

Hepatocellular Carcinoma

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Magnitude of the Problem

- 95% of world-cases in cirrhotics.
- Incidence in cirrhotics: 2-9% per year.
- 3rd cause of cancer death in the world (500,000 per year).
- In USA, 50% due to HCV.
- In USA, 10,000 new cases/ year; 500 million hospital charges/ year.

Recommended Surveillance Groups

(Risk > 1.5% / year)

• Hepatitis B

- All HBV cirrhotics
- Africans > 20 y.o.
- 1st degree w HCC & > 20 y.o.
- Asian males > 40 y.o.
- Asian females > 50 y.o.
- Caucasians w. high HBV-DNA / activity & > 40 y.o.

• Other Cirrhosis

- Hepatitis C (F3 ?)
- Alcoholic
- Genetic Hemochromatosis
- Primary Biliary Cirrhosis
- +/- Alpha-1 antitrypsin
- +/- NASH
- +/- Autoimmune hepatitis

Surveillance Test

- **SEROLOGY**

- AFP > 20 ng/mL:
sens=60%, PPV=41%
- AFP > 200 ng/mL:
sens=22%, PPV=60%
- **AFP should be used only if U/S is not available**
- Des-gamma-carboxy prothrombin (PIVKA II), AFP L3 fraction, Alpha fucosidase, Glypican 3

- **ULTRASOUND**

- Sensitivity: 65-80%
- Specificity > 90%
- False (+) Rate:
U/S=2.9%; AFP=5%;
AFP+U/S=7.5%
- Classic is hypoechoic; can be isoechoic w halo, hyperechoic, or mixed.
- **Interval:** 6-12 months
- **Positive Result:** nodule > 1 cm

Risk of HCC

- HBV cirrhosis in European: 6% at 5 years.
- HBV cirrhosis in Asian: 2.5% per year.
- HCV cirrhosis: 2 to 8% per year.
- Hemochromatosis cirrhosis: 3 to 4% per year.

Diagnostic Algorithm for HCC in Lesion < 1 cm for Cirrhosis or Chronic HBV

- Low likelihood of HCC
- Repeat **U/S at 3-6 month** intervals
- If remains stable > 24 months: return to U/S at 6 month intervals.
- If lesion grows to 1 cm or larger, follow corresponding protocol.

Evaluation of Liver lesions 1-2 cm Cirrhosis or Chronic HBV

- High likelihood of HCC, but biopsy more difficult to sample (30% false (-) and read; HCC of this size does not progress rapidly (no additional MELD points). Seeding risk 0.5-2%.
- Forner et al. used contrast ultrasound and MRI to evaluate lesions smaller than 2 cm found on surveillance. The PPV for HCC was 100%, although the NPV was only about 42%. This means that:
 - **if both tests were positive the lesion was always HCC.**
 - **if one or both tests were not conclusive, then the false-negative detection rate of HCC was greater than 50%.**
- The algorithm requires that if one or both test were not conclusive, a biopsy be performed. In this study, up to three biopsies were performed in an attempt to come to the correct diagnosis.
- Contrast enhanced ultrasound is not available in the USA, so these results are not entirely applicable to a North American population.

Evaluation of Liver lesions 1-2 cm Cirrhosis or Chronic HBV

- Leoni S et al. came to very similar conclusions providing external validation of the algorithm.
- Khalili K et al in a study, presented so far only in abstract form, used CT scanning as well as contrast ultrasound and MRI and has also validated the algorithm.
- These analyses showed that using a single contrast enhanced modality had a lower positive predictive value than using two studies, although the positive predictive value was still better than 90%.

Evaluation of Liver lesions 1-2 cm Cirrhosis or Chronic HBV

- Other studies have provided external validation of these algorithms, but have also shown that **typical appearances of arterial hypervascularity and venous washout are so highly specific that only a single study is necessary** if these appearances are present.
 - **The sensitivity of using dual imaging for diagnosis was between 21% and 37% and specificity was 100%.**
- Sangiovanni A, and Khalili K in two different studies have shown that sequential imaging can be used to decrease the need for biopsy.
 - **Using sequential studies rather than requiring two studies to be typical improved the sensitivity to about 74-80%, but the specificity fell to 89-97%.**
 - **However, if atypical lesions were biopsied, the specificity was restored to 100%.**

Diagnostic Algorithm for HCC in Lesion > 1 cm for Cirrhosis or Chronic HBV

- Nodules larger than 1 cm found on ultrasound screening of a cirrhotic liver should be investigated further with either 4-phase multidetector CT scan or dynamic contrast enhanced MRI.
- If the appearances are typical of HCC (i.e., hypervascular in the arterial phase with washout in the portal venous or delayed phase), the lesion should be treated as HCC.
- If the findings are not characteristic or the vascular profile is not typical, a second contrast enhanced study with the other imaging modality should be performed, or the lesion should be biopsied (level II).

Evaluation and Follow-up of Bx of Liver Nodule in Cirrhosis

- Biopsies of small lesions should be evaluated by expert pathologists. Tissue that is not clearly HCC should be stained with all the available markers including CD34, CK7, glypican 3, HSP-70, and glutamine synthetase to improve diagnostic accuracy (level III).
- If the biopsy is negative for patients with HCC, the lesion should be followed by imaging at 3-6 monthly intervals until the nodule either disappears, enlarges, or displays diagnostic characteristics of HCC. If the lesion enlarges but remains atypical for HCC a repeat biopsy is recommended (level III).

Diagnostic Algorithm for HCC in Lesion > 2 cm Cirrhosis or Chronic HBV

- Very high likelihood of HCC.
- With **AFP > 200** ng/mL: treat as **HCC** (99.4% confidence)
- False (-) Biopsy in 10%
- Sequential 4-phase multidetector CT scan or dynamic contrast enhanced MRI
- With **non-characteristic pattern** in 4-phase MDCT & dynamic MRI: **biopsy**
 - Non diagnostic Bx: repeat 4-phase imaging/Bx in 3 months
 - Diagnostic Bx: treat as HCC

Treatment of HCC

*Several slides were modified from CCO Oncology;
made by Dr. Luigi Bolondi, Dr. Adrian Di Bisceglie, and
Dr. J-F Geschwind*

Management of HCC

- Liver transplantation
 - Resection
 - Tumor ablation
 - Radiofrequency thermal ablation
 - Alcohol injection
 - Chemoembolization
 - Targeted molecular therapy
 - Chemotherapy
 - Regional/systemic
- Potentially curative**

