

Please communicate individually with your coach regarding caregiver coaching content, scheduling, teaming, etc. using the emails listed below

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Coaching in Early Intervention Training and Mentorship Program

I. Why

- 1. The Early Intervention Systems (EIS) were added as Part C of the Individuals with Disability Education Act, to enhance the development of infants & toddlers with disabilities; reduce educational costs & minimize the need for special education through early intervention; minimize the likelihood of institutionalization and maximize independent living; and enhance the capacity of families to meet their children's needs.
- 2. The Office of Special Education Programs (OSEP) is responsible for monitoring Part C Programs and OSEP has charged states with targeting **improved child and family outcomes as the focus of their accountability system** through State Systemic Improvement Plans (SSIP's).
- 3. Kentucky's State-Identified Measurable Result (SIM-R) in the SSIP identified "Parents will change their self-perception of their ability to help their child develop and learn" as the target with the desired outcomes including families increasing their skills to address growth and learning; EIS providers demonstrating use of EBPs'; and EIS providers being highly skilled in coaching parents/caregivers.
- 4. According to 902 KAR 30:001, Kentucky's Early Intervention System (KEIS) providers are required to use family-centered practices, which are driven by the family's priorities and concerns; support the family's role as the constant in a child's life; complement a family's natural activity settings & daily routines; & support, respect, encourage & enhance the strengths, competence & confidence of the family.
- 5. Providers are required to use evidence-based practices (EBP) which are described as "peer reviewed research" in 902 KAR 30:130. Kentucky's SSIP has identified the following EBP's as targets **routines-based interventions**; parent-mediated interventions; natural environment interventions; and strengths-based caregiver coaching.

II. Who

A. Contracted KEIS service providers conducting ongoing early intervention home visits in the pilot areas of Lincoln Trail, Big Sandy, and Bluegrass, respectively, will be the first districts to complete the program.

III. What

- Training and Mentorship will support providers in enhancing their practices through specially designed activities facilitated by coaches.
 - a. Providers will engage in activities to enhance their knowledge and skills around caregiver coaching practices.
 - b. As providers demonstrate proficient acquisition of knowledge and skills, they will progress through the training phase

IV. When

- A. Starting in April of 2018, cohorts of providers began the training and mentorship with new cohorts in the pilot districts rolled out through 2020. The CEITMP will be launched statewide beginning 2021.
- B. The knowledge base of the provider at entry will also impact their time expenditure with the training materials.

 The curriculum allows for individualized implementation.

V. How

- A. Providers will be placed in cohorts as well as groups, which will support the development of a web and function as a professional learning community.
- B. Individual activities, video recordings of early intervention visits, and peer collaboration will support learning.
- C. Coaches will facilitate training activities and mentor providers using a caregiver coaching approach.

<u>Desired Outcomes of the Coaching in Early Intervention Training and Mentorship Program</u>

The foundational elements of the *Coaching in Early Intervention Training and Mentorship Program (CEITMP)* include **Training** AND **Mentorship**. Research tells us that training paired with ongoing mentorship, yields sustained results in implementing and changing practice. We also know that willingness, readiness, and motivation lead to success when entering a coaching/mentoring relationship. To expand their professional skills to promote caregivers' confidence and competence in supporting their child's development and learning upon completion of this training and mentorship program, providers will:

- 1. Consider existing knowledge and practices in the context of recommended practices
- 2. Increase knowledge of the EBP of strength-based caregiver coaching
- 3. Demonstrate caregiver coaching practices with fidelity during early intervention visits
- 4. Develop a network of support among early intervention colleagues

Materials and Resources

- The Early Childhood Coaching Handbook, 2nd ed. Rush, & Shelden. (2020):
 https://products.brookespublishing.com/The-Early-Childhood-Coaching-Handbook-Second-Edition-P1153.aspx
- 2. Access to Internet (High Speed Recommended and the Google Chrome browser)
- 3. Blackboard https://blackboard.louisville.edu/
- 4. KEIS webpage: https://www.chfs.ky.gov/agencies/dph/dmch/ecdb/Pages/fsenrollment.aspx
 - a. KY Provider Performance Standards:
 https://chfs.ky.gov/agencies/dph/dmch/ecdb/fs/EIProviderPerformanceStandards.pdf
- 5. CEITMP YouTube Channel: https://www.youtube.com/channel/UCUmBdHCYxUWNuSawOSywWng
- 6. Coaching in Early Intervention Training and Mentorship Program: https://uofl.me/ceitmp
- 7. Mission and Key Principles of EI: https://ectacenter.org/topics/eiservices/keyprinckeyprac.asp

Program Overview		
Phase	Training and Mentorship Activities	Outcomes ~ Providers
Pre-CEITMP & Kick-off	 Submit Kick-off prompt question during initial survey Submit baseline video of full early intervention visit before Kick-off Actively participate in Kick-off meeting 	 will express understanding of the CEITMP purpose, expectations, activities, timeframes & platforms that will be used and know where to find additional supports must complete all activities listed in red on Quick View
<u>Discovery</u> <u>Phase:</u> 12 weeks	 Read content in The Early Childhood Coaching Handbook View eLearning modules Actively participate in 3 group meetings Complete 5 coaching characteristics video activity via TORSH 	 build foundational knowledge of caregiver coaching
<u>Mentorship</u> <u>Phase</u> : 10 weeks	 Complete Technology Training Review exemplar clips of early intervention caregiver coaching Submit combo video clips with self-assessments as evidence of the 7 CQs from at least two different videos Reflect on feedback from coach Actively participate in 3 group meetings 	 begin to apply knowledge of caregiver coaching must complete all activities listed in red on Quick View will apply understanding of the 7 Coaching Quality Indicators on the Kentucky Coaching Adherence Rubric
<u>Fidelity</u> <u>Phase</u> : 6 weeks	 Submit 3 video recordings of entire visits with self-assessments Reflect on coach feedback Actively participate in 1 group meeting 	refine skills to implement caregiver coaching with fidelity ❖ must complete all activities listed in red on Quick View ❖ will demonstrate implementation of caregiver coaching practices with fidelity according to the Kentucky Coaching Adherence Rubric
Professional Development Phase: 3 weeks	 Submit a professional development plan designed to support continued fidelity to caregiver coaching and strengthening web of support Actively participate in 1 group meeting Complete anonymous Exit Survey 	 plan for maintaining fidelity to caregiver coaching and building a web of support ❖ must complete all activities in red on the Quick View ❖ will develop a plan for sustaining caregiver coaching practices with fidelity
<u>Maintenance</u> Periodic	 Periodic fidelity checks of caregiver coaching practices via recorded early intervention visits; frequency determined by level of application of coaching Opportunities to mentor, support or connect with colleagues around caregiver coaching in early intervention 	 will continue to implement caregiver coaching with fidelity according to the Kentucky Coaching Adherence Rubric will connect with El community

