

AUGUST 2023

# LAB TEST MENU

## **Infectious Diseases Laboratory**

The Infectious Diseases Laboratory is a CLIA-certified, high-complexity laboratory, offering state-of-the-art testing for the diagnosis of infectious diseases. This booklet contains the pertinent details of our testing menu.

Please contact us with additional questions.

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## Atypical Pneumonia PCR Panel (APP)\*

The **APP** is a multiplexed, laboratory developed, real-time PCR assay for the detection of agents of “atypical pneumonia”. The assay utilizes Luminex® ARIES technology to generate a result in approximately two hours.

### Targets

*Mycoplasma pneumoniae* (MCR)\*

*Legionella pneumophila* (LCR)\*

*Chlamydia pneumoniae* (CCR)\*

### Accepted Specimens

Oropharyngeal swabs (**OP**) or broncho-alveolar lavage (**BAL**). For OP specimens, collect using a Dacron-tipped, plastic-shafted swab (Copan Flocked swab, if available) and place in UTM media. For BAL **only**, collect 5.0 ml. Maintain at 4°C.

### Specimens Receipt

Specimens accepted Monday through Friday.

### Assay Schedule

**APP** assay is set up Monday through Friday, with final results usually available by 2:00 pm on the day of receipt.

### Normal Range

Not detected

### CPT Codes

**MCR:** 87581

**LCR:** 87541

**CCR:** 87486

*\*This test was developed, and its performance characteristics determined by the Infectious Diseases Laboratory using Analyte Specific Reagents. It has not been cleared or approved by the FDA. This test is used for clinical purposes and should not be regarded as investigational or for research. This laboratory is regulated under the CLIA Amendments of 1988, 42 U.S.C. §263a as qualified to perform high-complexity clinical testing of this nature.*

## APP Individual Molecular Tests\*

Single, laboratory developed, real-time PCR assays for the detection of agents of “atypical pneumonia”. The assays utilize Luminex ARIES® technology to generate a result in approximately two hours.

### Targets

(Indicate One)

*Mycoplasma pneumoniae* (MCR)\*

*Legionella pneumophila* (LCR)\*

*Chlamydia pneumoniae* (CCR)\*

### Accepted Specimens

Oropharyngeal swabs (OP) or broncho-alveolar lavage (BAL). For OP specimens, collect using a Dacron-tipped, plastic-shafted swab (Copan Flocked swab, if available) and place in UTM media. For BAL **only**, collect 5.0 ml. Maintain at 4°C.

### Specimens Receipt

Specimens accepted Monday through Friday.

### Assay Schedule

APP assay is set up Monday through Friday, with final results usually available by 2:00 pm on the day of receipt.

### Normal Range

Not detected

### CPT Codes

MCR: 87581

LCR: 87541

CCR: 87486

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## SARS-CoV-2/COVID-19 PCR\*

The **SARS-CoV-2** assay is a real-time reverse transcription PCR assay intended for the qualitative detection of nucleic acid from the SARS-CoV-2 virus in nasopharyngeal (NP) swabs from individuals suspected of COVID-19 disease. SARS-CoV-2 RNA is generally detectable in respiratory specimens during the acute phase of infection.

Positive results are indicative of the presence of SARS-CoV-2 RNA; clinical correlation with patient history and other diagnostic information is necessary to determine patient infection status. Positive results do not rule out bacterial infection or co-infection with other viruses. The agent detected may not be the definite cause of disease.

Negative results do not preclude SARS-CoV-2 infection and should not be used as the sole basis for patient management decisions. Negative results must be combined with clinical observations, patient history, and epidemiological information.

### Targets

#### SARS-CoV-2 RNA\*

### Accepted Specimens

Nasopharyngeal swab (**NP**), collect using a Dacron-tipped, plastic-shafted swab (Copan Flocked swab, if available) and place in UTM media. Maintain at 4°C.

### Specimens Receipt

Specimens accepted Monday through Friday.

