

WHAT DO ALL THESE HAVE IN COMMON WITH HUMANS?





HEPATITIS B

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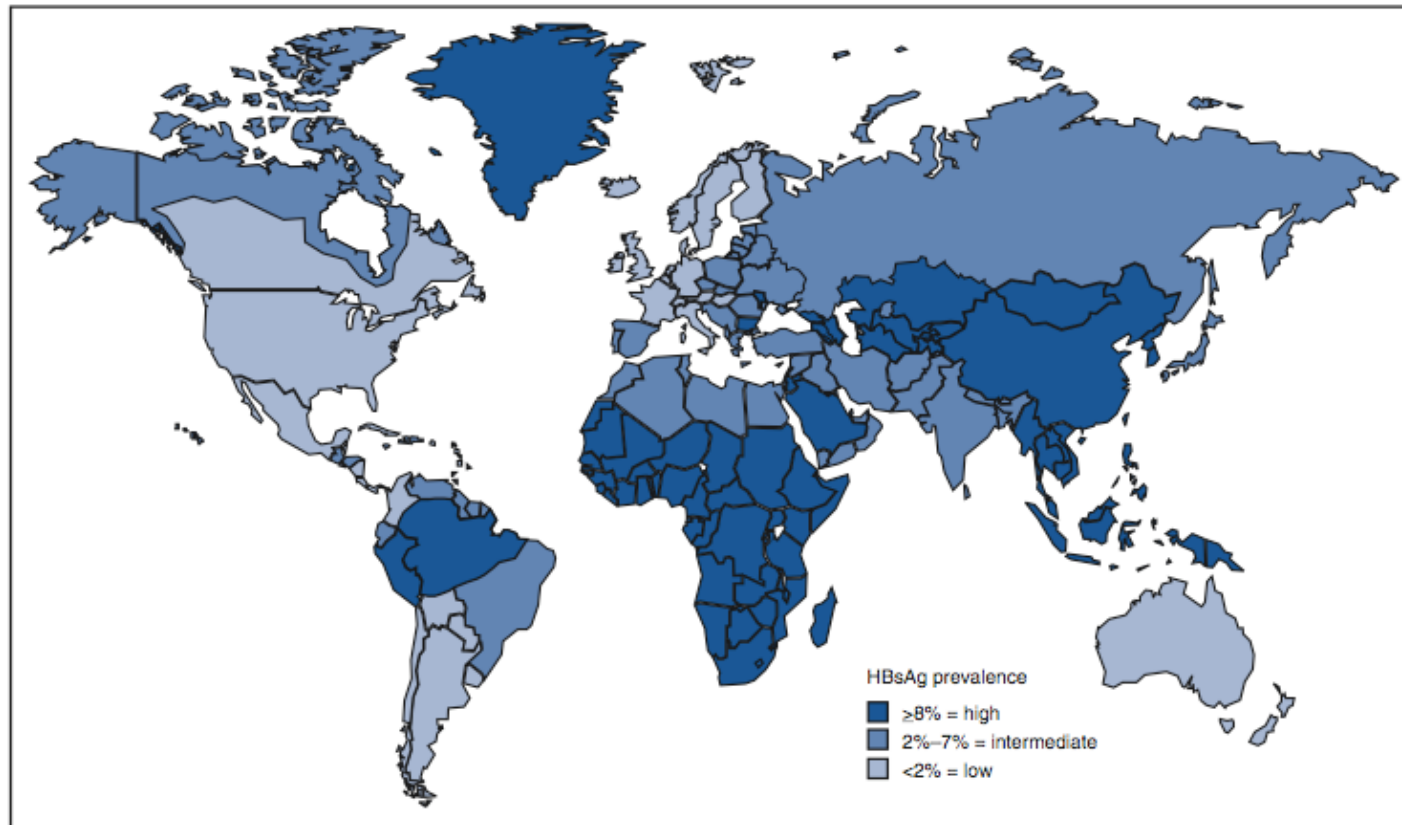
OVERVIEW

- Understanding the Markers
- Natural History
- Pregnancy
- Vaccination
- Treatment
- Extrahepatic Manifestations
- Reactivation



GLOBAL DISEASE

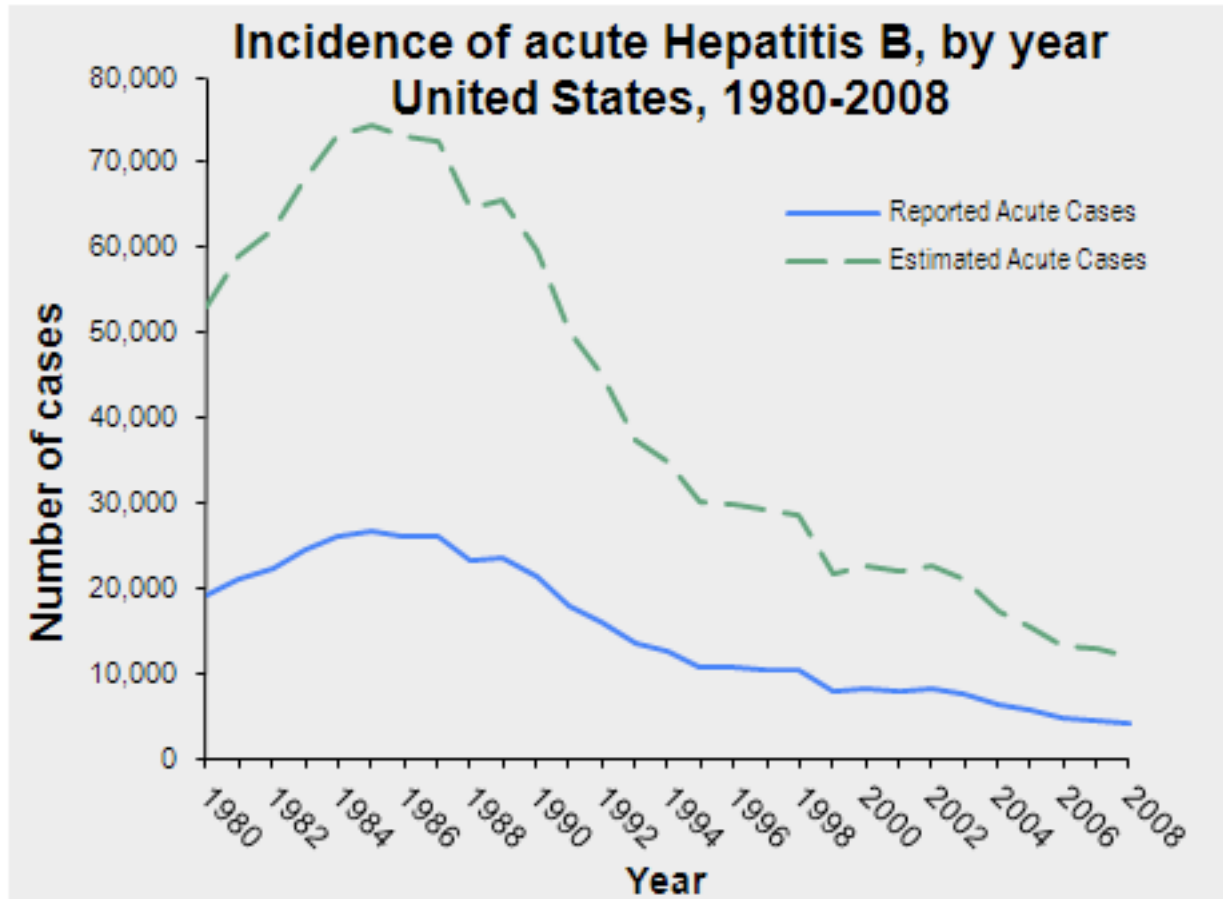
FIGURE 3. Geographic distribution of chronic hepatitis B virus (HBV) infection — worldwide, 2006*



* For multiple countries, estimates of prevalence of hepatitis B surface antigen (HBsAg), a marker of chronic HBV infection, are based on limited data and might not reflect current prevalence in countries that have implemented childhood hepatitis B vaccination. In addition, HBsAg prevalence might vary within countries by subpopulation and locality.

Source: CDC. Travelers' health; yellow book. Atlanta, GA: US Department of Health and Human Services, CDC; 2008. Available at <http://wwwn.cdc.gov/travel/yellowbookch4-HepB.aspx>.

INCIDENCE OF ACUTE HBV



CDC

*Acute, Chronic, and Perinatal HBV are all reportable diseases.

HBV IN KY – INCIDENCE PER 100,000

State/Area	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008
Alabama	1.8	1.9	1.7	2	1.6	2	2.3	2.1	1.8	2	2.1	2.8	2.3
Alaska	2.6	2.5	2.1	2.9	2.1	1.6	1.9	1.2	1.7	1.2	1.2	1.3	1.5
Arizona	5.3	4.4	4	2.9	4.2	3.1	4.6	5.1	5	6.3	†	1.3	1.2
Arkansas	3.7	4.2	4.5	3.8	4.1	4	4.4	3.3	4.3	2.6	3.1	2.5	2.3
California	5.4	5.1	4.4	3.7	3.2	2.5	1.8	1.9	1.4	1.1	1.2	1.1	0.8
Colorado	3.5	3.8	2.6	2.4	2.5	2.3	1.8	1.8	1.2	1.3	0.7	0.7	0.7
Connecticut	2.5	1.7	1.2	1.2	1.4	1.4	2	2.8	3.1	1.4	1.4	1.1	0.9
Delaware	1.2	1	0.5	0.1	1.9	3.6	1.7	1.7	6.4	4.4	5.5	1.7	†
District of Columbia	5.9	5.7	3.6	4.8	6.1	2.3	3.9	2.3	3.4	2.4	1.5	†	†
Florida	4.6	4.4	3.5	3.9	3.8	3.1	3.3	3.7	2.9	2.7	2.3	1.8	1.9
Georgia	0.8	3	2.7	3	4.3	5.2	5.7	7.7	1.2	2.2	2.2	1.6	1.9
Hawaii	1.2	0.9	1.5	1.3	1	1.8	1	2.2	0.9	0.8	0.6	1.3	0.5
Idaho	7.4	4.5	4	2.3	0.8	0.8	0.5	0.6	1	1	1	1	0.8
Illinois	2.8	2.4	1.9	1.7	1.4	1.7	1.5	1	0.9	1.2	1	1	1.4
Indiana	2.5	1.7	2	1.3	1.4	1.2	1.4	1.1	1.3	0.9	1.3	1	1.1
Iowa	2.6	1.5	1.9	1.5	1.3	0.8	0.7	0.6	0.6	1.1	0.7	0.9	0.8
Kansas	1.2	1.2	1.1	0.6	1	0.5	0.9	0.7	0.7	1.2	0.4	0.3	0.3
Kentucky	2	1.1	1.2	1.3	2	1.6	1.6	2.3	2.1	1.6	1.6	1.8	2.4
Louisiana	4.8	4.8	5	3.9	3.5	2.8	3	2.6	1.5	1.5	1.5	2.3	2.1



