

# Hepatitis C Update

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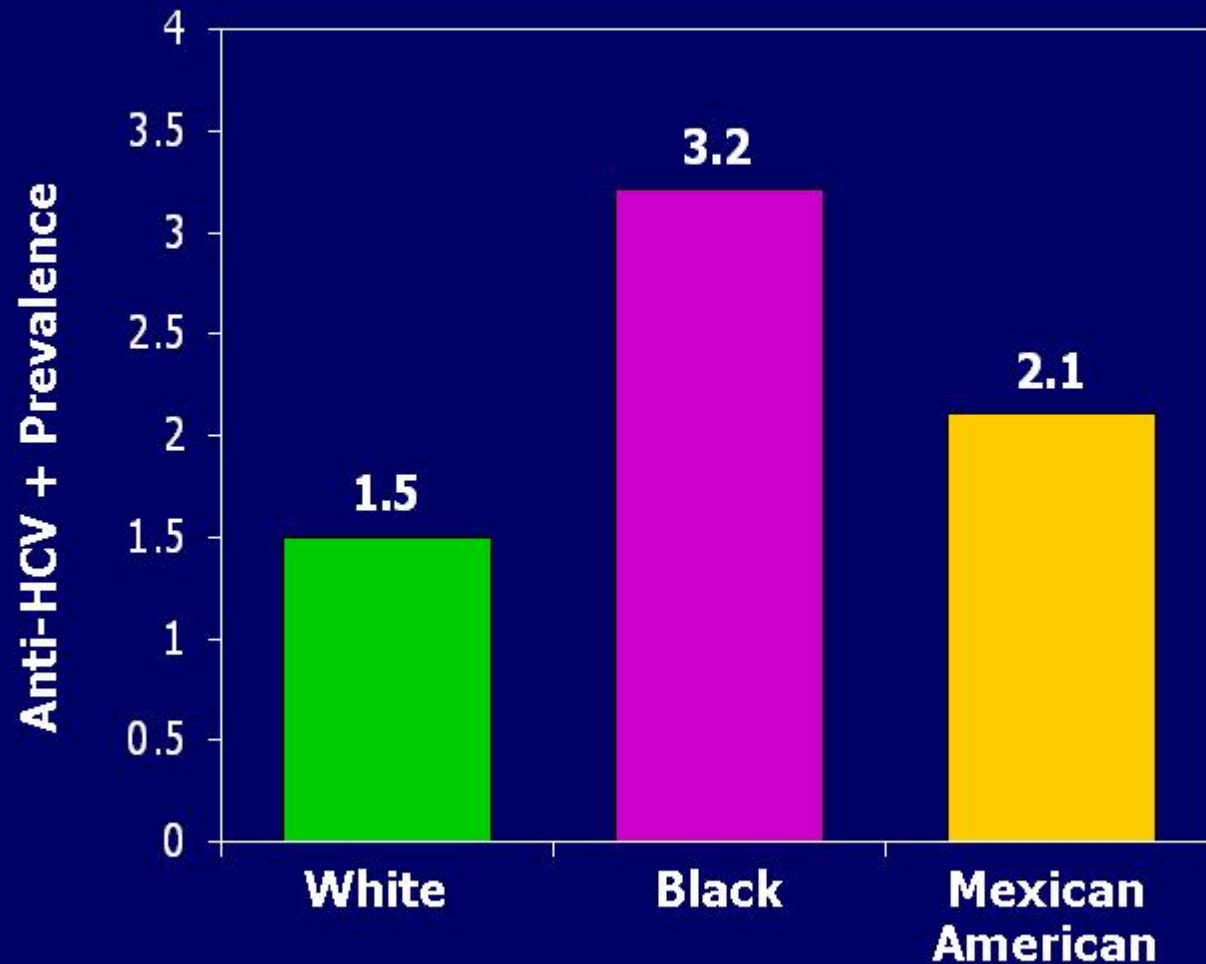
# Objectives

- To understand prevalence & risk factors for HCV infection
- To recognize groups of patients who need to be screened for HCV
- To understand repercussions of HCV to society and individual patients
- To understand treatment options.

# Hepatitis C

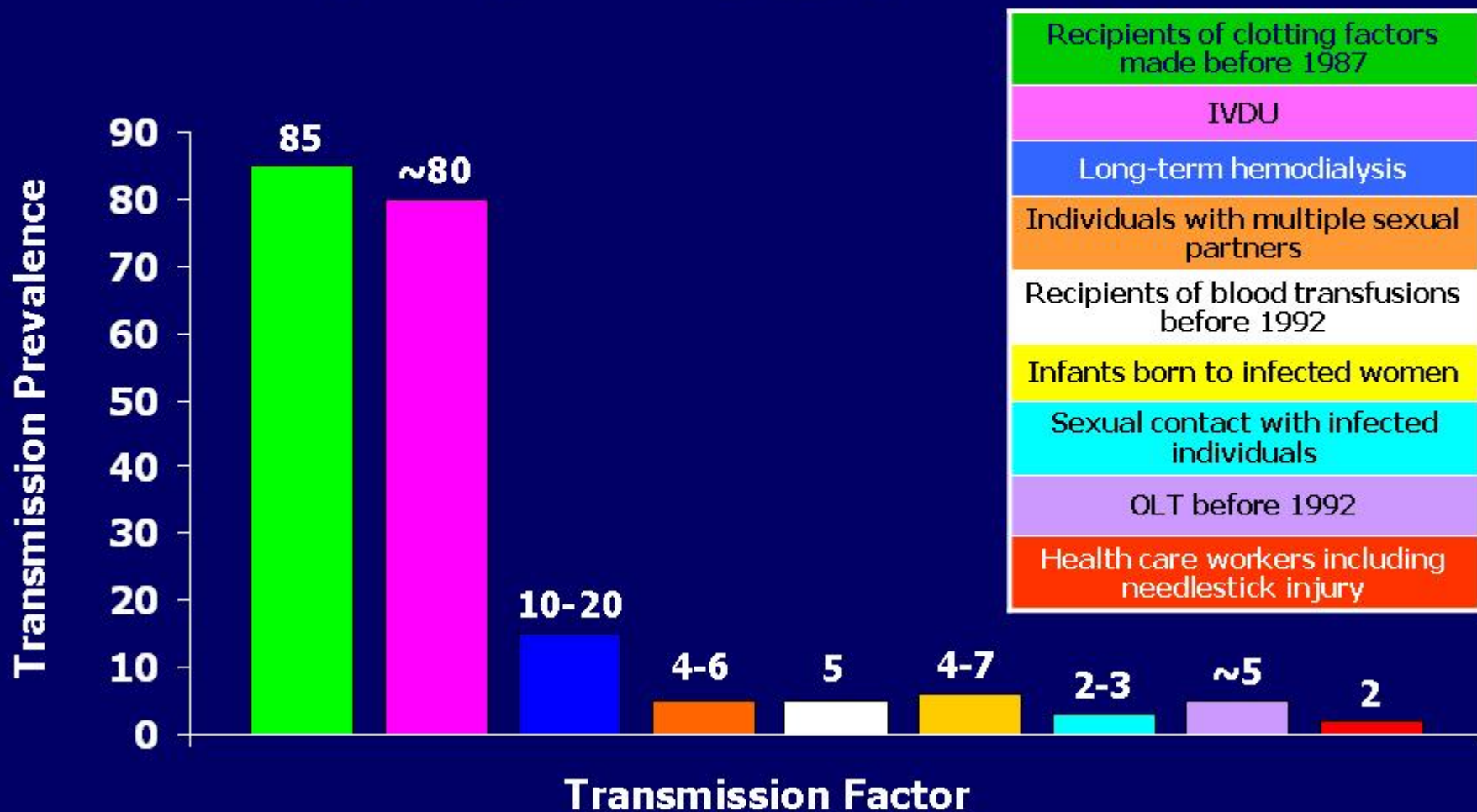
- 50 nm enveloped, positive-sense, single-stranded RNA hepacivirus.  
Six genotypes and > 100 subtypes.
- 170 million infected worldwide; 4 million in USA (1.8%); due to “uncounted populations”, CDC estimates true number is 7 million infected.
- 38,000 new infections/year.
- Highest prevalence in 30 to 54 year-olds.

# US Prevalence by Race/Ethnicity



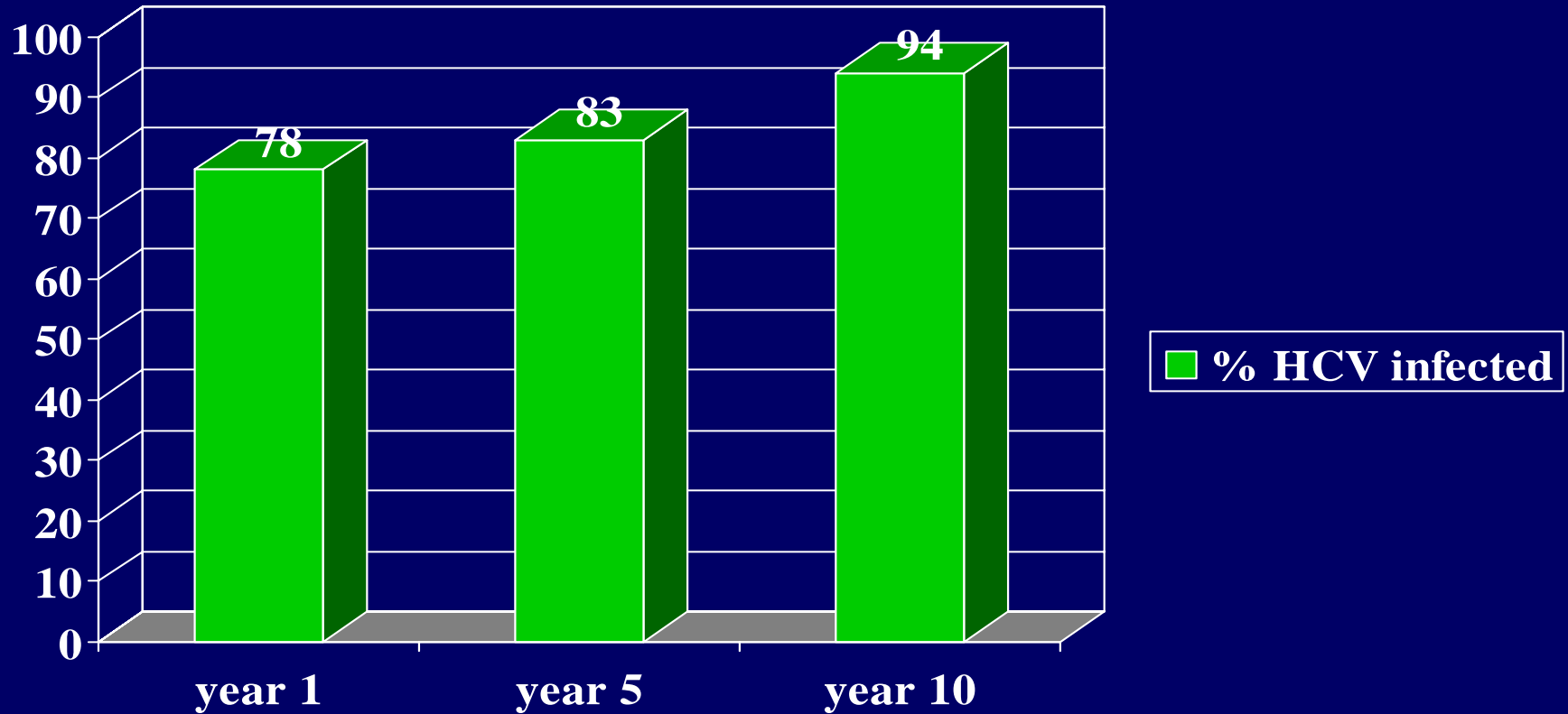
Adapted from Alter et al. *N Engl J Med*. 1999;341(8):556-562.

# Estimated Average Prevalence of HCV Infection in US



# Risk of HCV in IVDU

(% infected)



# HCV Prevalence Hemodialysis Patients

• Egypt	general= 18.1%	HD= 80%
• Moldavia	4.9%	75%
• Bulgaria	1.1%	66%
• Saudi Arabia	1.8%	57%
• Turkey	1.5%	31%
• Italy	0.5%	22%
• France	1.1%	16%
• Belgium	0.9%	9%
• <i>USA</i>	<i>1.8%</i>	<i>9%</i>
• <i>Peru</i>	<i>0.8%</i>	<i>60-84%</i>
• Netherlands	0.1%	3%

# HCV Transmission Dialysis Unit

- **Sharing medications (heparin)**
- **Poor hand washing / not changing gloves**
- Reuse of dialyzer after disinfection (rare)
- Internal contamination of HD machine (very rare)
- ***Must use “Universal Precautions”; consider room, machine & staff separation and separate dialyzer disinfection-room***



# Source and Risk HCV infection in ESRD

<i><b>SOURCE</b></i>	<i><b>Degree of RISK</b></i>
Breakdown of "Universal Precautions" in Dialysis Unit	Very High
Contaminated HD equipment	High
Blood Tx before 1992	Moderate
Peritoneal Dialysis	Low
Blood Tx after 1992	Very low
Illicit drug use	As general population

# Vertical Transmission of HCV

(Obstet Gynecol Surv 2006; 61:666-72)

- In HCV(+)/HIV(-):
  - transmission risk is approximately 2%;
  - if mother is HCV-RNA (+), risk is 4-5%,
  - route of delivery does not influence vertical transmission,
  - scalp electrodes increase risk of transmission,
  - no need to discourage breast feeding.
- Up to 30% of infected neonates may have acquired HCV "in utero" (Arch Dis Child Fetal Neonatal Ed 2005;90:F156-60)
- Data are conflicting about duration of ruptured membranes and risk of HCV transmission (increased after 6 h ?)

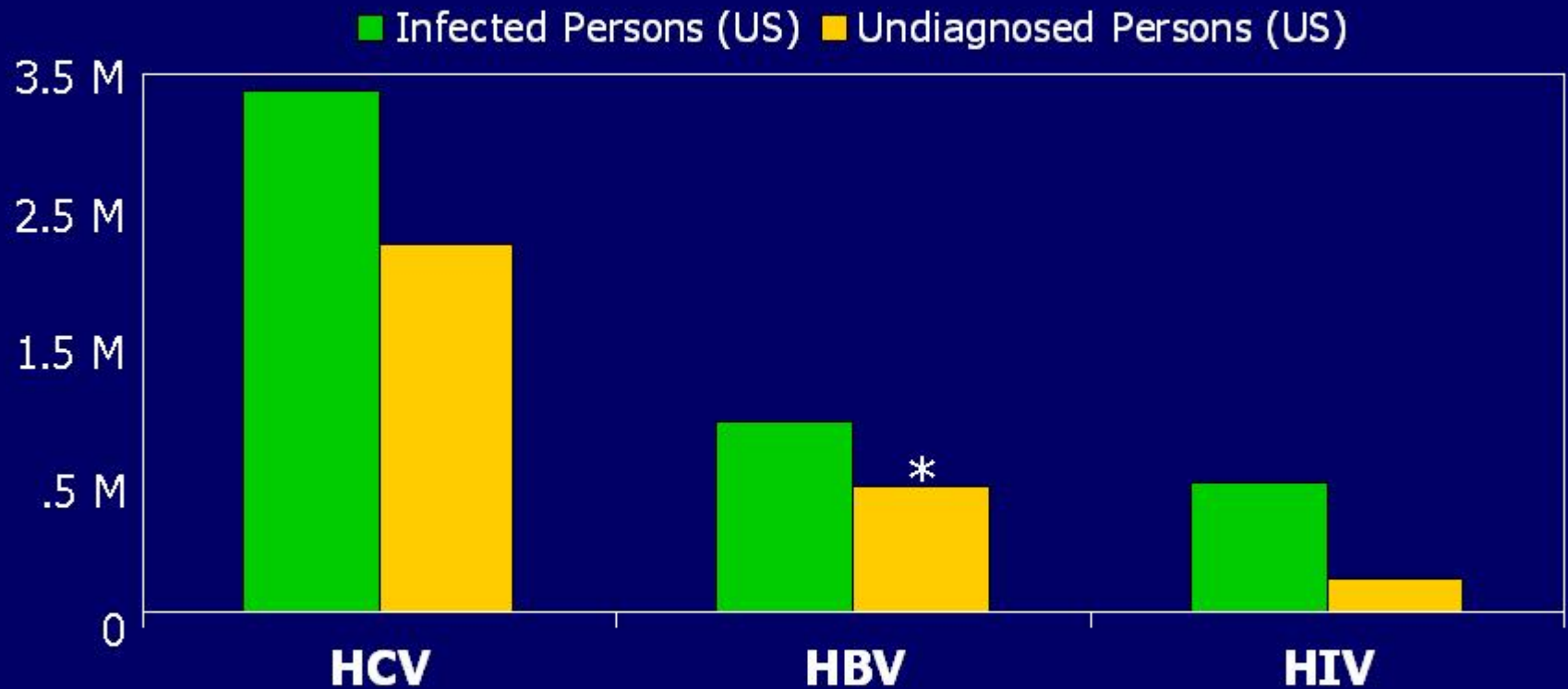
# Vertical Transmission of HCV

(Obstet Gynecol Surv 2006; 61:666-72)

- No association between vertical transmission of HCV and
  - gestational age at delivery, nor
  - presence of chorioamnionitis.
- In HCV/HIV co-infection:
  - transmission risk is higher (15-18%),
  - mode of delivery should be based in HIV status,
  - HAART may decrease transmission risk,
  - breast feeding should be discouraged.

# Identifying the Patients

# HCV, HBV, and HIV: Prevalence vs Undiagnosed Cases



\*Extrapolated from small population study.

1. American Liver Foundation. *Hepatitis C Factsheet*. Available at: [www.liverfoundation.org](http://www.liverfoundation.org). Accessed March 14, 2005.

2. NIAID. *HIV/AIDS Statistics*. Available at: [www.niaid.nih.gov](http://www.niaid.nih.gov).

3. Lok et al. *Hepatology*. 2004;39:1-5.

4. Thompson et al. *J Cancer Educ*. 2002;17(4):222-226.

# 2004 AASLD Practice Guidelines: Who Should Be Tested

- Persons who have injected illicit drugs in the recent or remote past, including those who have injected only once and do not consider themselves drug users
- Persons with conditions associated with high prevalence of infection
  - Persons with HIV
  - Hemophiliacs who received clotting factor concentrates prior to 1987
  - Persons who ever received hemodialysis
  - Persons with unexplained ALT elevations



# 2004 AASLD Practice Guidelines: Who Should Be Tested

- **Prior recipients of transfusions or organ transplants including:**
  - Persons notified that they received blood from an HCV+ donor
  - Persons who received transfusions prior to 1992
  - Persons who received organ transplants prior to 1992
- **Children born to HCV+ mothers**
  - Should not be tested until at least 18 months of age due to viral clearance of HCV
- **Health care/emergency/public healthcare personnel** who have had a needle-stick injury or mucosal exposure to HCV+ blood
- **Current sexual partners of HCV-infected persons**
  - Although prevalence of infection is low, a negative test in the partner provides reassurance, making testing of sexual partners beneficial in clinical practice

# **Clinical & Sub-clinical Hepatitis C**



# Clinical Manifestations of HCV Infection

<b>Acute infection</b>	Majority asymptomatic but jaundice may occur
<b>Chronic infection</b>	No symptoms or fatigue, depression, abdominal discomfort, others
<b>Advanced chronic infection</b>	Portal hypertension with ascites, encephalopathy, gastrointestinal bleeding, jaundice and decompensation

# Acute HCV

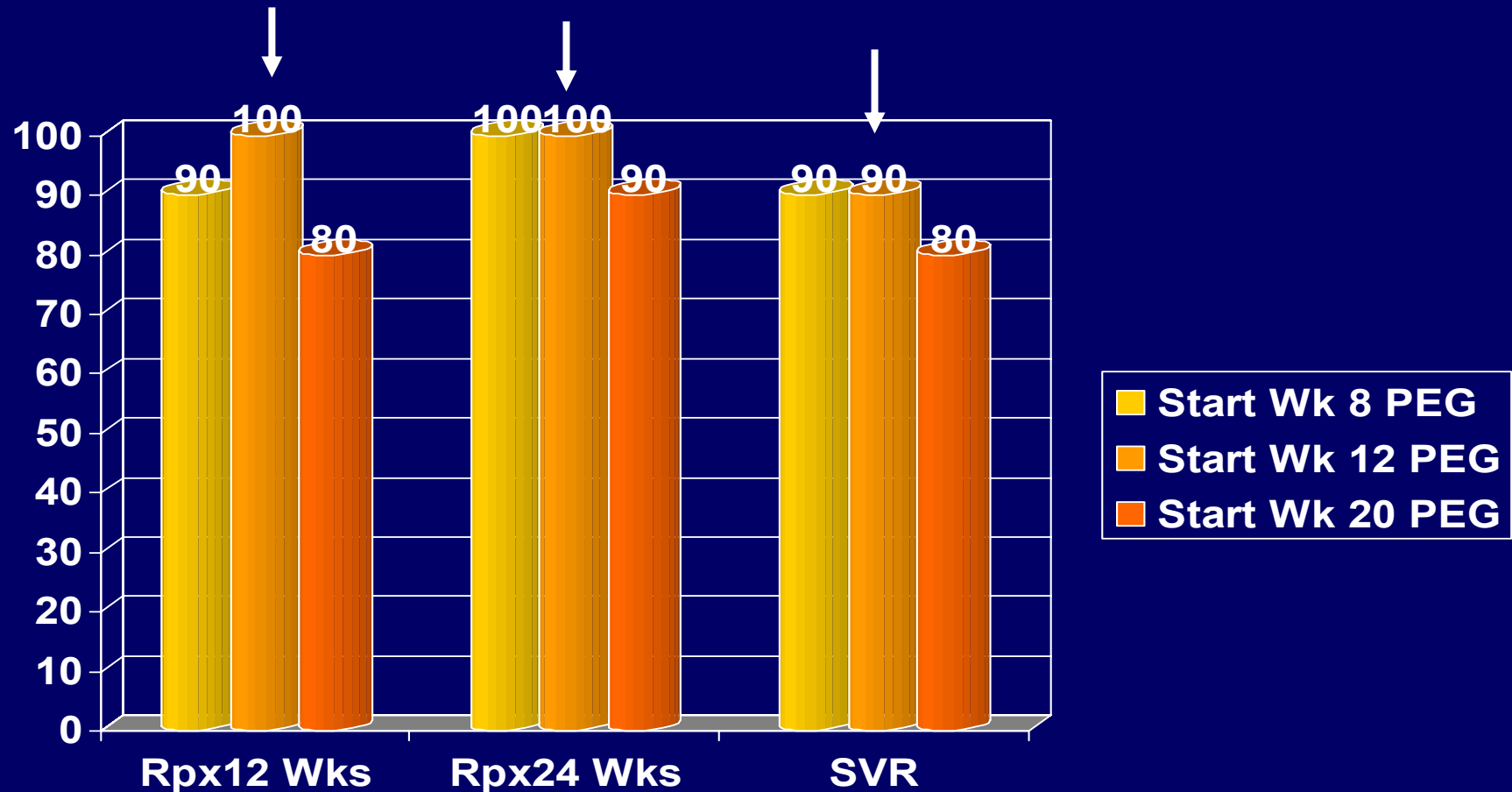
- **Incubation:** 2-26 weeks (usually 7-8)
- **Symptoms:** present in < 30%, mild & < 1month:
  - **Common:** anorexia, arthralgia, myalgia, fatigue;
  - **Rare:** jaundice, fever or skin rash.
  - **Extremely rare:** FHF.
- **DX:** HCV-RNA (+) days to weeks after acquisition ;  
anti-HCV (+) in 4 weeks (74%).
- **Spontaneous HCV clearance:**
  - Children < 2 y.o. & young women = 45%;
  - Others = 23%

# Acute HCV Treatment

- If HCV-RNA(+) 3 months after inoculation, spontaneous clearance is rare.
- Best regimen is unknown: starting 3 months after inoculation, IFN 5 MU QD x 4 wks + 3 MU TIW x 20 wks gave 98% clearance;  
The mildest & shortest effective therapy is unknown.
- Patients should be abstinent from alcohol and drugs (anti-HCV is not protective).

# Treatment of Acute HCV @ 8,12, & 20 wks, Peg-IFN alpha 2a vs IFN+RBV x 12 wks

Kamal et al Abst # 37 AASLD, 2004



# Chronic Hepatitis C

# Impact of HCV Infection: Clinical Consequences



## Clinical Consequences

Chronic hepatitis

Hepatic fibrosis

Cirrhosis

Hepatocellular carcinoma

End-stage liver disease  
necessitating liver transplantation

Extrahepatic manifestations



# Extrahepatic Manifestations Associated With HCV

## Hematologic

- Mixed cryoglobulinemia<sup>1</sup>
- Aplastic anemia<sup>2</sup>
- Thrombocytopenia<sup>2</sup>
- Non-Hodgkin's b-cell lymphoma<sup>2</sup>

## Dermatologic

- Porphyria cutanea tarda<sup>1</sup>
- Lichen planus<sup>2</sup>
- Cutaneous necrotizing vasculitis<sup>2</sup>

## Renal

- Glomerulonephritis<sup>1</sup>
- Nephrotic syndrome<sup>2</sup>

## Endocrine

- Hypothyroidism<sup>2</sup>
- Diabetes mellitus<sup>2</sup>



## Ocular

- Corneal ulcer<sup>2</sup>
- Uveitis<sup>2</sup>

## Vascular

- Necrotizing vasculitis<sup>2</sup>
- Polyarteritis nodosa<sup>2</sup>

## Neuromuscular<sup>2</sup>

- Weakness/myalgia
- Peripheral neuropathy
- Arthritis/arthritis

## Autoimmune Phenomena<sup>2</sup>

- CREST syndrome

## Neuropsychiatric

- Depression<sup>1</sup>

<sup>1</sup>NIH. *NIH Consensus State Sci Statements*. 2002;19(3):1-46.

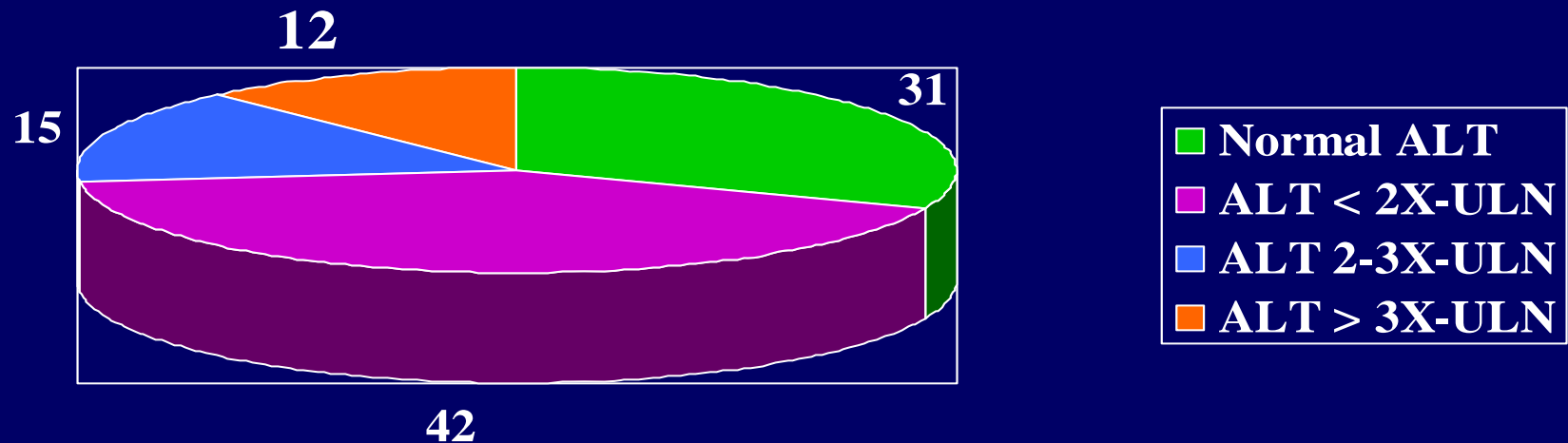
<sup>2</sup>Sene et al. *Metab Brain Dis*. 2004;19(3-4):357-381.