Evidence of Benefit in Treatment of HCC

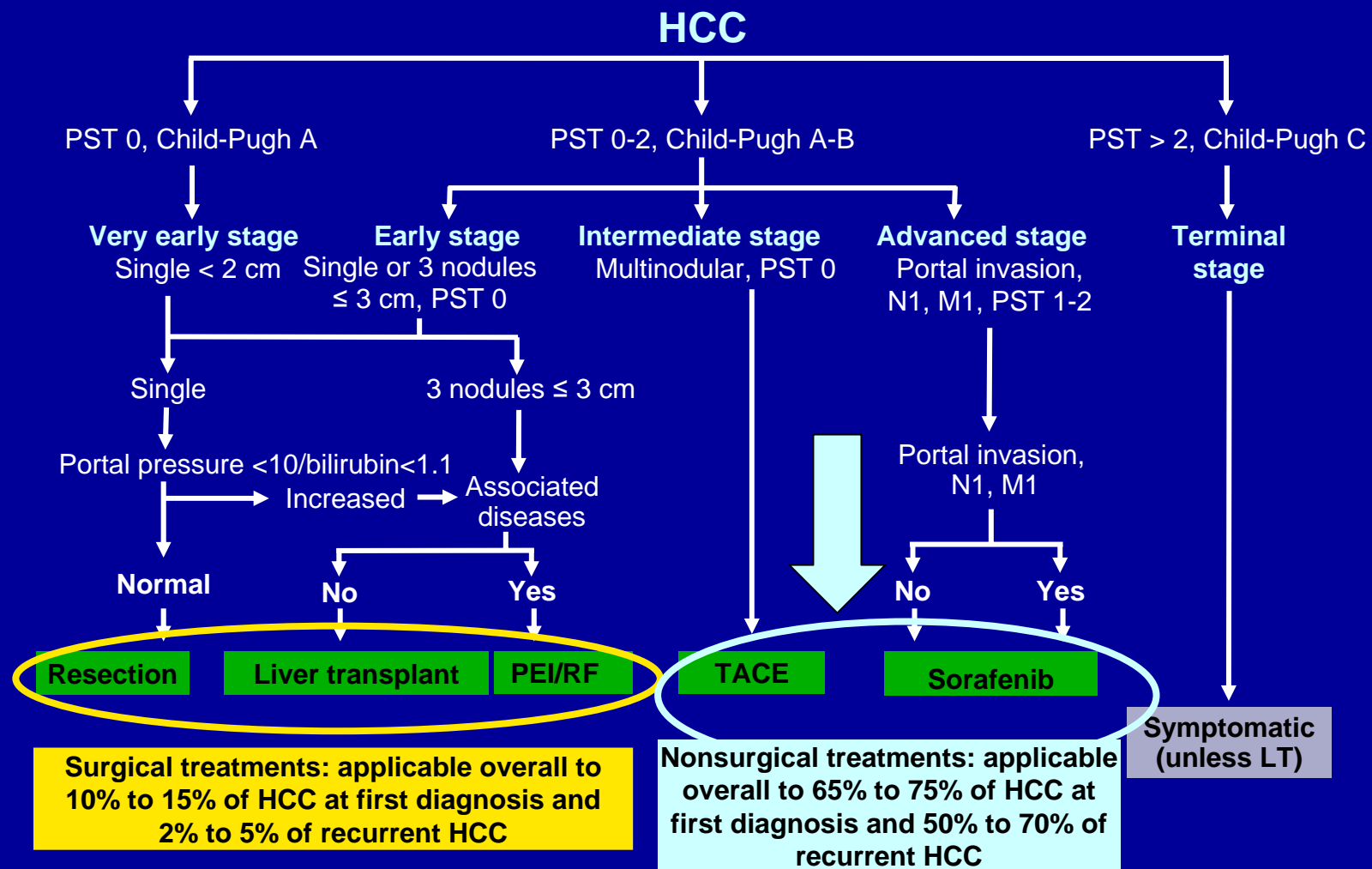
Treatment	Benefit	Evidence
Surgical treatments		
Resection	Increased survival	Case series
▪ Adjuvant therapies	Uncertain	Randomized trial, meta-analysis, nonblinded
Liver transplantation	Increased survival	Case series
▪ Neoadjuvant therapies	Treatment response	Nonrandomized trials
Locoregional treatment		
Percutaneous treatment	Increased survival	Case series
RFA vs PEI	Better local control	Randomized trial, meta-analysis, nonblinded
Chemoembolization	Increased survival	Randomized trial, meta-analysis, nonblinded
Arterial chemotherapy	Treatment response	Case series
Internal radiation	Treatment response	Case series

Evidence of Benefit in Treatment of HCC (cont'd)

Treatment	Benefit	Evidence
Systemic therapies		
Sorafenib	Increased survival	Randomized trial, meta-analysis, double blinded
Tamoxifen	No benefit	Randomized trial, meta-analysis, double blinded
Chemotherapy	No benefit	Randomized trial, meta-analysis, nonblinded
IFN	No benefit	Randomized trial, meta-analysis, nonblinded

Staging Strategy and Treatment for Patients With HCC

Barcelona Clinic Liver Cancer - BCLC



Surgical treatments: applicable overall to 10% to 15% of HCC at first diagnosis and 2% to 5% of recurrent HCC

Nonsurgical treatments: applicable overall to 65% to 75% of HCC at first diagnosis and 50% to 70% of recurrent HCC

Performance Status

ECOG/WHO/Zubrod score

- The ECOG score (published by Oken *et al* in 1982), also called the WHO or Zubrod score (after C. Gordon Zubrod)
 - **0 - Asymptomatic** (Fully active, able to carry on all predisease activities without restriction)
 - **1 - Symptomatic but completely ambulatory** (Restricted in physically strenuous activity but ambulatory and able to carry out work of a light or sedentary nature. For example, light housework, office work)
 - **2 - Symptomatic, <50% in bed during the day** (Ambulatory and capable of all self care but unable to carry out any work activities. Up and about more than 50% of waking hours)
 - **3 - Symptomatic, >50% in bed, but not bedbound** (Capable of only limited self-care, confined to bed or chair 50% or more of waking hours)
 - **4 - Bedbound** (Completely disabled. Cannot carry on any self-care. Totally confined to bed or chair)
 - **5 - Death**

Child-Pugh Score

Measure	1 Point Each	2 Points Each	3 Points Each
Bilirubin (mg/dL)	< 2.0	2.0-3.0	> 3.0
Albumin (g/dL)	> 3.5	2.8-3.5	< 2.8
Prothrombin time (sec)	1.0-3.0	4.0-6.0	> 6.0
Ascites	None	Slight	Moderate
Encephalopathy (grade)	None	I-II	III-IV

