

THIRD ANNUAL SYMPOSIUM

# Pediatric Behavioral & Mental Health

Friday, September 19, 2014  
8:15 a.m. – 4:30 p.m.

Home of the Innocents  
1100 E. Market Street  
Louisville, KY, 40206



*Collaborations*

**to Build Resilience & Strengthen Relationships**



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**LOUISVILLE**  
PEDIATRICS

**John F. Ice Lecturship Fund**  
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## Target audience

This activity is targeted toward pediatricians, child psychiatrists, psychologists, nurse practitioners, social workers, educators, and all those working with pediatric mental health.



## Statement of Educational Need

Pediatricians throughout Kentucky view mental health as an area of critical concern in their practices and report that up to 30 percent of their office time is devoted to meeting the mental and behavioral health care needs of patients and families. According to the chair of the American Academy of Pediatrics Task Force on Mental Health, 21 percent of children and adolescents in the United States meet diagnostic criteria for a mental health disorder and another 16 percent have impaired mental health functioning but no specific diagnosis. The World Health Organization (WHO) has called integrating mental health services into primary care the most viable way to close the treatment gap for mental illness and an investment that can yield affordable and effective results. The Pediatric Alliance for Behavioral and Mental Health was formed in 2010 in response to pediatrician concerns and community needs. The Alliance includes pediatricians, psychologists, child psychiatrists, educators, social workers, nurse practitioners, and representatives from mental health organizations and mental health providers. The Alliance, in its effort to advocate for pediatric mental health services and training, began the annual Pediatric Mental and Behavioral Health Symposium in 2012.

## Our Sponsors

### Special thanks to our major supporters:

#### Kosair Charities

**John F. Ice Lectureship Fund – Bingham Clinic  
University of Louisville Department of Pediatrics  
Foundation for a Healthy Kentucky**

### Other sponsors:

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## Course Director

### P. Gail Williams, M.D.

Developmental-Behavioral Pediatrician Weisskopf Child  
Evaluation Center  
Professor of Pediatrics  
University of Louisville School of Medicine  
Louisville, Ky.

## Planning Committee

### Joe Bargione, Ph.D.

Certified School Psychologist  
Lead Psychologist, Jefferson County Public Schools  
Louisville, KY

### Michael Gray, J.D.

Executive Director  
NAMI Louisville

### V. Faye Jones, M.D., Ph.D., MSPH

Professor of Pediatrics  
University of Louisville

### W. David Lohr, M.D.

Assistant Professor, Department of Pediatrics, Child  
and Adolescent Psychiatry and Psychology  
University of Louisville

### Amber Pendleton, M.D.

Assistant Professor of Pediatrics  
University of Louisville



## Speakers

### Guest Faculty

**Mary Margaret Gleason, M.D.**  
Assistant Professor of Psychiatry & Behavioral Sciences  
Assistant Professor of Pediatrics  
Director, Tulane Infant Mental Health Services  
Tulane University  
New Orleans, LA

### Local Faculty

**Joe Bargione, Ph.D.**  
Certified Clinical Psychologist  
Lead Psychologist, Jefferson County Public Schools  
Louisville, KY

**Allen Brenzel, M.D., MBA**  
Child and Adolescent Psychiatrist  
Medical Director  
KY Department for Behavioral Health, Developmental & Intellectual Disabilities  
Frankfort, KY  
Associate Professor of Psychiatry & Pediatrics  
University of Kentucky

**Terry Brooks, Ed.D.**  
Executive Director  
Kentucky Youth Advocates  
Louisville, KY

**Rif El-Mallakh, M.D.**  
Professor of Psychiatry  
Director of Mood Disorders Research Program  
University of Louisville

**John Gallehr, M.D.**  
Assistant Professor, Department of Pediatrics, Child & Adolescent Psychiatry & Psychology  
Bingham Clinic  
University of Louisville

**Martin Hall, Ph. D.**  
Assistant Professor of Social Work  
Kent School of Social Work  
University of Louisville

**Allan Josephson, M.D.**  
Professor and Division Chief  
Department of Pediatrics, Child & Adolescent Psychiatry & Psychology  
Bingham Clinic  
University of Louisville

