resident Assistant and is very excited to move into her new role within the department. She enjoys watching HGTV, playing soccer, and doing Sudoku puzzles in her spare time.

Hera Chowan
Hera is the Graduate Assistant for Affiliates and Administrative Services. Hera graduated from East Tennessee State University with a B.S. in Public Health and a minor in Emergency Disaster Response Management. She is pursuing a Master’s in Public Health and will follow up with research in epidemiology and biostatistics. Hera hopes to contribute to health and obesity related studies. She is looking forward to working with the affiliate property managers to continue to strengthen the campus housing partnership. Hera is passionate about educating students about the best living options to meet their needs. She is eager to work with UofL’s diverse student population and to become a member of the Cardinal family!

Farewell to Staff
Vince Brown
After 13 years at the UofL Counseling Center, Vincent A. Brown retired on July 31st. During his time at the Counseling Center, Vince served as Counselor Senior, and held the positions of Director and Assistant Director. He spent time as a member of the Student Care Team, and was always willing to provide resources and support to staff and faculty members. Fellow staff members agree that Vince’s easygoing personality, humor, helpful nature, and professionalism (not to mention his witty, perfectly-timed remarks) made him a pleasure to work with. In his leisure time, he and his wife, Cheryl, loved to travel and spend time outdoors, and he would often share pictures and stories of their adventures. Though we will miss him greatly, we are excited for him as he moves on to the next great adventure. Vince has expressed his gratitude for the reception held on his last day at UofL, and described his gifts from the Department as the “cherry on top” of the send-off festivities. He is appreciative of the support he’s gotten from the Counseling Center and Student Affairs over the years, and said he will think of us fondly and often. As for his next chapter, Vince and Cheryl have relocated to the Seattle, WA area to be closer to their grandchildren, and they are enjoying “lazy” days, complete with breakfasts at noon, Netflix, reading, and sightseeing road trips.

Nadine Petty
Her new job will be serving as Director of the Center for Diversity and Enrichment (CDE) at the University of Iowa. This position is key in moving the university’s diversity initiative forward and will allow her to utilize her skillsets to work developmentally with students to improve successes for those with disabilities, ethnic minorities, first generation students, members of the LGBTQ community, veterans, and low-income students. In her new position, she will lead the development, implementation, administration, and activities of the CDE and will supervise TRIO Student Support Services and Upward Bound project directors and other professional staff in addition to directing other retention and success initiatives housed under the CDE. Although she no longer will be working as a TRIO director, she is happy that the new position will allow her to continue her contact with and influence in TRIO.
“Never did I imagine my years at the UofL would be so short. I have enjoyed being a part of Student Affairs and Cardinal culture and accepting a job offer elsewhere was a difficult decision that required days of deliberation,” says Nadine. She is sad to be leaving the UofL, all her wonderful colleagues—many of whom she was just getting to know on a personal level, and the students she has grown fond of. “But I am happy to be embarking on this new journey and for the opportunity to use my skillsets to improve student success for a wider student demographic. I am thankful for the support I have received here at UofL.”

Ashley Hazen
Ashley is the Assistant Director of Residence Education and will have been at UofL for 4 years in October. She will be joining the University of Arizona as the Coordinator of Leadership Development and will be working with the housing team as an advisor to RHA, NRHH, and their university programming board. She will continue to build a leadership program for the university to assist in their 100% engagement mission. She will serve as valuable member of the University of Arizona’s Housing leadership team representing the residential education team. Ashley’s hard work and professionalism was valued by campus housing and she will be greatly missed!

Joe Gamsky
Joe, a Department Assistant in the Fitness area of Intramural Sports and Recreation, has accepted a full time teaching position at South Oldham High School where he is also on the football coaching staff.

Josh Staten
Josh has been the Employer Engagement and Internship Coordinator at the Career Development Center and has been here since August of 2013. He also spent the summers during his time as an undergraduate working as a Facilities Assistant with Housing. Josh finishes graduate school next May with Master’s Degrees in Urban Planning and Public Administration. But there are some opportunities he wants to pursue that will help him prepare for the next stage of his life, post-graduation, which would have been tough to do while still working with the Career Development Center. He also wants to spend his time this fall and spring focusing on possible opportunities after he finishes school.

