



HEART: Humanism in Medicine

UNIVERSITY OF
LOUISVILLE
SCHOOL OF MEDICINE

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Shaving the Way

ULSOM's St. baldrick's Day Fundraiser

Submitted by Emily Gregory, MS1

"My stomach was churning as I looked out into a sea of my colleagues. I had been relaxed until this point—telling everyone that "It's just hair" and "It'll be back in six months." Now, all I could think about was how I was going to need one of those little pink bows that they put on bald babies so that you can tell they are girls. I remember smiling as big as I could so that I wouldn't cry as I felt what seemed to be pounds of hair fall to the floor. Hair can be such a big part of a person's identity, but it's something that many people lose in their battle with cancer." -Emily Gregory.

On Friday, January 13, 2012 three ULSOM MS1 students participated in St. Baldrick's Day. Emily Gregory, Anita Allison McNutt, and Tyler Kilgore each had their heads shaved to raise money for the St. Baldrick's Foundation, a volunteer-driven charity committed to funding the most promising research to find cures for childhood cancers and give survivors long and healthy lives. Kosair Children's Hospital in Louisville is one of the many institutions nationwide that receives funds from St. Baldrick's. By shaving their heads in front of an audience, Emily, Anita, and Tyler showed solidarity for children with cancer, and raised over \$4,000 for the Foundation. ULSOM's Office of Student Affairs sponsored lunch for the event.

Tony Simms, Assistant Director for Medical Student Affairs said, "For many, having no hair has never been a thought.

For some, having no hair is not an option. The students' effort this year really passed that message along to their peers." Simms hopes that St. Baldrick's Day will become an annual event at ULSOM. He adds, "As the university continues to excel in research and strives to enhance the medical profession, providing a space for an event that has common goals and objectives is a small way we can support the cause."

A few weeks after this event, MS2 Jordan Bond and faculty member Dr. Steve Ellis became shavees as well, raising an additional \$1,400!

The successes of this year's events have students and faculty members excited to repeat the fundraiser next year. Until then, visit www.stbaldricks.org and find out how you can volunteer at an event, donate money, or be a shavee for the cause.

Photos: (Top) Tyler Kilgore temporarily sports some edgy bangs as a representative from the St. Baldrick's Foundation shaves his head. Tyler later agreed to "sell" his eyebrows, raising an additional \$175 on the day of the event. (Right) Emily and Anita inspect each other's halfway haircuts.



You down with P.O.D.?

At the heart of the medical student curriculum is the *Program Objectives Document* (or POD), which details the knowledge, skills, and attitudes that students will master in their four years as UofL medical students. Course directors, faculty, residents, and students understand that what they are learning or teaching links in some way to one or more of the school's objectives. Our medical school objectives reflect national recommendations and were created and approved by the faculty. The POD can be viewed at the following website:

http://louisville.edu/medschool/curriculum/program/objectives/040810%20POD%20epc%20apprvd%20040710.pdf/at_download/file

The UofL program objectives are organized around 8 themes and 57 discrete educational objectives. The HEART: Humanism in Medicine initiative supports several of the themes, but is most closely connected to the Professionalism and Communication Themes.

HOW TO GET INVOLVED WITH HEART

If you have questions about or wish to participate in any of HEART's projects or initiatives, please contact the designated representatives below.

We look forward to welcoming new members to our team!

HEART Committee

- Dr. Pradip Patel, Chair

HEART Newsletter

- Trish Todd
- Jessica Huber
- Dr. Pradip Patel

HEART2Heart

- Amber Zimmer
- Alex Ajorek

Gold Humanism Honor Society

- Dr. Pradip Patel
- Dr. Olivia Mittel

Humanities: Art in Medicine

- Dylan Rock

Systole Literary Magazine

- Dr. Olivia Mittel

Honor and Professionalism Council

- Rick Cowles
- Farah Nasraty

Letter from the Editors

Spring is a time of welcome transition from the dreary cold of winter to the bright warmth of summer. Though spring days can be chilly and rainy, the promise of the coming season outshines the occasional overcast day. The features in this volume of the HEART Newsletter appropriately unite around this theme of transition, and we are delighted to point out the ways in which our colleagues are working to bring about positive change in the realm of humanism at ULSOM.

The St. Aldrick's Day fundraiser brought an eruption of energy from the student body, faculty, and administration. While the head-shaving session provided light-hearted entertainment for the audience, the participants experienced the stark loss of their previously lovely locks. Nevertheless, the short assembly left a lasting impression as months later the student participants have barely an inch of hair on their heads—a reminder to classmates of the identity battle that children with cancer face. In addition to the battle for their lives, lasting, too, is the sense of accomplishment from knowing that our school community has come together to help change the future for cancer patients.

The first Annual Great Day of Service represents a creative transition to an updated atmosphere from the humdrum of labs through which past classes have rotated. The Advisory College System is doing wonders to foster vertical and horizontal relationships among ULSOM students and faculty advisors. Building on the success of the College Cup competition last fall, this spring event drew even greater

buy-in from upperclassmen and underclassmen alike. By displaying altruism outside the classroom and clinic, our school shows that we are invested in the greater good of the community. Thanks to the dedication of the Student Affairs Office, the College Captains, and the GHHS members, there is little doubt that the program will continue to blossom in coming years.

Likewise, we see promise in the accomplishments to come as the Class of 2013 cohort is inducted into the Gold Humanism Honor Society. And it is always refreshing to look beyond the horizon of medical school to see community physicians such as Dr. Thompson forming relationships with patients—especially with refugees experiencing radical life changes.

