Quadriceps mitochondrial dysfunction following anterior cruciate ligament injury and reconstruction: TEM analysis of mitochondria

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Muscle recovery following knee injury

- ACL rupture \rightarrow protracted quadriceps atrophy and weakness
 - ~50% of ACL-injured knees progress to osteoarthritis within 5–15 years
 - Despite surgical reconstruction and rehabilitation
- Localized quadriceps muscle fatigue after ACL injury → poor knee mechanics and contributes to the development of osteoarthritis
- Mitochondrial dysfunction contributes to muscle weakness and fatigability
 - Following ACL injury & reconstruction
 - \downarrow Mitochondrial biogenesis (A)
 - ↓ Reduced oxidative capacity (B-C)
- Need: Ultrastructural analysis of quadriceps mitochondrial volume density and morphology







TEM analysis of quadriceps mitochondria

- Biopsies from human participants collected in the OR or CCTS
- 1mm³ portions of biopsies, 4-5 pieces from each biopsy
- Samples immediately fixed & processed
- Workflow:
 - 1. Fry lab
 - 1. Fixed: 4% paraformaldehyde + 3.5% glutaraldehyde in 0.1 M Sorenson's phosphate buffer (2hr)
 - 2. Washed in 0.1 M Sorenson's phosphate buffer + 5% sucrose
 - 2. UK Imaging Center (Jim Begley)
 - 1. Treated with 1% OsO₄
 - 2. Resin embedding
 - 3. Thick and thin sections (70nm)
 - 4. Stained with a solution of uranyl acetate and lead citrate
 - 3. UK Electron Microscopy Center (Jillian Cramer)
 - 1. Transmission Electron Microscope: FEI Talos F200X
 - 2. Captured 7 fibers from each biopsy in their entirety
 - 3. Comprised >100 mitochondria per sample









TEM images of quadriceps mitochondria



Willingham TB, et al. Front Cell Dev Biol. 2021



Fry lab Succinate dehydrogenase

Subsarcolemmal mitochondria





Intermyofibrillar mitochondria

Analysis of TEM images of quadriceps mitochondria

- Assessed area of mitochondria (treated as circular $[\pi r^2]$ using perimeter)
- Assessed morphology
 - Destruction of cristae with expanded matrix space
 - Concentric 'onion shaped' cristae
 - Compartmentalization into vacuolar structures —>



Owen AM, et al. eLife. 2019





Issues encountered / Acknowledgements

- Bulk processing of specimens
 - Collection from the OR difficult to predict / plan
 - Length of time samples are preserved post-fix prior to embedding
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