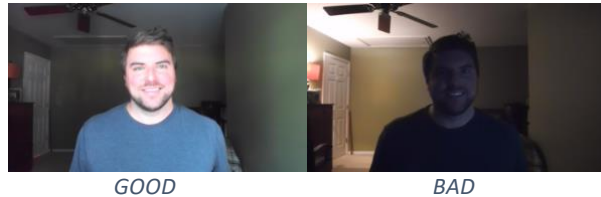


Virtual Residency Interview Technology & Etiquette

Your laptop with the built-in webcam and microphone is sufficient for residency interviews.

Lighting

Place a lamp in front of you and no bright lights behind you. Your face needs to be well-lit. Bright light behind you can cause a silhouette.



Zoom Lighting Overview

<https://support.zoom.us/hc/en-us/articles/360028862512-Lighting-Concepts>

Camera placement

If you are using your built-in webcam prop your laptop up on something (such as a stack of books) to raise the camera. No one wants to look up at your nose they want to see you straight on.



Prop up camera so it points straight at your face

How to look your best on a video call

<https://www.theverge.com/2020/4/8/21202907/zoom-tips-video-call-lighting-audio-look-your-best>

Microphone

Your built-in microphone is sufficient as long as you are in a quiet space. Speak loud and do not rush your speech.

What about headsets? It is true that headset audio provides better audio quality than the built-in microphone on your laptop, however; many headsets (such as big earmuffs) do not look professional. We recommend using your built-in microphone or earbuds that have the microphone on the cable.

What happens if I experience echo? If you experience echo, try turning down your speakers. The audio coming from your speakers could be feeding back into your microphone, causing the echo.

Background & Environment

Needs to look professional. Neutral colors, plants, organized desk spaces are good to have as a background. Needs to be a quiet space.