



LOUISVILLE, KENTUCKY

*City Information for
Urology Candidates*



Location



Louisville is a comfortable driving distance to many cities...

- ❖ 2 hrs to Cincinnati, OH
- ❖ 4 hrs to Columbus, OH
- ❖ 2 hrs to Indianapolis, IN
- ❖ 3 hrs to Nashville, TN
- ❖ 6 hrs to Chicago, IL





Climate

Louisville experiences four distinct seasons. Summer comes quicker while fall tends to last longer, and the relatively short winters bring more rain than snow.

The hottest month of the year tends to be July and the coldest month is January. May is usually the wettest month while October is the driest. (Source: www.weather.com and www.wikipedia.com).

For summer in Louisville, shorts and short-sleeved shirts are a must. In the winter be sure to own boots, thick winter jackets, and a rain coat.

Also, it is pertinent to dress in layers in the winter (thick socks, scarves, hats, etc.). Spring and fall climates fluctuate so always keep a sweater or light jacket close by.

Visit <http://www.crh.noaa.gov/lmk/> for severe weather warnings and continuous weather updates in the Louisville area.

AVERAGE TEMPERATURES				
Month	Avg. High	Avg. Low	Mean	Avg. Precipitation
January	41°F	25°F	33°F	3.28 in.
February	47°F	29°F	38°F	3.25 in.
March	57°F	37°F	47°F	4.41 in.
April	67°F	46°F	56°F	3.91 in.
May	75°F	56°F	66°F	4.88 in.
June	83°F	65°F	74°F	3.76 in.
July	87°F	70°F	78°F	4.30 in.
August	86°F	68°F	77°F	3.41 in.
September	79°F	61°F	70°F	3.05 in.
October	68°F	49°F	58°F	2.79 in.
November	56°F	39°F	48°F	3.81 in.
December	45°F	30°F	38°F	3.69 in.

Time Zone: Louisville operates under Eastern Standard Time starting on the second Sunday in March and ending on the first Sunday in November and on Eastern Daylight Saving Time the rest of the year (www.timeanddate.com).

Kentucky for the Nature Lover

Mammoth Cave National Park

Mammoth Cave is the world's longest known cave, with more than 392 miles of interconnected passages—so long that if the second and third longest caves in the world were joined together, Mammoth Cave would still be the planet's longest cave and have more than 100 miles left over!

www.nps.gov/macac/home.htm
www.mammothcave.com



Red River Gorge

Red River Gorge geological area consists of approximately 26,000 acres located within the Daniel Boone National Forest. There are scenic drives with overlooks, trails to hike, historic sites to see, picnic areas, and camping open all year.

The Red River Gorge contains the most natural rock formations in one concentrated area east of the Rocky Mountains. It offers beautiful canoeing and whitewater.

www.redrivergorge.com

Natural Bridge State Park

Another attraction is the gorge's neighbor, the Natural Bridge State Park. Activities include riding the skylift, hiking, swimming, camping, picnicking, shopping at the many shops, and dancing, and many more activities.



The Louisville Zoo

The zoo is home to Gorilla Forest; aquarium exhibits, exotic wildlife, and features many unique shops and eateries. www.louisvillezoo.org



Parks & Recreation

There are many beautiful parks to walk, run and bike in Louisville.

A popular destination is **Cherokee Park**, located in Louisville's Highlands. Cherokee has numerous trails to walk, bike or run – with ample space for picnicking and sports.

Seneca Park has baseball fields, soccer fields, tennis courts, and a track. **Riverfront Park** has playgrounds as well as ample space for team sports.

For those living in the Springhurst area, **E.P. Tom Sawyer Park** is a beautiful place to take a stroll, or bike, **Central Park**, Jefferson County Memorial Forest and more...

The outdoors can also be enjoyed at Kentucky's many lakes. Vacationers and weekenders spend time boating on Lake Cumberland, Kentucky Lake and Nolin Lake. www.kylakes.com



Louisville's Artistic Offerings



Kentucky Center for the Arts
www.kentuckycenter.org

Louisville, KY is home to one of the most vital and vibrant arts communities in the nation. Along with the Kentucky Center for the Arts, Louisville boasts its own ballet, orchestra, opera, children's theater, summer outdoor theater and internationally renowned Tony Award-winning Actors Theater.

