



# Student News & Events

University of Louisville

January 8, 2016

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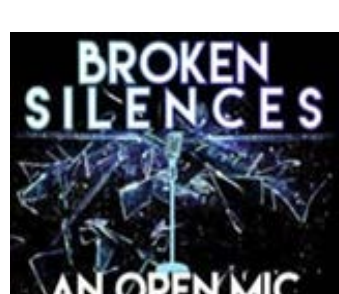
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\*\* Events with this symbol 🍷 are Family Friendly\*\*

## Special Feature



### 1. Broken Silences: An Open Mic

Warm up your Monday night with the LGBT Center and PEACC Center as we present Broken Silences, a powerful open mic experience that voices our existence as resistance! Share your art as a form of activism and use creativity to affirm our identity. Bring your poems, songs, and art to celebrate who you are. No sign up ahead required but any questions can be directed to [lgbt@louisville.edu](mailto:lgbt@louisville.edu). Hot beverages and sweets provided! **1/11/16, 6:00pm, Red Barn** <https://www.facebook.com/LGBTCenterUofL>

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## University News

### 2. University Policies RSOs Need to Know

The University of Louisville hosts over 300 student organizations covering a wide variety of student interests. These groups provide a wonderful opportunity to become involved in campus life and to connect with other students on campus. <http://louisville.edu/studentactivities/about-us/policies>

### 3. Code of Student Conduct

The Dean of Students Office (DOS) meets with students to assess situations of possible non-academic misconduct as described in the Code of Student Conduct. The University's Code of Student Conduct is promulgated to give students general notice of non-academic prohibited conduct. The Code should be read broadly and is not designed to define non-academic misconduct in exhaustive terms. Students are responsible for adhering to the Code of Student Conduct and should familiarize themselves with the Code. In order to protect and preserve a quality educational environment for the campus community, the DOS offers education and support for students struggling with a crisis, concern or behavioral issues. <http://louisville.edu/dos/students/code-of-student-conduct.html>

### 4. Student Handbook

The University of Louisville's Student Handbook informs students of academic matters, opportunities for involvement, and describes programs/services to help improve the quality of each student's educational experience. The Handbook also provides information about the policies governing students during their tenure at the university. These policies express expectations of behavior and protect the rights of the individual. Each student and student group is held responsible for the policies of the university currently in effect or put into effect by the appropriate authorities of the University of Louisville. <http://louisville.edu/dos/students/policies-procedures/student-handbook.html>

### 5. Student Sexual Misconduct Policy

The Student Sexual Misconduct Policy outlines options for a student who believes he/she may have been or currently is a victim of sexual misconduct by a student, university visitor or employee within the university community. <http://louisville.edu/dos/students/student-sexual-misconduct-policy.html>

### 6. Spring Meal Plans

All full-time commuter and on-campus resident meal plans have been activated on your Cardinal Card. You may use your meal plan funds at any on-campus dining location. Meal plan changes (upgrades or changes within the same plan) must be submitted by **Thursday, January 14** using this form: <http://louisville.edu/cardinalcard/meal-plans/meal-plan-form>. Be sure to budget your flex points and meals throughout the semester - all meals and points expire at the end of the spring semester. Contact the Cardinal Card Office at 502-852-7520 or [cardinalcard@louisville.edu](mailto:cardinalcard@louisville.edu) with any questions.

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## Academics

### 7. PLAN: Community Engagement Academy

The Community Engagement Academy is designed to help students learn foundational information about community engagement as well as how to apply this knowledge in research and practice. During the 2016-2017 academic year, the academy is expected to transition to a year-long series of sessions that allow students to additionally participate in community engagement opportunities throughout the Louisville community, highlighting a strong partnership with the Parklands of Floyds Fork. Applications are due **Friday, January 15, 2016**. <http://louisville.edu/graduate/plan/community-engagement-academy>

### 8. MPH Information Session - HSC

Are you interested in learning more about the Master of Public Health (MPH) program? An Information Session will be held on **Tuesday, February 9, 2016** from 12:00 – 1:00 pm in Room 103, School of Public Health, 485 E. Gray Street. Lunch will be provided for those that RSVP by **Friday, February 5, 2016** to [sphismp@louisville.edu](mailto:sphismp@louisville.edu), Room 103, School of Public Health, 485 E. Gray Street, HSC <http://louisville.edu/sphis/academics/mpb-program>

### 9. MPH Information Session-Belknap

Are you interested in learning more about the Master of Public Health (MPH) program? An Information Session will be held on **Tuesday, February 16, 2016** from 12:00 – 1:00 pm in Room W210, Ekstrom Library, Belknap. Lunch will be provided for those that RSVP by **Friday, February 12, 2016** to [sphismp@louisville.edu](mailto:sphismp@louisville.edu) <http://louisville.edu/sphis/academics/mpb-program>

### 10. Visit the University Writing Center this Semester

The University Writing Center serves all UoFL students, faculty, and staff. Our individual consultations provide feedback on writing at any point in the writing process. Visit our website to schedule appointments and browse our writing resources. Ekstrom Library 1st Floor. <http://louisville.edu/writingcenter>

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## Events

### 11. Women Veteran Lunch 'N Learn Workshop Series on January 11

Are you a military veteran? Active duty, Reservist, National Guard? Widow or widower? or part of a military family? You are invited to join the UoFL Women's Center & Athena's Sisters for the Women Veteran Lunch 'N Learn Workshop Series. The topic is "Alternative Healing." Come learn more; take part in the discussion and network with others. Free food and refreshments. **11 a.m.–1 p.m.** Student Activities Center (SAC), W303A. RSVP: [phyllis.webb@louisville.edu](mailto:phyllis.webb@louisville.edu) (852-8976) or [Robin@athenassistes.us](mailto:Robin@athenassistes.us) <http://www.louisville.edu/womenscenter>

### 12. CARDFIT Photo Challenge

Intramural & Rec Sports and the Office of Health Promotion will be hosting a CardFit Scavenger Hunt Photo Challenge in the SRC on **Tuesday, January 12** from 7-9 PM. <http://louisville.edu/intramurals/fitness>

### 13. Study Abroad Spin the Wheel Contest

Enter to win a \$5,000 scholarship to study abroad this summer. See Facebook link for details on how to enter. Winning student will spin the wheel at the SAF on January 27 at 1 pm, Red Barn. <https://www.facebook.com/events/92277837799044> Students are able to enter this contest until 12 pm on **January 25**. 🍷

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## Clubs, Groups & Organizations

### 14. Student Parent Association Meeting

This will be a General Body meeting, taking place on **January 12** at noon in the Women's Center Conference Room. We will discuss last semester's events, and upcoming events, focusing on how we can improve and bring more Students who have children together. Feel free to come late or leave early if necessary, we will wrap the meeting up at one p.m. <http://louisville.edu/womenscenter> 🍷

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## Service & Leadership

### 15. Resident Assistant Leader 2016-2017 Applications

Change lives, Start with Yours! Apply to be a Resident Assistant Leader for 2016-2017 school year. Apply online at <http://louisville.erezlife.com>. Applications are now open and are due **January 15**.

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## Sustainability

### 16. UoFL CarShare Promo Extended! Join by 4/30 for just \$1!

Intramural & Rec Sports has announced an extension through spring 2016 of its special promotion slashing new member costs! Join UoFL CarShare now for just \$1 and you'll be able to access our brand new vehicles whenever you need them for just \$5/hour, 24/7 through **April 30!** Rates include gas, insurance, maintenance & cleaning. Just reserve one of our fuel-efficient cars online, access the vehicle with your membership card, and you'll be off to run errands, visit friends and family, or hit the town. It's that easy. Open to anyone over 18 with valid driver's license. Enter 1TOJOIN in the application promo field at <http://enterprisecarshare.com/louisville>.

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## Health & Fitness

### 17. Group Fitness Classes at SRC & HSC

Group Fitness Classes at the SRC and HSC begin **January 6** through April 22. Classes are FREE for students and SRC members. Faculty/Staff can pay \$40/semester at the HSC Fitness Center. A complete schedule can be found on our website. Some classes are: Boot Camp, Group Cycling, Yoga, Power Pilates, HIIT, Belly Dancing, Zumba, Butts & Guts, TRX Circuit, etc. <http://louisville.edu/intramurals/fitness>

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## Intramural Sports

### 18. Intramural Billiards Entries Due

Entries for billiards singles and doubles are due **Jan. 13**. The tournaments will be held in the SAC Game Room. To register go to <http://imleagues.com> You UoFL credentials will get you into the site. This is a points event for Campus, Women's Closed and Fraternity divisions of play. <http://louisville.edu/intramurals>

### 19. Intramural Basketball Entries Due

Entries for 5 on 5 basketball leagues are due by **Jan. 13**. Divisions of play include graduate, fraternity, men's open A & B, women's open, women's closed and co-rec. To register a team, go to <http://imleagues.com> and use your UoFL credentials to get in. There is no cost to enter a team. <http://louisville.edu/intramurals>

### 20. Intramural Floor Hockey Entries Due

Entries for the upcoming intramural floor hockey leagues are due by **Jan. 13**. To enter a team, go to <http://imleagues.com> and use your UoFL credentials to get in. Floor Hockey is a points event for fraternity, women's closed and campus divisions of play. Play is open to all students and SRC members. <http://louisville.edu/intramurals>

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## Miscellaneous

### 21. 2016-17 Book-in-Common Finalists Announced

The Book-in-Common Selection Committee is reviewing texts for the 2016-17 program. The three finalists are "Hidden America," "Walk in Their Shoes" and "Where Am I Wearing?" We welcome your feedback on these books by **Jan. 12** via our online form. For more info on each book, criteria used to select the text, and to fill out the form, visit the BinC website: <http://louisville.edu/firstyear/book-in-common/the-next-bin>

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## SAFETY

### Tip of the Week

If you have to go outside during extreme cold, dress warmly. Wear loose-fitting, layered clothes. The layers of clothing will keep warm air in towards your body and act as insulation from the cold. Outer garments should be tightly woven and water-repellent to prevent cold air from getting close to your body. Wear mittens rather than gloves when possible. Watch for signs of frostbite. A feeling of "pins and needles" followed by numbness (no feeling) is an indicator of frostbite. Skin may freeze hard and look white. Frozen skin that thaws out becomes red and painful. Bad frostbite may cause blisters, dead tissue or gangrene. Frostbite is a localized condition, but sometimes the whole body becomes cold, resulting in hypothermia. Signs of hypothermia include uncontrolled shivering, slow speech, memory loss, stumbling, sleepiness and extreme fatigue. If you think you have frostbite or hypothermia, don't eat or drink anything containing caffeine or alcohol as they can worsen your symptoms. Drink warm liquids that do not contain caffeine or alcohol and seek out medical assistance.

## DID YOU KNOW?

UoFL policies for bad weather can be found at: <http://louisville.edu/hr/policies/per1.11>

## Stay Informed



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