Grade	Total Points	Surgical Risk
A	5-6	Good
B	7-9	Moderate
C	10-15	Poor

Very Early Stage

Treatment of HCC

Very Early Stage

- **REQUIREMENTS:**

- Performance Status 0 (fully active & asymptomatic)
- Child-Pugh A
- Single lesion < 2 cm

- **Management:**

- A) Portal P gradient < 10 mmHg & normal bilirubin =/ $<$ 1.1 mg/dL:
 - **Resection.**
- B) Elevated Portal P or bili but OLTx candidate:
 - **OLTx**
- C) Elevated Portal P or bili and no OLTx candidate:
 - **RFA or PEI**

- **Pre-, or Post-Resection adjuvant therapy is not recommended.**

Milan Criteria for OLTx

- No vascular invasion, and
- No extrahepatic disease (**CT Chest (-)**),
and
 - 1 lesion \leq 5 cm, or
 - 3 lesions \leq 3 cm each

Early Stage

Treatment of HCC

Early Stage

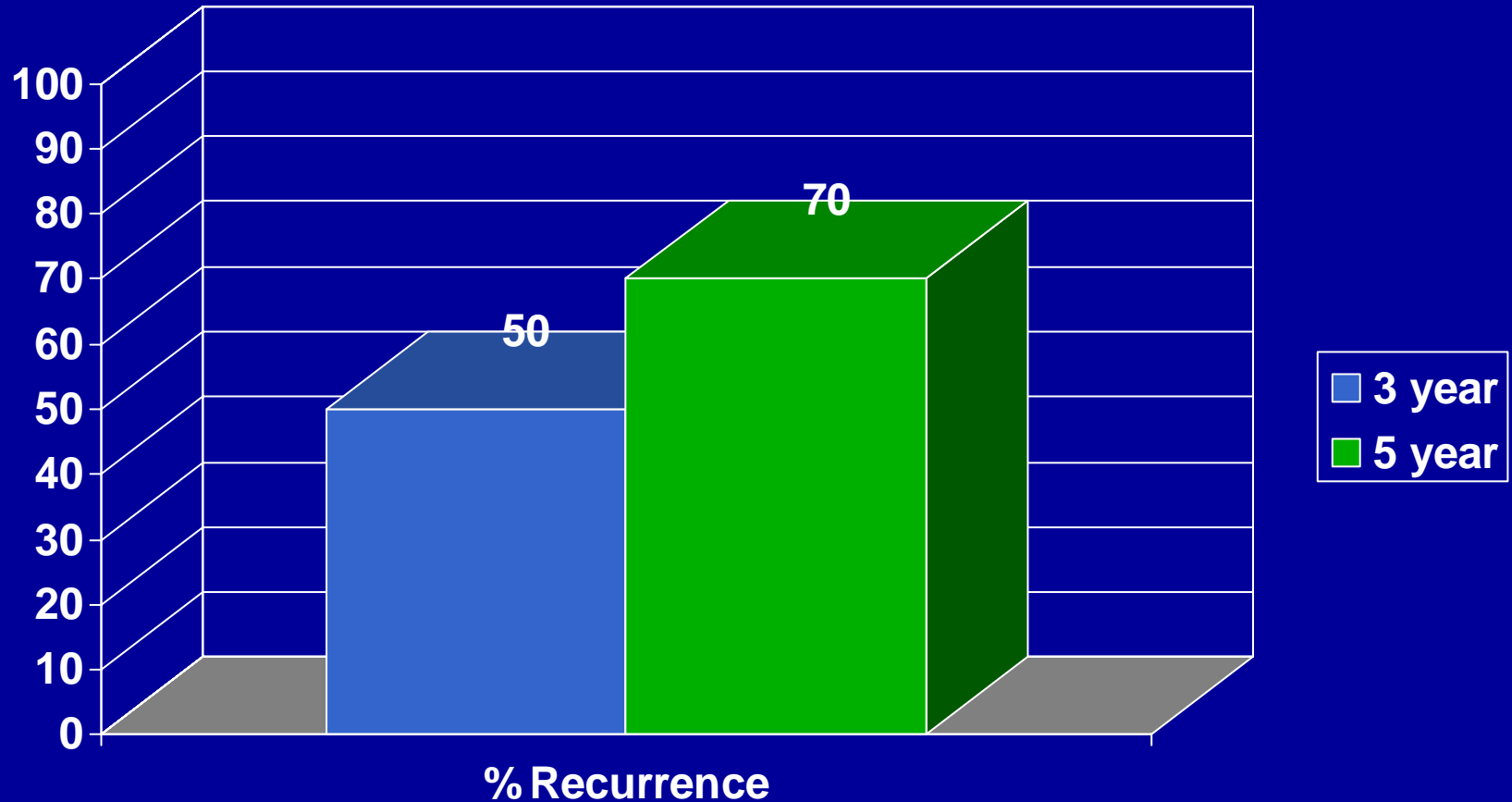
- **REQUIREMENTS:**

- Performance status 0 (fully active & asymptomatic) to 2 (Symptomatic, <50% in bed during the day)
- Child-Pugh A-B
- 1 to 3 nodules \leq 3 cm

- **Management:**

- A) Single nodule < 3 cm, Portal P gradient < 10 mmHg & normal bili \leq 1.1 mg/dL:
 - **Resection**
- B) Single nodule with high Portal P or bili, or 2-3 nodules \leq 3 cm, OLTx candidate:
 - **OLTx (4 year survival = 85%; 4 y disease free = 92%)**
- C) As on “B” but **No** OLTx candidate:
 - **RF if \leq 3 cm, or PEI if \leq 2 cm (5 year survival 50-60%)**

Tumor Recurrence after Resection or Ablation



Approved Curative Treatments for Unresectable HCC: Percutaneous Ablation

- Local ablation: safe and effective therapy for patients who cannot undergo resection or as a bridge to transplantation (level II)
- Alcohol injection and radiofrequency are equally effective for tumors < 2 cm
 - However, necrotic effect of radiofrequency is more predictable in all tumor sizes
 - In addition, efficacy is clearly superior to that of alcohol injection in larger tumors (level I)

Transplant Option

MELD Score in HCC

- **Lesion < 2 cm = given by cirrhosis score**
- **Milan criteria but > 2cm =**
 - 22 points (15% 3-month death-risk);
 - Every 3 months add 10% death risk (MELD = 25, 28, 29, 31, 33)
- **Cirrhosis + AFP > 500 without lesion seen =**
 - 8% (MELD= 19-20) 3-month death-risk

