







www.phdcomics.com

#### First, about me...

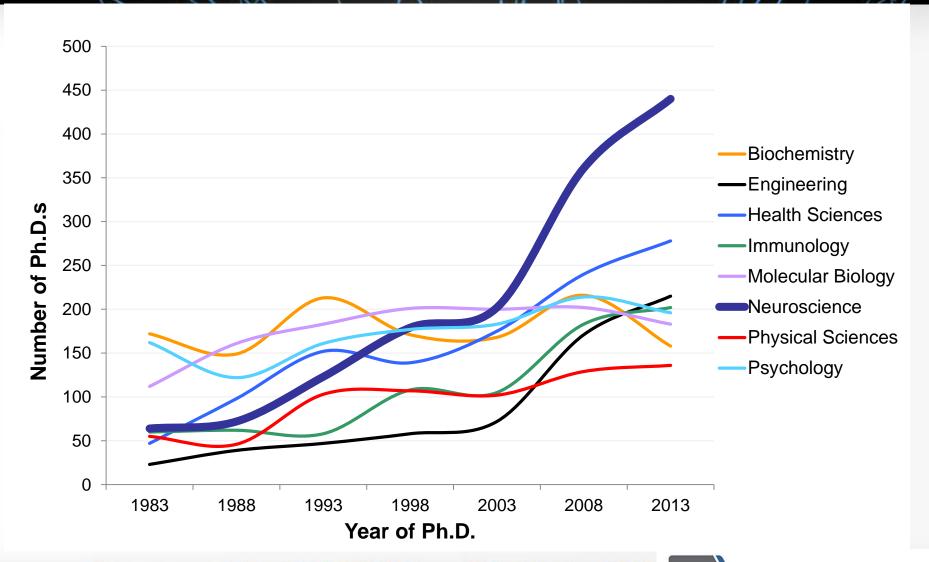
- Ph.D., Anatomical Sciences and Neurobiology
  - University of Louisville School of Medicine
  - Cytokine Genetics and Expression: Implications of an Immunogenetic Pathogenesis in Autism Spectrum Disorders
- Postdoctoral Fellow, Molecular Physiology
  - National Institutes of Health, National Institute on Alcohol Abuse and Alcoholism
    - NIH Fellows Association NIAAA Representative
      - Co-chair: Career Development Committee
      - Co-chair : Science Policy Discussion Group
    - Intern NIH Office of Research on Women's Health
- Science & Technology Policy Fellow
  - National Academy of Sciences
  - American Association for the Advancement of Science (AAAS)

### Today's Overview

- Nontraditional Careers
  - Evolving Trends
  - Developing Initiatives
- Science Policy
  - Fellowships
  - Jobs at NIH
- General Advice
- Recommended Resources



#### Ph.D. Trends



# Fields of Study Reported by Trainees and Fellows Earning Ph.D.s in 2013

Fields of Study	Number of PhDs 2,246		
Biological/Biomedical Sciences			
Neurosciences	440		
Immunology	202		
Molecular Biology	183		
Biochemistry	158		
Genetics	153		
Health Sciences	278		
Engineering	215		
Psychology	196		
Physical Sciences	136		
Other	<u>101</u>		
Total	3,172		

Note: NIH support includes the following award mechanisms: T15, T32, T35, T90, TL1, TU2, F30, F31, and F32.



## Career Outlook

The **Economist** 

**Doctoral degrees** 

The disposable academic

Why doing a PhD is often a waste of time

Dec 16th 2010 | From the print edition



#### THE PHD FACTORY

The world is producing more PhDs than ever before. Is it time to stop?



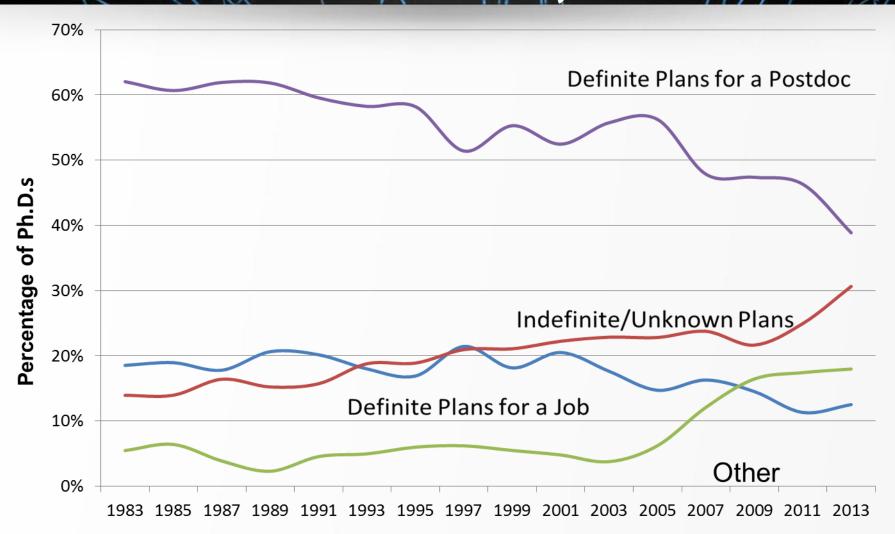


#### The Myth of the Science and Engineering Shortage

American students need to improve in math and science—but not because there's a surplus of jobs in those fields.

