## Preparing to Make the Most of Early Intervention Visits

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Coaching in Early Intervention Training and Mentorship Program through contract with the Kentucky Early Intervention System

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Providers and caregivers have the same goal for early intervention sessions—for the time spent together to be meaningful, productive, and effective. When explaining what early intervention services look like, we express that we are eager to partner with caregivers during visits. We get to know the entire family and ensure they feel confident in helping their children learn.



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Here are some themes to share with caregivers to get the most out of early intervention sessions:

- My role is to partner with you, to support you to help your child within regular daily life, because children learn best from familiar caregivers and you spend the most time with them.
- Together we will plan for what you want to work on during each session. Think about the daily routines or activities that you would like me to support; we will schedule our time together around those (e.g., snack, dressing, brushing teeth, playtime, etc.).
- I will spend some time watching and listening as you interact with your child to develop an understanding of your priorities.
  Then we will discuss what you would like to see happen and try out strategies to get there.



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- I will invite you to practice activities during the session and I may model or guide. Feel free to share what you think is or isn't working, then we will continue to tweak.
- I will ask questions so we can brainstorm and problem solve together. You are the expert on your child and know what will work in your daily life. The best collaborations happen when we both share our thoughts and ideas.
- We will talk through a plan at the end of each session to decide how you will work on your priority between visits and what we'll focus on at the next session.

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"The direct therapy that we were all taught...it was never carried over. And now that the parents are the driving force, it's more consistent, and I see more changes."

-KEIS Developmental Interventionist





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## **Make the Most of Early Intervention Visits**

Click here to see a caregiver thanking a provider for everything she has learned about how to help her child at the end of an El session.



Click here for a caregiver perspective on how coaching supported her family to target their priorities independently.



Click here to listen to a provider's reflection on how coaching with families has resulted in increased caregiver engagement and carryover.



Click <u>here</u> to visit our YouTube channel for more information about the Coaching in Early Intervention Training and Mentorship Program

Click <a href="here">here</a> to visit the KEIS webpage for more information about the Coaching in Early Intervention Training and Mentorship Program





