

Curriculum Vitae

Sara Atherton Choate, PhD, MSED

GENERAL INFORMATION

OFFICE

485 E. Gray St., Suite 203
Louisville, KY 40202
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PERSONAL

1063 E. Kentucky St.
Louisville, KY 40204
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EDUCATION

University of Louisville School of Public Health & Information Sciences, Department of Health Management and Systems Sciences, Louisville, KY, Doctor of Philosophy, Health Management and Policy, 05/14/2022. Dissertation Title: Meeting the mental health needs of college-aged young adults: Evaluating the value and impact of digital mental health interventions

The City College of New York, Master of Science in Education, School of Education, TESOL-Childhood Education (2010)

University of Wisconsin-Madison, Bachelor of Arts, College of Letters & Science, History (2001)

PROFESSIONAL EXPERIENCE AND EMPLOYMENT

University of Louisville, School of Public Health and Information Sciences, Department of Health and Behavioral Sciences

Term Assistant Professor (09/01/2022-present)

Term Instructor (03/01/2021-8/31/2022)

University of Louisville Health Promotion, Louisville KY

Program Manager (2018-2021)

Program Coordinator, Sr. (2015-2018)

The Center for Women and Families, Louisville KY, Prevention Education Training Coordinator (2014-2015)

Boys & Girls Club of the Austin Area, Austin TX, Health Education Director (2011-2013)

Bronx Latin High School, Bronx NY, Teacher of English Language Arts & ESL (2010-2011)

Samuel Gompers High School, Bronx NY, Teacher of ESL (2008-2010)

New York City Teaching Fellow, New York City (2008-2010)

A Woman's Touch Sexuality Resource Center, Madison WI, Sexuality Facilitator (2001-2005)

AWARDS

Faculty Favorite, nominated January 2024

University of Louisville Student Champion, University of Louisville, 2021, 2022

The Mary K. Bonsteel Tachau Gender Equity Award, UofL Women's Center, nominated October 2017

RESEARCH ACTIVITY, GRANTS, AND CONTRACTS

Funded Grant Applications (Total: \$2,648,920)

- 2023-Present Schaefer, B.P., **Choate, S.A.**, Eggen, M., Karimi, S., Dupre, N., Wendel, M., Jones, G., Little, B., Fu, W., Buchino, S., & Goldsby, M. Understanding Behavioral Health Landscape and Feasibility of Mobile Crisis Interventions. Funded by KY Cabinet of Health and Family Services State University Partnership Grant. Duration: 10/13/2023-06/30/2024. Contract Number: PON27462400000562. Percent Effort 54%/year (co-PI, \$1,712,449.62 total; \$856,225.81 direct). The research project provides technical assistance to four communities in Kentucky to support the implementation of the Commonwealth Model, an expansion of mobile crisis response services across the state.
- 2022-Present Schaefer, B.P., **Choate, S.A.**, Jones, G., Eggen, M., Yewell, K., Karimi, S., & Howard Lewis, T. (2023). Louisville Metro Crisis Call Diversion Phase II Evaluation. Funded By Louisville Metro Government. Duration: 07/01/2022-06/30/2023. Contract Number: iRIS234829. Percent Effort 45%/year (co-PI, \$623,514 total; \$531,153 direct). The research project evaluated the Crisis Call Diversion Program in its second year of implementation and provided recommendations to improve intended outcomes.
- 2021-2022 Schaefer, B.P. Creel, L., **Choate, S.A.**, Zipple, T., Yewell, K., Karimi, S., Lewis, T. (2022). Louisville Metro Emergency Services Deflection Evaluation. Funded by Louisville Metro Government. Duration: 01/01/2022-06/30/2022. Contract Number: iRIS223748. Percent Effort 25%/year (co-I, \$311,457 total, \$255,394 direct). The research project evaluated the Deflection program in its first year of implementation and provided recommendations to improve intended outcomes. Program in its second year of implementation and provided recommendations to improve intended outcomes.
- 2015-2016 Kolander, C., Philips, M., Rogers, C., Southerland, K., & **Choate, S.A.** Integrating the National Teacher Preparation Standards for Sexuality Education into Existing School Health Curricula. University of Louisville Department of Health & Sports Sciences. Amount: \$1,500.