# Diagnostic Tests



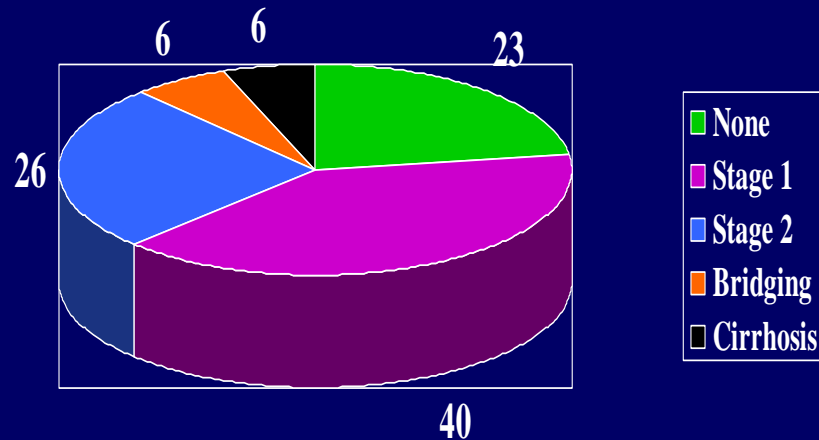
# Pattern of ALT Elevation in Chronic HCV

Pattern of ALT Elevation



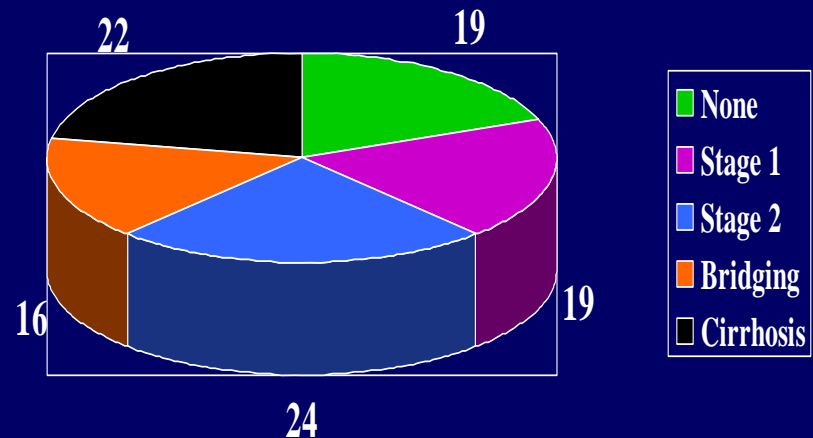
# Degree of Fibrosis in Chronic HCV

Degree of Fibrosis



**Normal ALT**

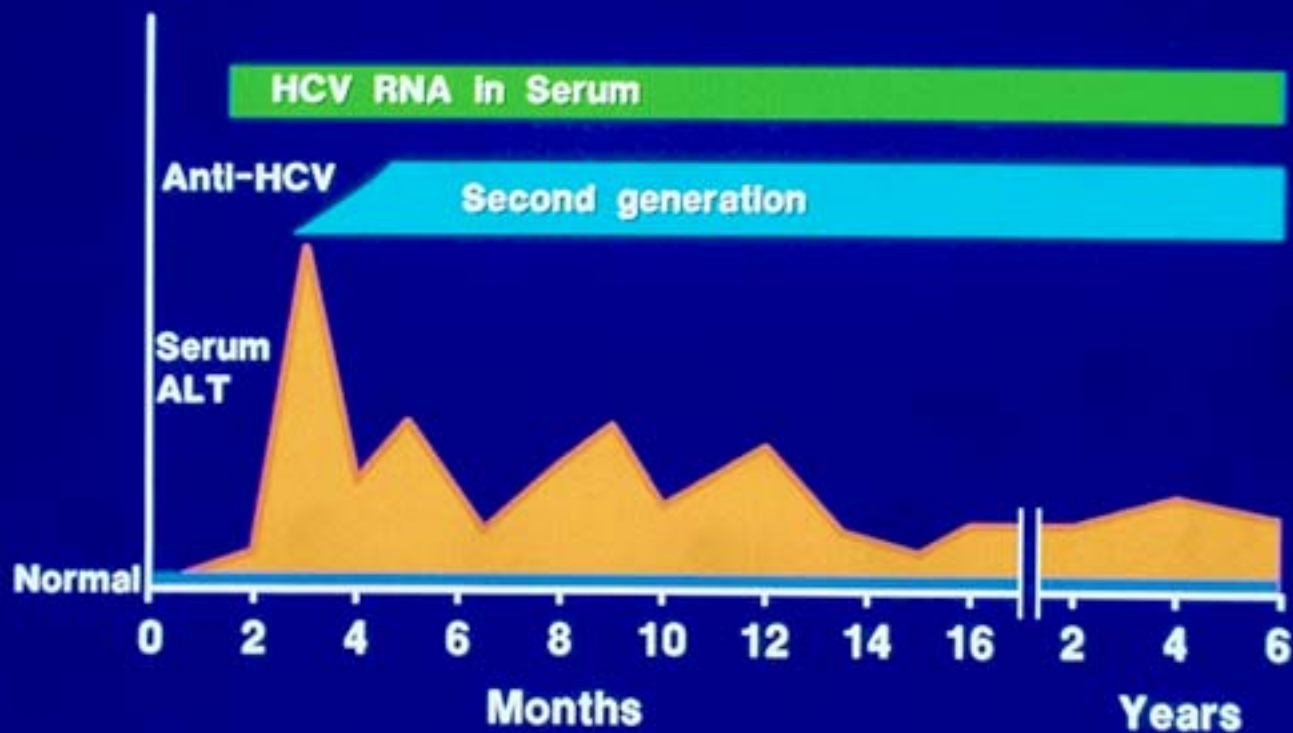
Degree of Fibrosis



**Elevated ALT**

## HEPATITIS C VIRUS

### Chronic Hepatitis



# Markers of Viral Hepatitis C:

## ***Anti-HCV***

- Usually ELISA-3
- In patients with risk factors, almost all (+) are “true positives”
- False (+) frequent in low prevalence population without risk factors (40%) and hypergammaglobulinemia
- Rare false (-) [HIV(+), hemodialysis, transplant]

## Markers of Viral Hepatitis C: ***Anti-HCV, continued***

- Acute HCV: anti-HCV turns (+) in
  - 74% at week 4;
  - 98% at week 20.  
*(average “window” is 8 weeks)*
- Not a protective antibody
- May remain (+) up to 10 years post-acute infection
- **Almost all patients with chronic HCV are anti-HCV (+)**

## Markers of HCV infection: **HCV-RNA Quantitation**

- Uses Real-time PCR, Transcription mediated amplification (TMA), or TaqMan
- **Positive test confirms current infection.**
- Appears 1-2 weeks after infection
- In perinatal infection 70% (+) @ 3 months; many clear spontaneously. Better test @ 18 months if anti-HCV is (+).
- **Variations of up to 0.5 log (3-fold) have no clinical meaning.**

# Markers of Viral Hepatitis C:

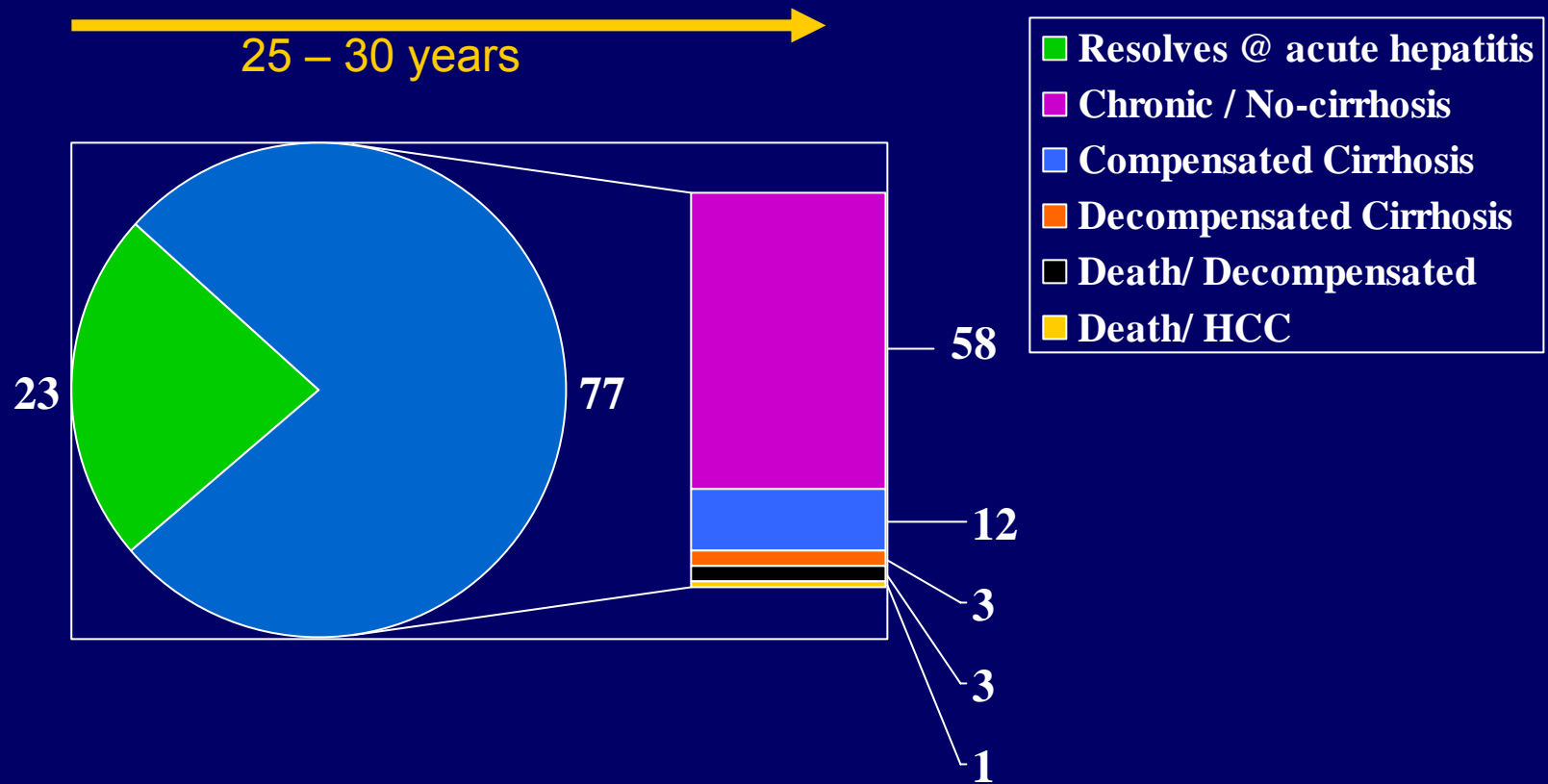
## ***HCV-RNA Quantitation***

- Fall of  $< 2$ -log at week 12 of therapy predicts lack of response (PEG-interferon + Ribavirin)
- Low viral load ( $\leq 400,000$  IU/ml) respond better to therapy
- Infrequent false (+) or false (-)
- **Viral load does not correlate with severity of disease.**

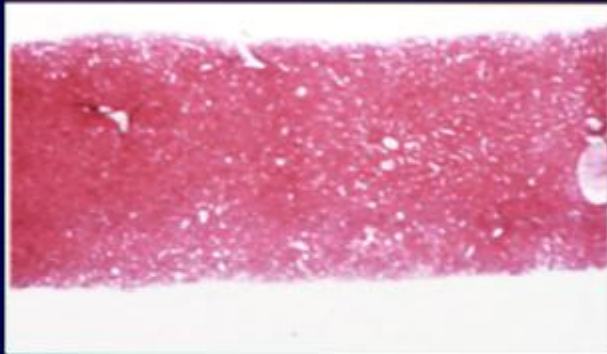
# ***Natural History***



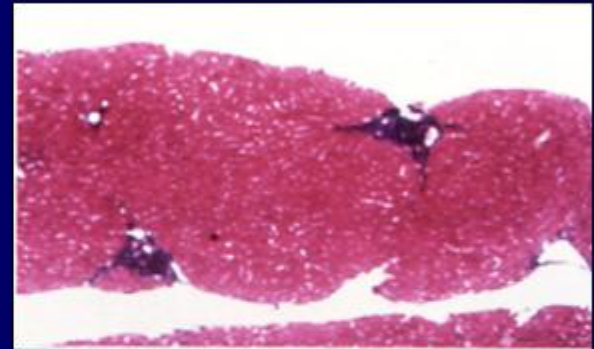
# Outcome of HCV 25-30 year Follow-up



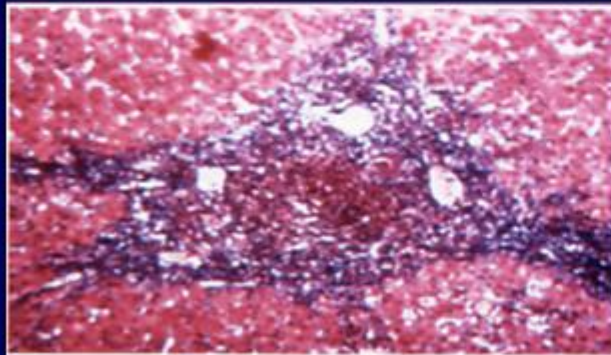
# Histologic Progression of HCV on Biopsy



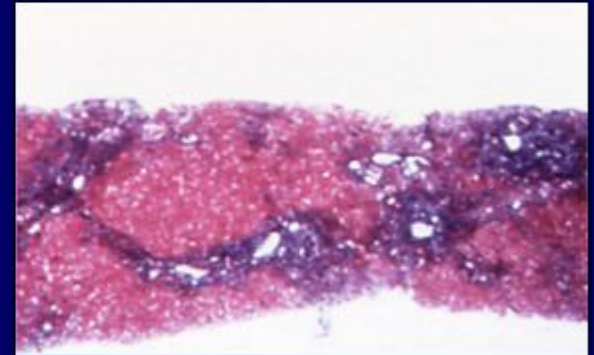
**Normal**



**Mild Chronic Hepatitis**



**Moderate Chronic Hepatitis**



**Cirrhosis**

# Factors Associated With Disease Progression

Associated with disease progression <sup>1</sup>	Not Associated with disease progression <sup>1</sup>
Alcohol consumption	Alanine aminotransferase level
30 g/day for males	Viral load
20 g/day for females } ~2* drinks/day	Transmission mode
Disease acquisition at >40 years	Genotype
Male gender	
Coinfection: HIV or HBV <sup>2</sup>	
Immunosuppression <sup>2</sup>	

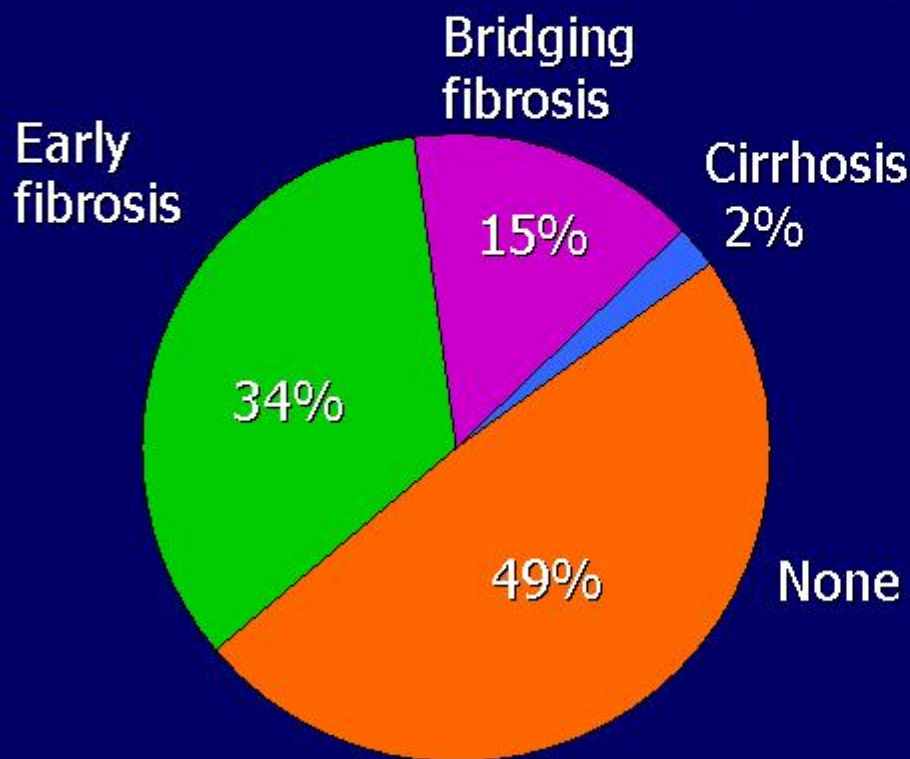
**\*(1 drink = 12 oz beer = 1.5 oz liquor = 5 oz wine = 13.3g)**

<sup>1</sup>Poynard et al. *Lancet*. 1997;349:825-832.

<sup>2</sup>NIH. *NIH Consensus State Sci Statements*. 2002;19(3):1-46.

# Liver Fibrosis After 17 Years of Infection in Nonalcoholic Young Women

**N=363**

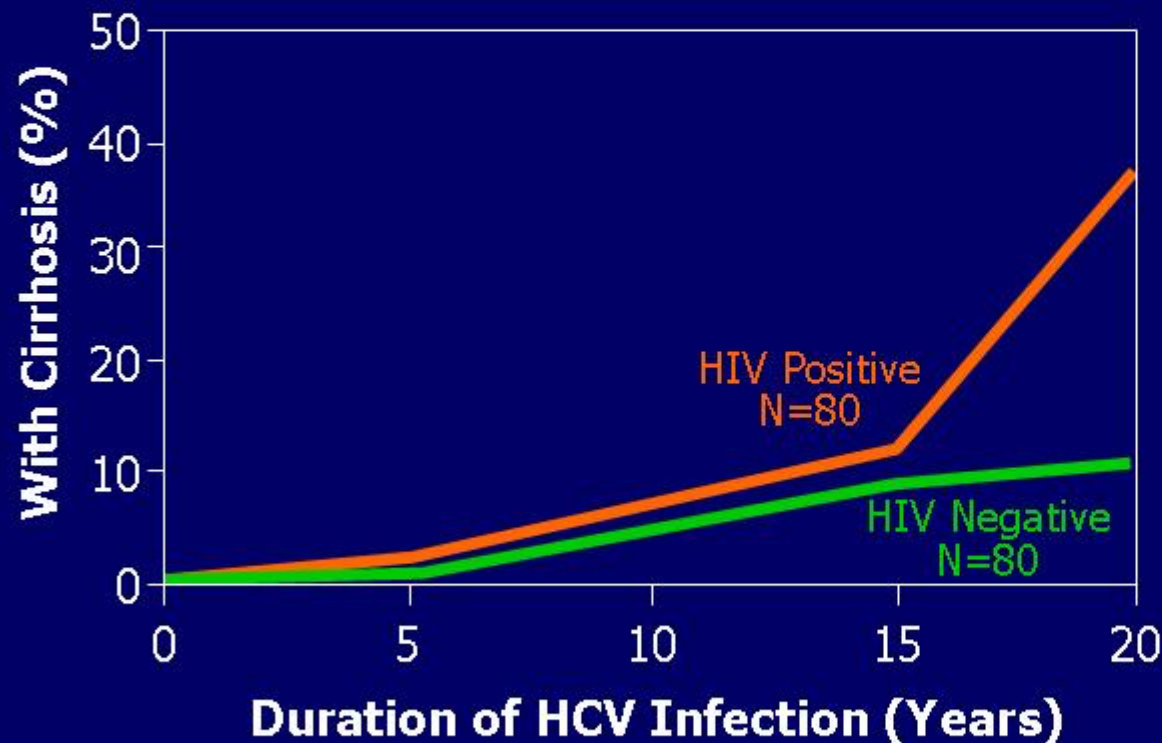


- Young women at infection
- Nonalcoholic
- Not immunosuppressed
- Not coinfecting
  - HIV or HBV



# Profile of Patients at Higher Risk for Disease Progression

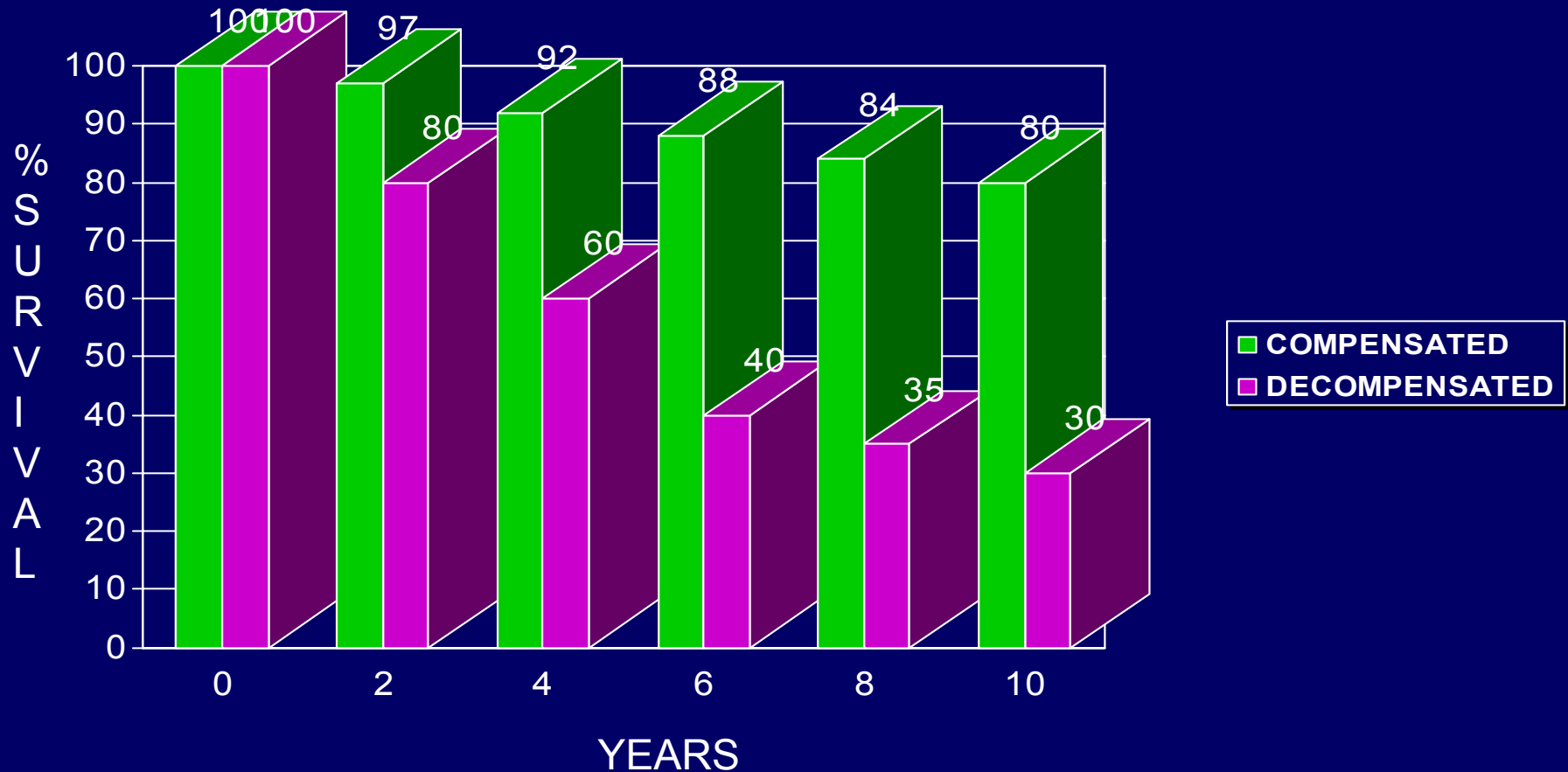
**N=160**



- 73% male overall
- Coinfected with HIV
- Immunocompromised
- Alcohol abuse

# HCV Cirrhosis Survival

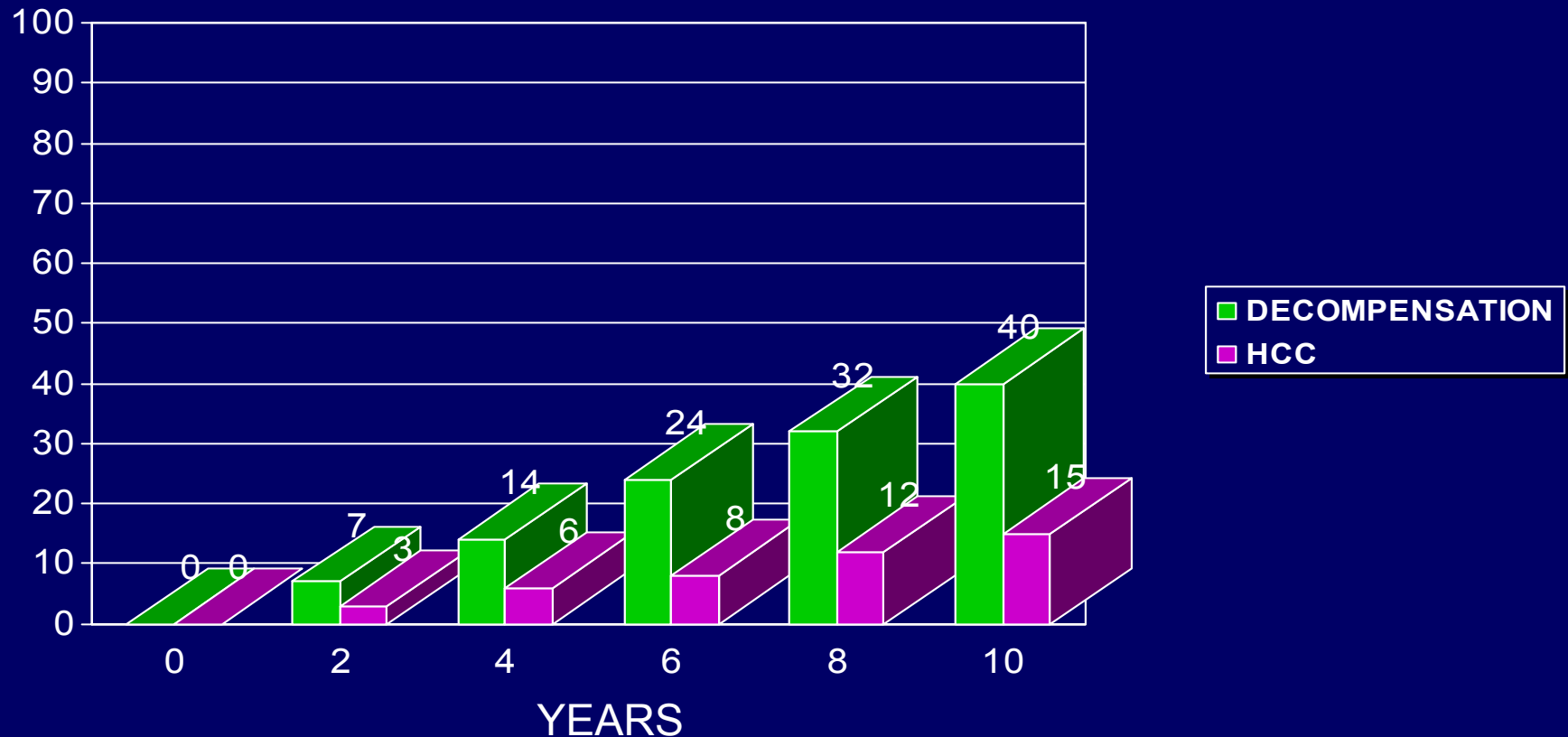
(Fattovich G, et al. Gastroenterology 1997; 112:463-472)



# HCV Cirrhosis

## Decompensation & Hepatocellular CA

(Fattovich G, et al. Gastroenterology 1997; 112:463-472)

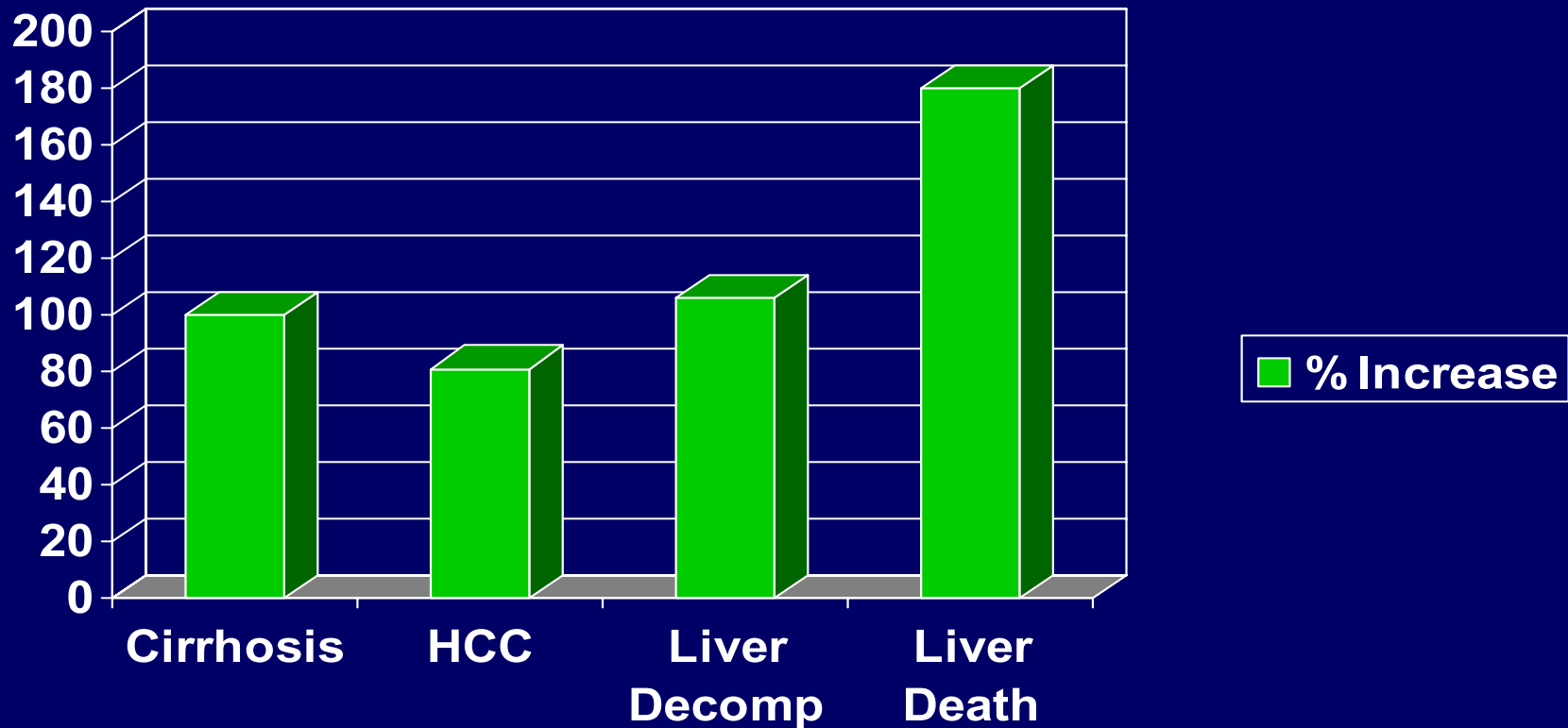


# **Effects of HCV in Society**

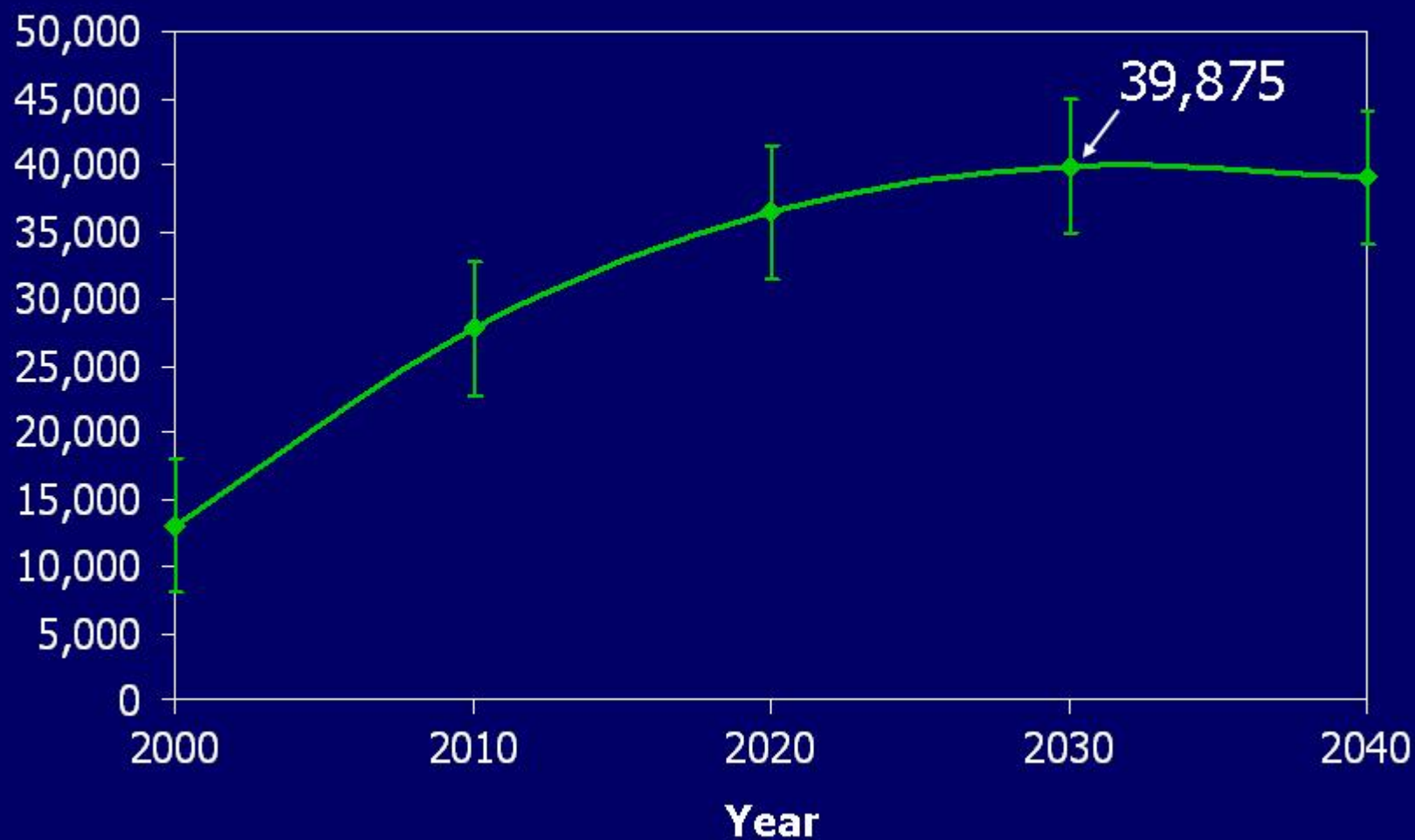


# Future Disease Burden: Estimated Increases from 2000-2020

(Davis GL Liver Transpl 2003;9:331-338)



# Projected HCV Mortality



Adapted from Davis et al. *Liver Transpl.* 2003;9:331-338.

