GI Grand Rounds

Emori Bizer, M.D. October 18, 2007

- > 31 y/o WM with h/o NHL presents to GI clinic directly from Brown Cancer Center for evaluation of elevated LFT's.
- > HPI and GI pertinent + symptoms:
 - C/o fluid on abdomen no prior paracentesis
 - RUQ abdominal pain, worse with stretching or lifting; no change with eating or BM
 - + Jaundice, occasionally
 - + HB 3-4x per week

Past Medical History:

- Hepatitis C
 - Diagnosed in prison in 2006, No prior Rx
- > NHL, Follicular type Stage IV
 - Diagnosed by LN biopsy 2/05
 - 3 cycles of chemo R-FND 5-7/05, lost to f/u
 - 11/05: Returned to BCC with adenopathy; received cycles 4 and 5 chemo
 - Subsequent Rx held 2/2 Neutropenia

>NHL, Follicular

- Spring 2006: Remission with BM biopsy and PET/CT negative
 - Noted elevated LFT's, previously normal 12/05
 - Plan to check HCV status in 4 weeks
- Spring/Summer 2007: Recurrence
 - Rituxan x 3 in August
- FLIPI score 3/5

Social History:

- + Tobacco 1ppd x 15 yrs, No ETOH/illicits
- + Homemade tattoos shared needles
- Prison x 8.5 years, recently released
- No prior blood transfusion

Family History:

• Mom – Ovarian CA, Sibs – healthy, No known liver dz

<u>Meds</u>:

 Lasix 80 qd, Spironolactone 200qd, Allopurinol, Urso 500 TID, Relafen, Acyclovir 400 TID, Bactrim DS BID, Phenergan PRN

ROS: essentially negative except HPI and +adenopathy

> EXAM (pertinent findings):

- Wt: 255 lbs (116kg)
- Obese
- Mildly jaundiced
- Right cervical LAD
- Could not appreciate HSM or fluid, and abdomen nontender
- 2+ pitting edema bilateral lower extremities

> LABS:

- CBC: WBC-1.64, Hbg-9.3, Plt-61. MCV-90, RDW-18
- Coags: PT-15.4, INR-1.6, PTT-37.5
- Chem: Na-137, K-4.1, CI-110, CO2-19,

BUN-11, Cr-0.9

AST-208, ALT-89, AlkPhos-129, TB-5.1

TP-5.3, Albumin-2.0

- HCV Quant: 4.89 million IU
- HCV Genotype: 1a
- Ceruloplasmin, ANA, ASMA, Iron studies Negative

Imaging: PET CT (8/1/07):

- Bilateral LN's neck, increased in size
- Abdominal mesentery and LN's in upper abdomen, peripancreatic, retroperitoneal c/w recurrent dz
- Mild splenomegaly
- RUQ USN (8/17/07):
 - Moderate amount of perihepatic free fluid

DDx at initial clinic visit:

- HCV Cirrhosis
- Metastatic Follicular Lymphoma
- Hepatic Lymphoma
- CASH (chemo-assoc steatohepatitis)

Follow-Up:

- Plan: RTC one week with USN paracentesis and CT scan prior
 - Got lost on the way to ACB
- F/u 3 weeks later
 - CT scan: no liver or intra-abd malignancy
 - USN: cirrhotic; "not enough fluid to tap"
 - States he saw a Gastroenterologist in Western KY 2 days ago, had blood work drawn, and was told yesterday that his kidneys were not functioning on recent lab work and to hold his diuretics
 - BUN: 40, Creatinine: 2.8 (Baseline: 10/1.0), TB 8.2
 - Admitted pt for acute renal failure

Hospital Course:

- Renal failure improved rapidly with Albumin
- Cirrhosis due to HCV ("If it walks like a duck")-McClain
 - Encephalopathy ensued
 - Infectious w/u negative: Blood, urine cx, CXR
 - Ascites no SBP
 - USN portal & hepatic vasc. with normal flow
 - <2g Na+ diet instruction
 - Diuretics restarted after ARF resolved
- Discharged in stable condition

- > Hospital Course
 - Transplant discussions:
 - Child Class <u>C</u> Cirrhosis
 - MELD: <u>22</u> on date of discharge
 - 31% 90-day mortality due to cirrhosis
 - Would this young, HCV cirrhotic patient with NHL be a transplant candidate?
 - Future Treatment options?

