



On Track to Wellness: Mid-America College Health Association Conference 2015

November 12-14, 2015

This activity was created to address the professional practice gaps listed below:

- Using accurate information to diagnose and treat Mononucleosis
- Utilizing evidence based guidelines in diagnosing and treating ADHD
- Properly administering or analyzing TB Test
- Using best practice guidelines for prescribing contraceptives for students
- Implementing evidence based guidelines for open screening for sexually transmitted infections (STIs)
- Implementing a continuum of care program to address alcohol, substance abuse and mental health issues with students
- Addressing the gap between patient perception and satisfaction
- Implementing new ideas for a non-diet approach on college campuses to promote student health
- Utilizing innovative ways to handle travel health
- Recognizing the role childhood trauma plays in the lives of students when diagnosing and treating student patients
- Counseling patients regarding Long-Acting Reversible Contraception (LARC) options
- Identifying the Female Athlete Triad (FAT) condition
- Properly diagnosing and treating stress fractures in active individuals
- Utilizing the National College Depression Partnership (NCDP) model to screen for depression
- Developing programs to implement best practices for on campus alcohol and substance abuse issues and prevention

1. Please respond regarding how much you agree or disagree that the gaps listed above were addressed.

	Disagree		Agree	
Participating in this educational activity changed your KNOWLEDGE in the professional practice gaps listed above. [21-3.43]	(0)	(2) 9.52%	(8) 38.10%	(11) 52.38%
Participating in this educational activity changed your COMPETENCE in the professional practice gaps listed above. [21-3.38]	(0)	(3) 14.29%	(7) 33.33%	(11) 52.38%
Do you feel participating in this educational activity will	(0)	(2)	(8)	(11)

change your PERFORMANCE in the professional practice gaps listed above? [21-3.43]

9.52% 38.10% 52.38%

2. Please elaborate on your previous answers. (7)

Any additional knowledge or even a review of previous knowledge I feel leads to addressing gaps in care.

I learned several things about LARC such as does not have to be on menses, and very low risk of perforation. but perforation may not be known for weeks

I found the speakers I heard to be very interesting and knowledgeable in the areas they were addressing in their presentations.

Great conference and broad range of topics. Would like to see more medical topics.

I feel my knowledge was not changed, but learning about other's practices and experiences gave me a new outlook.

The University of Chicago presenters were engaging and knowledgeable about patient perception vs reality. I presented what I had learned at the conference to our staff and we are working to address our patients needs and collaborate with other departments.

There were great opportunities to compare treatment notes with colleagues and learn from individuals inserting IUD's about the complications and benefits.

3. Please evaluate the effectiveness of the following speakers in improving your knowledge, competence and/or performance. (Poor = 1, Excellent = 4)

	Poor	Fair	Good	Excellent
Holly B. Rogers, MD [17-3.76]	(0)	(0)	(4) 23.53%	(13) 76.47%
James Caesar [15-3.73]	(0)	(0)	(4) 26.67%	(11) 73.33%
Ta'Neka Vaden, DNP, APRN, WHANP-BC [9-3.67]	(0)	(0)	(3) 33.33%	(6) 66.67%
Robert Kinsella, DO, FACOOG [8-3.50]	(0)	(0)	(4) 50.00%	(4) 50.00%
Tamara Loew, MA [6-3.50]	(0)	(0)	(3) 50.00%	(3) 50.00%
Michelle Singleton, MS, RD, CSSD, CD [5-3.80]	(0)	(0)	(1) 20.00%	(4) 80.00%
Melva Hardy, MHSA, Ph.D. [9-3.67]	(0)	(0)	(3) 33.33%	(6) 66.67%
Marcy J. Hochberg, MA, MEd [10-3.60]	(0)	(0)	(4) 40.00%	(6) 60.00%
Vickie Sides, MA [9-3.56]	(0)	(0)	(4) 44.44%	(5) 55.56%
Mallory Stasko, MPH, CHES [7-3.43]	(0)	(0)	(4) 57.14%	(3) 42.86%
Emily Waits Gimm, MS, RD, LD, CHES [12-3.42]	(0)	(0)	(7) 58.33%	(5) 41.67%
Alice Ewing, RN [5-3.60]	(0)	(0)	(2) 40.00%	(3) 60.00%
Anne McLeod, RN, MSN [5-3.80]	(0)	(0)	(1) 20.00%	(4) 80.00%
Sara Choate, MEd [10-3.90]	(0)	(0)	(1) 10.00%	(9) 90.00%