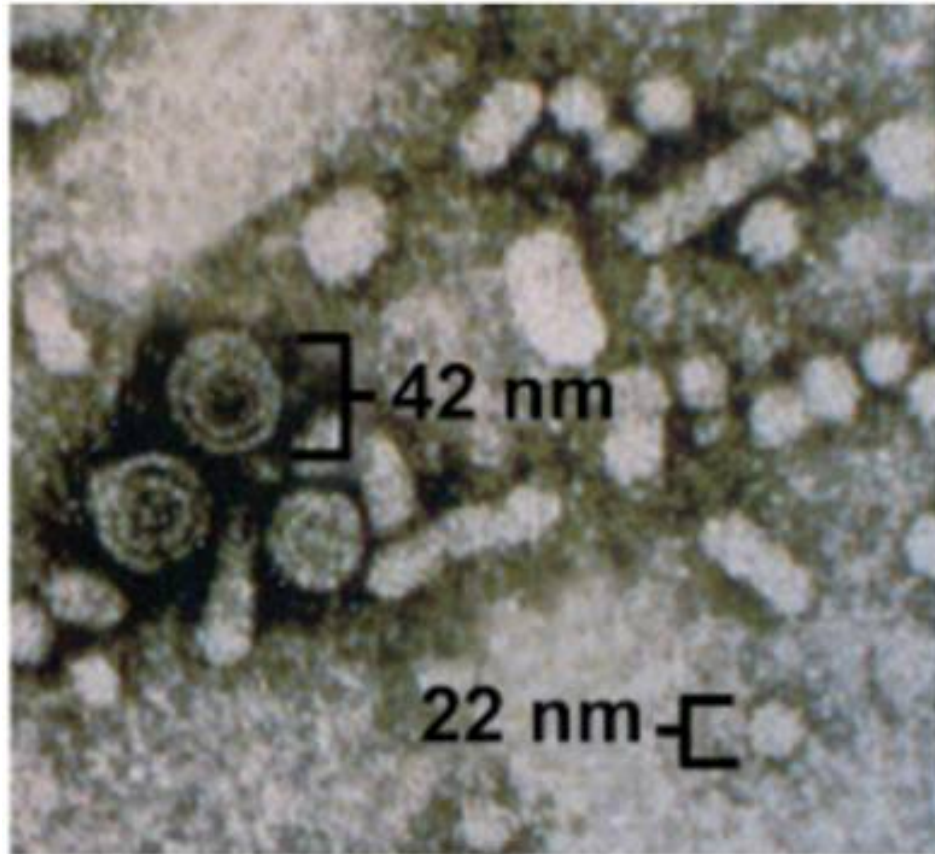
HBV TRANSMISSION



- Vertical Transmission
- Unprotected Intercourse
- IVDU
- Tattoos
- Blood transfusions/Organ donation

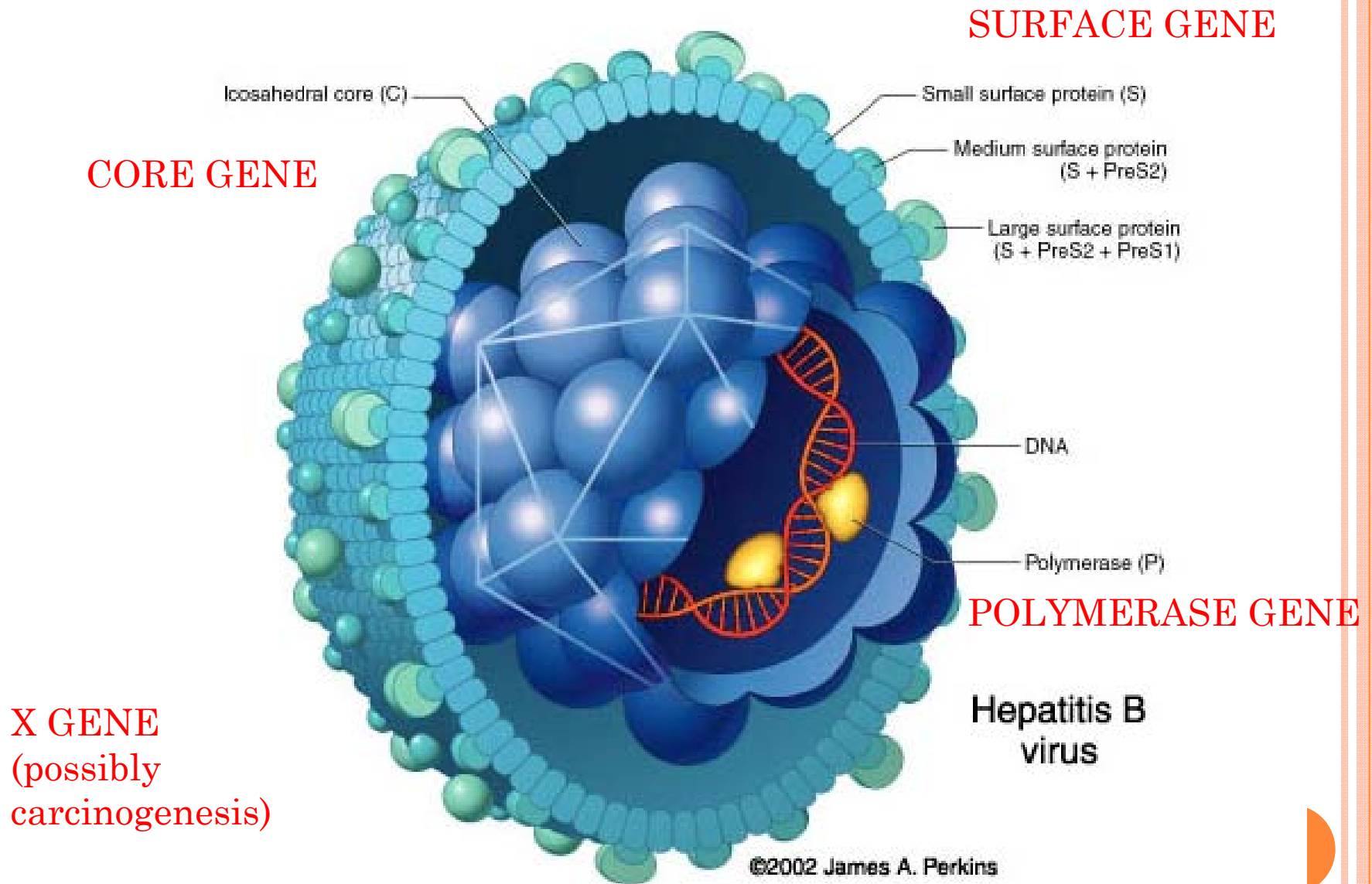


THE VIRUS

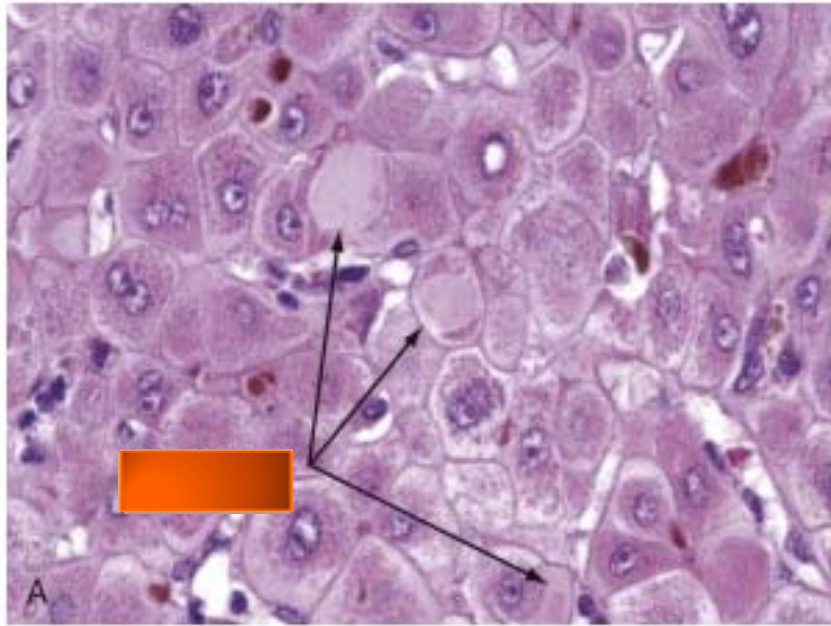


EM of HBV particles!

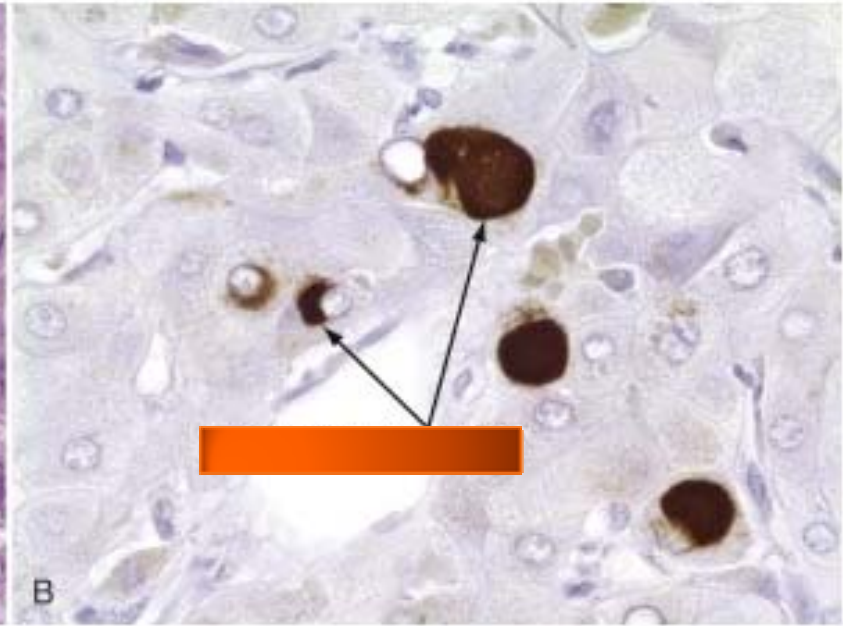
VIRUS



LIVER BIOPSY



H and E Stain



Immunohistochemical Stain

THE MARKERS

- Hepatitis B Surface Antigen = HBsAg
 - protein that forms outer coat of HBV
 - high quantities during viral replication
 - presence = acute or chronic infection
 - disappearance = viral clearance
- Hepatitis B Surface Antibody = HBsAb
 - antibody directed against surface antigen
 - presence = past infection or vaccination (>10iu/ml)



THE MARKERS

- Hepatitis B Core Antigen
 - does not gain access to serum
 - unable to be detected in blood
- Hepatitis B Core Antibody = HBcAb
 - three forms: IgG, IgM, and total
 - IgM = acute HBV or viral reactivation
 - IgG = resolved past infection of chronic carrier state



THE MARKERS

- Hepatitis B e Antigen = HBeAg
 - soluble protein encoded by portion of core coding domain
 - presence = acute infection or actively replicating chronic HBV
 - lose this in resolved acute infection or inactive HBV
 - not present in precore mutant HBV
- Hepatitis B e Antibody = Anti-HBe
 - seroconversion usually associated with decrease in DNA and liver disease
- HBV DNA



POP QUIZ

- What lab testing for HBV is performed on donated blood?
- What is the risk of HBV transmission by blood transfusion?



BLOOD TRANSFUSION

- Blood is tested for
 - HBsAg – 1971
 - Anti-HBc – 1986
 - HBV DNA – 2009
(through nucleic acid testing)
- Transmission Risk
 - 1 in 200,000-500,000



HCV Risk: 1 in 1.4M
HIV Risk: 1 in 2M



CASE 1



CASE 1

- 52F with PMH HTN admitted to hospital with abd pain, low-grade fever, and jaundice. Mentation is normal. Lab work reveals:

ALT 2000

TB 6

INR 1.1

Alb 4.0

HBsAg positive

Anti-HBcIgM positive

HBV DNA 1500 IU/ml

Other causes of liver disease are excluded. Risk factors include unprotected sex during foreign travel 12 weeks ago.

****What is your diagnosis?**

****What is your treatment?**



CASE 1 – ACUTE HBV

- Most likely acute HBV
- Could be reactivation of chronic HBV but in those cases VL >1M IU/ml (can check s:n ratio)
- Acute HBV is asx in 60-80% of cases
- Supportive care
- Given age and + jaundice, low risk chronic infection
- Risk of FHF < 1% in adults
- Consider treatment in 'protracted hepatitis'
- Ensure resolution and education!