DATES	PHASE WEEK	COHORT 20 QUICK VIEW of Content	ACTIVITIES
May-Aug	Pre CEITMP	Pre CEITMP survey on current caregiver coaching practices	Baseline Video w/consent & Kick-off Prompt Question
Aug 14-20	KICK OFF	CEITMP INTRODUCTION/Kick Off	Virtual CEITMP Kick OFF + Survey
Aug 21-27	Discovery Phase DPW1	Coaching	Watch eLearning module
Aug 28-Sept 3	DPW2	Effective Coaches & Coaching Compared to Other Approaches	Read Handbook
Sept 4-10	DPW3 + GM1	Coaching Script/Coaching vs Consulting	Group Meeting 1
Sept 11-17	DPW4	Strengths	Watch eLearning module
Sept 18-24	DPW5	How to Use a Coaching Style of Interaction	Read Handbook & view coaching clips
Sept 25-Oct 1	DPW6 + GM2	Strengths/Adult Learning/Reflective Questions	Group Meeting 2
Oct 2-8	DPW7	Strategies for Learning the Coaching Process	Read Handbook
Oct 9-15	DPW8	Home & Community Visits	Watch eLearning module
Oct 16-22	DPW9	Coaching Families	Read Handbook & view peer coaching clips
Oct 23-29	DPW10	5 Characteristics of Coaching	5 Coaching Characteristics DP End Reflective Activity
Oct 30-Nov 5	DPW11 + GM3	Peer Coaching & Coaching Characteristics Review	Group Meeting 3
Nov 6-12	DPW12	Coaching Teachers & survey	Request Consents + Read Handbook + Survey
Nov 13-19	Mentorship Phase MPW1	TECHNOLOGY TRAINING	Technology Training Completion
Nov 20-26	MPW2 + GM4	Introduction to the Rubric	Group Meeting 4
Nov 27-Dec 3	MPW3	CQ Intros, Exemplar, Record Video, Self-Reflect & Share	Complete self-assessment on CQ7/CQ1 clip
Dec 4-10	MPW4	CQ Intros, Exemplar, Record Video, Self-Reflect & Share	Complete self-assessment on CQ2/CQ1 clip
Dec 11-17	MPW5	CQ Intros, Exemplar, Record Video, Self-Reflect & Share	Complete self-assessment on your CQ3/CQ1 clip
Dec 18-31	Winter Break	Winter Break	Winter Break
Jan 1-7	MPW6 + GM5	Review CQ1, CQ2, CQ7 & CQ3	Group Meeting 5
Jan 8-14	MPW7	CQ Intros, Exemplar, Record Video, Self-Reflect & Share	New Video: Complete self-assessment on CQ4/CQ1 clip
Jan 15-21	MPW8	CQ Intros, Exemplar, Record Video, Self-Reflect & Share	Complete self-assessment on CQ5/CQ1 clip
Jan 22-28	MPW9	CQ Intros, Exemplar, Record Video, Self-Reflect & Share	Complete self-assessment on CQ6/CQ1 clip
Jan 29-Feb 4	MPW10 + GM6	Review CQ1, CQ4, CQ5 & CQ6	Group Meeting 6 + Survey
Feb 5-11	Fidelity Phase FPW1	Submit and Self-Assess Video-1 (V1)	Video-1 - New Full Video
Feb 12-18	FPW2	Reflect/respond to feedback/questions for Video-1	Reflection
Feb 19-25	FPW3 + GM7	Fidelity to Coaching Reflection	Group Meeting 7
Feb 26-Mar 3	FPW4	Submit and Self-Assess Video-2 (V2)	Video-2 - New Full Video
Mar 4-10	FPW5	Reflect/respond to feedback/questions for Video-2	Individual meetings with coaches as needed
Mar 11-17	FPW6	Submit and Self-Assess Video-3 *Exempt if fidelity met in V1 & V2	Video-3 - New Full Video (unless exempt)
Mar 18-24	Prof Dev Phase PDPW1	Reflect on growth in using caregiver coaching approach	Review & reflect on baseline video
Mar 25-31	PDPW2 + GM8	Prepare for Maintaining Coaching & Web of Support	Group Meeting 8 after demonstrating fidelity
Apr 1-7	PDPW3	Professional Development Plan	Exit Survey + CEITMP Plan

CEITMP Virtual Kick-off

The Virtual Kick Off is being facilitated specifically to support provider success in the Coaching in Early Intervention Training and Mentorship Program (CEITMP). This is an opportunity for providers to comprehend the scope and depth of the program, obtain individualized support, and connect with coaches and team members.

The following will be addressed:

- <u>CEITMP</u>: Program overview, purpose, expectations, activities, and time frames & knowing where to find additional support
- <u>Coaching Video Clips</u>: Introduction to the characteristics of coaching
- <u>Groups Meet</u>: Following the general kick off meeting, break out into smaller groups to meet with your coach and team members & schedule meetings

The CEITMP Kick-off meeting is a program requirement. However, - coaches will work with providers to develop an alternative plan for completing required activities (viewing recordings and submissions) if they are unable to attend the Kick-off.

