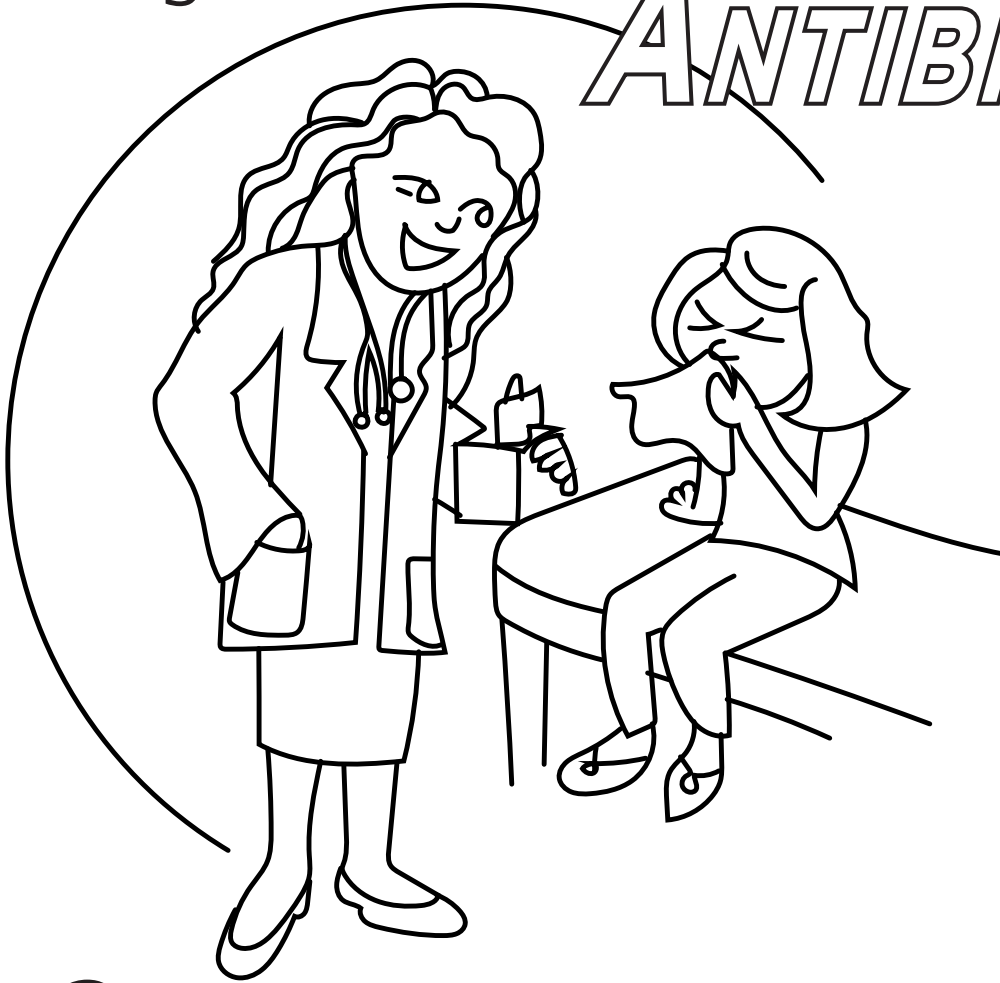


Kentucky Kids Antibiotic Awareness Activity Book



Lets get smart for **ANTIBIOTICS!**



Having a cold is
what I am told...
NO ANTIBIOTICS
please...
Just a tissue for my
sneeze!

6 SMART FACTS about **ANTIBIOTIC** use



Antibiotics are **LIFE-SAVING** drugs and should only be used when needed



Antibiotics **DO NOT** help most sore throats



Antibiotics only treat **BACTERIAL** infections



Green colored mucus is **NOT** a sign that an antibiotic is needed



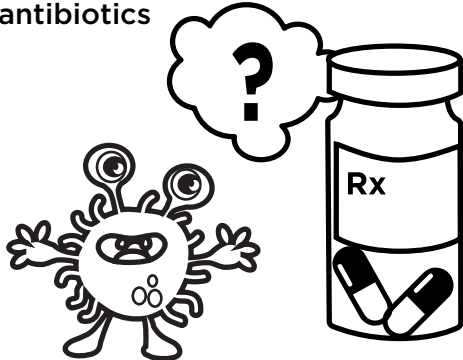
Some ear infections and many sinus infections **CAN GET BETTER** without antibiotics



