The University of Louisville Institute for Sustainable Health and Optimal Aging presents the

15th Annual Geriatric Health Care Symposium

# Maximizing Independence for Optimal Aging

#### September 18, 2015

The Founder's Union Building UofL Shelby Campus 319 N. Whittington Parkway 9001 Shelbyville Road (GPS) Louisville, KY 40222

## Register now at <a href="http://bit.ly/geriatrics15">http://bit.ly/geriatrics15</a>

**CE Credits Available!** See Page 2 for details.



#### Symposium Overview

This program is the 2015 edition of the Annual Geriatrics Symposium presented by the University of Louisville Institute for Sustainable Health & Optimal Aging. Now in its 15th year, the symposium has become increasingly interdisciplinary in focus, attracting health professionals and providers across the spectrum of geriatric care. Fittingly, given the theme of this year's program, the keynote address "Fitness for Life" will be presented by nationally recognized senior care physical therapy expert Dr. David Morris from the University of Alabama at Birmingham.

#### **Target Audience**

Multidisciplinary including physicians, nurses, nursing home administrators, residents, students, staff as well as care providers.

#### **Course Director**

Mary Romelfanger, RN, MSN, CS, LNHA

Associate Director Institute for Sustainable Health & Optimal Aging University of Louisville Louisville, KY

#### **Faculty**

#### David Morris, PT, PhD

Vice Chair and Professor Department of Physical Therapy University of Alabama at Birmingham Birmingham, AL

#### Amelia R. Kiser, MD

Assistant Professor University of Louisville Family Medicine Practitioner Glasgow, KY

#### Laura Morton, MD

Assistant Professor Department of Family and Geriatric Medicine University of Louisville Louisville, KY

#### Christian Furman, MD, MSPH, AGSF

Vice Chair, Geriatric Medicine Professor, Geriatric and Palliative Medicine University of Louisville Louisville, KY

#### Daniela Neamtu, MD

Assistant Professor Department Family & Geriatric Medicine University of Louisville Louisville, KY

#### Anne Veno, RN, BSN, LNHA, MBA

CEO, Episcopal Church Home Louisville, KY

#### Demetra Antimisiaris, PharmD

Associate Professor Department of Pharmacology and Toxicology University of Louisville Louisville, KY

#### Mike Mansfield, DMD

Assistant Professor School of Dentistry University of Louisville Louisville, KY

#### Gustavo Oliveira, DMD

Assistant Professor School of Dentistry University of Louisville Louisville, KY

#### Belinda Setters, MD, MS, AGSF, FACP

Acting Associate Chief of Staff, GEC-PM & R Director, Mobile ACE Unit & Transitional Care Robley Rex VAMC Louisville, KY

#### Benjamin Mast, PhD

Associate Professor and Vice Chair Psychological & Brain Sciences University of Louisville Louisville, KY The Irving B. Perlstein Gerontology Lectureship — Dr. Irving B. Perlstein completed his internship and residency at Jewish Hospital and was a respected member of the Medical Staff at Jewish Hospital during his long and rewarding career. Specializing in Internal Medicine, he was recognized for his significant research on aging and thyroid dysfunction. This lectureship was created by his family as a living memorial to him and his commitment to his patients and healthcare.

#### **Designation Statements**

Physician Credit — The University of Louisville Office of Continuing Medical Education & Professional Development designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Credit — This program has been approved by the Kentucky Board of Nursing for 7.2 continuing education credits through University of Louisville Hospital, provider number 4-0068-7-16-873. The Kentucky Board of Nursing approval of an individual nursing education provider does not constitute endorsement of program content.

Physical Therapy Credit - This course has been approved by the Kentucky Physical Therapy Association for continued competency requirements. 6 contact hours (Category 1) may be granted for course completion and the approval number is 40-15-KPTA.

**AANP Credit** – This program is pending approval by the American Association of Nurse Practitioners.

**AAFP Credit** - CME credit has been applied for with the American Academy of Family Physicians. Determination of credit is pending.

**Social Work Credit** — This program is pending approval through the Department of Continuing Education at the Kent School of Social Work.

**Dental Professionals Credit** — This program meets the continuing education requirements of the Kentucky Board of Dentistry.

#### **Accreditation Statement**

The University of Louisville School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CONTINUING MEDICAL EDUCATION & PROFESSIONAL DEVELOPMENT

#### **Special Services**

All individuals are encouraged to participate. To request disability arrangements, please contact the Prevention Across the Spectrum of Aging Administrative Coordinator, Ann Burke, at (502) 852-5629 at least 14 days prior to the date of this program. Continuing Medical Education and Professional Development fully complies with the legal requirements of the ADA and the rules and regulations thereof.

#### **Cancellation Policy**

Requests for cancellation must be submitted to CME&PD@louisville.edu on or before Friday, September 4, 2015. Requests received on or before Friday, September 4, 2015 will receive a full refund less a \$20 processing fee.

Registration Information		
Classification	Early Bird	After August 15, 2015
Physicians All Others Students ID Required	\$125 \$100 \$35	\$150 \$125 \$35
12 / logariou		Register Online at: <a href="http://bit.ly/geriatrics15">http://bit.ly/geriatrics15</a>

#### Program Agenda

7:30 - 8:15 am

#### **Breakfast and Registration**

8:15 - 8:30 am

#### Welcoming Remarks and Introductions

Christian Furman, MD Anna Faul, PhD

8:30 - 9:30 am

#### Fitness for Life

David Morris PT, PhD

9:30 - 9:45 am

#### **Break/Vendor Appreciation**

9:45 - 10:45 am

### Google Glass in Rural Nursing Homes and Home Health

Amelia Kiser, MD

10:45 - 11:00 am

#### **Break/Vendor Appreciation**

11:00 - 12:00 pm

#### CMS Focus on Chronic Comorbidity

Laura Morton, MD and Anne Veno, RN, LNHA

12:00 - 1:00 pm

Lunch

1:00 – 2:00 pm

#### **Breakout Sessions**

Session A:

#### Preventative Care in Older Adults

Daniela Neamtu, MD

Session B:

#### Polypharmacy 2.0 - Antipsychotic Meds

Demetra Antimisiaris, PharmD

2:00 - 2:15 pm

#### **Break/Vendor Appreciation**

2:15 – 3:15 pm Session C:

#### Maximizing Oral Health

Mike Mansfield, DMD and Gus Oliveira, DMD

Session D:

#### Non-pharmacological Mental Health Interventions

Benjamin Mast, PhD

3:15 - 3:30 pm

#### **Break/Vendor Appreciation**

3:30 - 4:30 pm

#### Update on Dementia

Belinda Setters, MD

4:30 - 4:45 pm

#### **Summary and Closing Remarks**

Christian Furman, MD