FOURTH ANNUAL SYMPOSIUM

# Pediatric Behavioral Mental Health













# **Target audience**

This activity is targeted toward pediatricians, child psychiatrists, psychologists, nurse practitioners, social workers, educators, and all those working with pediatric mental health.



#### Statement of Educational Need

Pediatricians throughout Kentucky view mental health as an area of critical concern in their practices and report that up to 30 percent of their office time is devoted to meeting the mental and behavioral health care needs of patients and families. According to the chair of the American Academy of Pediatrics Task Force on Mental Health, 21 percent of children and adolescents in the United States meet diagnostic criteria for a mental health disorder and another 16 percent have impaired mental health functioning but no specific diagnosis. The World Health Organization (WHO) has called integrating mental health services into primary care the most viable way to close the treatment gap for mental illness and an investment that can yield affordable and effective results. The Pediatric Alliance for Behavioral and Mental Health was formed in 2010 in response to pediatrician concerns and community needs. The Alliance includes pediatricians, psychologists, child psychiatrists, educators, social workers, nurse practitioners, and representatives from mental health organizations and mental health providers. The Alliance, in its effort to advocate for pediatric mental health services and training, began the annual Pediatric Mental and Behavioral Health Symposium in 2012.

# **Learning Objectives**

As a result of participating in this activity, participants should be able to:

- 1. Use a family-based approach to implement interventions that promote wellness and resilience in their pediatric patients.
- 2. Use evidence-based psychosocial and pharmacologic interventions to treat childhood disruptive behaviors and aggression.
- 3. Recognize the role of temperament in childhood emotional and behavioral problems and understand family based treatment options.
- 4. Identify characteristic features of PTSD in pediatric patients and evidence based treatments available for these children.

#### **Course Director**

#### David Lohr, MD

Assistant Professor of Pediatrics University of Louisville School of Medicine Louisville, Ky.

#### Gail Williams, M.D.

Professor of Pediatrics University of Louisville School of Medicine Louisville, Ky.

# **Planning Committee**

Joseph Bargione, PhD Fay Jones, MD, PhD, MSPH David Lohr, MD Debbie Lorence, MSSW, LCSW Laurie Mount-Grimes, PhD Gail Williams MD

# **Our Sponsors**

#### Special thanks to our major supporters:

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#### Other sponsors:

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# **Participating Faculty**

## Joseph Bargione, PhD

Chief Psychologist Jefferson County Public Schools Louisville, KY

## Jessica Beal, PsyD

Behavioral Health Program Manager Passport Health Plan Louisville, KY

#### Bryan Carter, PhD

Professor of Child Psychology
Department of Pediatrics
University of Louisville School of
Medicine
Louisville, KY

#### Deborah Davis, PhD

Professor of Pediatrics
University of Louisville School of
Medicine
Louisville, KY

#### John Gallehr, MD

Assistant Professor of Child Psychiatry Department of Pediatrics University of Louisville School of Medicine Louisville, KY

#### James Hudziak, MD

Director of Vermont Center for Children, Youth & Families and the Division of Child Psychiatry, Professor of Psychiatry, Medicine, and Pediatrics University of Vermont College of Medicine

#### Allan Josephson, MD

Burlington, VT

Professor of Child Psychiatry
Department of Pediatrics
University of Louisville School of
Medicine
Louisville, KY

#### Jennifer Le, MD

Associate Professor of Child Psychiatry Department of Pediatrics University of Louisville School of Medicine Louisville, KY

#### Liz McKune, EdD

Behavioral Health Director Passport Health Plan Louisville, KY

#### Amber Pendleton, MD

Assistant Professor
Division of General Pediatrics
University of Louisville School of
Medicine
Louisville, KY

#### Chris Peters, MD

Associate Professor of Child Psychiatry Department of Pediatrics University of Louisville School of Medicine Louisville, KY

## Sarah Spurling, PhD

Assistant Professor of Child Psychology Department of Pediatrics University of Louisville School of Medicine Louisville, KY

## Fred Stocker, MD

Associate Professor of Child Psychiatry Department of Pediatrics University of Louisville School of Medicine Louisville, KY

## Agenda

## **Morning Sessions**

8:15 - 8:50 a.m. Registration & Breakfast 8:50 - 9:00 a.m. **Opening Remarks** 9:00 - 9:40 a.m. **Preventing Teen Suicide** Joseph Bargione PhD 9:40 - 10:40 a.m. **Keynote Address:** The Vermont Family Based Approach Jim Hudziak MD 10:40 - 11:20 a.m. PTSD: Diagnosis and Therapy Fred Stocker MD 11:20 a.m. - 12:00 p.m. The Impact of Video Games on Pediatric Mental Health

#### **Afternoon Sessions**

12:00 - 12:50 p.m.

Breakout Sessions with case presentations: participants pick two of three topcs

1:00 – 2:30 p.m. Breakout Session 1 2:45 – 4:15 p.m. Breakout Session 2

**Topic 1:** Psychopharmacology of Impulse Control Difficulties and Aggression

Speakers:

Chris Peters MD

Lunch provided

John Gallehr MD, Jennifer Le, MD,

Sarah Spurling PhD

**Topic 2:** Integrated Health Care Model: Practical Implementation

Speakers:

Liz McKune EdD, Jessica Beal PsyD,

Amber Pendleton MD

**Topic 3:** Understanding Temperament

Speakers:

Bryan Carter PhD, Deborah Davis PhD,

Allan Josephson, MD

4:15 – 4:30 p.m. Closing Remarks and

**Call to Action** 











# **Accreditation Statement**

The University of Louisville School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

# **Continuing Education**

#### **Physicians**

The University of Louisville Continuing Medical Education office designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Nurses

This program has been approved by the Kentucky Board of Nursing for 7.5 continuing education credits through University of Louisville Hospital, provider number 4-0068-7-16-870. The Kentucky Board of Nursing approval of an individual nursing education provider does not constitute endorsement of program content.

## Social workers

Social Work Credit has been applied for with the Kentucky Board of Social Work.

## **Psychologists**

Psychology Credit has been applied for with the Kentucky State Board of Psychology. Registrants should obtain a certificate of completion from UL CME and send to the KY State Board of Psychology for CE credit.

# **Registration Information**

#### **Register Online at:**

http://bit.ly/pediatrics15

Deadline: Wed., September 16, 2015

#### Cancellation policy

Requests for cancellation must be submitted to <u>CME&PD@louisville.edu</u> on or before Wednesday September 16, 2015 will receive a full refund less a \$25 processing fee. No refund will be given for requests received after Wednesday September 16, 2015.

#### E-syllabus

Slide presentations will be available at the website as they are received and will remain on line for 30 days after the presentation.

# **Special Services**

All individuals are encouraged to participate. To request disability arrangements, please contact UL CME at <a href="mailto:cme&pd@louisville.edu">cme&pd@louisville.edu</a> at least 14 days prior to the date of this program. Continuing Medical Education and Professional Development fully complies with the legal requirements of the ADA and the rules and regulations thereof.

# **Location and parking**

Home of the Innocents is located at 1100 E. Market St., east of downtown Louisville in the Butchertown neighborhood. Free uncovered parking is available on the Home of the Innocents campus.

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