Christopher Dresing
Christopher was the Clerk Sr. in the Counseling Center and has been there for a year and a half. He moved to Ekstrom Library on September 21 and is the Administrative Assistant within the Dean of Libraries.

Lynn Gold
Lynn has accepted a position at the University of Nevada Las Vegas.

Brett Meadors
Brett has also left UofL for a position at the University of Nevada.

High Fives!

Michael Mardis, VPSA & DOS
Angela Taylor, DOS
Jacqui Smith, Housing
Colleen Gettys, Disability Resource Center
Teresa Smith, VPSA

“Thank you for taking extra time out of your day to help the new Office of Student Involvement staff feel welcome and informed in their first month on campus. You are now a familiar face for them and part of their newly forming network. Thanks for being a great partner!”

Mackenzie Adriance, Career Development Center

“Mackenzie did an outstanding job with Summer Academy. She took on the responsibility for Summer Academy when Jeremy left and was very instrumental in its success. High Five Mackenzie!!”

Susie Cucura, VPSA

Susie deserves a BIG High Five for her ‘above and beyond’ efforts in the editing of our series of SRC Steve videos to be released this fall. Susie was instrumental in editing and finalizing the videos for the Intramural & Recreational Sports Dept. She spent several hours pouring through footage to complete the project. For her hard work, the IM Dept. would like to give Susie a BIG High Five!
Mark Your Calendar

9/26-27  Family Weekend
10/5-6   Fall Break
10/5     Salad Conversation, Student Involvement, SAC W310, 11:30am-1pm
10/16    Lunch & Learn: Social Media, SAC W305, 12-1pm
10/24    Homecoming
10/29    Halloween Potluck Luncheon, SAC W306 (old game room), 11:30am-1pm
11/12    Lunch & Learn: Advising 1st Generation Students, SAC W303A, 12-1pm
11/24    Coffee & Conversation, DRC, Stevenson Hall 8:30-9:30am
12/2     Lunch & Learn: UBM Spotlight SAC W303A, 12-1pm
12/8     Coffee & Conversation, GAPSA, TBD
12/TBD   Leadership Institute and Holiday Party, TBD
1/8      Coffee & Conversation, Housing, Stevenson Hall, 8:30-10am
2/11     Coffee & Conversation, Career, Houchens, 8:30-9:30am
3/21     Coffee & Conversation, Counseling, Cardinal Station, Suite 201, 8:30-10am
4/6      Coffee & Conversation, DOS, SAC-W301 9-10:30am
5/12     Coffee & Conversation, Intramurals, SRC, 9-10am

Reference Corner

Here are four websites to keep handy. Click on the buttons here and then bookmark them on your web browser. When you have events you want students to attend, be sure to submit them to be placed in the Student News and Events weekly e-mail, Digital TVs and UofL Event Calendar. Just click on the appropriate button on the right and follow the directions. The Follow the Bird button will take you to the Student News and Events Facebook page. Feel free to “like” our page.

Special Thanks

The following people helped produce this issue of Vibrations by gathering information, writing, taking photographs, proofreading, submitting articles, and/or submitting photos. Special thanks go to: Mackenzie Adriance, Alexis Becker, Kate Bergel, Vince Brown, Hera Chowan, Allison Comings, Pam Curtis, Christopher Dresing, Heidi Elmer, Olivia Feldkamp, Joe Gamsky, Roxanne Gillenwater, Dr. Glenn Gittings, Brian Hamilton, Shirley Hardy, Ashley Hazen, Jacob Holtgrewe, Ashley Hopkins, David Horrar, Mitchel Johnson, Erica LaMarche, Trey Lewis, Dr. Michael Mardis, Michelle Massey, Christopher Medley, Laura Mercer, Kathy Meyer, Frank Mianzo, Makayla Moore, Julie Onnembo, Stephanie Passow, Nadine Petty, Mary Elise Schlich, Aaron Schultz, Rosie Shannon, John Smith, Josh Staten, Destin Trochesset, Dr. Aesha Tyler, Beverly Wolford, and all of those who helped produce this issue of Vibrations for your contributions to this newsletter. The Student Affairs “Vibrations” newsletter is edited by Susie Cucura, Student Affairs Publications and Marketing Coordinator, susie.cucura@louisville.edu.