# Treatment

# Histologic Scoring of Fibrosis

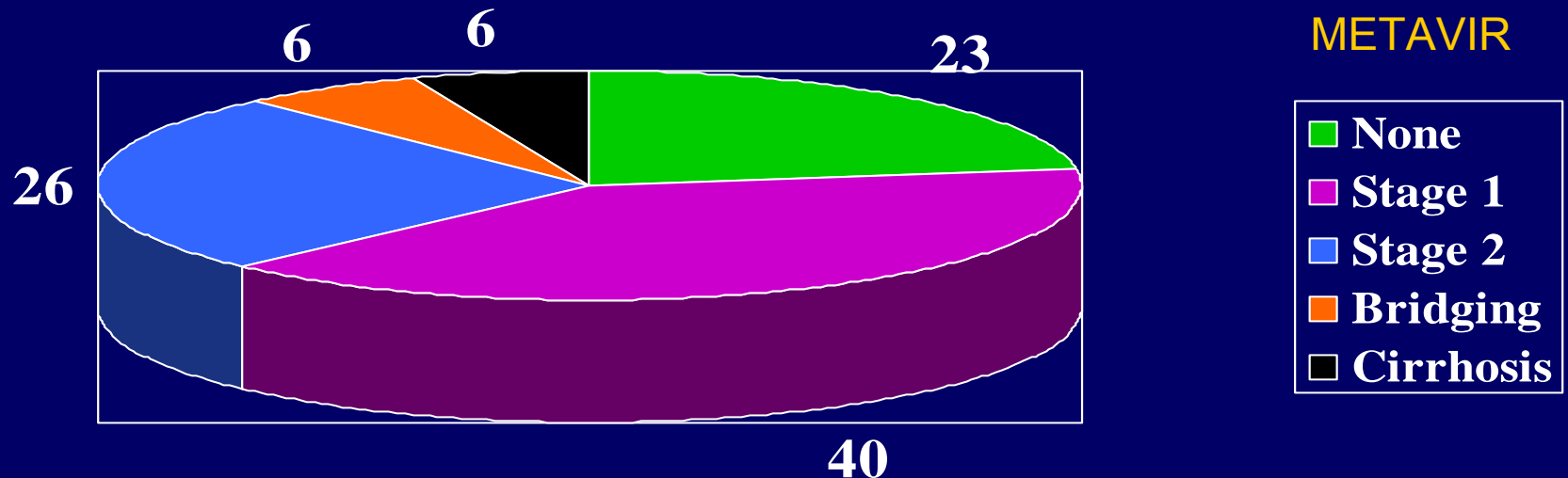
FIBROSIS	METAVIR or Knodell	Ishak
None	0	0
Portal fibrosis (some p. areas)	1	1
Portal Fibrosis (most p. areas)	1	2
<i>Bridging fibrosis (occasional)</i>	<b>2</b>	<b>3</b>
Bridging fibrosis (marked)	3	4
Incomplete cirrhosis	4	5
Cirrhosis	4	6

Treat METAVIR/Knodell  $\geq 2$ , or Ishak  $\geq 3$

# Degree of Fibrosis in Chronic HCV With Normal ALT

(Schiffman et al. J Infect Dis. 2000; 182:1595-1601)

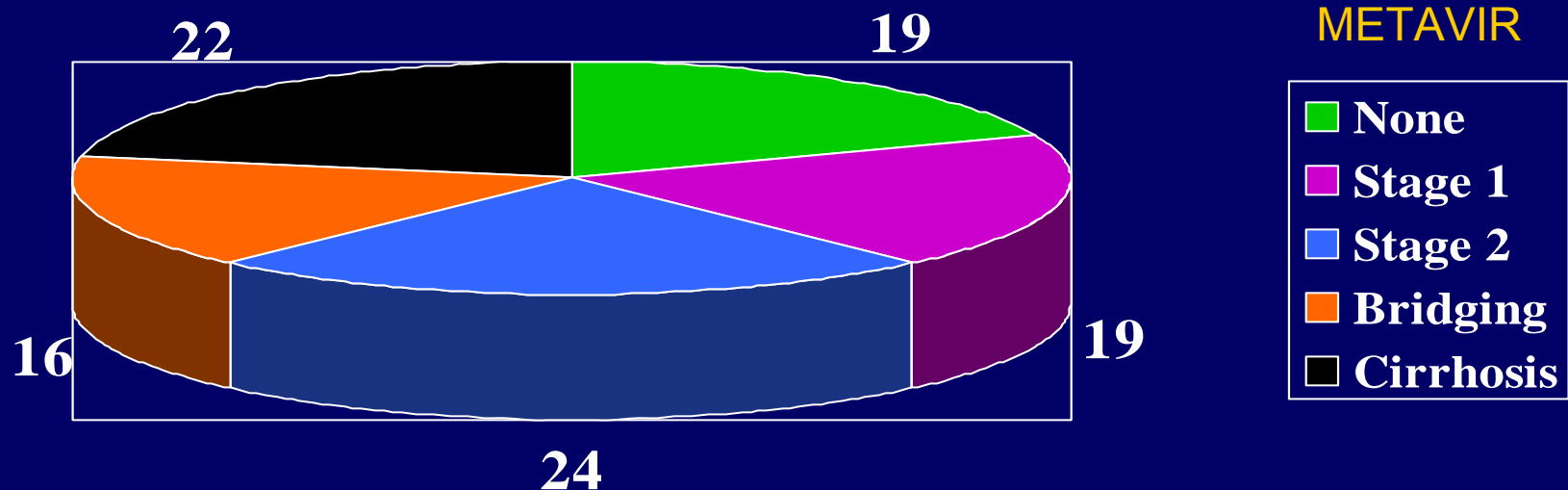
## Degree of Fibrosis



38% qualify for therapy (METAVIR  $\geq 2$ )

# Degree of Fibrosis in Chronic HCV With Elevated ALT

Degree of Fibrosis

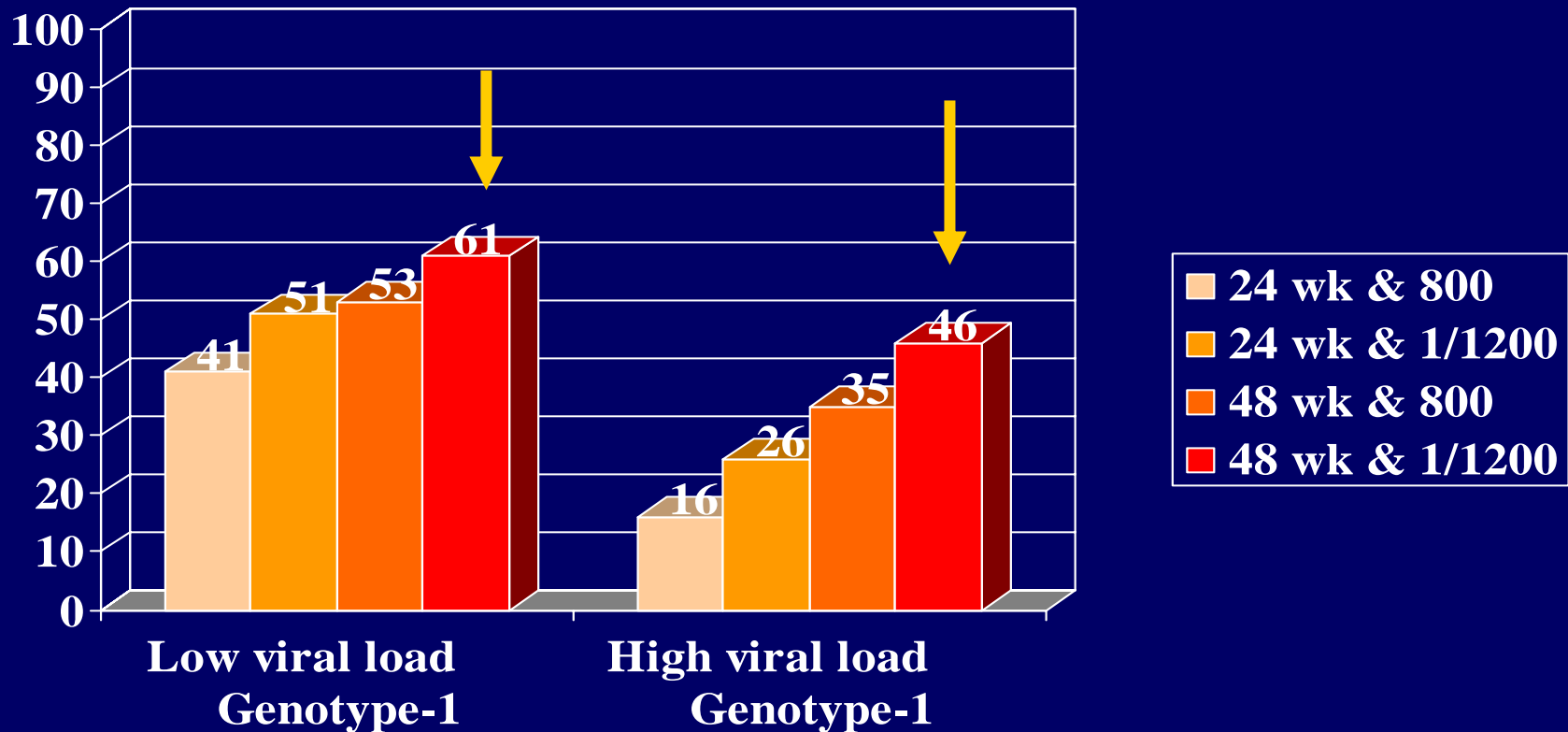


68% qualify for therapy (METAVIR  $\geq 2$ )

# STANDARD TREATMENT

- Peg-Interferon dose
  - Alpha-2a 180 mcg per week SQ
  - Alpha-2b 1.5 mcg per kg per week SQ
- Ribavirin dose
  - Genotypes 1,4,5, and 6
    - Less than 75 kg 1000 mg per day, divided BID
    - More than 75 kg 1200 mg per day, divided BID
  - Genotypes 2 and 3 800 mg per day divided BID

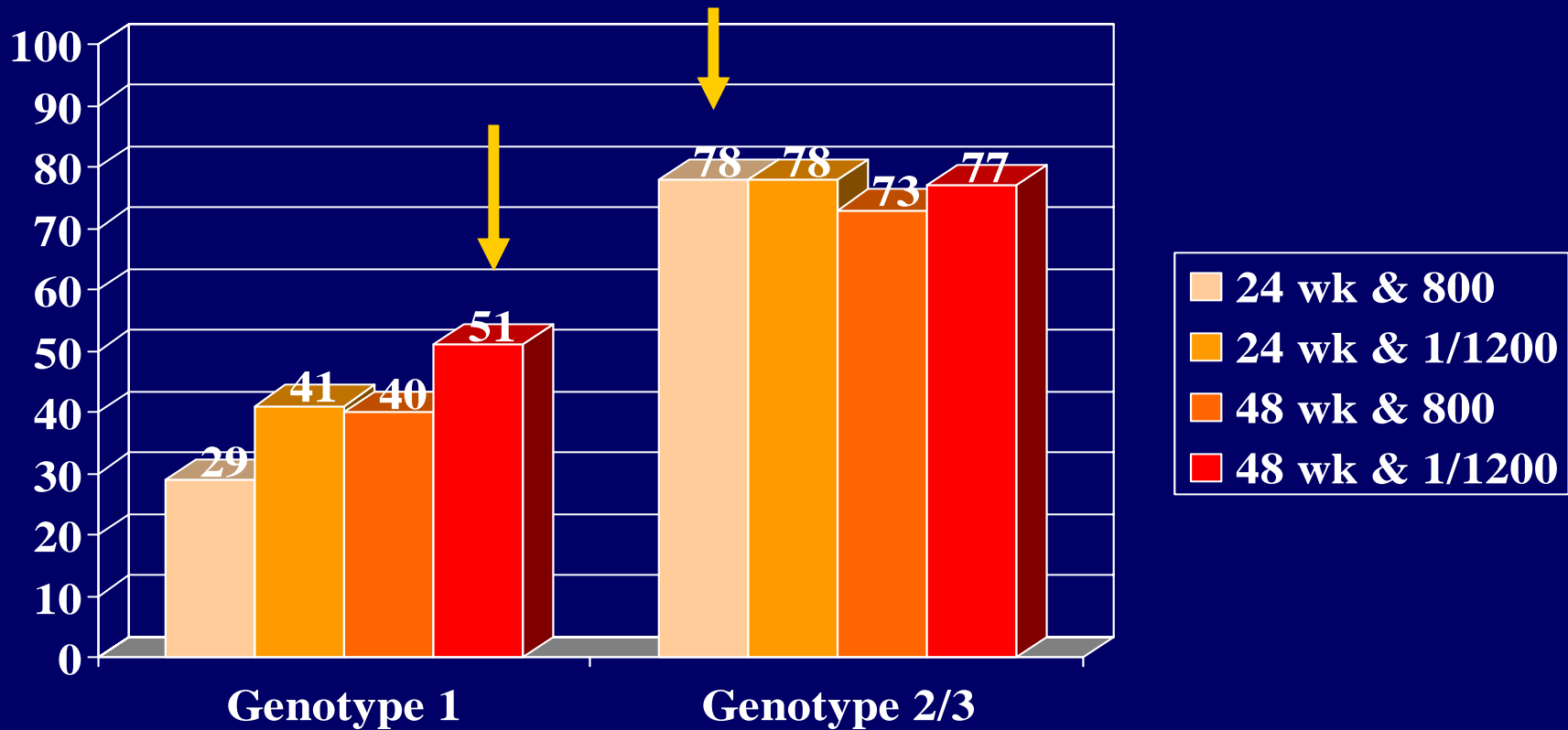
# Genotype-1 chronic HCV SVR by Treatment Regimen



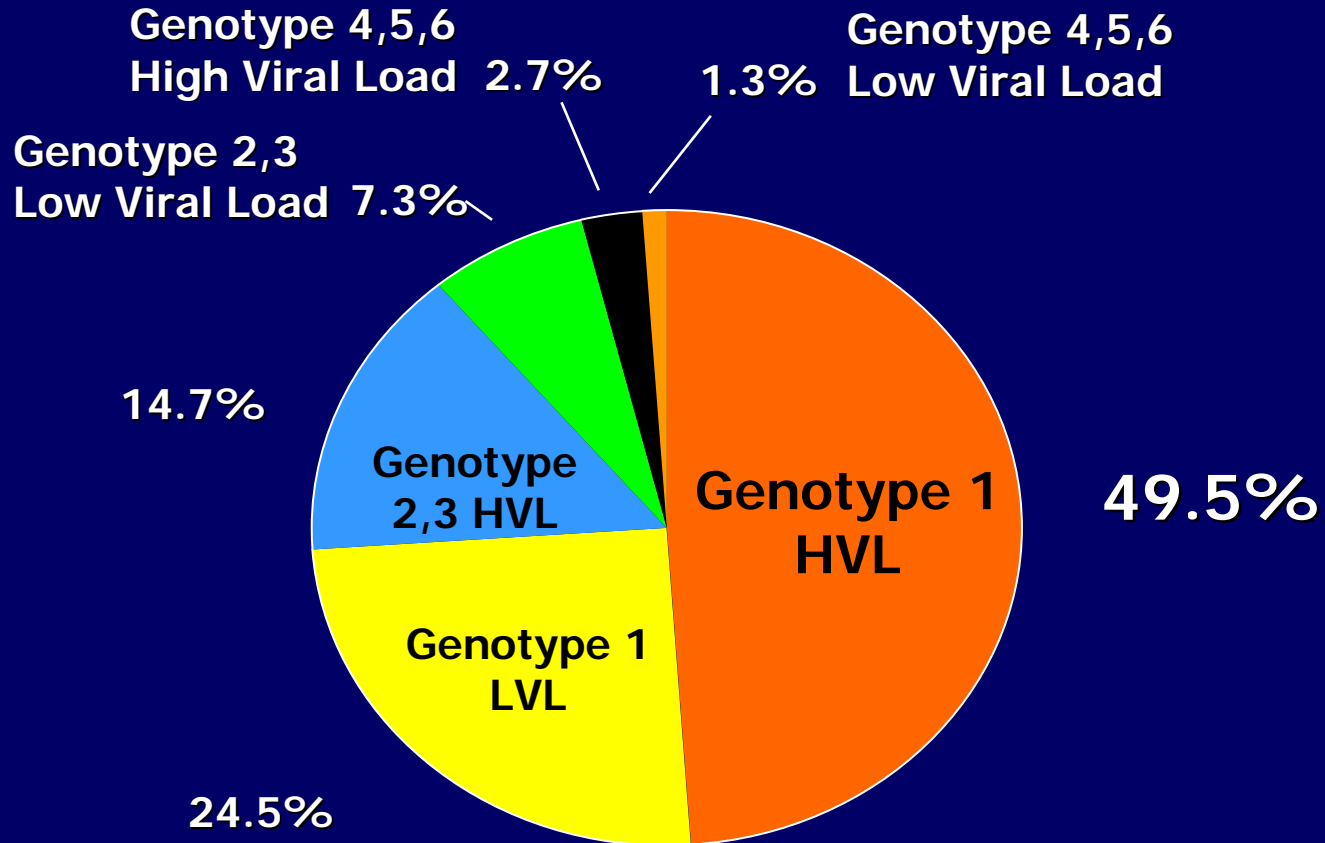


# PEG-IFN alpha 2a + Ribavirin

## Sustained Virologic Response



# Genotype and Viral Load in US Patients



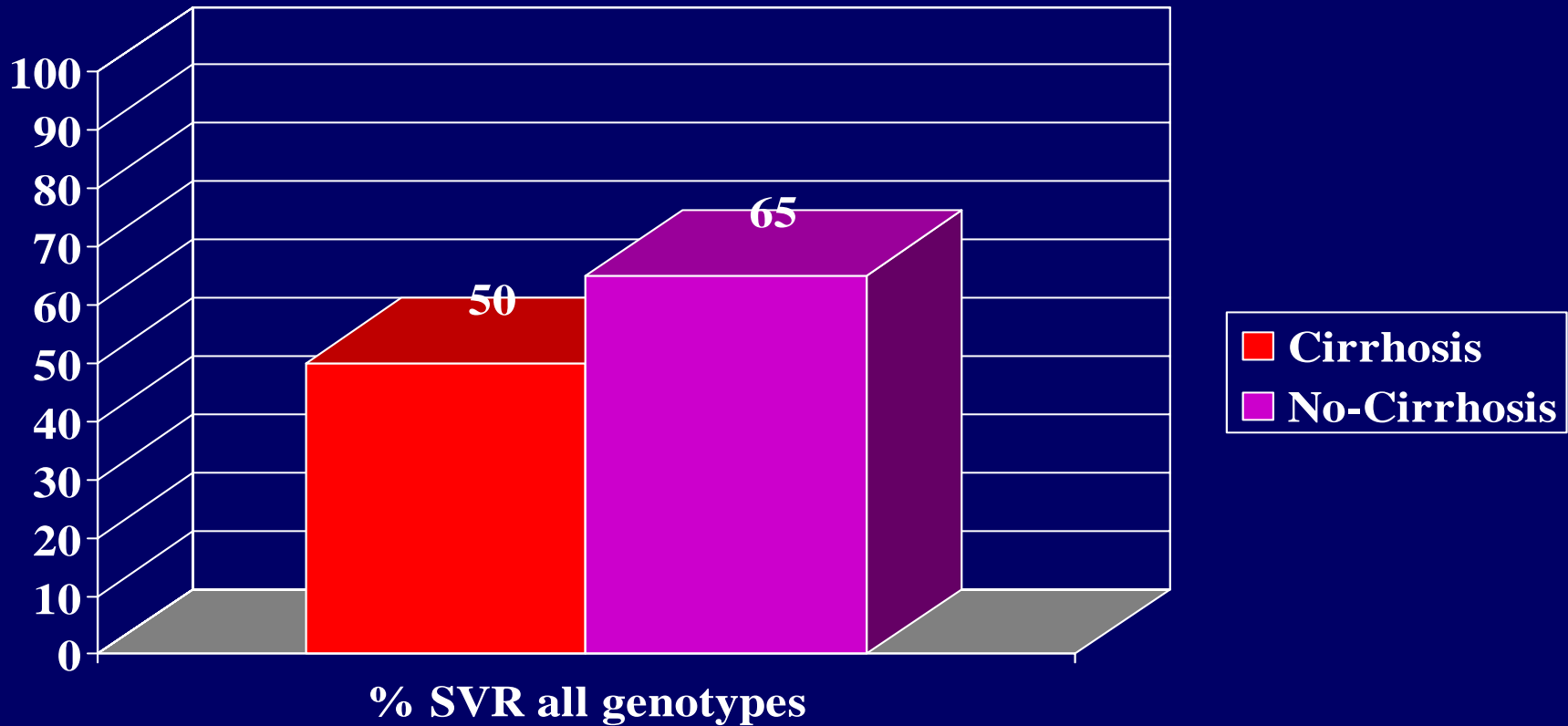
# Dose Reduction or Discontinuation AASLD

HEMATOLOGIC THRESHOLD	DOSE MODIFICATION
ANC 500-750	Reduce Peg-IFN; ? Neupogen
ANC < 500	D/C Peg-IFN
Platelets 25K to 50 K	Reduce Peg-IFN
Platelets < 25 K	D/C Peg-IFN
Hemoglobin =/< 10	Reduce Ribavirin; ? Epo
Hemoglobin =/< 8.5	D/C Ribavirin

# **Effect of Fibrosis**

# HCV Cirrhosis vs No-Cirrhosis

Peg-Ifn alpha 2a + Ribavirin 1/1200 x 48 wks



Patients with pre-cirrhosis & cirrhosis (F3/F4) will remain at risk of HCC even if they eliminate the infection (SVR); they should be under HCC surveillance.

# **Classification of Treatment Response**

## **By time to be HCV-RNA negative**

# Type of Treatment Response

Time to HCV-RNA < 50 IU/mL (-)

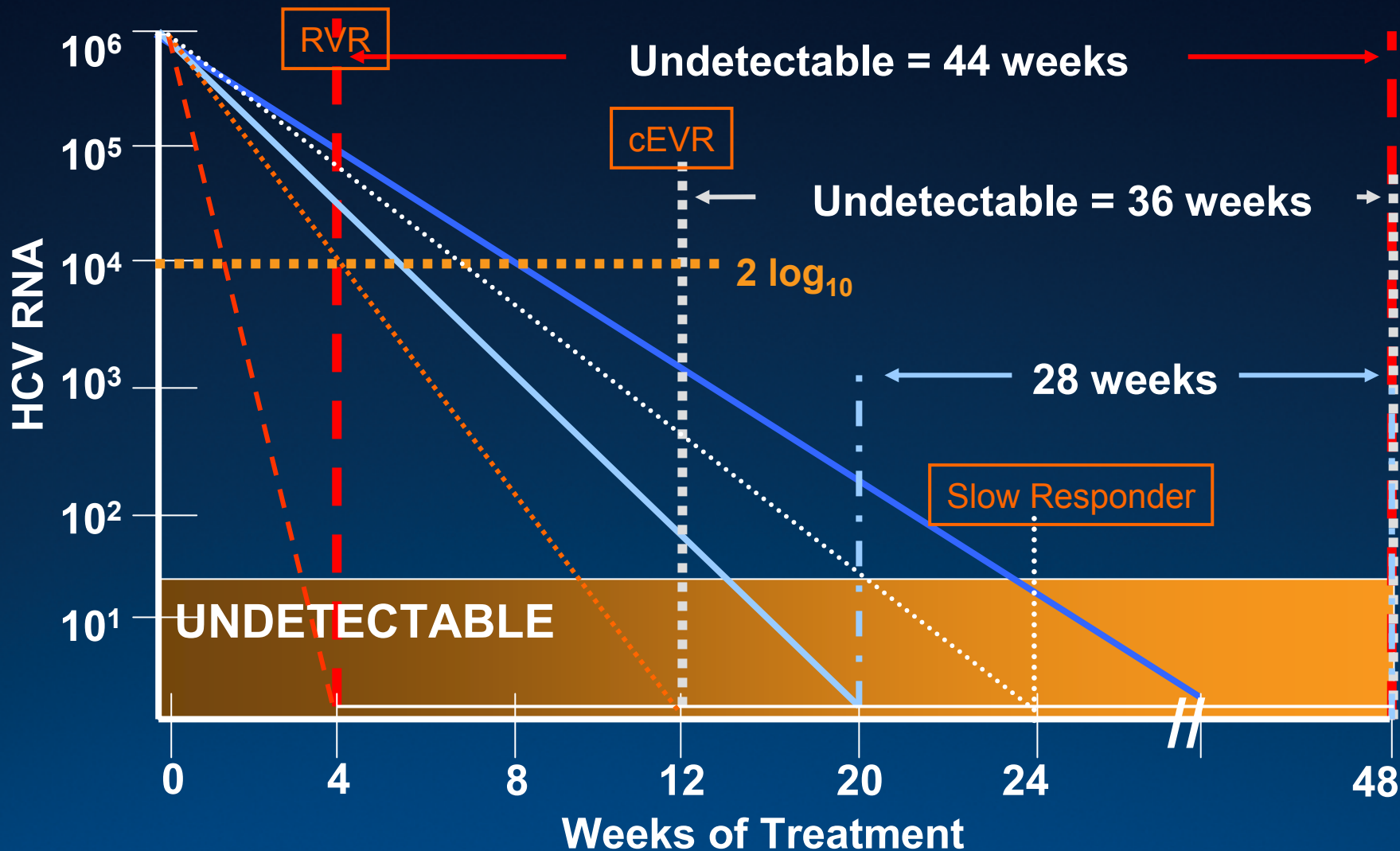
	4 weeks	12 weeks	24 weeks
<b>RVR</b>	<b>(-)</b>	<b>(-)</b>	<b>(-)</b>
<b>cEVR</b>	<b>(+)</b>	<b>(-)</b>	<b>(-)</b>
<b>pEVR</b> Slow Responder	<b>(+)</b>	<b>&gt; 2 log drop</b>	<b>(-)</b>
<b>pEVR</b> Partial Responder	<b>(+)</b>	<b>&gt; 2 log drop</b>	<b>(+)</b>
<b>Null Responder</b>	<b>(+)</b>	<b>&lt; 1 log drop</b>	

**Breakthrough:** from (-) to (+) during treatment

**Relapse:** from (-) to (+) after treatment

**Non-Responder:** HCV-RNA (+) @ week 24

# Rate of Viral Decline Determines Period of HCV RNA Negativity



Darling JM, et al. *Clin Liver Dis*. 2006;10:835-850.

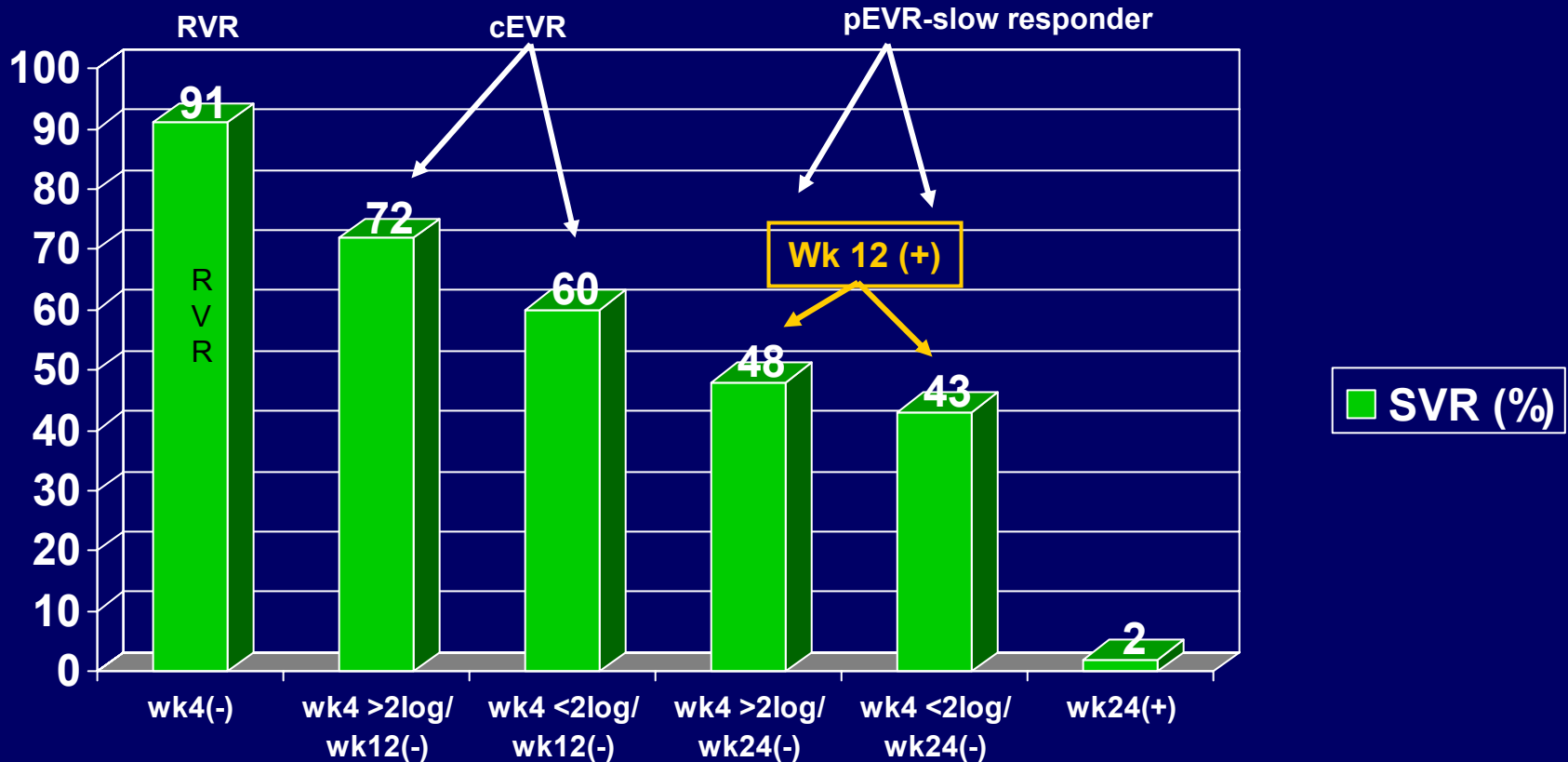
Adapted from <http://www.hepatitis.va.gov/vahep?page=prtop04-wp-03>. Accessed January 4, 2008.