There are **RISKS** when taking medications

FIGHT THE RESISTANCE

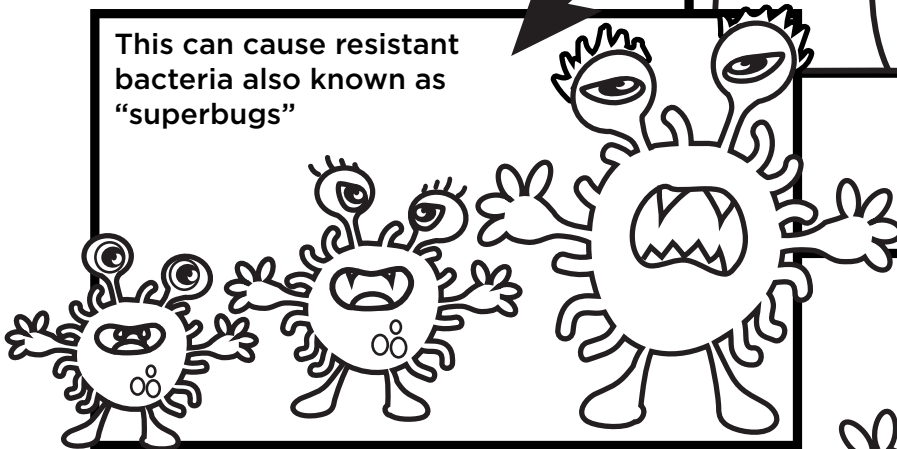
Many infections, like the common cold, are caused by viruses and don't require antibiotics



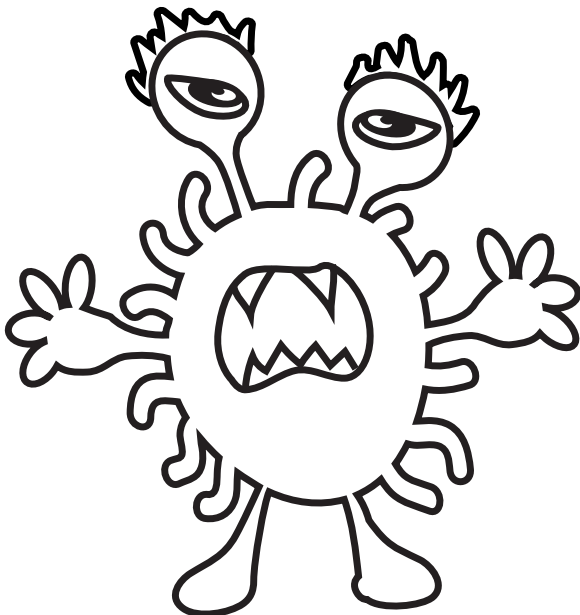
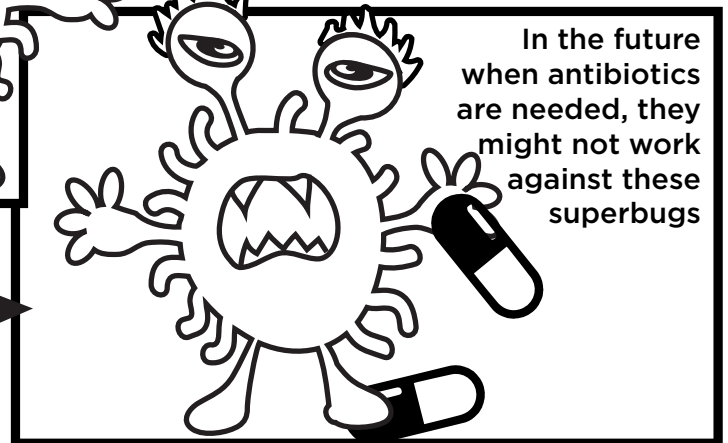
Everyone should avoid taking antibiotics when they're not needed



This can cause resistant bacteria also known as "superbugs"



In the future when antibiotics are needed, they might not work against these superbugs



GET SMART FAST
Because they do too!

Get Smart about Antibiotics

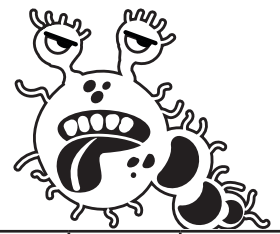


A B C O U R A W B K P B J A V
 U I G M H E N G X T M H S O A
 F U S C D S T H C S I R D V C
 V V B Y C I I S O Q L G J T C
 I U A V L S B H L A C E F I I
 R T C R E T I E D S V R V H N
 U G T U A A O A M B R M T K E
 S G E U N N T L N G B S W A H
 M Y R I H C I T Y M S X D H Y
 B Z I Y A E C H U L H O S K E
 H F A C N Z S Y M X W A I L B
 K C G N D G W C U H T K C M G
 T I P Y S C D G K U R Q K J W
 H Q P Y H N T U D I C K D J A
 M T R C Q V Y D W Y T J F P O

