HOW TO OBTAIN LOW PROTEIN FOODS FOR YOUR STUDENT ON A PROTEIN- RESTRICTED DIET

Schools are required to provide foods for special dietary needs, according to Federal guidelines.

Schools can order low protein foods from the companies listed below.

- There may be a \$50 minimum order when ordering cold items.
- No minimum when ordering dry goods
- o Orders can be emailed, faxed, or called in to the companies

Lil's Dietary Specialties www.lilsdietary.com

For info on ordering policies, click on Buy Online.

For low protein foods, click on this icon:



Enter the name of the food in the Product Finder box

This company has the greatest variety. They carry foods from several companies.

Cambrooke http://www.cambrookefoods.com

Go to Products Under Low Protein Foods, choose Overview In column on the left, choose category, or All Products

This site has photos of the foods, and similar foods are grouped together. These foods are also carried by Lil's.

Suggested basic items: Check with your student about foods she/he will eat.

Loprofin Spaghetti

Cambrooke Homestyle White Bread WF Peanut Butter Spread

Cambrooke American Cheese Slices

Cambrooke Camburgers

Cambrooke Camburger Buns

Cambrooke Ready Made Pizza

Glutino Pretzel Twists or Sticks

For questions, please contact: Diana Pantalos, PhD, RDN, LD Metabolic Nutritionist (502) 588-0910