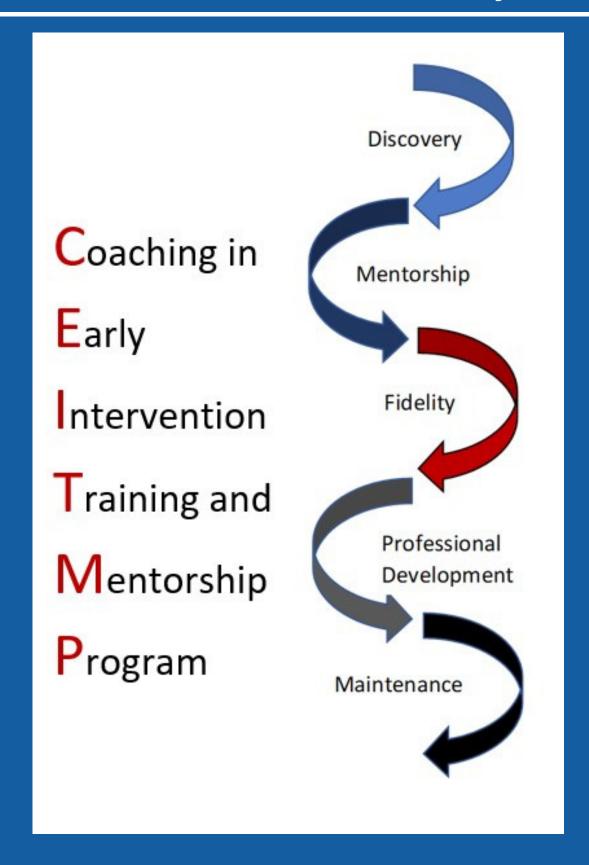
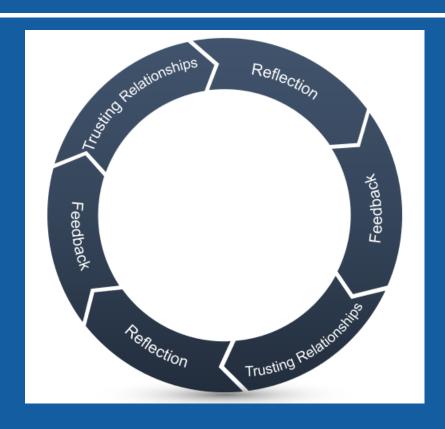
# MAINTENANCE NEWSLETTER REFLECTION

**JUNE 2021** 



# BUILDING CAREGIVER CAPACITY THROUGH REFLECTION



We ask effective reflection questions to stimulate caregivers' thinking around their priority, eliciting their insights, and promoting their problem-solving.

As we refine our use of reflective questions, we transition from asking families to provide us with information, to instead asking them what they know and think.

### Click on the image below to access the infographic



### **Reflection Driven By Caregiver Priorities**

#### What is reflection?

- Engaging caregivers to partner in meaningful conversations
- Promoting caregiver discovery and learning
- · Asking on topic, non-leading, open-ended questions

#### When do we reflect?

- While joint planning
- Following observations and during action/practice
- Before offering ideas and/or information

#### Why do we reflect?

- To stimulate thinking
- To promote problem-solving
- To elicit insight

How would you like to move these plans forward?

How do you think this strategy worked?

Why do you think he stayed with that activity?

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Federal Funds Support the Coaching in Early Intervention Training and Mentorship Program
Grant Number: H181A160085 coaches@louisville.edu



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WHEN DO WE REFLECT?

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WHY DO WE REFLECT?

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