MICHAEL S. TEITELBAUM MAR 19 2014, 7:46 AM ET

# Post-Ph.D. Plans of Trainees and Fellows, 1983-2013



### Mismatch of Supply and Demand

**Doubling of NIH budget fueled** expansion



The training pipeline produces more scientists than relevant positions in academia, government,

nee and the private sector are capable of absorbing.

Low success rates breed conservative science, feed fads for translation and overstated results, and lead to irrational overvaluing of high impact journals

e fundamental principles that instruct cell spread malaise is a longstanding assumption viding a framework for exploring biological United States will expand indefinitely at a systems in great depth: the genetic code, the substantial rate. We are now faced with the quence and organization of many genomes, the cell's growth and division cycle, and the molecules that mediate cell signaling. Many even reversed. circulatory, and metabolic—are now ap-proached and often prevented, controlled, cured with measures based on these and

this and has generously supported research Frontier" encouraged the expansion of fed agencies, foundations, advocacy groups, and boom generation in the late 1960s and 1970s academic institutions. In return, the remark-able outpouring of innovative research from However, eventually, beginning around

The idea that the research enterprise would expand forever was adopted after World War II, as the numbers and sizes of universities grew to meet the economy's need The American public rightly takes pride in Vannevar Bush's "Science: The Endless Health (NIH) and numerous other federal sisted with the coming of age of the baby Author correlations & M.W.K. XI. and H.V. wrote the our

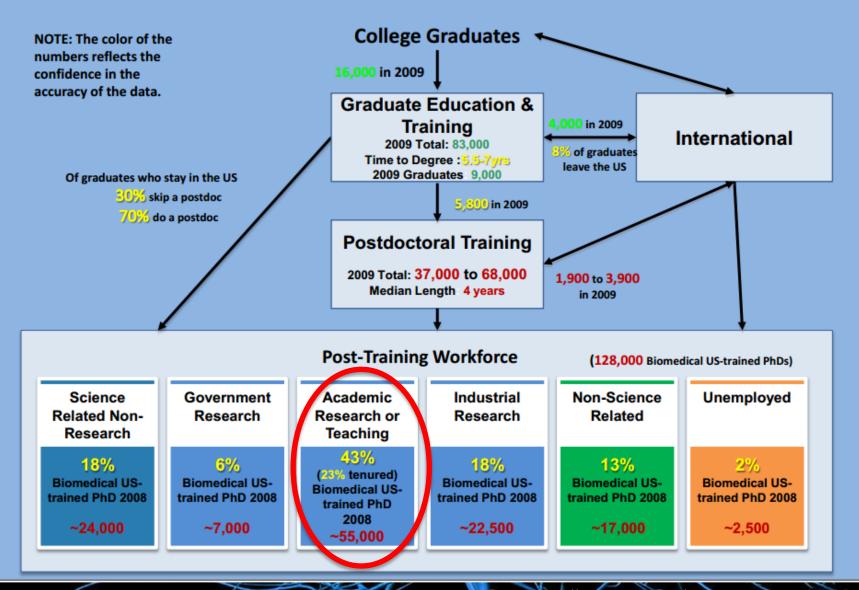
f Systems Biology, Harvard 40: and dNational Cancer

dramatic declines in succes

mand can be partly laid at the feet of the discipline's Malthusian traditions. The great by aspiring trainees; by graduate students and postdoctoral fellows. As a result, most successful biomedical scientists train far more scientists than are needed to replace him- or herself; in the aggregate, the training pipe positions in academia, government, and the private sector are capable of absorbing. Con sequently a growing number of PhDs are in iobs that do not take advantage of the taxpayers' investment in their lengthy education

This article is a PNAS Direct Submission

#### Snapshot of the PhD Biomedical Research Workforce



- <u>B</u>roadening <u>E</u>xperiences in <u>S</u>cientific <u>T</u>raining (BEST) Awards
  - 5-yr, 1-time grants
  - 17 awardee institutions:

- Cornell

- Emory

- NYU

- UC Davis

- Virginia Polytechnic

- UC Irvine

- University of Colorado

- Vanderbilt

- Boston University

- U Mass

- Wayne State

- Michigan Sta

- Rutgers University

- UNC

- University of Chicago

- UCSF

- University of Rochester

The FASEB Journal article fj.15-276139. Published online October 2, 2015.

