

# PHYSIO NEWS

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Call us for advice or assistance.

## JOIN US FOR THE DEPARTMENT PICNIC THIS FRIDAY!



We look forward to seeing everyone at our annual department picnic this **Friday, October 4th, 4-7 p.m. at Des Pres Park** (shelter house). The department is providing catering by Morris Deli to include hot dogs, hamburgers, black bean burgers and sides, as well as dessert. There is a playground next to the shelter house and bathrooms nearby. Please plan to bring your family out for a great evening of fellowship and fun!

## PHYSIOLOGY FACULTY VOTED STUDENT CHAMPIONS



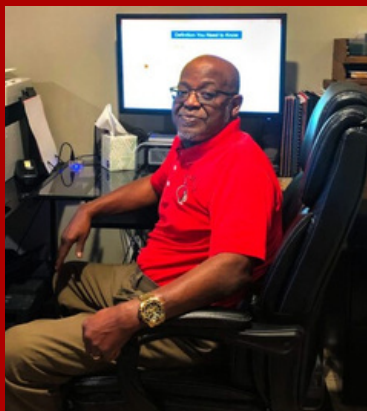
Pictured left to right, Drs. Terson de Paleville, Cynthia Metz, Alex Carll & Jeff Falcone.

Last spring, students were asked to submit the names of faculty and staff members they believe went above and beyond their duties to provide exceptional or critical support to students this year. Drs. Alex Carll, Jeff Falcone, Cynthia Metz, and Terson de Paleville were selected for this award.

The efforts they made this year to give students a sense of belonging and confidence in their pursuits are vital to our university. We sincerely thank them for demonstrating that commitment. Faculty and staff members like them are what make us a premier, metropolitan university and ensure that UofL is a great place to learn.

Congratulations to them all! They will be formally recognized with a digital certificate by the Employee Success Center.

**CHAIRMAN OF THE  
DEPARTMENT OF  
PHYSIOLOGY,  
DR. IRVING JOSHUA**



**FLU VACCINES ON CAMPUS  
THIS WEEK!**



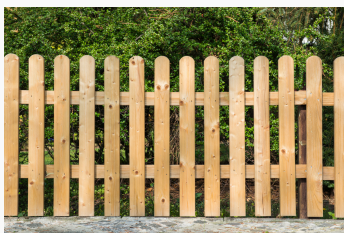
Influenza (flu) vaccines are available Sept. 30-Oct. 4, 10 a.m.-3 p.m., at the UofL Health Outpatient Center, 401 E. Chestnut St., in the conference rooms on the first floor. No appointment necessary. For more information or questions, contact Campus Health Services, 852-6479.

**NEW UNIVERSITY  
PORTRAITS**

As part of the Web Improvement Project, the university is offering a new style of portrait to faculty and staff. For employees wishing to have their portrait in the new directory, appointments are now open. Sessions will be held in three locations by photography teams within the Dental School, Strickler Hall and the Fairfax Building. This service is free of charge and optional, with no deadline. See the [portrait sign-up webpage](#) for more information.

**FROM THE CHAIRMAN'S DESK**

**THE FENCE**



There once was a little boy who had a very bad temper. His father gave him a bag of nails and a hammer and took him over to the fence in the side yard. He told him every time he lost his temper from that day forward, he was to hammer a nail into the fence.

The very first day, the boy had driven thirty-seven nails into the fence. Over the next few weeks, as he learned to control his anger, the number of nails he hammered daily gradually dwindled. The boy had discovered it was much easier to hold his temper, than to drive nails into the fence.

Finally, a day came when the boy didn't lose his temper at all and he told his father about it. His father suggested the boy now pull one nail out for every day he was able to hold his temper. The days passed and finally, the young boy was able to tell his father that all the nails were gone.

The father took his son by the hand and once again led him over to the fence. He said to the boy, "You have done well, my son, but look at all of the holes in the fence. This fence will never be the same again. I wanted you to learn this lesson, because it is the same way with life.

If we put a knife into someone, even if we immediately pull it back out, it won't matter how many times we say 'I'm sorry'. The wound will always be there. It is the same when we say things in anger. The words can never be taken back. Although invisible, they also leave a scar—just like the scar on this fence.

Moral: Always make sure you control your anger when you are tempted to say something you might regret later.

**ONLINE TEACHING SWAP SHOP, OCTOBER 23RD**

Join us for an interactive "Swap Shop" session, where educators share best practices and collaboratively tackle the challenges of online teaching. Hosted by the Delphi Center, this informal discussion offers a supportive space for instructors to celebrate their successes and exchange ideas on enhancing the virtual classroom experience. Whether you're new to online teaching or have years of experience, all are welcome. Save the date for our next virtual session on **Wednesday, Oct. 23, 3-4 p.m.** See the [Delphi Center website](#) for more information.



**RECOGNIZE A GRADUATE  
STUDENT DURING  
GRADUATE STUDENT  
APPRECIATION WEEK**

Share a few words of celebration or inspiration with a graduate student during Graduate Student Appreciation Week by sending them a virtual postcard. Select messages of encouragement will also be shared across the Graduate School's social media channels the week of Oct. 7-11 as we come together to celebrate graduate students' campus-wide. Celebrate our graduate students [here](#).