	CEITMP Kick Off
	Kick-off
Agenda	Program Overview
	Coaching Clips
	Group Meeting
Readiness to move forward	1. Kick Off prompt question completed via survey
	2. Baseline video shared depicting a typical early intervention visit w/completed consent
	3. Provider DocuSigned consent to record
	4. Activated Blackboard account
	5. Obtained Early Childhood Coaching Handbook

Discovery Phase

Welcome to the DISCOVERY PHASE, the first step of your journey into the *Coaching in Early Intervention Training and Mentorship Program (CEITMP)*. In the Discovery Phase of the *CEITMP*, you will reflect on your existing knowledge of early intervention practices in the context of recommended practices and build your foundational knowledge of caregiver coaching. We recognize that you have families, jobs, caseloads, and other responsibilities, and based on input and feedback from previous cohorts, significant adjustments continue to be made to the CEITMP to provide substantive activities and opportunities to support your learning so that you will be coaching caregivers with fidelity at the completion of the program.

In the Discovery Phase, you will strengthen your knowledge around early intervention caregiver coaching practices by studying the characteristics and key concepts. You will be provided with weekly activities designed to enhance your learning on the evidenced-based practice of strength-based caregiver coaching. This active learning will include readings, eLearning modules with related activities, peer coaching, watching videos/clips of early intervention visits, and engagement in interactive group meetings with your team members and coach via video conferencing. To enhance your learning, Supplemental and Recommended Resources included on the syllabus can be accessed via the weekly folders on Blackboard. The detailed Quick View is reflective of your active participation in three Group Meetings during the Discovery Phase. If by chance you are unable to attend a group meeting, notify your coach in advance. Your coach will follow up with you regarding the missed group meeting alternate requirements.

Essential to the advancement from the Discovery Phase to the Mentorship Phase, providers must complete all required phase activities listed in **red** on the <u>Quick View</u> and demonstrate an evolving understanding of the concepts of caregiver coaching in early intervention.

You are encouraged to fully utilize the resource of your team throughout the training. The teaming component provides you with an opportunity to collaborate and support one another while expanding your own professional knowledge - building a web of support. The coaches will offer support and mentorship to providers using a coaching approach, a similar approach that providers will use to support the families they serve.

The State Lead Agency (SLA) has entrusted the CEITMP Team to coordinate the SSIP activities related to the evidenced-based practice of strength-based, caregiver coaching. At the request of the SLA, oaches will document the ongoing implementation of the *CEITMP*. We will be asking for your feedback periodically to support program improvements. The coaches have worked diligently to plan for supporting providers in this endeavor and we are so excited to be partnering with you to work toward the ultimate goal of building the capacity of families to help their children develop and learn.

	DISCOVERY PHASE Week 1
eLearning Module worksheets & Handouts	 Locate the handouts and 6 worksheets that accompany the Dunn & Pope "Coaching" eLearning module on Blackboard, in the Discovery Phase Week 1 folder in preparation for viewing. Worksheets/handouts should be kept for your reference. A similar activity to Think of a Family you are serving will be practiced during Group Meeting 1 and refined and as your coaching practices evolve.
eLearning Module	"Coaching" module http://dunnpopecoaching.com/coaching/lesson/story.html APPROXIMATE TIME EXPENDITURE 75 MINUTES
SUPPLEMENTA	I RESOURCE

Chapter 2 in the Early Childhood Coaching Handbook "Research Foundations of Coaching"

	DISCOVERY PHASE Week 2
	Read Chapters 3 & 4 in the Early Childhood Coaching Handbook (2nd edition, 2020)
Coaching Handbook	Chapter 3 "Characteristics of Effective Coaches"
	Chapter 4 "Coaching Compared with Other Approaches to Adult Interaction"
Recommended	Reflection in Early Intervention
Resource	
SUPPLEMENTAL RESOURCE	
Handout	: 12 Step Program to Decrease Toy Bag Dependence

DISCOVERY PHASE Week 3	
	Group Meeting 1
1. Practice ex	plaining coaching in early intervention
2. Discuss how coaching enhances caregivers' competence and confidence	
3. Discuss how coaching differs from consultation	
Recommended Handout: Coaching: A Partnership to Support Children and Families	
Resource	
Recommended	Handout: Fostering Trusting Relationships: Connect For A Win!
Resource	

DISCOVERY PHASE Week 4	
eLearning Module worksheets &handouts	 Locate the worksheets that accompany the Dunn & Pope "Focus on Strengths" eLearning module on Blackboard, in the Discovery Phase Week 4 folder in preparation for viewing. Worksheets/handouts should be kept for your reference. The strengths assessment/content from the eLearning module will be discussed during Group Meeting 2.
eLearning Module	View "Focus on Strengths" module http://dunnpopecoaching.com/FocusonStrengths/lesson/story.html APPROXIMATE TIME EXPENDITURE 60 MINUTES
Recommended Resource	Handout: Child Learning Initial Conversation Roadmap

SUPPLEMENTAL RESOURCE

Brief article titled "The Value of Collaborative Problem-Solving"

https://www.veipd.org/earlyintervention/the-value-of-collaborative-problem-solving/

Read Chapter 5 in the Early Childhood Coaching Handbook (2nd edition, 2020)
head Chapter 5 in the Early Childhood Coaching Handbook (2nd edition, 2020)
"How to Use a Coaching Style of Interaction"
View coaching clips located on Blackboard under the Videos menu tab ⇒ Coaching
Characteristics Clips Folder
Handout: Joint Planning: Building Caregiver Capacity
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SUPPLEMENTAL RESOURCE

Brief article titled "6 Key Ideas for Joint Planning with Parents"

https://www.veipd.org/earlyintervention/6-key-ideas-for-joint-planning-with-parents/

DISCOVERY PHASE Week 6

Group Meeting 2

- 1. Refer to the strength's assessment. How does your practice reflect child and family strengths?
- 2. What has been your experience with adult learners? How do you support adult learners in EI?
- 3. Discuss and Practice Awareness, Analysis, Alternative & Action questions
- 4. Prepare for 5 Coaching Characteristics Discovery Phase End Activity

Recommended Resource

Handout: 6 Early Intervention Adult Learning Principles

 $\underline{\text{https://brookespublishing.com/wp-content/uploads/2021/06/6-EI-Adult-Learning-}}$

Principles.pdf

SUPPLEMENTAL RESOURCE

Handout: Cue Card for Reflection Questioning

DISCOVERY PHASE Week 7		
Coaching Handbook	Read Chapter 9 Early Childhood Coaching Handbook (2nd edition, 2020)	
	"Strategies for Learning the Coaching Process"	
Recommended	Article/Handout: Framework for Reflective Questions Case Tools	
Resource	<u> </u>	
Recommended	Handout: Key Factors for Successful Coaching	
Resource	7	