The FASEB Journal • Life Sciences Forum

#### The origin and implementation of the Broadening Experiences in Scientific Training programs: an NIH common fund initiative

Frederick J. Meyers,\* Ambika Mathur,† Cynthia N. Fuhrmann,<sup>‡</sup> Theresa C. O'Brien,<sup>§</sup> Inge Wefes,<sup>¶</sup> Patricia A. Labosky,<sup>‡</sup> D'Anne S. Duncan, <sup>#</sup> Avery August,\*\* Andrew Feig,<sup>†</sup> Kathleen L. Gould, <sup>#,††</sup> Michael J. Friedlander, <sup>‡‡</sup> Chris B. Schaffer, <sup>§§</sup> Audra Van Wart, <sup>‡‡</sup> and Roger Chalkley,<sup>#,‡</sup>

\*Health System, University of California, Davis, Sacramento, California, USA; <sup>†</sup>The Graduate School, Wayne State University, Detroit, Michigan, USA; <sup>‡</sup>Graduate School of Biomedical Sciences, University of Massachusetts Medical School, Worcester, Massachusetts, USA; <sup>§</sup>University of California, San Francisco, San Francisco, California, USA; <sup>§</sup>Graduate School, University of Colorado, Anschutz Medical Campus, University of Colorado, Denwer, Colorado, USA; <sup>§</sup>Division of Program Goordination, Planning, and Strategic Initiatives, National Institutes of Health, Bethesda, Maryland, USA; <sup>§</sup>Biomedical Research Education and Training and <sup>††</sup>Department of Cell and Developmental Biology, Vanderbilt University School of Medicine, Nashville, Tennessee, USA; \*\*Department of Microbiology and Immunology and <sup>§</sup>Department of Biomedical Engineering, Comell University, Ithaca, New York, USA; and <sup>‡‡</sup>Virginia Tech Carilion School of Medicine and Research Institute, Roanoke, Virginia, USA

Recent national reports and commentaries on the current status and needs of the U.S. biomedical research workforce have highlighted the limited career development opportunities for predoctoral and postdoctoral trainees in academia, yet little attention is paid to preparation for career pathways outside of the traditional faculty path. Recognizing this issue, in 2013, the U.S. National Institutes of Health (NIH) Common Fund issued a request for application titled "NIH Director's Biomedical Research Workforce Innovation Award: Broadening Experiences in Scientific Training (BEST)." These 5yr 1-time grants, awarded to 17 single or partnering institutions, were designed to develop sustainable approaches to broaden graduate and postgraduate training, aimed at creating training programs that reflect the range of career options that trainees may ultimately pursue. These institutions have formed a consortium in order to work together to develop, evaluate, share, and disseminate best practices and challenges. This is a first report on the early experiences of the consortium and the scope of participating BEST programs. In this report, we describe the state of the U.S. biomedical workforce and development of the BEST award, variations of programmatic approaches to assist with program design without BEST funding, and novel approaches to engage faculty in care er development programs. To test the effectiveness of these BEST programs, external evaluators will assess their outcomes not only over the 5 yr grant period but also for an additional 10 yr beyond award completion.-Meyers, F. J., Mathur, A., Fuhrmann, C. N., O'Brien, T. C., Wefes, L., Labosky, P. A.,

Abbreviations: BEST, Broadening Experiences in Scientific Training; NIH, U.S. National Institutes of Health; RFA, request for application Duncan, D. S., August, A., Feig, A., Gould, K. L., Friedlander, M. J., Schaffer, C. B., Van Wart, A., Chalkley, R. The origin and implementation of the Broadening Experiences in Scientific Training programs an NIH common fund initiative. EASEB J. 30, 000–000 (2016). www.fasebj.org

Key Words: professional development · career development · Ph.D. · postdoctoral trainee

Over the past decade, several national reports and commentaries reviewing the numbers, composition, career outcomes, and trajectories of the U.S. biomedical workforce have been published that have garnered the attention of the popular media (1-7). Uniformly, these reports point to a large number of predoctoral and postdoctoral trainees, the unusually long training period of this combined traineeship, and the dependence of biomedical research programs upon the contributions of these trainees. According to the 2012 U.S. National Institutes of Health (NIH) Advisory Committee to the Director report, ~23% of the biomedical workforce is currently in a tenuretrack faculty position (1). Furthermore, a vast majority of the graduates of biomedical training programs were shown to be in careers other than tenure-track faculty positions. These diverse career pathways include careers in government, regulatory science and academic administration, industry/biotechnology, science writing and communication, public policy, and teaching at primarily under graduate in stitutions as well as nontenure-track