Down-Staging Chemo-embolization for Transplantation UCSF Criteria

- No vascular invasion, and
- No extrahepatic disease (**CT Chest (-)**),
and
 - 1 lesion \leq 6.5 cm, or
 - 2-3 lesions,
 - largest \leq 4.5 cm, and
 - total < 8 cm

Down-Staging Chemoembolization: Efficacy Before Transplantation

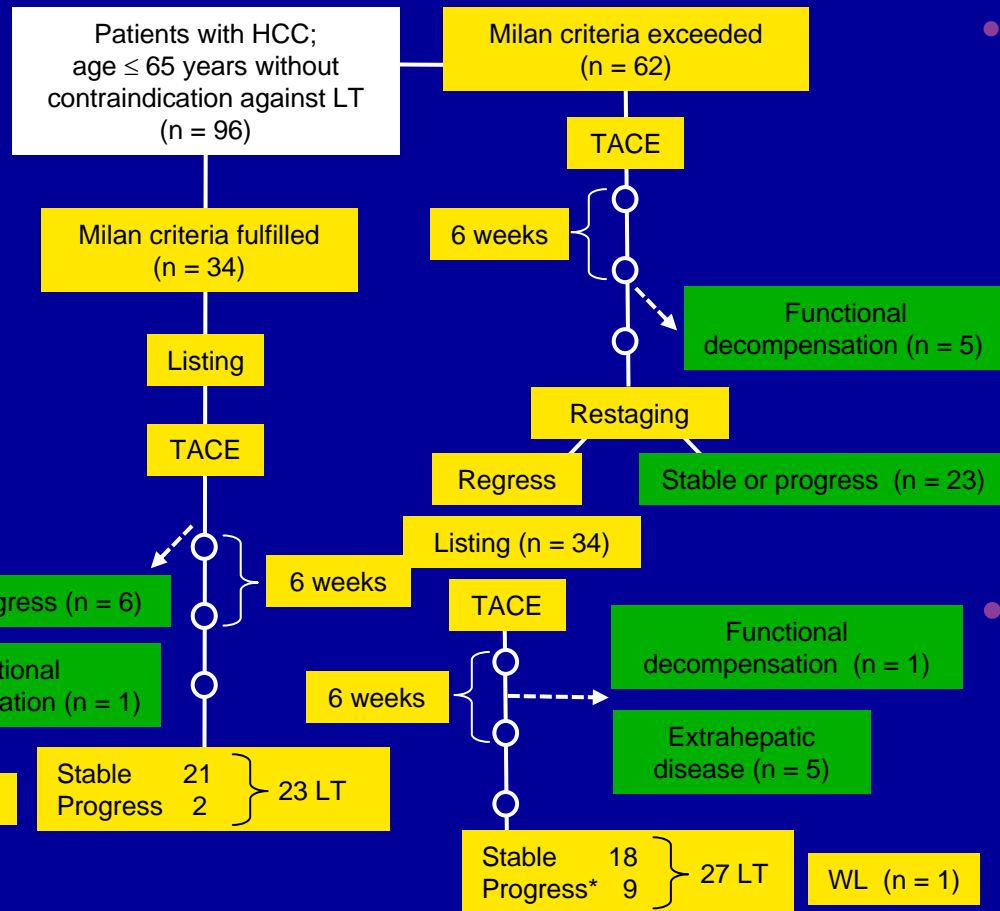
- Major issue: dropout rate (~ 20%)
 - Lower in US since adoption of MELD criteria
- Role of TACE
 - Control tumor and prevent progression
 - Should be considered if waiting time > 6 months
- Complications from TACE: rare (no increased rate of hepatic artery complications)

Definitions of Response to TACE for Down-Staging

Response Evaluation Criteria in Solid Tumors (RECIST)

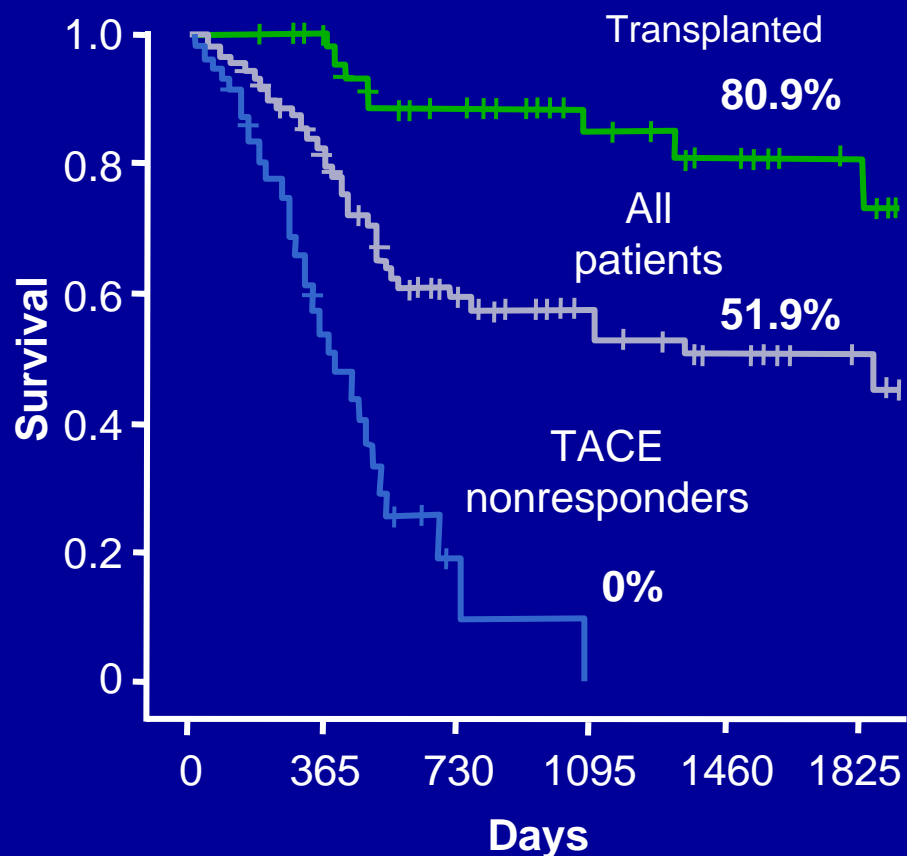
- **Progression:** at least 20% increase in the sum of the largest diameter of target lesions or the appearance of new non-target lesions and/or non-measurable lesions.
 - No Transplant.
- **Stable:** No Progression nor Regression.
 - A) Pre-down-staging: No transplant.
 - B) After down-staging + Listing: Transplant.
- **Partial Response (Regression):** at least 30% decrease in the sum of the largest diameter of 5 target lesions, taking as reference the baseline sum of the largest diameter.
 - Transplant.
- **Progression during Liver Transplant waiting time:** any increase in size or number of tumor nodules.
 - No Transplant.
- **Functional Decompensation:** Child-Pugh C plus any of the following: increase in bili > 2 mg/dL, Encephalopathy, or worsening of ascites.
 - No Transplant.