ACUTE HBV MARKERS

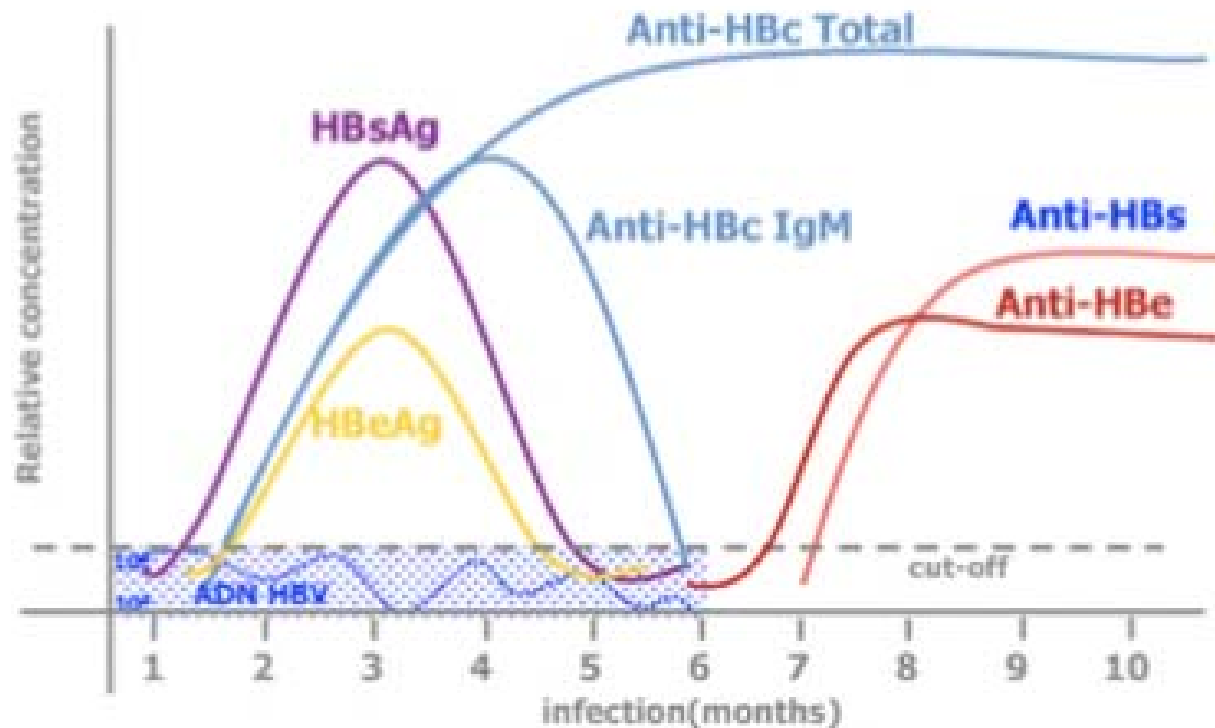
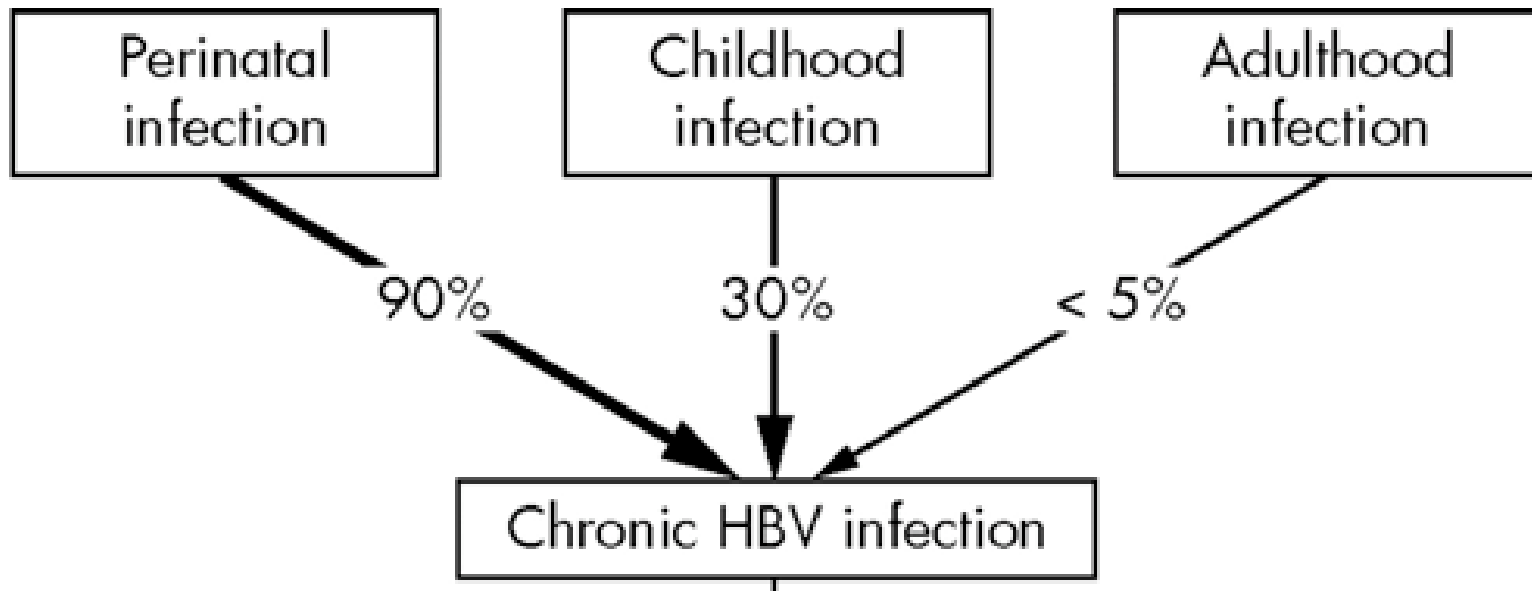


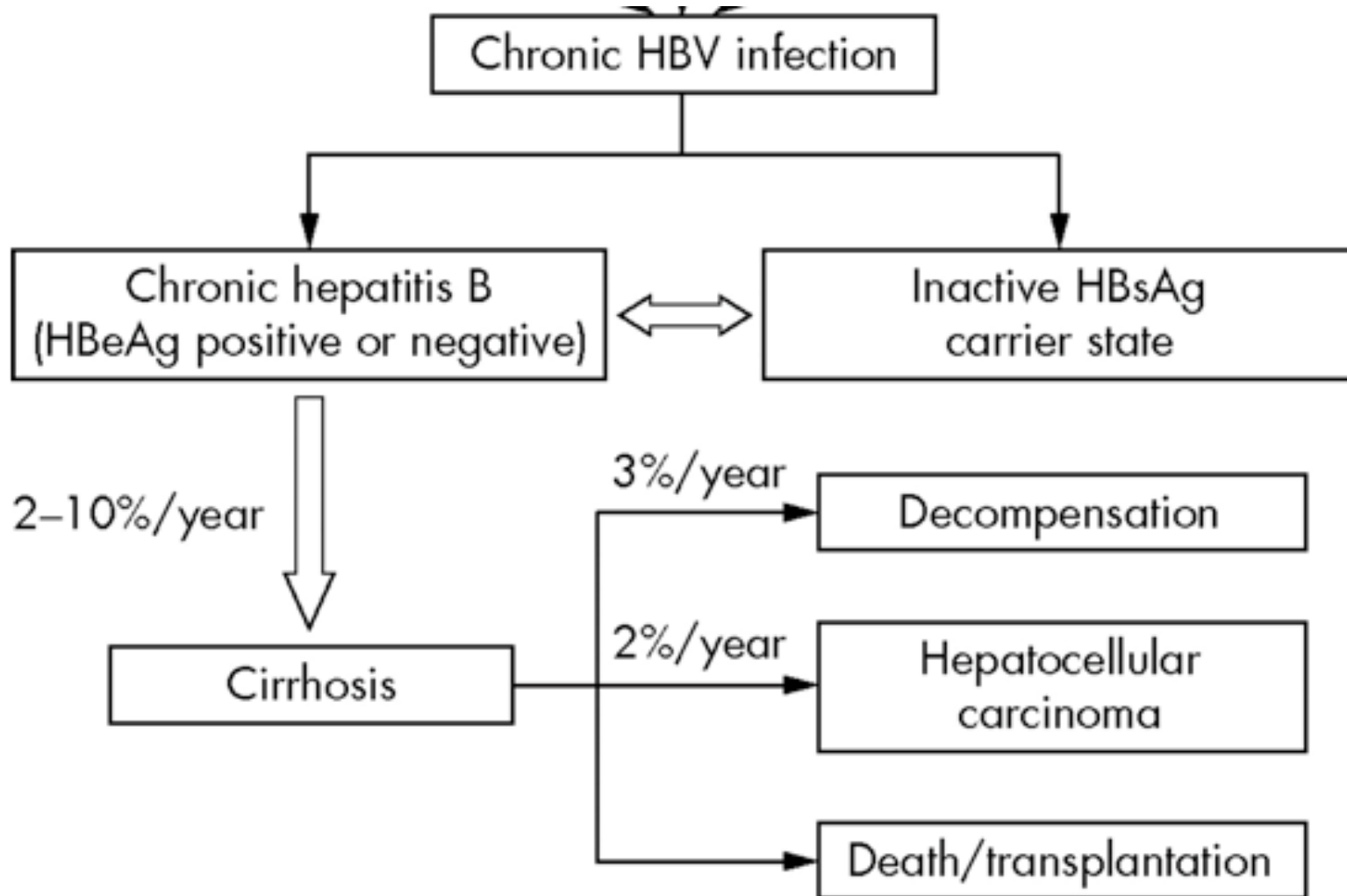
Fig. 3. Evolution of serological markers during resolved acute hepatitis B virus infection.

PROGRESSION – ACUTE HBV



****Risk of Fulminant Failure < 1% (in adults)**

PROGRESSION OF HBV



CHRONIC HEP B

Chronic hepatitis B

1. HBsAg-positive >6 months
2. Serum HBV DNA >20,000 IU/mL (10^5 copies/mL), lower values 2,000-20,000 IU/mL (10^4 - 10^5 copies/mL) are often seen in HBeAg-negative chronic hepatitis B
3. Persistent or intermittent elevation in ALT/AST levels
4. Liver biopsy showing chronic hepatitis with moderate or severe necroinflammation



HBV MARKERS

HBsAg anti-HBc anti-HBs	negative negative negative	Susceptible
HBsAg anti-HBc anti-HBs	negative positive positive	Immune due to natural infection
HBsAg anti-HBc anti-HBs	negative negative positive	Immune due to hepatitis B vaccination
HBsAg anti-HBc IgM anti-HBc anti-HBs	positive positive positive negative	Acutely infected
HBsAg anti-HBc IgM anti-HBc anti-HBs	positive positive negative negative	Chronically infected

THE PILLOW TIE™

Boring meetings, hour-long conference calls—might as well make yourself comfy. Looks and ties like traditional neckwear but inflates with a few puffs, then it's sweet dreams for the wearer. Stain-resistant microfiber/silk with removable vinyl tube. Specify dominant color: Navy, Black/Silver or Red. Patterns may vary.

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BLACK/SILVER



RED



NAVY

HOW TO USE A PILLOW TIE



Access the inconspicuous valve.

