

# IMPROVE YOUR DIAGNOSTIC AND TREATMENT SKILLS FOR IBS

By Attending this Complimentary CME Event

## “Better Understand the Symptoms and Care Options of IBS”

**Westminster, CA**

**Thursday, March 23, 2023**

**6:30 - 9:00pm**

**Grand Garden Restaurant**

**8894 Bolsa Avenue**

*Hosted by the Vietnamese Physicians Association  
of Southern California*



Nearly 1 in 10 adults and nearly 15% of children suffer the fluctuating symptom patterns of abdominal pain, disturbed defecation, and extra-intestinal symptoms associated with Irritable Bowel Syndrome. IBS-C and IBS-D represents a significant health burden owing to direct medical costs and indirect costs. Misdiagnosis and under treatment leads to waste and unnecessary patient suffering.

Diet, stress and other sociocultural factors can influence prevalence, health care-seeking behavior, symptoms, and treatment response. Regrettably, practicing physicians and mid-level providers do not always fully understand the pathways and treatment options available now and those in development.

Topics to be covered in this highly interactive seminar include:

- ▶ Explore the pathways and symptoms of those with Irritable Bowel Syndrome with Diarrhea and Constipation
- ▶ Summarize the underlying physiologic and psychological determinants of IBS symptoms.
- ▶ Review the diagnostic criteria and available tests.
- ▶ Develop individualized treatment plans for patients with IBS by applying new clinical data.
- ▶ Explore sucrase isomaltase (SI) deficiency and its similar symptoms to IBS-D
- ▶ Assist patients and their families to recognize the causes and treatments for IBS so they can partner with clinicians to manage symptoms and treatment - especially important for younger patients.
- ▶ Review the benefits, efficacy, safety and mechanism of action of the most current FDA approved treatment options and OTC options.

Those who complete this activity will better identify how to screen, diagnose and treat their patients with IBS-C and IBS-D

**There is no charge for this event, but space is limited and Pre-registration is Required.**

**For More Information  
and to Register:**

**<http://bit.ly/IBS2023>**

**Also Register for the Lecture  
on Hepatitis D the same  
evening at <https://bit.ly/HepD22>**



**Your Course Faculty**  
**Fouad Moawad, MD**  
Director of Gastroenterology  
Scripps Clinic – La Jolla, CA

### **Joint Provider Statement**

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership



of the University of Louisville and SC Liver Research Consortia. The University of Louisville is accredited by the ACCME to provide continuing education for physicians.



### **Designation Statements**

**Physicians** - The University of Louisville Office of Continuing Medical Education & Professional Development designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses** - This program has been approved by the Kentucky Board of Nursing for 1.2 continuing education credits through University of Louisville Hospital, provider number 4-0068-12-22-1303. The Kentucky Board of Nursing approval of an individual nursing education provider does not constitute endorsement of program content.

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