Home to Louisville's Broadway Series

The Louisville Ballet
www.louisvilleballet.org

Kentucky Opera
www.kyopera.org

The Louisville Orchestra
www.louisvilleorchestra.org

The Louisville Palace Theater
www.louisvillepalace.com

Music Theatre Louisville (MLT)
www.musictheatrelouisville.com

Shows are performed at the Iroquois Amphitheater

St. James Court Art Show
www.stjamescourtartshow.com Voted #1 Art Show in the United States

Shakespeare Festival ~ www.kyshakes.org



Museums: Kentucky Derby Museum, **Louisville Slugger Museum** (pictured right), Conrad/Caldwell House Museum, Riverside, Colonel Harlan Sanders Museum, Frazier International History Museum, Carnegie Center for Art and History, Muhammad Ali Center, Thomas Edison House (to name a few...)

Speed Art Museum
www.speedmuseum.org

Established in 1927, the Speed Art Museum is Kentucky's oldest and largest art museum with over 12,000 pieces in its permanent collection. Its extensive collection spans 6,000 years, ranging from ancient Egyptian to contemporary art.

Colleges and Universities: University of Louisville, Spalding University, Bellarmine College, Sullivan University, Jefferson Community College

Kentucky Science Center & IMAX Theater
<http://www.kysciencecenter.org/>

Discover the fun of the Kentucky Science Center. You'll find all the major sciences brought to life with exciting, interactive exhibits that engage your hands, your mind and your imagination!



Louisville for the Sports Enthusiast



The Kentucky Derby

The most exciting two minutes in sports, and a great time to be in Louisville. The Kentucky Derby horse race known as America's Race™, caps this month-long celebration which is held each year at Churchill Downs.

For information, go to – <http://www.churchilldowns.com/>

The Kentucky Oaks ~ Ladies First!

The Kentucky Derby's sister event, Kentucky Oaks has collected its own traditions, features a namesake race, boasts a special flower, offers an official cocktail and as of 2009 has official charity partners that make the Oaks not only a great sports and entertainment experience but also a party with a purpose. The Oaks has also adopted a signature color -- one that has us tickled PINK.



The Kentucky Derby Festival blasts off with **Thunder Over Louisville**, one of the largest annual fireworks displays in North America.

Thunder is followed by a variety of activities ranging from concerts, festivals, the **Great Balloon Race**, and the Pegasus Parade.

For information on the **Kentucky Derby Festival** including the Great Balloon Race, the Balloon Glow, Thunder Over Louisville, the Steamboat Race, the Pegasus Parade and more – visit <http://kdf.org/>



Other Annual Events

There are a plethora of events on any given date in Louisville which appeal to a diverse group of people ranging from family activities, nightlife in Louisville, the arts, and sporting events.

Idea Festival: A world-class event aimed at attracting a diverse group of innovative thinkers to come together and present new ideas.

Abbey Road on the River: Held in downtown Louisville, Abbey Road on the River is the world's biggest Beatles festival.

Lebowski Fest: A celebration of all things related to The Big Lebowski including bowling, special performers, and costume contests.

Ironman: An ultra-distance triathlon held annually.

Bourbon Festival: The Bourbon Festival, held in Bardstown, Kentucky, consists of fine bourbon, great food, and exciting entertainment.

Kentucky State Fair: The Kentucky State Fair consists of a variety of attractions from concerts to horse shows to various exhibitions.

Bardstown Road Aglow: Held annually in December, this event promotes the holiday season by engaging community members to walk Bardstown Road and visit some of the great shops and restaurants located in the Highlands.

Zombie Walk: At 8:29 p.m. on 8/29 every year, Bardstown Road is flooded with thousands of people dressed as Zombies. This event also includes a “Zombie Run” where teams compete in a car race based on clues.

World Festival: Through a mixture of international cuisines, a multitude of performances, and a parade of cultures; the World Festival celebrates diversity in the Louisville community.

Waterfront Wednesdays: Presented by 91.9 WFPK and Waterfront Development Corporation, Waterfront Park offers concerts with a variety of artists on the last Wednesday of the month from May to September.

Halloween at the Zoo: The “World’s Largest Halloween Party” held at the Louisville Zoo where kids can trick-or-treat and enjoy many other fun and spooky attractions.

Trolley Hops (Downtown; Frankfort Avenue): Held on the first Friday of every month, the downtown trolley hop allows residents to jump on a trolley and tour various downtown restaurants, bars, shops, and artistic venues. On the final Friday of each month is the F.A.T. trolley hop that tours various venues in the Frankfort Avenue area.



