

# IMPROVE YOUR DIAGNOSTIC AND TREATMENT SKILLS FOR IBS AND PBC

By Attending these Back-to-Back CME Programs

## “An Evening of Medical Education on Irritable Bowel Syndrome and PBC & Cholestatic Itching”

**Houston, TX**

**Wednesday, May 8**

**6:30 - 9:00pm**

**Maggiano's Little Italy**  
2019 Post Oak Blvd.

*Hosted by Harris County Academy  
of Family Physicians*



## IBS

Nearly 1 in 10 adults and nearly 15% of children suffer fluctuating symptom patterns of abdominal pain, disturbed defecation, and extra-intestinal symptoms associated with Irritable Bowel Syndrome. IBS-C and IBS-D represent a significant health burden owing to direct medical costs and indirect costs. Misdiagnosis and under treatment lead to waste and unnecessary patient suffering.

Diet, stress, and other factors can influence prevalence, health care-seeking behavior, symptoms, and treatment response. Regrettably, clinicians do not always fully understand the pathways and treatment options available.

Topics to be covered in this highly interactive seminar include:

- ▶ Explore the pathways and symptoms of those with Irritable Bowel Syndrome with Diarrhea and Constipation
- ▶ Review the diagnostic criteria and available tests.
- ▶ Develop individualized treatment plans for patients with IBS by applying new clinical data.
- ▶ Review the benefits, efficacy, safety, and mechanism of action of the most current FDA approved treatment options and OTC options.

There is no tuition, but pre-registration is Required for EACH seminar.

For More Information and to Register:  
<http://bit.ly/IBS2024>



**Seminar Faculty**

**Tanima Jana, MD**

Assistant Professor, Division of GI,  
Hepatology, & Nutrition  
McGovern Medical School, UTHealth

## PBC & Pruritus

Cholestatic liver disease causes liver damage and fibrosis owing to bile stasis. It is represented by primary biliary cholangitis (PBC) and primary sclerosing cholangitis (PSC). The pathogenesis of the disease is still unclear, the disease may progress slowly but can progress to liver cirrhosis or liver failure,

The seminar will explore the natural history of PBC and PSC and provide information on the latest drug therapies currently available as well as those under investigation. A special section will focus on the frequent complaint of itching and the management of Cholestatic Pruritus.

This seminar will focus on:

- ▶ The progression of chronic cholestatic disease.
- ▶ Explaining how and why PBC patients are unaware of their disease status for so long.
- ▶ The newest AASLD and EASL diagnostic guidelines and tests for PBC and PSC.
- ▶ Working with patients to better manage Cholestatic Pruritus and the current and future therapies to reduce itch.
- ▶ Evaluate the newest PBC therapies in late-stage development and the state of the art in treating Primary Sclerosing Cholangitis

There is no tuition, but pre-registration is Required for EACH seminar.

For More Information and to Register:  
<https://bit.ly/PBC24>



**Seminar Faculty**

**Saira A. Khaderi, MD, MPH**

Assistant Professor of Medicine  
Baylor College of Medicine

### Joint Provider Statement

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Louisville and SC Liver Research Consortia. The University of Louisville is accredited by the ACCME to provide continuing education for physicians.



### Designation Statements

**Physicians** - The University of Louisville Office of Continuing Medical Education & Professional Development designates each of these activities for a maximum of **1.0 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**PA's and NP's** - An equivalent number of credits are available.

This course is supported by educational grants from industry, in accordance with ACCME Accreditation Standards for Commercial Support.