Lori Caloia, MD [10-3.90]	(0)	(0)	(1) 10.00%	(9) 90.00%
Jessica Stumbo, MD [6-4.00]	(0)	(0)	(0)	(6)100%
Jennifer Daily, MD [7-3.71]	(0)	(0)	(2) 28.57%	(5) 71.43%
Katrina Kaufman, MEd [5-3.60]	(0)	(0)	(2) 40.00%	(3) 60.00%
Heather Parrino, MSSW [8-3.50]	(0)	(1) 12.50%	(2) 25.00%	(5) 62.50%
Drew Smith, MPA, PhD [9-3.11]	(0)	(2) 22.22%	(4) 44.44%	(3) 33.33%
Karen Newton, MPH, RD [11-3.45]	(0)	(1) 9.09%	(4) 36.36%	(6) 54.55%
Jonathon Becker, MD, CAQSM [8-3.50]	(0)	(0)	(4) 50.00%	(4) 50.00%
Diane M Endicott, RN [4-3.50]	(0)	(0)	(2) 50.00%	(2) 50.00%
Gordon Strauss, MD [9-3.78]	(0)	(0)	(2) 22.22%	(7) 77.78%
Lee Ridner, PhD, APRN [9-1.78]	(1) 11.11%	(1) 11.11%	(2) 22.22%	(5) 55.56%
Ruth Staten, PhD, PMHCS-BC, PMHNP-BC [12-3.50]	(0)	(1) 8.33%	(4) 33.33%	(7) 58.33%
Kari Zahorik, MD [6-3.83]	(0)	(0)	(1) 16.67%	(5) 83.33%
Sandra Robertson, APRN, MSN, PMHNP-BC [6-3.33]	(0)	(1) 16.67%	(2) 33.33%	(3) 50.00%
Jane Krause, MS, RPh [6-3.50]	(0)	(0)	(3) 50.00%	(3) 50.00%
Arnie Aronoff, Ph.D [10-3.70]	(0)	(0)	(3) 30.00%	(7) 70.00%

4. Please elaborate on your previous answers. (7)

Excellent cultural competency session & sexual positivity session--these presenters should go to ACHA!

I felt all presentations I attended had information that was ready to use to make practical changes to current practice.

Caesar especially was informative and engaging

Sara Choate has the students discuss how they learned about sex and how their family discussed sex and that affects our feelings

All broadened my knowledge of the subject.

University of Chicago presenters had concert ideas to inform students what to expect and from their visit to health clinic. I learned ways to connect with other campus departments from the Finding our Partners talk.

Gave up to date and practical information.

5. Please identify a change that you will implement into practice as a result of attending this educational activity (new protocols, different medications, etc.) (19)

Will be more mindful of ways to positively influence the perception of our student health

clinic. Will also address weight concerns from a holistic approach.

I will be more aware of my privilege in certain majority categories.

Ella for Emergency Contraception

New hand out for sti resources Improving collaboration across campus

mindfulness in dealing with emerging adults; share the information learned in a staff meeting

I will work with my medical director to find a self assessment form to satisfy the NCAA requirement for the use of stimulants.

Better screening for depression

Be more willing to discuss sex with students.

encouraging mindfulness practices

Will more fully take into account the variable cultural backgrounds represented amongst our student/patient population.

Disaster planning.

need more policies

provide patients info on Meningitis B and encourage them to be vaccinated

implementing some of the OWL sexual health protocol

I will better diagnose stress reactions in my differential of injuries. I will increase my use and feel more skilled at using LARC

Using card swipers as a way to track attendance at events, programs, etc

Student involvement practices

Our clinic will be working with the CIP which sends students abroad more closely to ensure students understand their medical need when out of the country. We are working on advertising our hours and services and initiating a patient satisfaction survey.

I plan to train and implement in using long acting reversible contraceptives.

6. How certain are you that you will implement this change?

(20)

Certain ⁽⁷⁻
35.00%)

Very Certain ⁽¹¹⁻
55.00%)

Not Certain ⁽¹⁻
5.00%)

N/A ⁽¹⁻
5.00%)

7. What topics do you want to hear more about, and what issues(s) in your practice will they address? (12)

LGBT care

Eating Disorders and the Team approach - is it standard of care. May change access to nutritionist at our clinic.

Transgender students and how to support them.

MRSA in campus health, HIV in campus health needs and issues of clients.

Diagnosing migraine headaches. Implications for use of combination oral contraceptives.
Managing complex medical problems in students, LGBT needs, international student health concerns,
positive sexuality. Shame and its association with health
Infectious diseases in the travelling college student
I'd like to hear more about working with a team to treat eating disorders. This would help address the issue of effective communication among medical providers.
I want to hear more about HOW Universities are implementing programs, not WHAT they are implementing. I want to learn more about specific tools and ideas for implementation.
Travel Health, Mental Health a nurses role. Sexual Health
concussions, female athlete triad

8. Were the patient recommendations based on acceptable practices in medicine?

(17)

Yes ⁽¹⁷⁻
100.00%)

10. Do you think the presentation was without commercial bias?

(18)

Yes ⁽¹⁸⁻
100.00%)

11. If you answered No on the above question, please list the topics that were biased? (1)

N/A

12. Please provide any additional comments you may have about this educational activity. (6)

It went very well!

excellent information and appropriate subjects. Hyatt was a great place.

Would like more CME hours to be available considering time and monetary investment to attend.

Needs to be another day of material. Just not enough time to get in enough topics

I enjoyed the Peer Education program. The students were committed to their role and we engaging and organized.

Excellent conference overall

As one of the participants of this educational activity, we want to encourage you to implement those ideas that were appropriate to your healthcare environment.

This evaluation is confidential and no individual will be identified by this office (Continuing Medical Education and Professional Development). It will only be used for quality improvement.

We look forward to seeing you at future University of Louisville events. Thank you very much.