**W. David Lohr, M.D.**  
Assistant Professor, Department of Pediatrics, Child & Adolescent Psychiatry & Psychology  
Co-Clinical Director, UL Autism Center  
Bingham Clinic  
University of Louisville

**Elaine Martin M.D.**  
Associate Professor of Pediatrics  
General Pediatrics, Home of the Innocents  
University of Louisville

**Chris Peters, M.D.**  
Associate Professor Child & Adolescent Psychiatry  
Residency Director  
Bingham Clinic  
University of Louisville

**Sheila Schuster, Ph.D.**  
Clinical Child Psychologist  
Executive Director  
Advocacy Action Network/KY Mental Health Coalition

**Tina Willauer, MPA**  
Director, Sobriety Treatment and Recovery Teams (START)  
Department for Community Based Services  
Cabinet for Health & Family Services  
Kentucky Cabinet for Health & Family Services

## Agenda

### Morning Sessions

8:15 – 9:00 a.m.	<b>Registration &amp; Breakfast</b>
9:00 – 9:15 a.m.	<b>Opening Remarks</b>
9:15 – 10:15 a.m.	<b>Keynote: Promoting Healthy Early Child Relationships</b> Dr. Mary Margaret Gleason Child Psychiatrist, Tulane University
10:15 – 11:00 a.m.	<b>Pediatric Mental Health in KY: Opportunities for Advocacy</b> Dr. Sheila Schuster Dr. Terry Brooks
11:00 – 11:40 a.m.	<b>Pediatric Depression</b> Dr. John Gallehr
11:40 a.m. – 12:15 p.m.	<b>Substance Abuse</b> Dr. Martin Hall, Tina Willauer
12:15 – 1:00 p.m.	<b>Lunch provided</b>

### Afternoon Sessions

**Breakout Sessions with case presentations:  
participants pick two of three topics**

1:00 – 2:30 p.m.	<b>Breakout Session 1</b>
2:45 – 4:15 p.m.	<b>Breakout Session 2</b>
	<b>Breakout Session Topics</b>
	<b>Topic 1:</b> ADHD vs Bipolar Disorder in children and adolescents Speakers: Dr. Rif El-Mallakh, Dr. David Lohr, Dr. Allan Josephson
	<b>Topic 2:</b> Mental Health in Foster Care Speakers: Dr. Elaine Martin, Dr. Allen Brenzel
	<b>Topic 3:</b> Role of Social Media in Mental Health Speakers: Dr. Joe Bargione, Dr. Chris Peters
4:15 – 4:30 p.m.	<b>Closing Remarks and Call to Action</b>



## Accreditation Statement

The University of Louisville School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## Continuing Education

### Physicians

The University of Louisville Office of Continuing Medical Education & Professional Development designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nurses

This program has been approved by the Kentucky Board of Nursing for 7.5 continuing education credits through University of Louisville Hospital, provider number 4-0068-7-16-825. The Kentucky Board of Nursing approval of an individual nursing education provider does not constitute endorsement of program content.

### Social workers

Social Work Credit has been applied for with the Kentucky Board of Social Work.

### Psychology

Psychology Credit has been applied for with the Kentucky Psychological Association.



## Registration Information – Deadline: Sept. 10, 2014

### Cancellation policy

Requests for cancellation must be submitted to [CME&PD@louisville.edu](mailto:CME&PD@louisville.edu) on or before Wednesday, September 10, 2014. Requests received on or before Wednesday, September 10, 2014 will receive a full refund less a \$20 processing fee.

### E-syllabus

Slide presentations will be available at the website as they are received and will remain on line for 30 days after the presentation.

### How to register

Online: <http://bit.ly/pediatrics2014>

### Registration fees

Physicians: \$75  
All other health care professionals: \$50  
Residents and students: Free

### Special Services

To request disability arrangements, contact us at [CME&PD@louisville.edu](mailto:CME&PD@louisville.edu) at least 10 days prior to the conference. Continuing Medical Education fully complies with the legal requirements of the ADA and the rules and regulations thereof.

### Location and parking

Home of the Innocents is located at 1100 E. Market St., east of downtown Louisville in the Butchertown neighborhood. Free uncovered parking is available on the Home of the Innocents campus.