

# University of Louisville School of Medicine

## Division of Plastic Surgery

SPRING

2022 NEWSLETTER

Volume 6, Issue 1

May 2022



**The Comeback for the Ages! We had a historical Kentucky Derby as Rich Strike wins the roses!**  
Click [here](#) if you missed it.

As spring approaches, we are moving full speed ahead back into our regularly scheduled activities. We've completed 2 interview cycles, started onboarding for 2023 trainees, welcomed back our Visiting Professor Program, and launched back into our Journal Club! Read on to see what we've been up to!

### Upcoming Meetings & Events:

Mock Oral Exams: May 23

Boards: May 10

OVSPS: June 3-4

Graduation: June 24

Donate now to the Janet Wilhelmi Award

<http://give.louisville.edu/psaaf>

Donate now to the Kasdan Award

<http://give.louisville.edu/kasdan>

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### Division of Plastic Surgery

#### Academic Office

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Louisville, KY 40202

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#### Private Patient Office

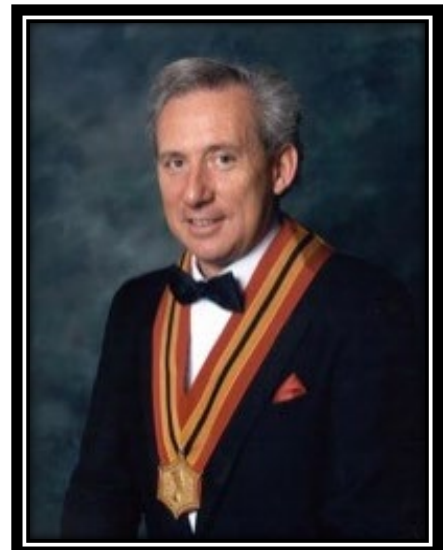
UofL Physicians

401 East Chestnut Street #790

Louisville, KY 40202

502.583.8303

### In Memoriam of Norman Cole, MD.



## Our Academic Faculty

### **Bradon J. Wilhelmi, M.D.**

Leonard J. Weiner Endowed Professor  
Chief of Plastic Surgery  
Director of Plastic Surgery Residency Program

### **Joshua H. Choo, M.D.**

Associate Program Director of Plastic Surgery  
Assistant Professor of Surgery  
Director of Complex Wound & Lower  
Extremity Reconstruction

### **Gordon R. Tobin, M.D.**

*Professor of Surgery*  
*Director of Thoracic/Pelvic Reconstruction*

### **Jarrod A. Little, M.D.**

Assistant Professor of Surgery  
Director of Head & Neck Reconstruction

### **Ryan L. Shapiro, M.D.**

Instructor of Plastic Surgery

## 2021-2022 Fellows

### Chief Fellows

Samuel L. Corey, M.D.  
Michael S. Keyes, M.D.

### Second Year Fellows

Milind Kachare, M.D.  
Alexander Nixon, M.D.

### First Year Fellows

Evan Westrick, M.D.  
Joshua C. MacDavid, M.D.

## 2021-2022 Residents

### First Year Residents

Candice L. Nguyen, M.D.  
Mitchell B. Peake, M.D.

## **Welcome Dr. Baynosa!**

## **Our Visiting Professorship Returns!**



This spring brought us more than just warmer days and pretty blossoms. It welcomed back our visiting professorship! After 2 long years of cancelations and disappointments, we were finally able to welcome Dr. Richard Baynosa for a quick visit to the Derby City.

Dr. Baynosa is the Chief and Program Director of the Division of Plastic and Reconstructive Surgery and head of Breast Surgery at the University of Nevada, Las Vegas.

Read on to hear more of our Visiting Professor activities with Dr. Baynosa!



Dr. Wilhelmi presents Dr. Baynosa the honorary certificate of appreciation.

## **ASPS/PSF Conference**

Dr. Baynosa presented on two topics at our annual ASPS conference this year. Topics included:

*Incorporating the Robotic Rectus Abdominis Muscle (RRAM) Flap into the algorithm for Pelvic and Vaginal Reconstruction*  
&

*Breast Reconstruction: The Evolution of Techniques to Meet the Needs of Breast Cancer Survivors*

## Journal Club

We were honored to have Dr. Baynosa moderate our Journal Club on Complex Breast & Microsurgery at Ruth's Chris. Reviewed articles included:

- *Comparing Outcomes after Oncoplastic Breast Reduction and Breast Reduction for Benign Macromasti*
- *Impact of Chemotherapy and Radiation Therapy on Inflammatory Response, Neovascularization, and Capsule Formation of Acellular Dermal Matrix in Breast Reconstruction: Analysis of the BREASTrial Biopsy Specimens*
- *Safety and Efficacy of Local Tranexamic Acid for the Prevention of Surgical Bleeding in Soft-Tissue Surgery: A Review of the Literature and Recommendations for Plastic Surgery*
- *Vein Grafts in Free Flap Reconstruction: Review of Indications and Institutional Pearls*



**Dr. Baynosa receives the traditional Derby City Mint Julep Cup**

## Acland Lab

Dr. Baynosa spent some time in our Acland Lab on his visit. Pictured below is the team doing a breast reconstruction flap including DIEP flap elevation.



