

University of Louisville

Post-bac Pre-med Program
Fall 2020 Group Service Projects

Please note: If any changes arise due to COVID-19, you will be notified. Your health and safety is important to us.

Project #1

Select one of the walks to attend

Please note: You're welcome to participate in both but only required for one

<p>American Heart Association Kentuckiana Heart Walk</p> <p>Saturday September 19</p> <p>Big Four Lawn *Changed to virtual</p> <p>Go to Team Page to Register and Donate</p>	<p>American Cancer Society</p> <p>Making Strides Against Breast Cancer Walk</p> <p>Saturday October 17th</p> <p>U of L Cardinal Stadium *Changed to virtual</p> <p>Go to Team Page to Register and Donate</p>
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Project #2

Select one of the dates below

Please note: No more than 8 volunteers per date

Ronald McDonald House [Adopt-A-Meal Program Guidelines](#)

<p>Saturday November 7</p> <p>Dinner @ 6:00 p.m.</p>	<p>Sunday November 8</p> <p>Brunch @ 10:00 a.m.</p>	<p>Sunday November 22</p> <p>Brunch @ 10:00 a.m.</p>	<p>Sunday November 22</p> <p>Dinner @ 6:00 p.m.</p>
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Need a captain or co-captains to supervise.

Project #3

TWO DONATION DRIVES

<p>U of L School of Social Work</p> <p>Collecting gently used men's clothing, coats & shoes for homeless men</p> <p>August 17 – October 9, 2020</p> <p>Delivered the week of October 12th</p>	<p>Volunteers of America Family Emergency Shelter</p> <p>Collecting <u>new</u> socks, winter hats, gloves or mittens for children and adults</p> <p>Gently used jackets or coats are welcome</p> <p>October 12 – November 20, 2020</p> <p>Delivered the week of November 30th</p>
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**Drop off donations in boxes located in the back hallway near our office in Gardiner Hall.
Come through the back entrance for easier access.**

In addition to our group service projects; you're encouraged to volunteer outside of the program if time allows.

"I cannot do all the good that the world needs. But the world needs all the good that I can do."

– Jana Stanfield