University of Louisville Cardinal Sports

www.gocards.com

For sporting events at the University of Louisville, visit: <http://www.uoflsports.com/>



Louisville Bats (Minor League)



<http://www.milb.com/index.jsp?sid=t416>



For information on the Louisville Kings, Australian football league, visit: <http://louisvillekings.com/>

For more information on Louisville Soccer, visit: <http://www.louisvillecityfc.com/>

For more information on other Louisville athletic groups and sporting events hosted in Louisville, visit: <http://louisvillesports.org/>

For a listing of all public, private, and municipal golf courses, <http://www.thegolfcourses.net/golfcourses/KY/Louisville.htm>

KFC YUM! Center

The KFC Yum! Center is the new sports and multi-purpose arena hosting major musical acts and world class events.

<http://www.kfcyumcenter.com/>



4th Street Live – A new spot in the city for nightlife.

4th Street Live is also set to host various concerts and events, apart from housing its noteworthy bars and eateries.

Bars and Clubs

- A list of local bars with reviews & descriptions, <http://www.yellowpages.com/louisville-ky/bars>
- A list of local clubs with reviews & descriptions, <http://www.yellowpages.com/louisville-ky/night-clubs>

Our List of Great places for a drink...

4th Street Live (Downtown) ~ Cumberland Brews (Bardstown Rd) ~ Flannigan's Ale House (Baxter Ave) ~ The Monkey Wrench (Barrett Ave) ~ Molly Malone's (Baxter Ave) ~ O'Shea's (Baxter Ave)

Live Music

- To find the latest news and performance information on music artists coming to the Louisville area go to <http://www.louisvillemusicnews.net/webmanager/>

Find out what's happening at <http://www.louisville.com/> or <http://www.gotolouisville.com/> or <http://www.courier-journal.com/entertainment/>

Restaurants

- For restaurant articles and reviews, <http://www.hellolouisville.com/restaurants.cfm> or www.louisvillediner.com
- For a list of "best restaurants in Louisville" according to reviews and ratings, <https://www.gotolouisville.com/restaurants/>
- For information on Louisville Originals, the nation's first independent restaurant rewards program, <http://louisvilleoriginals.com/>

UofL Benefits

Life Insurance

Term life insurance is provided for all residents, in the amount of \$2000 of life insurance for each \$1000 of annual stipend. Accidental death and dismemberment coverage is included.

Health Insurance

Single and family coverage is available at group rates. Several different plans at varying costs are available to choose from. Residents may choose Premium Conversion, which permits payment of premiums with pre-tax dollars.

Workers Compensation

All residents are covered by workers compensation for medical expenses and lost work time due to job-related illness or injury.

Disability Insurance

Long-term disability insurance is provided for residents, free of charge. Residents have the option of converting the coverage from group to individual at the end of their training, and the option of purchasing additional coverage at very reduced rates.

Malpractice Insurance

Coverage is provided for all residents by either the University of Louisville or by the hospitals to which residents are assigned. This coverage applies to all assigned rotations that are part of residency training, as detailed on the reverse side of the resident agreement.

Dental Care and Coverage

The Faculty Practice Office in the Outpatient Care Center will provide annual examination, including cleaning and x-rays, to residents free of charge. Residents can call 852-5401 for information. Residents may also purchase, at group rates, dental insurance in both single and family plans.

Medical Licensure

Kentucky state law requires that all PGY-2 and above trainees be licensed to practice medicine in the state of Kentucky. The fee for the initial training license is paid by the Graduate Medical Education Office for the PGY-1's who continue as PGY-2's in U of L programs.

Campus Health Service Office

Hepatitis B immunization and an annual TB skin test are required and furnished free of charge to all residents. The Campus Health Services Office provides minor urgent medical care and immunizations, including boosters and TB testing. Personal counseling is also available. The Campus Health Services Office also serves as an on-site treatment facility for workers compensation related injuries and exposures including needle sticks, and as the repository of resident immunization records and exposure data. The office is staffed by board certified faculty physicians and faculty nurse practitioners who have extensive primary care and occupational exposure experience.

Vacation (Annual Leave)

PGY-1..... 3 weeks annually
PGY-2/above.....4 weeks annually

At the discretion of the Program Director, an additional 2 weeks may be permitted for personal or educational leave. In addition, Program Directors may grant one additional week vacation to PG-1's.

Lab Coats

Lab coats are provided by departments for residents at the beginning of their training.

Physician Placement Service

The University of Louisville Physician Placement Service Office provides assistance to residents and others seeking practice opportunities in Kentucky. This is a free service to residents.