Can TACE Be Used as a Determinant of Tumor Biology?



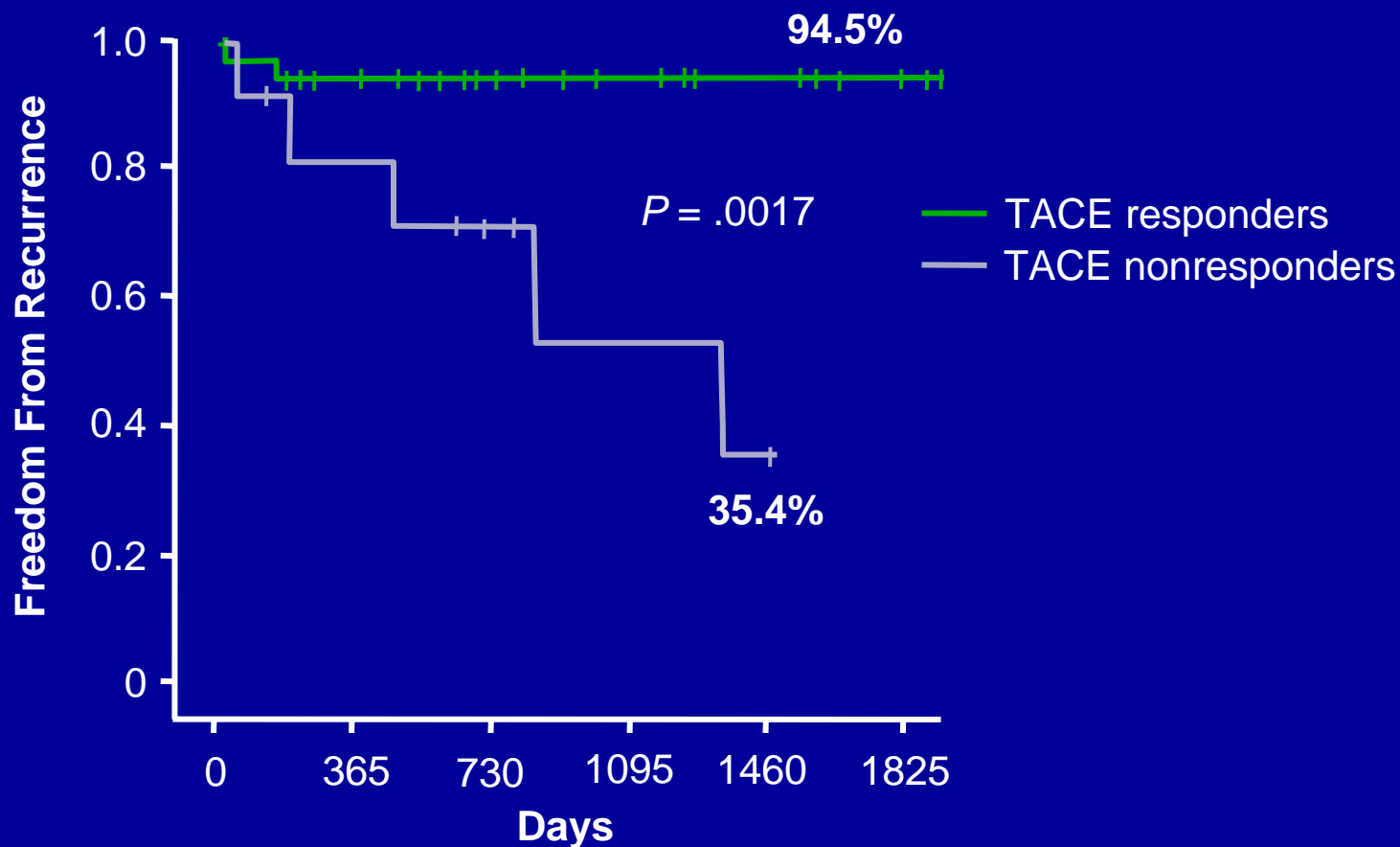
- 96 consecutive patients treated with TACE
 - 62 exceeded Milan criteria
 - 34 meeting Milan criteria listed immediately
 - TACE q 6 weeks
 - Restaging q 12 weeks
- 50 patients transplanted
 - 27 exceeded Milan criteria

Response to TACE as a Biological Selection Criterion for LT in HCC



- Overall 5-year survival: 51.9%
 - Highly significant difference in 5-year survival between downstaged (transplanted) patients and patients not responding to TACE ($P < .0001$)
- Survival calculated from the beginning of TACE treatment

Response to TACE as a Biological Selection Criterion for LT in HCC



Chemoembolization: Ineligibility Criteria

- **Absolute contraindications**
 - Child-Pugh class C disease
 - Poor performance status (ECOG PS > 2)
- **Relative contraindication**
 - Extrahepatic disease (benefit unclear)
- **Former contraindication**
 - PVT
 - Minimize embolization and be more selective

Safety & Efficacy of TACE in Patients With Unresectable HCC & PVT

- 32 patients with HCC and PVT
- Median Overall Survival: 10 months
- Child-Pugh score: best prognostic factor (ie, most strongly related to survival)
- 30-day mortality: 0%
- No evidence of TACE-related hepatic infarction or acute liver failure

Intermediate Stage

Staging of HCC

Intermediate Stage

- **REQUIREMENTS:**

- Performance status 0 (fully active & asymptomatic) to 2 (Symptomatic, <50% in bed during the day)
- Child-Pugh A-B
- More than 3 nodules, or > 3 cm

- **Management:**

- A) Chemoembolization (TACE)
- B) Randomized controlled trials

Approved & Investigational Noncurative Agents for Unresectable HCC

- AASLD 2005 recommendations
 - Chemoembolization (TACE) (with doxorubicin, cisplatin, or mitomycin) **is recommended** as first-line, noncurative therapy for nonsurgical patients with large/multifocal HCC who do not have vascular invasion or extrahepatic spread (and are not eligible for percutaneous ablation) (level I)
 - Tamoxifen, octreotide, antiandrogens, and hepatic artery ligation/embolization **are not recommended** (level I);
 - Clinical trials only: drug-eluting beads, radiolabelled yttrium glass beads, radiolabelled lipiodol, or immunotherapy for advanced HCC.