DISCOVERY PHASE Week 8		
eLearning Module worksheets &handouts	 Locate the worksheets that accompany the "Home and Community Visits" eLearning module on Blackboard, in the Discovery Phase Week 8 folder in preparation for viewing the module. Worksheets & handouts should be kept for your reference. 	
eLearning Module	View Dunn & Pope "Home and Community Visits" http://dunnpopecoaching.com/home/lesson/story.html APPROXIMATE TIME EXPENDITURE 90 MINUTES	
Recommended Resource	Responding to Caregivers with Quality Feedback	

DISCOVERY PHASE Week 9	
Read Chapter 7 in the Early Childhood Coaching Handbook (2nd edition, 2020) "Coaching Families"	
View peer coaching videos located on Blackboard under the Videos menu tab \Rightarrow Peer Coaching folder	
Handout: Peer Coaching Process	

SUPPLEMENTAL RESOURCE

Brief article titled "Breaking the 'Have You Tried...?' Habit"

https://www.veipd.org/earlyintervention/2015/07/28/breaking-the-have-you-tried-habit/

DISCOVERY PHASE Week 10

Complete 5 Coaching Characteristics Activity in TORSH

Please see directions in the **Technology Guide** document and/or review the **5CC Discovery Phase End**Activity video in TORSH Exemplars

All 4 steps are due by the end of the week

- 1. Sign into your TORSH account at torshtalent.com
- 2. Locate the video shared with you
- 3. Complete the Self-Assessment
- 4. Publish

Coaches will review and respond if requested, and additional discussions will occur in group meetings.

Recommended	Handout: Seven Steps to Intentional Modeling
Resource	Transacti octon oteps to intentional modeling

SUPPLEMENTAL RESOURCE

Video: Kentucky's Early Intervention System: Working Together to Help Children Develop and

Learn https://www.youtube.com/watch?v=-ivgBte6OM8&t=6s

DISCOVERY PHASE Week 11

Group Meeting 3

- 1. Review 5 Characteristics of Coaching
- 2. Peer coaching
- 3. Transition to Mentorship Phase
 - Prepare to request permission from select families to record your visits
 - Prepare to obtain and submit signed consents

Recommended Resource

Article/Handout: Case in Point: Tips and Techniques for Effective Coaching

SUPPLEMENTAL RESOURCE

"Using Routines, Activities and Materials in the Natural Environment" eLearning module Locate the 8 worksheets that accompany the Dunn & Pope on Blackboard in the Discovery Phase Week 11 folder in preparation for viewing the module. View module at:

http://dunnpopecoaching.com/environment/lesson/story.html

DISCOVERY PHASE Week 12						
Coaching Read Chapter 8 in the Early Childhood Coaching Handbook (2nd edition, 2020)						
Handbook "Coaching Teachers"						
Obtain	Please see Technology Guide pages 1-4 for detailed directions on the steps to request					
Consent to	nsent to permission from select families to record your visits, as well as obtain and submit signed					
Record from	Record from consents.					
Select Families						
Survey	Survey Please complete anonymous survey via email link after completing Discovery Phase.					
Recommended Resource	Early Intervention Services in Childcare Settings					

SUPPLEMENTAL RESOURCE

Handout: Group Care Initial Conversation Roadmap

Mentorship Phase

Congratulations on entering the Mentorship Phase of the *Coaching in Early Intervention Training and Mentorship Program (CEITMP)*. In the Discovery Phase you began to connect with your team, and you actively engaged in learning about caregiver coaching in early intervention by reading, completing eLearning modules and related activities, coaching peers, reflecting, and participating in Group Meetings. In the Mentorship Phase you will apply your evolving knowledge to enhance your skills while being supported by your coaches, with the goal of exhibiting advanced knowledge of the evidence-based practice of strength-based, caregiver coaching. This will be accomplished by continuing to engage in learning activities; applying refined strategies in your early intervention practice; and reflecting on your growing knowledge to gain insights to plan for implementing early intervention caregiver coaching practices according to the *Kentucky Coaching Adherence Rubric*.

Supplemental and Recommended Resources to correspond with the Coaching Quality Indicators (CQs) have been referenced on the syllabus and included in the weekly folders on Blackboard. Activities during this phase will center on your video recorded early intervention visits. You will submit evidence of your ability to demonstrate of each of the 7 CQs. The online platform TORSH Talent will support reflection and feedback to gain a deeper understanding of the indicators of quality caregiver coaching in early intervention. The detailed Quick View is reflective of your active participation in three Group Meetings during the Mentorship Phase. If by chance you are unable to attend a group meeting, notify your coach in advance. Your coach will follow up with you regarding the missed group meeting alternative requirements.

Self-reflection is a powerful learning tool. Reflection helps practitioners link their knowledge to practice. Through self-evaluation and improved awareness, coaches can consciously and purposefully improve their caregiver coaching practices. Opportunities to analyze and reflect on your own practices will be one of the key activities of the training in this phase. To advance from Mentorship to Fidelity Phase, providers must complete all required phase activities listed in **red** on the <u>Quick View</u>, demonstrate understanding of the 7 Coaching Quality Indicators, and begin to apply knowledge of caregiver coaching.

The **TECHNOLOGY TRAINING** is designed to be completed independently using the **Technology Guide** (with companion video if needed), with an expected time expenditure of 60 minutes.

*Please see the **Technology Guide** page 16 for checklist to complete the Technology Training:

All 3 steps are due by the end of the week

- 1. Record and Upload Practice Video
- 2. Ready Practice Video Clip
- 3. Complete Self-Assessment, Publish, & Share with Coach

Housed on Blackboard Technology, TORSH & Rubric tab

- Technology Guide
- Kentucky Coaching Adherence Rubric
- Downloadable CEITMP KEIS Family Consent
- Family Letter
- Sample Self-Assessment

Consent				
Reminder				

Ensure you have requested and obtained signed consent from families, either electronically or hard copy so that you may begin recording sessions.