# Predictors of Response to Therapy

# Predicting SVR by HCV-RNA fall

## Peg-IFN alpha 2a + RBV



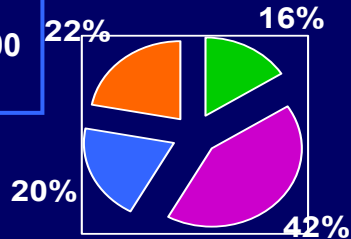
**Effect of RVR & cEVR in SVR**  
**among**  
**Different HCV Genotypes**

# Rapidity of Response by Genotype

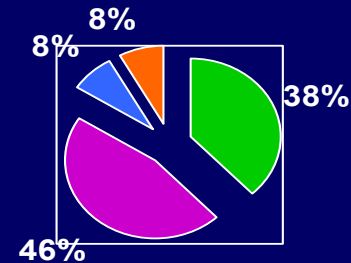
Fried MW, EASL 2008; Abstr #7

Genotype-1  
N: 569

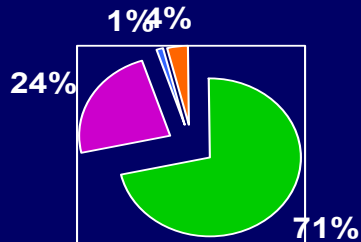
PEG-Ifn 180  
RBV 1000-1200  
48 wks



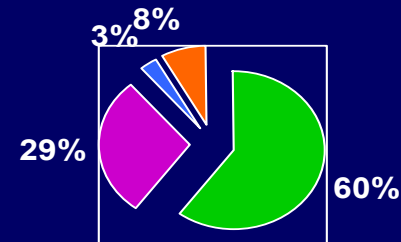
Genotype-4  
N: 24



PEG-Ifn 180  
RBV 800  
24 wks



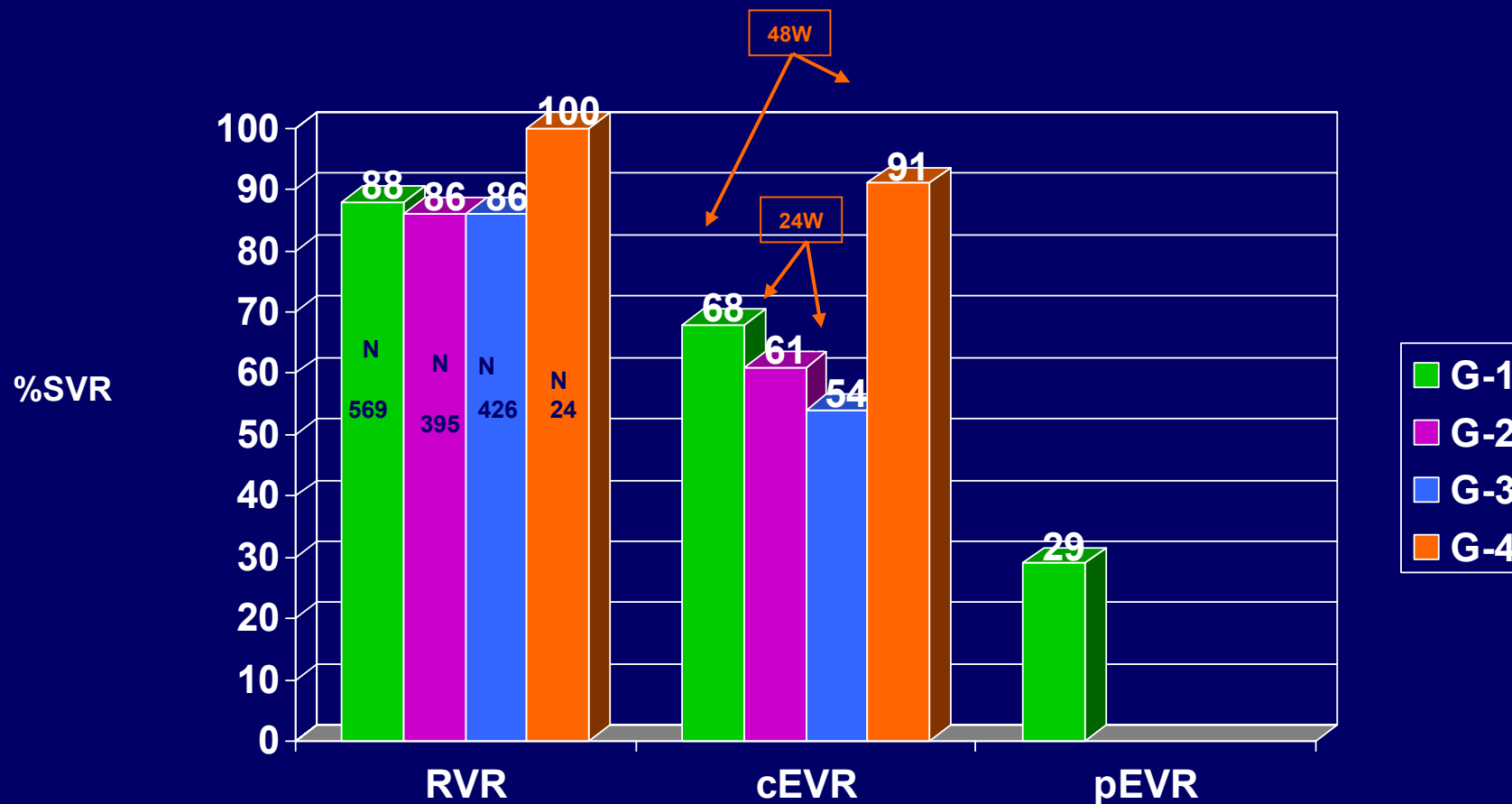
Genotype-2  
N: 395



Genotype-3  
N: 426

# SVR by Response Type & Genotype

Fried MW, EASL 2008; Abstr #7



# RVR Important Predictor of SVR: Conclusion

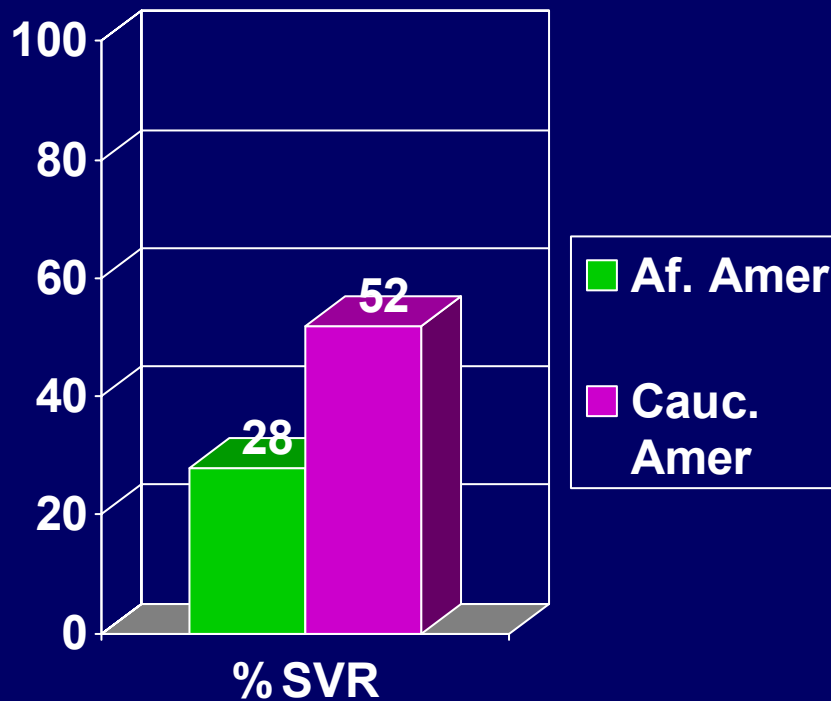
Subanalysis of 3 Phase III trials

- Patients achieving RVR at week 4 have a high probability of SVR (> 86%) regardless of HCV genotype
- RVR is a better predictor of SVR than other pre-treatment factors including genotype
- This information may allow treatment to be tailored to the individual, regardless of genotype

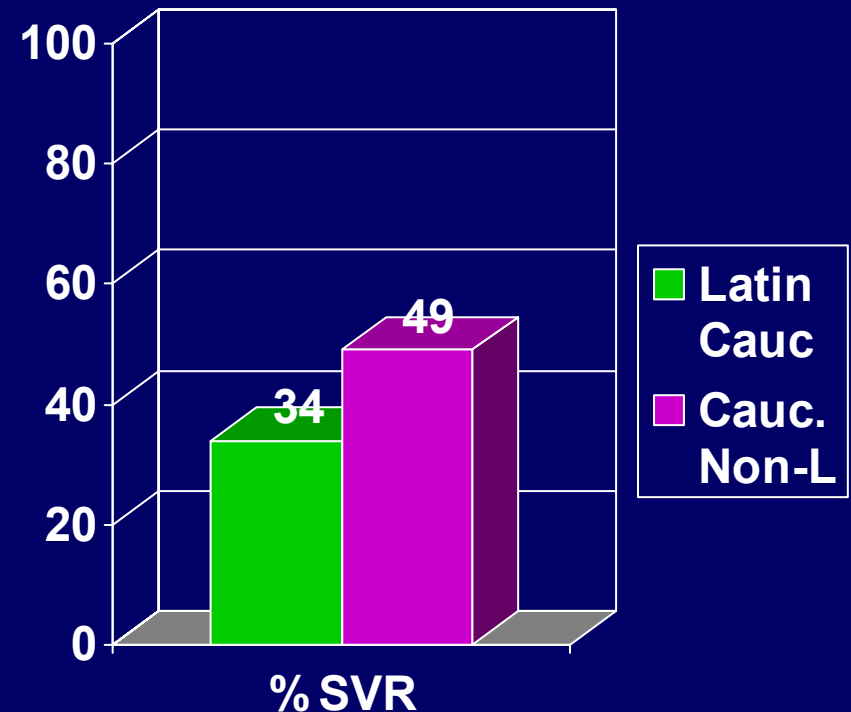
# Effect of Ethnicity

# Effect of Ethnicity in SVR – Genotype 1

## Virahep C Study



## Latino Study





# Virahep-C Trial:

## Baseline Characteristics

Characteristic	AA (n = 196)	CA (n = 205)	P value
% Male	65	65	0.99
Median Age (years)	49.0	48.0	0.08
Median BMI (kg/m <sup>2</sup> )	29.3	27.6	0.0003
% History of Diabetes	15	4	0.0004
% History of Hypertension	43	21	< 0.0001
Median ALT (IU/L)	59	74	< 0.0001
Median Hemoglobin (g/dL)	14.3	15.0	< 0.0001
Median WBC (10 <sup>3</sup> cells/mm <sup>3</sup> )	5.8	6.2	0.08
Median Platelet Count (10 <sup>3</sup> cells/mm <sup>3</sup> )	214.5	207.0	0.11

# LATINO Study:

## *Baseline Characteristics*

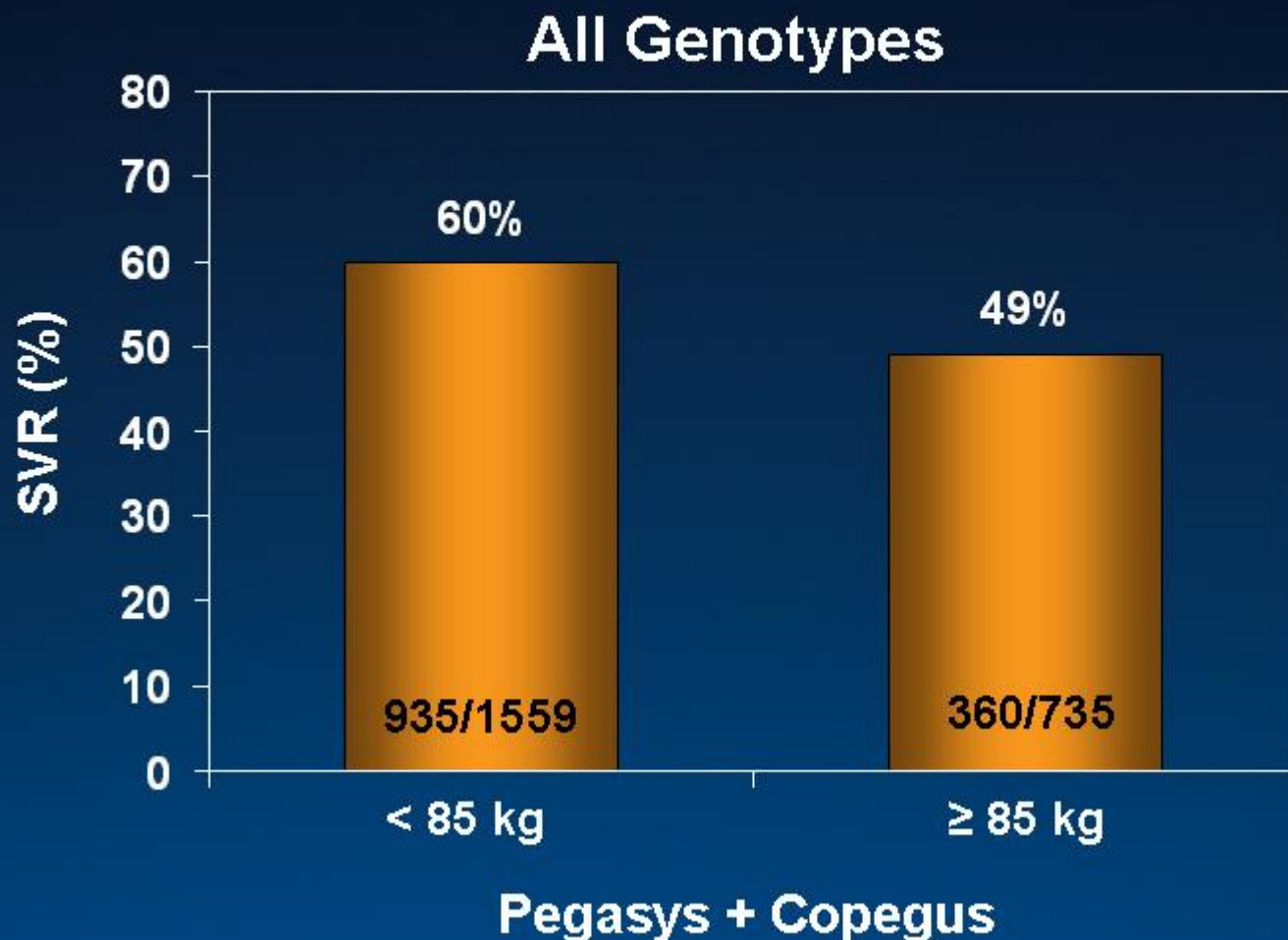
	Latinos	Non-Latinos
Age $\leq$ 40 years	27.9%	16.3%
BMI		
$> 27 \text{ kg/m}^2$	65.1%	50.7%
$> 30 \text{ kg/m}^2$	40.1%	25%
ALT $> 3\times$ ULN	24.5%	16.7%
Cirrhotic	13.4%	9.7%

**Other baseline characteristics were similar**

# **Effect of Weight, Steatosis & Insulin Resistance**

# **EFFECT OF BODY WEIGHT**

# SVR Rates in Lighter vs Heavier Patients: Pegasys

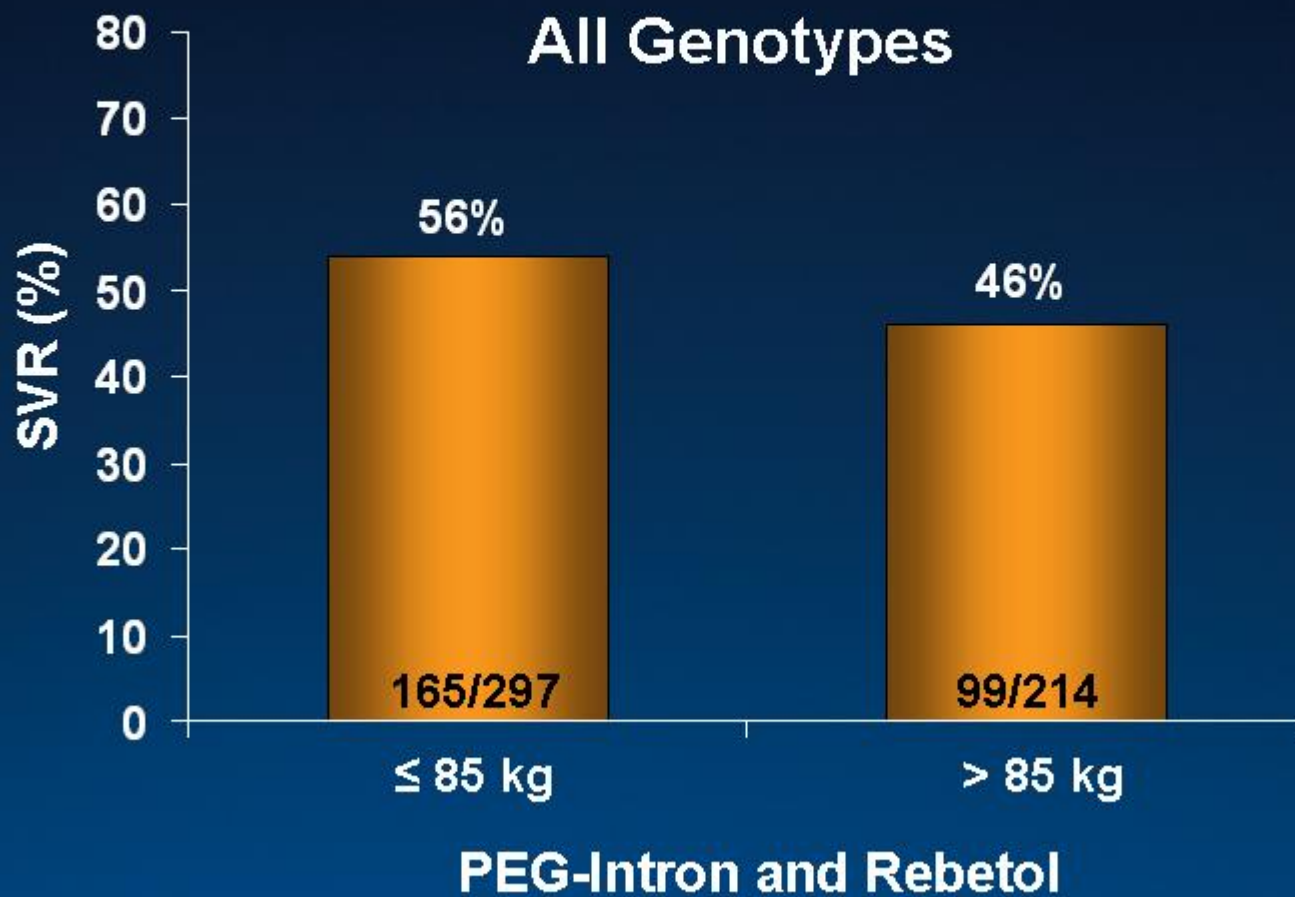


Pegasys (Peginterferon alfa-2a) [package insert]. Hoffmann-La Roche Inc. Nutley, NJ.

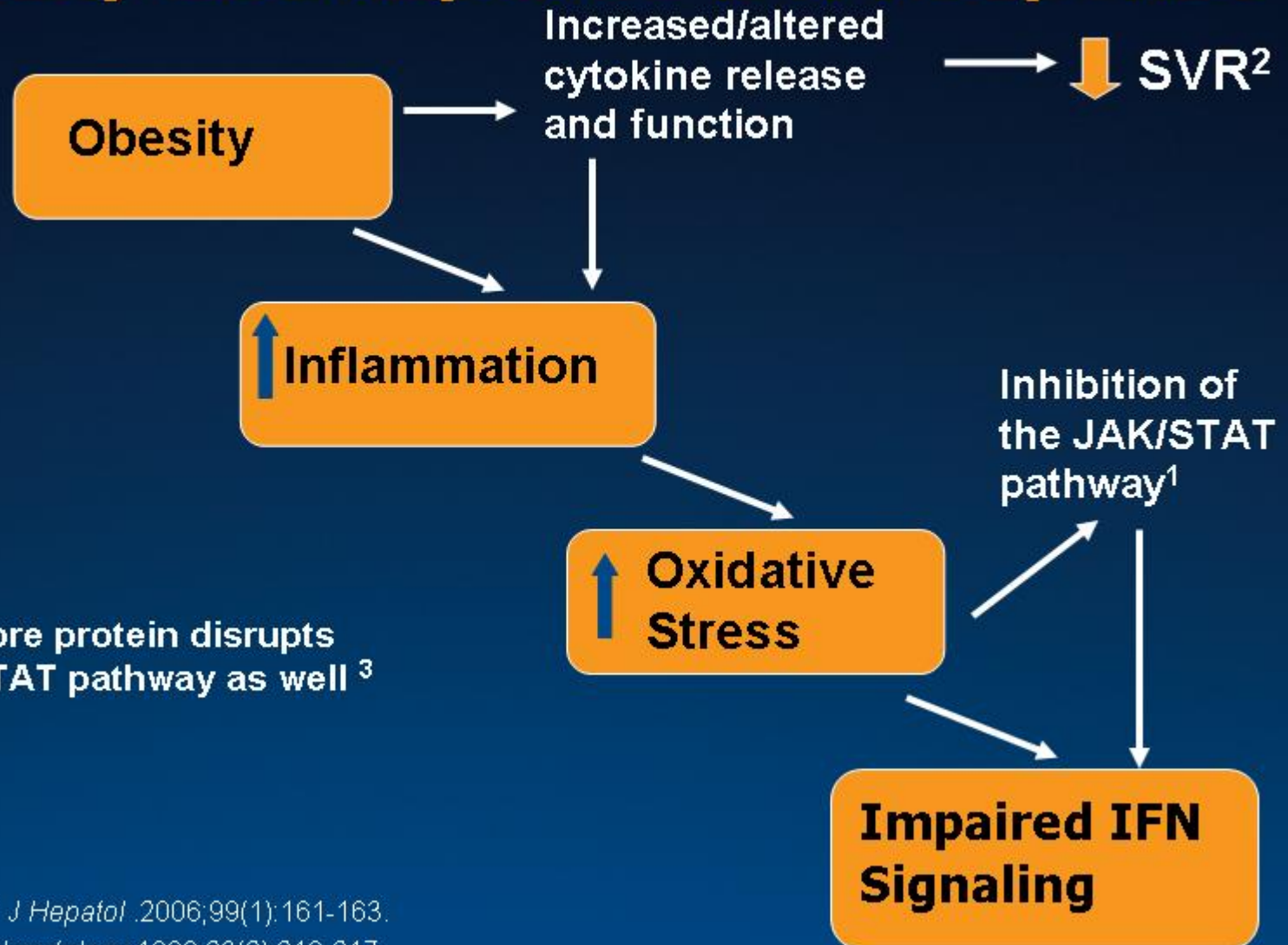
FDA Briefing Paper. Pegasys. November 14, 2002. <http://www.fda.gov/ohrms/dockets/ac/02/transcripts/3909T1.pdf>



# SVR Rates in Lighter vs Heavier Patients: PEG-Intron



# Obesity and Impaired IFN Response



HCV core protein disrupts JAK/STAT pathway as well <sup>3</sup>

1. Di Bona D, et al. *J Hepatol*. 2006;99(1):161-163.

2. Larrea E, et al. *Hepatology*. 1996;23(2):210-217.

3. Lin W. *Gastroenterology*. 2005;128:1034-1041.

# **EFFECT OF STEATOSIS**



# Proposed Mechanisms for Co-Existent HCV and Steatosis

## HCV

**Genotype 3**  
**Insulin Resistance**

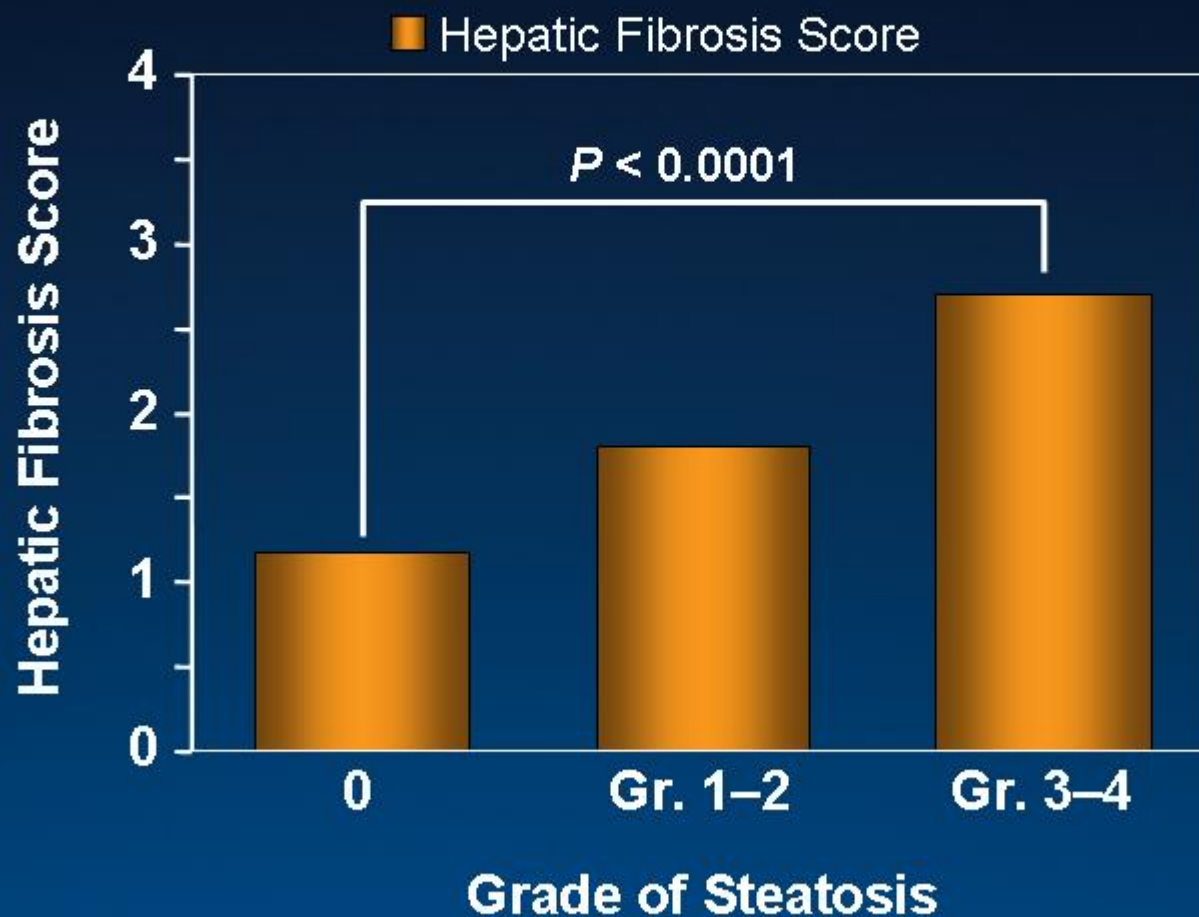
## Host

**Obesity**  
**Diabetes Mellitus**  
**Insulin Resistance**  
**Alcohol Intake**  
**Medications**

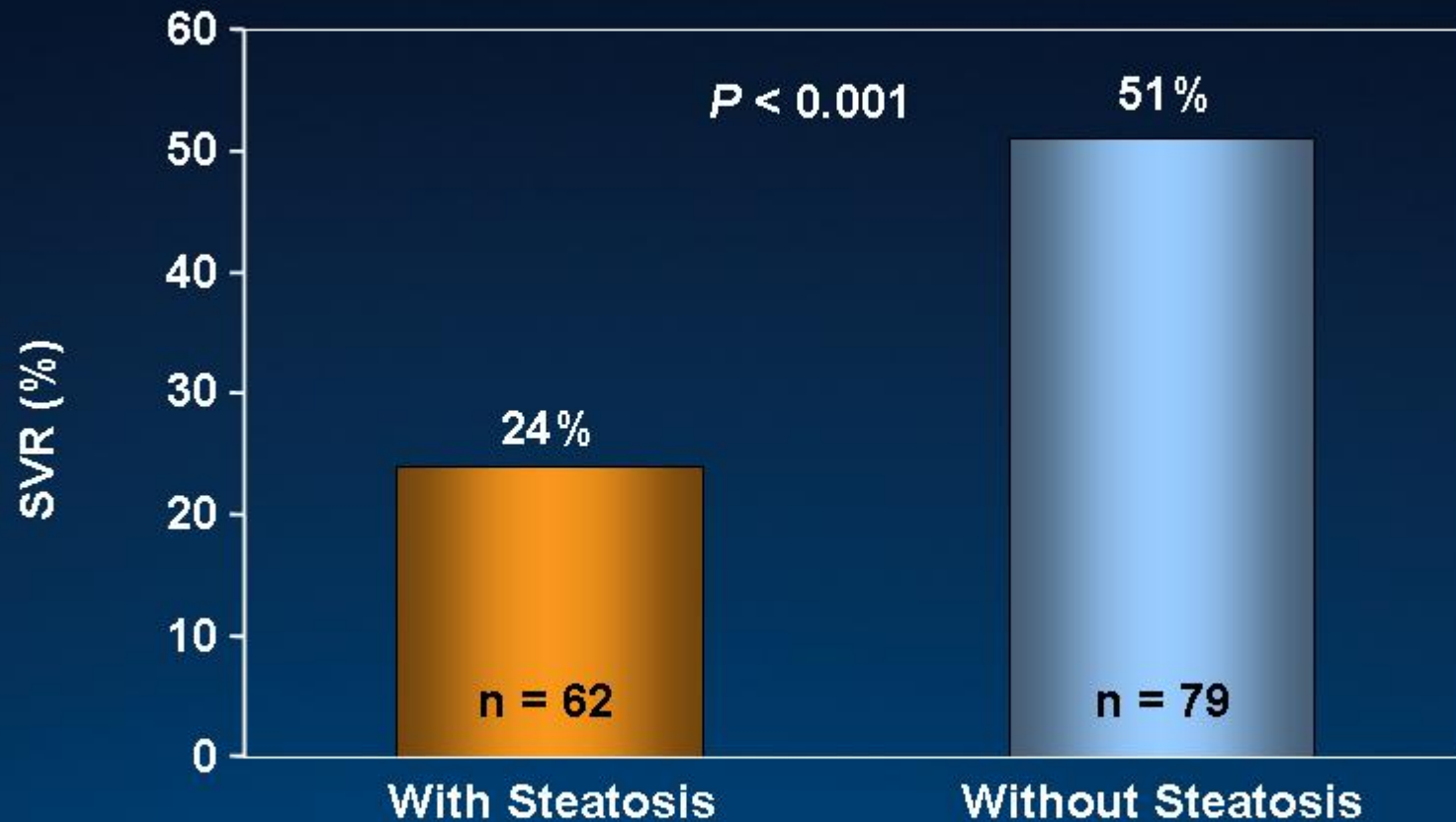
## HCV + Steatosis

(50% of all HCV+  
patients)