### Assay Schedule

**SARS-CoV-2** assay is set up Monday through Friday, with final results usually available by 2:00 pm on the day of receipt.

### Normal Range

Not detected

### CPT Codes

**SARS-CoV-2:** 87635

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## CT/NG PCR\*

The *Chlamydia trachomatis* (CT) and *Neisseria gonorrhoeae* (NG) real-time PCR assay is a laboratory-developed test performed on the Luminex® ARIES for the diagnosis of chlamydia and/or gonorrhea urogenital disease.

This assay is a qualitative in vitro assay for the automated detection of genomic bacterial CT and GC DNA, the causative agents of the most common bacterial sexually transmitted infections (STI). The assay uses urine specimens collected in a clinical setting from primarily asymptomatic individuals, who require screening for immigration purposes.

### Targets

*Chlamydia trachomatis* (CT)\*

*Neisseria gonorrhoeae* (NG)\*

### Accepted Specimens

20-50 ml of initial urine stream. Preferably, patient should not have urinated 1 hour prior to collection.

### Specimens Receipt

Specimens accepted Monday through Friday.

### Assay Schedule

CT/NG assay is set up Monday through Friday, with final results usually available by 2:00 pm on the day of receipt.

### Normal Range

Not detected

### CPT Codes

CT: 87491

NG: 87591

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## Tick-Borne Disease Panel (TDP)

The **TDP** is a combination of serological and molecular assays to aid in the diagnosis of acute or chronic infection by the most common tick-borne agents in this area. This includes testing for Lyme Disease (*B. burgdorferi*); Rickettsial diseases, both Spotted-Fever Group (which includes Rocky Mountain Spotted Fever) and Typhus Group; *Pan-Ehrlichia* [*E. chaffeensis*, *E. muris eauclairensis*, and *E. ewingii* (Human Monocytic Ehrlichiosis)]; and *Anaplasma phagocytophilum* (Human Granulocytic Anaplasmosis).

### Serology

*B. burgdorferi* (LYM)  
Rickettsia (RIC)

### PCR

*Pan-Ehrlichia spp.* (ECP)\*  
*A. phagocytophilum* (APH)\*

### Accepted Specimens

1.0 ml of serum **AND** 5.0 ml of whole blood collected in EDTA. For pediatric specimens, collect 1.0 ml of serum and 1.0 ml whole blood in EDTA. Maintain at 4°C until delivered.

### Specimens Receipt

Specimens accepted Monday through Friday.

### Assay Schedule

Each assay is set up Monday through Friday, with final results usually available by 2:00 pm on the day of receipt.

### Normal Range

Lyme: IgG/IgM-Negative  
Rickettsia: IgG < 1:64  
Rickettsia: IgM < 1:64  
*Pan-Ehrlichia spp.*: PCR-Not detected  
*A. phagocytophilum*: PCR-Not detected

### CPT Codes

**LYM:** 86618  
**RIC:** 86757  
**ECP:** 87798  
**APH:** 87798

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## Borrelia MTTT™ (Lyme) Screen Test

The ZEUS® ELISA Borrelia VlsE1/pepC10 IgG/IgM Test System is an enzyme-linked immunosorbent assay (ELISA) for the qualitative detection of IgG and IgM class antibodies to VlsE1 and pepC10 antigens from *Borrelia burgdorferi* in human sera. This assay is intended for testing serum samples from symptomatic patients or those suspected of Lyme Disease. Positive and equivocal test results with the ZEUS® ELISA Borrelia VlsE1/pepC10 IgG/IgM Test System must be confirmed by the FDA-approved Modified two-tier test method (MTTT).

**Targets***B. burgdorferi* IgG/IgM (LYM)**Accepted Specimens**

1.0 ml of serum

**Specimens Receipt**

Specimens accepted Monday through Friday.

Automatically reflexes to a Zeus Borrelia MTTT™ Lyme Supplemental Test upon a positive or equivocal Zeus Borrelia MTTT™ (Lyme) Screen IgG/IgM Test.