SUPPLEMENTAL RESOURCE

Brief article titled "Adult Learning Principle 1. Making Intervention Immediately Relevant" https://www.veipd.org/earlyintervention/adult-learning-principle-1-making-intervention-immediately-relevant/

Group Meeting 4

- 1. Introduction to the Rubric and the Coaching Quality Indicators
 - A. The first set of combo clips will feature CQ7, CQ2, CQ3, & CQ1
- 2. Technology Training follow up as needed

Review CQ Intros on TORSH	Please review the collection of CQ Intros – video clips highlighting each Coaching Quality Indicator from the KCAR (rubric) on the exemplar tab in TORSH
Begin recording after obtaining signed consent	 After obtaining signed consents, begin recording sessions. Having a collection of videos has proven to be beneficial as providers reflect on their coaching practices and prepare to submit clips.
Recommended Resource	Handout: Foundations for Positive Outcomes

SUPPLEMENTAL RESOURCE

Brief article on the adult learning principle of linking prior knowledge to new learning. https://www.veipd.org/earlyintervention/adult-learning-principle-2-linking-prior-knowledge-to-new-learning/

MENTORSHIP PHASE Week 3

- 1. In TORSH exemplars review CQ7 Intro, CQ1 Intro, & other CQ7 & CQ1 exemplars
- 2. Ensure you have signed consent to record sessions with select families
- 3. See Technology Guide pages 22-27 for detailed directions to submit ONE combo clip: CQ7/CQ1

All 3 steps are due by the end of the week

- Record and upload video
- 2. Ready a CQ7/CQ1 combo clip
- 3. Complete Self-Assessment, Publish, & Share with Coach with high permission

Recommended	Handout: Destination: Caregiver-Driven Ending Joint Plans
Resource	

SUPPLEMENTAL RESOURCE

Handout: Child Learning Follow up Roadmap

- 1. In TORSH exemplars review **CQ2 Intro & other CQ2 exemplars**
- 2. Ensure you have signed consent to record sessions with select families
- See Technology Guide pages 22-27 for detailed directions to submit ONE combo clip: CQ2/CQ1

All 3 steps are due by the end of the week

- 1. Record and upload video
- 2. Ready a CQ2/CQ1 combo clip
- 3. Complete Self-Assessment, Publish, & Share with Coach with high permission

Recommended Resource

Handout: Toolkit for Developing Effective Beginning Joint Plans

SUPPLEMENTAL RESOURCE

Brief article titled "Partnering with Families When They Don't Want You There" https://www.veipd.org/earlyintervention/partnering-with-families-when-they-dont-want-youthere/

MENTORSHIP PHASE Week 5

- 1. In TORSH exemplars review **CQ3 Intro & other CQ3 exemplars**
- 2. Ensure you have signed consent to record sessions with select families
- 3. See Technology Guide pages 22-27 for detailed directions to submit ONE combo clip: CQ3/CQ1

All 3 steps are due by the end of the week

- 1. Record and upload video
- 2. Ready a CQ3/CQ1 combo clip
- 3. Complete Self-Assessment, Publish, & Share with Coach with high permission

Recommended Resource

Handout: Observation

SUPPLEMENTAL RESOURCE

Brief article titled "Seize the opportunity to stand beside the parent"

https://www.veipd.org/earlyintervention/seize-the-opportunity-to-stand-beside-the-parent/

Group Meeting 5

- 1. What new knowledge/understanding have you gained regarding CQ1, CQ2, CQ7 & CQ3?
- 2. Introduce Coaching Quality Indicators CQ4, CQ5, and CQ6.
- 3. Provider Topics.

Recommended Resource

Handout: Action Practice

SUPPLEMENTAL RESOURCE

Brief article titled "Watch me. Using Modeling as a Caregiver Teaching Tool https://www.veipd.org/earlyintervention/watch-me-using-modeling-as-a-caregiver-teaching-tool/

MENTORSHIP PHASE Week 7

- 1. In TORSH exemplars review CQ4 Intro & other CQ4 exemplars
- 2. Ensure you have signed consent to record sessions with select families
- 3. See Technology Guide pages 22-27 for detailed directions to submit ONE combo clip: *CQ4/CQ1

All 3 steps are due by the end of the week

- 1. Record and upload video
- 2. Ready a CQ4/CQ1 combo clip
- 3. Complete Self-Assessment, Publish, & Share with Coach with high permission

*Clips for mentorship phase weeks 7, 8, & 9 must be from a new video for which no feedback has previously been provided

Recommended Resource	Handout: Seven Steps to Intentional Modeling (also in Discovery Phase Week 10)
Recommended Resource	Handout: Solving the Rubric's Cube: Mastery Level Observation and Action/Practice

SUPPLEMENTAL RESOURCE

Handout: Flow of a coaching conversation Roadmap

- 1. In TORSH exemplars review **CQ5 Intro & other CQ5 exemplars**
- 2. Ensure you have signed consent to record sessions with select families
- 3. See Technology Guide pages 22-27 for detailed directions to submit ONE combo clip: CQ5/CQ1

All 3 steps are due by the end of the week

- 1. Record and upload video
- 2. Ready one CQ5/CQ1 combo clip
- 3. Complete Self-Assessment, Publish, & Share with Coach with high permission

Recommended Resource

Handout: Mastery Level Reflection and Feedback: Stronger Together

SUPPLEMENTAL RESOURCE

Brief article on the adult learning principle "Feedback is How We Grow"

https://www.veipd.org/earlyintervention/adult-learning-principle-5-feedback-is-how-we-grow/

MENTORSHIP PHASE Week 9

- 1. In TORSH exemplars review **CQ6 Intro & other CQ6 exemplars**
- 2. Ensure you have signed consent to record sessions with select families
- 3. See Technology Guide pages 22-27 for detailed directions to submit ONE combo clip: CQ6/CQ1

All 3 steps are due by the end of the week

- 1. Record and upload video
- 2. Ready one CQ6/CQ1 combo clip
- 3. Complete Self-Assessment, Publish, & Share with Coach with high permission

Recommended Resource

Handout: Questions to Promote Partnerships with Families during El Visits

MENTORSHIP PHASE Week 10

Group Meeting 6

- 1. Reflect on caregiver coaching what new insight have you gained regarding CQ4, CQ5 CQ6 & CQ1?
- 2. Discuss transition to fidelity phase and preparing to demonstrate fidelity in Video-1
- 3. Meeting fidelity on Videos 1 & 2 qualifies as an exemption from submitting Video-3

Survey

Please complete anonymous survey via email link following completion of Mentorship Phase.