# Association of Hepatic Steatosis and Fibrosis

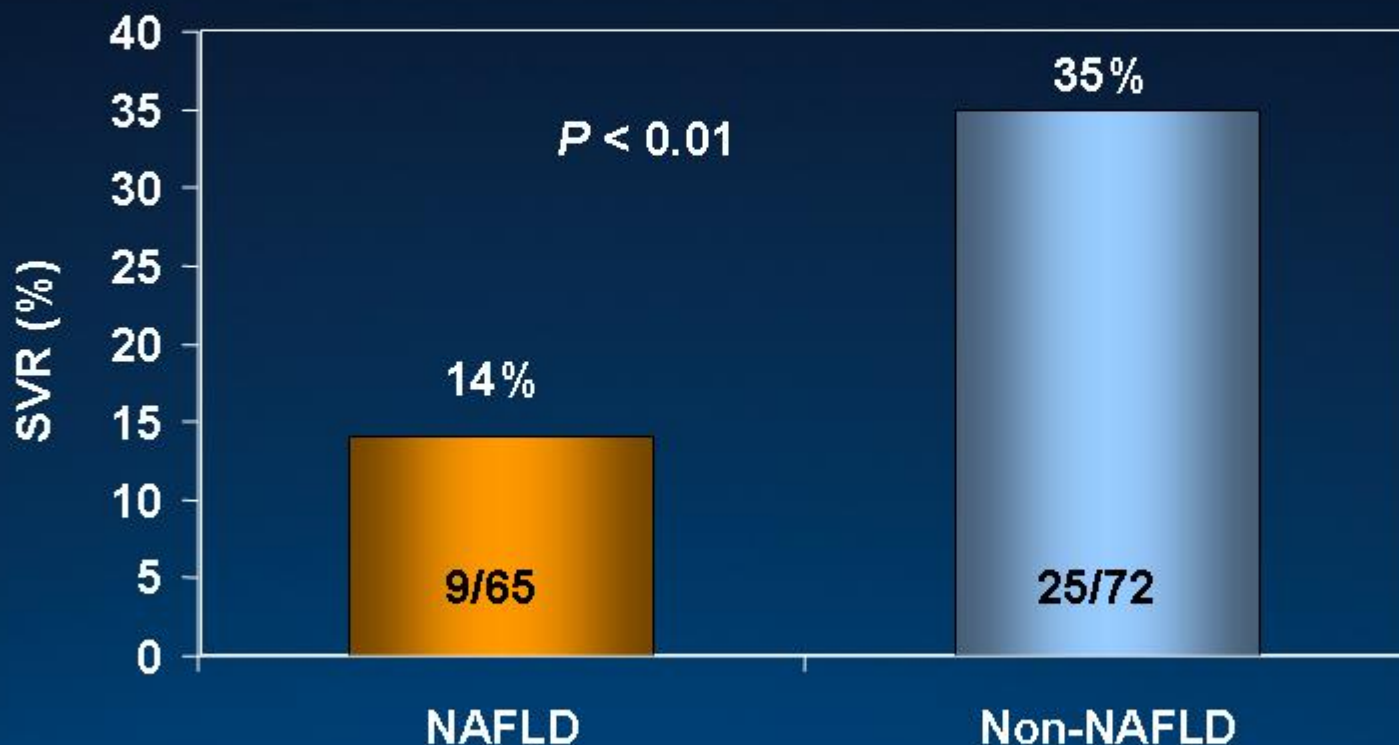


# Impact of Steatosis on SVR



Genotypes 1, 4, 5, and 6, High Viral Load

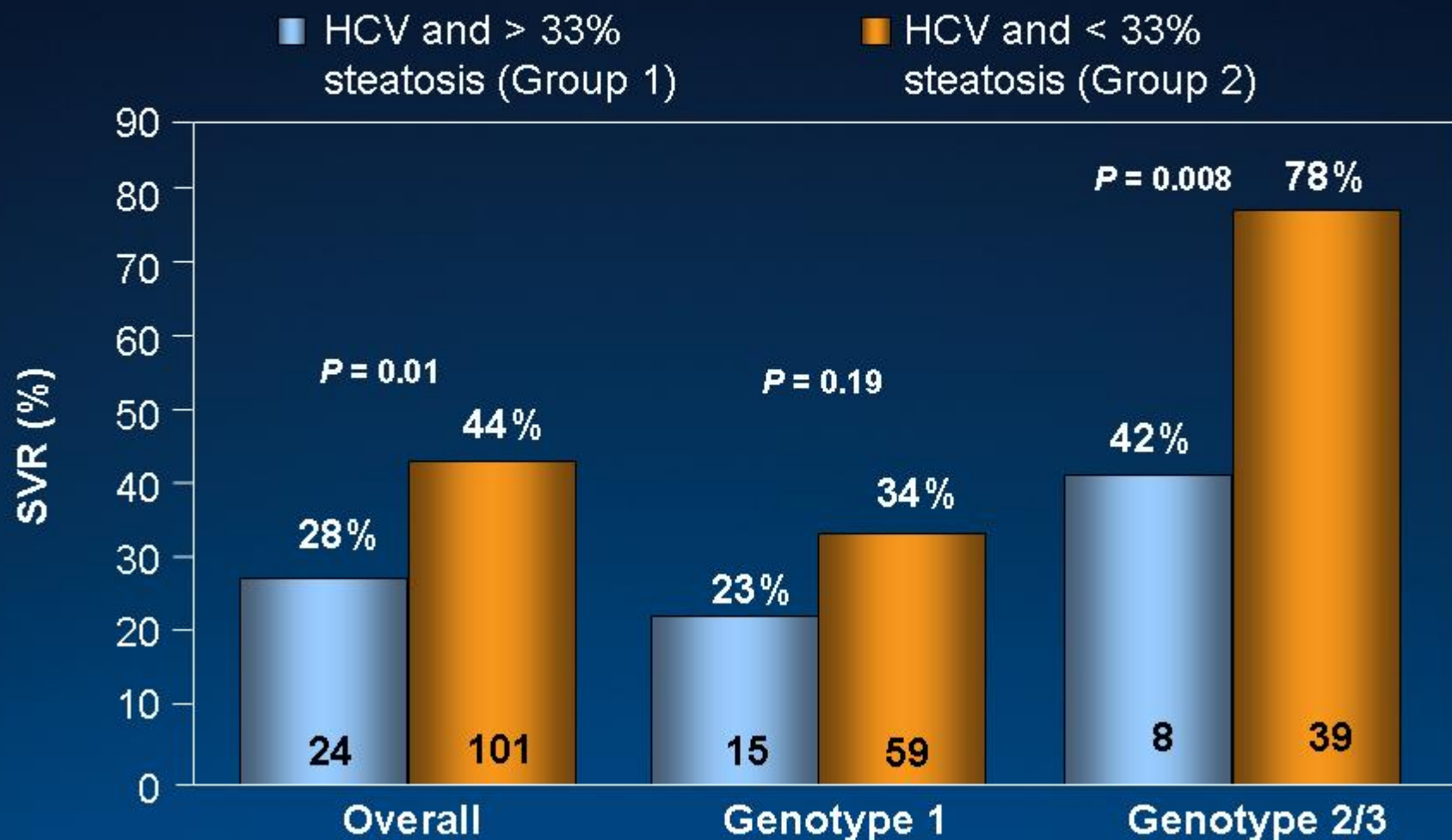
# Impact of Coexisting NAFLD on Virologic Response to Anti-HCV Therapy



# **EFFECT OF INSULIN RESISTANCE**



# Decreased Response to Antiviral Therapy in HCV Patients With Coexistent Steatosis

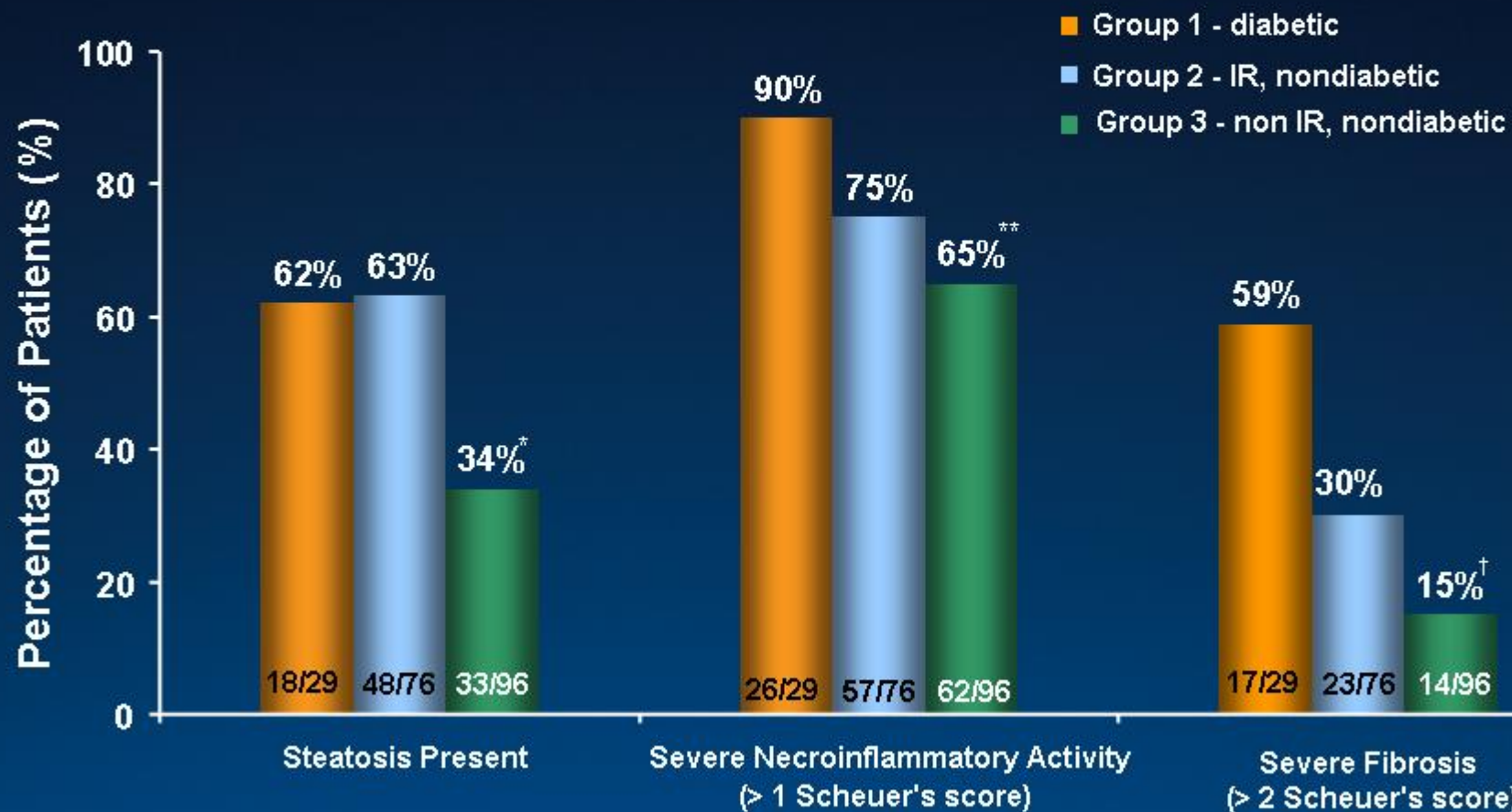


# Impact of Insulin Resistance on HCV Viral Load



# Insulin Resistance and Severity of Fibrosis: Study Results

N = 201

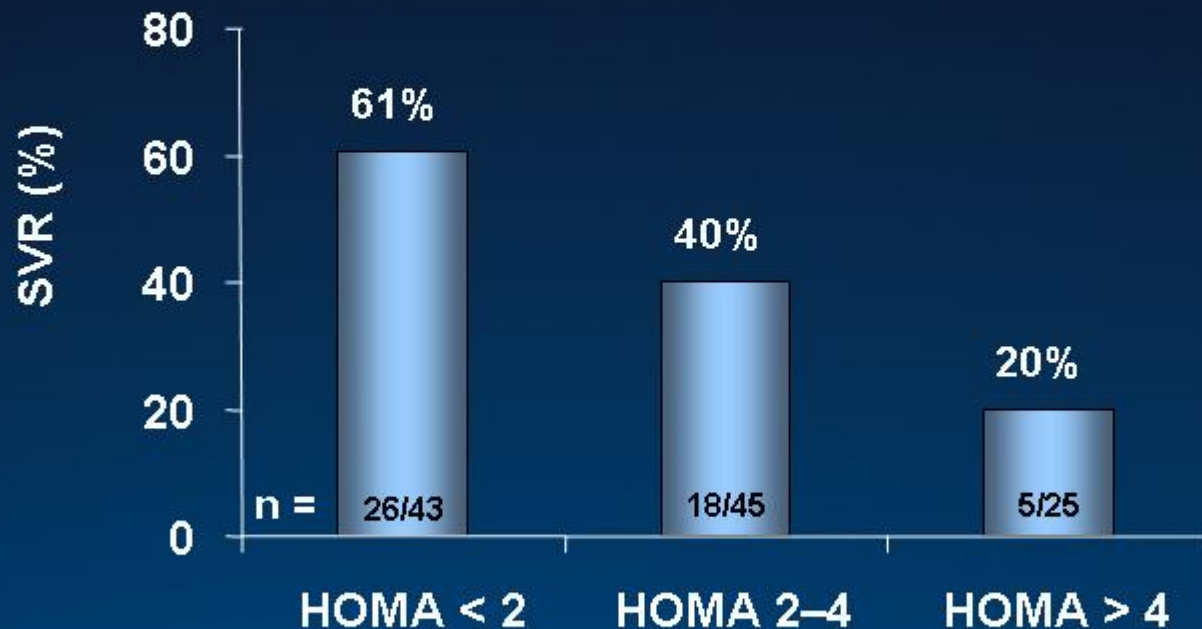


\* $P = 0.0006$ ; \*\* $P = 0.034$ ; † $P = 0.0001$



# Impact of Insulin Resistance on Virologic Response in Genotype 1

159 consecutive patients treated with either Pegasys/Ribavirin or PEG-Intron/Ribavirin



(HOMA < 2, 2-4, and > 4: odds ratio, 2.43; 95% CI, 1.41-4.20;  $P = 0.004$ )

HOMA = homeostasis model assessment

HOMA-IR =  $\frac{\text{fasting insulin (mIU/L)} \times \text{fasting glucose (mmol/L)}}{22.5}$

**Once the Patient has RVR, cEVR, or pEVR:**

**Does Ethnicity, Fibrosis, or pre-Treatment  
Viral Load effect SVR ?**

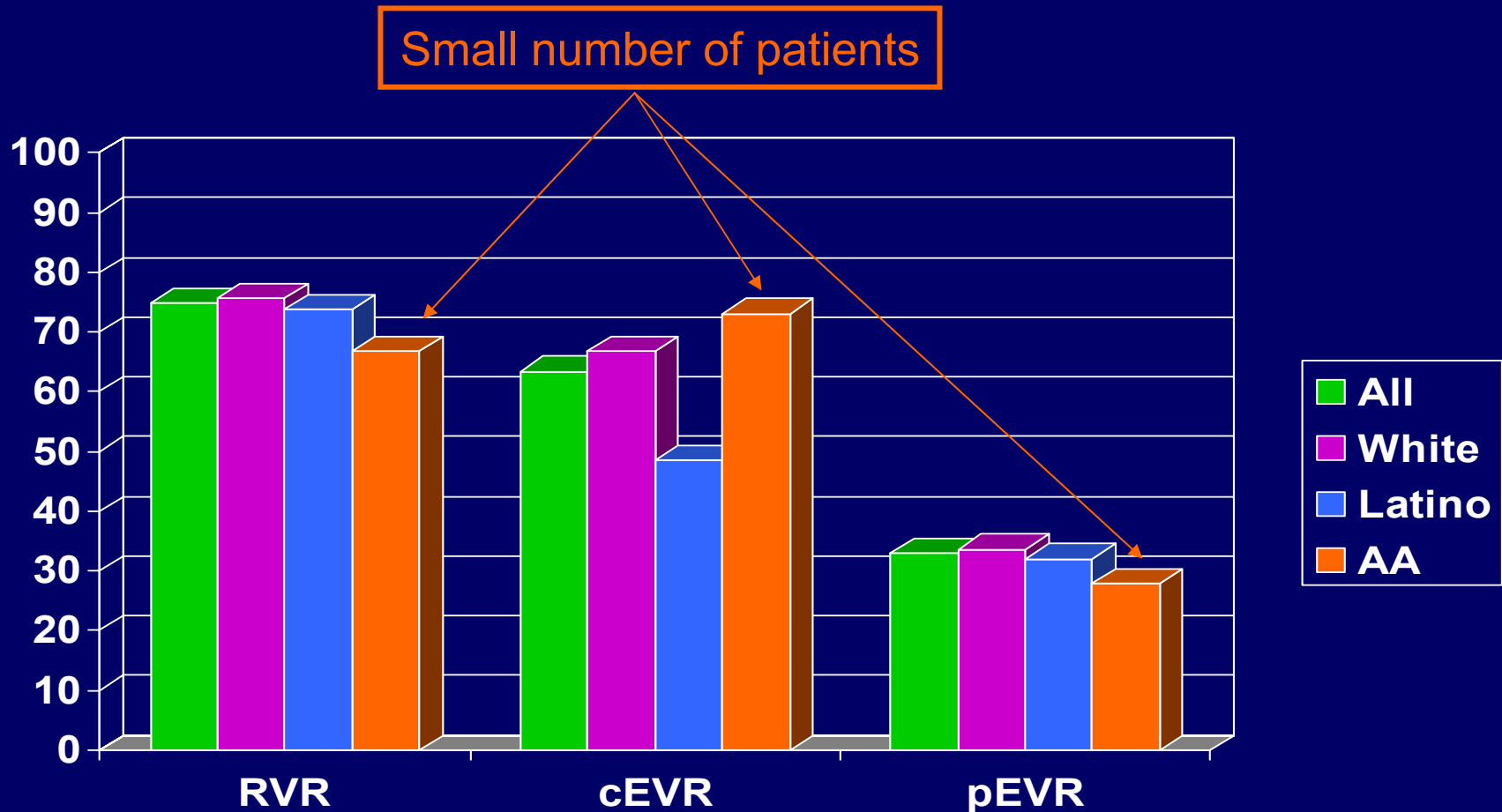
# Time to HCV RNA Undetectability as Predictor for SVR in Genotype 1

- **Methods:** Data from 1,243 genotype 1 patients in the following four clinical trials: Fried, Hadziyannis, Virahep-C, and LATINO, treated with Pegasys 180 mcg plus RBV 1,000/1,200 mg
- Retrospective analysis includes African American and Latino patients

	SVR (%)		
	HCV RNA Undetectability		
	Week 4 (n = 195)	Week 12 (n = 505)	Week 24 (n = 194)
<b>All (N = 1,243)</b>	146 (74.9%)	320 (63.4%)	64 (33%)
<b>Race/Ethnicity</b>			
White	106 (75.7%)	239 (66.8%)	40 (33.6%)
Latino	28 (73.7%)	51 (48.6%)	17 (32.1%)
African American	4 (66.7%)	19 (73.1%)	5 (27.8%)
<b>Cirrhosis Classification</b>			
Non-Cirrhotic	131 (74.9%)	286 (64.6%)	52 (32.7%)
Cirrhotic	15 (75%)	34 (54.8%)	12 (34.3%)
<b>Baseline HCV RNA, IU/mL</b>			
≤ 400,000	76 (78.4%)	63 (72.4%)	7 (41.2%)
> 400,000	70 (71.4%)	257 (61.5%)	57 (32.2%)

# Type of Response, Ethnicity and SVR in G-1

Shiffman ML. ESLD 2008; Poster 835

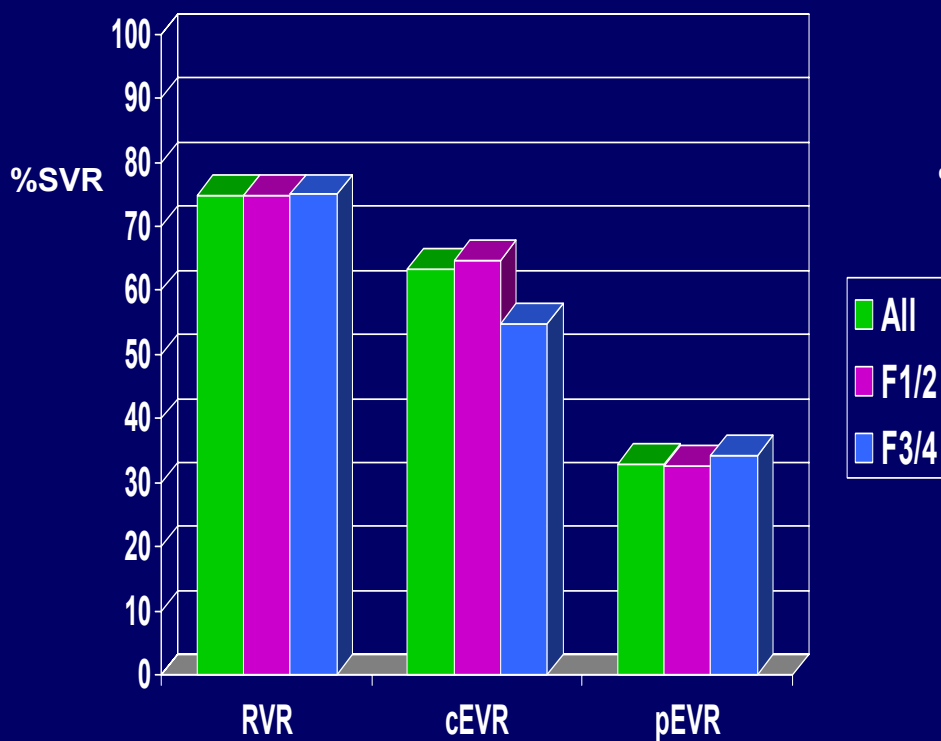


1243 pts G-1 infection (Fried, Hadziyannis, Virahep-C, LATINO studies)

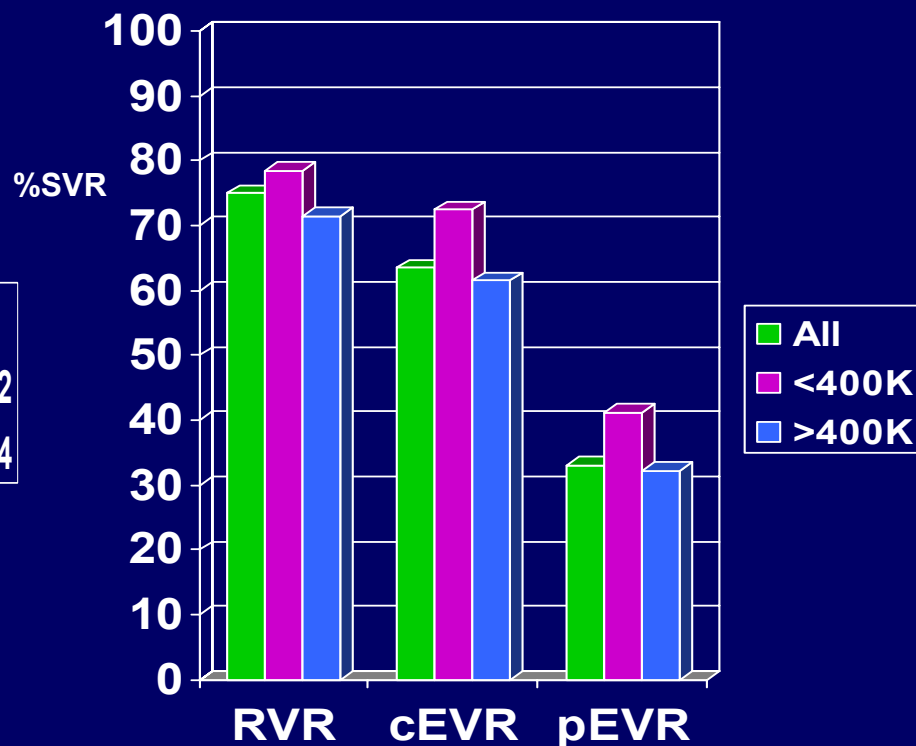
# Effect of Fibrosis & Viral Load in G-1 SVR

Shiffman ML. ESLD 2008; Poster 835

## SVR by Response-Type & Fibrosis



## SVR by Response-Type & Viral Load



# Conclusion

Most of the effects of:

- Viral Genotype,
- Ethnicity,
- Severity of Fibrosis, and
- Baseline Viral Load

are explained by how they affect the time to reach a negative HCV-RNA (% of RVR, cEVR, & pEVR).

# Effect of Treatment Prolongation

Peginterferon-alfa2a plus ribavirin 800 mg for 48 versus 72 weeks in patients with detectable hepatitis C virus RNA at week 4 of treatment.

Sanchez-Tapias et al. Gastroenterology. 2006 Aug;131(2):451-60

- **Population:** 510 treatment naïve patients
- **Treatment:** 180 mcg Pegasys + RBV 800 mg
- Groups randomized **at week 4:**
  - A) HCV-RNA > 50 IU/mL treated 48 wks (165),
  - B) HCV-RNA > 50 IU/mL treated 72 wks (161),
  - C) HCV-RNA < 50 IU/mL treated 24 wks (148),
  - D) HCV-RNA < 50 IU/mL treated 48 wks (36)

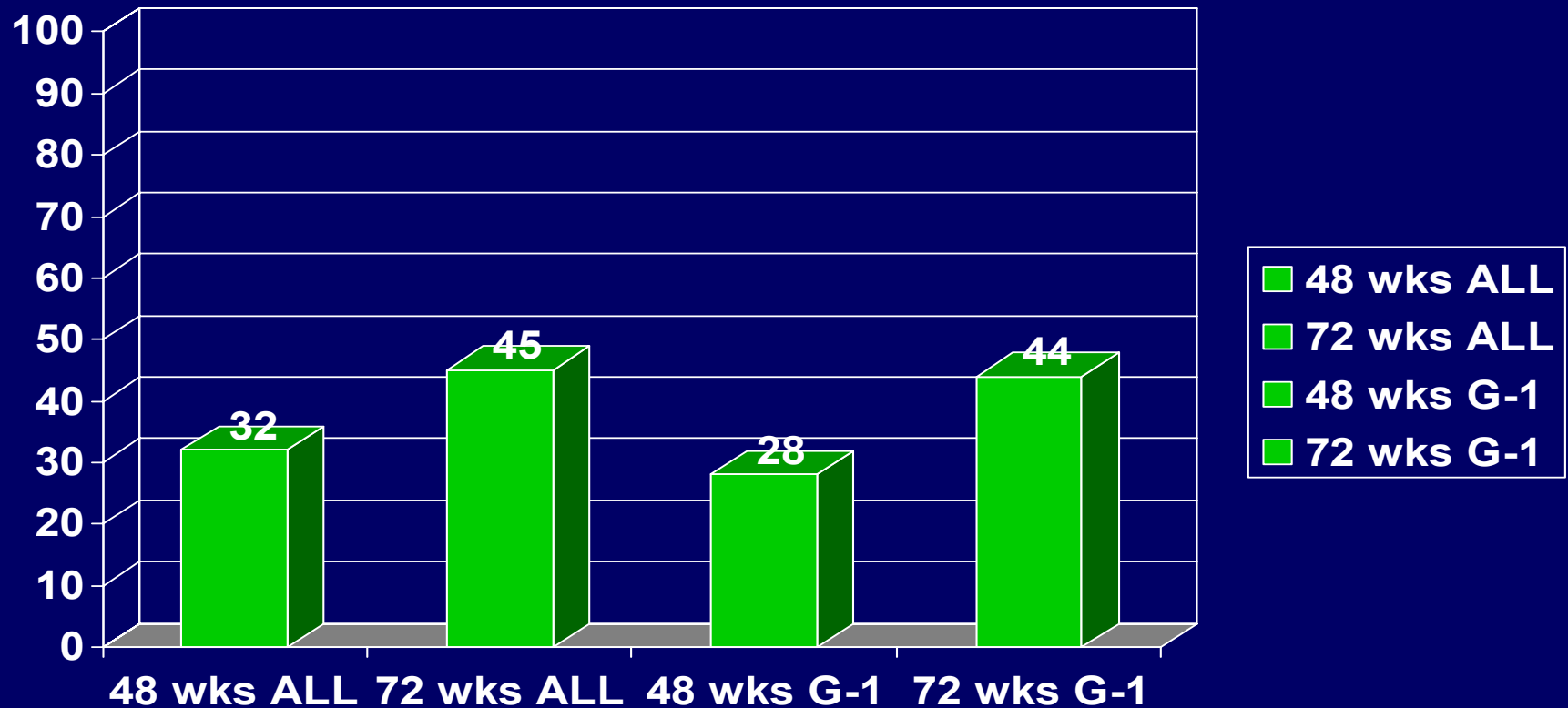


RVR



# Peginterferon-alfa2a plus ribavirin 800 mg for 48 versus 72 weeks in patients with detectable hepatitis C virus RNA at week 4 of treatment.

Sanchez-Tapias et al. Gastroenterology. 2006 Aug;131(2):451-60



# **Treatment of Chronic HCV in Chronic Kidney Disease, and ESRD on Dialysis**

# Chronic Kidney Disease

## Suggested RBV dose by Creatinine Clearance

Kamar N et al. Am J Kidney Dis. 2004;43:140-146 &  
Bruchfeld A et al. Drug Monit. 2002;24:701-708

Creatinine Clearance (Cockcroft-Gault)	120 mL/ min	100 mL/ min	80 mL/ min	60 mL/ min	40 mL/ min	20 mL/ min
RBV (mg/day)	1400	1200	1000	800	600	400

# HCV in ESRD & post-KTx Treatment Considerations

- Risk of Interferon use post-KTx is high: 15-64% vascular rejection / tubulo-interstitial lesion.(not recommended)
- Difficult to use Ribavirin in ESRD b/o toxicity (dose is 150-300 mg/d) ; severe hemolysis.
- Lower efficacy of Interferon (18-27% SVR) in ESRD.
- Dose: PEG-Intron 1 mcg/kg/week; PEGASYS 135-180 mcg/week.
- Erythropoietin is usually needed

# **Peg-IFN-a2a in ESRD**

## **Pharmacokinetics**

- Peg-Ifn-a2a is not significantly cleared by dialysis (hemodialysis or peritoneodialysis).
- In a 12 weeks study, Peg-Ifn-a2a 135 or 180 mcg once weekly gave safe and constant concentration on patients with ESRD on hemodialysis.
- The dose of 135 mcg/wk in ESRD gives levels similar to those of patients with normal renal function receiving 180 mcg/wk (13000 pg/mL).
- Safety of 135 vs 180 mcg per week in ESRD is similar.

# Chronic HCV in ESRD

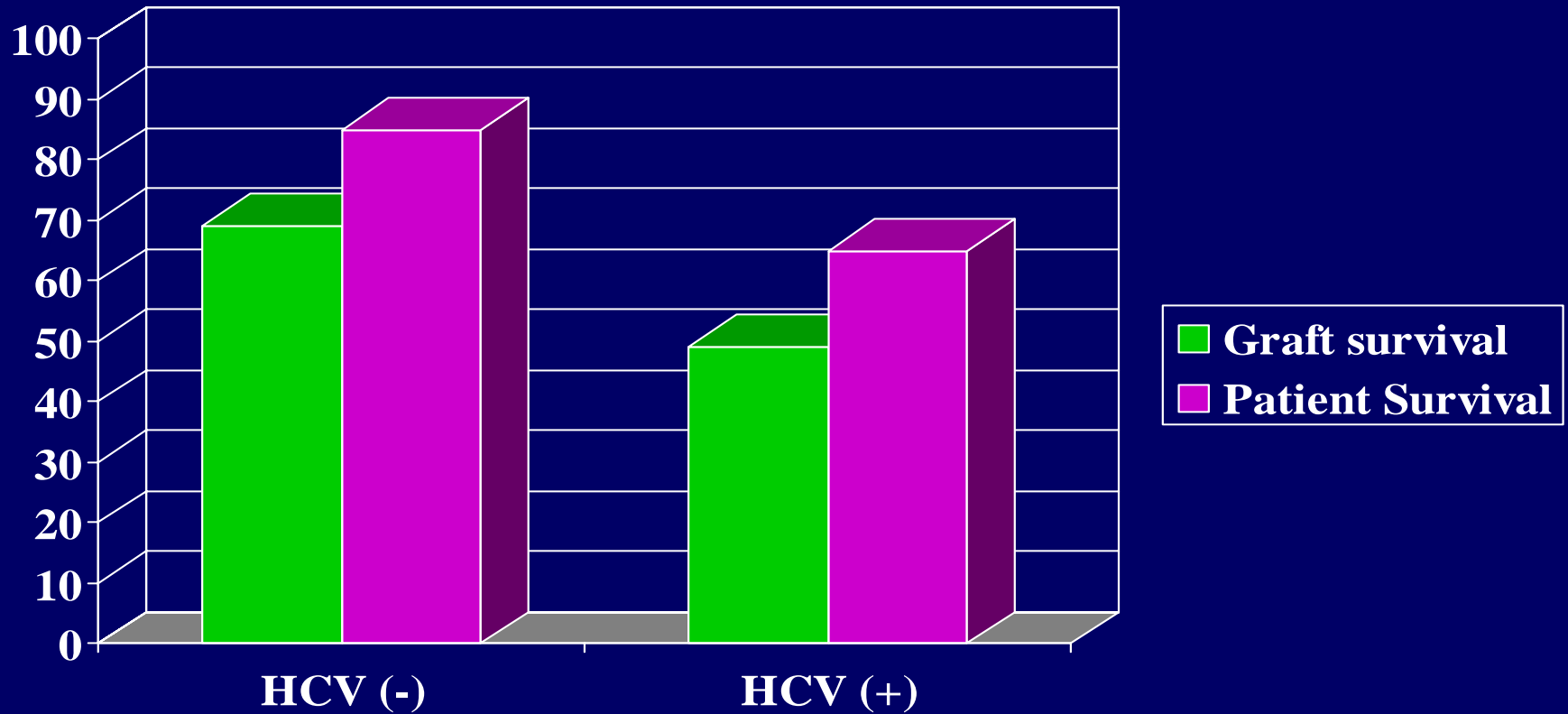
## Natural History

- Indolent & asymptomatic; normal liver enzymes
- Advanced fibrosis (F3-F4) in 22-32%
- Death rate 35% higher in HCV cirrhosis
- Risk of Liver Ca 50% higher in HCV (+)
- Mortality of HCV (+) kidney Tx is 40% higher than HCV (-) kidney Tx.
- Mortality of HCV (+) who receive kidney Tx is 50% lower than those who continue in hemodialysis.

