

From your doctors at UofL Family & Geriatric Medicine



**THE SINGLE BEST WAY TO PREVENT
THE FLU IS TO GET A FLU
VACCINATION EACH YEAR.**

- The "flu shot" is a dead form of the virus approved for use in people 6 months of age and older, including healthy people and people with chronic medical conditions. Some "FYI"s:
- FYI: Your flu shot can protect you from a future infection for over a week of high fever and pain.
- FYI: The flu shot cannot "give you the flu."
It's dead!
- FYI: When you sometimes feel "funny" the day after the flu shot, it's because your body is turning ON your immune system to make antibodies to kill the flu — that's a good thing!

Get your Flu Shot TODAY!