Pending Grant Applications

- 2024-2025 Wendel, M. (Primary Investigator), & **Choate, S.A.** (Multi-disciplinary Expert Panel). Community Partnerships to Advance Science for Society (ComPASS) Health Equity Research Hub. National Institute of Health. Amount: \$10,555,455
- 2024-2026 Schaefer, B.P., **Choate, S.A.**, Kerr, J., & Jones, G (Co-Investigators). Evaluating Senate Bill 90: The Effect of a Pre-Adjudication Diversion Program on Substance Use Disorders, Recidivism, and Health Outcomes. Submitted to KY Cabinet of Health And Family Services State-University Partnership Grant. Anticipated Funding Request: \$3,049,757

2024-2029 Wendel, M., Kerr, J., Jones, G., & **Choate, S.A.** (Co-Investigators). Prevention Research Center Core Research Project. Proposal Submitted to the Centers for Disease Control and Prevention. Amount: \$4,767,074

Submitted Unfunded Grant Applications

2023 Jones, G., & **Choate, S.A.** (Co-Investigators). An Innovative Approach to Delivering and Evaluating Culturally Responsive Reentry Programming: A Systems Approach to Impact Assessment. Proposal Submitted to Robert Wood Johnson Foundation. (\$383,728-unfunded)

NON-ACADEMIC GRANTS & IN-KIND DONATIONS AWARDED

Choate, S.A. & Mattingly, E.J. Mobile Kitchen Funding. Student Government Association, Engage Lead Serve Board. Amount \$11,000. Approved 2019.

Choate, S.A. You@College Online Platform Funding. Student Government Association, Engage Lead Serve Board, Department of Health & Sports Science, School of Music, College of Arts & Sciences. Amount \$15,000. Secured 2019.

Choate, S.A. Sexual Lubricant In-Kind Donation. Good Clean Love. Amount: \$3,000. Approved annually 2016-2018.

Choate, S.A. Condom In-Kind Donation. AIDS Healthcare Foundation. Amount \$9,000. Approved annually 2016-2018.

Choate, S.A. ESL/Health/Tech Funding. Donors Choose. Amount \$4,200. Approved 2009.

Choate, S.A. Summer Health & Education Program. United State Agency for International Development. Amount \$10,000. Approved 2006.

EXECUTIVE SUMMARIES AND TECHNICAL REPORTS (*Denotes Student)

Schaefer, B.P., **Choate, S.A.**, Yewell, K., Jones, G., Eggen, M.,* Edwards, E.E.*, Karimi, S., Scott, A.M.,* & Creel, L. (2023). Louisville Metro Crisis Call Diversion Program: 2023 Final Evaluation Report. Reported Submitted to Louisville Metro Government.

Schaefer, B.P., Eggen, M., **Choate, S.A.**, Jones, G., Howard Lewis, T.*, Yewell, K., & Karimi, S. (2023). Crisis Call Diversion Program Evaluation: Interim Report. Reported submitted to Louisville Metro Government.

Schaefer, B.P., Creel, L., Eggen, M., **Choate, S.A.**, Yewell, K., Howard Lewis, T., & Karimi, S. (2022). Louisville Metro Crisis Call Diversion Program Pilot: Final Evaluation Report. Reported submitted to Louisville Metro Government.

Choate, S.A., Vickers-Smith, R., Hall, L. (2019). UofL Wellbeing & Resilience Survey Executive Summary. University of Louisville Health Promotion.

Newton, K., Staten, R., Ridner, L., Crawford, T., & **Choate, S.A.** (2018). UofL Wellbeing &

Resilience Survey Executive Summary. University of Louisville Health Promotion.

PEER-REVIEWED JOURNAL ARTICLES (*Denotes Student)

Choate S.A. (2023). A call for course correction: Applying an antiracism lens to precision public health. *Am J Public Health* 113(11): 1141-1142. PMID 37708424.

Johnson, D., Cahill, M., **Choate, S.**, Roelfs, D. & Walsh, S.E. (2022). The Influence of Public Health Faculty on College and University Plans During the COVID-19 Pandemic. *Front. Public Health* 9(745232). PMID: 35096729.

Hartson, K. R., Hall, L. A., & **Choate, S. A.** (2021). Stressors and resilience are associated with well-being in young adult college students. *Journal of American College Health*: 71(3): 821-829. <https://doi.org/10.1080/07448481.2021.1908309>

MANUSCRIPTS IN PROGRESS (*Denotes Student)

Schaefer, B.P., **Choate, S.A.**, Creel, L., *Eggen, M., *Howard, T., Jones, G., Karimi, S., *Kay, H., *Mitchell, C., & Yewell, K. Utilization of an alternative responder model to address behavioral health care-related calls to 911 in Louisville, KY.

Choate, S.A., *Kearney, A., Schaefer, B.P. (2024). Using implementation science in a multi-agency 911 behavioral health alternative response models: Lessons learned in the two-year pilot phase.