**Assay Schedule**

**Borrelia MTTT™ (Lyme) Screen** assay is set up Monday through Friday, with final results usually available by 2:00 pm on the day of receipt.

**Normal Range**

Negative

**CPT Codes****LYM:** 86618

## Rickettsia (IFA) Test

The DiaSorin® Diagnostics Rickettsia Indirect Immunofluorescence Antibody (IFA) assay is intended for the detection and semi-quantitation of human IgG and IgM antibodies to Spotted Fever and Typhus Fever Group Rickettsia, as an *in vitro* aid in diagnosis of diseases caused by these agents.

**Targets**

Rickettsia Spotted Fever/Typhus Group IgG (RIC)  
Rickettsia Spotted Fever/Typhus Group IgM (RIC)

**Accepted Specimens**

1.0 ml Serum

**Specimens Receipt**

Specimens accepted Monday through Friday.

**Assay Schedule**

**Rickettsia (IFA)** assay is set up Monday through Friday, with results usually available by 2:00 pm on the day of receipt.

**Normal Range**

Rickettsia: IgG < 1:64  
Rickettsia: IgM < 1:64

**CPT Codes**

**RIC:** 86757 X 2



## **Pan-*Ehrlichia* spp./ *A. phagocytophilum* PCR\***

Infections with Pan-*Ehrlichia* spp. [*E. chaffeensis*, *E. muris eauclairensis*, *E. ewingii* (HME)] or *A. phagocytophilum* (HGA) usually cause a very high rate of bacteremia. As a result, large amounts of bacterial DNA may be present in the circulation, lending itself to rapid detection using molecular techniques. Since rapid detection is a key to effective clinical management, the Luminex® ARIES has been used to validate the detection of these agents in whole blood specimens.

### **Targets**

(Indicate One)

**Pan-*Ehrlichia* spp. (ECP)\***

***A. phagocytophilum* (APH)\***

### **Accepted Specimens**

5.0 ml of whole blood collected in EDTA. For pediatric specimens, collect 1.0 ml whole blood in EDTA. Maintain at 4°C until delivered.

### **Specimens Receipt**

Specimens accepted Monday through Friday.

### **Assay Schedule**

Pan-*Ehrlichia* spp./*A. phagocytophilum* PCR is set up Monday through Friday, with results usually available by 2:00 pm on the day of receipt.

### **Normal Range**

Not detected

### **CPT Codes**

**ECP: 87798**

**APH: 87798**

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## Zeus Borrelia MTTT™ (Lyme) Supplemental Test

The ZEUS® ELISA IgG and IgM Test System is an enzyme-linked immunosorbent assay (ELISA) for the qualitative detection of IgG or IgM class antibodies to *Borrelia burgdorferi* in human sera. This assay is intended for testing serum samples from symptomatic patients or those suspected of Lyme Disease. Positive test results by the MTTT methodology is supportive evidence for the presence of antibodies and exposure to *Borrelia burgdorferi*, the cause of Lyme disease.

### Targets

*B. burgdorferi* IgG (LWB)  
*B. burgdorferi* IgM (LWB)

### Accepted Specimens

1.0 ml Serum

### Specimens Receipt

Specimens accepted Monday through Friday.

Automatically reflexed upon a positive or equivocal Zeus®  
Borrelia MTTT (Lyme) Screen IgG/IgM Test

### Assay Schedule

Assay is set up 2 to 3 times per week with results usually  
available by 2:00 pm on day of testing.

### Normal Range

Negative

### CPT Codes

LWB: 86617 X 2

## Rapid Plasma Reagin (RPR)

The Macro-Vue® **RPR** (Rapid Plasma Reagin) 18mm Circle Card assay is a non-treponemal testing procedure for the serologic detection of syphilis, a sexually transmitted infection that can cause serious health problems if it is not treated.

**Targets**

Non-specific antibodies to *Treponema pallidum* (RPR)

**Accepted Specimens**

1.0 ml Serum

**Specimens Receipt**

Specimens accepted Monday through Friday.