VACCINE
 GERMS
 SICK
 BACTERIA
 VIRUS
 HEALTHY
 CLEANHANDS
 RESISTANCE
 COLD
 ANTIBIOTICS

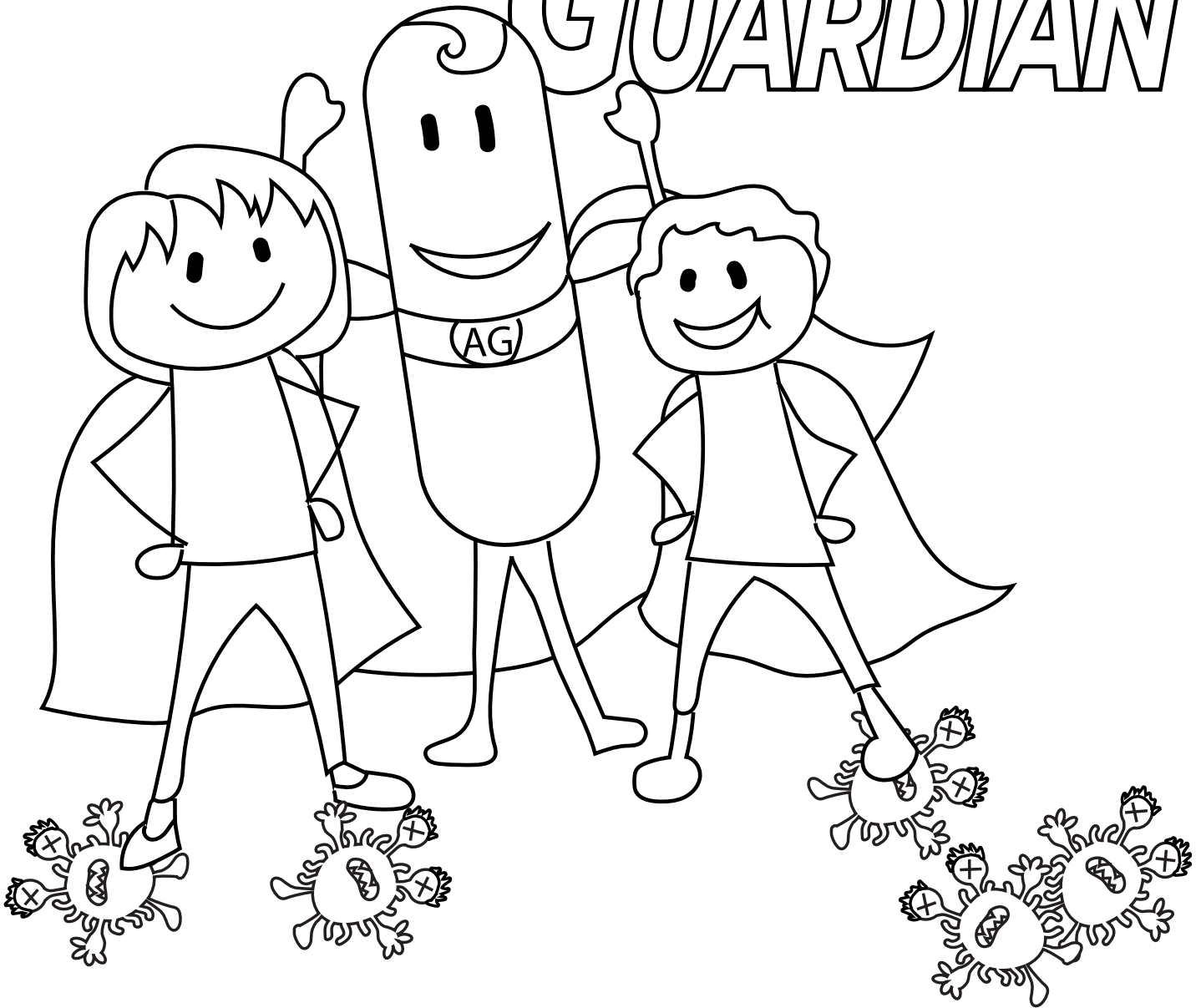
Antibiotics Aren't Always the Answer

Antibiotics only treat bacterial infections. Viral illnesses cannot be treated with antibiotics. When an antibiotic is not prescribed, ask your health care professional for tips on how to relieve symptoms and feel better.



Illness	Virus	Bacteria	Antibiotic Needed
Cold/Runny Nose	✓		NO
Bronchitis/Chest Cold (in otherwise healthy children and Adults)	✓		NO
Whooping Cough		✓	YES
Flu	✓		NO
Strep Throat		✓	YES
Sore Throat (except strep)	✓		NO
Fluid in the Middle Ear (otitis media with effusion)	✓		NO
Uniary Tract Infection		✓	YES

Be an **ANTIBIOTIC** **GUARDIAN**



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REFERENCES: 1. <https://www.cdc.gov/antibiotic-use/community/about/index.html>

2. <https://www.cdc.gov/antibiotic-use/community/materials-references/print-materials/parents-young-children/index.html>

C O U G H

S N I T T L E

S N E E Z E

No Anti-Biotics
Please!