

Comprehensive Medical Management of the High-Level Athlete

Educational Symposium for physicians, advanced practice clinicians, physical therapists, physical therapy assistants and athletic trainers

November 9, 2024

8 a.m. to 5 p.m.

L&N Stadium
PNC Club
2800 S. Floyd Street
Louisville, KY 40208

- \$100 physicians
- \$75 for non-physician professionals seeking CME/CEU
- \$25 for those not seeking CME/CEU, UofL Students, Residents, Fellows
- CME & CEU Approved: This course has been approved for 7.75 AMA PRA Category 1 Credits™. CEUs are also available for Physical Therapists, Physical Therapist Assistants and Athletic Trainers.

Topics include:

- Proactive Care of the Athlete/Corrective Biomechanics
- Pre-Injury Preparation & Plan
- Management of on the field injury
- Treatment of meniscal tears: Surgical intervention and post-surgical rehabilitation
- Psychosocial aspect of post athlete injury
- Return to sports testing
- Sports Performance & Integration of the Athlete back to play
- Psychology of return to sport
- Treatment of patellar tendinopathy: Conservative management, Tenjet procedure, post procedure rehabilitation

Register at: <https://bit.ly/ulhsportsmed> or scan the QR Code

For more information:

Jason Bracco, Frazier Rehab Sports
502-637-9313



Keynote Speaker:



Josh Heird
Director of Athletics
University of Louisville

Other Speakers:

- Jen Daily, M.D., CAQSM
- Jordan Hilgefert, M.D. MBA, CAQSM, FAAFP
- Logan Mast, M.D.
- Brittney Richardson, M.D. CAQSM, FAAFP
- Pat Ivey, PHD
- Ernie Rimer, PHD, MEd
- Katie Nichols, PHD
- Brett Hayes, PT, MPT
- Jason Bracco, PT, DPT, OCS, ATC
- Gordon Crouch, PT, MScPT, CCI
- Bianca Grimshaw, MS, LAT, ATC, OTC
- Chris Hauler, M.Ed., ATC, CES
- Steve Hoelscher, MS, LAT, ATC

Course Description:

This in-person course introduces learners to the multi-disciplinary approach to the sports medicine management of the high-level athlete. It will provide an overview of the continuum of care/practice pathway utilized by the University of Louisville Sports Medicine Team. This course will walk the learner through management of the athlete beginning with pre-injury preparation/prevention, progressing to on the field/court injury management, the medical management, mental health management, rehabilitation, sports performance and return to sport.

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