Chemoembolization: Randomized Trials (Nearly Identical Techniques)

Lo et al^[1]: N = 80 with newly diagnosed unresectable HCC, 80% HBV positive, 7-cm tumors (60% multifocal)

Technique	Survival, %		
	Year 1	Year 2	Year 3
TACE	57	31	26
Supportive care	32	11	3

Llovet et al^[2]: N = 112 with unresectable HCC, 80% to 90% HCV positive, 5-cm tumors (~ 70% multifocal)

Technique	Survival, %	
	Year 1	Year 2
TACE	82	63
Supportive care	63	27

1. Lo CM, et al. Hepatology. 2002;35:1164-1171.
2. Llovet JM, et al. Lancet. 2002;359:1734-1739.

Chemoembolization: Predictors of Survival

- Lo et al^[1]
 - Absence of presenting symptoms (ECOG PS < 2)
 - Absence of portal vein obstruction
 - Tumor size (≤ 5 cm vs > 5 cm)
 - Okuda stage (I vs II)
- Llovet et al^[2]
 - Absence of constitutional syndrome (ECOG PS < 2)
 - Low serum bilirubin
 - Treatment response (modified WHO criteria, > 6 months)

Largest Prospective Study of TACE for Unresectable HCC to Date

- N = 8510 patients
- Primary endpoint: Overall Survival (OS)
- Multivariate analysis conducted of factors affecting survival
- Overall Survival
 - Year 1: 82%; Year 3: 47%; Year 5: 26%; Year 7: 16%
 - Overall Survival better with lesser degree of liver damage
- Factors affecting survival
 - Child-Pugh stage
 - TNM stage (OS better with stage I, increasingly worse progressing toward stage IV)
 - Alpha-fetoprotein level

Yttrium-90 Radiotherapy for HCC Patients With and Without PVT

- **Phase II study: N = 108 (37 with PVT, 71 without PVT)**
- **Stratified by toxicity: Child-Pugh score (in cirrhotics), dose, location of PVT**
- **Median dose: 134 Gy**
- **Partial response rate: 42% (WHO), 70% (EASL)**
- **Adverse event rate highest in patients with main PVT and cirrhosis**
- **Median survival:**
 - **Main PVT: 260 days**
 - **Branch PVT: 370 days**
 - **No PVT: 460 days**

Intermediate/Advanced HCC: Future Directions

- 499 trials registered at clinicaltrials.gov for HCC as of August 21, 2008, including
 - Improving efficacy of RF and TACE (drug-eluting beads)
 - Exploring alternative treatments for intermediate HCC (yttrium-90)
 - Molecularly targeted agents in combination regimens (advanced HCC)
 - Molecularly targeted agents in combination with current modalities (early/intermediate HCC)
 - Improving tumor targeting of chemotherapeutic agents
 - New molecular targets and new molecularly targeted agents

Advanced Stage

Staging of HCC Advanced Stage

- **REQUIREMENTS:**
 - Child-Pugh A or B
 - Portal invasion, or N1M1
 - Performance Status 1 or 2:
 - 1. Symptomatic but completely ambulatory
 - 2. Symptomatic, <50% in bed during the day
- **Management:**
 - Sorafenib

Treatment of Advanced HCC (BCLC Stage C)

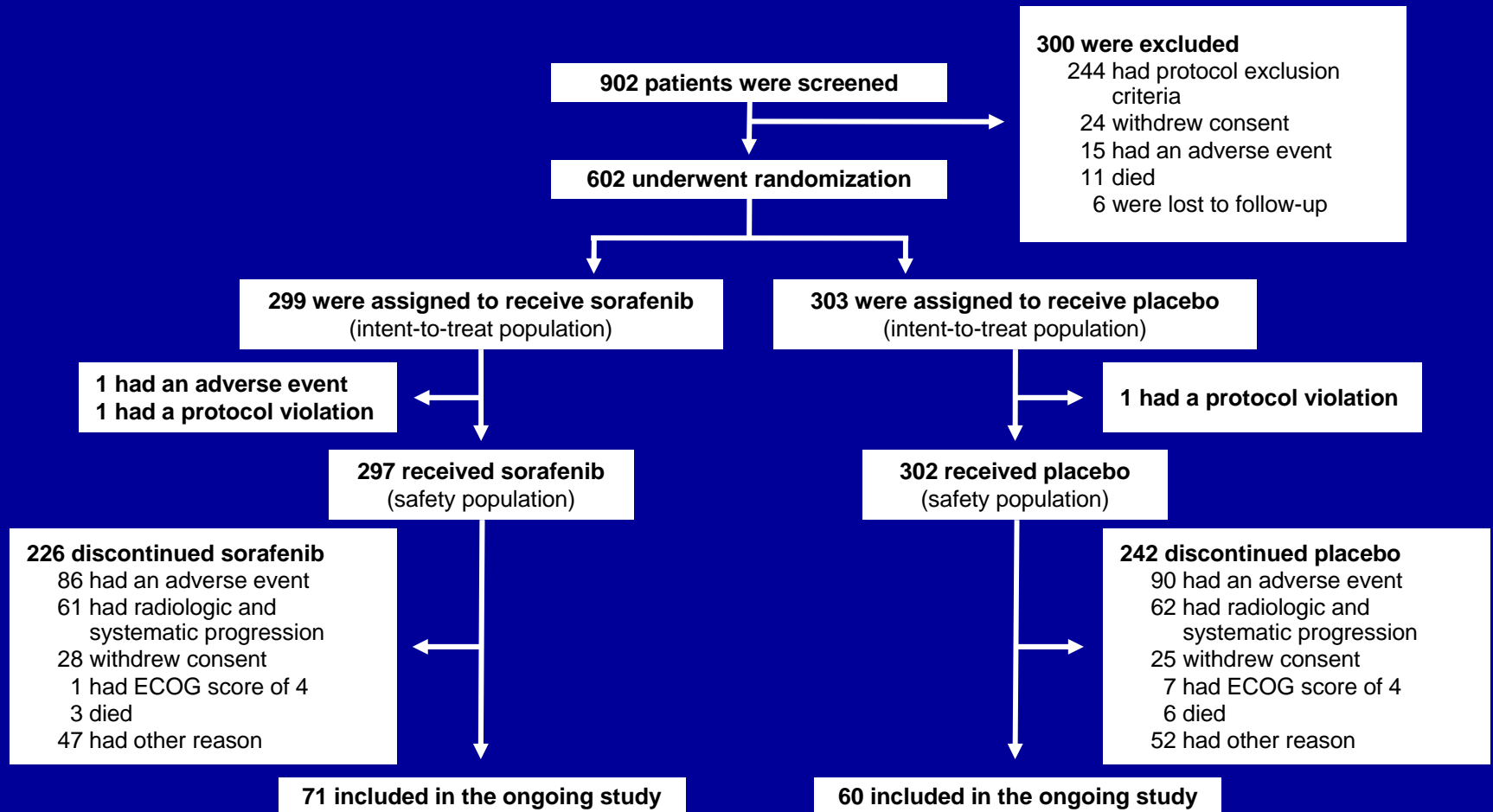
- AASLD 2005 recommendation: no standard therapy; patients should enroll in a randomized clinical trial^[1]
- 2008 recommendation: sorafenib has become the standard of care for advanced HCC^[2]
 - Prolongs OS by 3 months^[3]
 - 1-year survival: 44%^[4]