Objectives

Review Follicular Lymphoma
 Discuss HCV and its role in NHL
 Treatment options for this patient
 Transplant and Malignancy
 Other Lymphomas and Liver (hepatic lymphoma, PTLD)



Follicular Lymphoma

- Prevalence: 22% NHL worldwide, 30% USA
- B Cell Lymphoma
 - Indolent lymphoma
 - Sub-classified into small and large cell disease, and mixture of small/large cells
 - Large Cell Follicular Lymphoma – progresses more rapidly and shorter survival
- Often diffuse disease on presentation



3.1 FLIPI versus WHO/REAL Histological Grade for Identifying Patients at High Risk

Category	Number of patients (%)	Median survival	10-year survival		
FLIPI* Low risk Intermediate risk High risk	128 (49%) 76 (29%) 56 (22%)	16.5 years 12.4 years 5.4 years	76% 52% 24%		
Histological grade [†] Grade 1 Grade 2 Grade 3a Grade 3b	72 (28%) 102 (39%) 68 (26%) 18 (7%)	25.4 years 10.3 years 18.7 years Not reached	62% 56% 60% 65%		
* p-value < 0.0001 * p-value = 0.41					

SOURCE: Halaas JL et al. The Follicular Lymphoma International Prognostic Index (FLIPI) is superior to WHO/REAL histological grade for identifying high-risk patients: A retrospective review of the MSKCC experience in 260 patients with follicular lymphoma. *Proc ASH* 2004;<u>Abstract 3268</u>.

Characteristic Prognostic factor (1 point for each) > 60 years = 1 point Age Stage Stage III or IV = 1 point Number of lymph > 4 = 1 point node sites involved Hemoglobin (Hb) Blood Hb <12 g/dL = level (red blood 1 point cell test) Serum LDH level Above the average (blood test) range = 1 point

FLIPI score: Add poor prognostic factors

- Low risk 0-1 points, Intermediate risk 2 points
- High risk 3 or more points

Risk Group 5-year Survival Rate		10-year survival rate (ACS website)				
low-risk	91%	71%				
Intermediate	78%	51%				
high-risk	53%	36%				

Follicular Lymphoma

> Treatment:

- Chemotherapy (CVP or CHOP) and radiation: 50-75% achieve complete remission, but may relapse
- Fludarabine: 1-3% abnl LFT's, <1% liver failure
- Novantrone: 5-37% abnl LFT's, 3-7% jaundice
- Rituximab
 - Human/mouse chimeric monoclonal antibody that reacts with CD20 antigen on B cells, inducing cytotoxicity
 - Used in relapsed follicular lymphoma
 - Screen for Hepatitis B in high-risk persons; increased risk reactivation of Hepatitis B

> Overview:

- Initial association found in mixed cryoglobulinemia patients with HCV and NHL
- Small pilot studies were designed to evaluate an association btw HCV and NHL in pts without cryo
- Results of studies have differed in terms of the degree of association, the types of lymphomas that develop in HCV pts, and HCV genotype results
- More recent studies have been large-scale
- Italy has high prevalence of HCV, so many studies done there

> 157 de novo B-NHL subjects (1989-1993) eval'd for HCV

- Italian, heterosexuals, mean age 65, HIV negative, no h/o IVDA or ETOH, no h/o blood tx
- HCV ELISA + were confirmed with HCV RNA. Also had liver bx.
- Checked labs for evidence of asymptomatic cryoglobulinemia
- Compared with 143 non-B cell NHL cases at same institution and evaluated for HCV (T-cell, plasma cell, Hodgkin's)
- Follow-up: 72 months

Luppi, M. Clinico-pathological characterization of hepatitis C virus-related B-cell non-Hodgkin's lymphoma without symptomatic cryoglobulinemia. Annals of Oncology, 1998.

> Results:

- 35/157 (22%) B-NHL pts were +HCV vs. with 12/143 (8%) in non-B cell NHL (statistically significant for each different type)
- No significant difference btw HCV infection and B-NHL subtypes
 - Increased frequency in follicular, marginal zone, and DLBCL
- No differences in stage, symptoms, or BM involvement btw HCV +/- groups
- Increased asymptomatic cryoglobulinemia (all types) in HCV+ vs HCV- B-NHL pts (p<0.0001)
 - Exclude MC II pts and still have +assoc, p value not given.