SUPPLEMENTAL RESOURCE

Brief article titled "DEC Recommended Practices: Teaming and Collaboration" https://www.veipd.org/earlyintervention/dec-recommended-practices-teaming-and-collaboration/

Fidelity Phase

Congratulations on entering the Fidelity Phase of the *Coaching in Early Intervention Training and Mentorship Program*. In the Discovery Phase you built connections with your team and strengthened your foundational knowledge around caregiver coaching. In the Mentorship Phase, you began to apply your knowledge of early intervention caregiver coaching practices while being introduced to the *Kentucky Coaching Adherence Rubric*. In the Fidelity Phase you will be supported in refining your interaction skills with families and caregivers to demonstrate implementation of caregiver coaching with fidelity beginning with submitting two full videos of early intervention visits.

Although not required to submit all your recordings, you are encouraged to continue to video record early intervention visits from beginning to end weekly. The TORSH Talent platform will continued to be used to support reflection based on the strength-based, caregiver coaching practices embedded in the *Kentucky Coaching Adherence Rubric*. In addition, Recommended and Supplemental Resources are included on the syllabus and in weekly folders on Blackboard. The detailed <u>Quick View</u> is reflective of your active participation in one Group Meeting during the Fidelity Phase. The coaches will continue to support your learning and growth with the primary goals of you implementing caregiver coaching practices with fidelity; strengthening relationships with colleagues to build a web of support; and preparing for the next step of your professional growth.

Please note that providers who meet fidelity in both Video-1 and Video-2 can opt out of submitting a Video-3. At the same time, it is noteworthy to mention that videos earning a score of 17, with no CQs scored at the "not yet" level, will automatically be reviewed by another coach. Essential to the advancement from Fidelity Phase to Professional Development phase, providers must complete all required phase activities listed in red on the Quick View and they must demonstrate implementation of caregiver coaching practices with fidelity according to the *Kentucky Coaching***Adherence Rubric**. As providers meet fidelity, the final group meeting will be confirmed.

FIDELITY PHASE Week 1

*Submit Video-1

- 1. In TORSH exemplars review an example of <u>a full session</u>
- 2. Ensure you have signed consent to record sessions with select families
- 3. Please see **Technology Guide** pages 28-33 detailed directions to submit a full video of a typical session, highlighting all 7 CQs.

All 3 steps are due by the end of the week

- 1. Record and upload Video-1
- 2. Ready Video-1
- 3. Complete Self-Assessment, Publish, & Share with Coach with high permission

*Video-1 must be a new video for which no feedback has previously been provided

Recommended Resource

Handout: Coaching Resources Review

FIDELITY PHASE Week 2

Reflect and respond to feedback/questions on Video-1 offered by coach.

Directions also included on page 33 of the Technology Guide and companion video

- 1. In TORSH, under the video go to the Self-Assessments tab
- 2. Find the row of the coach's observation
- 3. At the end of the row, in the Actions column, hover over the **gear icon** and then select **Clone and Modify**
- 4. Once selected the coach's original rubric will be cloned. Please enter your comments or questions and respond to the coach's reflective questions/feedback directly within this new document.
- 5. After you have completed your reflection and responses, select **publish** at the top of the rubric.

 Then **share this new self-assessment** with the coach who provided your feedback.

SUPPLEMENTAL RESOURCE

Very short article titled "Adult learning principle 4. Practicing intervention strategies in real time" https://www.veipd.org/earlyintervention/adult-learning-principle-4-practicing-intervention-strategies-in-real-time/

FIDELITY PHASE Week 3

Group Meeting 7

- 1. Reflect on your progress and complete *Fidelity to Coaching Reflection,* located on Blackboard in the weekly folder. The content will be discussed during the group meeting; therefore, submitting the completed activity is not required.
- 2. Discuss caregiver coaching with fidelity.
- 3. Discuss strength-based documentation and how service Log entries may support continued fidelity to caregiver coaching.

Recommende	
Resource	

Handouts: Strength-based documentation: service log entry, assessment, and progress report examples

FIDELITY PHASE Week 4

Submit Video-2

- 1. In TORSH exemplars review an example of a full session
- 2. Ensure you have signed consent to record sessions with select families
- 3. Please see **Technology Guide** pages 28-33 detailed directions to submit a full video of a typical session, highlighting all 7 CQs.

All 3 steps are due by the end of the week

- 1. Record and upload Video-2
- 2. Ready Video-2
- 3. Complete Self-Assessment, Publish, & Share with Coach with high permission

*Video-2 must be a new video for which no feedback has previously been provided

SUPPLEMENTAL RESOURCE

Brief article on the transition to using a coaching approach.

https://www.veipd.org/earlyintervention/coaching-its-about-more-than-just-asking-questions/

FIDELITY PHASE Week 5

Reflect and respond to feedback/questions on Video-2 offered by coach

Directions also included on page 33 of the Technology Guide and companion video

- 1. In TORSH, under the video go to the **Self-Assessments** tab
- 2. Find the row of the coach's observation
- 3. At the end of the row, in the Actions column, hover over the **gear icon** and then select **Clone and Modify**
- 4. Once selected the coach's original rubric will be cloned. Please enter your comments or questions and respond to the coach's reflective questions/feedback directly within this new document.
- 5. After you have completed your reflection and responses, select **publish** at the top of the rubric.
- 6. Then **share this new self-assessment** with the coach who provided your feedback.

Individual meetings scheduled with coaches as needed

SUPPLEMENTAL RESOURCE

Handout: Coachee Presents an Issue Roadmap

FIDELITY PHASE Week 6

Video-3

- 1. Ensure you have signed consent to record sessions with select families
- 2. Please see **Technology Guide** pages 28-33 detailed directions to submit a full video of a typical session, highlighting all 7 CQs.