Library Privileges and Services

Residents have library privileges at the medical school library (Kornhauser Health Sciences Library) and at all affiliated hospitals. Available services include electronic literature searches and interlibrary loan service. Audiovisual equipment, as well as computers and computer software, are made available to residents through the library. Through the Kornhauser Library's website (<http://library.louisville.edu/kornhauser/>), residents have access to thousands of electronic journals via Medline and online e-journal collections. Residents can search the library's catalog or view a collection of electronic textbooks and reference materials online.

Counseling Services

Professional counseling is available to residents through the Health Sciences Center Campus Health Services. Counseling services are also available through the University of Louisville Employee Assistance Program.

Recreational Facilities

Free membership to the HSC Fitness Center is available to all HSC residents, students, staff and faculty. The Fitness Center is conveniently located in the Chestnut Street Parking Garage, and includes weight machines, free weights, and 20 pieces of aerobic equipment. Aerobics and yoga classes are also offered. In addition, a swimming pool and recreational facilities on Belknap Campus are also available to residents, through the Intramural and Recreational Sports Office, the Student Activities Center, and Crawford Gymnasium.

Medical and Personal Leave

Paid medical leave up to 90 days is available in cases of extended personal illness. Residents are covered under the Graduate Medical Student Leave Policy, which provides up to 12 weeks unpaid leave for personal or family illness. Personal leave is available at the discretion of the Department Chair.

Couples Match

The University of Louisville welcomes applicants who plan to participate in NRMP as a couple. Be sure to indicate on your application that you will be participating in the couples match and give the name of your partner and the program that he or she is applying to.

Maternity/Paternity Leave

Female residents may use a combination of vacation and personal time to cover up to 42 days of paid post-partum leave. Leave of absence longer than 42 days is taken as unpaid leave. Male residents may use annual leave or unpaid leave under the Graduate Medical Student Leave policy.

Dependent Care Spending Account

Residents may establish an account to convert tax-free benefit dollars within the limits established by the IRS. The monies are reimbursed to the resident for expenses incurred for dependent care of children.

Parking

Resident stipends include an allotment of \$500 to cover the cost of a parking permit. Residents may choose where to purchase their parking permit.

Other Benefits

Some departments provide additional benefits to their residents, such as textbooks, professional dues, or funds for travel to educational meetings.

Housing Options

Campus Housing/University Apartments

*For University Housing options and University referred outside housing options, visit:
louisville.edu/housing/

Off-Campus Housing Resources

*For Resources to Find Outside Housing, visit: <https://offcampushousing.louisville.edu/>
<http://louisville.about.com/od/movingtolouisville/tp/findinganapartment.htm> or
<http://www.louisvilleky.gov/Visitors/>

Information on Neighborhoods and Available Housing Options:

- Information, statistics, demographics, and housing options in **The Highlands**
<http://louisville.about.com/od/neighborhoodscities/tp/highlandslouisville.htm>

- Information, statistics, demographics, and housing options in **St. Matthews**
<http://louisville.about.com/od/neighborhoodscities/tp/stmatthewslouisville.htm>

- Information, statistics, demographics, and housing options in **Old Louisville**
<http://louisville.about.com/od/neighborhoodscities/tp/oldlouisvilleneighborhood.htm>

- Information, statistics, demographics, and housing options in **Germantown**
<http://louisville.about.com/od/neighborhoodscities/tp/germantownlouisville.htm>

- Information and housing options **Downtown**
<http://louisville.about.com/od/neighborhoodscities/tp/Downtown-Louisville-Apartments.htm>

Renter's Right's/ Renter's Insurance

-Renter's Rights <http://www.hud.gov/local/ky/renting/tenantrights.cfm>

-Renter's Insurance <http://www.yellowpages.com/louisville-ky/renters-insurance>



Real Estate Related Sites

www.apartmentfinder.com

www.semonin.com

www.remax.com

www.kyselectproperties.com

*Republic Bank – Offers special mortgage/financing deals for medical students and residents.

Local Utilities (Main) For Jefferson County, Kentucky

Gas & Electric

Louisville Gas and Electric (LG&E) (502) 589-1444
<http://www.lge-ku.com/lge/>

Water

Louisville Water Company (502) 583-6610
<http://www.louisvillewater.com/>

Sewer

Metropolitan Sewer District (MSD) (502) 587-0603
<http://www.msdlouky.org/>

Trash Collection

City of Louisville (502) 574-3333
<http://www.loukymetro.org/>

Television, Internet, and Phone Service

AT&T (888) 757-6500
<http://www.bellsouth.com/>

Television, Internet, and Phone Service

Spectrum Communications (502) 357-4400
<https://www.spectrum.com/>

Helpful Websites:

Education related - Public School Info www.jefferson.k12.ky.us

Private School Info www.louisville.com/loumag/schoolguide02/guide.html

Governmental - www.loukymetro.org ~ www.louisvilleky.gov

Louisville jobs - www.jobs.net/Kentucky-Louisville.htm

Louisville Dictionary

The Belle of Louisville: The oldest Mississippi-style steamboat in operation located at Waterfront Park in downtown Louisville.