Automatically reflexes to a TPPA (*Treponema pallidum* particle agglutination) test upon a positive RPR result.

**Assay Schedule**

Assay is set up 2 to 3 times per week with results usually available by 2:00 pm on day of testing.

**Normal Range**

Nonreactive

**CPT Codes**

**RPR:** 86592

## Quanti-FERON®-TB Plus (QFT-TB Plus)\*

The QuantiFERON®-TB Plus In-Tube (**QFT-TB Plus**) assay is a whole-blood screening test for active tuberculosis (TB) or latent tuberculosis infection (LTBI) caused by the *Mycobacterium tuberculosis* complex, a complex that includes *M. tuberculosis*, *M. africanum*, and *M. bovis*, *M. microti*, *M. canetti*, and *M. caprae*.

<b>Targets</b>	Cell-mediated immune response to antigens associated with <i>M. tuberculosis</i> complex ( <b>QFT-TB Plus</b> )
<b>Accepted Specimens</b>	Four separate <b>1.0 ml</b> Quanti-FERON® collection tubes.  <u>Must be received within 16 hrs of collection.</u>
<b>Procedures</b>	Follow sample collection instructions on the label of <b>QFT-TB Plus</b> Blood Collection kit, supplied by the Infectious Diseases Laboratory.  <b>Invert tubes ten times</b> , just firmly enough to ensure the entire surface of the tube is coated with blood, to solubilize antigens on tube walls.
<b>Specimens Receipt</b>	Specimens accepted Monday through Thursday by 2:30 pm.
<b>Assay Schedule</b>	Assay is set-up 2 to 3 times per week, with results usually available by 2:00pm.
<b>Normal Range</b>	<b>Negative:</b> <i>M. tuberculosis</i> infection unlikely, but cannot be excluded, when:  a) any illness is consistent with TB disease  b) likelihood of progression to disease increased (i.e., immunosuppression).
<b>CPT Codes</b>	<b>QFT-TB Plus:</b> 86481

*\*The QFT-TB Plus is not FDA approved for patients under the age of 17. The Infectious Diseases Laboratory will add the appropriate disclaimer to test results on those patients that do not meet this criteria.*

## Quanti-FERON®-TB Plus Client Incubated (QFT-TB Plus CI)\*

The **QFT-TB Plus CI** format allows for collection of specimens from patients at virtually any time-point necessary. Since the “post-incubated” tubes are stable for 72 hrs at room temperature, the specimens can then be delivered to the IDL laboratory M-F 7:00 am to 2:30 pm for testing

**Targets** Cell-mediated immune response to antigens associated with *M. tuberculosis* complex (QFT-TB Plus CI)

**Accepted Specimens** Four separate **1.0 ml** Quanti-FERON® collection tubes. These kits are supplied by the Infectious Diseases Laboratory.

### Procedures

1. Follow sample collection instructions on the label of the QFT-TB Plus Blood Collection Kit, supplied by the Infectious Diseases Laboratory.
2. Invert tubes ten times, just firmly enough to ensure the entire surface of the tube is coated with blood, to solubilize antigens on tube walls.
3. Incubate the four (4) tubes upright at 36-38° C for 16 to 24 hours. Tubes must be incubated within 16 hours of collection.
4. Make sure to document the “Incubator Date/Time” information on the Test Request Form or in the Psyche Outreach Web portal. This must accompany specimens to avoid rejection.
5. Following incubation, transport the four incubated collection tubes to the Infectious Diseases Laboratory, maintaining at room temperature. Incubated samples are stable for 72 hrs at room temp.

**Specimens Receipt** Client-incubated specimens accepted Monday through Friday.

**Assay Schedule** Assay is set-up 2 to 3 times per week, with results usually available by 2:00pm. Only QFT-TB Plus Client Incubated specimens accepted on Friday.

**Normal Range** **Negative:** *M. tuberculosis* infection unlikely, but cannot be excluded, when:

- a) any illness is consistent with TB disease
- b) likelihood of progression to disease increased (i.e., immunosuppression).