Choate, S.A., *Kearney, A., Schaefer, B.P., & *Kay, H. (2024). 911 behavioral health alternative response models and implementation science: How understanding responder stress can facilitate improved implementation. *Psych Services* [Abstract accepted; manuscript submission anticipated 12/23]

CONFERENCE PRESENTATIONS (*Denotes Student)

Choate, S., *Kay, H., & Schaefer, B.P. Qualitative assessment of a 911 behavioral health deflection intervention on first and alternative responder stress in Louisville, Kentucky [poster presentation]. Academy Health Annual Research Meeting 2023, Seattle WA, June 26, 2023.

Schaefer, B.P., *Eggen, M., **Choate, S.**, Jones, G., Creel, L., Lewis, T.H., Karimi, S., *Kay, H., *Mitchell, C., & Yewell, K. Utilization of an alternative responder model to address behavioral health care-related calls to 911 in Louisville, Kentucky [poster presentation]. Academy Health Annual Research Meeting 2023, Seattle WA, June 26, 2023.

Schaefer, B.P., **Choate, S.A.**, & Creel, L. (2022). Designing a Non-Police Led 911 Behavioral Health Crisis Deflection Model: Key Considerations in Planning and Measurement. Presentation to the American Society of Criminology. Atlanta, GA.

Schaefer, B.P., Creel, L., **Choate, S.**, Karimi, S., Yewell, K., & *Eagen, M. Utilization of an alternative responder model to address behavioral health care-related calls to 911 in Louisville, KY [poster presentation]. Research Louisville! 2022, Louisville KY, September 14, 2022.

Hartson, K. R., Hall, L., & **Choate, S.A.** Stressors and resilience are associated with well-being in young adult college students [poster presentation]. Midwest Nursing Research Society Annual Conference 2021, Des Moines IA, March 24-27, 2021.

Choate, S.A. Effective use of trauma-sensitive mindfulness practices in high risk/need communities. Kentucky Prevention Network Annual Conference, Lexington KY, March 23, 2019.

Choate, S.A. Recognizing & building resilience in our colleague and student interactions. College Personnel Association of Kentucky Annual Conference, Lexington KY, April 13, 2018.

Choate, S.A. Using trauma-informed approached and mindfulness in interactions with high-need youth. Jefferson County Public Schools Homeless Senior Conference, Louisville KY, August 18, 2017.

Choate, S.A. & Kimble, A. The consent conversation. American College Health Association Annual Conference, Washington D.C., June 3, 2017.

Choate, S.A. Sex-positivity: A comprehensive approach to sexual health & relationships for emerging adults. Mid-America College Health Association Annual Meeting Louisville KY, May 28, 2015.

Choate, S.A. Rethinking difference: Meeting the healthcare needs of your BDSM patients. University of Louisville School of Medicine Cultural Competency Conference Louisville KY, November 9, 2015.

TEACHING, TRAINING, & MENTORING ACTIVITIES

Teaching

University of Louisville

PHPB 730: Teaching Seminar in HPBS (Doctoral) (2022-present)

Summer 2022

Summer 2023

PHPB 731: Teaching Lab in HPBS (Doctoral) (2022-present)

Summer 2023

PHMS 610: Health Policy & Analysis (Doctoral) (2022-2023)

Fall 2022

Spring 2023

Summer 2023
 PHPH 401: Public Health and Health Policy (Undergraduate) (2022-present)
 Fall 2022
 Spring 2023
 Fall 2023
 PHPB 301: Health Equity (Undergraduate) (2021-present)
 Fall 2021
 Spring 2022
 Fall 2022
 Fall 2023
 PHPB 305: Public Health Education, Principles & Strategies (Undergraduate) (2021)
 Fall 2021
 Spring 2022
 PHPB 698: Public Health Integrated Learning Experience (Masters) (2021-2022)
 Fall 2021
 Fall 2022
 PHPB 677 & 678: Public Health Practice Experience 1 & 2 (Masters) (2021)
 Spring 2022
 Public Health Practice, Guest Lecturer (Undergraduate) (2017-2020)
 Koru Mindfulness 4-class series (Undergraduate, Graduate, Faculty & Staff) (2019-2020)
 Hebron Middle School 2015
 Our Whole Lives Healthy Relationship 4-class series
 Burnett Middle School 2012-2014
 Our Whole Lives 7-9th grade sexuality curriculum 12-class series
 Bronx Latin High School 2010-2011
 ESL
 Samuel Gompers High School 2008-2010
 English Language Arts & ESL

Training

University of Louisville, Louisville KY

Orwick, J., Hamilton, R., **Choate, S.A.**, Brown, O., Bendapudi, N. & Buford, B. (2021). Koru mindfulness sampler. Growing Mindfulness Initiative kick-off event.