Luppi, M. Clinico-pathological characterization of hepatitis C virus-related B-cell non-Hodgkin's lymphoma without symptomatic cryoglobulinemia. Annals of Oncology, 1998.

Median survival time No difference HCV+ 48 months HCV- 52 months Causes of death included lymphoma (equal in HCV +/-) and only 2 HCV + pts died of liver disease



Figure 1. The median survival time in HCV positive and HCV negative B-NHL patients.

Luppi, M. Clinico-pathological characterization of hepatitis C virus-related B-cell non-Hodgkin's lymphoma without symptomatic cryoglobulinemia. Annals of Oncology, 1998.

- Retrospective cohort study of 146,394 US Veterans with HCV and matched controls on age, sex, visit dates. 1988-2004.
- HCV + if ICD-9 code. Excluded HIV if Dx before 1st visit.
- Chart review of 100 pts
 - 47/50 in HCV+ group had lab data showing +HCV
 - 5/50 in HCV- group had lab data showing +HCV
- Limitations:
 - 35,696 (6.2%) of "uninfected" HCV pts had HCV
 - 813 pts in HCV+ group and 1539 in HCV- group had HIV
 - Follow-up 2.3 years. Did not exclude cryo (1.5% on NHL cases)

Giordano, TP, et al. Risk of Non-Hodgkin Lymphoma and Lymphoproliferative Precursor Diseases in US Veterans with Hepatitis C Virus. JAMA, May 2007.

- > HR 1.28 for development of NHL
- > 20-30% increased risk for NHL among HCV pts
 - Since used ICD-9 codes to identify NHL, could not distinguish among the subtypes

	No. of (Incidence/1000	f Events)00 Person-Years)						
	HCV-Infected	HCV-Uninfected	Comparing HCV-Intected vs HCV-Uninfected Cohorts					
Outcome	(n = 146 394)	(n = 572293)	(95% CI)*	(95% CI)†	Value‡			
Malignancies of interest Non-Hodgkin lymphoma	319 (114.5)	1040 (95.8)	1.21 (1.07-1.37)	1.28 (1.12-1.45)	<.001§			
Waldenström macroglobulinemia	67 (23.9)	98 (8.9)	2.72 (2.00-3.72)	2.76 (2.01-3.79)	<.001§			
Hodgkin lymphoma	65 (23.2)	295 (27.0)	0.87 (0.66-1.13)	0.97 (0.74-1.27)	.81			
Multiple myeloma	95 (33.9)	431 (39.4)	0.88 (0.70-1.10)	0.95 (0.76-1.19)	.63			
Chronic lymphocytic leukemia	69 (24.6)	343 (31.4)	0.81 (0.62-1.04)	0.89 (0.68-1.15)	.37			
Acute lymphocytic leukemia	27 (9.6)	184 (16.8)	0.57 (0.38-0.85)	0.75 (0.50-1.13)	.16			
Chronic myeloid leukemia	30 (10.7)	163 (14.9)	0.73 (0.49-1.08)	0.84 (0.56-1.24)	.38			
Acute nonlymphocytic leukernia	56 (20.0)	243 (22.2)	0.92 (0.68-1.22)	1.04 (0.78-1.40)	.79			
Other leukernias	104 (37.1)	479 (43.9)	0.85 (0.69-1.06)	0.96 (0.78-1.19)	.73			

Table 2. Incidence and Adjusted HRs of Malignancies and Precursor Conditions Among HCV-Infected and HCV-Uninfected Veterans

Giordano, TP, et al. Risk of Non-Hodgkin Lymphoma and Lymphoproliferative Precursor Diseases in US Veterans with Hepatitis C Virus. JAMA, May 2007.

- Large, multi-center case-control study in Europe
 - 5 countries with different prevalence of HCV
- Matched age, sex, center; excluded HIV and organ tx recipients; 1998-2004. 1807 NHL cases, 1788 controls.
 - Included B and non-B cell NHL
- Defined HCV by 3rd gen ELISA testing (sens 98.9%) and performed HCV RNA testing in all ELISA+ subjects
- > 2.1% (76) HCV RNA pts developed lymphoma (P=.013)
- > Limitations:
 - Did not exclude pts with cryoglobulinemia or Hepatitis B

Nieters, A. Hepatitis C and Risk of Lymphoma: Results of European Multicenter Case-Control Study EPILYMPH. Gastroenterology, 2006;131: 1879-1886.