All 3 steps are due by the end of the week

- 1. Record and upload Video-3
- 2. Ready Video-3
- 3. Complete Self-Assessment, Publish, & Share with Coach with high permission

*Video-3 must be a new video for which no feedback has previously been provided

Opportunity to opt out of submitting Video-3

- If fidelity was met on both VIDEO-1 & VIDEO-2 providers may opt out of submitting Video-3
- Providers can choose, however, to submit a Video-3 to further develop their caregiver coaching skills, advance their ratings on the rubric, and receive additional coach feedback
- To ensure ample time for coach feedback and consideration for initial maintenance period determination, optional Video-3s are due to the assigned rater by the end of Professional Development Phase Week 1

SUPPLEMENTAL RESOURCE

Article "From Couching to Coaching" How do we get families engaged in early intervention? It starts with us communicating their enormous influence on their children's development.

https://leader.pubs.asha.org/doi/10.1044/leader.FTR1.23102018.46

Professional Development Phase

Congratulations on entering the Professional Development Phase of the *Coaching in Early Intervention*Training and Mentorship Program. In the Discovery Phase you built connections with your team and strengthened your foundational knowledge of caregiver coaching. In the Mentorship Phase, you began to apply your knowledge of strength-based, caregiver coaching practices using the framework of the *Kentucky*Coaching Adherence Rubric. In the Fidelity Phase you refined your skills and demonstrated the implementation of caregiver coaching with fidelity. In the Professional Development Phase you will reflect on your current caregiver coaching practices, develop a plan that supports your consistent use of strength-based caregiver coaching practices in early intervention and expanding your collegial network of support, and offer program feedback. Essential to the completion of the CEITMP, providers must complete all required phase activities listed in red on the Quick View. Certificates of Completion with program hours/CEUs will be issued after fidelity has been met, all required activities completed, and all loaned equipment and materials have been returned.

PROFESSIONAL DEVELOPMENT PHASE Week 1

Review baseline video and reflect on the progress made toward implementing a caregiver coaching approach with fidelity.

SUPPLEMENTAL RESOURCE

Early Childhood Coaching Handbook Chapter:

"Coaching as Part of Professional Development"

PROFESSIONAL DEVELOPMENT PHASE Week 2

Group Meeting 8

- 1. After meeting fidelity, the final group meeting will be confirmed.
- 2. Reflect on caregiver coaching progress and strategies for maintaining a caregiver coaching approach as you prepare to develop your Professional Development Plan and plan for Maintenance
 - Recognize KY KEIS Early Intervention Provider Performance Standards & Self-Assessment as tools to self-monitor EI practices
- 3. Consider how you will continue with the web of support around caregiver coaching in early intervention
- 4. Add CEITMP@louisville.edu in your email contact list, as future maintenance communication will be sent from this email address

Equipment Return	Borrowed equipment, books or materials are due to be returned to the POE office.					
	Early Intervention Provider Performance Standards					
Recommended	https://www.chfs.ky.gov/agencies/dph/dmch/ecdb/fs/PerformanceStandards.pdf					
Resource	Early Intervention Provider Self-Assessment					
	https://chfs.ky.gov/agencies/dph/dmch/ecdb/fs/EIProviderSelfAssessment.pdf					

SUPPLEMENTAL RESOURCE

Brief article titled "Top 5 List for Adopting Coaching Practices"

http://veipd.org/earlyintervention/2014/05/08/top-5-list-for-adopting-coaching-practices/

PROFESSIONAL DEVELOPMENT PHASE Wee	ek 3
1. Develop your CEITMP PD Plan targeting 1 priority related	d to your caregiver coaching
practice and email to your coach. The CEITMP PD Plan is	on Blackboard in the weekly
folder.	
Submission 2. Your CEITMP PD Plan must include your first maintenance	e period. It is highly
recommended that you make a note of this so that you w	vill be expecting emails from
the SLA and CEITMP@louisville.edu which will begin approximately and control of the SLA and CEITMP@louisville.edu which will begin approximately a control of the SLA and CEITMP@louisville.edu which will begin approximately a control of the SLA and CEITMP@louisville.edu which will begin approximately a control of the CEITMP@louisville.edu	roximately 3 months before
your maintenance period.	
Exit Survey Please complete anonymous Exit Survey which will be sent v	via email link.
Download Please see Technology Guide for detailed directions for do	wnloading rubrics and videos
Videos & 1. Download any of your own videos and rubrics that you w	ould like to keep.
TORSH you 2. Your current TORSH Talent account will be deleted when	your cohort concludes, and
wish to keep you will be issued NEW information for submitting in yo	our Maintenance Period.
Blackboard 1. Download any of the resources from Blackboard you wou	uld like to keep.
Resources 2. Your Blackboard account will expire soon after you cohor	rt concludes.

SUPPLEMENTAL RESOURCE

Early Childhood Coaching Handbook Chapter:

"The Future of Coaching in Early Childhood Intervention"

Kentucky Coaching Adherence Rubric

The *Kentucky Coaching Adherence Rubric (Revised)* is a set of 7 defined coaching quality indicators reflecting various skills that providers utilize to build the confidence and competence of caregivers. Each Coaching Quality Indicator (CQ) contains behavioral descriptors, representing a continuum of coaching quality ranging from 0 to 4 or "not yet" to "mastery".

The **Coaching Quality Indicators** include:

