

Our Centenarians

In September 2011, UofL Geriatrics and GuardiaCare began honoring those who are age 100 and older with our Centenarian of the Month Award.

Ms. Edith Lale | Age 106



Ms. Lale was born and raised on the family's farm in the small rural town of Odessa, Missouri. She moved to Louisville in 1951 where she lived with family members. Ms. Lale is one of the original residents at Treyton Oak Towers, where she still resides.

Ms. Lale's tips for longevity: She never smoked, never drank alcohol, didn't eat to excess, and did not exercise, just kept busy. She said, "No secrets, I just did whatever there was to be done."



Mr. Sam Andes | Age 102



Mr. Andes says the secret to his health and longevity is the "wonderful women" in his life, most notably his late wife Charlotte. Mrs. Andes fed Sam a healthy diet full of fruits and vegetables and was the love of his life. He still carries her picture with him today. He is an

avid reader and retired at age 93 from his engineering consultant position. He was recently named an honorary professor for the UofL School of Medicine.



Dr. Ruth Hill Jones | Age 102



Dr. Jones, second daughter of the late Reverend and Mrs. J. Acton Hill, was born in Somerset, KY. She graduated from Central High School and Wilberforce University. After graduating, she married Paul L. Jones of Chicago, who unfortunately died just five years after their marriage. Dr. Jones also holds degrees from the University of Chicago and Indiana University. She worked as a Librarian in the Jefferson County Public Schools for almost 40 years and held the same position at Simmons Bible College for 22 years. She is the oldest living Librarian in the Commonwealth of Kentucky. She was very active for most of her life in the Amanda Smith Women's Missionary Society. Dr. Jones believes in "clean living" and her life's motto is "Service to God and to her Fellowman".

Ms. Lillie Kinslow | Age 100



Ms. Kinslow was born in a small town near Cave City, KY, and moved to Louisville as a young woman with her late husband, Hubert, where she raised two children and had a 35-year career working in the shoe department of the Stewart's Department Store. Lillie always loved bowling, square and round dancing, working in her yard and sitting on her front porch. She was famous in some

circles for her special potato salad. Lillie's secret to a long life is smiling. In her own words, "It just makes you feel good."



Mr. Kenneth Riley | Age 100



Mr. Riley lives at home with his wife, Grace, age 98, and delivers Meals on Wheels every Friday. He worked as a merchant during his career years and survived the great flood of 1937. He and Grace have traveled all over the world; one of their favorite places is The Great Wall of China. Mr. Riley's secrets to a long and healthy life? "Call on the Lord every day," he said. "And have a little highball."



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Dr. Christian Davis Furman Selected for new Federal Innovation Advisors Program
By Jill Scoggins

Dr. Furman is the only Kentuckian among the 73 individuals from 27 states and the District of Columbia selected to participate.



Christian Davis Furman, M.D., M.S.P.H., vice chair for geriatric medicine at the University of Louisville, has been selected for the Centers for Medicare and Medicaid Services' (CMS) Innovation Advisors Program. She is the only Kentuckian among the 73 individuals from 27 states and the District of Columbia selected to participate.

The initiative, launched by the CMS Innovation Center in October 2011, helps health professionals deepen skills that will drive improvements to patient care and reduce costs. The participants will support the CMS Innovation Center in testing new models of health care delivery, form partnerships with local organizations to drive health care delivery system reform, and improve their own health systems so their communities will have better health and better care at a lower cost. By attending in-person meetings as well as remote sessions to expand their skills and applying what they learn, the advisors will increase their knowledge in health care economics and finance, population health, systems analysis and operations research, said the program's director.

"We're looking to these Innovation Advisors to be our partners—we want them to discover and generate new ideas that will work and help us bring them to every corner of the United States," said CMS Innovation Center Director Rick Gilfillan, M.D.

Participants were selected from 920 applicants through a competitive process, and include clinicians, allied health professionals, health administrators and others.

UofL Geriatrics will receive a stipend of up to \$20,000 to support Furman's activities while she is with the program. Her initial appointment to the program will be for one year, but the Innovation Center may continue to seek support of the advisors beyond the one-year period. Funding for this initiative was made possible by the Affordable Care Act.