# HCV in Renal Transplant

- Survival: same 5-year but lower @ 10-years
- Survival better than if continue on HD
- Liver damage accelerated by Azathioprine and anti-lymphocyte globulin
- Higher risk of membranous and membranoproliferative glomerulonephritis.
- Decreased renal graft function

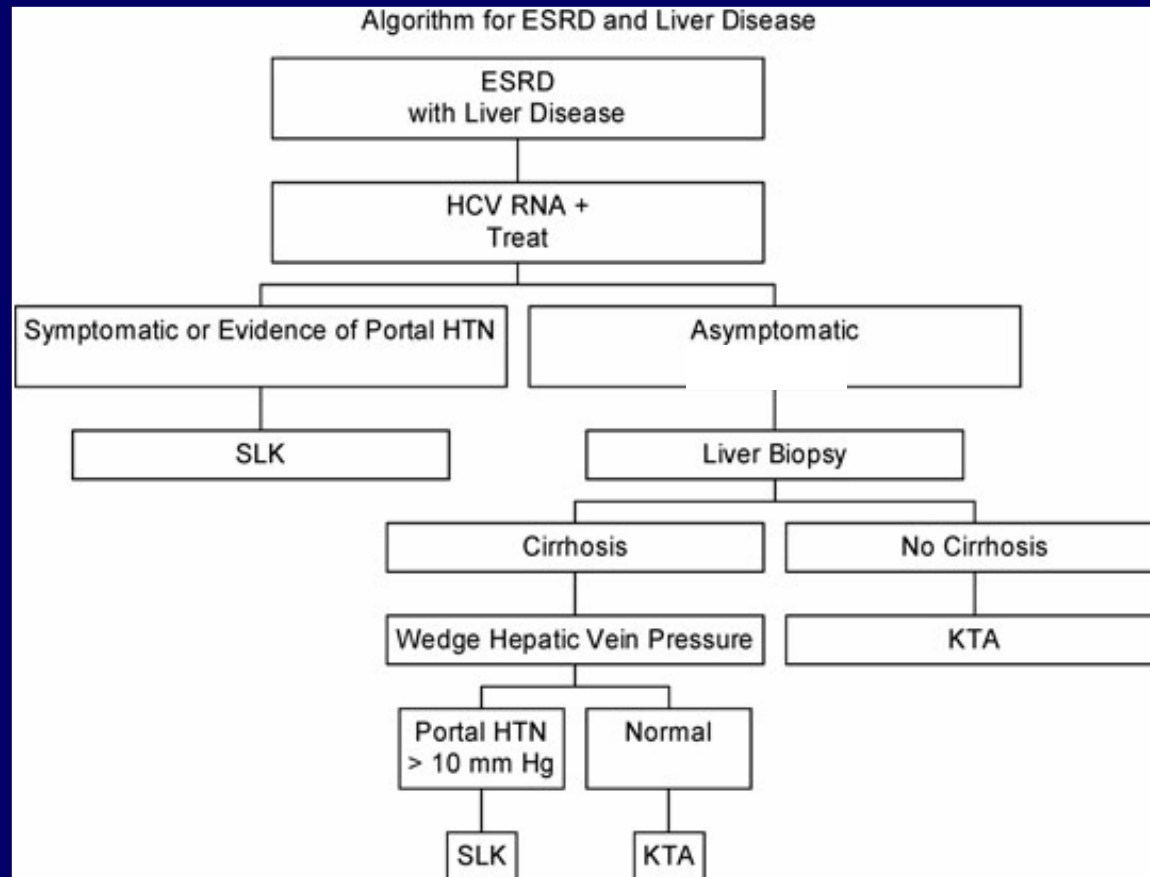
# HCV in Renal Tx Natural History (10 years)





# Algorithm for ESRD & Liver Disease

Am J. Transplant 2008;8:2243-2251



# Peg-Ifn-a2a Monotherapy in ESRD (hemo- or peritoneo- dialysis)

Author	Treatment	Result
<b>Kokoglu</b> (J Gastroenterol Hepatol 2006;21:575-580)	Rp(12): Peg 135 x 48w C(13): no therapy	Rp: EOT(-) 84%, <b>SVR 75%</b> C: EOT(-) 8%, SVR 8%
<b>Sporea</b> (World J Gastroenterol 2006;12(26):4191-4194)	Rp(10): Peg 180 x 48w	<b>SVR: ITT 30%</b> , PP 50%
<b>Chan</b> (Nephrology 2007;12:11-17)	Rp(6): Peg 135 x 48 w	EOT(-) 83%, <b>SVR 33%</b>
<b>Teta</b> (Nephrol Dial Transplant 2005;20:991-993)	Rp(3): Peg 90-180 x 24-48 w	<b>SVR 66%</b>
<b>Peck-Radosavljevic</b> (EASLD Abstr. April 2007)	Rp(38): Peg 135 x 48 w Rp(43): peg 90 x 48 w	Interim wk 24: HCV-RNA(-) 58% vs 49%
<b>Ionita-Radu</b> (EASLD Abstr. April 2007)	Rp(29): Peg 135	<b>SVR 41%</b>

# Peg-Inf-a2a + RBV in ESRD (hemo- or peritoneo- dialysis)

Author	Treatment	Result
<b>Rendina</b> (Journal of Hepatology 2007:768-774)	Rp(35): Peg 135/RBV 200qd x 48 w(g-1) or 24 w (g-no-1)+EPO  C(35): no therapy	Rp: <b>SVR 97%</b> (93% g-1, 100% g-non-1)
<b>Hakim</b> (DDW Abstr. May 2006)	Rp(20): Peg 135/RBV 200 TIW x 48 w	Interim 12 w: HCV-RNA(-) 45%
<b>Deltenre</b> (AASLD Abstr. Oct 2006)	Rp(14): Peg 180/RBV 800 per w x 24-48 w + EPO	OET(-): 79%, <b>SVR 63%</b>
<b>Carriero</b> (AASLD Abstr. Oct 2006)	Rp(15): Peg 135-180/RBV 200 qd x 4-76 w + EPO	<b>SVR 31%</b>
<b>Bruchfeld</b> (J Viral Hepatitis 2006;13:316-321)	Rp(2): Peg 135/RBV 1400-2000 mg per w + EPO	<b>SVR 100%</b>

# Indications for Simultaneous Liver-Kidney Transplant (SLK)

Am J. Transplant 2008;8:2243-2251

- Automatic approval
  - CKD stage IV or V + cirrhosis + symptomatic portal HTN or HVWPG  $\geq 10$  mm Hg
  - Liver failure + CKD with eGFR  $\leq 30$  mL/min for  $> 90$  days
  - Liver failure + AKI or HRS with creat  $> 2$  mg/dL + dialysis  $\geq 8$  weeks
  - Liver failure + CKD + Kidney Bx with  $> 30\%$  glomerulosclerosis or  $> 30\%$  interstitial fibrosis.
- MELD exception by Regional Review Board
  - All other cases; comorbidities like DM, HTN, other pre-existing kidney disease, age  $> 65$  will increase potential benefit for SLK.

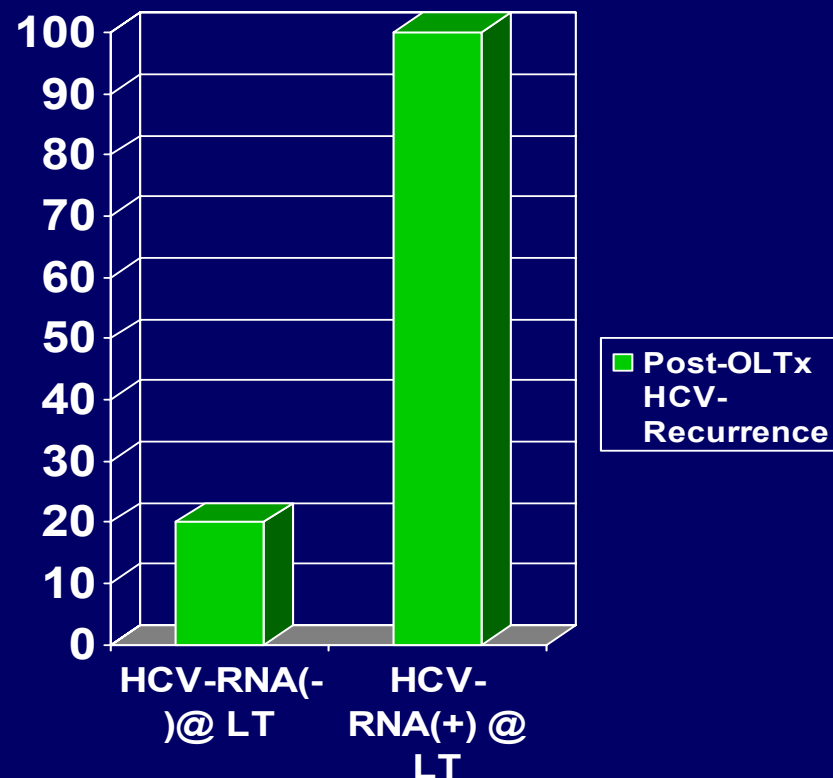
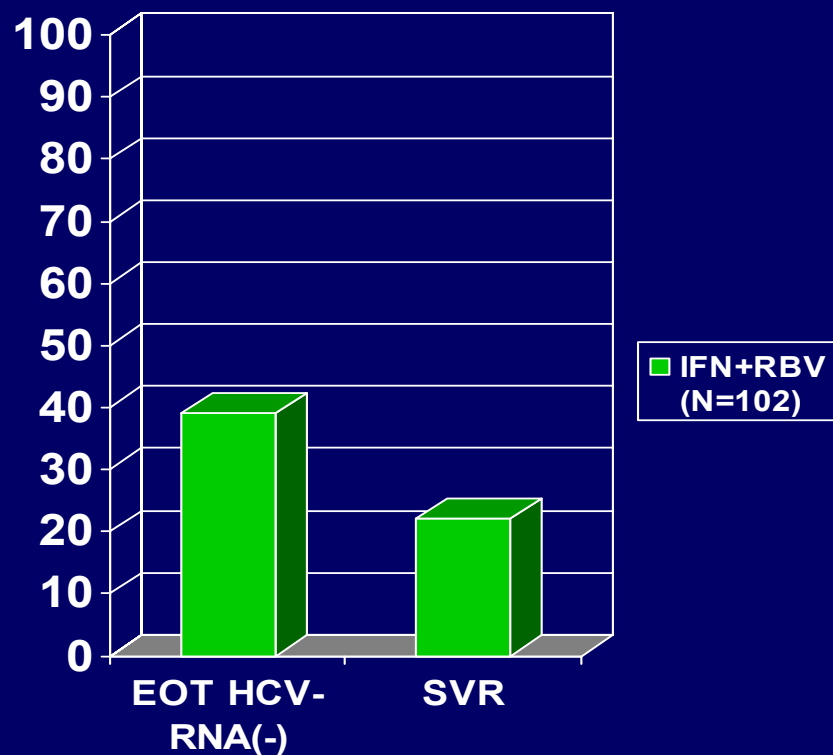
# Treatment Pre-Liver Transplantation

# Pre-LTx Treatment Candidates

- **Best Candidates:**
  - Child-Turcotte score  $\leq 7$
  - MELD  $\leq 18$
- **Best response:**
  - genotype 2 & 3 (47% SVR) vs g-1 (13% SVR)
- Patients with Child-Turcotte 8 to 10, or MELD 18 to 24 are controversial.
- **Patients with Child-Turcotte  $\geq 11$ , or MELD  $\geq 25$  are not treatment candidates.**

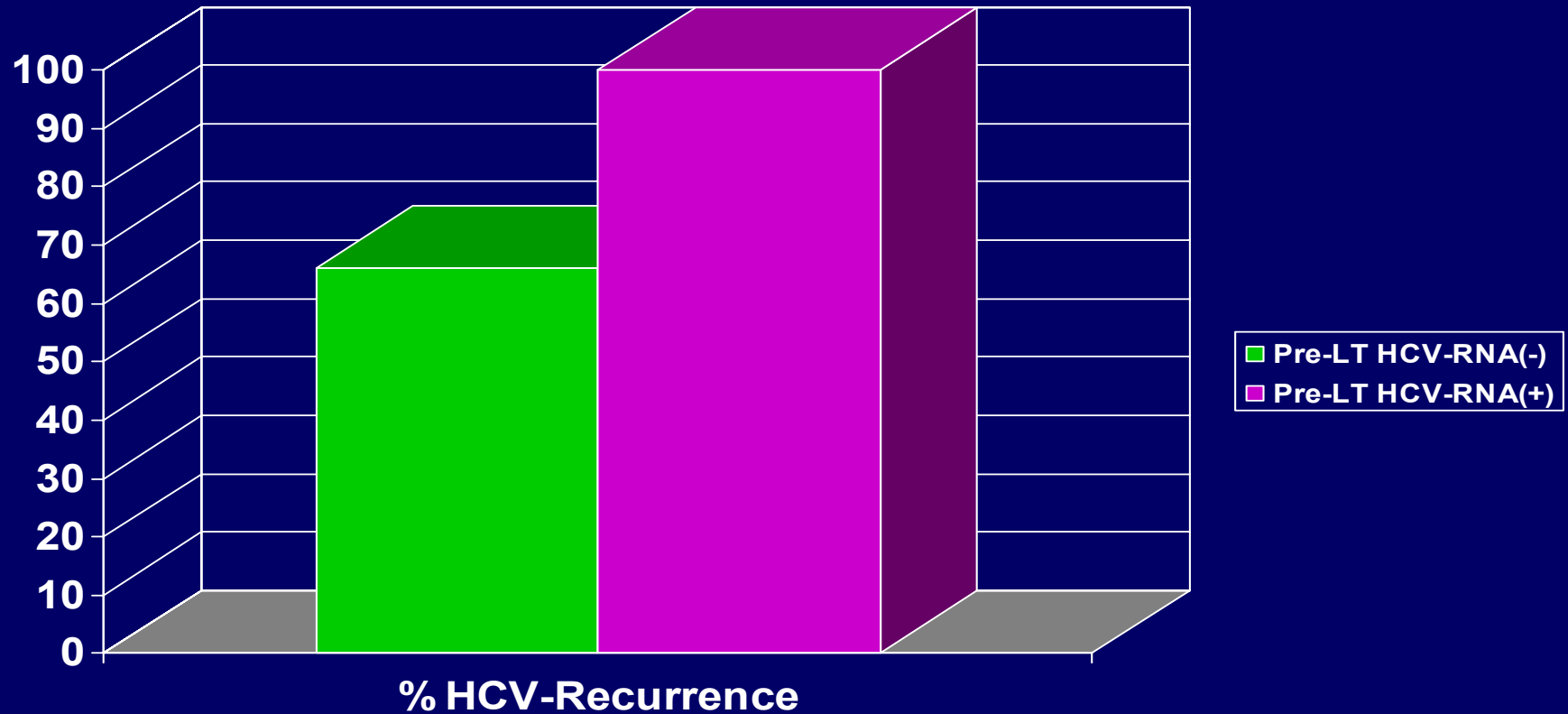
# Effect of pre-LT Therapy on Post-OLT Outcome in Cirrhotics listed for LT

Everson et al. Rev. Gastrointest Disord 2004;4 Suppl 1:S31-38



# Post OLTx HCV-Recurrence in Listed Cirrhotics Treated with Daily IFN Monotherapy

Thomas et al. Liver Transpl 2003;9:905-915





# Treatment Post-Transplantation

# Treatment of Recurrent HCV Preemptive

- Starts therapy shortly post LTx.
- Treatment is poorly tolerated.
- Discontinuation rate: 33%
- Reported SVR: 10-25%

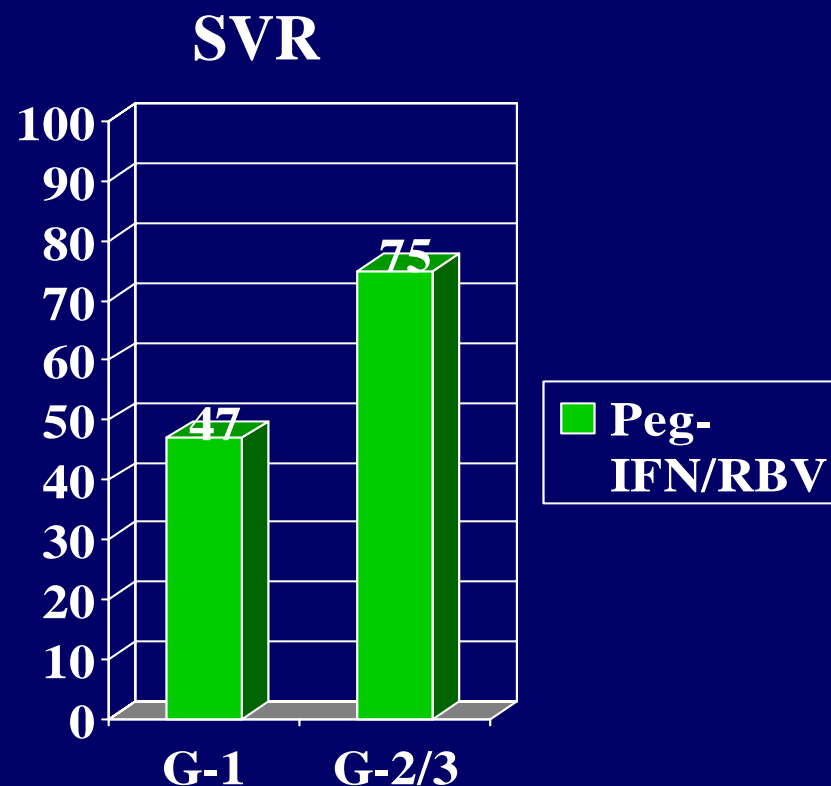
## **Treatment of Recurrent HCV After METAVIR Stage 2 (occasional bridging)**

- Interferon or RBV monotherapy have not improved fibrosis nor induced SVR.
- With Peg-IFN + RBV, SVR has been 26-45%
- 60% of patients with SVR improve histology; 20 % remain stable.
- 30-60% require RBV dose reduction; 30% need discontinuation of therapy.
- There is no increase in rate of Acute nor Chronic Rejection.

# Peg-IFN + RBV for HCV Recurrence in OLTx Recipients

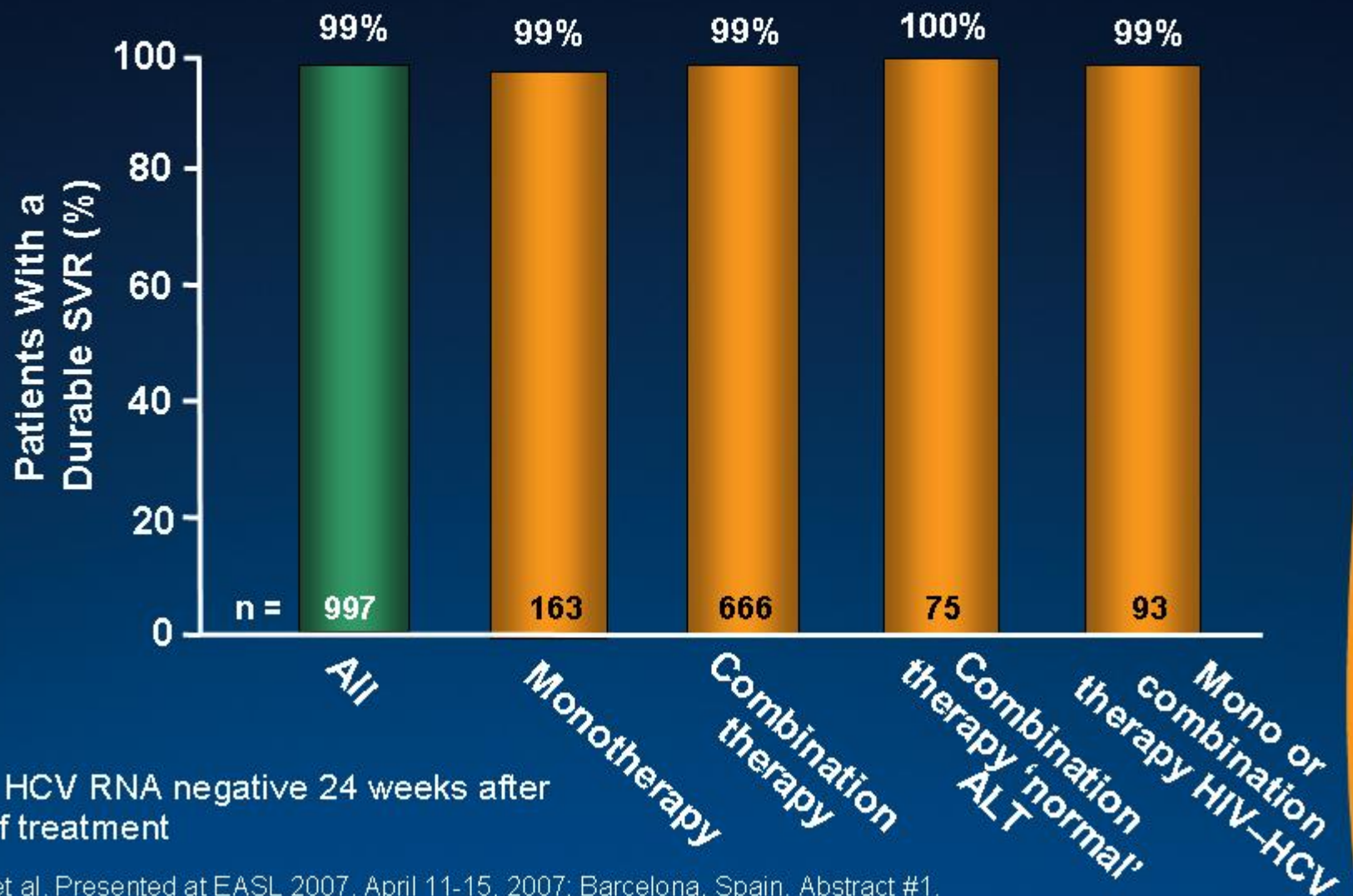
Berenguer M et al. Liver Transpl 12:1067-1076, 2006

- 36 patients
- Median time OLTx-Rp = 513 d
- Cirrhosis 15%, cholestatic HCV 9%
- 88% off steroids
- Premature D/C 40%
- ADEs 57%
- Rejection 14%
- EPO increased SVR
- HCV-RNA drop < 2 log @ 12 wks = non-response



**Is SVR "Cure" ?**

# Patients With a Durable SVR at Mean 4.1 (0.4 to 7) Years Follow-up



# Evolving New Concepts Peg-Interferon + RBV Therapy

- Genotype 1 (and 4, 5, & 6)
  - Higher dose of RBV (15.3 mg/Kg) improves SVR by decreasing relapses.
  - If HCV-RNA has fallen  $> 2$  log but is still (+) by week 12, SVR can be improved by prolonging therapy, from standard 48 weeks to **72 weeks**.
- Genotype 2 & 3
  - RBV dose of 11.2 mg/Kg or higher improves SVR.
  - If HCV-RNA is still (+) at week 4, SVR will improve by prolonging therapy, from standard 24 weeks to **48 weeks**.

# Question Being Investigated

- Can we improve SVR by adding to [Peg-Ifn/RBV] either a protease inhibitor, RNA-polymerase inhibitor, NS5A inhibitor, or cyclophilin inhibitor, and making most patients HCV-RNA negative by week 4 or earlier ?
- Can we improve SVR by decreasing insulin resistance and/or hepatic steatosis ?



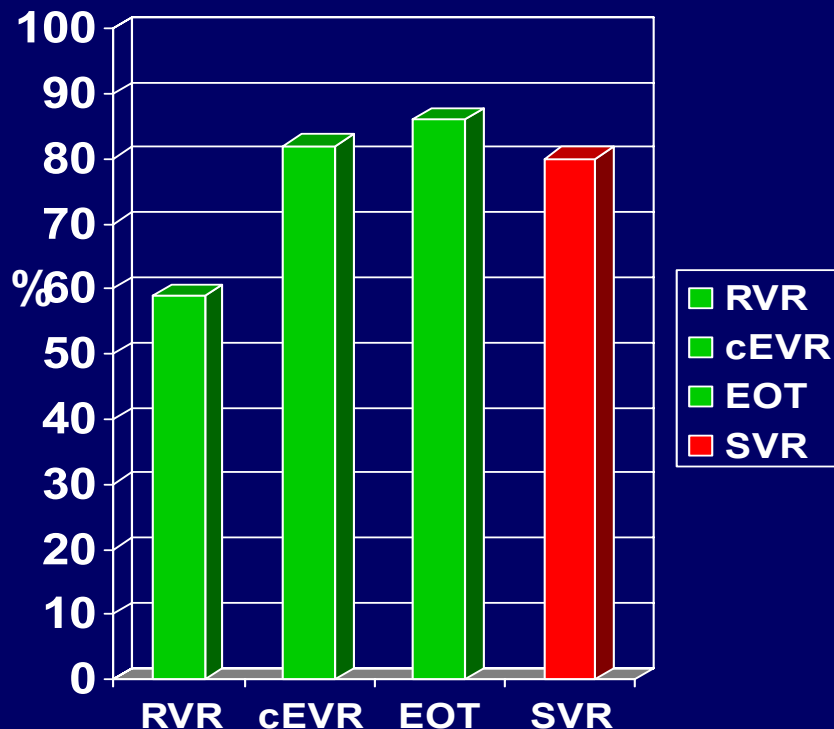
# Emerging Therapy in HCV

- NS5B RNA-dependent RNA-polymerase inhibitor:  
Non-nucleoside
  - BILB-1941
  - A-837093
  - GS-9190
- NS5B RNA-dependent RNA-polymerase inhibitor:  
Nucleoside analogue
  - R1626 (phase-2)
  - MK-608
  - R1656
  - R7128
- NS3/4 serine protease inhibitors
  - Telaprevir (phase-2)
  - Boceprevir (phase-2)
  - GS9132/ACH-806
  - ITMN-191
- NS5A inhibitors
  - A-831
  - A-689
- Cyclophilin inhibitors
  - DEBIO-25
  - NIM-811

## 4-week lead-in Nitazoxanide + (Peg-Ifn alfa-2a + Nitazoxanide) x 36 w in Chronic HCV (AASLD 2008, Abstr 1848)

- NTZ is a small molecule Thiazolide which inhibits HCV in Replicon system.
- NTZ enhances intracellular activity of IFN by inducing PKR and eIF2-alpha
- NTZ monotherapy for 24-weeks gives SVR of 17.4% in g-4 HCV.
- 12 w lead-in of NTZ + either (NTZ+Peg-Ifn+RBV) or (NTZ+Peg-Ifn) x 36 w were superior to 48 w Peg-Ifn+RBV in g-4 HCV (SVR = 79%, vs 61%, vs 50%)
- **STUDY:** open label, prospective.
- **Population:** 44 IFN-Naïve patients (Egypt)- (g-1 = 3, g-2 = 1, g-4 = 40 patients)
- **Intervention:** NTZ 500 mg BID with food x 4 weeks, followed by Peg-Ifn 180 mcg/week + NTZ 500 BID x 36 weeks
- **Monitoring:** monthly CBC, CMP & HCV-RNA (LLD 12 IU/mL)
- **Analysis:** SVR by ITT

## 4-week lead-in Nitazoxanide + (Peg-Ifn alfa-2a + Nitazoxanide) x 36 w in Genotype-4 HCV (Abstr 1848)

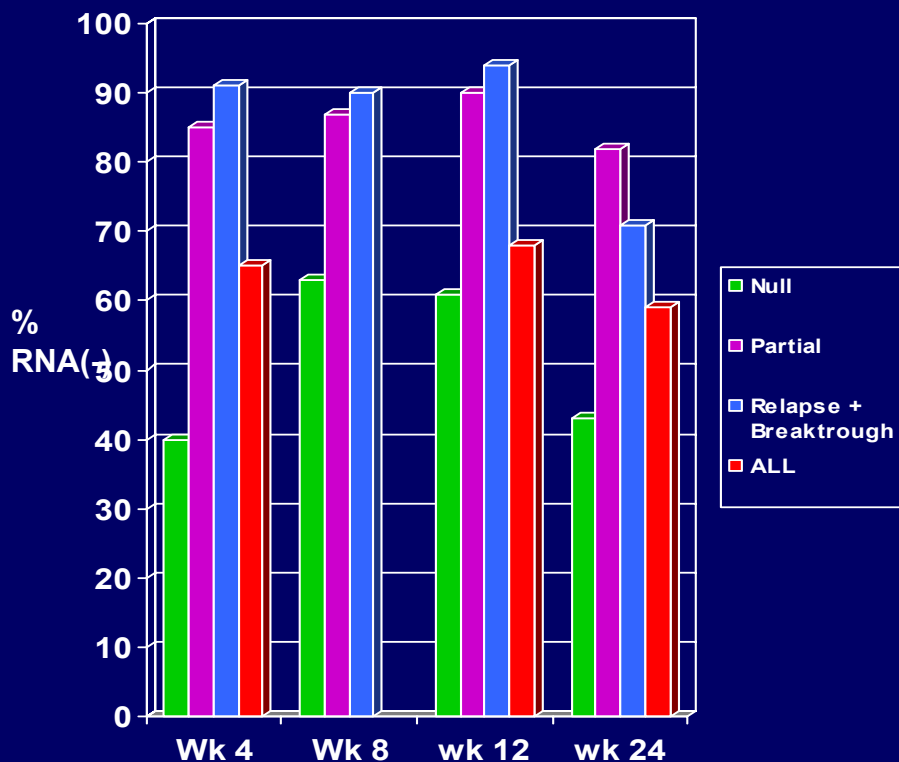


- **AE:** Those of Peg-Ifn. No ALT elevations, drug reductions nor discontinuations.
- Two of 3 patients with g-1 had RVR; all 3 had SVR.
- Patient with g-2 had cEVR & SVR.
- **CONCLUSIONS:**
  - 4-week lead-in NTZ followed by 36 wks of Peg-IFN, is adequate and very promising (80% SVR)
  - Studies are ongoing in naïve and relapsed patients, with NTZ + [Peg-Ifn & Peg-Ifn + RBV]

# Telaprevir (TVR) + Peg-Ifn/RBV in HCV G-1 Non-Responders & Relapsers: 24 week Interim Analysis (AASLD 2008, Abstr 1852)

- **Population:** Patients with g-1 HCV, who were "Peg-Ifn/RBV control" in previous Telaprevir studies, and have received at least 4 w of TVR + Peg-IFN + RBV therapy (104 of 107 pts)
- **Subgroups:**
  - Null-response (49),
  - Partial Response (33),
  - Breakthrough (1),
  - Relapse (24)
- **Trial:** Open Label Treatment
- **Analysis:** ITT
- **INTERVENTION:**
  - TVR 750 mg q 8h x 12wks together with:
  - (Peg-Ifn 180 mcg/w + RBV 1000-1200 mg/d) x 24 or 48 wks
- **STOP RULE:**
  - Wk4 = HCV-RNA > 100 IU/mL,
  - Wk 8 = > 25 IU/mL,
  - Anytime breakthrough = increase > 1 log, or titer > 100 after being (-)

# Telaprevir (TVR) + Peg-Ifn/RBV in HCV G-1 Non-Responders & Relapsers: 24 week Interim Analysis (Abstr 1852)

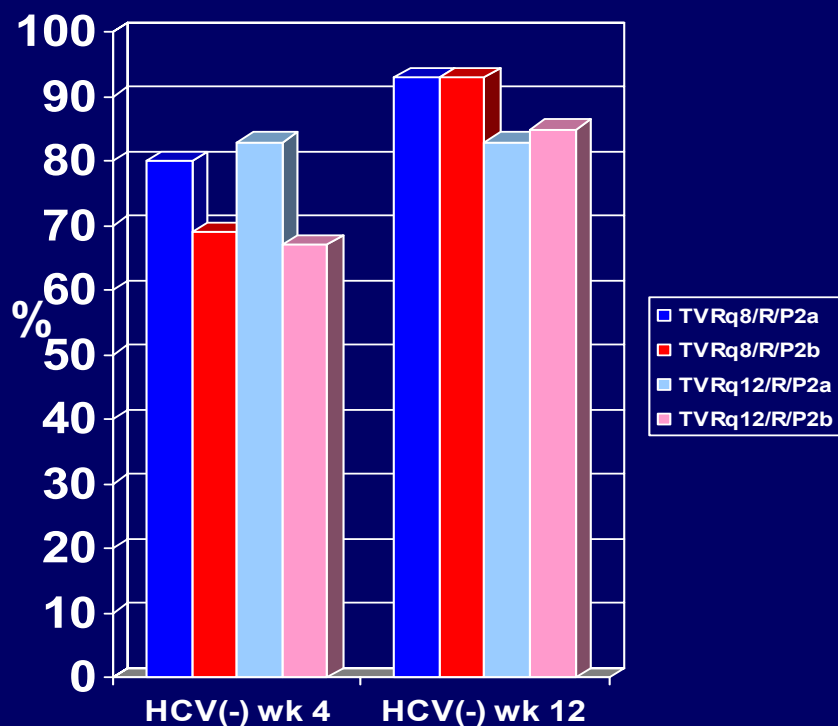


- **AEs:** Rash (4 d/c), Anemia, pleuritis, Itching, fatigue, depression
- **Breakthrough:**
  - Relapsed = 0/24,
  - Breakthrough = 1/1,
  - Partial = 2/33 (6%),
  - Null = 10/49 (20%)
- **CONCLUSION:** Results are promising during initial 24 weeks of therapy of Non-responders and Relapsers.