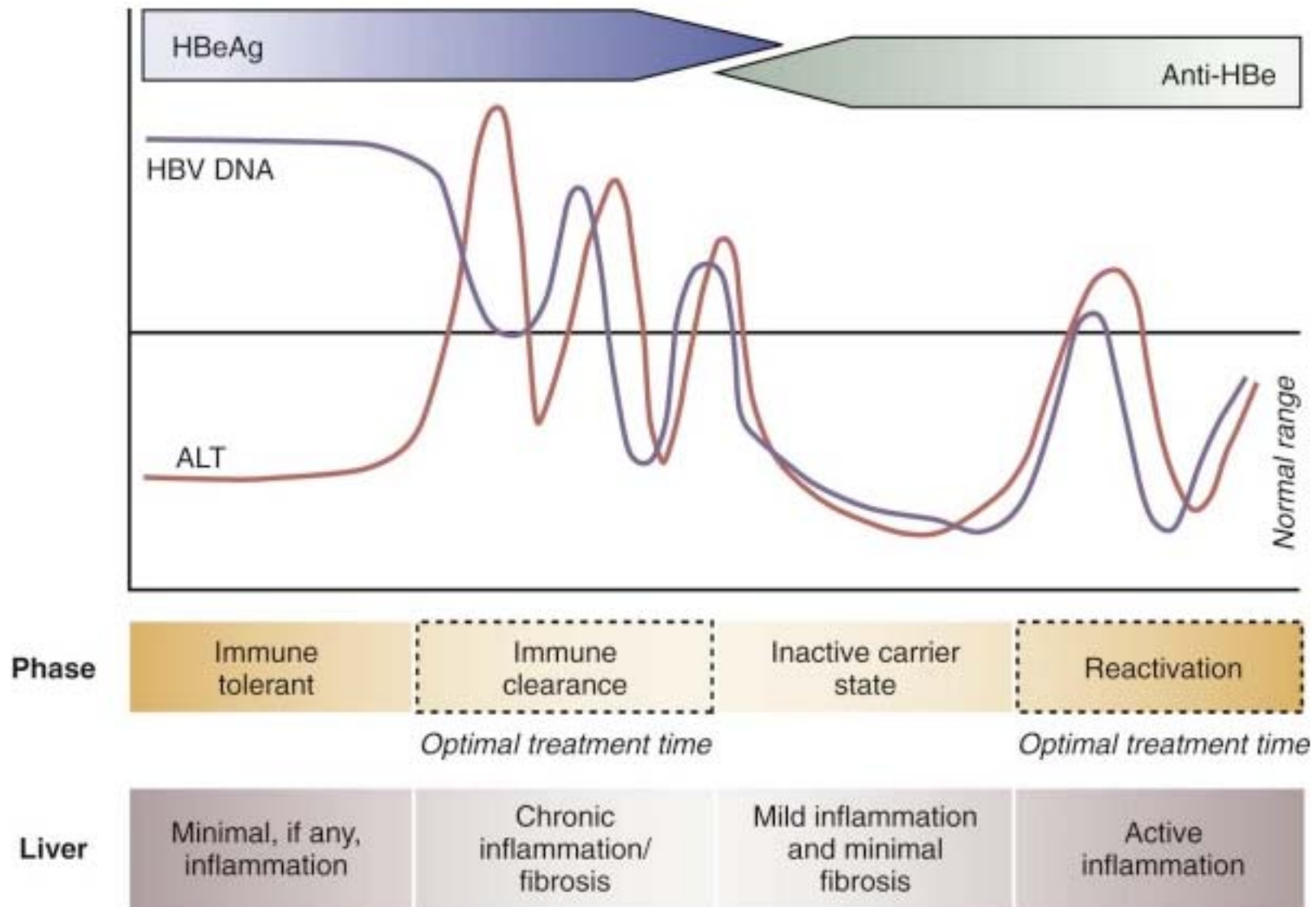


Inflate in less than a breath.



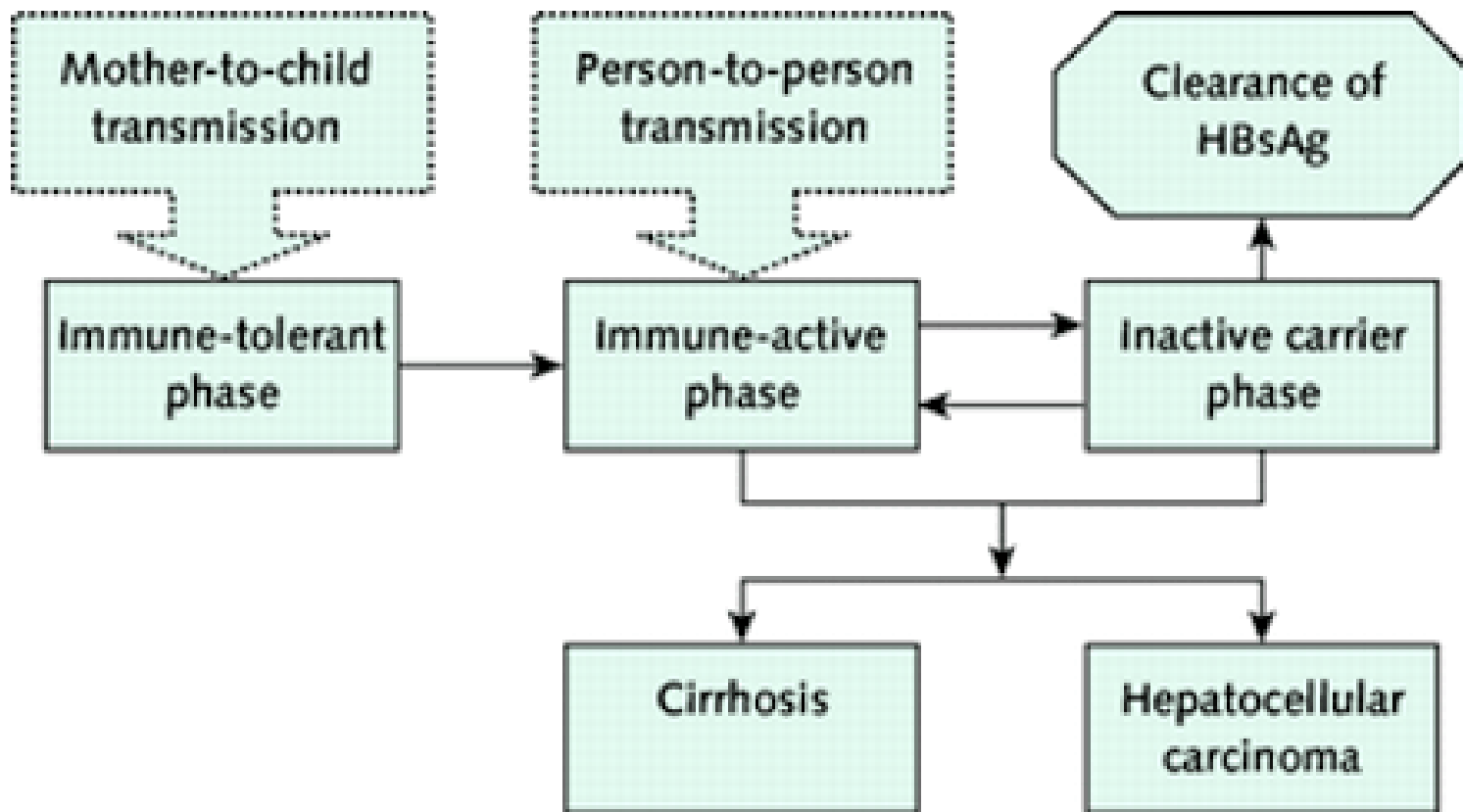
ZZZZZZ...ZZZZZZ...ZZZZZZ...

NATURAL HISTORY – CHRONIC HBV



NATURAL HISTORY

Figure. Natural history of chronic Hepatitis B Virus infection



NATURAL HISTORY

○ Immune Tolerant State

- active viral replications → HBeAg +, HBV DNA +, normal ALT
- liver bx: no/little inflammation
- lasts 1 to 4 decades

○ Immune Active/Clearance

- body recognizes HBV as foreign and starts fighting it, starting a robust immune response
- clinically silent
- Intermittent/persistent elevations in ALT and HBV DNA
- liver bx: active inflammation, fibrosis, and cirrhosis (up to 20%)
- this immune response can prompt seroconversion to inactive state
- this is the TIME TO TREAT!!



NATURAL HISTORY

○ Chronic Inactive State

- anti-HBe, undetectable/low HBV DNA (<2000 iu/ml), normal ALT
- can seroconvert to clearance or reactivate
- can persist indefinitely

○ Clearance

- 1/2 of the chronic inactive will seroconvert to clearance over 25 years
- seroconversion labs: HBsAg neg, anti-HBs+, HBV DNA undetectable
- “occult” HBV still with DNA positive (usually <200 IU/ml, but can be up to 10,000 IU/ml)



INACTIVE CARRIERS

Inactive HBsAg carrier state

1. HBsAg-positive >6 months
2. HBeAg-, anti-HBe+
3. Serum HBV DNA <2,000 IU/mL
4. Persistently normal ALT/AST levels
5. Liver biopsy confirms absence of significant hepatitis

*What is occult HBV?

HBsAg Negative

Anti-HBs Positive

Very low DNA levels (normally <200 iu/ml)



ISOLATED ANTI-HBc

HBsAg
anti-HBc
anti-HBs

negative
positive
negative

Interpretation unclear; four possibilities:

1. Resolved infection (most common)
2. False-positive anti-HBc, thus susceptible
3. "Low level" chronic infection
4. Resolving acute infection



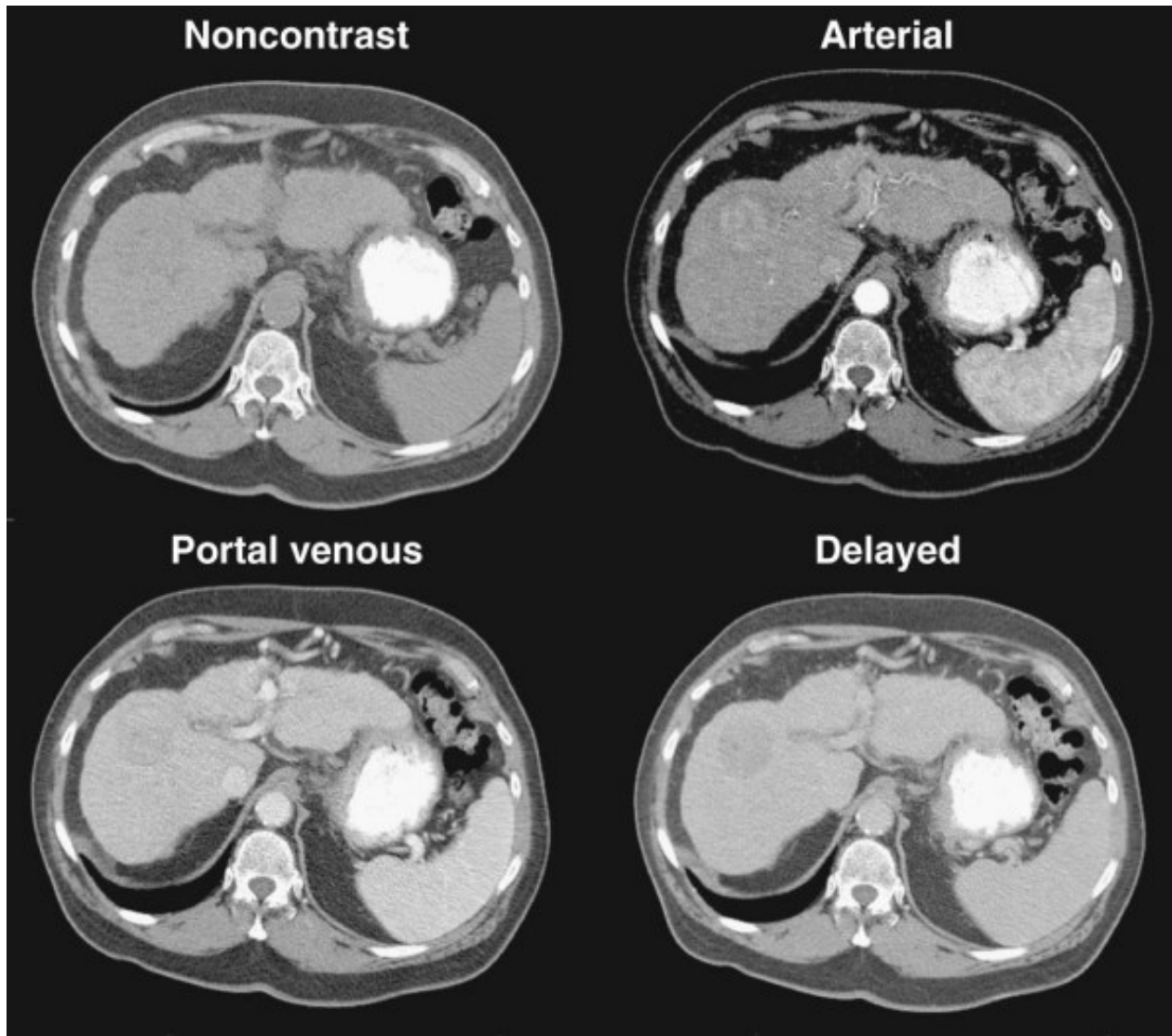
CDC

CIRRHOSIS RISK

- Duration of disease
- Older age (>40)
- Male
- Alcohol
- Infection with genotype C or D
- Viral Coinfection
 - HCV, HDV, or HIV
- Persistently elevated VL
 - >2000 IU/ml ~ 10^4 copies