The Brown/ The Seelbach/ The Galt House: Three of Louisville's premiere hotels which are all located downtown.

Hot Browns: The Hot Brown is an open-faced sandwich that contains turkey and bacon and is covered in Mornay sauce and baked until the bread is crisp causing the sauce to turn brown in color. The sandwich was first created at the Brown Hotel in Louisville.

Gene Snyder Freeway: What locals have named I-265 in Louisville.

Kentuckiana: Louisville sits right on the borders of Southern Indiana. As such, many residents of the Indiana border cities, namely Jeffersonville, Clarksville, New Albany, and Corydon, come to Louisville to work, eat, drink, and shop. Additionally, the cities are in such close proximity that the local media outlets cover news in all of the cities. The result of this combined media coverage resulted in a term that refers to both Louisville and Southern Indiana – Kentuckiana. You'll hear this word used in general conversation, hear it on the news, and read it in the paper daily.

Lee Hamilton Highway: What locals have named I-265 in Indiana.

Lewisville vs. Looavull vs. Looaville vs. Luhvull: A sign on the front of the Louisville Visitors Center mocks the different ways that people pronounce the name of our city: "Lewisville," "Looeyville," "Looavull," "Looaville," and "Luhvull." Phonetically, it would seem that the "Lewisville" or "Looeyville" pronunciations would be correct. However, pronouncing the name of your new home either of those ways is sure to give you away as an outsider. The pronunciation that most Louisville residents use is "Looavull," though "Looaville" and "Luhvull" aren't uncommon. Taken directly from:

<http://louisville.about.com/od/neighborhoodscities/tp/ThingsYouNeedToKnow.htm>

Louisvillians: Term for the native peoples of Louisville.

Watterson Expressway: What locals have named I-264.

Affiliated Institutions

Our physicians are the heart of UofL Health Care, an umbrella that encompasses the finest medical facilities in the heart of Louisville, Kentucky.



University of Louisville Hospital, an acute care and Level One trauma facility that includes inpatient services and a full range of diagnostic, therapeutic, emergency and surgical services. University Hospital also boasts the state's first joint commission-accredited stroke center, high-risk maternal fetal medicine, inpatient cancer care, a newly-expanded sleep medicine center, a comprehensive epilepsy center, digestive health, geriatrics and the adjacent Ambulatory Care Center, housing a number of outpatient services and specialty clinics.

James Graham Brown Cancer Center, a newly-renovated outpatient facility dedicated to a top-notch patient experience and the latest technologies, including a \$15 million investment in state-of-the-art radiation oncology equipment.



Jewish Hospital and Sts. Mary and Elizabeth Hospitals, also located within a block of UofL, was the site of the world's first and second implants of AbioCor implantable replacement heart and the world's first successful hand transplant. The hospital, flagship of a network of more than 40 health care facilities throughout the region, is home to many specialties including transplant surgery.

Norton Hospital, a top-ranked patient care facility with medical and surgical services, is located within a block of the UofL Health Sciences Campus. The hospital provides opportunities for resident training in a private patient setting. Full-time UofL faculty members direct many of the active education programs in anesthesiology, medicine, pathology, psychiatry, radiology, surgery, urological and neurological surgery.





***Norton Children's Hospital and Norton Children's Medical Center**, part of Norton Healthcare, are nationally-recognized for their quality and level of care, are the home base for the majority of UofL's pediatric residency programs. **Norton Children's Hospital** is adjacent to the UofL Health Sciences Center, while **Norton Children's Medical Center**, is just 15 minutes east.*



***Veterans Affairs Medical Center**, located approximately three miles east of the UofL Health Sciences Center, has an average daily census of more than 300 inpatients and more than 80,000 ambulatory care visits each year. With a large and varied flow of inpatients and outpatients, it is an ideal setting for training in many adult specialties.*

***Frazier Rehabilitation Institute**, part of the Jewish Hospital and St. Mary's Health Care network, has been setting a standard of excellence in rehabilitative medicine since 1954. Frazier specializes in the treatment of brain and spinal cord injuries, stroke rehabilitation, movement disorders, amputations, burns, cardiopulmonary conditions and other orthopedic and neurologic conditions.*