# Telaprevir (TVR) q 8 or q 12, with Peg-Ifn Alfa 2a or 2b plus RBV, in Naïve G-1 HCV: 12 wk Interim Results (AASLD 2008, Abstr 1854)

- **Study:** Open label, multicenter, randomized, Phase 2
- **Patients:** 161 adult, treatment naïve, genotype-1, non-cirrhotic.
- **Intervention:**
  - TVR 750 mg (q 12, or q 8 h) x 12 wks +
  - RBV 1-1.2 g +
  - (Peg-Ifn a2a, or Peg-Ifn a2b)
- **Treatment duration:**
  - 24 wks if HCV-RNA (-) from wk 4 to 20;
  - 48 weeks all others
- **Analysis:** ITT
- **Demographics:**
  - 50% male,
  - mean age 44.3,
  - 91% caucasian,
  - median BMI 24 (18-46),
  - HCV-RNA 6.41 log
- **AEs:**
  - itching 56%,      nausea 56%,
  - flu-like 51%,      anemia 49%,
  - headache 41%,      rash 41%,
  - anorexia 39%,      fatigue 39%,
  - asthenia 36%,      diarrhea 33%
  - vomiting 31%,      fever 28%.

# Telaprevir q 8 or q 12, with Peg-Ifn Alfa 2a or 2b plus RBV, in Naïve G-1 HCV: 12 wk Interim Results (Abstr 1854)



## • CONCLUSION:

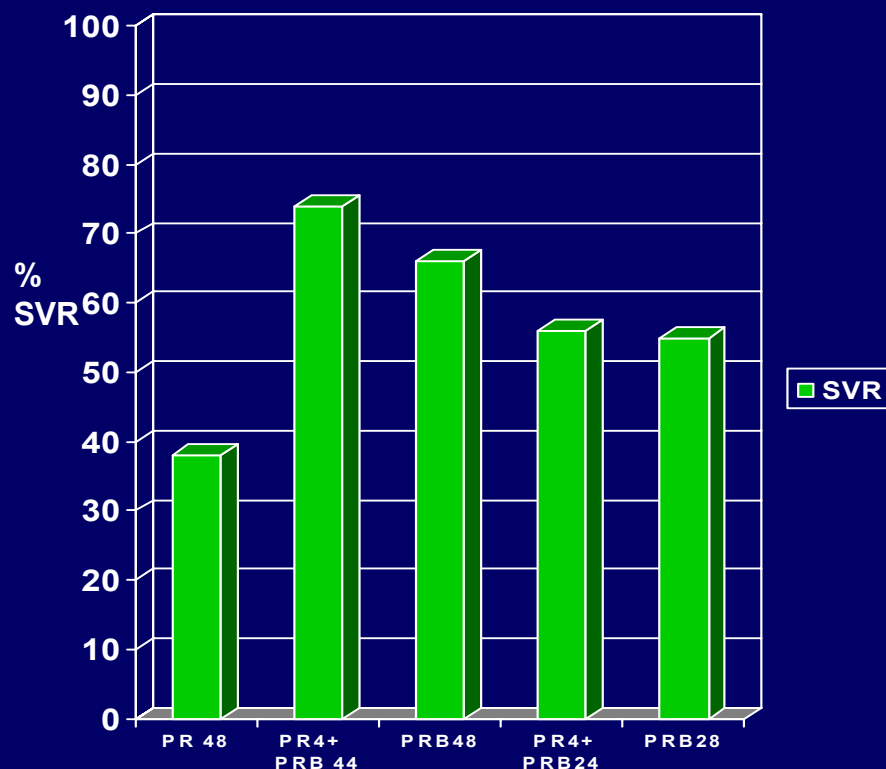
- All 4 regimens were similar in efficacy.
- High proportion achieved HCV(-) at weeks 4 & 12.
- Viral breakthrough was low (5.6%)
- Further studies with TVR q 12 are warranted.
- Results from the first 12 weeks of therapy of Naïve patients are promising.

# Boceprevir + Peg-IFNa2b/RBV in Treatment Naïve g-1 chronic HCV (AASLD 2008, Abstr LB16)

- Boc is an oral HCV-NS3 protease inhibitor.
- Phase 2 study of Boc (with or without Peg/RBV lead in) + Peg/RBV for 24 vs 48 weeks, in naïve g-1 HCV.
- **Population:**
  - 595 patients,
  - 77% US,
  - 16% black,
  - 7% cirrhotic,
  - 89% > 600,000 IU/mL
- **Doses:**
  - Boc 800 mg p.o. TID
  - Peg-IFNa2b 1.5 mcg/kg/week
  - RBV 13.3 mg/kg (800-1400 mg/d)
- **Treatment arms:**
  - Peg/RBV x 4 weeks + Peg/RBV/Boc x 24 weeks (103)
  - Peg/RBV x 4 weeks + Peg/RBV/Boc x 44 weeks (103)
  - Peg/RBV/Boc x 28 weeks (107)
  - Peg/RBV/Boc x 48 weeks (103)
  - Peg/RBV x 48 weeks (104)
- **Outcomes:**
  - HCV-RNA (-) (LLD = 15 IU/mL)
  - SVR



# Boceprevir + Peg-IFNa2b/RBV in Treatment Naïve g-1 chronic HCV (Abstr LB16)



- **Resistance:** Lower viral breakthrough with P/R lead in (11 & 7% vs 4 & 5%).
- **AEs:** higher anemia, neutropenia, dysgeusia, myalgia & pruritus.
- **CONCLUSION:**
- **Boc was safe up to 48 weeks.**
- **Lead-in with Peg/RBV x 4 weeks decreases viral breakthrough.**
- **Boc x 28 w improves SVR, and Boc x 48 weeks doubles SVR over Peg/RBV x 48 w.**

# Conclusions

- Hepatitis C is a common disorder with serious and costly effects to the individual and society.
- A directed history can identify patients at risk.
- Identification of infected patients, followed by appropriate staging, counseling and treatment, can decrease liver damage to the individual and cost to society.

**Questions ?**

**Annual Liver Symposium**  
**Saturday 12/7/07 – 8am**



8:00-8:10 **Welcome** Craig McClain, M.D.

8:10-8:45 **Hepatitis C Update**

Guy Neff, M.D.

8:45-9:20 **NASH/ASH** Matthew Cave, M.D., Craig McClain, M.D.

9:20-9:55 **HCC**

Joseph Buell, M.D., F.A.C.S., Ashutosh Barve, M.D., Ph.D.

9:55-10:10 **BREAK**

10:10-10:35 **Skin and Eye Problems in Liver Disease**

Ann Neff, M.D.

10:35-11:10 **Hepatitis B and Other Liver Disease**

Luis Marsano, M.D.

# Chronic HCV

- Most are asymptomatic; 6% symptomatic before diagnosis.
- **Symptoms:** fatigue, RUQ discomfort, anorexia, nausea, itching, arthralgia, myalgia.
- **Extrahepatic:** mixed cryoglobulinemia, purpura, mononeuritis multiplex, PCT, membrano-proliferative glomerulonephritis, xerostomy, low-grade B-cell lymphoma, corneal ulcers and idiopathic pulmonary fibrosis, lichen planus.

# Prevalence of HCV

• GROUP	%
---------	---

- |                     |    |
|---------------------|----|
| • Hemophilia <'87   | 82 |
| • IVDA              | 80 |
| • Hemodialysis      | 10 |
| • Transfusion < '92 | 7  |
| • Person w STD      | 6  |

• GROUP	%
---------	---

- |                           |     |
|---------------------------|-----|
| • Infant of RNA(+) mother | 5   |
| • Homosexual men          | 4   |
| • Monogamous partner      | 2   |
| • General population      | 1.8 |
| • Volunteer blood donor   | .16 |

# Prevalence of HCV Infection: US

- 3.9 million antibody positive (1.8% of US population)<sup>1</sup>
  - CDC estimates may be as high as 7 million carriers<sup>1</sup>
- 2.7 million are chronically infected with HCV<sup>2</sup>
- Highest prevalence in 30- to 54-year-olds<sup>3</sup>

<sup>1</sup>CDC. *MMWR*. 1998;47(RR-19):1-39.

<sup>2</sup>CDC. Hepatitis C Fact Sheet. Available at: [www.cdc.gov](http://www.cdc.gov). Accessed March 29, 2005.

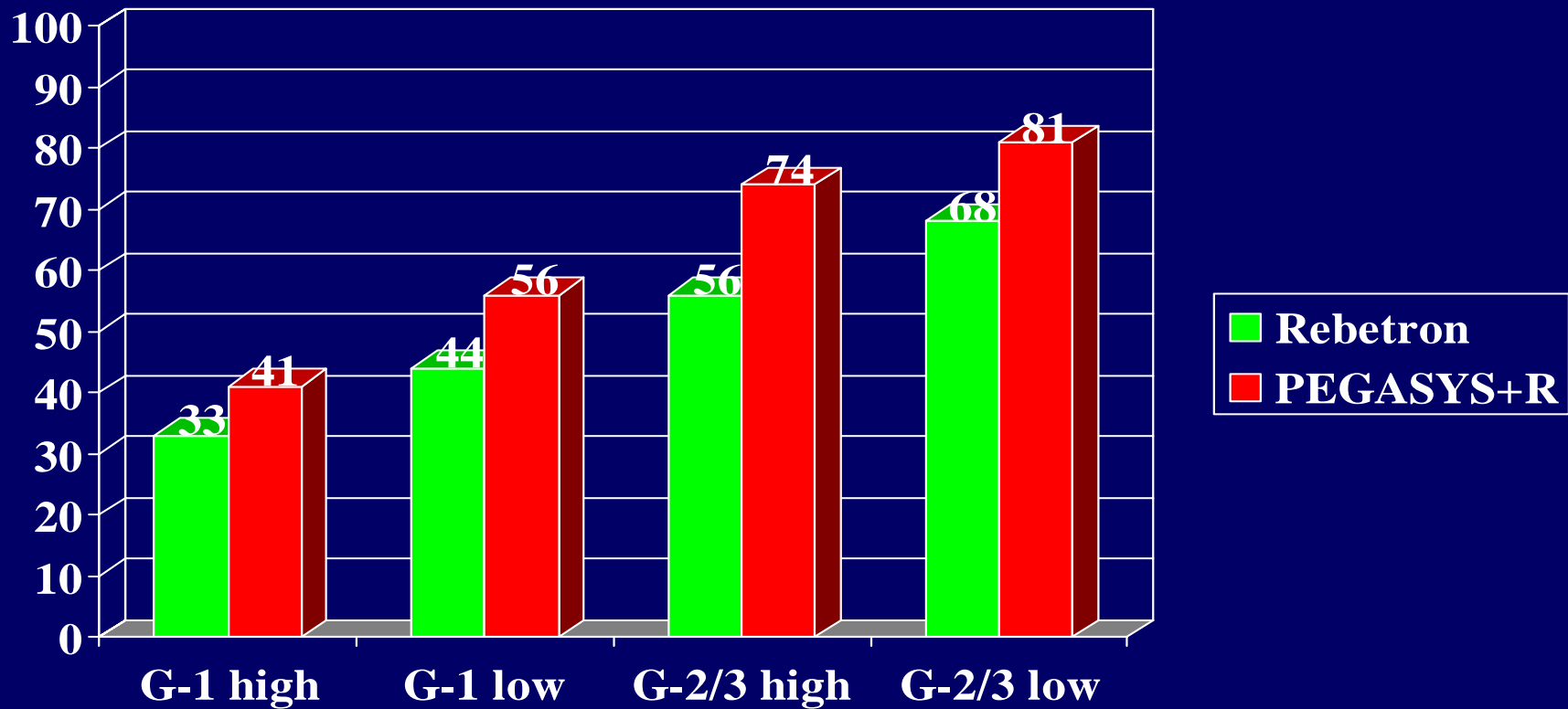
<sup>3</sup>Armstrong et al. AASLD; Oct 29-Nov 2, 2004; Boston, MA. Abstract 31.

# Prediction of SVR (Naïve) PEG-Interferons + Ribavirin

HCV-RNA Status @ 12 wk	<i>% Non- Responders</i>	<i>% SVR</i>
HCV-RNA (-)	10	90
HCV-RNA (+) & drop > 2 log	74	26
HCV-RNA (+) & drop < 2 log	98.4	1.6



# PEGASYS + Ribavirin 1-1200 x 48 weeks Genotype & Viral Load on *SVR*



# Considerations for Initiating Copegus Therapy Related to Teratogenicity

- **Copegus** therapy should not be started unless a report of a negative pregnancy test has been obtained immediately prior to initiation of therapy
- Women of childbearing potential and men must use two forms of effective contraception during treatment and during the 6 months after treatment has concluded
- Routine monthly pregnancy tests must be performed during this time
- If pregnancy should occur during treatment or during 6 months post-therapy the patient must be advised of the significant teratogenic risk of Copegus therapy to the fetus
- Healthcare providers and patients are strongly encouraged to immediately report any pregnancy in a patient or partner of a patient during treatment or during 6 months after treatment cessation to the **Ribavirin Pregnancy Registry** at (800) 593-2214

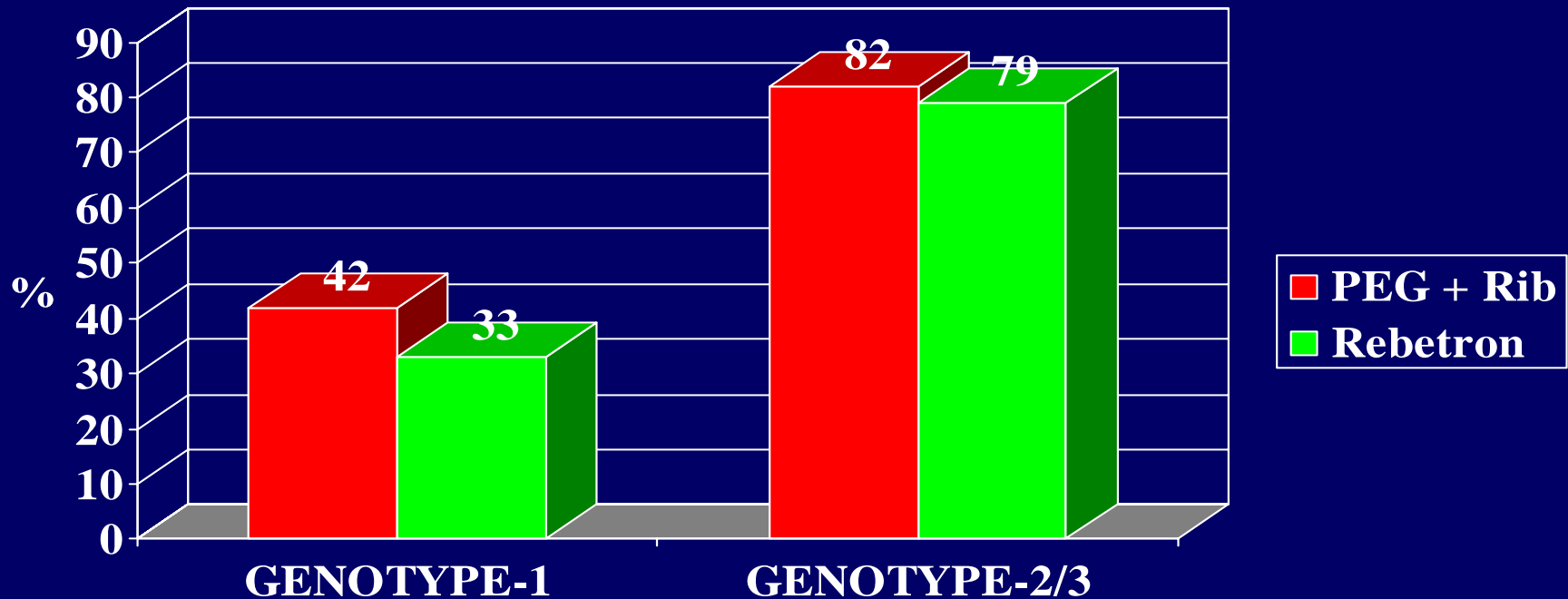
COPEGUS® (Ribavirin, USP) [package insert]. Nutley, NJ: Hoffmann-La Roche Inc.

PEGASYS® (Peginterferon alfa-2a) [package insert]. Nutley, NJ: Hoffmann-La Roche Inc.

# PEG-INTRON + Ribavirin 800

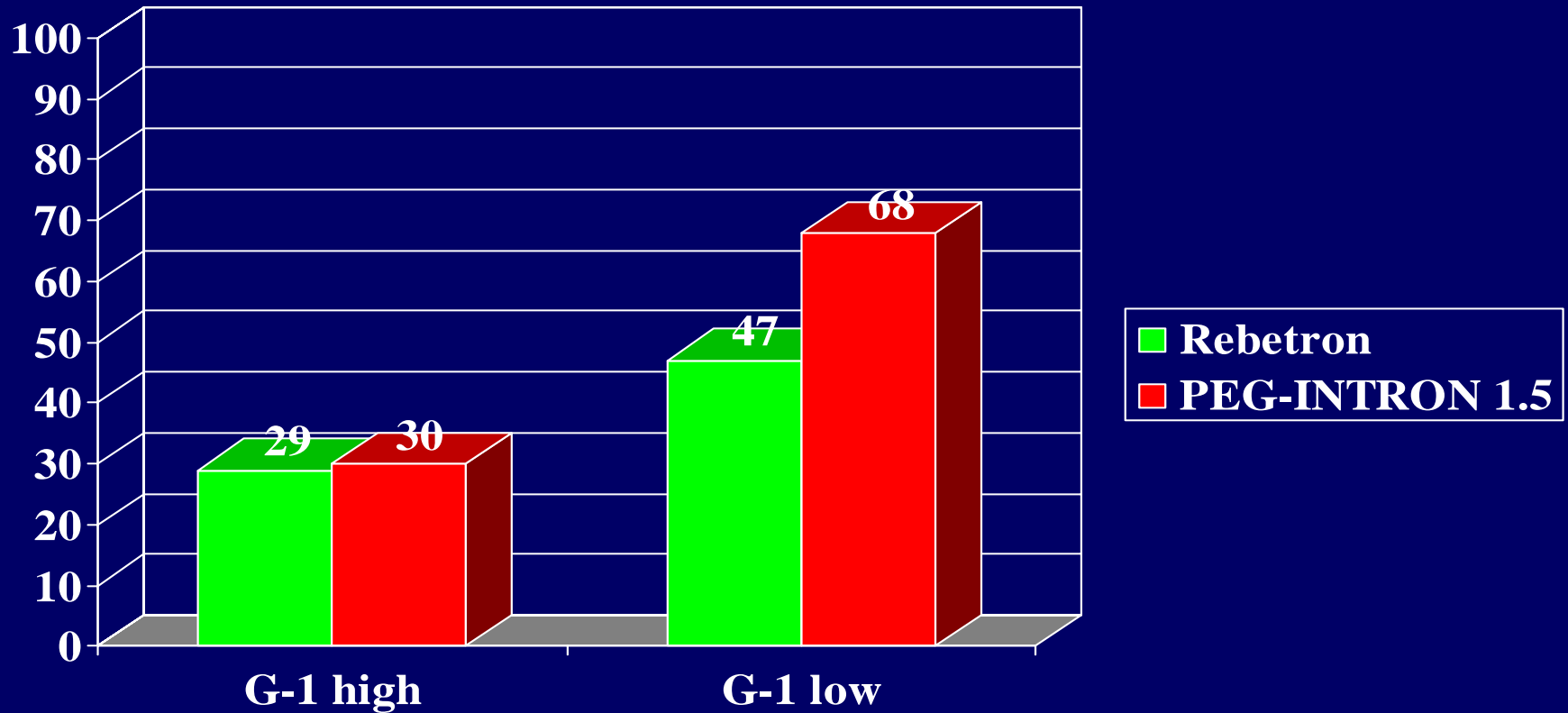
## SVR Genotype-1 vs G-2/3 *Naive*

**Sustained Viral Response (%)**

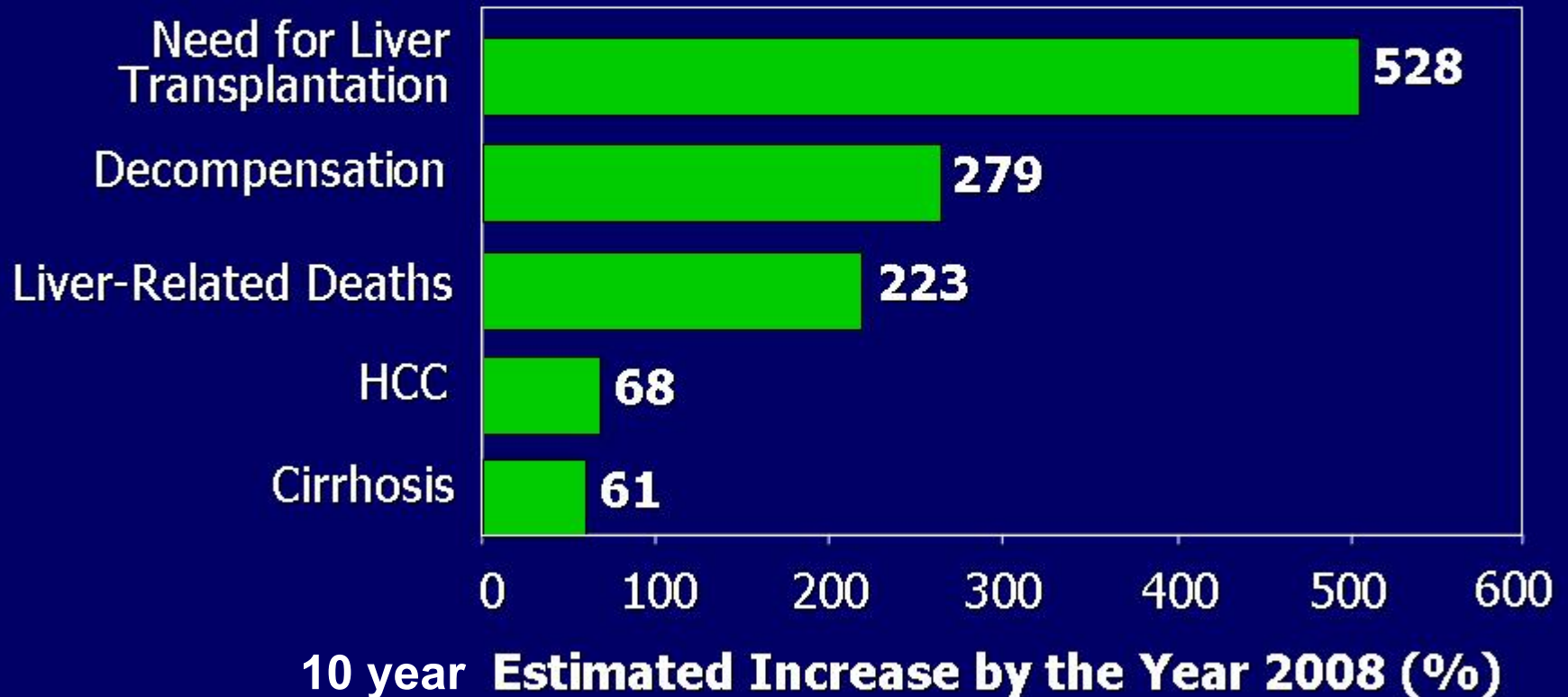


# PEG-INTRON + Ribavirin 800

## Effect of Viral load in Genotype-1



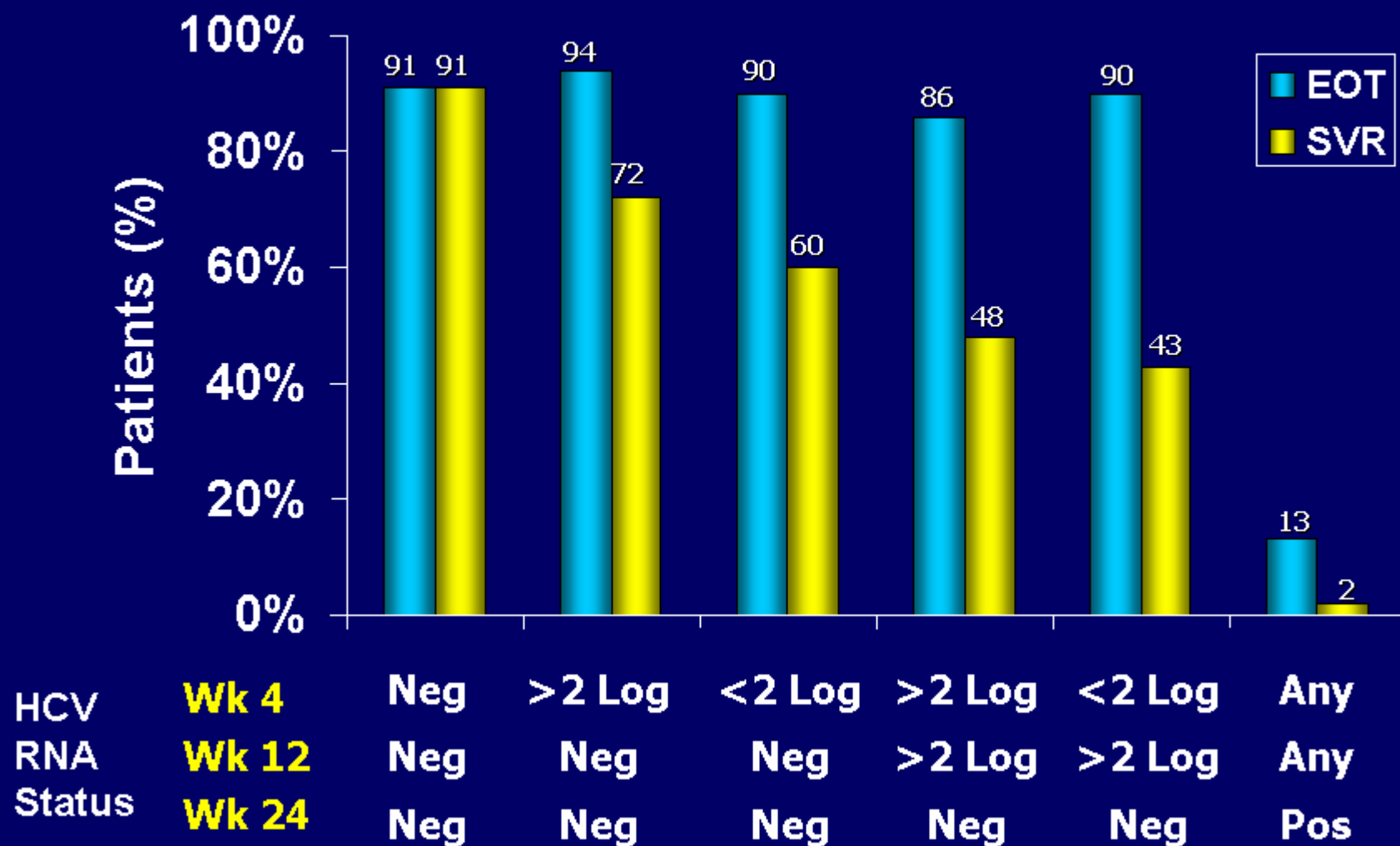
# Future Disease Burden Related to HCV: 2008



HCC = hepatocellular carcinoma.

Davis et al. *Hepatology*. 1998;28(4 pt 2):390A.

# Predicting SVR in Patients Treated with Pegasys and Copegus



# **Vertical Transmission of HCV Cesarean Section vs Vaginal Delivery**

- The “Cochrane Pregnancy and Childbirth Group’s Trial Register”, and the “Cochrane Central Register of Controlled Trials” were analyzed until April 2006.
- No randomized controlled trials were found (Cochrane Database Syst Rev 2006; Oct 18).
- Systematic review of observational studies (subject to biases) or RCT’s are needed.