1. Bruix J, et al. Hepatology. 2005;42:1208-1236.
2. Llovet JM, et al. J Hepatol. 2008;48:S20-S37.
3. Llovet J, et al. ASCO 2007. Abstract LBA 1.
4. Llovet J, et al. N Engl J Med. 2008;359:378-390.

Sorafenib in Advanced HCC: The SHARP Trial

- Entry criteria
 - Advanced HCC
 - Not eligible for or failed surgical or locoregional therapies
 - Child-Pugh class A disease
 - At least 1 untreated target lesion
 - Exclusions
 - Previous chemotherapy
 - Previous molecularly targeted therapy

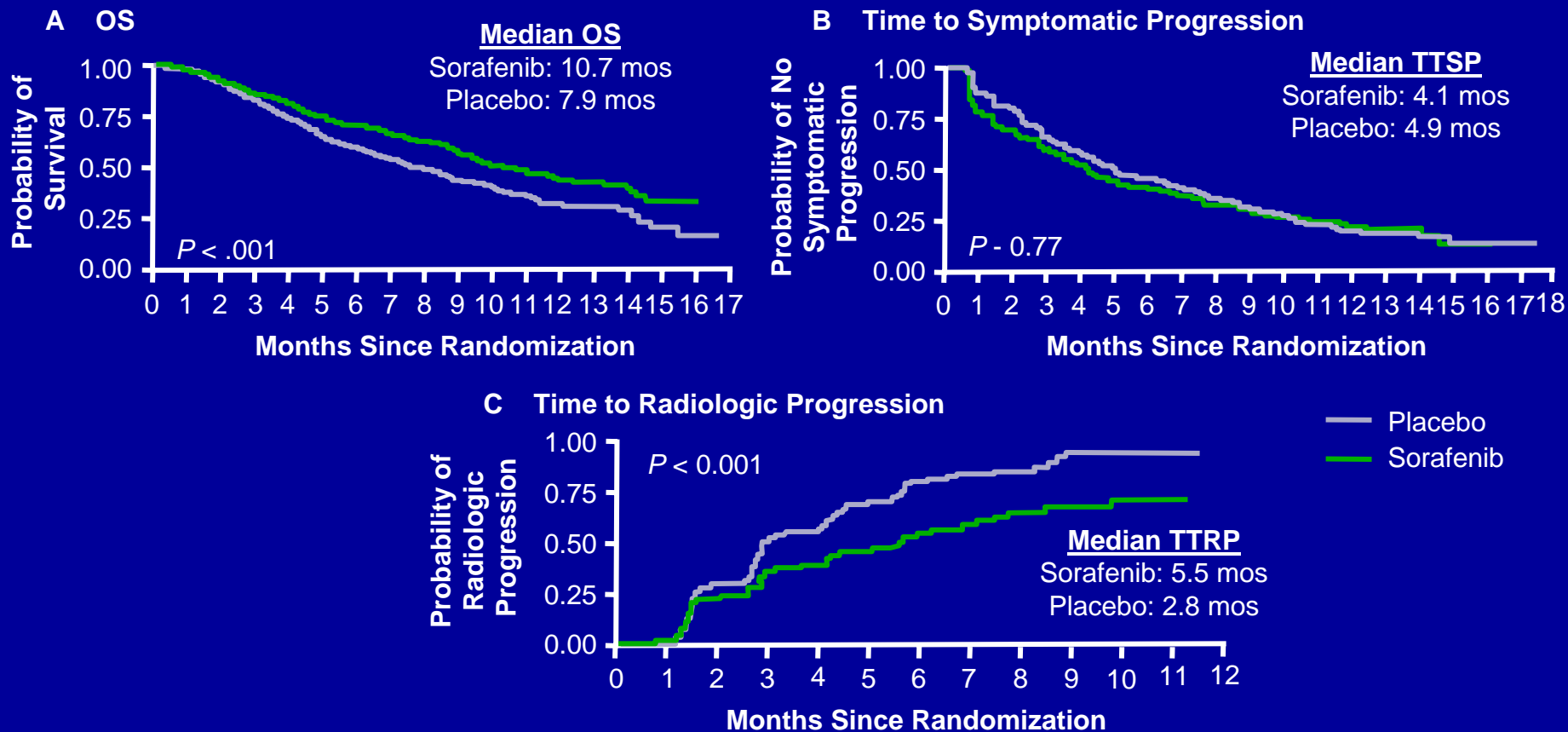
Sorafenib in Advanced HCC: The SHARP Trial



