

## Aims of CRIT:

- ◆ To foster collaboration among disciplines in the management of complex older patients
- ◆ To incorporate geriatrics principles into teaching and administrative roles as Chief Residents
- ◆ To develop leadership/teaching skills around the care of complex older patients
- ◆ To enhance leadership/teaching skills required in the Chief Resident role
- ◆ To develop an achievable project related to resident education or patient care in Geriatrics to be carried out during the Chief Residency year.



Boston Medical Center's CRIT program has been replicated at 29 institutions nationwide since it was implemented nine years ago. This will be the first year for the CRIT program at University of Louisville School of Medicine. Chief Residents completing CRIT gain awareness of geriatrics matters, enhance knowledge about specific syndromes and practices related to geriatric medicine, strengthen leadership and teaching techniques for work as Chief Residents, and increase multidisciplinary approaches in the care of older adults. CRIT provides the opportunity for Chief Residents, Program Directors and geriatrics faculty to network with each other and lays the groundwork for multi- and inter-disciplinary connections.



### UofL Geriatrics Faculty

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## Department of Family and Geriatric Medicine

### Chief Resident Immersion Training (CRIT)

*In the Care of Older Adults*



### French Lick Springs Resort

8670 West State Road 56

French Lick, IN 47432

Toll Free: 888-936-9360

[www.frenchlick.com](http://www.frenchlick.com)

*Saturday, June 7—Sunday, June 8, 2014*

## CRIT Program

The retreat program includes an unfolding interactive case divided into three modules following a geriatric patient from presentation in clinic to the emergency department to hospital discharge. Each module includes evidence-based mini-lectures on topics in geriatrics, small group interactive exercises, and seminars designed to enhance teaching and leadership skills. Each Chief Resident and Program Director also attend two consultation sessions to develop an action plan for a project.

Social events are planned to foster relationships across specialties. Meals together, a cocktail hour and a constant changing of the participants in workgroups allows Chief Residents and Program Directors to get to know each other by name and connect in ways other than by only brief moments of professional collaboration in the hospital.

Chief residents completing CRIT emerge with new knowledge and skills in the care of older adults, increased ability to teach about geriatrics and improved leadership techniques required in their new roles. CRIT reinforces the importance of interdisciplinary collaboration in caring for older adults.

*Chief Residents receive mentoring from Geriatrics faculty on developing achievable projects.*



### Tentative Schedule (times are subject to change)

#### Saturday, June 7

- 8:30—9:00 Arrival & Registration  
9:00—9:30 Welcome Breakfast, Introductions & Opening Comments  
9:30—10:00 A Family's Perspective  
10:15—11:40 Module I  
- Decision Making Capacity  
- Care of the Hospitalized Older Adult  
11:40—12:00 GROUP PHOTO & Break  
12:00—12:20 Leadership/Teaching Skills:  
- Giving Feedback  
12:20—1:20 LUNCH/Action Plan Mentoring  
1:20—2:40 Module II:  
- Delirium  
- Opioid Use in Elderly  
2:45—6:45 FREE TIME  
6:45—8:45 Cocktails and Dinner  
(guest or spouse & family invited)

#### Sunday, June 8

- 7:45—8:45 Breakfast/Action Plan Mentoring  
8:45—9:00 Leadership/Teaching Skills:  
- Small Group Facilitation Skills  
9:00-11:10 Module III:  
- Discharge Planning  
- Functional Assessment  
- Polypharmacy  
11:10—11:25 BREAK  
11:25-11:45 Leadership/Teaching Skills:  
- Reluctant Learner  
11:45—12:30 Chief Resident Project Discussions  
12:30—12:50 Leadership/Teaching Skills:  
- Conflict Resolution  
1:05—1:50 LUNCH & Feedback Session  
1:50—2:20 Wrap-Up

## REGISTER NOW!

Registration Deadline is **April 18 !**

**No cost to attend this CRIT Training.**

All UofL Chief Residents and Program Directors or faculty mentor are invited to attend.

Register online at:  
[Website TBD](#)

### Words from former CRIT participants:

*“Both in terms of clinical knowledge and systems approach to teaching or changing care of the elderly, my CRIT experience was critical to my professional development this year.”*

*“CRIT was a wonderful experience. Not only was the education that I received invaluable but the network opportunities that were created among the other specialties helped throughout the year with difficult cases that were co-managed.”*



*Chief Residents and Program Directors meet in small groups to discuss cases focusing on geriatric patient concerns, such as deci-*