# Ribavirin and Teratogenicity

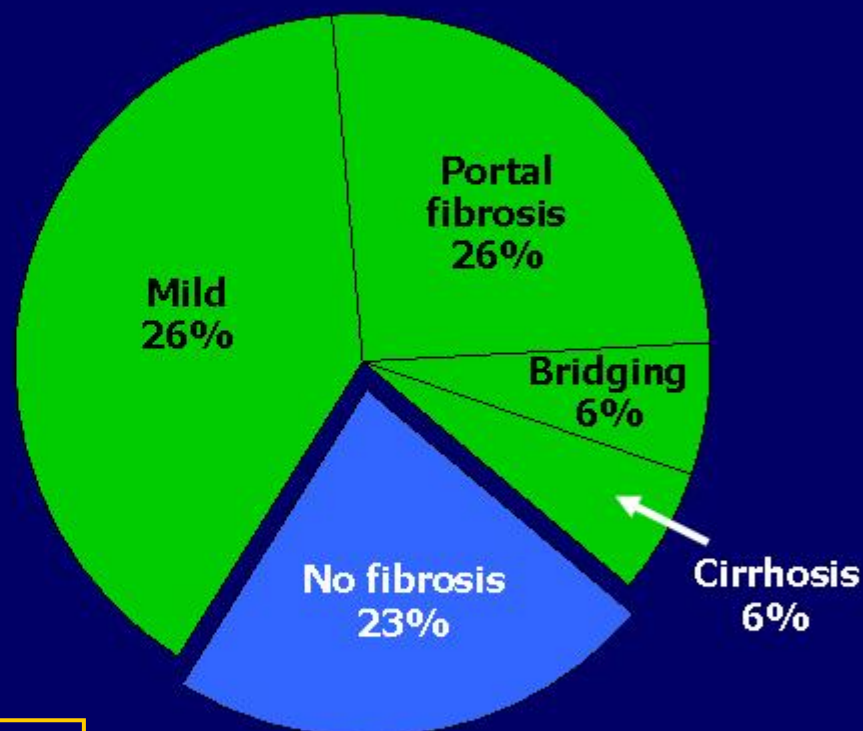
- Patients should be informed that Ribavirin is teratogenic.
- Ribavirin should not be started unless a pre-treatment pregnancy test has been negative.
- Women of childbearing potential and all males should use 2 methods of contraception during treatment and for 6 months after therapy.
- If pregnancy occurs, they should be advised of the significant teratogenic risk to the fetus.
- Physicians are strongly encouraged to report any pregnancy in a patient or partner, during treatment or 6 months after treatment to: **Ribavirin Pregnancy Registry @ 1-800-593-2214**



# HCV Disease Progression in Patients With Normal ALT

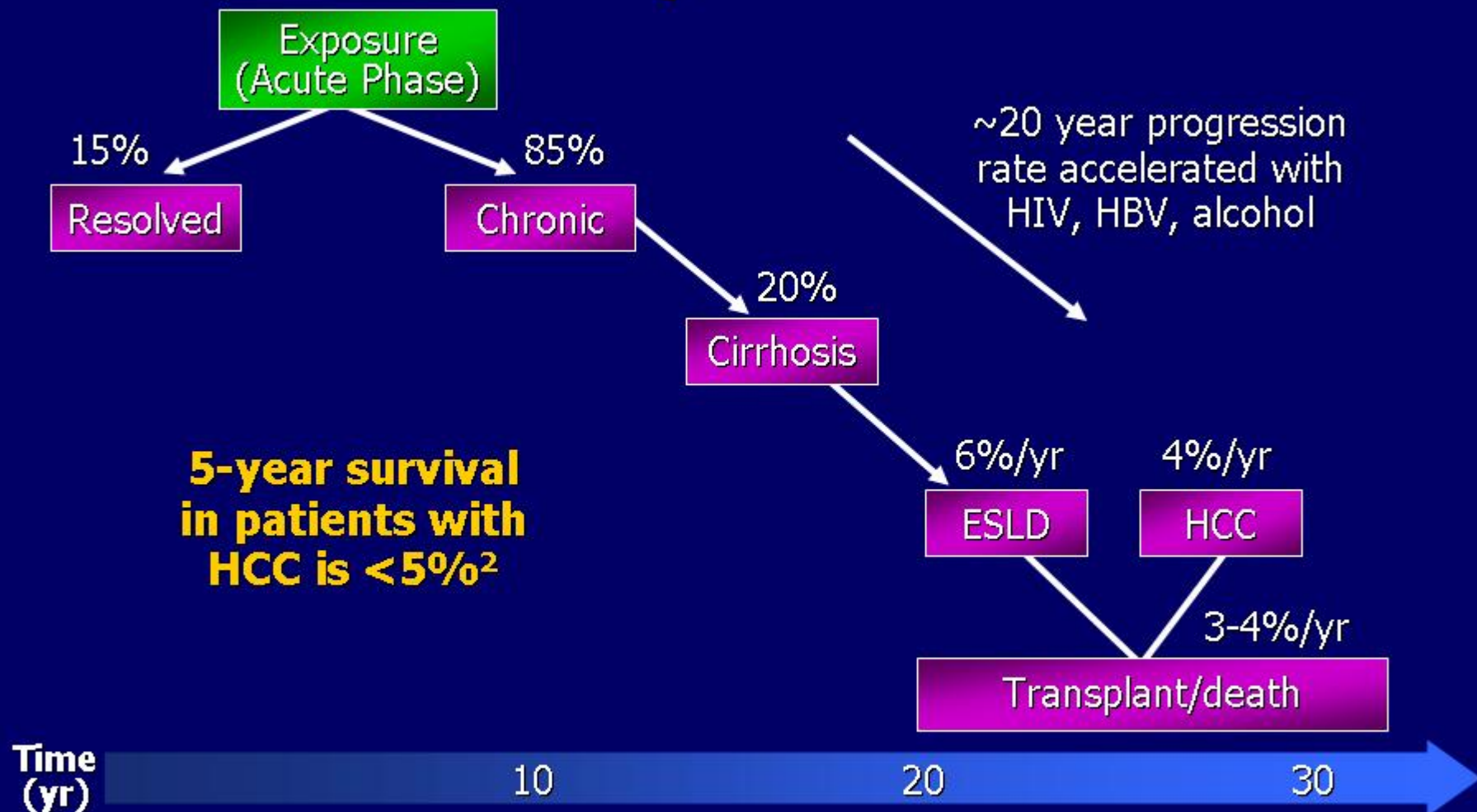
Despite 'persistently normal' ALT levels, >75% have some degree of liver damage on biopsy, with 32% having portal and bridging fibrosis

**38% qualify for therapy (METAVIR  $\geq 2$ )**



Normal ALT

# Natural History of HCV Infection



HCC = hepatocellular carcinoma

ESLD = end-stage liver disease

Di Bisceglie et al. *Hepatology*. 2000;31(4):1014-1018.

# Treatment of Acute HCV @ 8,12, & 20 wks, Peg-IFN alpha-2a vs (IFN + RBV) x 12 wks

Kamal et al Abst # 37 AASLD, 2004

- 68 pts with Acute hepatitis C;  
7 had spontaneous clearance.
- Treatment started at:
  - A) Week 8 (21),
  - B) Week 12 (20),
  - C) Week 20 (20)
- IFN+RBV vs Peg-IFN alpha 2a x 12 wks; if  
HCV-RNA (+) at wk 12, treated 12 more wks.

# Treatment of Acute HCV @ 8,12, & 20 wks, Peg-IFN alpha 2a vs IFN+RBV x 12 wks

Kamal et al Abst # 37 AASLD, 2004

- Starting therapy at week 12 gave best results.
- Peg-IFN alpha 2a 180 mcg/week monotherapy x 12 weeks, was superior to IFN+RBV treatment x 12 weeks, in all groups.



# Hepatitis C Update

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University of Louisville &

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# Barriers to Screening



## **2 Out of 3 Patients With HCV Are Undiagnosed Because of Screening Barriers<sup>1</sup>**

- General population not aware of risk factors<sup>2</sup>
- Routine HCV risk factor assessment not current primary care physician (PCP) practice<sup>2</sup>
- Patient concerned about admitting risk factors<sup>4</sup>
  - No risk factor identified in 69% of cases
- Persons infected with HCV are often asymptomatic<sup>3</sup>
- Elevated ALT is current marker for ordering liver panel<sup>4</sup>

<sup>1</sup>ALF. Hepatitis C Factsheet. Available at: [www.liverfoundation.org](http://www.liverfoundation.org). Accessed March 14, 2005.

<sup>2</sup>Shehab et al. *J Viral Hepat.* 2001;8(5):377-383.

<sup>3</sup>CDC. *MMWR*. 1998;47(RR-19):1-39.

<sup>4</sup>Rawls et al. *J Clin Gastroenterol.* 2005;39(2):144-151.

**Should we test for Hepatitis C  
only if ALT is elevated ?**



# Correlation of ALT and Detection of HCV

- Elevated ALT levels lead to workup and diagnosis of hepatitis C
- Many hepatitis C positive patients have persistently normal ALT levels<sup>1</sup>
  - Caution should be used with over-reliance on abnormal ALT as the screening trigger
  - ALT often fluctuates
- Up to 46% of patients with CHC have ALT levels within the currently defined 'normal' range<sup>2</sup>

<sup>1</sup>NIH. *NIH Consensus State Sci Statements*. 2002;19(3):1-46.

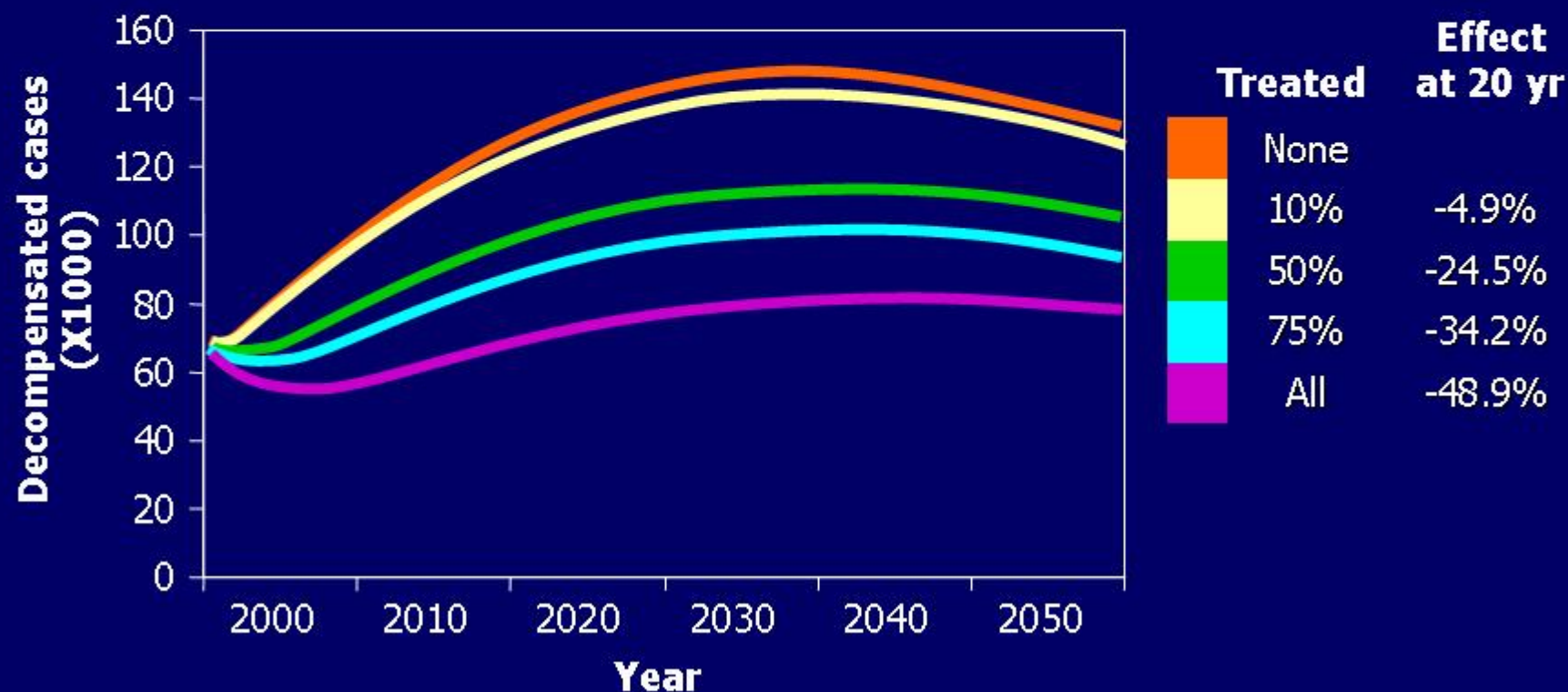
<sup>2</sup>Alberti et al. *Ann Intern Med*. 2002. 2002;19(3):1-46.

## **Summary: Barriers to Screening**

- Lack of disease awareness in general US population
- Routine risk-factor screening not common practice for primary care physician
- Persons with HCV are often asymptomatic
- A biochemical marker, such as ALT, should not be the only indicator for further evaluation and/or treatment of HCV

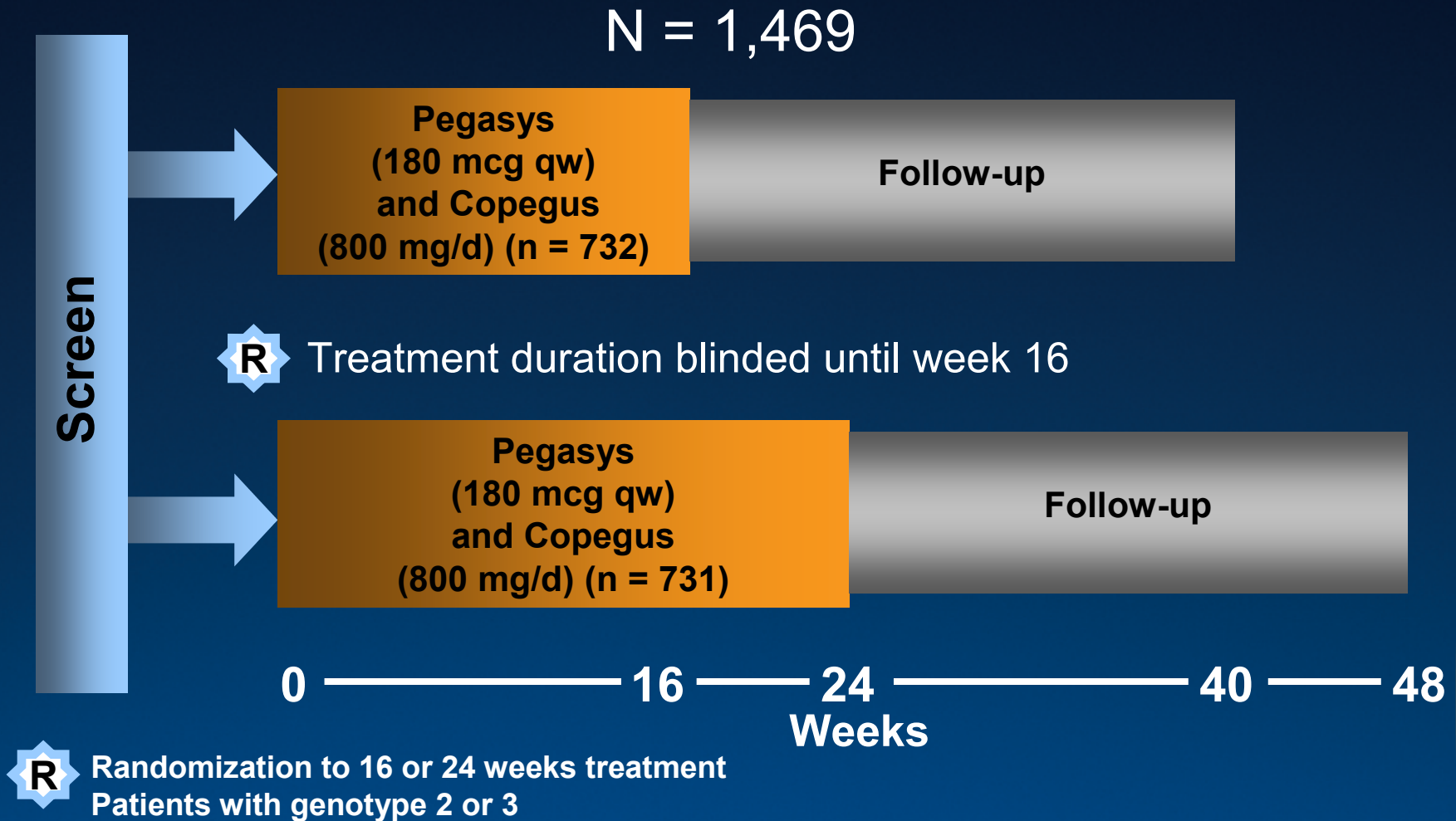
# Projecting Future Complications of CHC in the US

**Identification and treatment of patients with CHC reduces the number of cases of decompensated cirrhosis**

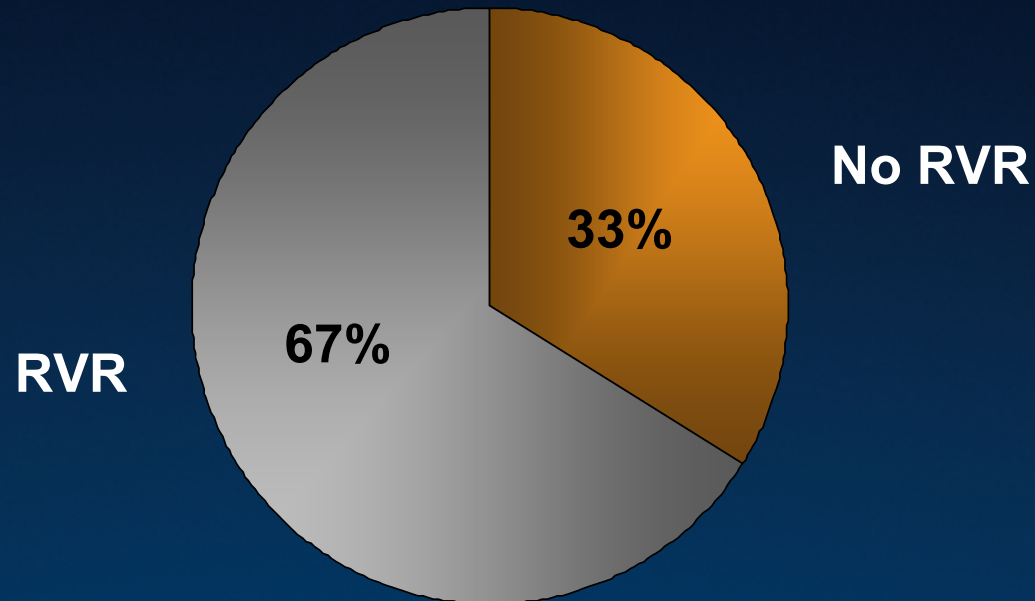




# ACCELERATE Trial: *Study Design*

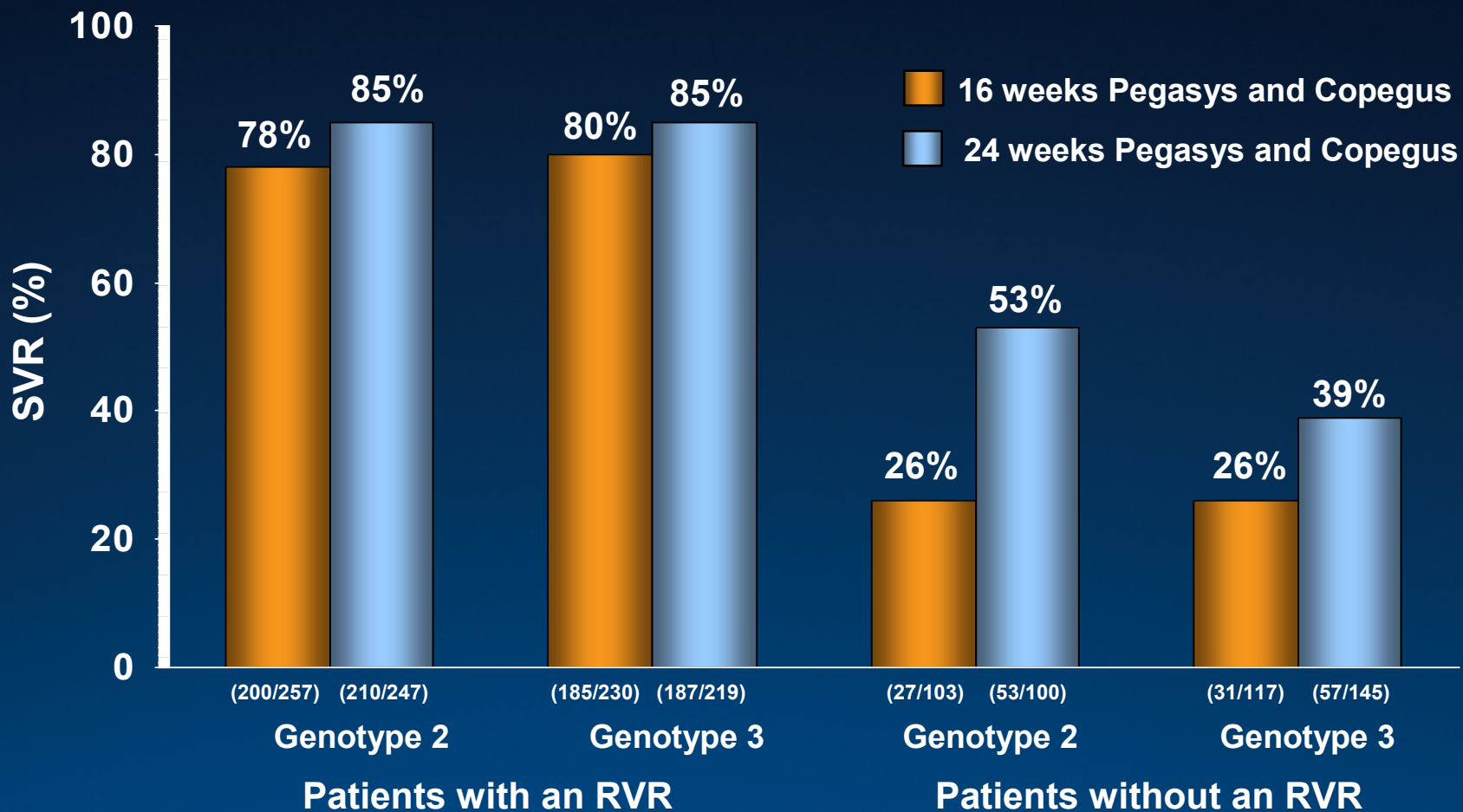


# ACCELERATE Trial: *Proportion of G2/3 Patients Who Achieved an RVR*



- A total of 1,469 patients were included in ACCELERATE, with 1,455 patients having HCV RNA measurements at week 4 in the standard population analysis
- Among these 1,455 patients, 955 (67%) achieved an RVR

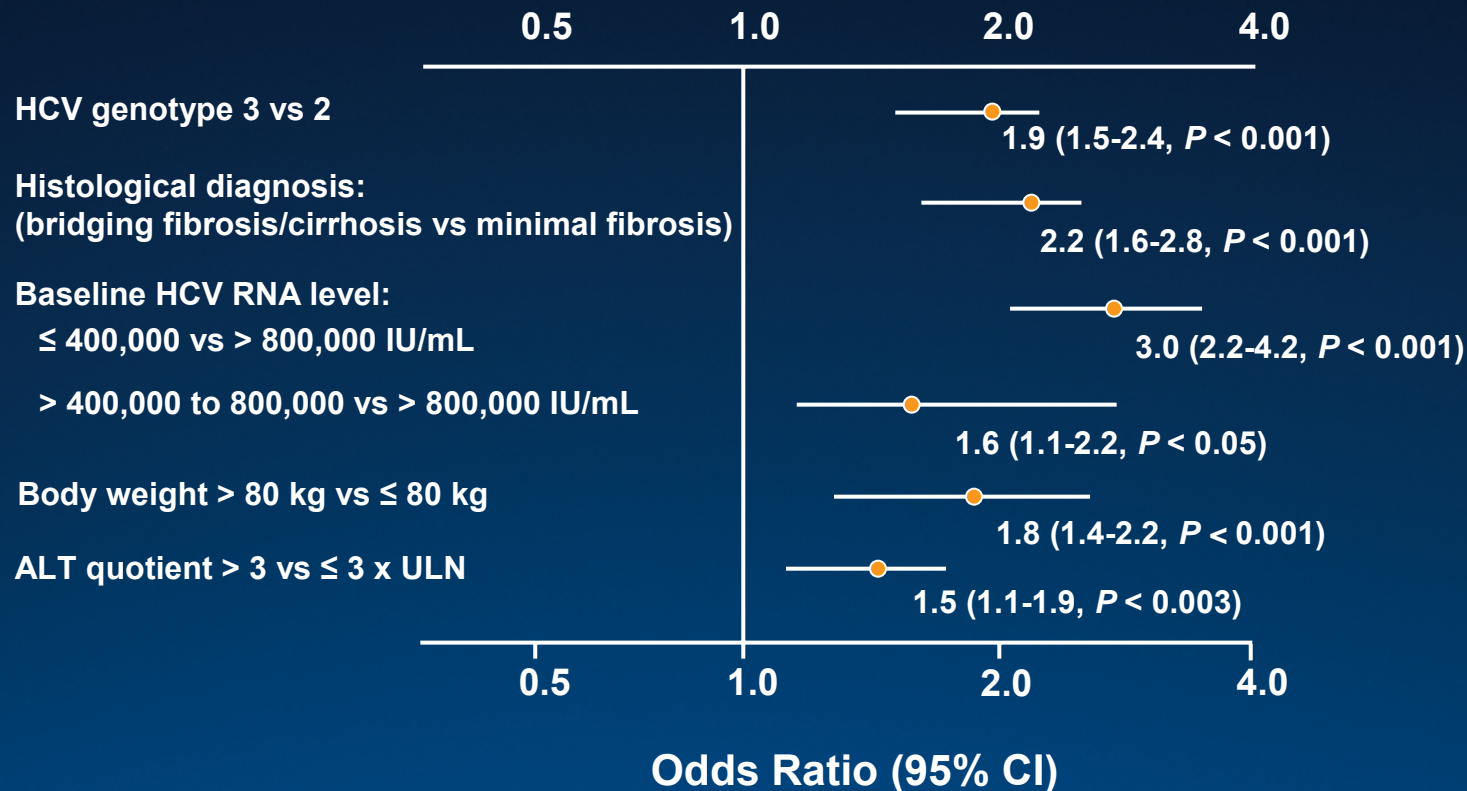
# ACCELERATE Trial: *Virologic Response by RVR and Genotype*



Standard population

# ACCELERATE Trial: *Predictive Factors of SVR*

## Multiple Logistic Regression





# New Definitions of Early Virologic Response to Antiviral Therapy for Hepatitis C<sup>1-2</sup>

<b>EVR</b> Early Virologic Response	HCV RNA negative or $> 2 \log_{10}$ drop at week 12
– <b>Complete EVR (cEVR)</b>	No RVR but HCV RNA negative ( $< 50$ IU/mL) at week 12
– <b>Partial EVR (pEVR)</b> <ul style="list-style-type: none"><li>• <b>Slow responder</b></li><li>• <b>Partial responder</b></li></ul>	No RVR and detectable but $\geq 2 \log_{10}$ drop in HCV RNA at week 12  $\geq 2 \log_{10}$ drop in HCV RNA at week 12 and HCV RNA negative at week 24  $\geq 2 \log_{10}$ drop in HCV RNA at week 12 but HCV RNA positive at week 24

1. Marcellin P, et al. Presented at AASLD 2007. Oct. 2-6, 2007; Boston, MA. Poster #1308.

2. Sánchez-Tapias JM, et al. Presented at EASL 2007. April 11-15, 2007; Barcelona, Spain. Poster #641.

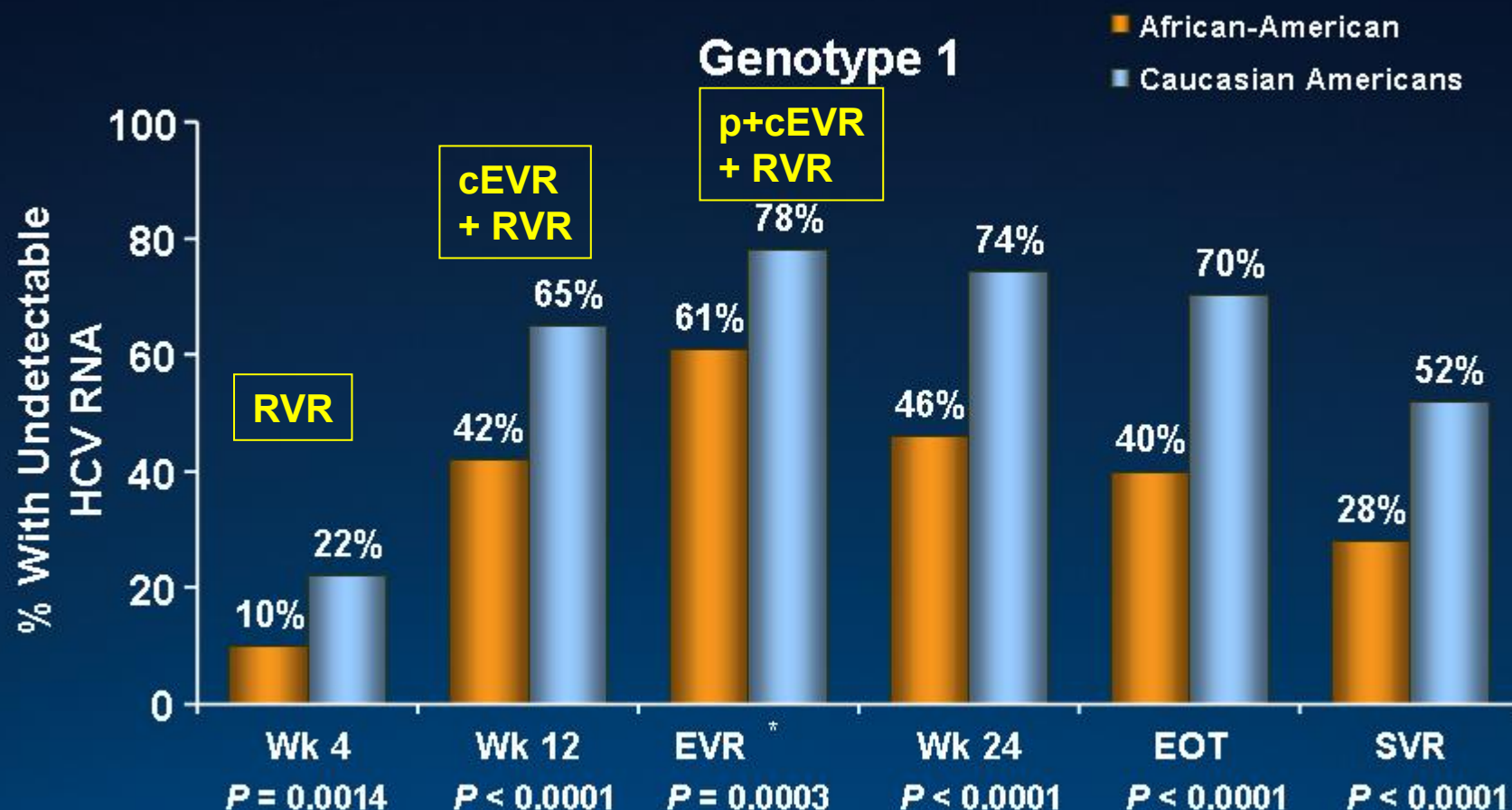


# Definitions of Virologic Response to Antiviral Therapy for Hepatitis C<sup>1-4</sup>

Response	Definition
<b>RVR</b> Rapid Virologic Response	HCV RNA negative at 4 weeks as defined by HCV RNA < 50 IU/mL
<b>EVR</b> Early Virologic Response	HCV RNA negative or > 2 log <sub>10</sub> drop at week 12
<b>Relapse</b>	HCV RNA negative at end of treatment but HCV RNA positive after treatment cessation
<b>SVR</b> Sustained Virologic Response	HCV RNA negative 24 weeks after end of treatment

1. Ferenci P, et al. Presented at EASL 2006. April 26-30, 2006; Vienna, Austria. Abstract #8.
2. Paulon E, et al. *Eur J Gastroenterol Hepatol*. 2006;18(4):321-325.
3. Pawlotsky JM. *Hepatology*. 2002;36(suppl 1):S65-S73.
4. Adapted from <http://www.hepatitis.va.gov/vahep?page=prtop04-wp-03>. Accessed January 4, 2008.

# Virahep-C Trial: Virologic Response



\*Negative or  $\geq 2 \log_{10}$  drop at Week 12

# LATINO Study: Results in Genotype 1 Patients