**Left to Right: Drs. Corey, MacDavid, Nixon, Baynosa, Keyes, Kachare, Westrick**

## Kentucky Society of Plastic Surgeons

KSPS hosted their annual conference in April 2022. Fellows from both the University of Louisville and the University of Kentucky, went head-to-head in the research competition. Winners were announced and awards were presented over dinner at the one-of-a-kind 21C Restaurant and Museum. A big congratulations to Dr. Nixon & Dr. Kachare for their hard work and dedication to plastic surgery research!



Dr. Nixon takes 1<sup>st</sup> place, winning a cash prize of \$1,000 for his research titled: *Optimizing Staged Implant-Based Breast Reconstruction with Air Filled Expanders to Minimize Displacement, Reduce Pressure on Mastectomy Flaps, Aid in Redraping of Redundant Skin, and Centering the Nipple Areola Complex*



KSPS President, Dr. Palazzo presents Dr. Kachare's prize check for taking 2<sup>nd</sup> place for his titled research: *The Prevention of Implant Malposition in Latissimus Dorsi Myocutaneous Flap Breast Reconstruction using an Acellular Dermal Matrix with Pectoralis Muscle Following Mastectomy for Breast Cancer: A Clinical Review*



## Match Day Results!

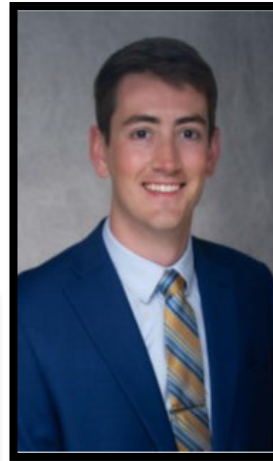
We had a busy year with interviews! Since adding the Integrated track to our Program, we now have 2 interview cycles a year. The integrated residents who match this March, have already hit the ground running with UofL OnBoarding to start the 2022-2023 Academic Year. We are also welcoming our 2 new Fellows who will start July 2022.

## Welcome Our 2022 Trainees!



### Fellow

**Dr. Anthony Azzolini**  
University of Tennessee, Knoxville  
Robert Wood Johnson Medical School  
Rutgers; New Brunswick, NJ



### Resident

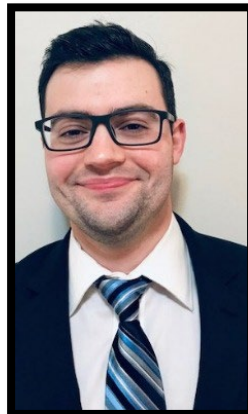
**Dr. Shelby Graham**  
Rush Medical College  
Illinois



### Fellow

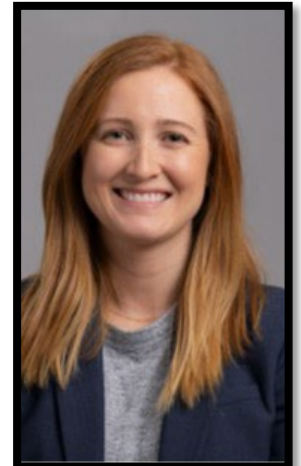


**Dr. Jacob Katsnelson**  
University of California, Berkeley  
Ohio State University  
Abington-Jefferson Health; Abington, PN

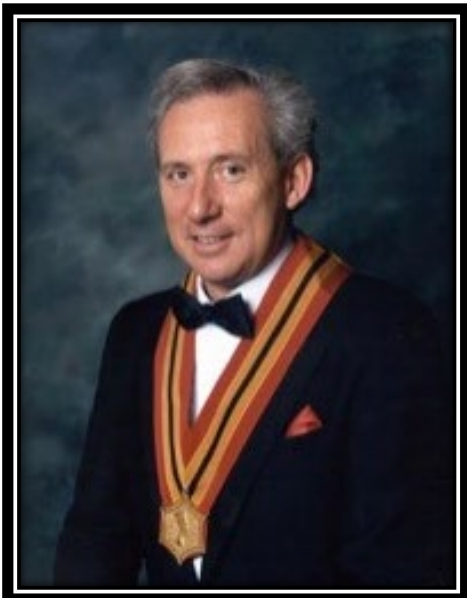


### Resident

**Dr. Brian Paul**  
University of Iowa  
Iowa



## In Memoriam of Dr. Norman Cole



Norman Cole, MD was a legend in plastic surgery. He served as President of The Aesthetic Society from 1987-1988. A decade later, he served as President of ASERF from 1997-2001.