- Elevated OR for lymphoma in relation to HCV RNA was largely explained by the assoc with B-cell lymphoma, but not with T-cell lymphoma or Hodgkin's lymphoma
- HCV assoc with all lymphomas combined, but examined subtypes
 - Strongest assoc with DLBCL; no assoc with Follicular
 - Increased in Genotype 1b HCV subjects

Table 4. OR of Lymphonia Subtypes for HCV intection									
	Anti-HCV+ or HCV RNA+			HCV RNA +					
Lymphoma type ²	Cases/Controls	OR ^{⊳,c}	95% CI	P value	Cases/Controls	OR ^{b,c}	95% CI	P value	
T-cell lymphoma (n = 101)	2/41	0.88	0.21-3.74	.864	2/29	1.29	0.30-5.55	.37	
Hodgkin's lymphoma (n = 239)	3/41	0.97	0.27-3.48	.963	2/29	0.92	0.20-4.30	.915	
B-cell lymphoma (n = 1465)	48/41	1.46	0.95 - 2.24	.086	43/29	1.91	1.18-3.09	.009	
DLBCL (n = 392)	18/41	2.19	1.23 - 3.91	.008	18/29	3.30	1.79 - 6.11	.0001	
FL (n = 210)	2/41	0.50	0.12 - 2.08	.338	2/29	0.74	0.17 - 3.15	.679	
CLL (n = 342)	10/41	1.16	0.56 - 2.38	.689	8/29	1.41	0.62 - 3.17	.410	
MM (n = 221)	7/41	1.40	0.61 - 3.24	.427	5/29	1.57	0.59 - 4.20	.367	
LPL $(n = 41)$	2/41	1.94	0.43-8.66	.388	2/29	2.97	0.65 - 13.59	.162	
Other B-cell lymphoma (n = 172)	4/41	1.03	0.36 - 2.93	.959	4/29	1.47	0.50 - 4.28	.483	
Splenic marginal zone lymphoma (n = 35)	1/41	0.83	0.11 - 6.35	.861	1/29	1.13	0.15 - 8.72	.907	
Other marginal zone lymphoma (n = 77)	3/41	1.76	0.52 - 5.91	.362	3/29	2.42	0.71 - 8.28	.160	
B-NOS (n = 60)	5/41	4.65	1.66-12.97	.003	4/29	6.88	2.19-21.68	.001	

able 4. OR of Lymphoma Subtypes for HCV Infection

Nieters, A. Hepatitis C and Risk of Lymphoma: Results of European Multicenter Case-Control Study EPILYMPH. Gastroenterology, 2006;131: 1879-1886.

- Meta-analysis of studies with control group, >100 cases, excluded HIV
- HCV status defined by 2nd or 3rd generation ELISA
- NHL WHO classification only major subtypes assessed
- Pooled RR from 18 studies, RR for HCV and NHL: 2.5
 - Follicular Lymphoma, RR 2.7

 Found assoc between HCV and NHL present in similar magnitude in all major NHL subtypes, including Follicular
 No difference between HCV genotypes and risk for NHL

Dal Maso, L. Hepatitis C Virus and Risk of Lymphoma and Other Lymphoid Neoplasms: A Meta-analysis of Epidemiologic Studies. Cancer Epidemiol Biomarkers Prev, 2006.

Proposed pathogenesis

- <u>Chronic antigenic stimulation</u> leads to B cell proliferation, initially polyclonal, then monoclonal expansion which makes them prone to malignant transformation
- HCV envelope protein E2 binds to CD81 on B cells and activates intracellular signaling
- HCV activates nitric oxide synthase → increase NO in B cells. ↑ NO causes DNA breaks and increases mutations

Nieters, A. Hepatitis C and Risk of Lymphoma: Results of European Multicenter Case-Control Study EPILYMPH. Gastroenterology, 2006;131: 1879-1886.

Proposed pathogenesis:

- Role of BCL-6: gene that encodes transcriptional repressor required for germinal center formation. HCV increases a mutation in BCL-6 which can be found in DLBCL.
- Possible role of HCV core proteins activating NF-κB pathway, increasing reactive oxygen species
- Role of TNF-α & IL-10: affect natural clearance HCV and may predispose to DLBCL
- HCV does not seem to integrate into host genomes
- HCV does not contain an oncogene

Nieters, A. Hepatitis C and Risk of Lymphoma: Results of European Multicenter Case-Control Study EPILYMPH. Gastroenterology, 2006;131: 1879-1886.