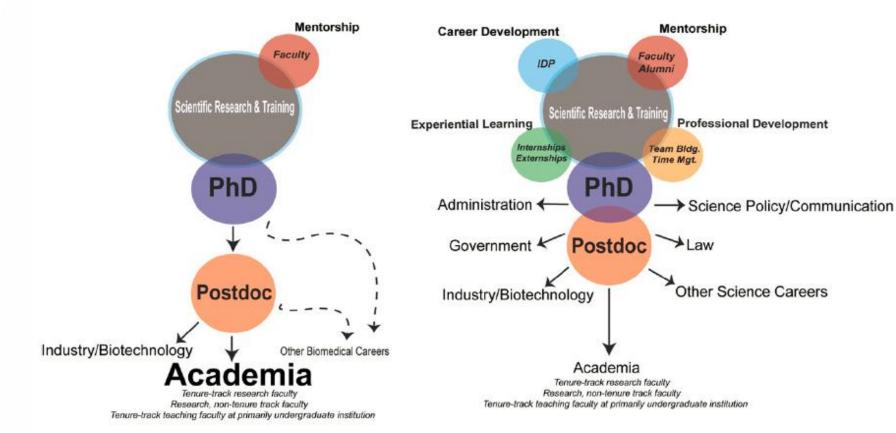
<sup>&</sup>lt;sup>1</sup> Correspondence: Biomedical Research Education and Training, Vanderbilt University School of Medicine, Nashville, TN 37232, USA. E-mail: roger-g-chalkley@vanderbilt.edu doi: 10.1096/£15276139

# BEST

**Broadening Experiences in Scientific Training** 

A
Career Outcomes for Traditional Model of Graduate Education

Career Outcomes for BEST-Enhanced Model of Graduate Education



В

Direct Career Paths Indirect Career Paths

Legend:

## Career Opportunities

Science Education & Outreach Government & Non-profit Academia Science Communication & Publishing Industry Research Business & Commercialization Law, Policy, & Regulatory Affairs Academic & Research Administration Medicine & Healthcare

### Transferable Skills

- Critical Thinking
- Problem-solving
- Data Analysis
- Communication
- Management
- Reliability
- Teamwork
- Leadership
- Strong ethics



#### To develop:

- Volunteer
- Internships
- Fellowships
- Additional Training
- Demonstrated interest in new career path

#### The National Institutes of Health

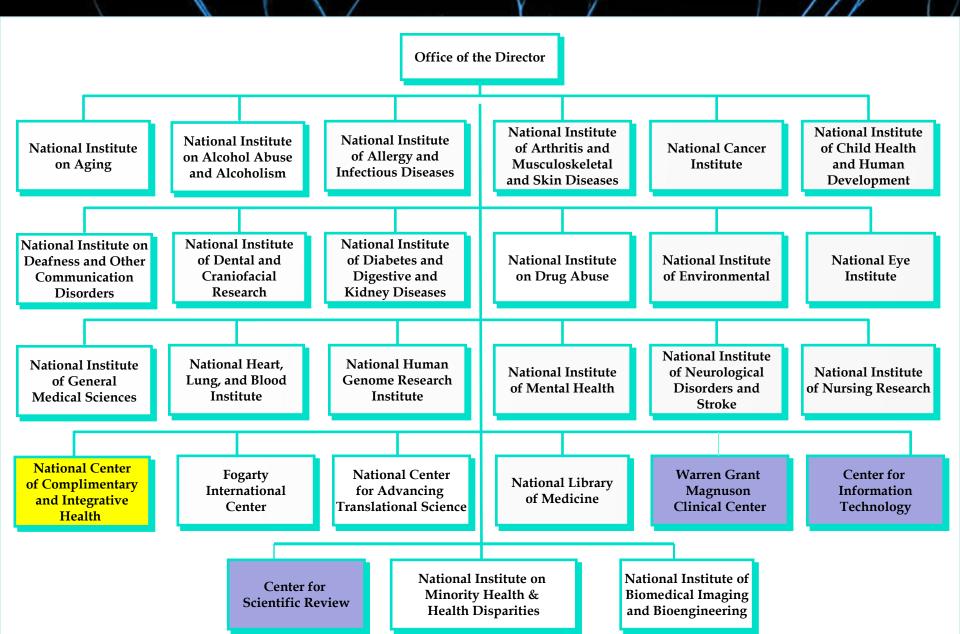
There are **27** different Institutes and Centers (ICs) and **24** ICs that award grants.