HBV COMPLICATION



HCC

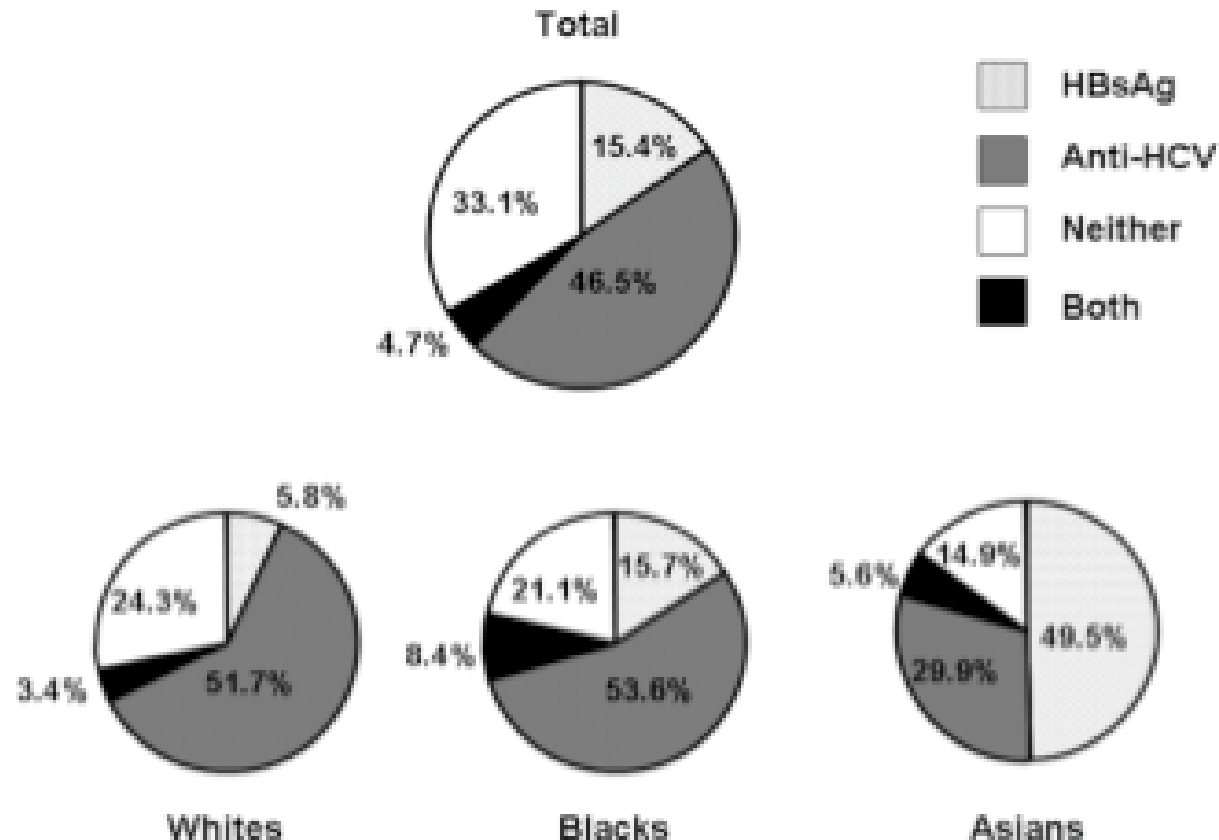


Fig. 1. Etiology of HCC in the United States: Survey of 691 patients with HCC from 13 referral centers. Abbreviations: HBsAg, hepatitis B surface antigen; HCC, hepatocellular carcinoma; HCV, hepatitis C virus. Reprinted from American Journal of Gastroenterology.⁸

SCREENING FOR HCC

- Asian men >40
- Asian women >50
- Cirrhotics
- Africans >20
- Any carrier over 40 with intermittent/persistent ALT elevations or DNA >2000 iu/ml

***U/S every 6-12 months!**



CASE 2

- 32F with chronic HBV is pregnant with her first child. She wants to know how she can reduce the risk of transmission to her newborn.
- What is your recommendation on
 - How to treat the mother?
 - Method of delivery?
 - How to treat the baby?
 - Feeding recommendations?



HBV AND PREGNANCY

- **90%** - Risk of vertical transmission without prophylaxis
- **95%** - Risk that infected neonate will progress to chronic infection
- **95%** - Chance that neonate will not be infected if given HBIG and vaccination



HBV AND PREGNANCY

- Baby needs HBIG and vaccination
- If viral load is $<100\text{M}$
 - The risk of transmission is so low with HBIG and vaccination so C-section is not indicated
- If viral load $> 100\text{M} - 200\text{M}$
 - Risk of transmission even with HBIG/vaccination is still 30-40%
 - Unknown if c-section is helpful
 - Start oral anti-virals in last 8 weeks of pregnancy and continue 4 weeks post-partum
- Breastfeeding
 - recommended if baby has received HBIG and vaccination



MORE ABOUT BREASTFEEDING. . .

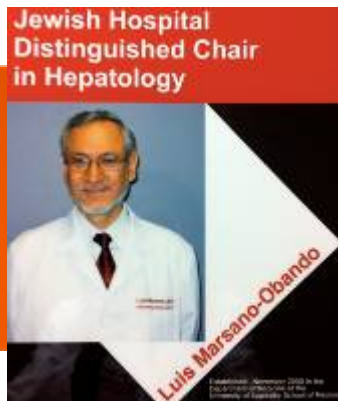
- Most vertical transmissions occur intrapartum
 - Blood transfusion during contractions, membrane rupture, and direct contact with infected secretions
- Risk of vertical transmission related to presence of HBV DNA in placenta and maternal viremia
- Breastmilk: presence of HBsAg, HBeAg, and HBV DNA confirmed



IF MOTHER IS ON ANTI-VIRALS: SAFETY OF BREASTFEEDING DEPENDS ON WHO YOU TRUST...



Sleisenger and
Fordtran



Which agent to use?
TENOFOVIR



WHO, AAP



CASE 2: HBV AND PREGNANCY

- How to treat the mother?

Anti-virals if viral load high.

- Method of delivery?

No indication for c-section.

- How to treat the baby?

HBIG & Vaccination, Post-vaccination testing.

- Feeding recommendations?

Breastfeeding.



PREGNANCY

HBV

1) Vertical transmission
high without treatment

HCV

1) Vertical transmission
uncommon <5%

2) No indication for c-section

3) No contraindication to breastfeeding

**** Vertical transmission of
HCV is much higher if
maternal viral load $>10^{19}$
copies/ml, co-infection with
HIV, or IVDU**



VACCINATION

○ HBV Immune globulin (HBIG)

- give to all neonates HBV mothers
- useful for healthcare workers after exposure (though most are given active vaccination)

PASSIVE
PROPHYLAXIS

○ Plasma-derived Vaccine

- made from pts with active Hep B
- concern for communicable diseases, but cheaper

ACTIVE
VACCINATION

○ Recombinant Vaccine

- cloned s-genome into yeast to make HBsAb.

**Both vaccines result in high titers
in >90% in 4-6months after 3 doses.



VACCINATION

- All children and adolescents
- All high-risk groups
- Post-vaccination testing:
 - Health-care and public safety workers
 - Infants from HBsAg+ mothers (at 9-15 months)
 - Hemodialysis patients (1 month after 3rd dose, then yearly)
 - Sexual partners of HBsAg+ pts (1 month after 3rd dose)

BOOSTER SHOT?

HBsAb can decrease over time.

If level ever >100, no need to revaccinate.

If less than 100, give booster shot and recheck in 3w.

If still less than 100, give full course of vaccination.



HIGH-RISK GROUPS

Health care workers

Hemodialysis patients

Household contacts and sexual partners of HBV carriers or patients with acute hepatitis B

Injection drug users

Inmates of correctional facilities

International travelers to areas endemic for HBV who may have intimate contact with the local population or take part in medical activities

Men who have sex with men

Patients who are likely to require multiple transfusions with blood or blood products

Patients with chronic liver disease (other than chronic hepatitis B)

Potential organ transplant recipients

Public safety workers with likelihood of exposure to blood

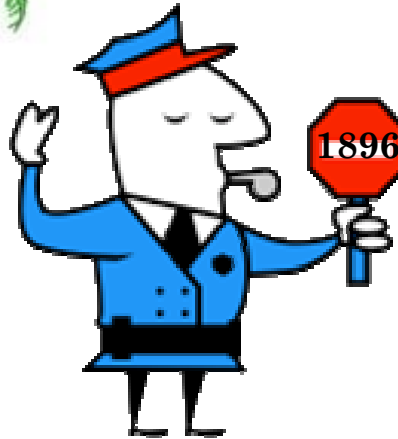
Sexually active heterosexual men and women, if they have more than one partner

Staff and clients of institutions for developmentally disabled





MUTANT



○ Precore

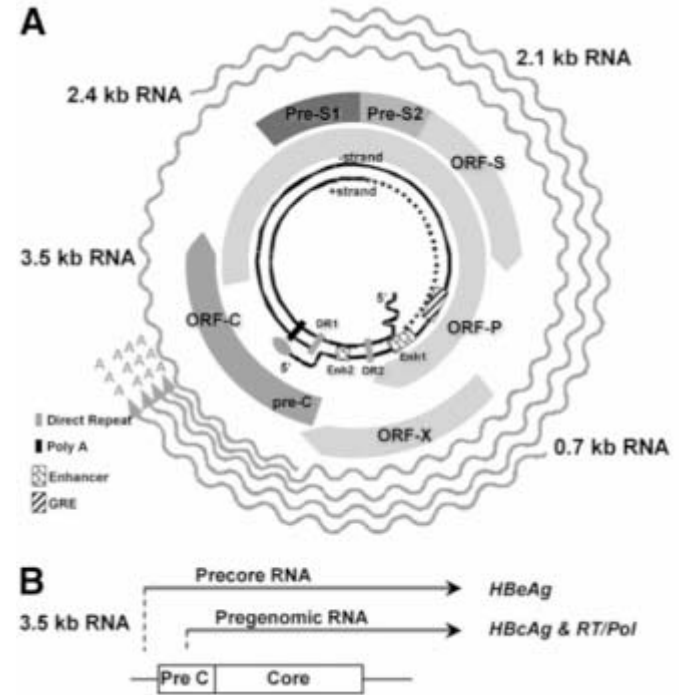
- most common
- does NOT express HBe antigen

○ Surface mutation

- rare, infection despite vaccinations and presence of HBsAb

○ Core mutation

- Rare
- Increased risk HCC



Example: 45M with Chronic HBV has lost HBeAg. Still with elevated ALT and + DNA.

