

UofL Health Care Outpatient Center
401 E. Chestnut Street, Suite 170
Louisville, KY 40202

Appointments 502-588-4271

Fax 502-588-4280

 Geriatrics Academic Office 502-588-4260

www.uoflphysicians.com

www.familymedicine.louisville.edu

www.polypharmacyinitiative.com

Training Chief Residents in the Care of Older Adults

Christian Davis Furman, MD, MSPH, AGSF, and Monica Ann Shaw, MD, FACP, Associate Dean for Medical Education, have been awarded a grant from the Reynolds Foundation in association with Boston University to train Chief Residents in the Care of Older Adults. The Chief Resident Immersion Training (CRIT) is designed to improve chief residents' leadership and teaching skills, focusing on the key roles they play in the quality of patient care, medical student and resident training, mediating between faculty, nursing staff and residents, and communicating with patients and families. Those attending the training will gain awareness of geriatric matters, strengthen leadership & teaching techniques, as well as improve their knowledge about specific syndromes & practices related to medicine.

This year's retreat will be held on June 7 and 8. Faculty and staff from Geriatric Medicine and the Office of Medical Education are looking forward to working with chief residents from several departments. The CRIT program will include an unfolding interactive case divided into three modules following a geriatric patient from presentation in clinic to the emergency department to hospital discharge. Each module includes evidence-based mini-lectures on topics in geriatrics, small group interactive exercises, and seminars designed to enhance teaching and leadership skills. Each Chief Resident and Program Director also attend two consultation sessions to develop an action plan for a project.

Chief residents completing CRIT emerge with new knowledge and skills in the care of older adults, increased ability to teach about geriatrics and improved leadership techniques required in their new roles. CRIT reinforces the importance of interdisciplinary collaboration in caring for older adults.

Geriatric Medicine Fellowship 15th Reunion

If you are a graduate of our Geriatric Medicine Fellowship Program, please mark your calendar for September 19 and 20 for our Geriatric Medicine Fellowship 15th Reunion. More details as the date nears. The reunion will be in connection with our annual Geriatric Healthcare Symposium, to be held on September 19, 8AM-4PM, at the Seelbach. The symposium will focus on "Prevention Across the Spectrum of Aging." See our website for more information.

Caregiver Support Group

UofL Geriatrics conducts an on-going dementia caregiver support group, co-sponsored by the Alzheimer's Association. The group meets to provide support and education to those serving as a caregiver to a family member or friend who has any type of dementia diagnosis.

The support group meets from **1:00 – 2:00 PM** on the **third Monday** of **each month** in Geriatrics Conference Room, Suite 170 (next to the Concierge Desk) on the first floor of the UofL Health Care Outpatient Center, 401 E. Chestnut Street.

If you are helping to care for someone with dementia, please join us for any or all of these meetings. If you have questions about the group, please contact our social worker, Brenda Purser at 502-588-4238.

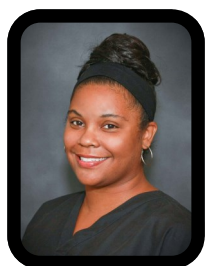


Meet Our New Clinical Staff



Jennifer Brown, Medical Assistant

Jennifer has worked in our department since Feb. 2013 and has been in our outpatient office since Jan. 2014. She likes to swim, read, and hike. Jennifer is a native Louisvillian, attended Eastern High School, JCTC, and Spencerian College. She is married and has a daughter.



Jamila Jones, Receptionist

Jamila has been in our outpatient office since Feb. 2014. She was previously employed at USA University Surgical Associates. She is a Louisville native who loves basketball, especially Cardinals (men's and women's basketball). Jamila and her two children all share Christmas-week birthdays. Jamila enjoys working in the medical field, and particularly enjoys working with our patients.



Kara VanGilder, Medical Assistant

Kara is a certified dementia provider and has been in our outpatient office since Nov. 2013. She has a lifelong passion for working with, and caring for, older adults, and strives to make a difference in the lives of our patients through her compassion and kindness. Kara enjoys watching college football and basketball (especially when the Cards are playing), spending time with her family and attending her children's sports events. Kara has four children and is planning an upcoming wedding.



Carmen Salazar, Medical Assistant for Home Call & Nursing Home Program

Carmen has worked in our department since July 2013 and has been in our outpatient office since Sept. 2013. Carmen enjoys spending time with her family and her dog. Carmen is originally from Indiana, attended Ivy Tech, and is currently attending Galen College of Nursing. She has two sons, and the oldest is attending Ivy Tech.