#### Each one has:

- Different missions
- Different funding priorities
- Different budgets
- Different types of grants they support
- Different procedures for making funding decisions
- Different funding strategies

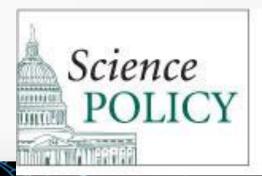


#### The National Institutes of Health



### Science Policy

- Area of public policy informed by science and technology for the benefit of society
- Policy for Science
  - Establishes guidelines and regulations for conduct of science
  - Sets funding priorities and directions for research
  - Develops STEM educational programs
- Science for Policy
  - Inform the development, decision-making, implementation, and evaluation of policies, programs, and regulations for scientific research
  - Science and technology advisors for Congressmen
- Bridge between policy world and scientists
- Communication skills are key
- Fellowships

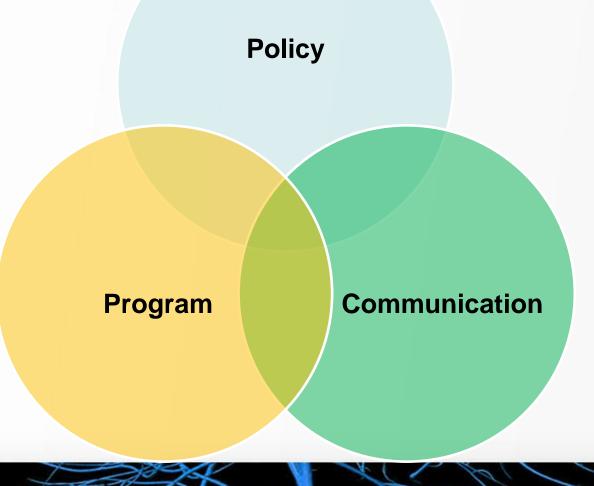


### Hot Topics in S&T Policy

- Climate change
- Dual use research
- Synthetic biology
- Nanotechnology
- Neuroscience
- Animal research
- Informed consent
- Infectious disease/pandemics
- Training the biomedical workforce
- Energy security and alternatives
- Human subjects research
- Healthcare



# "Policy" at NIH



### Who influences S&T Policy?



### Graduate Fellowships

#### Science Policy

- STEM Presidential Management Fellows Program
- The National Academy of Sciences Science & Technology Policy Graduate Fellowship Program
- American Association for the Advancement of Science (AAAS) Science & Technology Policy Fellowships

## Science Communication

- AAAS Mass Media Science
   & Engineering Fellows
   Program
- National Cancer Institute
   (NCI) Health
   Communications Internship
   Program

### PMF STEM Program

- Presidential Management Fellows Program
- Leadership training in public policies and programs at Federal agencies
- Pilot STEM track for fellows to:
  - Manage R&D programs
  - Perform cutting edge R&D
  - Develop technically informed policies
  - Respond to disasters
  - Lead the federal S&T enterprise





### AAAS Mass Media Program

- AAAS Mass Media
   Science & Engineering
   Fellows Program
- Places undergraduate, graduate and postgraduate science, engineering and math students at media outlets
- Next round: Applications due Jan 15, 2016.





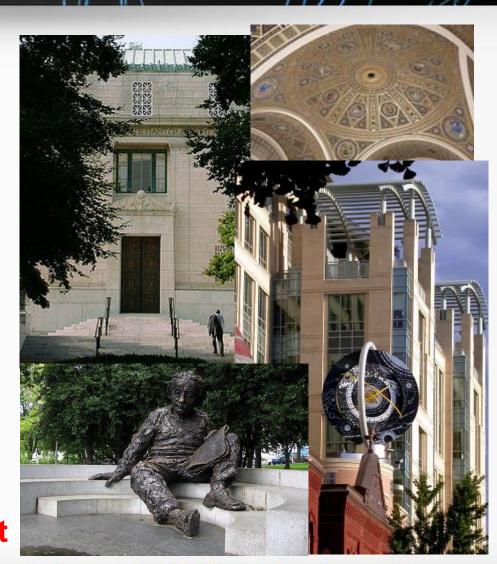


- Six month to 1 year internships at NCI
- Tracks: Health communications & Science writing
- Plan, develop, and promote cancer education programs and materials (including Web-based) for the public, cancer patients, or health professionals
- Gain experience in pre-testing and evaluating cancer prevention and treatment messages, publications, materials, and programs that reach the American public
- Participate in professional meetings and training seminars
- Applications due in March



## NAS Fellowship Program

- Christine Mirzayan Science
   & Technology Policy
   Fellowship Program
- Provides early career individuals with opportunity to learn about science & technology policy at the National Academies
- 12 week program: January-April
- 2017 fellowship session will open to applicants in the summer, due date mid-Sept



- Established in 1970
- Health arm of the National Academy of Sciences
- Private, independent, nonprofit organization
- Both an honorific membership and a policy research organization
- >1,700 IOM members; each year up to 65 new members are elected based on their professional achievement

