Virtual Residency Interview Technology & Etiquette

Your laptop with the built-in webcam and microphone is sufficient for residency interviews.

**Lighting**

Place a lamp in front of you and no bright lights behind you. Your face needs to be well-lit. Bright light behind you can cause a silhouette.

![GOOD]![BAD]

**Zoom Lighting Overview**
https://support.zoom.us/hc/en-us/articles/360028862512-Lighting-Concepts

**Camera placement**

If you are using your built-in webcam prop your laptop up on something (such as a stack of books) to raise the camera. No one wants to look up at your noise they want to see you straight on.

![Prop up camera so it points straight at your face]

**How to look your best on a video call**

**Microphone**

Your built-in microphone is sufficient as long as you are in a quiet space. Speak loud and do not rush your speech.

- **What about headsets?** It is true that headset audio provides better audio quality than the built-in microphone on your laptop, however; many headsets (such as big earmuffs) do not look professional. We recommend using your built-in microphone or earbuds that have the microphone on the cable.

- **What happens if I experience echo?** If you experience echo, try turning down your speakers. The audio coming from your speakers could be feeding back into your microphone, causing the echo.

**Background & Environment**

Needs to look professional. Neutral colors, plants, organized desk spaces are good to have as a background. Needs to be a quiet space.