Notably, he was President of ASPRS (ASPS) during the “breast implant crisis” of the early 1990’s. He is one of only two leaders to have served as president of both.

It was during his term as President-Elect of the Aesthetic Society that he suggested focusing on the term *aesthetic* to promote Society members as experts within that specific field of plastic surgery, advice that has continued to brand us as the go-to for aesthetic education.

Dr. Cole was a believer in science and research. He worked hard to provide opportunities for plastic surgeons to flourish in these areas.

Dr. Norman Cole passed on December 29, 2021, at the age of 85.

*(Excerpt from The Aesthetic Society)*

# Alumni Snapshots!



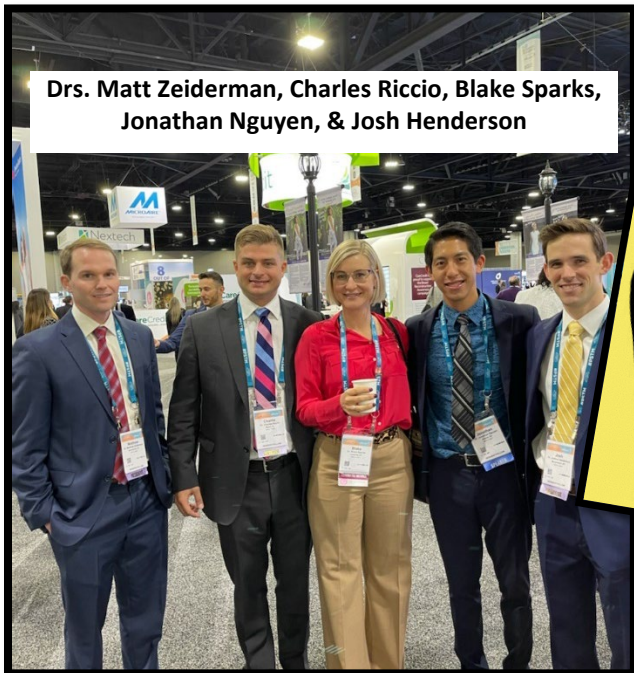
Alumni @ ASPS Conference



Dr. Kasdan Goes Fishing!



Drs. Ross Cooperman & Jeremiah Redstone  
ULPS Grads 2010 still work together in NY/NJ  
area.



Drs. Matt Zeiderman, Charles Riccio, Blake Sparks,  
Jonathan Nguyen, & Josh Henderson



Dr. Evan Westrick, a 1<sup>st</sup> Year Plastic  
Surgery Fellows' Son & Daughter enjoying  
Springtime in Kentucky



Drs. Ron Brooks & Sean Kelishadi  
enjoy a break at the ASAPS  
meeting in San Diego.



ULPS Fellowship alumni catching up for  
lunch at the ASAPS San Diego Meeting  
(Drs. Ron Brooks & Stephen Gunn).

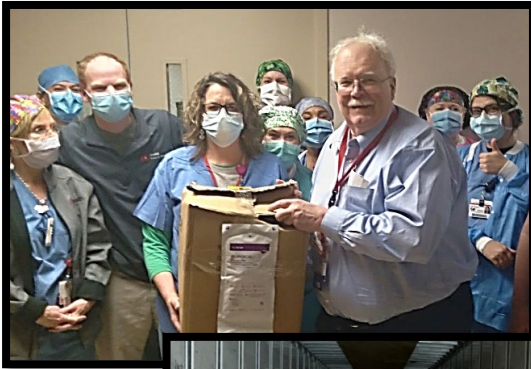


Presenting 3<sup>rd</sup> Year Fellow, Dr. Corey's,  
newest addition. Welcome baby  
Nora!

We are proud of our alumni! Send us  
your picture or recent achievement to  
share with our community.  
Amory.alvey@louisville.edu



## One of Our Own Helps Ukraine



(Above) UofL Trauma Surgeon, Dr. Keith Miller, and UofL OR Supply Coordinator, Tara Wright, giving Dr. Tobin a box of hemostatic agents, to control life threatening bleeding in wounds.



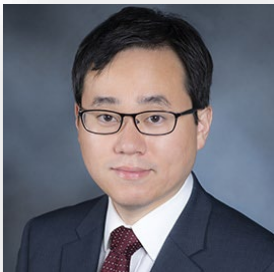
(Above) A cargo of medical supplies ready for shipment.

Supplies Overseas (SOS) recovers, refurbishes, and recycles hospital supplies and equipment for reuse in impoverished developing countries. It was founded by U of L surgeons who were also leaders in the Greater Louisville Medical Society and Kentucky Medical Association. UL surgeon Dr. Norton Waterman founded it at Jewish Hosp in 1993. Shortly thereafter, Dr. Gordon Tobin brought the program to U of L Hosp, and UL surgeon, Dr. Jeff Wieman brought it to Norton Hosp.

Over the 29 years, these Medical Center Hospitals have been the main contributors, giving tons of supplies. Contributing hospitals now extend across the Bluegrass State and Southern Indiana. Over \$60 million worth of supplies have gone to needy hospitals abroad in over 106 countries, and about 4 million pounds have been kept out of US landfills by this.

Dr. Tobin initiated the Ukrainian relief project in March, in response to the tragic war in Ukraine. He enlisted SOS, Civic leader, Christy Brown, and Former US Ambassador to Slovakia, Tod Sedgwick. On our end, SOS (led by CEO, Denise Sears) provided two shipments of supplies from the SOS warehouse (about \$300,000 worth, with a volume about the size of two 18-wheel tractor-trailers). Ms. Brown generously funded the SOS packing costs of the first shipment. The Kentucky Medical Association Foundation, Dr. Tobin, his family, and Whitman College Alumni funded the cost of the 2<sup>nd</sup> SOS shipment. This shipment was dedicated to the memory of trauma pioneer, J. David Richardson, M.D. These two shipments were air-lifted to recipient NGO humanitarian organizations near and in Ukraine. These supplies are now in Ukraine hospitals for care of their injured defenders, and citizens.

### Dr. Choo Receives the Integra Grant



“Direct application of Integra® on bare calvarium without preliminary burring” is an investigator-initiated protocol written by Dr. Joshua Choo. His enrollment goal is to ten local patients over ten months with an anticipated date of complete in January 2024. All patients will be followed over six months of consent to perform the necessary study procedures and proper observation for each patient.

The purpose of his study is to determine if covering exposed bone on the scalp using skin substitute called Integra® Dermal Regeneration Template System (IDRT) without removing the outer layer of the bone can result in skin grafts that will not break down.

### Acland Lab



Dr. Wilhelmi leading upper extremity anatomic dissection in the Acland Lab with ULPS Fellows & Integrated plastic surgery Residents.

## Fellow Academic Award

### We Need a Helping Hand to Reach Our Goal!

In 2017 we renamed our Academic Achievement Award for the late Janet Wilhelmi, in recognition of her commitment to education and her own efforts in academics. Undaunted by any obstacle, Mrs. Wilhelmi went back to college at the age of 40 and achieved a 4.0 GPA while completing her bachelor's degree in Education. She then went on to devote her life to teaching others, and always stressed academic excellence (for her students and her family)!

In order to recognize the similar hard work and commitment from our Fellows, we would like to provide a monetary award in addition to the plaque given annually for the best in-service exam score.

In order to do so, the fund must reach \$10,000 before the University will allow us to dispense any financial awards to the deserving Fellow. We are currently at the halfway point of reaching our goal!

*Please consider donating a tax-deductible gift so that we can not only recognize, but also reward a deserving Fellow for their commitment to excellence.*



### Contributors to the Janet Wilhelmi Award

Claudiu Muresan, M.D.

Nitin Engineer, M.D.

Yaron Hazani, M.D.

Michelle Palazzo, M.D.

Bradon Wilhelmi, M.D.

### Recipients of the Academic Award

2021: Samuel Corey, M.D.

2020: Michael Ablavsky, M.D.

2019: Adam O'Toole, M.D.

2018: Jared Davis, M.D.

2017: Jared Davis, M.D.

2016: Josh Choo, M.D.

2015: Josh Choo, M.D.

2014: Josh Choo, M.D.

2013: Ron Brooks, M.D.

(Pictured right)

Dr. Corey receives the Janet Wilhelmi Award last year. We hope to grant the 2022 recipient a cash award to accompany the honorary plaque.



### **Donate now to the Janet Wilhelmi Award**

<http://give.louisville.edu/psaaf>



### **Kasdan Award: Medical Student Award**

Dr. Kasdan is known for his lifelong service as a plastic surgeon at the VAMC, as well as his enduring commitment to medical student training. His "Suture Sundays" remain legendary at the School of Medicine, both for the skills the students practiced and the warmth of their welcome each week. In that spirit, this scholarship recognizes the best UofL School of Medicine student who matches into a plastic surgery program with a farewell gift as they leave the nest.

### **Donate now to the Kasdan Award**

<http://give.louisville.edu/kasdan>



## *Academic Office*

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**Helen Anderkin**  
Research Coordinator  
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## ★ Upcoming Society Meetings ★

- [Plastic Surgery Research Council](#)  
June 8-12, 2022  
Toronto, Ontario, Canada
  - [American Association of Plastic Surgeons](#)  
October 16-19, 2022  
Boston, MA
  - [American Society for Surgery of the Hand](#)  
September 29-October 1, 2022  
Boston, MA
  - [American College of Surgeons](#)  
October 16-20, 2022  
San Diego, CA
-