Treatment Options - IFN

- Prospective, Multi-Center Pilot study on effect of antiviral treatment on course of HCV-related B-cell NHL in13 pts.
- Rx: PEG-INTRON 70 mcg qwk & Ribavirin 1200mg qd
 - 60kg or less: 50mcg P-IFN qwk + 1000mg Riba qd. x 6 months
- Monitored HCV RNA q 6 months
- 11/13 completed treatment
 - 7/11 complete response (no evidence for lymphoma)
 - 2/11 partial response (>50% decr LN size)
 - Among these 9/11, 7 had no detectable HCV, 1 had 2log decr
 - The 2 nonresponders had no virologic response to Rx
- Lymphoma response correlated to disappearance of HCV viremia (p=0.005)
- Responders were more likely to be Genotype 2 than Genotype 1 (p=0.035)

Vallisa, D. Role of Anti-Hepatitis C Virus Treatment in HCV-Related, Low-Grade, B-Cell, Non-Hodgkin's Lymphoma: A Multicenter Italian Experience. J of Clin Onco. 2005.

Transplant and Malignancy

- Israel Penn International Transplant Tumor Registry (IPITTR)
 - Registry of >15,000 transplantrelated malignancies
 - Consult service for case-by-case assessment of pre-transplant evaluation for pt with h/o cancer
 - For our pt, it was decided that he needed to be in remission for one year before tx consideration
- General Rule:
 - 5 years after cancer "cure" to be transplant candidate



Executive Director Dr. Joseph Buell

Other Lymphomas and Liver Tx

Posttransplant Lymphoproliferative Disorders

- Prevalence: 1% overall
 - 1-2% OLT, 1-3% Renal, 2-6% Cardiac, 2-9% Lung
- Pathogenesis: Epstein-Barr Virus
 - Immunosuppression impairs EBV-specific T cell-mediated immunity. Loss of these cytotoxic T-cells allows EBVinfected B cells to proliferate.
- Risk Factors:
 - Degree of immunosuppression, EBV seronegative recipients, prior h/o malignancy pre-transplant, <25 y/o (less likely to have had EBV), fewer HLA matches, first yr s/p Renal Tx

Other Lymphomas and Liver Tx

> PTLD

- Treatment:
 - Decrease immunosuppression (Tacrolimus)
 - Antivirals ganciclovir, acyclovir
 - Chemotherapy
 - IV Ig
 - Surgical Resection
 - Radiation
 - IFN- α antiviral activity (case reports)
- Prognosis: Worse if in first 6 mos s/p tx, older age, multiple sites. IPI score not helpful.

Other Lymphomas and Liver

Primary Hepatic Lymphoma

- Prevalence: 0.4% of primary lymphomas
- More common with DLBCL
- Mass on imaging
- Reports of association with immunosuppression or chronic viral hepatitis

Feldman: Sleisenger & Fordtran's Gastrointestinal and Liver Disease, 8th ed.

Other Lymphomas and Liver

Metastatic Lymphoma

- On biopsy, 16% to 26% of patients with NHL are found to have liver infiltration
- Can have normal or abnormal LFT's
- Can have extrahepatic biliary obstruction 2/2 nodes in porta hepatis (mimics Cholangio CA)

Feldman: Sleisenger & Fordtran's Gastrointestinal and Liver Disease, 8th ed.

C.A.S.H. (not \$\$)

Chemotherapy Associated Steatohepatitis

- Specific chemotherapy agents increase CASH
 - Irinotecan, oxaliplatin

Increased in hepatic involvement of colorectal cancer

Follow up

- > 5 days after pt was discharged from JH, he presented to outlying hospital and died within hours.
- Exact details unknown
 Hypotensive, GI bleeding?
 Would a diagnosis of HCV at time of diagnosis of NHL in this pt have affected outcome?

Summary

- Reviewed Follicular Lymphomas and others
- HCV seems to be an independent risk factor for B-cell NHL
 - Unclear if only for specific subtypes (DLBCL)
- > Treatment of HCV improved NHL in small study
- Long-term outcome studies needed
- Should all patients with new diagnosis of NHL be screened for HCV (and HBV)?
 - Would it affect treatment choices and outcomes?