## COMMUNITY ENGAGEMENT FACULTY FELLOWS PROGRAM

Applications are open for UofL's new, yearlong Community Engagement Faculty Fellows Program, designed to deepen faculty members' understanding of community engagement. Selected fellows will explore the depth and breadth of community engagement, collaborate with community partners and participate in engaged scholarship activities. The program includes professional development, monthly meetings, guest presentations from community engagement experts and a course buy-out. **Applications are due by Oct. 18.**

Visit the [Faculty Fellows Program website](#) for more information and to apply.



## FALL 2024 PHYSIOLOGY SEMINAR SERIES

Baxter I Auditorium  
11:45 a.m. to 12:45 p.m.

### October 8

Cynthia Metz, Ph.D.  
Professor & Vice-Chair  
Department of Physiology  
"The Stress of Success:  
Coping with Imposter  
Thoughts"

### October 22

Sharon Gordon, M.S.  
Program Manager  
Office of Community  
Engagement & Diversity  
University of Louisville  
"Writing a Personal  
Statement"

### October 29

Utpal Sen, Ph.D., Professor,  
Director of Physiology  
Seminar Series  
Department of Physiology  
Title TBA

### November 12

Cynthia Metz, Ph.D.  
Professor & Vice-Chair  
Department of Physiology  
Panel discussion with current  
medical/dental/Ph.D.  
Students

## STUDENTS WIN AT RESEARCH!LOUISVILLE



**Sydney Wichmann** (Medical 2 student and previous graduate from the Physiology Department won First Place, receiving the Leslie Martin Medical Education Award.

**Ellee Grosser** (Dental 2 Student) won Third Place, receiving the Ruth Greenberg Medical Education Award.

Additionally, we have 2 other students presenting our research using VR as a tool for teaching Biomedical Sciences:

**Jenny Nguyen** (finalist- Dental 4) (Oral Hygiene Education for Immigrant Teenagers)

**Derek Bass** (Medical 2 working with Neurology Education Research)

## 2024 TEACHING INNOVATION AWARD APPLICATIONS ARE OPEN

The Delphi Center invites nominations for the 2024 TILL Teaching Innovation Award, which recognizes faculty who use creative and impactful approaches to enhance student learning at UofL. This annual award celebrates innovative and cutting-edge teaching methods that foster student engagement and success. Faculty members from all disciplines are encouraged to apply by Monday, Nov. 11. Award winners may be self-nominated or nominated by their peers. Learn more and submit your application on the [TILL Teaching Award webpage](#).



## HRTALKS BENEFITS: 2025 OPEN ENROLLMENT INFORMATION SESSIONS

Now is the time to review your current benefit plans and 2025 plan options to determine if changes need to be made for 2025. Need some guidance? The Benefits team will host HRTalks: 2025 Open Enrollment information sessions via MS Teams to review upcoming changes and answer any questions you may have about the 2025 benefit plans. This session will be recorded.

[October 2, 12:00-1:00pm](#)

[October 3, 11:00am-12:00pm](#)

**Open Enrollment for 2025 benefits begins Oct. 14 and continues through Oct. 25**, with benefit elections taking effect Jan. 1, 2025. Stay tuned for additional Open Enrollment communications in UofL Today. Note: New or continued health care and/or dependent care FSAs must be elected during Open Enrollment each year. For more information, email [benefits@louisville.edu](mailto:benefits@louisville.edu).

## JEWISH HEART FUND FOR EXCELLENT RESEARCH ENHANCEMENT GRANT APPLICATION (JHFE-REG)

**NEXT SUBMISSION DATE: DECEMBER 15TH - FUNDING DATE: FEBRUARY 15TH**

**Eligibility:** All full-time faculty members of the School of Medicine, School of Public Health & Information Sciences, Dental School and Nursing School are eligible to apply provided the submitted grant application to the NIH, NSF, or other national sponsor was reviewed, but missed the threshold for funding. A proposal that has not been reviewed (triaged) is not eligible for consideration. Competitive applications will provide a clear and compelling explanation in the 2-page narrative how the funds provided by the JHFE will resolve the concerns presented in the critiques for a previously submitted multi-year, nationally peer reviewed grant application.

**Amount:** The maximum grant award will be \$75,000 for one year. The budget limit for R21's (or anything that is < 3 years and/or < \$325 direct costs) are capped at \$25,000. Exceptions to this need to be justified in the narrative and may be approved by the committee.

## SCHOOL OF MEDICINE BASIC GRANT PROGRAM

**NEXT SUBMISSION DATE: DECEMBER 1ST - FUNDING DATE: FEBRUARY 1ST**

**Purpose:** The purpose of the School of Medicine Basic Grant Program is to provide initial support to junior faculty to establish a research program or to established faculty who would like to pursue new areas of investigation. Funds are limited and priority will be given to junior faculty. This program is open to all eligible full-time faculty regardless of race, color, national origin, sex, disability, or age.

**Eligibility:** Any full-time faculty member of the School of Medicine is eligible to apply. Faculty who have received an SOM Research Committee Basic Grant within the last three years or who have failed to provide a Final Report on any previously funded grants are not eligible. Faculty Career Status I applicants may submit one competitive renewal application for an additional one year of support. For competitive renewal applications, the Final Report detailing progress towards achieving the specific aims during the initial funding period must be provided, in addition to the new research plan.

\*Faculty are permitted to hold 1 SOM Research Committee Grant at a time. This includes the Basic, Bridge, and Collaborative mechanisms.

**Amount and period of support:** The maximum award is \$25,000 and the period of support is one year.

**Timing:** Applications (either original or resubmission) are accepted four times per year, and only one application per cycle per applicant may be submitted. The review process and decision on funding will be completed within two months of receipt of the application.