--Think precore mutant. Not in inactive carrier state, is actually in immune clearance phase! ie TREAT.

GOAL OF TREATMENT:

CONVERT ACTIVE INFECTION → INACTIVE STATE

○ suppress DNA level ○ seroconversion to anti-HBe ○

Clear Benefit

- HBeAg POS WITH
Elevated ALT
HBV DNA >200K
Active hepatitis on bx
- HBeAg NEG WITH
Elevated ALT
HBV DNA >2000
Active hepatitis on bx

No Clear Benefit

- HBeAg POS/NEG
Normal ALT
Min inflammation on bx

CAVEAT: Pts with long-standing HBV may not have increased ALT levels. At age 40, do a LIVER BX to assess their disease state!!!

TREATMENT- LIFE-THREATENING DISEASE

Clear Benefit

- Acute Liver Failure ← (Well, some controversy here. . .)
- Decompensate Cirrhosis
- Severe Hepatitis Flare
- Compensated Cirrhosis

☑ Oral agents
☒ Interferon



TREATMENT – ORAL AGENTS

PREFERRED

Entecavir
Tenofovir

LESS PREFERRED

Lamivudine
Adefovir
Telbivudine

Lamivudine: highest resistance risk
Entecavir: lowest resistance risk
Adefovir: nephrotoxicity
Tenofovir: nephrotoxicity

WARNING:
Do NOT believe
DDSEP length of
treatment recs!!

*Continue all oral antivirals for at least **6-12 months** post sero-conversion.

*Safe to use these in cirrhotics
(adefovir safety in decompensated not studied)



HBeAg	HBV DNA (PCR)	ALT	Treatment Strategy
+	>20,000 IU/mL	$\leq 2 \times \text{ULN}$	<p>Low efficacy with current treatment. Observe; consider treatment when ALT becomes elevated. Consider biopsy in persons > 40 years, ALT persistently high normal-2x ULN, or with family history of HCC. Consider treatment if HBV DNA >20,000 IU/mL and biopsy shows moderate/severe inflammation or significant fibrosis.</p>
+	>20,000 IU/mL	$> 2 \times \text{ULN}$	<p>Observe for 3-6 months and treat if no spontaneous HBeAg loss. Consider liver biopsy prior to treatment if compensated. Immediate treatment if icteric or clinical decompensation. IFNα/pegIFNα, LAM, ADV, ETV, TDF or LdT may be used as initial therapy. ADV not preferred due to weak antiviral activity and high rate of resistance after 1st year. LAM and LdT not preferred due to high rate of drug resistance. End-point of treatment - Seroconversion from HBeAg to anti-HBe. Duration of therapy: <ul style="list-style-type: none"> ● IFN-α: 16 weeks ● PegIFN-α: 48 weeks ● LAM/ADV/ETV/LdT/TDF: minimum 1 year, continue for at least 6 months after HBeAg seroconversion </p>
-	>20,000 IU/mL*	$> 2 \times \text{ULN}$	<p>IFNα non-responders / contraindications to IFNα \rightarrow TDF/ETV. IFN-α/peg IFN-α, LAM, ADV, ETV, TDF or LdT may be used as initial therapy. LAM and LdT not preferred due to high rate of drug resistance ADV not preferred due to weak antiviral activity and high risk of resistance after 1st year. End-point of treatment - not defined Duration of therapy: <ul style="list-style-type: none"> ● IFN-α/pegIFN-α: 1 year ● LAM/ADV/ETV/LdT/TDF: > 1 year </p>
-	>2,000 IU/mL	$1->2 \times \text{ULN}$	<p>IFNα non-responders / contraindications to IFN-α \rightarrow TDF/ETV. Consider liver biopsy and treat if liver biopsy shows moderate/severe necroinflammation or significant fibrosis.</p>
-	$\leq 2,000$ IU/mL	$\leq \text{ULN}$	Observe, treat if HBV DNA or ALT becomes higher.
+/-	detectable	Cirrhosis	<p>Compensated: HBV DNA $> 2,000$ IU/mL—Treat, LAM/ADV/ETV/LdT/TDF may be used as initial therapy. LAM and LdT not preferred due to high rate of drug resistance; ADV not preferred due to weak antiviral activity and high risk of resistance after 1st year. HBV DNA $< 2,000$ IU/mL—Consider treatment if ALT elevated. Decompensated: Coordinate treatment with transplant center, LAM (or LdT) + ADV, TDF or ETV preferred. Refer for liver transplant.</p>
+/-	undetectable	Cirrhosis	<p>Compensated: Observe. Decompensated: Refer for liver transplant.</p>

HBV TREATMENT

- Check HBV DNA q3 months
- Primary Treatment Failure:
 - Less than 1-log decline in DNA at 12 weeks
 - Switch to a different agent
- If sudden rise in DNA
 - Medication compliance?
 - Virological breakthrough?



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days 9 hours ago saved by 43 people



CASE 3

- 52M with no sig PMH admitted with fever, large-joint arthritis, abd pain, and numbness of the R arm and L lower leg. Pt is sick-appearing and has a skin lesion. HTN is noted.

Labs significant for mild anemia, normal LFTs and elevated Cr. Urine studies show mild proteinuria. EMG shows asymmetric nerve involvement.

Due to clinical suspicion, HBsAg is ordered and found to be positive.



CASE - CUTANEOUS LESION



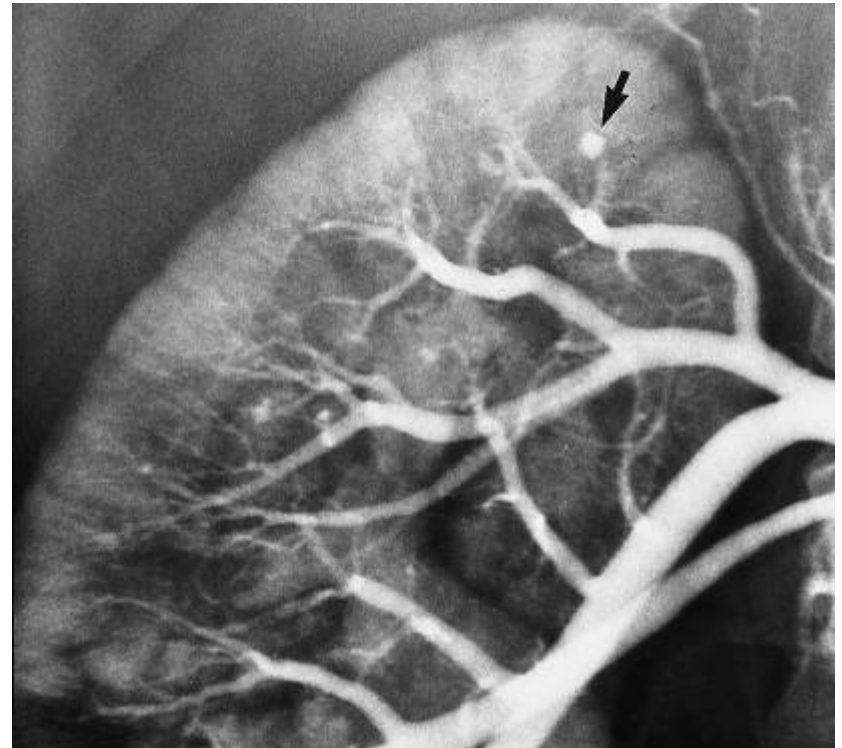
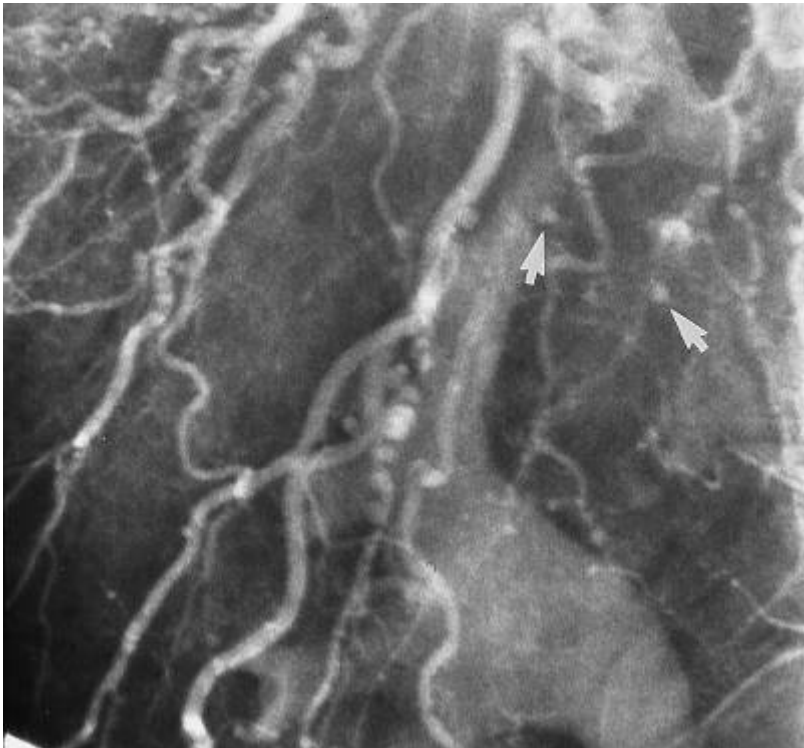
Firm, subcutaneous nodules on the shin



WHAT ARE YOU THINKING?
WHAT IS YOUR NEXT TEST?



CASE 3



Angiograms of the Liver (left) and Kidney (right)



CASE 3 – HBV-ASSOCIATED PAN

- Vasculitis affecting small and medium arteries of the body
 - Microaneurysms, thrombosis, ischemia/infarcts, hemorrhage
 - Multiorgan involvement: kidney, liver, mesenteric arteries, nerves, joints
- Diagnosis
 - Clinical presentation with angiogram showing multiple vascular aneurysm and corkscrewing of blood vessels
 - ‘Gold standard’: tissue bx showing medium-sized vasculitis
- Treatment
 - Poor prognosis without aggressive therapy – overall 5-year survival is 50-70%
 - Anti-virals
 - Plasmapheresis



EXTRAHEPATIC MANIFESTATIONS

- Polyarteritis nodosa

- Cryoglobulinemia

- Glomerulonephritis

 - Membranous

 - Membranoproliferative

 - Mesangial proliferative

- Arthritis-Dermatitis (acute HBV)

- Aplastic Anemia (acute HAV and acute HBV)

Much more
frequent
with HCV!