Lastly, we recognize that this is a busy time of transition for our medical school, as Dr. Edward Halperin has stepped down from his position as Dean to pursue another endeavor. Dr. Halperin was an incredibly strong supporter of humanism and arts in medicine, and made many unique contributions to our school, curriculum, and even to the HEART Newsletter. Students are especially fond of the perspectives offered in the history of medicine and religion in medicine courses that Dr. Halperin developed, as well as the lunchtime music programs that he provided in collaboration with the School of Music. While we are confident that our next Dean will bring a unique perspective to our school, Dr. Halperin's emphasis of humanism will be greatly missed. We dedicate this Newsletter to him in appreciation of his contribution.

Trish Todd, Class of 2012; Jessica Huber, Class of 2014, and Pradip Patel, MD, Co-Editors

A Great Day of Service

Submitted by rittany Tabler, MS4

We all said it in our med school interviews-- we love to help people. And many of us joined together recently to show our Louisville community just that. The first BULSOM Outreach Day on March 24 saw over 170 students take time out of their busy Saturday to make a difference in the lives of others.

The new Advisory College System was expanded to the 3rd and 4th years to form 12 teams for the day, establishing the Great Day of Service as the spring counterpart to the Fall College Cup. Service Captains from each unit at two per college, helped rally their members and choose a project. Our groups made connections all over Louisville, reaching out to children, refugees, cancer victims, and more.

The school-wide project was the result of the combined efforts of the Student Affairs Office, the Advisory College Committee, and the Gold Humanism Honor Society. U of L BSGA also sponsored the event by funding materials and refreshments for the day.

The beautiful day in the community culminated in a celebration at O'Shea's on Baxter where many students gathered early to watch the Cardinals take down the Gators in the Elite 8. On the heels of that victory, each college announced its successes for the day. Dean Ganzel, who came to show the school's support, chose the overall Great Day of Service winner. Boone College's MS1s and MS2s were named the champions for their creative project and strong attendance. However, as was noted by one of the participants, it feels like everyone won today.



Photos: (Above) MS4s Rick Bowles, Irish Todd, and Dan Arnold assemble furniture for new housing at the Family Scholar House.

(Below, from Left to Right) Rittany Tabler, MS4; Interim Dean Toni Ganzel, M.D.; Tony Simms, Assistant Director for Medical Student Affairs; Irish Todd, MS4, and Sarah Nasraty, MS2 enjoy watching the Cardinals game at O'Shea's following the Great Day of Service.



2012 Advisory College Projects	
Boone College	MS1/2: Brooklawn Elementary School
	MS3/4: Boy Scouts of America
Fitzbutler College	MS1/2: Brooklawn Elementary School
	MS3/4: Healthcare Classic Guilda's Club
Gross College	MS1/2: Louisville Metro Parks
	MS3/4: Healthcare Classic Guilda's Club
Moore College	MS1/2: Home of the Innocents
	MS3/4: Boy Scouts of America
Wickliffe College	MS1/2: Louisville Humane Society
	MS3/4: Kentucky Refugee Ministries
Yandell College	MS1/2: Bernheim Forest
	MS3/4: Family Scholar House

Gold Humanism Honor Society, Class of 2013

Submitted by Interim Dean Toni Ganzel, M.D., M.B.A.B



Congratulations to the newest Gold Humanism Honor Society Inductees! GHHS members are nominated by their peers and selected by the HEART Humanism in Medicine Committee as examples of humanism, compassion, service, and excellence. The purpose of this locally and nationally recognized award is twofold-- to recognize students who display the GHHS core tenets, and to promote efforts in humanism and professionalism at ULSOM. The members will work as a cohort to educate others about humanism, to serve as role models, and to participate in a service project that they will develop over the course of their MS4 year.

GHHS Inductees

Wesley Badger
Alexander Bajorek
Caitlin Bowman
Keevin Bybee
Kendra Conklin
Clifford Crutcher
Courtney Forbis
Kourtney Gentry
Juliana Gilbert
Jonnie Gregory
Sara Heintzman
Shyam Joshi
Stephanie LaBedz

John McCormick
Suzanne McGee
Mitchell Mendenhall
Philip Montague
Andrea Nagengast
Candice Nalley
Kyle Stephens
Jennifer Tasman
Tama The' B
Edgar Van Horne
Daniel Verbist
Max Wattenberg

The Americana Clinic

Submitted by Kara Beth Thompson, M.D.B

On Friday, February 10, Dr. Kara Beth Thompson delivered an enlightening talk for the Family Medicine Interest Group about her experiences in international healthcare and her work at the local Americana Refugee Clinic. Dr. Thompson is a ULSOM graduate and a practicing family medicine physician who is fellowship-trained in obstetrics. She serves as an AHEC preceptor for medical students on third and fourth year clerkships. Those in attendance were highly engaged in this presentation, and many discovered they were aware of neither what qualifies a person to be considered a refugee, nor what services and resources are available to the large refugee population in Louisville. The information (right) that Dr. Thompson provided will help students interact empathetically and effectively with this unique patient population that they will likely encounter in their clinical years.

For more information on Louisville's Americana refugee clinic, visit <http://www.fhclouisville.org/Americana.htm>

Who is a Refugee?

- A refugee is a person who has been forced from his or her home and crossed an international border for safety. He or she must have a well-founded fear of persecution in his or her native country on account of race, religion, nationality, membership in a particular social group, or political opinion and must prove this through extensive screening processes. (Please note that a refugee "there refers to anyone eligible for refugee benefits in the United States.)
- Refugees are individuals who have the right to receive public services. Local refugee resettlement agencies assist in access to community services, housing, education, ESL classes, insurance, public services, job training, employment, and U.S. citizenship.
- Refugees who are not eligible for Medicaid according to Kentucky eligibility guidelines (adults without children under the age of 19) are entitled to cash assistance and limited health insurance through the ICC Medical Insurance Services through the resettlement agencies for a period of 90 months from their date of arrival in the U.S.