Choate, S.A. (2021). Mindful movement. Campus-wide service.

Choate, S.A. (2021). Mindful 20. Campus-wide service.

Choate, S.A. (2017-2020). Trauma resilience training. Engage Lead Serve Board, College Mentors, Invisible Wound Project, School of Nursing, Building Resilience in Campus & Community.

Choate, S.A. (2017-2019). Stress resilience basics. Housing & Residence Life, The Cultural Center, registered student organizations, academic department classes.

Choate, S.A. (2017-2018). Stress & Trauma Resilience Training for Advisors. College of Arts & Sciences, Speed School of Engineering.

Choate, S.A. (2017). Trauma-informed care for patients training for front desk & clinical staff. UofL Physicians.

- Choate, S.A.** (2016-2018). Flash nap workshop. Housing & Residence Life, registered student organizations, academic department classes.
- Choate, S.A.** (2016). Healthy sexuality: Clinical implications. Department of Clinical Psychology.
- Choate, S.A.** (2016). Meeting the sexual health & relationship needs of aging populations. Institute for Sustainable Health & Optimal Aging. Kent School of Social Work.
- Choate, S.A.** (2015-2020). Health advocate leader training. Health Promotion.
- Choate, S.A.** (2015-2019). Sexual responsibility program. Athletics – Football, Non-income generating men’s sport, Women’s sports.
- Choate, S.A.** (2015-2019). Intro to college health promotion overview, programs, and skill-building. College of Arts & Sciences, College of Business, School of Music, Health Sciences Center undergraduate majors, College of Education & Human Development.
- Choate, S.A.** (2015-2019). First-year orientation program. Office of Admissions.
- Choate, S.A.** (2015-2019). Transfer orientation program. Office of Admissions.
- Choate, S.A.** (2015-2019). Lunch and learn sexuality series. School of Medicine.
- Choate, S.A.** (2015-2018). Condoms & candy workshop. Housing & Residence Life, The Cultural Center, The LGBT Center, registered student organizations.
- Choate, S.A.** (2015-2018). The consent conversation. Housing & Residence Life, The Cultural Center, The LGBT Center, registered student organizations.
- Choate, S.A.** (2015-2018). Safer sex workshop. Housing & Residence Life, The Cultural Center, The LGBT Center, registered student organizations.
- Choate, S.A.** (2015-2018). Sex talk workshop. Housing & Residence Life, The Cultural Center, The LGBT Center, registered student organizations.
- Choate, S.A.** (2015-2018). Residential education training. Housing & Residence Life.
- Choate, S.A.** (2015-2016). Lunch and learn trauma-informed care series. Student Affairs professional development.
- Choate, S.A.** (2015). Sex-positivity: Taking a comprehensive approach to sexual health issues with students. Career Development Winter Institute.

Louisville Collegiate School, Louisville KY

- Hanson, B. J. & **Choate, S.A.** (2017). The circles of sexuality, values voting, and the language of sexuality.

Community Shield, Louisville KY

- Choate, S.A.** & Engels, L.A. (2017). Trainer of trainers: Recognizing & building resilience in youth. Family & Children’s Place.
- Choate, S.A.**, Engels, L.A., King, K. (2016). Recognizing & building resilience in children exposed to trauma childcare training. 4Cs.
- Choate, S.A.** & Engels, L.A. (2016). Recognizing & building resilience in children exposed to trauma: K-5 staff, teacher, & administrative training. Greenwood Elementary, Zachary Taylor Elementary.

Center for Women & Families, Louisville KY

- Bloomer, R.M. & **Choate, S.A.** (2016). Youth worker training: Modules 1 & 2. Bounce Coalition.

Bloomer, R.M. & **Choate, S.A.** (2016). Trauma-informed approach to out of school time settings. Metro Summer Learning Summit.
Pickett, D. & **Choate, S.A.** (2016). Workshop your content: Part I.
Pickett, D. & **Choate, S.A.** (2016). Workshop your content: Part II.
Choate, S.A., Collins, K.V., & Englander, F. (2016). Health sexuality.
Choate, S.A. & Bishop, C. (2015). Sex in the city. Metro Community Services.
Miller, M. & **Choate, S.A.** (2015). Working with high risk adults and youth: Skills training. St. Vincent de Paul.
Miller, M. & **Choate, S.A.** (2015). Healthy relationships. Atherton High School.

Children Exposed to Violence Collective Impact Initiative, Louisville KY

Choate, S.A. & Engels, L.A. (2015). Trauma-informed care training. St. Mary's of Elizabeth.