*HBV-GNs often
present with
nephrotic syndrome

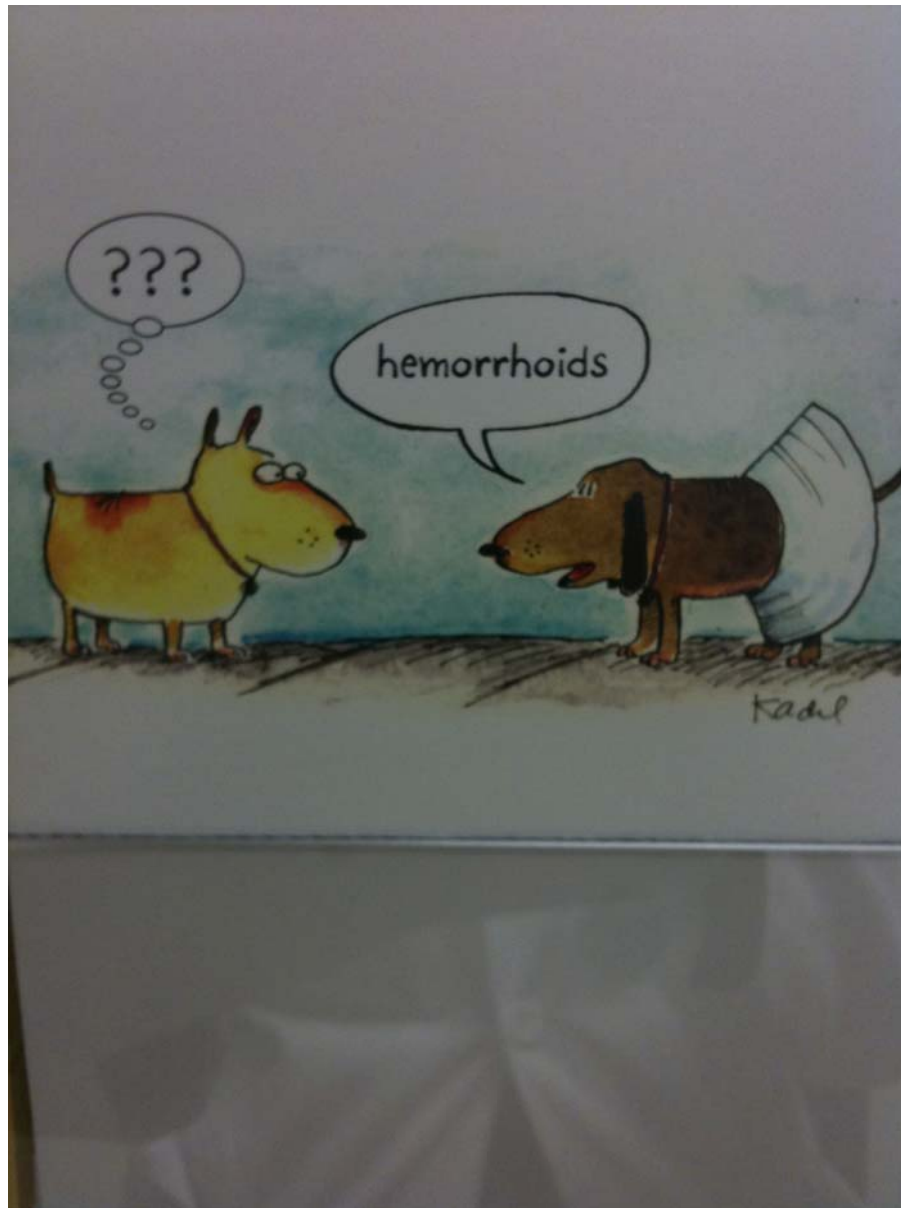


WHO CAN NAME THIS EXTRAHEPATIC MANIFESTATION OF HBV?



- Papular
Acrodermatitis
 - Aka Gianotti-Crosti
Syndrome



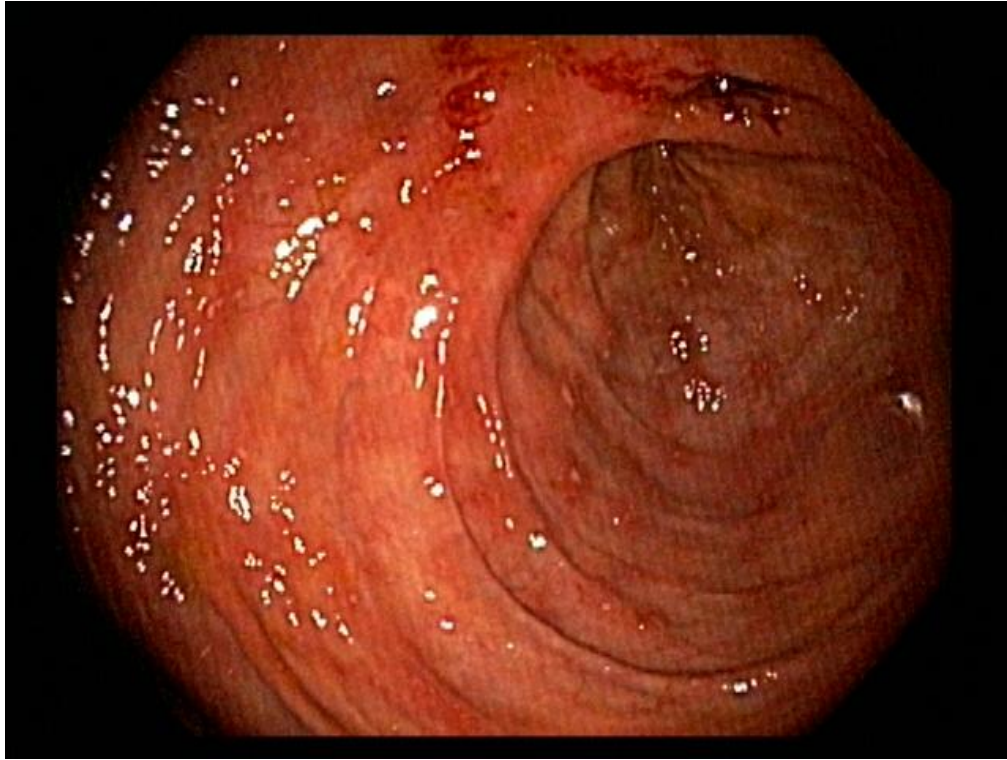


CASE 4

- A 33cM with PMH EtOH/tobacco abuse diagnosed initially with UC 10 years ago, then later changed to Crohn's. Infrequently sees MD, seen for first time in GI clinic with worsened abd pain and increase #BMs. Placed on steroids and colonoscopy ordered. Endoscopy shows. . .



CASE 4 – COLONOSCOPY FINDINGS



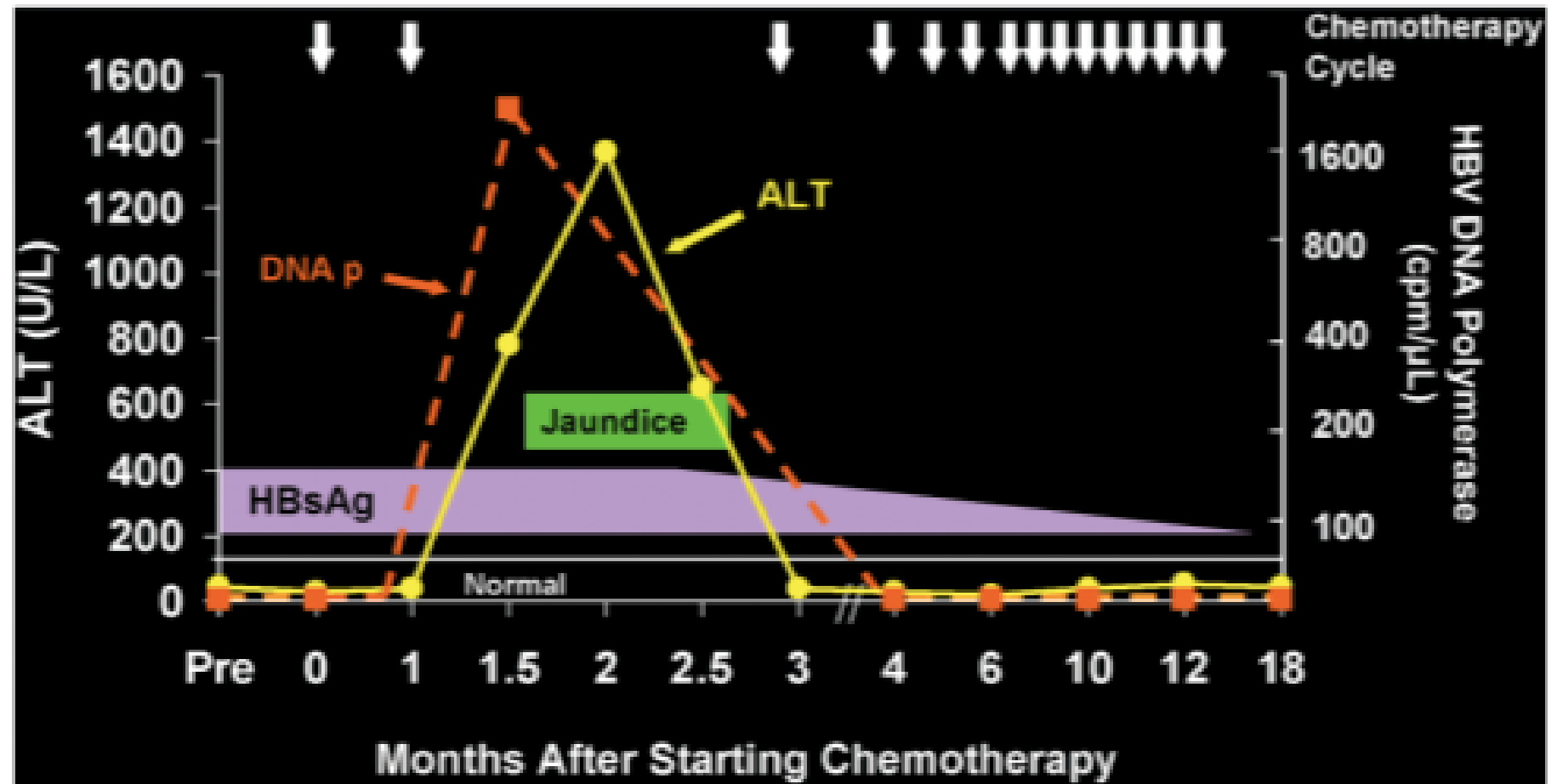
- 1) What do you think he will need?
- 2) What do you worry about with these treatments?
- 3) What lab tests do you need to order before starting such treatment?