Meet Our New Fellowship Program Staff



Judi Murray, Fellowship Program Coordinator

Judi has worked with the university for six years; she began her career in University Advancement as Program Assistant, and has spent the past four years at the Delphi Center for Teaching & Learning as a Program Coordinator Senior. Judi began working as coordinator for the Geriatric Medicine Fellowship Program in March 2014. Before moving to Louisville in 2008, Judi owned & operated a bakery in her hometown of Batavia, NY. Two of Judi's three sons and six grandchildren reside in her hometown which she visits as often as possible. Judi's youngest son, Ian, resides in Louisville with her and will graduate from UofL next month.

UofL Geriatrics Gold Standard Award for Optimal Aging Luncheon and Award Ceremony

September 23, 2014

11:30 AM – 1:30 PM

Crown Plaza Hotel

Accepting Nominations
April 15—July 15

Accepting Nominations
April 15—July 15



**Who inspires you to anticipate later life with confidence and joy?
Nominate him/her or a couple for UofL Geriatrics
Gold Standard Award for Optimal Aging**

Criteria for the Gold Standard Award for Optimal Aging

- ◆ At least 85 years old by Oct. 1, 2014
- ◆ Outstanding model for optimal aging in the following areas:
Physical, Civic, Social, Spiritual, and Creative

Each year UofL Geriatrics presents an award to someone who is 85 or older, who is making the most of his/her later years – someone who is continuing to love life, and who, despite constraints, is continuing to engage with the world around them. You may want to nominate someone for this award. The nomination form is available at: <http://louisville.edu/medschool/familymedicine/>

Accepting Nominations April 15 – July 15

This year's award will be presented at a luncheon on Tuesday, September 23, 11:30 AM – 1:30 PM, at the Crowne Plaza Hotel, 830 Phillips Lane, Louisville, 40209. In addition to recognizing the winner, nominees are recognized by name at the luncheon. Each nominee who attends the luncheon receives a certificate and a corsage or boutonniere. Our photographer makes photos of each nominee in attendance. We use those photos on our 2015 UofL Geriatrics calendar. The nominees are thrilled to be featured on a calendar, excited to be there, and their excitement is contagious. The amount of energy these older adults bring into the room is amazing. Last year we had 300 people attend the luncheon and 27 of those were nominees – a little over half of those nominated attended. Mayor Fischer presented the award last year. Highlights from last year's luncheon may be found at:

<http://louisville.edu/medschool/familymedicine/geriatrics/gold-standard-award-for-optimal-aging>.

Featured Speaker at the luncheon and award ceremony will be Dr. Bryant Stamford, Professor of Kinesiology and Integrative Physiology at Hanover College.

UofL Geriatrics Gold Standard Award for Optimal Aging

UofL Physicians | GERIATRICS

NEWSLETTER

UofL Health Care Outpatient Center | 401 E. Chestnut St. , Suite 170 | Louisville, KY 40202 | 502-588-4271 | UofLGeriatrics@louisville.edu

Gold Standard Award for Optimal Aging Nomination Form

**Who inspires you to anticipate later life with confidence and joy?
 Nominate him/her or a couple for UofL Geriatrics
 Gold Standard Award for Optimal Aging
 Nomination Deadline is 5PM on July 15, 2014**

Criteria for the Gold Standard Award for Optimal Aging

- At least 85 years old by Oct. 1, 2014
- Outstanding model for optimal aging in the following areas:
 Physical, Civic, Social, Spiritual, and Creative

On separate paper, describe how the nominee fits the criteria for the Gold Standard Award for Optimal Aging. Limit each description to 100 words.

Nominations may also be made online at: <http://louisville.edu/medschool/familymedicine>

Nominee Name _____
 Age _____
 Address _____
 City, ST Zip _____
 Nominee Phone _____
 Nominee Email _____

Physical (e.g. exercise, health, despite constraints continues to engage, etc.)
Civic (e.g. volunteer work, government, etc.)
Social (e.g. clubs, hobbies, etc.)
Spiritual (e.g. faith community, etc.)
Creative (e.g. music, arts, etc.)
Other:
Summary: Summarize nominee in 250 words or less. This is the paragraph that will be used in the Optimal Aging Award Program, and on our website. Only the first 250 words of this Summary will be used in the program.