- <u>CQ1 Fostering Trusting Relationships when Partnering with Caregivers:</u> The provider emphasizes the partnership with caregivers and shows genuine interest in the whole family. The trusting relationship is fostered as the provider authentically listens to the caregiver, shapes the entire visit around the caregiver's priorities and concerns, and communicates in respectful, supportive ways.
- <u>CQ2 Caregiver Joint Plan in the Beginning:</u> The provider intentionally engages caregiver early in session to review their previous joint plans and develop an explicit, detailed plan for current visit. The joint plan is implemented.
- <u>CQ3 Observation:</u> The provider supports the caregiver through opportunities to observe the child and caregiver in everyday activities/routines that are important to the family. The provider observes and follows with reflection to elicit caregiver insights to help them problem-solve, determine next steps and/or flow to action practice.
- <u>CQ4 Action/Practice</u>: The provider uses planned (intentional) modeling, cuing and/or prompting during practice of caregiver ideas to build their confidence to support their children's learning and development outside of early intervention visits. The provider reflects with caregivers to link with supporting their child in other routines, contexts, or outcomes.
- <u>CQ5 Feedback:</u> The provider validates the caregiver's contributions and ideas with substantive feedback that targets specific actions as well as acknowledging their efforts and experiences. Feedback affirms and attempts to enhance caregiver insight, learning or action. Suggestions are made after reflection and with permission, if appropriate.
- <u>CQ6 Reflection:</u> The provider has a sense of curiosity in exploring the caregiver's experiences and priorities for their child. The provider asks effective reflective questions to stimulate thinking and deepen the caregiver's insights to promote caregiver problem-solving.
- <u>CQ7 Caregiver Joint Plan at the End:</u> The provider engages with the caregiver to develop their detailed plans for actions between visits and for the next visit centered on their priorities. The provider plans the next visit around the caregiver priority, preferred contexts, methods, and purpose. This two-part plan clearly sets the agenda for the next home visit.

Instructions and Use:

This tool will be used to measure providers' implementation of coaching practices with fidelity during early intervention visits with caregivers and families. Following review of an early intervention session, rate the evidence of coaching quality on the rubric by circling the behavior rating descriptor.

Kentucky Coaching Adherence Rubric – Revised

CQ	PROVIDER	Not Yet 0	Knowledge 1	Awareness 2	Application 3	Mastery 4
CQ1 FTR	Fosters trusting relationships when partnering with caregivers by connecting, listening, and responding in respectful, supportive ways	Focuses attention mostly on child	Directs; talks more than listens; conversation may be general or not related to caregiver topic(s)	Leads conversation; responds to caregiver statements mostly to clarify or review	Interacts reciprocally; actively listens; shows interest and sensitivity for family members	Stays engaged with caregiver to consistently shape conversation around caregiver topic(s); communicates in respectful, strengths-based ways; includes family members
CQ2 JPB	Engages caregiver early in session to review their previous joint plans and develop priorities for current visit	No joint plan; takes charge of visit, directs activities	Confirms only previous or current priority; Primarily offers own activity suggestion(s) for current visit and asks caregiver for input	Reviews only priority of the previous between visit and current plan OR discussion leads to development of only one plan (previous between visit or current) to include both caregiver priority with additional detail(s) (e.g., with who, family routines, activity, strategy)	Supports caregiver to review how their previous between visit joint plan went and to ultimately identify their priority for current visit; discussion allows caregiver to identify at least one detail (how, what, why, where) for both plan parts. Joint plan implemented.	Launches visit by engaging with caregiver to reflect on previous joint plan implementation and develop explicit, detailed plan for current visit (activities around their priority, preferred contexts, methods, and purpose). Current Joint plan is implemented.
O CQ3	Observes caregiver and child in prioritized activities followed with reflection to promote insight and/or flow to action/practice	Does not or has no opportunity to observe child activities or child-caregiver interactions	Selects activities to observe or observes activity not related to established family priority or joint plan; asks informational questions, if any	Observes child activities and/or child- caregiver interactions related to established family priority or joint plan; may ask questions to gain information and/or give feedback	Captures opportunities to intentionally observe child-caregiver interaction in identified family prioritized activities followed by asking at least one reflective question related to the observation to promote caregiver insight	Collaborates with caregiver to observe child-caregiver interaction in prioritized family routines/activities, followed by using reflective questions to elicit caregiver insight or/and flow into action/practice
CQ4 A/P	Proactively captures opportunities for caregiver to practice their prioritized ideas and reflect	Utilizes own materials to engage child in activity or alter activity; or no opportunity to observe child or child-caregiver action/practice	Implements own activities; attempts to engage caregiver in the activities	Identifies opportunities and supports caregiver to practice ideas/strategies linked to established family priority or joint plan; may offer feedback	Cues, prompts and/or models to engage caregiver to practice or try ideas related to their identified priority; At least one reflective question follows to facilitate caregiver insights related to the action/practice	Uses intentional modeling, cuing, or prompting to engage caregiver to practice or try ideas related to their priority in a natural routine; use of reflective questions with caregiver encourages linkage to other routines, contexts, or outcomes
CQ5 F	Provides substantive feedback to caregiver, to affirm and attempt to enhance their learning experience and insights	No feedback provided to caregiver; child focused	Directs praise toward caregiver and/or offers suggestions	Praises caregiver and provides explanation of why; may offer suggestions/information prior to giving caregiver opportunity to reflect	Acknowledges or confirms shared understanding paired with substantive explanations; if offered, suggestions or information are related to activity/priority and after ample time for caregiver reflection	Reflects with caregiver about experience to affirm and attempt to enhance caregiver insight, learning or action
CQ6 R	Asks effective reflective questions to stimulate thinking, promote problem solving, and elicit insights from the caregiver	Makes many declarative statements; may ask yes/ no and informational questions, without intent to reflect	Asks at least one question with reflective intent; directs conversation more than responding	Occasionally asks questions with reflective intent; may lead part of conversation to a particular response	Frequently employs open-ended reflective questions with intent to have caregiver share thoughts and insights related to their priority or the joint plan	Predominantly and throughout the session, asks open-ended reflective questions related to caregiver priority or the joint plan and allows opportunity for them to respond with thoughts and insights
CQ7 JPE	Engages caregiver in developing detailed plans for their actions between visits and for the next visit centered on their priorities	No joint plan formed	Confirms only between or next visit priority; Primarily directs plan development by giving homework or selecting the best activities to work on	Reviews only priority for the between visit and next visit plans OR discussion leads to one plan (between visit or next) to include both the caregiver priority and at least one additional detail (e.g., with who, family routines, activity, strategy)	Supports caregiver to ultimately identify what they would like to focus on between visits and for the next visit; discussion allows caregiver to define at least one additional detail for both plan parts	Ends visit by engaging with caregiver to reflect and develop more detailed plans for between visits and the next visit that includes caregiver's priority, preferred contexts, methods, and purpose.

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ACCOMMODATIONS

If any of the learning activities in the Coaching in Early Intervention Training and Mentorship Program require accommodations to participate and complete requirements, please contact us at coaches@louisville.edu.







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