

Volunteers Needed for Parkinson's Physical Activity Study

If you have been diagnosed with mild to moderate Parkinson's disease, researchers at the University of Kentucky are inviting you to participate in a study to examine the effects of a virtual rhythmic exercise program, Drums Alive, on physical performance and quality of life. The intervention will meet twice a week, for one hour, and will last 12 weeks. All in-home exercise equipment will be provided by the researchers.

You may be eligible to participate if you:

- Are 40 to 99 years of age
- Have been diagnosed with mild to moderate Parkinson's disease
- Have NO injury that would prevent you from participating in regular physical activity

For more information, contact:

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