Peace Corps, Theis Senegal

Lockhart, B.J., Bartlein, B.J., & **Choate, S.A.** (2007). New volunteer training.

Choate, S.A. (2006). Taking care of your sexual self during your service.

A Woman's Touch Sexuality Resource Center, Madison WI

Choate, S.A. (2002-2004). Female sexuality workshop.

Barnard, E., Wilhite, M., & **Choate, S.A.** (2001). Female sexuality workshop.

Public Speaking Engagements

Choate, S.A. (2016). Sexuality Guest Speaker. Diversity at the Table. Louisville KY

Henson, B. J. & **Choate, S.A.** (2017). Why comprehensive sex ed should be in our public school health education curriculum. Women in Health Speaker Series. Louisville KY

Mentoring

University of Louisville 2015-Present

PhD Faculty Advisor, 2023-present

PhD Dissertation Committee Member, Malea Hoepf, 2023-present

MPH Faculty Advisor, 2021-Present

Professional and Student Staff Supervisor, 2018-Present

Sexperts Advisor, 2018-2019

Masters Practicum Advisor. Kent School of Social Work, School of Public Health & Information Sciences, 2016-2019

Well-being Coach, 2016-Present

Sexual Health Advisor, 2015-2016

CERTIFICATION

The Center for Koru Mindfulness, Certificate of Completion, Koru Mindfulness Teacher Training Program, Lexington KY, Certification (2019-2020)

Question, Persuade, Respond Certification Training, Louisville KY, Certification (2019-2020)

Unitarian Universalist Association, Our Whole Live Grades 7-12th Facilitator Training, Boone

NC, Certification (2015-Present)
Unitarian Universalist Association, Our Whole Live Grades Young Adult-Adult Facilitator
Training, Louisville KY, Certification (2015-Present)
Green Dot Bystander Intervention Training, Lexington KY, Certification (2014-Present)
American Association for Sexuality Educators, Counselors, and Therapists, Sexuality Attitude
Reassessment Certification Training, New York City NY (2014-Present)

SERVICE

University Service

University of Louisville

Health Promotion & Behavioral Sciences Department PhD Committee (2024-present)
Green Dot Team, Faculty & Staff Trainer (2021-Present)
Growing Mindfulness Initiative, Co-Creator (2020-2021)
MASKot Program, Coordinator (2020-2021)
Building Resilience in Campus & Community, Coordinator (2020-2021)
Commission on the Status of Women
Sustainability Council (2023-present)
Faculty Senate Diversity Equity & Inclusion Committee (2023-present)
VP for Advancement Search Committee (2023)
Faculty & Senate Budget & Planning Committee (2021-Present)
Mentor (2021-Present)
Integration of Work & Family Committee Member (2019-2021)
Commissioner (2019-Present)
Provost's Wellbeing & Resilience Initiative
Student Wellbeing & Resilience Subcommittee Chair (2020-2021)
Member (2019-2021)
Sustainability Council Member (2018-2020)
UofL Sleep Forum, Event Coordinator & Director (2018-2019)
Wellbeing & Resilience Survey Workgroup
Co-Principal Investigator & Chair (2018-2020)
Coordinator (2016-2018)
Health & Sports Science School Sexual Health Curricula Workgroup, Co-Developer (2016)
School of Medicine and the American Medical Student Association, Sexual Health
Leadership Course Facilitator (2015)

Professional Service

Manuscript Reviewer
American Journal of Public Health (2021[x2])
Journal of Family & Global Health (2021, 2022, 2023[x3])
Journal of Refugee & Global Health (2022)
Community Shield
Member (2017-2020)
Training & Capacity Committee Co-Chair (2017-2020)
Annual Conference Co-Coordinator & Designer (2017-2020)
Louisville Health Advisory Board

Community Coordination of Care Committee Member (2018)
American College Health Association Sexual Health Promotion & Clinical Care Coalition (2017-2019)
Member (2016-2019)
Children Exposed to Violence Collective Impact Initiative
Training & Capacity Committee Co-Chair (2017)
Member (2014-2017)
The Center for Women and Families, Trauma Informed Care Committee Co-Chair (2014-2015)

Public Service

Listen, Learn, Act
Community Liaison (2020-2022)
Louisville Sex Ed Now
Member, Spokesperson (2016)
Jefferson County Public School District
Curriculum Developer, Healthy Relationships Project, 3-Day Teacher Training (2016)
Peace Corps
Primary Health Agent, Senegal (2005-2007)

PROFESSIONAL MEMBERSHIPS

American College Health Association (2015-2020)
Commission on the Status of Women (2018-Present)
Mid-American College Health Association (2015-2017)

Updated January 23, 2023