REACTIVATION OF HBV

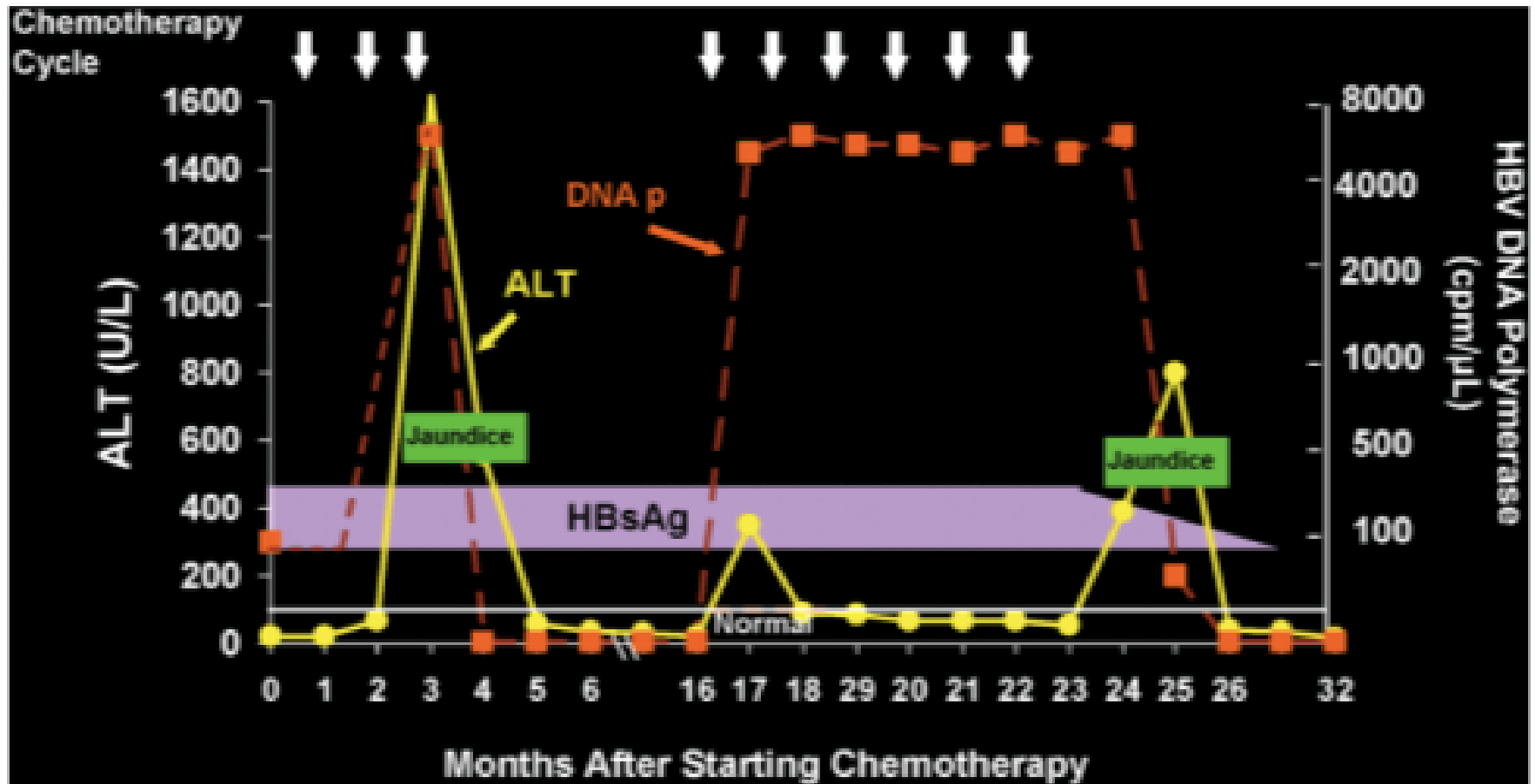
- Abrupt increase in HBV replication in an inactive carrier or a pt with resolved HBV
- Can be spontaneous or triggered
- Can be clinically silent or lead to liver failure/death



TYPICAL REACTIVATION



TYPICAL REACTIVATION



HBV REACTIVATION

Table 1. Three Phases of HBV Reactivation

Phase	Feature	Diagnostic Markers	Comments
1	Increase in Viral Replication	HBV DNA HBeAg HBsAg	Rise of $> 1 \log_{10}$ IU/mL In HBeAg negative Reverse seroconversion
2	Appearance of Disease Activity	ALT Symptoms Jaundice	Rise of > 3 times baseline Indicative of more severe injury
3	Recovery	HBV DNA ALT HBsAg	Fall to baseline values Fall to baseline values May be cleared late



CAUSES OF HBV REACTIVATION

Table 2. Different Causes and Forms of HBV Reactivation

Spontaneous

Progressive Immunodeficiency (HIV Infection)

Sudden Withdrawal of Antiviral Therapy

Cancer Chemotherapy

Immunosuppression for Autoimmune or Allergic Conditions

Solid Organ Transplantation (Kidney, Heart, Lung)

Liver Transplantation (Reactivation in Graft)

Bone Marrow Transplantation



HBV REACTIVATION

HIGHER FREQUENCY

- Bone Marrow Transplant
(*reactivation can be years later)
 - Treatment of leukemia/lymphoma
- Rituximab and fludrabine
 - Use of concomitant steroids with chemo

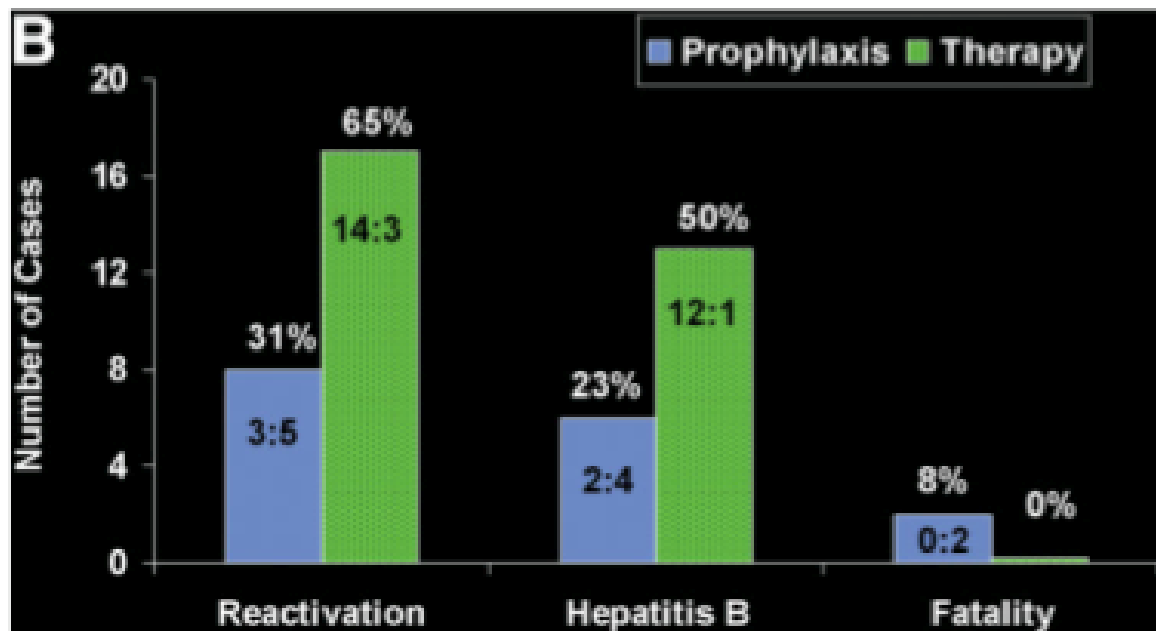
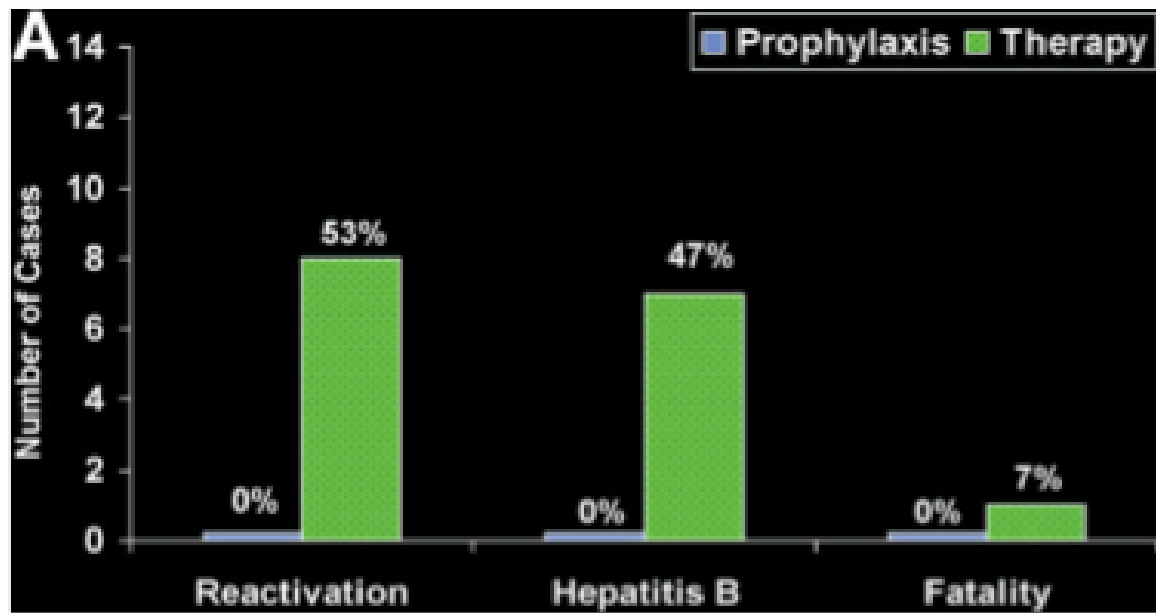
LOWER FREQUENCY

- Azathioprine/6-MP
 - Low-dose steroids
- Rare reports with long-term methotrexate
 - Anti-TNF agents
- HCC intra-arterial chemo

MORTALITY

Higher than >10%
Significantly higher than typical acute HBV





PROPHYLAXIS:

- ↓ HBV Reactivation
- ↓ Clinical Hepatitis
- ↓ HBV-assoc death



PROPHYLAXIS OF REACTIVATION - AASLD

- Screen any high-risk pt prior to starting chemo or immunosuppression
- Prophylactic anti-viral therapy for HBV carriers before CA chemo or finite course of immunosuppressants
- Use lamivudine or telbivudine if treatment <12 months and baseline DNA undetectable
- Use tenofovir or entecavir if treatment > 12 months
- Treat for at least 6 months post-immunosuppressive therapy
- No role for Interferon



PROPHYLAXIS B



&

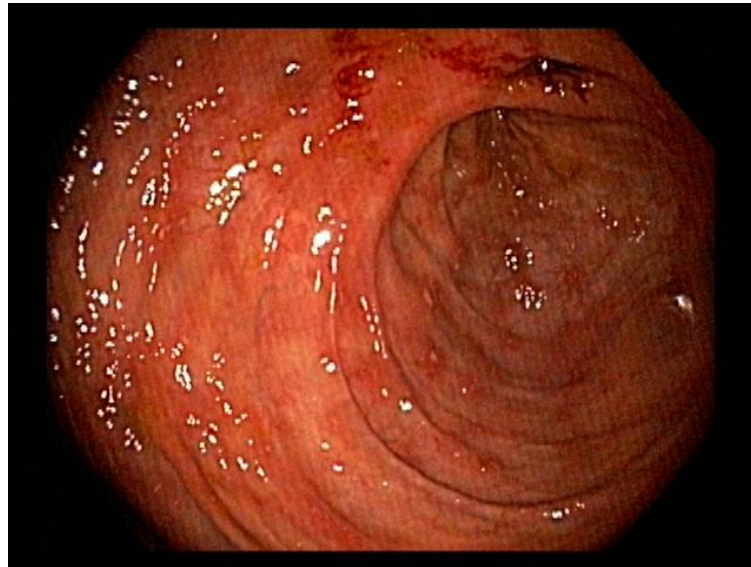


!

- Need $>10,000$ IU/ML HBV DNA to develop resistance.
- In cases of prophylaxis, lamivudine is fine to use if DNA level is low - even LONG-TERM.
- Screen everyone & vaccinate HBV naïve pts!



CASE 4



- What do you think he will need?

Immunomodulative therapy to include possibly
azathioprine and/or anti-TNF

- What do you worry about with these treatments?

Reactivation of Hep B

- What lab tests do you need to order?

HBsAg
Anti-HBc
HBsAb



REVIEW

- Understanding the Markers
- Natural History
- Pregnancy
- Vaccination
- Treatment
- Extrahepatic Manifestations
- Reactivation



RECOMMENDED READING

- Wong and Heathcote. “Management of Hepatitis B.” Clinical Gastroenterology and Hepatology 2011; 9:385-391.
- Hoofnagle. Hepatology. “Reactivation of Hepatitis B.” Vol 49, No 5, Suppl., 2009. Table 2.
 - NIH Consensus Development Conference 2009
- Morisco et al. Digestive and Liver Disease. “Hepatitis B Virus Infection and Immunosuppressive Therapy in Patients with Inflammatory Bowel Disease.” 43S (2011) S40-48.