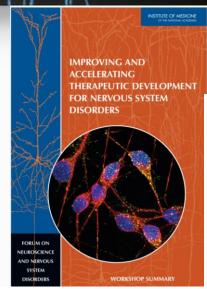
## Fostering Discussion and Discovery

- Consensus Studies
- Forums and Roundtables
- Standing Committees
- Workshops
- Symposia and lectures

### IOM Unit/Placement

## Forum on Neuroscience and Nervous System Disorders

- Areas of interest: Nervous System
  Disorders, Mental Illness and
  Addiction, Genetics of Nervous
  System Disorders, Cognition and
  Behavior, Modeling and Imaging,
  and Ethical and Social Issues
- Membership: industry, NIH, NSF, foundations, academics, patient groups, and clinicians







#### Advancing Therapeutic Development for Dry Age-Related Macular Degeneration (AMD)— Workshop in Brief

Age-related mucular degeneration (AMD) is the leading cause of blindness among white Americans and others of European descent, with lower prevalence among finite of Asias, Latins, or African ancestry. The overall prevalence of AMD is approximately 85 percent ordividue and is expected to rise to 109 affine people workshile by 2020 and 288 million by 2040 (Wong et al., 2014). AMD typically affects people age 50 and older, and the prevalence increases with some northodise final two next flow.

with age, perticularly after the age of 78.

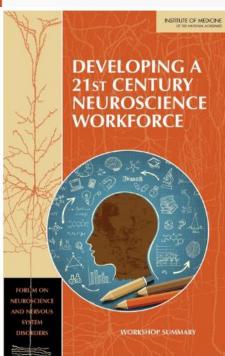
Pall slived, Director of the National Eye Institute (NED of the National Institutes of Health (NEII) must that AND is one of the leading course of surfering as individuals grow other, per there are exercity to resentant and suddles for the note or common form of AND day AND. And account in the decrease of the every and development late been according to Cortifa Green's accor

#### Phenotypic and Genotypic Heterogeneity

AMD offers the mucil, restling in a low of central vision, node Bonly Cheo, Depty Director of the Dickion of Epidemiology and Celeida Applications NII, Two Germed Mod Decister near common, dy (non-centrality) type and the vest (established by Epidemiology and Epidemiological Residual Celeida Applications and Epidemiological Residual Celeida (Epidemiological Residual Res

Does noted that several schema for characterizing and grading the phenotypic characteristics of AMD become developed. In an effort to developed instantialized desideration is the field, it A model and Madel become Institution for Madel and Committee in the field and American institution of AMD experts that employed a modified Dephily process of evoloping as second, more selected to evolve a child of each size from section. The countries in the process of eleveloping according a second, more selected that incorporates results from insigning studies and other technologies (Ferni et al., 2012, see Table 1.Development of heavy systems also infronded analysis of data from the Agos Header Ago Poissons Study (ARTIS), strant of these systems also infronded analysis of data from the Agos Header Ago Poissons Study (ARTIS), strant of these systems also enforced analysis of data from the Agos Header Ago Poissons Study (ARTIS), strant of them.

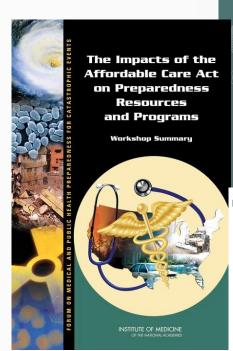
Chew showed how reconspective funds photographs from AMD patients suggest that draws are a precursor OA. These photographs demonstrate that as the disease progresses, small draws crowings into large confluent draws with hypergiamentation (See Figure D. This is usually followed by hypopharentation. In some cases, drawn engoses in size as refractled deposits appear, strated Chew. Progression from large confluent draws to OA takes.

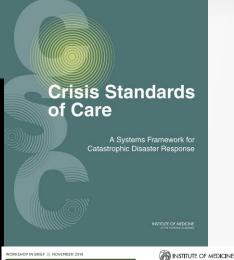


### IOM Unit/Placement

# Forum on Medical and Public Health Preparedness for Catastrophic Events

- Areas of interest: Personal
   Protective Equipment, Medical
   Countermeasures, Biosurveillance,
   Mass Casualty Incidents, Crisis
   Standards of Care
- Membership: CDC, NIH, ASPR, DHS, VA, FDA, FEMA, NACCHO, American Hospital Association, United Health Foundation





Regional Disaster Response Coordination to Support Health Outcomes: Information Sharing and Incident Management— Workshop in Brief

When a disaster strikes, it rarely impacts just one jurisdiction. It is important for jurisdictions to consider how they will respond to a scenario in which the enther region is impacted. To explore these consideration, the Institute of Medichies's Forum on Medical and Public Health Preparendes for Catastrophic Events organized three regional workshops in 204 to explore opportunities to strengthen the regional coordination required to ensure effective medical and public beath response to a large-scale multipracticational disaster. The purpose of each regional workshop is to discuss potential mechanisms to strengthen coordination between multiple jurisdictions in various regions to ensure first and equitable treatment of communities from all impacted areas and an equitable treatment of communities from all impacted areas of multiple gardeness.

