

Supervision Outcomes Survey ©

(Worthen, V.E., & Isakson, R.L., 2000)

Supervisor: _____

Trainee: _____

Date: _____

Please respond to the following questions in term of your current supervisor. The terms "therapy" and "therapist" have been used as generic terms to apply to both counseling and psychotherapy. Use the following rating scale for all items:

	Not at all	1	2	3	4	5	6	7	Greatest degree
1. My supervisor helps me develop by providing both challenge and support.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
2. The supervision I am receiving has helped me grow as a professional.									
3. My supervisor helps me feel strengthened and affirmed in my efforts to become a professional.									
4. My supervisor helps me identify areas where I need to continue to develop by identifying my strengths and weaknesses.									
5. Supervision helps me better see the complexity in my cases.									
6. Supervision helps me improve my ability to conceptualize my cases.									
7. Supervision helps me examine, modify, and refine my approaches to therapy.									
8. Supervision helps me take risks that have led to professional growth and more effective therapy.									
9. The relationship I have with my supervisor is characterized by acceptance, trust, and respect.									
10. My supervisor's feedback encourages me to keep trying to improve.									
11. Supervision helps me see my mistakes as learning experiences.									
12. The modeling of my supervisor helps me learn more about therapy.									
13. Self-disclosure by my supervisor helps to normalize my experience as a therapist.									
14. My supervisor helps me to be open and receptive to supervision.									
15. I feel comfortable sharing my perceived weaknesses and failures with my supervisor.									
16. Supervision helps me develop specific skills that have made me a more effective therapist.									
17. Supervision is helping me better understand and facilitate effective therapy outcomes with my clients.									
18. As a result of supervision, I feel more confident and comfortable in working with my therapy cases.									
19. Overall, I feel satisfied with my supervision.									
20. I feel that supervision is contributing to my overall effectiveness in my therapy cases.									

Comments: