

University of Louisville School of Medicine

Division of Plastic Surgery

WINTER NEWSLETTER 2025

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Winter 2025

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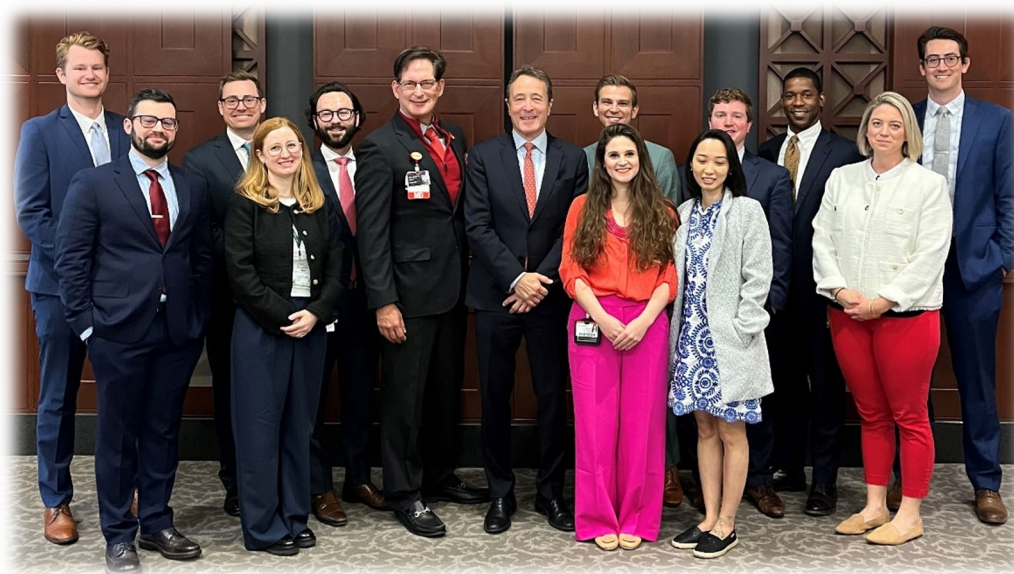
Division of Plastic Surgery

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Looking back at 2024, the plastic surgery program has experienced much growth and progress. You can see from the photo above our training programs both independent and integrated continue to amplify (13 now) as we swell to graduate 3 per year. This year, several ULPS and ULSOM graduates passed the ABPS, completed highly regarded fellowships, published peer reviewed articles, and presented scientific projects at meetings. We are fortunate to have excellent faculty (academic and gratis) and to be able to expand the faculty to meet the diverse and voluminous educational demands of our trainees.

We enjoy sharing our recent ULPS family accomplishment and events with you through this newsletter. Throughout the year, we would greatly appreciate your sharing individual stories, photos, and accomplishments with us to share in our regular newsletter. We look forward to your upcoming successes and anecdotes for future letters. The ULPS program appreciates all you have done for the program over the past years. Thanks for making us proud. **L1C4!**

-Dr. Bradon Wilhelmi

Donate now to the
Janet Wilhelmi Award
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Kasdan Award
<http://give.louisville.edu/kasdan>

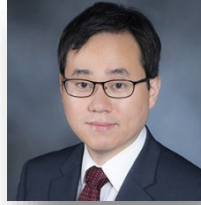
A GROWING TEAM

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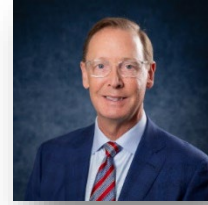
Bradon J. Wilhelmi, M.D.

Leonard J. Weiner, M.D. Professor
& Chief of Plastic Surgery
Plastic Surgery Residency Program
Director



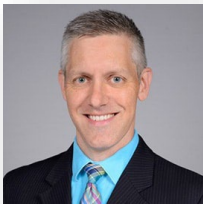
Joshua H. Choo, M.D.

Associate Program Director of Plastic
Surgery
Associate Professor of Surgery
Director of Complex Wound & Lower
Extremity Reconstruction



Terry M. McCurry, M.D.

Associate Professor of Surgery



Ryan L. Shapiro, M.D.

Assistant Professor of Plastic Surgery



Dexter W. Weeks, M.D.

Assistant Professor of Plastic Surgery



Michelle Palazzo, M.D.

Associate Professor of Plastic Surgery
Program Director of Hand Fellowship

Residents & Fellows

PGY4 Residents

Candice Nguyen, MD
Mitchell Peake, MD

PGY3 Residents

Shelby Graham, MD
Biran Paul, MD

PGY2 Residents

Arrin Brooks, MD
Chris Bruce, MD

PGY1 Residents

Brandon Rosser, MD
Carter Prewitt, MD

Chief Fellows

Anthony Azzolini, MD
Jacob Katsnelson, MD

PGY7 Fellows

Joshua Spiegel, MD
Wilson Huett, MD

PGY6 Fellows

Alessandra Spagnolia, MD

2025 Matched Fellow



Joseph "Preston" Bethea, MD

Residency: East Carolina University
Medical School: University of South Carolina

2025 Matched Residents

**STAY TUNED! RESULTS
COMING THIS MARCH!**

ASPS/PSF VISITING PROFESSOR PROGRAM



Lorne Rosenfield, MD is a cosmetic, plastic & reconstructive surgery specialist with almost 44 years' experience. He graduated from University of Manitoba (Canada) School of Medicine in 1980. Dr. Rosenfield is renowned for his expertise in both facial rejuvenation and body contouring. He has developed many innovative procedures which have been adopted by surgeons the world over. His current practice is in Burlingame, California since 1987.

ASPS/PSF Visiting Professor Conference

Topic: *"If Sir Isaac Newton were a plastic surgeon: The Aesthetically Safe Breast Augmentation"*

Topic *"Measure Twice - Cut Once: The Taming of the Lower Eyelid with The Pinch Blepharoplasty"*



Residents take Dr. Rosenfield out to Jack Frys for our traditional lunch with the visiting professor.

Visiting Professor



Visiting Professor, Dr. Lorne Rosenfield joins us in the Acland lab to learn his pinch blepharoplasty and facelift neck technique.



Howard Langstein, MD
University of Rochester
Professor & Chair of Plastic Surgery
Visiting Professor presenting
lecture on Breast Reconstruction

KSPS Conference



KSPS keynote speaker, Dr. Lorne Rosenfield pictured with KSPS President Dr. Ryan Wermeling. Dr. Rosenfield presented *"Simpler + Safe = Better: A Unified Theory of Aesthetic Surgery."*



KSPS hosted a dinner and resident awards ceremony at Vincenzo's where two University of Louisville Fellows tied for 1st place, Drs. Anthony Azzolini & Jacob Katsnelson.

J. Katsnelson, MD: *"Nipple Areola Complex Reinnervation with Nerve Allograft in Delayed-Immediate Breast Reconstruction"*

A. Azzolini, MD: *"The Lower Orbital Septum Revisited: Impact of Anatomic Structure on Aesthetic Presentation. Compartmentalization and Operative Rejuvenation"*

UofL Plastic Surgery Journal Club



Dr. Rosenfield receives the traditional Mint Julep Cup



UL Residents & Fellows at Malones



Journal Club participants engaged in a presentation



Dr. Wilson Huett presenting his article



Dr. Joshua Spiegel presenting his article

To Open the Neck or Not to Open the Neck – That is the question!

- **J. Katsnelson, MD:** "Face Lift with Submandibular Gland and Digastric Muscle Resection: Radical Neck Rhytidectomy."
- **W. Huett, MD:** "Optimizing Outcomes in Neck Lift Surgery"
- **Azzolini, MD:** "The Pinch Rhytidectomy: A Safe, Effective, 'Low SMAS' Variation on the Theme."
- **Spagnolia, MD:** "Submandibular Gland Reduction in Aesthetic Surgery of the Neck: Review of 112 Consecutive Cases."
- **J. Spiegel, MD:** "Neck Lift My Way: An Update"

Holiday Party 2024

After a long year of working hard and tirelessly, it really is a joy to be able to unwind with your work family. We look forward to gathering in this familiar space with friends and family to swap laughs, jokes, and WILD presents that are talked about throughout the year. Hosted by Dr. Wilhelmi at the Hunting Creek Country Club, our Annual Holiday Party is always a HOOT!



Gathered around telling jokes



Dr. Mitchell Peake
with his lottery
stuffed loaf of bread



Drs. Quintero, McCurry,
Weeks, anxiously wait to
pick a white elephant
gift from under the tree



Drs. Jacob & Paulina Katsnelson
with Dr. Peake and fiancé Sneha
vie over the Danny DeVito pillow



Dr. Rosser with his PBR
white elephant gift



Marthe'a, Rochele, Helen, Carol



Dr. Spiegel & wife Rachel,
with Dr. Spagnolia

OFF THE CLOCK

Resident wellness breakfast at Wild Eggs



Congratulations to Dr. Joshua Spiegel and wife, Mrs. Rachel Spiegel



Having fun during a splinting workshop



Drs. Shapiro & Azzolini at the Eastern Great Lakes Burn Symposium



Breakfast at Toasty's



Newlyweds, Dr. Joshua Spiegel and Mrs. Rachel Spiegel celebrate with Dr. Wilhelmi & wife, Erika.



PRS Nurse Practitioner, Sydney, welcomed a new daughter Barrett!



Research Spotlight

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Medical Student, Lucas Niebrugge came in 2nd place for his poster presentation at the ACS conference in Lexington, KY (September 2024)

"Addition of Antibiotic-Impregnated Bone Cement Discs for Reduction of Periprosthetic Infection in Implant-Based Breast Reconstruction"

Katsnelson, Jacob MD; Nguyen, Candice MD; Azzolini, Anthony MD; Shapiro, Ryan MD



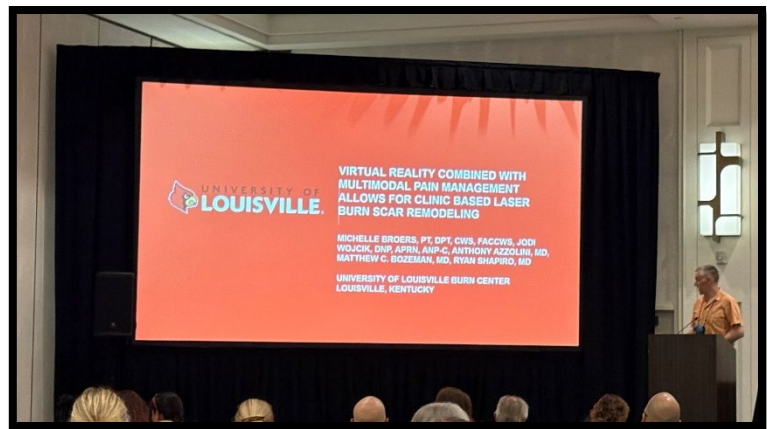
Dr. Jacob Katsnelson (UL PGY8) at the "Sewing with the Masters" workshop at the AAHS/ASRM conference at Waikoloa Village, Big Island, HI.



Dr. Anthony Azzolini (UL PGY8) presented at the Eastern Great Lakes Burn & Wound Symposium Dayton, Ohio September 2024

"Patient-Reported Pain Scores After LASER Treatment of Burn Scars with REAL i-Series Virtual Reality"

Anthony Azzolini, MD; Marcus Bennet, BS; Michelle Broers, PT, DPT, CWS, FACCWS; Jodi Wojcik, DNP, APRN, ANP-C, Ryan Shapiro, MD



Dr. Ryan Shapiro (UL Faculty) presented at the Bostwick Burn & Wound Care Symposium in Wailea, Hawai'i.

Alumni



Alumni, Dr. Samuel Corey (2022) & Eugene Hsian (2007) at their journal club in Indianapolis.



Dr. Wilhelm at the ABPS with outgoing chairman of ABPS, Dr. Barrett Noone who is retiring after 40 years of service. Also pictured are Dr. David Mathes (Colorado), and Dr. Michael Neumeister (SIU).



Dr. Saeed Chowdry (UL PRS alumnus 2015) and daughter, Inara



Dr. Milind Kachare, (UL PRS alumnus 2023), completed his Aesthetic Plastic Surgery Fellowship with Dr. Ozan Sozer in El Paso, Texas (2023-2024). He has now joined Nayak Plastic Surgery, a private aesthetic practice in St. Louis, Missouri.



Dr. Alex Nixon (UL PRS alumnus 2023) completed the craniofacial fellowship at Vanderbilt, and is now completing his Aesthetic fellowship with Dr. Sean Kelishadi (UL PRS alumnus 2014) in Orange County, CA.



Congratulations Drs. Riccio & Zeiderman for passing ABPS!

UofL SOM Graduates (2016), Charlie Riccio (University of Miami) and Matthew Zeiderman (University of California Sacramento) celebrate with Dr. Wilhelm at the ABPS. Dr. Zeiderman is also a former recipient of the Morton & Ann Kasdan Award given to an Outstanding Medical Student.



Congratulations to Dr. Michael Keyes (UL PRS alumnus 2022) for passing his ABPS oral exam with flying colors! Dr. Keyes has started a successful private practice in the heart of Miami, Florida.



Earl J. Schultz

January 15, 1928 – December 19, 2024

Earl J. Schultz, age 96, passed on December 19, 2024. He was father of Dr. Jane Schultz Weiner and father-in-law to Dr. Leonard Weiner and part of the UofL plastic surgery family. He was also a long-time patient of ours. His expansive family was everything to him and he enjoyed his life with his lovely wife, Ruth (married 75 years), his children, grandchildren, and great grandchildren. He was known for his quick smile, warm nature, and gentle spirit. He will be dearly missed by all who had the privilege of knowing him.

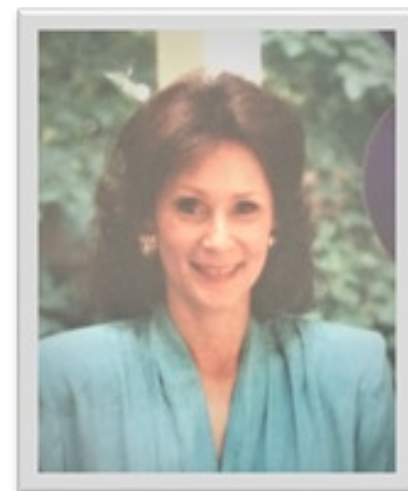
Fellow Academic Award

We Need a Helping Hand to Reach Our Goal!

In 2017 we renamed our Academic Achievement Award for the late Janet Wilhelmi, in recognition of her commitment to education and her own efforts in academics. Undaunted by any obstacle, Mrs. Wilhelmi went back to college at the age of 40 and achieved a 4.0 GPA while completing her bachelor's degree in education. She then went on to devote her life to teaching others, and always stressed academic excellence for both her students and her family!

To recognize the similar hard work and commitment from our Fellows & Residents, we would like to provide a monetary award in addition to the plaque given annually for the best in-service exam score.

Please consider [donating a tax-deductible gift](#) so that we can not only recognize, but also [reward a deserving Resident](#) for their commitment to excellence.



Contributors to the Janet Wilhelmi Academic Achievement Award

Leonard & Jane (Schultz) Weiner, MD
Claudiu Muresan, MD
Nitin Engineer, MD
Yaron Hazani, MD
Michelle Palazzo, MD
Bradon Wilhelmi, MD
Joshua MacDavid, MD



Dr. Wilson Huett receives his Academic Achievement Award from Dr. Wilhelmi.

Recipients of the Academic Award

2024: Wilson Huett, M.D.
2023: Alexander Nixon, M.D.
2023: Jacob Katsnelson, M.D.
2022: Samuel Corey, M.D.
2021: Samuel Corey, M.D.
2020: Michael Ablavsky, M.D.
2019: Adam O'Toole, M.D.
2018: Jared Davis, M.D.
2017: Jared Davis, M.D.
2016: Joshua Choo, M.D.
2015: Joshua Choo, M.D.
2014: Joshua Choo, M.D.
2013: Ron Brooks, M.D.

Donate now to the Janet Wilhelmi Award

<http://give.louisville.edu/psaaf>



Recipients of the Morton & Ann Kasdan Award

2024: Carter Prewitt
2022: Brooke Barrow
2019: Christina Kapsalis
2018: Andrea Hiller
2017: Dexter Weeks
2016: Matthew Zeiderman
2015: Blake Sparks
2014: Virginia Bush
2013: Travis Boyd

Morton & Ann Kasdan Award

Dr. Kasdan is known for his lifelong service as a plastic surgeon to the community, at the VAMC, and his enduring commitment to teaching medical students and residents. His "Suture Sundays" remain legendary at the School of Medicine, in which Dr. Kasdan warmly welcomes students into his home to learn and practice valuable skills. Suture Sunday's have provided a teaching and learning forum for UofL Plastic Surgery residents for over 20 years. In that spirit, this scholarship recognizes the best UofL School of Medicine student who matches into a plastic surgery program with a farewell gift as they leave the nest. This award was initiated by UofL Plastic Surgery residents in his honor.

Donate now to the Kasdan Award

<http://give.louisville.edu/kasdan>



UofL Medical Student, Carter Prewitt, receives the 2024 Morton & Ann Kasdan Award at the Senior Honors Night

2024 Publications

[Cost Effective, Simple, and Reliable Intraoperative Breast Sizer for Selecting Implant Volume in Breast Reconstruction With Double-Drape, Double-Donut: Standard Lap Pad.](#)

Cantrell RA, Mostovych AL, Prewitt C, Fell C, Shockley SM, **Wilhelmi BJ**. *Eplasty*. 2024 Aug 8;24:QA21. eCollection 2024. PMID: 39233708 **Free PMC article**. No abstract available.

[Accurate Plane Fat Grafting in Gluteal Augmentation: An Anatomic Study.](#)

Kelishadi SS, Chiemi JA, Chowdhry S, Colorado A, Herring NR, Kinney B, **Wilhelmi BJ**. *Aesthet Surg J*. 2024 Feb 15;44(3):311-316. doi: 10.1093/asj/sjad298. PMID: 37707558

[Factors Predicting Overnight Admission after Same-Day Mastectomy Protocol and Associated Financial Implications.](#)

Caminiti N, Maung AA, Gaskins J, Jacobs E, Spry C, Nath S, Scoggins CR, **Wilhelmi BJ**, McMasters KM, Ajkay N. *J Am Coll Surg*. 2024 Nov 1;239(5):455-462. doi: 10.1097/XCS.0000000000001164. Epub 2024 Oct 16. PMID: 3907806

[The "Clinda-Clumper" - A Quick and Efficient Method to Remove Free Silicone After a Breast Implant Rupture Using a Clindamycin Solution.](#)

Fell C, Kachare MD, Nixon A, Moore A, Tranthem LA, Mostovych AL, Prewitt C, Cantrell R, **Wilhelmi BJ**. *Eplasty*. 2024 Apr 15;24:QA8. eCollection 2024. PMID: 38715633 **Free PMC article**. No abstract available.

[Unexpected Complication Involving a Retrosternal Biloma: A Guide to Managing Sternal Wound Infections.](#)

Mostovych AL, Kachare MD, Azzolini A, Moore A, Tranthem LA, Fell C, Prewitt C, **Shapiro RL**. *Eplasty*. 2024 Apr 22;24:QA11. eCollection 2024. PMID: 38863655 **Free PMC article**. No abstract available.

[The Controversy of Breast Reduction in Adolescent Patients: An Overview of a Sometimes-Challenging Proposition](#)

Carr Q, Shockley S, Dodwani S, Fell C, Cantrell R, Huett W, Wilhelmi BJ
*ePlasty*24122R1

[Drainless Implant Removal: A Technique to Minimize Breast Disfigurement After Explanation.](#)

Fell C, Mostovych A, Cantrell R, Major E, Dodwani S, MacDavid J, MD, Wilhelmi BJ, MD
Eplasty 2024 Nov 24:QA24. eCollection

[Successful Surgical Management of Intracranial Carotid Artery Trauma Following Penetrating Facial Injury: A Case Report.](#)

Hopper, W., Spagnolia, A. A., Drofa, A., & Terrell, A. M. (2025).
The American journal of case reports, 26, e945684. <https://doi.org/10.12659/AJCR.945684>

[Technique to Reduce Wound Size: The Double-Opposing Purse-String and Horizontal Continuous Closure Algorithm](#)

Mostovych, A, Patel, L, Garg, K, Carr, Q, P, M, Cantrell, R, Wilhelmi, B
Eplasty approved publication in process