Each of the three workshops cower different topics that may strengthen regional disaster response. The first workshop hold in Pruis, California, explored issues of community planning and engagement. The Forum convened a second regional workshop in Minneapolis, Minnesota, bringing together key stakeholders to examine how information and incident management can augment response eights in a complex, regional emergency, which is the focus of this brief summary. The final workshop in this series will take place in New Orleans and will consider will consider the control of the control

#### Integration of Emergency Management and Communication

"We need to reach out and engage with each other across a wide variety of borders—whether they are cross-sectoral or jurisdictional—in order to be prepared when events occur."—W. Craig Vanderwagen

"Communication is the bridge between social engagement and the surge, and it is critical to strengthening our ability to be effective in preparing together, responding together, and moving recovery forward as swiftly as possible," stated W. Crigi Vanderwagen, workshop chait. To focus in on fundamental pieces of this topic, discussions were held on information sharing and dissemination to stakeholders, using data to augment situational awareness and decision makine and coordination within and scross sectory.

In metropolitan regions, communication among multiple agencies can be challenging, even those under the same local government. Gary Schenkel, Executive Director of the Chicago Office of Emergency Management and

For the purposes of these workshops, "region" is defined as a multicounty or multistate affected area, not necessarily abiding by the gions defined by the Federal Emergency Management Agency (FEMA).

The workshop in brief can be accessed online at http://www.iom.ndu/Activities/Publicilealth/MedPrep/-/media/Files/Activity#20

ransy runnerseasing meantry protested for the important processor and the control various as a vary.

This summary represents the viewpoints of the speakers and does not represent consensus recommendations or conclusions of the workshop, but rather provides a summary of presentations and discussions and provides a valuable snapshot of the current state of incident and information management for regional preparedoess initiatives and potential paths forward.

### AAAS S&T Fellowship Program

- Science & Technology Policy Fellowships
- 7 Fellowship Areas
- Opportunity for accomplished scientists and engineers to contribute to federal policymaking process
- 2015 fellowship session is now <u>open</u> to applicants (*Nov 1 due date*)





# Enhancing Public Policy Transforming Careers

GOAL: Foster scientifically informed, evidence-based policy and practice.

**STRATEGY:** Engage scientists and engineers from a broad range of disciplines, backgrounds and career stages to:

- Contribute knowledge and analytical skills to the federal government
- Learn first-hand about policymaking and implementation at the federal level
- ➤ Build S&T leadership equipped to address complex societal challenges

**OUTPUT:** Policy-savvy scientists & engineers



Enhancing **Policy**, Transforming **Careers** 

aaas.org/stpf

#### Fellowship Areas

**Big Data Analytics** 

**Congressional** 

Energy, Environment & Agriculture

Roger Revelle Fellowship in Global Stewardship Health, Education & Human Services

**Judicial Branch** 

Diplomacy, Security & Development

#### Science Policy in Government

#### **Congressional Placements**

- Collect and analyze information
- Write: briefs, talking points, speeches, press releases, reports, text for bills, websites
- Meet with stakeholders
- Organize hearings
- Facilitate, negotiate legislation
- Oversight

#### **Federal Agency Placements**

- Collect and analyze information
- •Write: briefs, talking points, speeches, press releases, reports, text for regulations, websites
- Meet with stakeholders
- Prep for hearings
- Facilitate, negotiate regulations
- Program development, implementation and evaluation
- Interagency collaborations

#### 2014-15 Placements































### 2014-2015 AAAS S&T Policy Fellows



#### 286 Year-long Fellows

- > 170 first year
- 92 second-year
- 6 short-term extensions

#### 247 Executive Branch Fellows

- > 239 selected & administered by AAAS
- 8 selected & administered by partner societies

#### 33 Congressional Fellows

- > 2 selected & sponsored by AAAS
- > **31** selected & sponsored by partner societies

#### How Competitive Are the Fellowships?

<b>2014-15 Selection Statistics</b>
-------------------------------------

	811	509	305	297	206*
Judicia	I 6	6	5	4	1
Cong	85	32	12	12	2
HEHS	233	117	72	69	49
EEA	209	158	96	96	64
DSD	230	159	96	95	74
BD&A	48	37	24	21	16
	APPS	APPS TO SCs	SEMI FINALISTS	INTERVIEWS	FINALISTS