Name of Nominator _____
 Business Affiliation (if applicable) _____
 Address _____
 City, ST Zip _____
 Nominator Phone _____
 Nominator Email _____

Return form to **Award - UofL Geriatrics
 401 E. Chestnut, Suite 170
 Louisville, KY 40202**

Advance Care Planning

A Living Will gives you a voice in decisions about your medical care when you are unconscious or too ill to communicate. As long as you are able to express your own decisions, your Living Will will not be used, and you can accept or refuse medical treatment. But if you become seriously ill, you may lose the ability to participate in decisions about your own treatment.

The Kentucky Living Will Directive Act of 1994 was passed to ensure that citizens have the right to make decisions regarding their own medical care, including the right to accept or refuse treatment. This right to decide — to say yes or no to proposed treatment — applies to treatments that extend life, like a breathing machine or a feeding tube.

In Kentucky, a Living Will allows you to leave instructions in four critical area. You can:

- ◆ Designate a Health Care Surrogate
- ◆ Refuse or request life prolonging treatment
- ◆ Refuse or request artificial feeding or hydration (tube feeding)
- ◆ Express your wishes regarding organ donation

More information about Advance Directives and a sample Advance Directive document can be found at: <http://ag.ky.gov/civil/consumerprotection/livingwills>

In addition, a Medical Order for Scope of Treatment (MOST) form can let you document the level of care you desire and make decisions about antibiotics. More information about the MOST form can be found at: www.polst.org.

Fun and Games



Find your doctor's name in the Seek and Find puzzle. How many other words can you find?

C	A	R	D	I	N	A	L	S
G	V	F	U	R	M	A	N	M
N	E	A	M	T	U	P	T	O
X	Q	W	D	O	C	T	O	R
M	U	R	P	H	Y	R	P	T
G	O	P	A	L	R	A	J	O
O	B	R	I	E	N	T	U	N
G	E	R	I	A	T	R	I	C

Geriatricians

Christian Davis Furman, MD, MSPH, AGSF
 Rangaraj Gopalraj, MD, PhD
 Laura Morton, MD
 Patrick Murphy, MD
 Daniela Neamtu, MD
 James O'Brien, MD, FRCPI

Psychologist

Benjamin Mast, PhD

Medication Management Faculty

Demetra Antimisiaris, PharmD
 David Vanlandingham, PharmD

Nurse Practitioners

Rebecca Griffin, APRN
 Noreen Mason, APRN
 Carol Sells, APRN
 Amy Varner, APRN

Social Worker

Brenda Purser, MSSW, CSW

Administrative Staff

Audrey Lee, Practice Manager & Coordinator of
 Nursing Home & Home Call Program

Margaret Feldman, Coordinator of
 Geriatric Medicine Enhancements

Judi Murray, Program Coordinator of
 Geriatric Medicine Fellowship

Amanda Padgett, Assistant Director of
 Clinical Operations

Heath Harmon, Assistant Director of
 Finance

Veterans Affairs Medical Center Faculty

Kelly Church, MD
 Sarah Fulks, MD
 Nicholas Mattingly, MD
 Belinda Setters, MD

www.familymedicine.louisville.edu

www.polypharmacyinitiative.com

www.uoflphysicians.com

UofL Geriatrics serves as Medical Director in these nursing homes:

Christian Health Center

920 S. 4th St.
 Louisville, KY 40202
 502-583-6538
 Patrick Murphy, MD
 Carol Sells, APRN

Episcopal Church Home

7504 Westport Rd.
 Louisville, KY 40222
 502-736-7800
 Laura Morton, MD
 Daniela Neamtu, MD
 Becky Griffin, APRN
 Noreen Mason, APRN

Masonic Home of Louisville

3701 Frankfort Avenue
 Louisville, KY 40207
 502-897-4907

Christian Davis Furman, MD, MSPH
 Rangaraj K. Gopalraj, MD, PhD
 Rebecca Griffin, APRN

Sacred Heart Village

2120 Payne St.
 Louisville, KY 40206
 502-895-9888
 Patrick Murphy, MD
 Daniela Neamtu, MD
 Rebecca Griffin, APRN

Treyton Oak Towers

211 W. Oak St.
 Louisville, KY 40202
 502-589-3211
 Laura Morton, MD
 Amy Varner, APRN

Support UofL Geriatrics

If you would like to make a tax deductible
 gift to support UofL Geriatrics contact:

Patti Stewart
 HSC Development
 University of Louisville
 132 East Gray Street
 Louisville, KY 40202
 502-852-8910