

## Stress & Health Lab

<http://louisville.edu/psychology/newton/lab>

- Professor:** Tamara L. Newton, Ph.D.
- Type of position:** Federal Work Study  
PSYC 491, Independent Study (2-3 credit hours/semester)  
Volunteer (summer semester)
- Time commitment:** 2 semester minimum  
6 to 10 hours/week each semester, depending on position type  
Must be available during lab hours: weekdays 9AM – 7PM
- Semesters position is available:** Fall, Spring, Summer most years
- Location of work:** Davidson Hall, Belknap Campus
- Requirements:** 3.0 GPA or higher  
Detail-oriented and highly organized  
Hardworking and optimistic  
Reliable and dependable  
Excellent interpersonal skills  
Interested in working with a research team

**Brief description of project:** Life stress contributes to the onset and progression of mental and physical health problems, and is highly prevalent. For example, the modal number of traumatic stressors reported by U.S. adults is three. The interdisciplinary research of the Stress & Health Lab aims to uncover the pathways by which life stress affects mental and physical health, and to discover how psychology can be used to benefit the health of stress-exposed persons.

**Specific tasks:** Responsibilities vary across semesters, but may include assistance with specific research tasks (e.g., data entry, inter-rater reliability coding, running data collection sessions) and general laboratory support tasks (e.g., organization, filing, preparation of materials for data collection).

**How to apply:** E-mail Dr. Newton the following:  
Unofficial transcript  
Resume  
Position to which you are applying: Federal Work Study, PSYC 491, or summer volunteer  
Semesters interested in working  
Brief statement of career goals

**Contact:** Dr. Tamara Newton at [tnewton@louisville.edu](mailto:tnewton@louisville.edu)