SHARP Trial: Baseline Characteristics

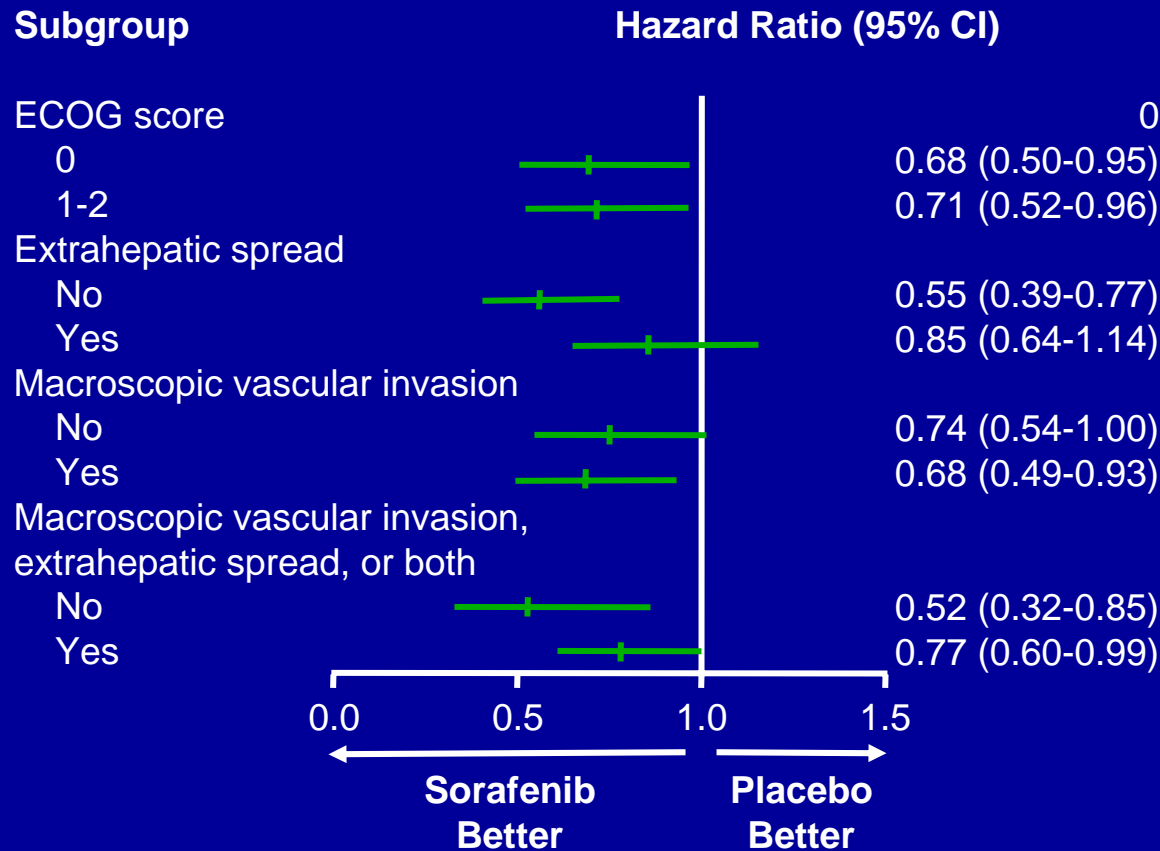
Characteristic	Sorafenib (n = 299)	Placebo (n = 303)
Median age, yrs	64.9	66.3
Male, %	87	87
BCLC stage, %		
• B (intermediate)	18	17
• C (advanced)	82	83
Vascular invasion, %	70	70

The SHARP Trial: Overall Survival (OS) and Time to Progression



Llovet JM, et al. Sorafenib in advanced hepatocellular carcinoma. N Engl J Med. 2008;359:378-390. © 2008, Massachusetts Medical Society. All rights reserved.

The SHARP Trial: OS and Baseline Prognostic Factors



The SHARP Trial: Drug-Related AEs

AEs, %	Sorafenib (N = 297)			Placebo (N = 302)			P Value	
	Any Grade	Grade 3	Grade 4	Any Grade	Grade 3	Grade 4	Any Grade	Grade 3 or 4
Overall incidence	80			52				
Constitutional symptoms								
Fatigue	22	3	1	16	3	< 1	.07	1.00
Weight Loss	9	2	0	1	0	0	< .001	.03
Dermatologic events								
Alopecia	14	0	0	2	0	0	< .001	NA
Dry skin	8	0	0	4	0	0	.04	NA
Hand-foot skin reaction	21	8	0	3	< 1	0	< .001	< .001
Pruritus	8	0	0	7	< 1	0	.65	1.00
Rash or desquamation	16	1	0	11	0	0	.12	.12
Other	5	1	0	1	0	0	< .001	.12

Llovet JM, et al. Sorafenib in advanced hepatocellular carcinoma. N Engl J Med. 2008;359:378-390. © 2008, Massachusetts Medical Society. All rights reserved.

The SHARP Trial: Drug-Related AEs (Cont'd)

AEs, %	Sorafenib (N = 297)			Placebo (N = 302)			P Value	
	Any Grade	Grade 3	Grade 4	Any Grade	Grade 3	Grade 4	Any Grade	Grade 3 or 4
Gastrointestinal events								
Anorexia	14	< 1	0	3	1	0	< .001	1.0
Diarrhea	39	8	0	11	2	0	< .001	< .001
Nausea	11	< 1	0	8	1	0	.16	.62
Vomiting	5	1	0	3	1	0	.14	.68
Voice changes	6	0	0	1	0	0	< .001	NA
Hypertension	5	2	0	2	1	0	.05	.28
Liver dysfunction	< 1	< 1	0	0	0	0	.50	.50
Abdominal pain not otherwise specified	8	2	0	3	1	0	.007	.17
Bleeding	7	1	0	4	1	< 1	.07	1.00

Hand-Foot Syndrome



Scheithauer W, et al. Oncology (Williston Park) 2004; 18:1161.

Grading of Hand-Foot Syndrome

Grade	Symptom
1	Minimal skin changes or dermatitis (eg, erythema) without pain
2	Skin changes (eg, peeling, blisters, bleeding, edema) or pain, not interfering with function
3	Skin changes with pain, interfering with function

Strategies for Managing AEs

- Hand-foot syndrome
 - **Creams and lotions**
 - **Avoid tight footwear**
 - **May require dose reduction**
- Diarrhea
 - **Antidiarrheal agents if severe**
- Fatigue
 - **Consider modafinil or methylphenidate if severe**
- Hypertension
 - **Start or adjust antihypertensives**

Sorafenib: Ongoing Studies in HCC

Europe

- 10 studies approved
 - 4 TACE + sorafenib (1 phase I, 1 phase II, 2 phase III)
 - Sorafenib + tegafur
 - Sorafenib + erlotinib
 - Sorafenib + temsirolimus
 - Sorafenib dose escalation
 - Sorafenib + gemcitabine/oxaliplatin
 - Biomarkers

Asia-Pacific

- 4 studies approved
 - Sorafenib + tegafur
 - Sorafenib + capecitabine/oxaliplatin
 - Sorafenib + bevacizumab
 - Sorafenib + gemcitabine

United States

- 4 studies (nonactivated)
 - 2 TACE + sorafenib
 - Sorafenib + erlotinib
 - Sorafenib + lapatinib

Terminal Stage

Staging of HCC

Terminal Stage

- **REQUIREMENTS:**

- Child-Pugh C

- Performance Status

- PS-3 (confined to bed or chair > 50% of waking hours; limited self care capability), or
- PS-4 (bedbound, completely disabled, cannot carry on any self-care. Totally confined to bed or chair) due to tumor involvement.

- **Management:**

- Symptomatic, or Liver Transplant.

- Median survival < 3 months.