Furman joined the UofL faculty in 2000 and was named vice chair in 2005. She is board-certified in geriatric medicine and hospice and palliative medicine. Her focus is on research and education in palliative medicine in the nursing home setting. She also serves as medical director for UofL's outpatient geriatric medicine office and as a physician for UofL's Palliative Medicine Fellowship Program. She earned a bachelor's degree from the University of Miami in 1992, master's in public health from UofL's School of Public Health and Information Sciences in 2003 and M.D. degree from the UofL School of Medicine in 1996. She completed her residency in internal medicine at UofL in 1999 and a fellowship in geriatric medicine at UofL in 2000.

Centers for Medicare and Medicaid Services' program will improve care for patients.

***We are excited about moving!***

We are excited about moving to our new office in late April 2012. We have outgrown our location at Cardinal Station. Our new office will have a larger waiting room and more privacy. We will have larger exam rooms with space for patient family members. The new office is located on the first floor of the UofL Health Care Outpatient Center (HCOC). This building also has the offices of cardiology, renal, podiatry, dentistry, and other specialists. There is also a pharmacy, laboratory for blood draws, x-ray, and physical therapy located in the building. It will be one-stop shopping for our patients.

The address of our new office is 401 E. Chestnut St., Suite 170, Louisville, KY 40202. The building is on the corner of Chestnut and Preston streets. Our phone number will remain 502-852-7449. Our fax number will remain 502-852-1423.

If someone is driving a patient, they can drop the patient off at the back of the building, where a greeter will help the patient to our office. Cars can be parked in the garage across the street. There is a walkway from the garage to the third floor of the office building so the driver does not need to go outside. The cost for parking is much less than other garages downtown. It will be \$1 for the first hour and \$3 for two hours. If a wheelchair is needed, patients can call the greeter at 502-377-0235 to arrange for someone to meet them in the garage with a wheelchair.

For more information, please visit our web site at <http://louisville.edu/medschool/familymedicine/geriatricmedicine>.

We are very excited about this move. It has benefits for us and our valued patients. If you have any questions, please contact us by phone at 502-852-7449 or by email at UofLGeriatrics@louisville.edu.

From our patients. . .

Dr. O'Brien was so patient with mom and did a good job of answering her questions and cracking jokes with her. He kept her comfortable and kept her stress level down. Our thanks to him and the whole staff. Excellent care!

Thanks for seeing me. I greatly appreciate your professional opinions and advice.

Thanks for the care, understanding and time spent with me each time I come in to see my doctor.



Geriatrics

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UofL Geriatrics at Cardinal Station
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Geriatricians

Christian Furman, MD
Rangaraj Gopalraj, MD, PhD
Laura Grooms, MD
Patrick Murphy, MD
James O'Brien, MD
Belinda Setters, MD

Fellows

Sadaf Naqvi, MD
Sonia Itticheria, MD
Daniela Neamtu, MD

Psychologist

Benjamin Mast, PhD

Medication Management

Demetra Antimisiaris, PharmD

Nurse Practitioners

Rebecca Griffin, APRN
Angela Irvin, APRN
Noreen Mason, APRN
Amy Varner, APRN

Social Worker

Brenda Purser, MSW, CSW

Office Staff

Lora Doram, Team Lead
Audrey Lee, Office Manager & Coordinator of
Nursing Home & Home Call Program
Robin Naiser, Nursing Home & Home Call Program
Kim Toebe, Special Projects & GET Coordinator
Michael Lawrence, Receptionist

www.familymedicine.louisville.edu
www.polypharmacyinitiative.com

**Nursing Homes Where
UofL Geriatrics Serves as
Medical Director**

Christian Health Center

920 S. 4th St.
Louisville, KY 40202
502-583-6538
Patrick Murphy, MD
Angela Irvin, APRN

Episcopal Church Home

7504 Westport Rd.
Louisville, KY 40222
502-736-7800
Laura Grooms, MD
Rebecca Griffin, APRN
Noreen Mason, APRN

Sacred Heart Village

2120 Payne St.
Louisville, KY 40206
502-895-9888
Patrick Murphy, MD
Rebecca Griffin, APRN

Treyton Oak Towers

211 W. Oak St.
Louisville, KY 40202
502-589-3211
Laura Grooms, MD
Amy Varner, APRN

UofL Geriatrics/Alzheimer's Association Caregiver Support Group

UofL Geriatrics sponsors a monthly caregiver support group meeting. We meet on the third Friday of each month at 2:00 PM in the conference room at UofL Geriatrics at Cardinal Station.

215 Central Avenue, Ste. 102
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(502) 852-7449
All are welcome.

Support UofL Geriatrics

If you would like to make a tax deductible gift to support UofL Geriatrics, please contact:

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