

**A PROGRAM FOR PERSON'S WITH MEMORY LOSS DISEASES
AND THEIR CARE PARTNERS**

Early Stage Series: to enhance the lives of
individuals with Alzheimer's disease and other
dementias

University Louisville Physicians Geriatrics has partnered with the Greater Kentucky and Southern Indiana Chapter of the Alzheimer's Association to offer a free **8 week series for person's diagnosed with Early Stage memory loss and their caregivers.**

This eight week series is a short-term guided support group environment. It is designed to provide support, encouragement and education to participants. The support group will provide a safe place with opportunities to discuss issues and changes related to memory loss.

The Goals of the program are:

- ♦ Help participants develop coping methods
- ♦ Encourage caregivers to maintain their personal, physical and emotional health
- ♦ Opportunities to engage in socially and culturally enriching activities with others who are experiencing memory loss
- ♦ If you or someone you know is dealing with this issues and you would like more information, please call Sharon Mattingly at 588-4238 for the next available session.

Next Series Begins August 3, 2015, from 2:00-3:00pm.

CALL NOW TO ENROLL!