










# Support Caregivers to Use Their Own Things - *Don't Bring Stuff In*

The goal of EI sessions is to enhance infants' and toddlers' ability to participate and engage in everyday routines, using materials that are already present and a part of those activities. Scaffolding with caregivers to creatively brainstorm, problem-solve and decide which of their materials to use while targeting their priorities supports caregiver engagement, ownership, and ongoing practice between sessions. The chart below outlines commonly used scaffolding strategies for leveraging authentic materials in natural environments so that no special toys or materials are needed, excluding assistive technology included in the IFSP.



Explicitly ask caregivers what they want their child to do in everyday routines and why	<p><i>"I want him to walk from the van into the house on his own because I need my hands free to carry his sister's car seat or groceries."</i></p> <p>Potential materials: None</p>	  
Observe typical caregiver-child interactions in authentic routines and facilitate caregiver practice	<p><i>"I would like my children to be calm and occupied while I prepare meals."</i></p> <p>Potential materials: bowls, spoons, measuring cups, etc.</p>	  
Engage caregivers to think about materials and the things their child is interested in related to their priority	<p><i>"She keeps getting distracted and gets up before she has a chance to go."</i></p> <p>Potential materials: potty chair, books, favorite toy, etc.</p>	  
Support caregivers to identify relevant routines and activities to practice in real time and generalize new skills and strategies	<p><i>"Oh, I have an idea, we can use_____"</i></p>	