

Outcomes Survey

Depression Center Conference - Moving Ahead: Treating Depression 2020 and Beyond Outcomes

1. Please rate the following aspects of this activity.

(1=Strongly Disagree, 2=Disagree, 3=Undecided, 4=Agree, 5=Strongly Agree, 6=N/A)

	Strongly Disagree				N/A	
Attending this activity improved my competence. [12-4.58]	(0)	(0)	(1) 8.33%	(3) 25.00%	(8) 66.67%	(0)
Attending this activity improved my performance. [12-4.58]	(0)	(0)	(1) 8.33%	(3) 25.00%	(8) 66.67%	(0)
What I learned from this activity has helped me improve my patient outcomes. [11-4.73]	(0)	(0)	(1) 9.09%	(2) 18.18%	(7) 63.64%	(1) 9.09%

2. If this activity improved your competence, please tell us how. (6)

Much more focus on psychotherapy engagement with patient
Increased awareness of therapeutic approaches. Another tool in my toolbox.
improved understanding of psychedelic enhanced therapy
More current information.
Greater understanding of the future of psychopharmacology
Helped to increase and/or solidify my knowledge on grief and loss.

3. If this activity improved your performance, please tell us how. (6)

Using more socratic questioning
See above.
positive framed cbt techniques
Being well prepared with evidence based data.
I feel more competent in delivering care to those who are grieving on top of suffering from SMI.
Better awareness of the basic tasks for Adjusting with grief and loss.

4. Discuss how your Patient Outcomes (omit patient names) have improved as a result of attending this activity. (6)

better compliance with treatment plan
Insufficient time to determine specific outcomes.

non judgmental cbt interventions in ptsd patient

I can carry more information.

I have not implemented hope boxes into my practice yet but am investigating how to apply it to inpatient setting.

helps them to "normalize" what is a difficult situation of grief and loss.

5. Identify practice changes you have made as a result of attending this activity. (5)

None to date. Pandemic has interfered with patient contact.

focusing more on positive substitute thought than negative automatic thought

None as yet

Implementation of hope box for group therapy is pending.

Talk more about 4 Basic Tasks for Adjustment not just Stages of Grief.

6. What topics do you want to hear more about, and what issue(s) in your practice will this help address? (5)

Open to any presentation that will assist me in providing interventions to others.

surprise me

Outcome of Covid trauma.

New developments in PGT, Keaton use and treatment of addiction to it, what is status of law to outlaw it? PGT was discussed several conferences ago, but new updates will help keep knowledge up to date. Like the newest data on short form serotonin. Keaton abuse is seen increasingly, not detected by standard drug test, and considered okay to use because it's legal.

Treatment Resistant Bipolar Depression

This evaluation is confidential and no individual will be identified by this office (Continuing Medical Education and Professional Development). It will only be used for quality improvement.

We look forward to seeing you at future University of Louisville events. Thank you very much.