**CPT Codes** **QFT-TB Plus CI:** 86481

\*The QFT-TB Plus CI is not FDA approved for patients under the age of 17. The Infectious Diseases Laboratory will add the appropriate disclaimer to test results on those patients that do not meet this criteria.

## ***Streptococcus pneumoniae* serotyping/ serogrouping assay by Quellung reaction and reflex PCR\***

Serotyping of *S. pneumoniae* is particularly important for vaccine-related disease surveillance. The Infectious Disease Laboratory adopted and validated the CDC-published method of seven triplex real-time PCR reactions to identify the thirteen serotypes included within the 13-valent conjugate vaccines, plus eight additional key serotypes (*J Clin Microbiol.* 2013 Feb;51(2):647-52. doi: 10.1128/JCM.02927-12. Epub 2012 Dec 5.). IDL uses the Quellung reaction to first identify the serotype(s) and, if applicable, confirms by the serotype/serogroup PCR assay.

A *S. pneumoniae* strain may be identified using Omni serum, which is a pooled polyvalent purified pneumococcal serum giving a capsular reaction in a Neufeld test (Quellung reaction). The Quellung reaction is not a swelling of the capsule but a reaction between the type-specific anti-serum and the capsular polysaccharide rendering the capsule visible. An antigen antibody reaction causes a change in the refractive index of the capsule so that it appears “swollen” and more visible. A high-quality phase contrast microscope equipped with a 100X (oil immersion) objective is required for Quellung based serotyping.

<b>Targets</b>	<b><i>Streptococcus pneumoniae</i></b>
<b>Accepted Specimens</b>	<i>S. pneumoniae</i> isolate.
<b>Specimens Receipt</b>	Specimens accepted Monday through Friday.
<b>Assay Schedule</b>	Quellung assay is set up Monday through Friday, with <b>reflex</b> serotype/serogroup PCR to follow if applicable.
<b>Normal Range</b>	<i>S. pneumoniae</i> serotype or serogroup identified by Quellung and/or PCR.
<b>CPT Codes</b>	<b>Serotype/serogroup PCR: 87798</b>

*\*This test was developed, and its performance characteristics determined by the Infectious Diseases Laboratory. It has not been cleared or approved by the U.S. Food and Drug Administration. The intended use is for epidemiology surveillance purposes only.*



## ***Streptococcus pneumoniae* lytA PCR assay\* for different sample types**

This assay is a qualitative *in vitro* real-time PCR test for the automated detection of a portion of the *lytA* gene of *Streptococcus pneumoniae* to aid in the diagnosis of community acquired pneumonia and its complications, such as radiographically diagnosed pneumonia, bacteremia, and meningitis. The assay uses the following specimens from symptomatic individuals: broncho-alveolar lavage (BAL), whole blood (WB), cerebrospinal fluid (CSF), urine (collected in a clinical setting), and a pure bacterial isolate submitted on growth media. The use of Luminex Aries MultiCode®-RTx Assay uses the unique MultiCode base pair, isoC: isoG and helps facilitate rapid detection of *S. pneumoniae*, aiding in effective clinical management.

### **Targets**

***Streptococcus pneumoniae*\***

### **Accepted Specimens**

**Broncho-Alveolar Lavage (BAL):** Submit at least 1 mL of specimen.

**Blood-EDTA:** Submit specimen in a 3 mL purple-cap (EDTA) blood collection tube.

**CSF:** Submit at least 1 mL of specimen.

**Urine:** Submit at least 10 mL of specimen in a (sterile) urine cup.

**Note: Maintain samples at 4°C**

**Bacterial Isolate:** Submit bacterial isolate on a TSA with 5% sheep blood plate or slant and transport at room temperature.

### **Specimens Receipt**

Specimens accepted Monday through Friday.

### **Assay Schedule**

***S. pneumoniae lytA*** assay is set up Monday through Friday.

### **Normal Range**

Not detected

### **CPT Codes**

***S. pneumoniae lytA* PCR:** 87798

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