\* includes dual finalists

# Alumni Fellows in Government and Academia



Frances A. Colón

Deputy Science and Technology Adviser to the Secretary of State, U.S. Department of State



Arati Prabhakar

Director, Defense Advanced Research Projects Agency, DoD



Kevin Michael Foster

Professor and
Executive Director,
Institute for
Community,
University and
School
Partnerships, UT
Austin



Rosina Bierbaum

Dean, SNRE, U. Michigan; Member PCAST

# Alumni Fellows in Private Sector and Non-Profits



Alice Chen

Scientist, Law Firm of Keller and Heckman



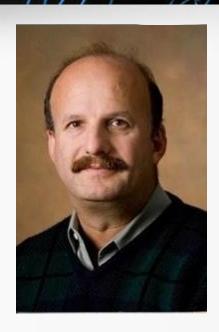
Anish Goel

Director, Technology Policy and Geopolitical Affairs, The Boeing Company



Jessica Tuchman Mathews

President, Carnegie Endowment for International Peace



Steven Buchsbaum

Deputy Director, Discovery at Bill & Melinda Gates Foundation

### General Advice

- Evaluate your career goals
- Assess your skills, values & interests

- my INDIVIDUAL DEVELOPMENT PLAN
- Talk to a career counselor & research options
- Identify mentors

- Linked in .
- Develop an Individual Development Plan (IDP)
  - myIDP.sciencecareers.org
- Gain relevant exposure
- Do Informational Interviews & Network!
- Create a LinkedIn Profile
  - Groups to join:
    - Alternative PhD Careers
    - PhD Careers Outside Academia



### Recommended Reading



**TRENDS** IN THE EARLY areers OF LIFE SCIENTISTS

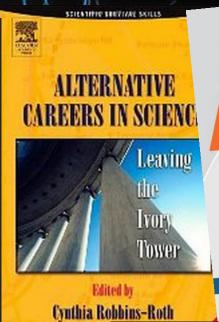
"So What Are You Going to Do with That?"

Finding Careers Outside Academia

THIRD EDITION

SUSAN BASALLA & MAGGIE DEBELIUS

"Full of practical tips and anecdotes from people . . who have turned academic study into fulfilling careers in everything from marketing to community building." - Christian Science Monitor



THE OF THE **ACADEMIC** RESEARCH CAREER Issues and Implications for U.S. Science and Engineering Leadership

Summary of a Workshop

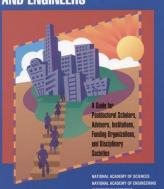
NATIONAL ACADEMY OF SCIENCES, NATIONAL ACADEMY OF ENGINEERING, AND INSTITUTE OF MEDICINE

SURVIVING YOUR DECISIO TO GO TO

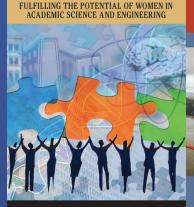
Adam Ruben (PhD!)

The Take-Charge Career Guide for Scientists Peter S. Fiske, Ph.D.

**ENHANCING THE POSTDOCTORAL EXPERIENCE FOR SCIENTISTS AND ENGINEERS** 

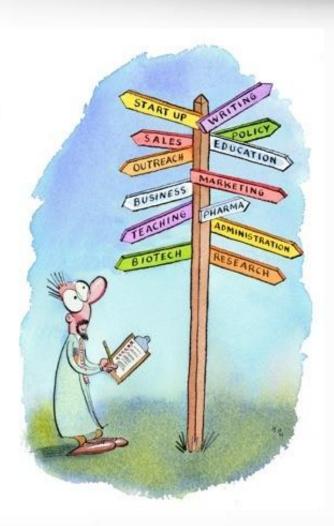


BEYOND BIAS AND BARRIERS



fppt.c

#### Career Resources



NIH Office of Intramural Training and Education

https://www.training.nih.gov/





Science Careers From the journal Science

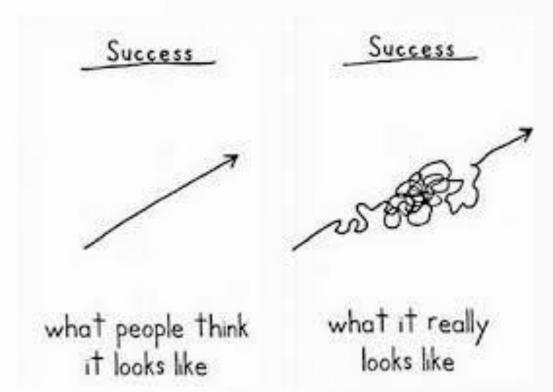
http://sciencecareers.sciencemag.org/





### Thank you!

Email: mottmc@od.nih.gov











# NINDS

Seeking Knowledge about the Brain . . . Reducing the Burden of Disease

